

## Article

# Foliar H<sub>2</sub>O<sub>2</sub> Application Improve the Photochemical and Osmotic Adjustment of Tomato Plants Subjected to Drought

Gustavo Ribeiro Barzotto <sup>1</sup>, Caroline Pardine Cardoso <sup>2</sup> , Letícia Galhardo Jorge <sup>2</sup>, Felipe Giroto Campos <sup>2,\*</sup>  and Carmen Sílvia Fernandes Boaro <sup>2</sup> 

<sup>1</sup> School of Agriculture, São Paulo State University (UNESP), Campus Botucatu, Ave. Universitária, n° 3780-Altos do Paraíso, Botucatu 18610-034, SP, Brazil; gustavo.barzotto@unesp.br

<sup>2</sup> Institute of Biosciences, São Paulo State University (UNESP), Campus Botucatu, Street Prof. Dr. Antonio Celso Wagner Zanin, 250-District de Rubião Junior, Botucatu 18618-689, SP, Brazil; caroline.pardine@unesp.br (C.P.C.); leticia.g.jorge@unesp.br (L.G.J.); carmen.boaro@unesp.br (C.S.F.B.)

\* Correspondence: felipe.giroto@unesp.br

**Abstract:** Water limits may have a disastrous impact on agricultural productivity, and the current climate change scenario presents additional problems for crops that rely on regular rainfall. Reactive oxygen species, such as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), are a recognized stress-sensing mechanism in plants, and may be investigated as an approach for reducing stress impact via systemic acquired acclimation. Here, we looked at how H<sub>2</sub>O<sub>2</sub> foliar application impacts tomato plants' photosynthetic activity, antioxidant system, sugar chemical profile, and osmotic adjustment during drought and recovery. The experiment was in randomized blocks, 3 × 2 factorial design, with no, one, or two foliar application of 1 mM H<sub>2</sub>O<sub>2</sub>, on plants that were either continually watered or subjected to drought. The plants were tested both during the drought period and after they had resumed irrigation (recovered). Leaf water potential, chlorophyll *a* fluorescence, gas exchange, lipid peroxidation, H<sub>2</sub>O<sub>2</sub> concentrations, phenols, proline, antioxidant enzyme activity, and sugar chemical profile were all measured. Our findings showed that H<sub>2</sub>O<sub>2</sub> application generated metabolic alterations in tomato plants independent of water status, and that two applications in drought plants resulted in a 30% decrease in oxidative stress during drought and faster recovery following irrigation return, with greater production of defence-related molecules such as the APX enzyme, phenols, arabinose, and mannose. Continually watered plants also benefited from H<sub>2</sub>O<sub>2</sub> application, which increased carbon assimilation by 35%.

**Keywords:** hydrogen peroxide; *Solanum lycopersicum*; sugar profile; trehalose



**Citation:** Barzotto, G.R.; Cardoso, C.P.; Jorge, L.G.; Campos, F.G.; Boaro, C.S.F. Foliar H<sub>2</sub>O<sub>2</sub> Application Improve the Photochemical and Osmotic Adjustment of Tomato Plants Subjected to Drought. *Agriculture* **2024**, *14*, 1572. <https://doi.org/10.3390/agriculture14091572>

Academic Editors: Michael Moustakas and Julietta Moustaka

Received: 6 August 2024

Revised: 2 September 2024

Accepted: 8 September 2024

Published: 10 September 2024



**Copyright:** © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

Water deficiency is the most common abiotic stressor in agriculture [1], and a single incident can result in the loss or reduction of a crop's economic return. Climate change is exacerbating the situation, since extreme weather events, such as extended drought periods that are unpredictable, are anticipated to occur more frequently [2]. As a result, solutions for mitigating the impact of water scarcity are critical to the sustainability of agricultural practices.

A potentially useful method is based on acquired systemic acclimation, which happens because of long-distance communication between the plant's numerous organs and tissues [3]. A stressful stimulus, such as high light incidence, temperature, or osmotic stress, causes signals to be transmitted throughout the plant, which responds with gene expression, resulting in increased enzyme activity and antioxidant molecule action. Plants can develop a reaction and improve their defensive mechanism, resulting in higher performance even under harsh situations [3,4].

Reactive oxygen species (ROS) signalling is a well-known mechanism for plant stress detection, but the metabolic changes that follow this signalling have yet to be defined for

several plant species [5].  $H_2O_2$ , for example, is engaged in the stomatal closure process, which is intimately related to plant and soil water levels. However, stomatal movement is merely the first visible response to a lack of water.

According to Ishibashi et al. [6], applying  $H_2O_2$  to soybean plants prior to water stress boosted their tolerance to subsequent stress events, since soluble sugar concentrations rose in cells, resulting in better hydrological conditions. Other researchers found that exogenous  $H_2O_2$  supply increased the performance of antioxidant enzymes such as catalase (CAT), superoxide dismutase (SOD), and ascorbate peroxidase (APX) in wheat and corn plants subjected to water and saline stress, resulting in less cellular component lipid peroxidation [7,8]. Tomatoes resistant to drought produce more chemicals that detoxify ROS, including phenols and polyphenols [9], as well as enzymes including SOD, CAT, and APX [10]. Tomato mutant plants with low abscisic acid (ABA) production and drought tolerance accumulated more arabinose, glucose, fructose, and sucrose to compensate for increased stomatal conductance and to prevent dehydration [11].

Tomatoes are one of the most significant agricultural crops, with global cultivation distribution [12]. Although they are frequently grown in controlled and high-tech settings, most cultivation takes place in the field, where they are exposed to environmental conditions and changes. In this approach, we suggest that foliar application of  $H_2O_2$  in tomatoes preceding water limitation induces changes in plant metabolism, resulting in a recovery owing to lesser oxidative damage. In this work, we explored how foliar  $H_2O_2$  application affects tomatoes' photosynthetic activity, antioxidant system, sugar chemical profile, and osmotic adjustment during and after drought.

## 2. Materials and Methods

### 2.1. Plant Growth Environment, Experimental Design, and Treatments

The experiment was conducted between October 2020 and December 2020 in an experimental area of the Department of Biodiversity and Biostatistics at Universidade Estadual Paulista "Julio de Mesquita Filho", Botucatu, SP, Brazil, with geographic coordinates  $22^\circ 53' 09''$  W,  $48^\circ 26' 42''$  S and an average altitude of 800 m. The cultivation took place in a Van der Hoeven greenhouse with regulated temperature ( $25 \pm 5^\circ\text{C}$ ) and humidity ( $43 \pm 10\%$ ). During the experiment, the photosynthetic photon flux density ( $836 \pm 200 \mu\text{mol m}^{-2} \text{s}^{-1}$ ) and ambient  $\text{CO}_2$  content ( $410 \pm 5 \mu\text{mol mol}^{-1}$ ) were validated. We utilized tomato plants (*Solanum lycopersicum* L. cv. Micro-Tom wild subtype). After 12 days of sowing on a tray with vermiculite substrate, the plants were transplanted into individual  $1 \text{ dm}^3$  pots with 130 g of vermiculite substrate. Fertilization was done every two days using nutrient solution n° 2 [13], commencing at 25% ionic strength and increasing to 50% after seven days. When most of the plants had bloomed, treatments began.

The experimental design employed was randomized blocks in a  $3 \times 2$  factorial design, represented by three foliar treatments and two plant water condition treatments, with four blocks, each containing seven plants. The plants were treated with a foliar application of water (no  $H_2O_2$ ), one foliar treatment of 1 mM  $H_2O_2$  (one application of  $H_2O_2$ ), or two foliar applications of 1 mM  $H_2O_2$ , separated by a 24 h interval (two applications of  $H_2O_2$ ). After the second foliar treatment, 50% of the plants were watered every two days (watered plants) and 50% went without water for 12 days (drought plants) before being assessed. After this evaluation, all plants continued to receive nutrient solution (n° 2, 50% of ionic strength) for another 12 days, when a fresh evaluation was carried out. From then on, plants were continually watered and recovered from drought. Foliar spraying was done with a  $\text{CO}_2$  backpack sprayer with a fan tip, using around 8 mL of the solution (deionized water + non-ionic adjuvant +  $H_2O_2$  – BAKER™ 30% stabilized hydrogen peroxide – according to treatment) per plant.

### 2.2. Leaf Water Potential Measurement

The leaf water potential (LWP) was measured using a Decagon Device's WP4T dew-point PotentiaMeter, Washington, DC, USA. Leaf samples from each replicate were finely

chopped (about  $20 \times 5$  mm) and utilized for determination, as per the manufacturer's instructions, with water potential measurements represented in MPa.

### 2.3. Chlorophyll a Fluorescence and Gas Exchanges

The measurements were taken with an infrared radiation gas analyser (IRGA), model GSF 3000, Walz, GmbH, Effeltrich, Germany, at a saturating irradiance of  $1200 \mu\text{mol m}^{-2} \text{s}^{-1}$ . The fluorescence variables were measured by a portable modulated light fluorometer (LED-ARRAY/PAM-Module 3055-FL, GmbH, Effeltrich, Germany) coupled to the GSF 3000, obtaining the effective quantum yield of the PSII ( $\Phi_{\text{PSII}}$ ), heat dissipation in the antenna complex ( $D = 1 - F_v'/F_m'$ ), and energy not dissipated and not used in the photochemical phase ( $E_x = F_v'/F_m' (1 - q_P)$ ) [14,15]. The non-photochemical fluorescence quenching coefficient ( $q_N$ ) was determined after 30 min of acclimatizing the leaves to darkness. The gas exchange variables obtained were transpiration ( $E$ — $\text{mmol m}^{-2} \text{s}^{-1}$ ), stomatal conductance ( $G_s$ — $\text{mmol m}^{-2} \text{s}^{-1}$ ), and net carbon assimilation ( $A$ — $\mu\text{mol m}^{-2} \text{s}^{-1}$ ). The computed instantaneous water use efficiency ( $\text{WUE}_i$ — $\mu\text{mol CO}_2 \text{mmol H}_2\text{O}^{-1}$ ) was derived via the relationship between  $A$  and  $E$ . Measurements were taken between 9 and 11 a.m., on the second or third completely developed leaf.

### 2.4. Leaf Lipid Peroxidation Quantification and Hydrogen Peroxide Concentration

Rama Devi and Prasad [16] assessed lipid peroxidation using 100 mg of fresh frozen and milled material with reagents thiobarbituric acid and trichloroacetic acid in a water bath at  $90^\circ\text{C}$  for one hour. The contents were centrifuged at  $10,000 \times g$  for 15 min at room temperature, and the supernatant's absorbance was measured at 560 and 600 nm using a spectrophotometer. The results were represented in nmol of malondialdehyde  $\text{g}^{-1}$  of dry weight.

The hydrogen peroxide concentration of leaves was determined using 100 mg of fresh milled and frozen leaf sample, 0.1% trichloroacetic acid reagent, and centrifugation at  $12,000 \times g$  for 15 min at  $4^\circ\text{C}$ , as described by Alexieva et al. [17]. The supernatant was collected and mixed with 0.1 M phosphate-buffered (pH 7) and 1 M potassium iodide, followed by a 1 h reaction in the dark and an absorbance reading at 390 nm using a spectrophotometer. The results were represented in  $\mu\text{mol H}_2\text{O}_2 \text{g}^{-1}$  of dry weight, based on the proportion of water in each sample and determined via relative water content.

### 2.5. Activity of Enzymes Superoxide Dismutase (SOD, EC 1.15.1.1), Catalase (CAT, EC: 1.11.1.6), Peroxidase (POD, EC 1.11.1.7) and Ascorbate Peroxidase (APX, EC: 1.11.1.1)

Enzymatic extraction was performed using the Kar and Mishra [18] (modified) technique using 100 mg of fresh, milled, and frozen leaf samples homogenized in 0.1 M potassium phosphate-buffered (pH 6.8) and PVPP added to prevent sample oxidation. The analysis of soluble proteins followed Bradford [19], with the enzymatic extract being homogenized with Bradford's reagent and absorbance reading on a spectrophotometer at 595 nm with a casein standard curve. SOD activity was measured according to Beauchamp and Fridovich [20]. The reaction system consisted of enzyme extract, 50 mM potassium phosphate-buffered (pH 7.8), 13 mM methionine, 75  $\mu\text{M}$  NBT, 100 nM EDTA, and 2  $\mu\text{M}$  riboflavin. The reaction occurred in the presence of light for 5 min at room temperature, with an absorbance measurement of 560 nm. Activity was measured in enzymatic units (U), with 1U representing the quantity of enzyme required to provide 50% inhibition in NBT reduction.

CAT activity was determined using the reaction method described by Peixoto et al. [21], which included enzymatic extract, 50 mM pH (7.0), and 12.5 mM hydrogen peroxide. Every 20 s, absorbance values at 240 nm were taken, and the molar extinction coefficient of hydrogen peroxide was calculated using the  $39.4 \text{mmol L}^{-1} \text{cm}^{-1}$ . Enzyme activity was measured in nanomoles of  $\text{H}_2\text{O}_2$  consumed  $\text{min}^{-1} \text{mg protein}^{-1}$ . The Teisseire and Guy [22] approach was used to conduct POD activity utilizing a reaction system that contained an enzymatic extract, 50 mM potassium phosphate-buffered (pH 6.5), 20 mM pyrogallol, and

5 mm hydrogen peroxide. The reaction was carried out at room temperature for 5 min, followed by an absorbance reading at 430 nm. The calculations were performed using the purpurogallin molar extinction coefficient of  $2.5 \text{ mmol L}^{-1} \text{ cm}^{-1}$ . The enzyme activity has been expressed in  $\mu\text{mol of purpurogallin min}^{-1} \text{ mg protein}^{-1}$ .

APX activity was determined using the reaction method described by Nakano and Asada [23], which included an enzymatic extract, 50 mM pH 7.0 potassium phosphate-buffered, 0.5 mM ascorbate, 10 mM hydrogen peroxide, and 0.1 mM EDTA. Every 20 s, absorbance values at 300 nm were taken, and the molar extinction coefficient of hydrogen peroxide was calculated using the  $39.4 \text{ mmol L}^{-1} \text{ cm}^{-1}$  value. Enzyme activity was measured in nanomoles of  $\text{H}_2\text{O}_2$  consumed  $\text{min}^{-1} \text{ mg protein}^{-1}$ .

## 2.6. Total Phenols Leaf Concentration and Proline Quantification

Total phenols were extracted and measured in accordance with Bonoli et al. [24]. Extraction was performed on 100 mg of fresh, frozen, and milled leaves using a 50% (v/v) acetone solution, followed by 20 min in an ultrasonic bath. The reaction system included 1 mL of extract, Folin reagent (1:10), and a 20%  $\text{Na}_2\text{CO}_3$  solution. The reaction was carried out in the dark for an hour, with subsequent absorbance measurements at 725 nm. Gallic acid was measured using a standard curve and represented as  $\mu\text{g}$  of total phenols of dry weight $^{-1}$ .

Proline was measured using 250 mg of fresh, milled, and frozen leaf samples homogenized with 3% sulfosalicylic acid and centrifuged at  $4000 \times g$  for 5 min, as described by Bates et al. [25]. Supernatant extract, glacial acetic acid, and acid ninhydrin were combined in a boiling water bath for an hour. The mixture was extracted with toluene, and absorbance was measured at 520 nm. The results were reported as  $\mu\text{mol proline g of dry weight}^{-1}$  using a proline standard curve.

## 2.7. Soluble Sugars Chemical Profile Determination

The sugar profile was evaluated using high-performance ion chromatography (Dionex ICS-5000+, Thermo Fisher Scientific®, Sunnyvale, CA, USA). The extracts (100 mg of fresh, frozen, and milled leaf samples through triple extraction with 80% ethanol) and standards were filtered ( $0.22 \mu\text{m}$ ) and analysed by chromatography using a quaternary pump, automatic sampler, DCS-5000 electrochemical detector (Thermo Fisher Scientific®, Sunnyvale, CA, USA), P-100 column (Carbopack, Thermo Fisher Scientific®, Sunnyvale, CA, USA), and gold working and Ag/AgCl reference electrodes. Eluent phases A, B, and C consisted of 640 mM sodium hydroxide, 0.5M sodium acetate, and ultrapure water, with a flow rate of  $0.7 \text{ mL min}^{-1}$  for 35 min. Soluble sugars were identified by comparing the retention time of the sample peak to the retention time of the standard mixes and injecting the standard solution together with the sample [26] (modified).

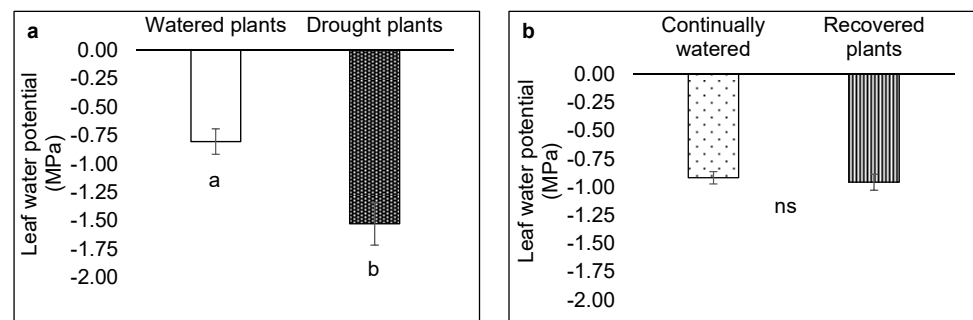
## 2.8. Statistical Analysis

Data were examined for variance homogeneity and normality, and differences between treatments and their interactions were then investigated for each assessment period. The data were compared using the Tukey test with a 5% probability. The heatmap was created with MetaboAnalyst 5.0 software ([www.metaboanalyst.ca/](http://www.metaboanalyst.ca/); accessed on 22 May 2023).

# 3. Results

## 3.1. Leaf Water Potential

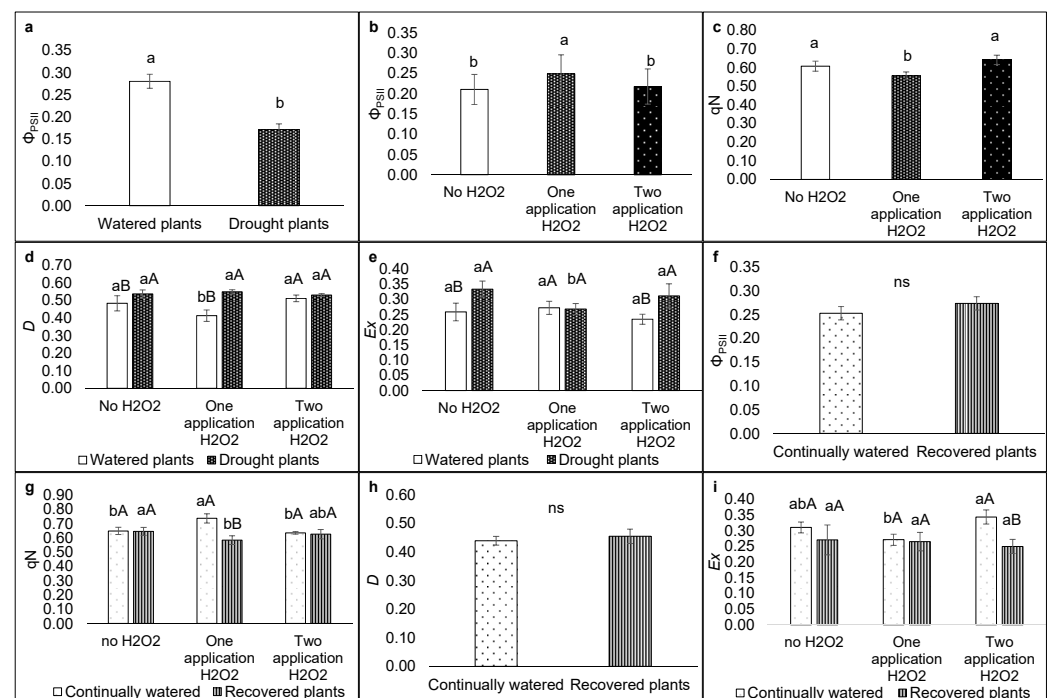
Drought plants were water-restricted until the twelfth day after foliar application treatments when the leaves had a potential water of  $-1.53 \text{ MPa}$ , which was nearly 90% more negative than the watered plants (Figure 1a) and showed water stress. Twelve days after irrigation, there was no variation in the potential water of the leaves (Figure 1b). Foliar  $\text{H}_2\text{O}_2$  application showed no influence on leaf water potential.



**Figure 1.** (a) Leaf water potential of tomato plants grown under optimal water supply (watered) or subjected to drought, and (b) after irrigation return, plants continually watered and recovered plants. Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate means using the Tukey test ( $<0.05$ ).

### 3.2. Chlorophyll *a* Fluorescence

Drought plants displayed lower  $\Phi_{PSII}$  levels compared to those watered in the first evaluation (Figure 2a). A single application of  $H_2O_2$  resulted in increased  $\Phi_{PSII}$  and decreased  $qN$ , independent of plant water status (Figure 2b,c). Lower  $D$  and  $Ex$  values were observed in watered and drought plants, respectively, after a single  $H_2O_2$  spray (Figure 2d,e). Irrigation resulted in full plant recovery and no change in  $\Phi_{PSII}$  compared to continually watered plants (Figure 2f). However, the effect of a single  $H_2O_2$  treatment may be seen in recovered plants with lower  $qN$  than those that did not receive the treatment (Figure 2g).

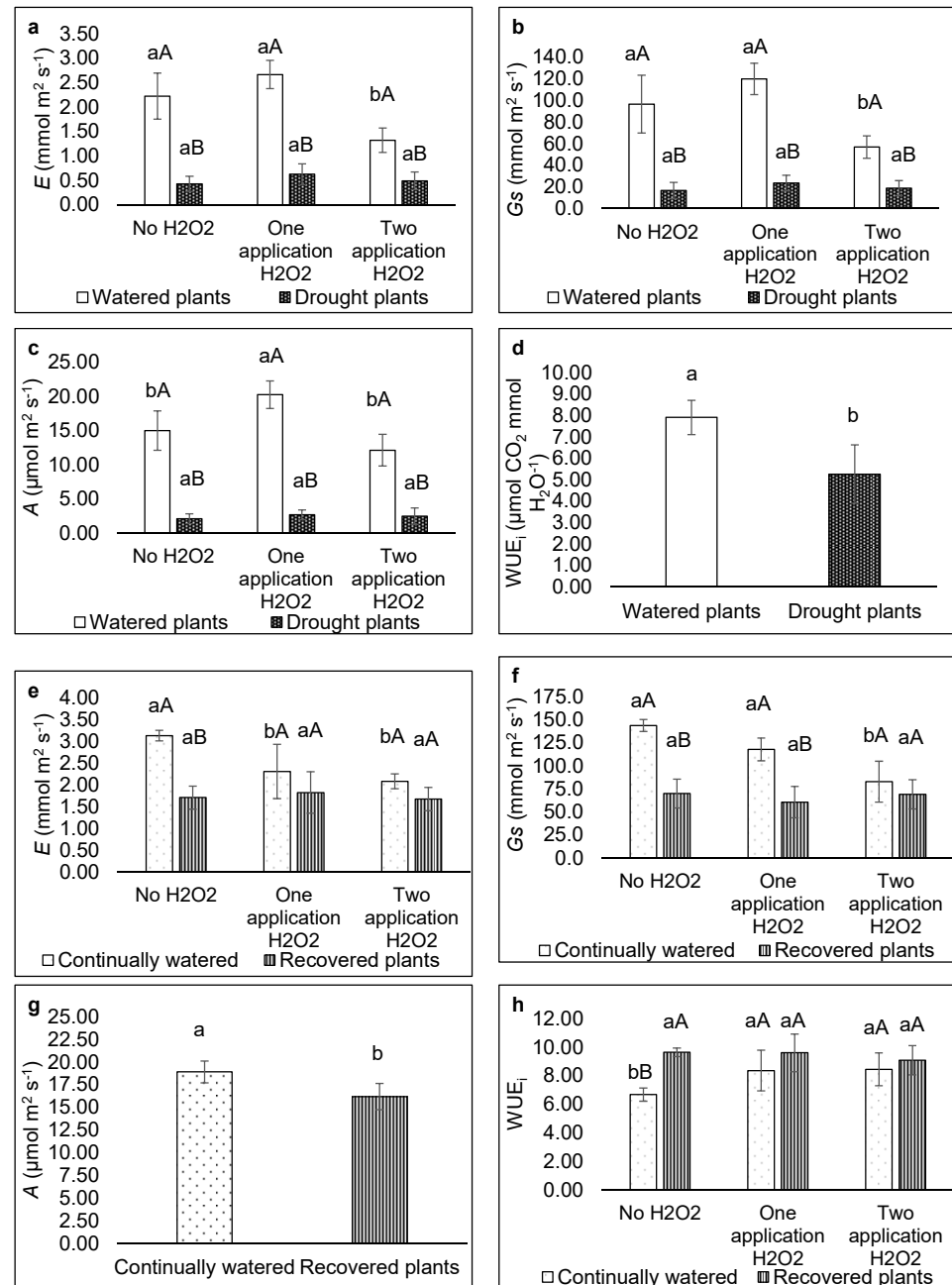


**Figure 2.** (a,b) Effective quantum yield of photosystem II ( $\Phi_{PSII}$ ), (c) non-photochemical fluorescence quenching coefficient ( $qN$ ), (d) heat dissipation in the antenna complex ( $D$ ) and (e) energy not dissipated and not used in the photochemical phase ( $Ex$ ) in tomato plants grown under optimal water supply (watered) or subjected to drought and no, one, or two foliar applications of  $H_2O_2$ . After recovery due to irrigation return, (f)  $\Phi_{PSII}$ , (g)  $qN$ , (h)  $D$  and (i)  $Ex$ . Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate the means using the Tukey test ( $<0.05$ ), lowercase letters compare  $H_2O_2$  application within each water condition and uppercase letters compare water condition within  $H_2O_2$  application.



### 3.3. Gas Exchanges

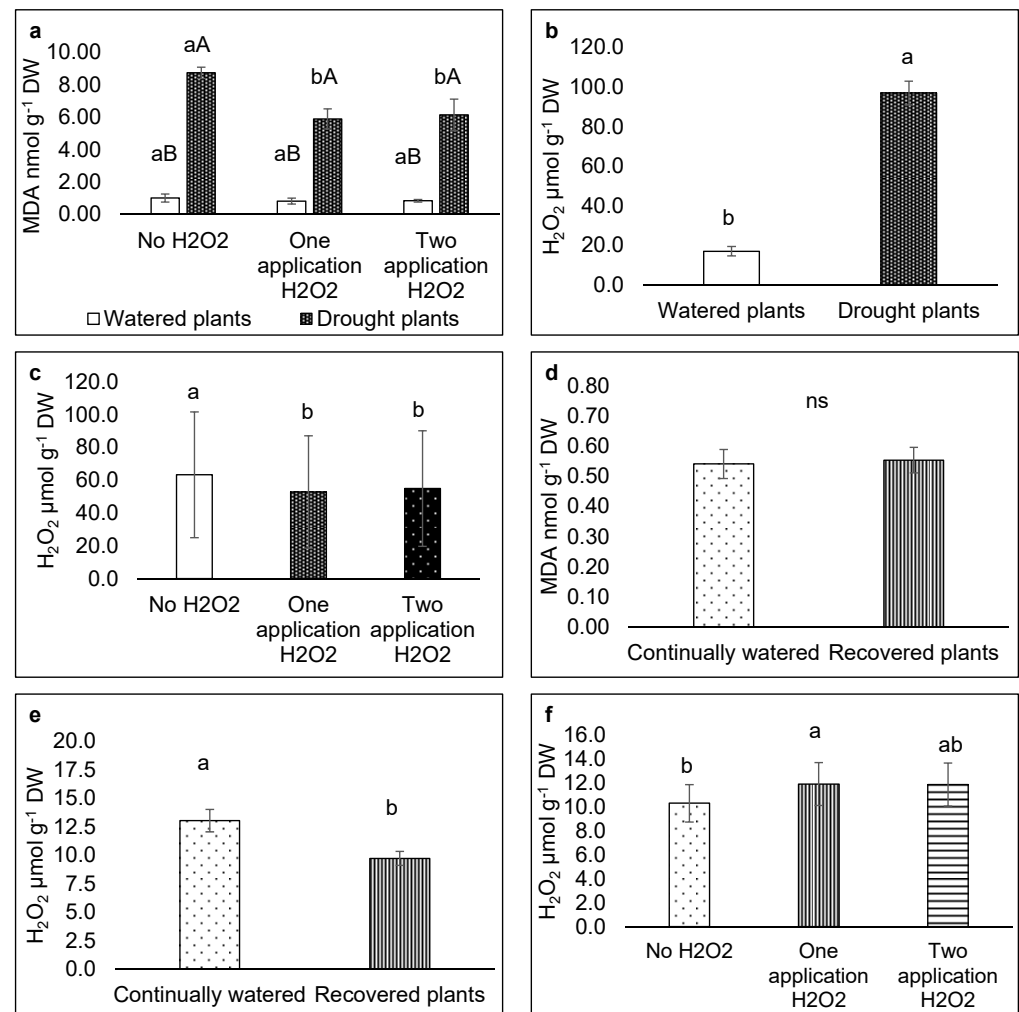
Watered plants treated with a single application of  $H_2O_2$  performed better in the first evaluation, and those treated with two applications performed worse, with lower  $E$  and  $G_s$  (Figure 3a–c), while  $WUE_i$  was not influenced by the  $H_2O_2$  application (Figure 3d) throughout the same time. Following irrigation, recovered plants showed lower  $A$  levels than continually watered plants (Figure 3g). However, among plants that did not receive  $H_2O_2$  treatment, recovered plants exhibited the greatest  $WUE_i$  (Figure 3h).



**Figure 3.** (a) Transpiration rate ( $E$ ), (b) stomatal conductance ( $G_s$ ), (c) net  $CO_2$  assimilation ( $A$ ) and (d) instantaneous water use efficiency ( $WUE_i$ ) in tomato plants grown under optimal water supply (watered) or subjected to drought and no, one or two foliar applications of  $H_2O_2$ . After recovery due irrigation return, (e)  $E$ , (f)  $G_s$ , (g)  $A$  and (h)  $WUE_i$ . Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate the means using the Tukey test ( $<0.05$ ), lowercase letters compare  $H_2O_2$  application within each water condition, and uppercase letters compare water condition within  $H_2O_2$  application.

### 3.4. Leaf Lipid Peroxidation and H<sub>2</sub>O<sub>2</sub> Concentration

Drought plants showed greater MDA and H<sub>2</sub>O<sub>2</sub> concentrations than watered plants (Figure 4a,b). Drought plants that received H<sub>2</sub>O<sub>2</sub> application had lower MDA than those that did not (Figure 4a), while H<sub>2</sub>O<sub>2</sub> application reduced H<sub>2</sub>O<sub>2</sub> leaf concentrations regardless of the water condition of plants (Figure 4c). MDA levels in all treatments were unchanged after irrigation (Figure 4d). Continually watered plants had a higher leaf concentration of H<sub>2</sub>O<sub>2</sub> than recovered plants, and plants that had only one H<sub>2</sub>O<sub>2</sub> treatment had a higher H<sub>2</sub>O<sub>2</sub> concentration than those that did not receive any (Figure 4e,f).

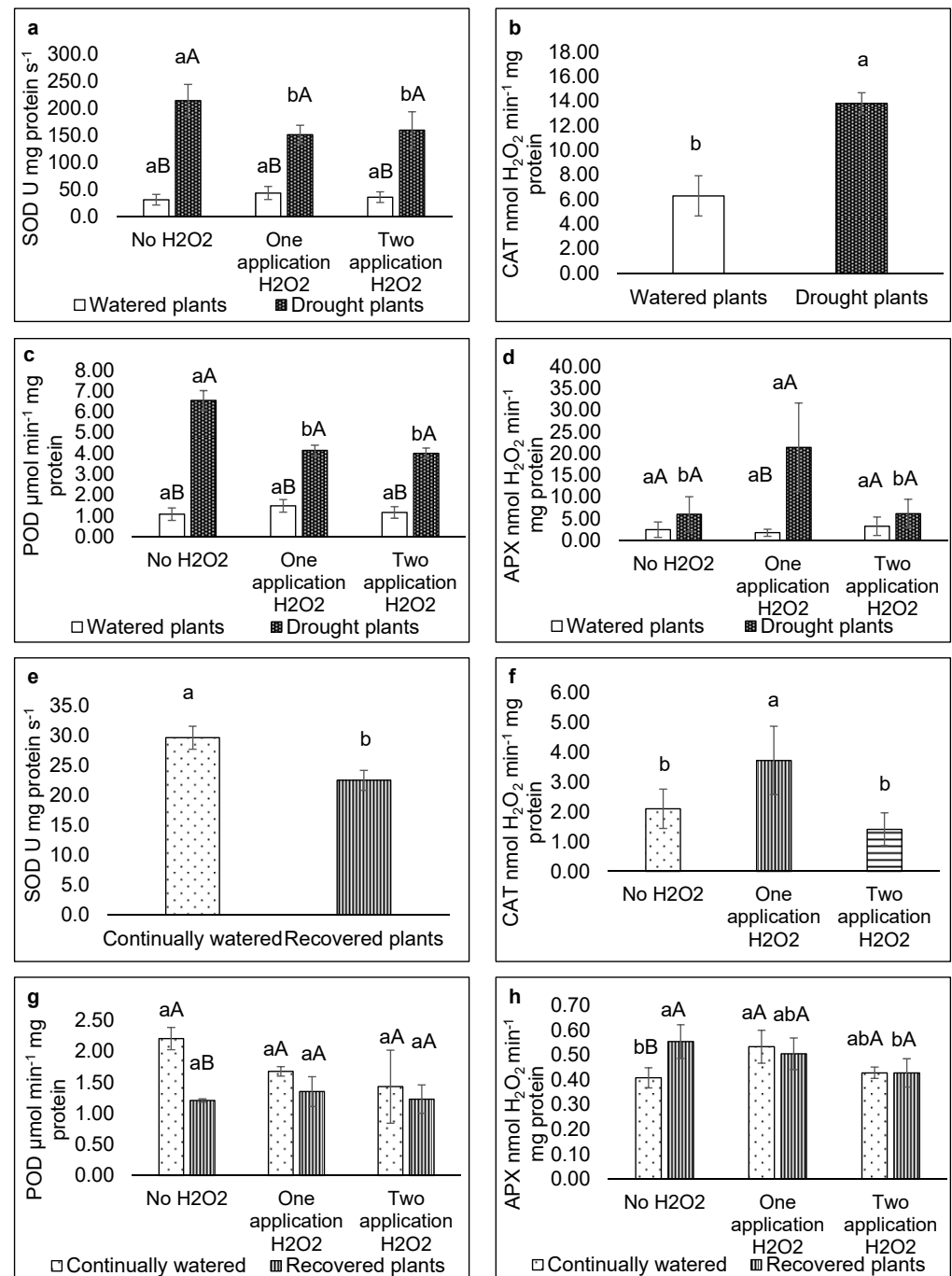


**Figure 4.** (a) Lipid peroxidation (MDA) and (b,c) concentration of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) in leaf tomato plants grown under optimal water supply (watered) or subjected to drought and no, one, or two foliar applications of H<sub>2</sub>O<sub>2</sub>. After recovery due to irrigation return, (d) MDA, (e,f) H<sub>2</sub>O<sub>2</sub>. Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate the means using the Tukey test ( $<0.05$ ), lowercase letters compare H<sub>2</sub>O<sub>2</sub> application within each water condition, and uppercase letters compare water condition within H<sub>2</sub>O<sub>2</sub> application.

### 3.5. Antioxidant Enzyme Activity

During the water restriction period, drought plants displayed higher levels of SOD, CAT, and POD activity than watered plants (Figure 5a–c). At the same time, only drought plants that received a single H<sub>2</sub>O<sub>2</sub> spray showed increased APX activity (Figure 5d). After irrigation, all plants that received a single H<sub>2</sub>O<sub>2</sub> spray displayed increased CAT activity (Figure 5f). It was also shown that continually watered plants that received one H<sub>2</sub>O<sub>2</sub> treatment had higher APX activity than those that did not, whereas recovered plants that had two H<sub>2</sub>O<sub>2</sub> treatments had lower activity of this enzyme (Figure 5h). Among the

recovered plants, only those that did not receive  $H_2O_2$  treatment exhibited higher APX activity than those that were continually watered.

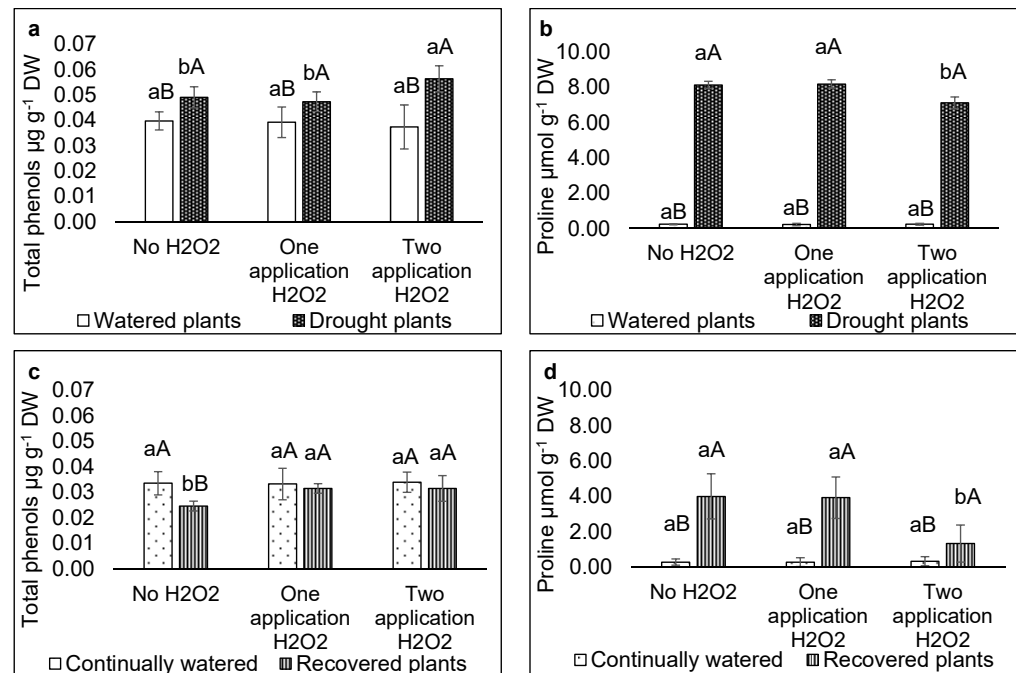


**Figure 5.** Antioxidant enzyme activity. (a) Superoxide dismutase (SOD), (b) catalase (CAT), (c) peroxidase (POD), and (d) ascorbate peroxidase (APX) in tomato plants grown under optimal water supply (watered) or subjected to drought and no, one, or two foliar applications of  $H_2O_2$ . After recovery due to irrigation return, (e) SOD, (f) CAT, (g) POD, and (h) APX. Values correspond to the mean  $\pm$  confidence interval (n = 4). Different letters differentiate the means using the Tukey test (<0.05), lowercase letters compare  $H_2O_2$  application within each water condition, and uppercase letters compare water condition within  $H_2O_2$  application.



### 3.6. Phenolic Compounds and Proline

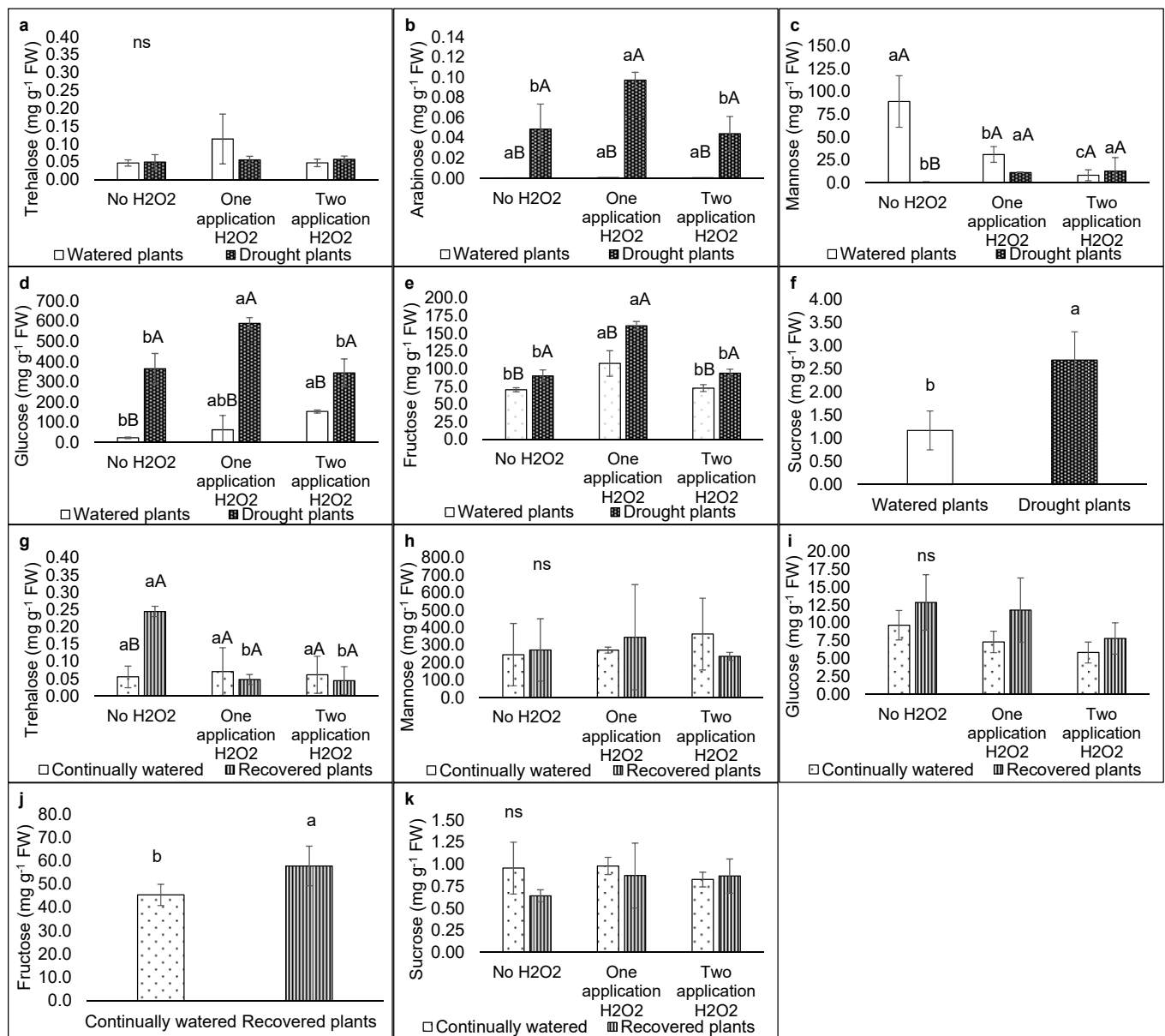
Drought plants had greater total phenol and proline contents in their leaves than watered plants (Figure 6a,b). During this time, drought plants treated with two  $H_2O_2$  sprays had higher phenol and lower proline contents. After irrigation, only recovered plants that did not receive  $H_2O_2$  treatment had reduced total phenol concentrations, although proline concentrations in recovered plants were higher than in continually watered plants (Figure 6c,d).



**Figure 6.** (a) Concentration of total phenols and (b) concentration of proline in leaf tomato plants grown under optimal water supply (watered) or subjected to drought and no, one, or two foliar applications of  $H_2O_2$ . After recovery due to irrigation return, (c) total phenols, (d) proline. Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate the means using the Tukey test ( $<0.05$ ), lowercase letters compare  $H_2O_2$  application within each water condition, and uppercase letters compare water condition within  $H_2O_2$  application.

### 3.7. Soluble Sugars Chemical Profile

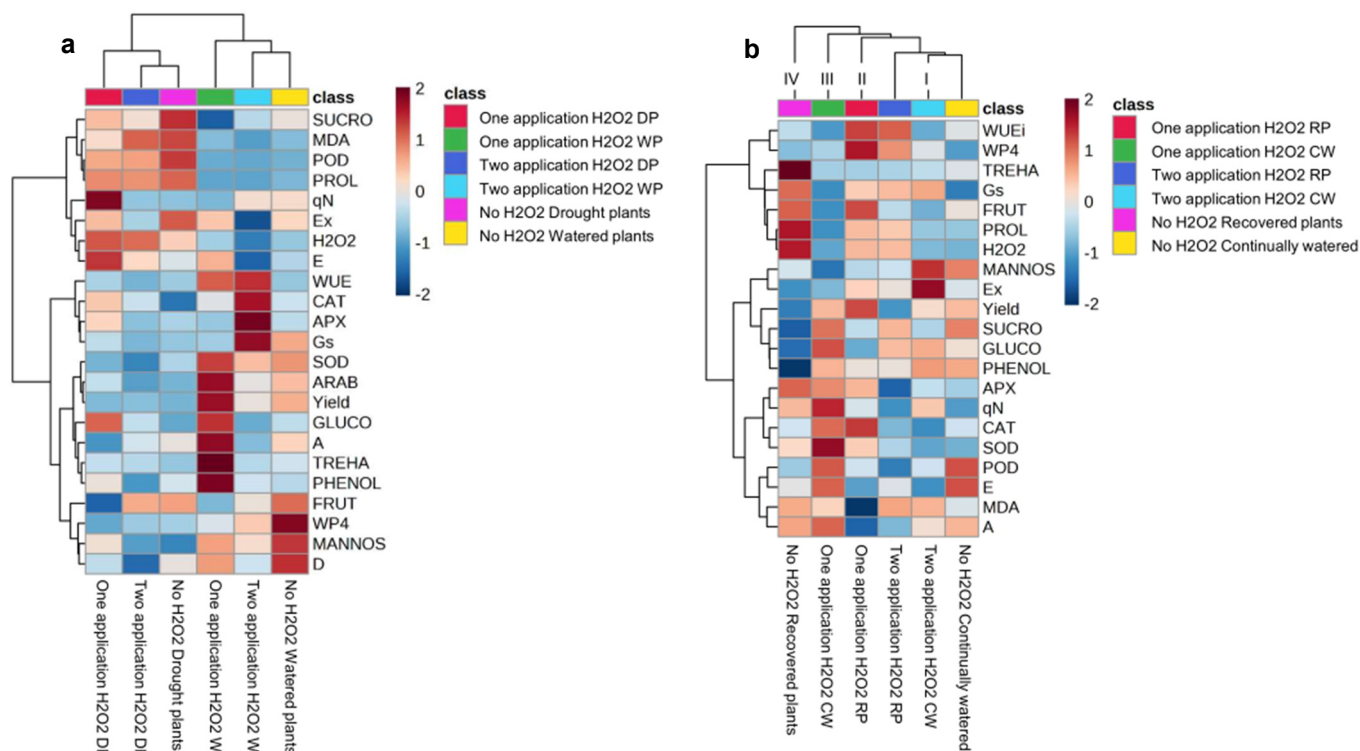
In the first evaluation, drought plants had larger concentrations of the soluble sugars arabinose, glucose, fructose, and sucrose than watered plants (Figure 7b,d,f). Trehalose levels were not affected by treatments, but mannose levels were higher in watered plants that did not receive  $H_2O_2$  application (Figure 7a,c). Plants that received one  $H_2O_2$  application showed higher amounts of fructose regardless of water condition and higher glucose amounts only in drought plants. In drought plants, any  $H_2O_2$  application resulted in the greatest mannose concentration, while higher concentrations of arabinose, glucose, and fructose were found in plants that received a single application of  $H_2O_2$ . Following irrigation, only recovered plants that did not receive  $H_2O_2$  application had the greatest trehalose concentration (Figure 7g).



**Figure 7.** Soluble sugars leaf concentrations. (a) Trehalose, (b) arabinose, (c) mannose, (d) glucose, (e) fructose, and (f) sucrose in tomato plants grown under optimal water supply (watered) or subjected to drought and no, one, or two foliar applications of H<sub>2</sub>O<sub>2</sub>. After recovery due to irrigation return, (g) trehalose, (h) mannose, (i) glucose, (j) fructose, and (k) sucrose. Values correspond to the mean  $\pm$  confidence interval ( $n = 4$ ). Different letters differentiate the means using the Tukey test ( $<0.05$ ), lowercase letters compare H<sub>2</sub>O<sub>2</sub> application within each water condition, and uppercase letters compare water condition within H<sub>2</sub>O<sub>2</sub> application.

### 3.8. Heatmap

Superior similarity was observed between plants that did not receive H<sub>2</sub>O<sub>2</sub> application and plants that received two H<sub>2</sub>O<sub>2</sub> applications during the water restriction period (Figure 8a). After the return of irrigation, the variables analysed showed greater similarity between recovered plants that received two applications of H<sub>2</sub>O<sub>2</sub> and continually watered plants that did not receive or that received two applications of H<sub>2</sub>O<sub>2</sub> (Figure 8b).



**Figure 8.** Heatmap. (a) During the drought period and (b) after recovery by the return of irrigation. Water potential of leaf (WP4), effective quantum yield of photosystem II (Yield), non-photochemical quenching coefficient of fluorescence (qN), heat dissipation in the antenna complex (D), energy not dissipated and not used in the photochemical phase (Ex), transpiration rate (E), stomatal conductance (Gs), net CO<sub>2</sub> assimilation (A), instantaneous water use efficiency (WUE), leaf lipid peroxidation (MDA), leaf concentration of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), activity of superoxide dismutase (SOD), catalase (CAT), peroxidase (POD) and ascorbate peroxidase (APX), leaf concentration of total phenols (PHENOL), proline (PROL), trehalose (TREHA), arabinose (ARAB), mannose (MANNOS), glucose (GLUCO), fructose (FRUT), and sucrose (SUCRO) in tomato plants grown under optimal water supply (watered—WP/continually watered—CW) or subjected to drought (DP)/recovery (RP) and no, one, or two foliar applications of H<sub>2</sub>O<sub>2</sub>.

#### 4. Discussion

##### 4.1. All the H<sub>2</sub>O<sub>2</sub> Treatments Had No Effect on the Leaves' Potential Water Content

Plants with low water availability often respond to lower water potential in the leaves by accumulating solutes to maintain cell turgor and safeguard subcellular structures, as seen in this work (Figure 1a). Under drought conditions, plants synthesize soluble sugars and amino acids like proline, which are among the most osmotically active substances [27,28]. H<sub>2</sub>O<sub>2</sub> treatment had no effect on the potential water of the leaves during water restriction or when irrigation was restored, but it did alter the accumulation of proline and the profile of soluble sugars in tomatoes subjected to drought (Figures 6b and 7).

##### 4.2. One H<sub>2</sub>O<sub>2</sub> Application Favoured the Photochemical Phase, Resulting in Higher ΦPSII and Decreased qN, D, and Ex

Drought decreased Φ<sub>PSII</sub> levels in tomato plants (Figure 2a), supporting a prior study by Spirdouli and Moustakas [29]. Drought stress in plants changes the direction of energy harvested by photosystems, resulting in increased heat dissipation (D) to prevent excessive ROS production [30]. This occurs primarily because of the reduction in CO<sub>2</sub> availability caused by stomatal closure, which is required to reduce water loss through transpiration, increasing photorespiration and the requirement to extinguish excess energy that is not incorporated into organic molecules [31]. Plants treated with H<sub>2</sub>O<sub>2</sub> demonstrated higher

$\Phi_{PSII}$  (Figure 2b), suggesting enhanced efficiency in converting light energy into reducing agents [32,33]. This is further corroborated by a drop in  $qN$  and  $D$  in watered plants and an increase in  $Ex$  in drought plants (Figure 2c–e), suggesting that a single application of  $H_2O_2$  promotes photochemical processes at the expense of non-photochemical processes.

After irrigation return, recovered plants had similar  $\Phi_{PSII}$  to those that were continually watered (Figure 2f), with no difference seen with  $H_2O_2$  application. This indicates that the photoinhibition seen during water limitation was reversed. The decreased  $qN$  in recovered plants that received a single  $H_2O_2$  application, as well as similar results in  $D$  and  $Ex$  in continually watered and recovered plants (Figure 2g–i), supports this hypothesis.

#### 4.3. $H_2O_2$ Applications Increased the $A$ and $WUE_i$ of Plants That Were Continually Watered

In watered plants, two  $H_2O_2$  sprays lowered  $G_s$  and  $E$  levels. However, no decrease in  $A$  is seen (Figure 3a–c). Exogenous  $H_2O_2$  can signal and modulate stomatal movements, as demonstrated by Jamaludin et al. [34]. According to Neill et al. [35],  $H_2O_2$  plays a role in the pathway that promotes stomatal closure during abiotic stress by interacting predominantly with abscisic acid (ABA) and nitric oxide (NO). In response to water deprivation, ABA signalling drives the generation of  $H_2O_2$  by NADPH oxidase, which leads to the production of NO by nitrate reductase and other enzymes like nitric oxide synthase, and the subsequent accumulation of NO in guard cells, signalling stomatal closure. As a result, two  $H_2O_2$  applications may have caused a drop in  $G_s$  in the watered plants (Figure 3b).

Plants that received one  $H_2O_2$  application showed greater  $A$  than those that received two  $H_2O_2$  applications, which might be attributed to the latter's lower  $G_s$  (Figure 3b,c). Previous research has confirmed that exogenous  $H_2O_2$  stimulates photosynthesis [34,36]. These findings can be explained by a set of evidence on the action of  $H_2O_2$  in various stages of the photosynthetic process, such as in the increase in the initial activity of the RuBisCO enzyme, due to altering its activation state [37], by the upregulation of the enzyme RuBisCO in *Ficus deltoideae*, due to greater expression of the *rbcL* gene, of plastid DNA origin, which encodes RuBisCO subunits [34], or by increased activity of key enzymes in the Calvin–Benson cycle and sugar metabolism, such as sucrose phosphate synthase, which had its gene expression increased due to treatment with  $H_2O_2$  in rice seedlings [36,38].

After irrigation, plants that were continually watered and had any  $H_2O_2$  application exhibited lower  $E$ , whereas only those that received two  $H_2O_2$  applications showed lower  $G_s$  (Figure 3e,f). Because there was no change in  $A$  rates, plants that received  $H_2O_2$  showed increased  $WUE_i$  (Figure 3g,h). We note that among plants that did not receive  $H_2O_2$  application, recovered plants had greater  $WUE_i$  than continually watered plants. Because  $WUE_i$  values were equal between continually watered and recovered plants that received any  $H_2O_2$  application, the current investigation showed the benefits of  $H_2O_2$  application for better water resource utilization in plants grown under a regular water regime (continually watered plants).

#### 4.4. Drought Plants with $H_2O_2$ Applications Showed Reduced Leaf Concentrations of MDA and $H_2O_2$

The increase in lipid peroxidation in drought-affected plants is demonstrated by the increase of MDA concentration, which was seen in our study (Figure 4a), and is a direct outcome of increased ROS formation, which causes oxidative damage to biological membranes. As previously noted, drought plants have surplus energy in their photosystems due to a reduction in  $CO_2$  availability, which raises the need to employ alternate channels to extinguish energy, such as photorespiration. According to Foyer et al. [39], photorespiration produces a substantial quantity of  $H_2O_2$  in photosynthetic tissues, and in addition other possibly more harmful ROS are generated spontaneously during electron flow in photosystems, such as singlet oxygen, superoxide, and hydroxyl radicals [40]. Although the drought enhanced ROS such as  $H_2O_2$ , it was shown that plants that received a single application of  $H_2O_2$  had a smaller impact on membrane peroxidation, with less MDA concentration in leaf tissue (Figure 4a–c). Previous studies using exogenous  $H_2O_2$  in drought-stressed

plants yielded similar results [8,41], demonstrating that it has signalling potential for plant acclimation and stress damage.

#### 4.5. Drought Plants Showed Increased APX Activity after Receiving One Application of H<sub>2</sub>O<sub>2</sub>

The antioxidant enzymes SOD, CAT, and POD were more active in drought plants that did not receive H<sub>2</sub>O<sub>2</sub>, which, related to the greater accumulation of MDA observed in these plants, showed that the enzymes were not efficient in controlling oxidative damage (Figures 4a and 5a–c). Similarly, higher APX activity in drought plants that received one H<sub>2</sub>O<sub>2</sub> spray may have cleared ROS, resulting in decreased MDA and H<sub>2</sub>O<sub>2</sub> concentrations (Figures 4a,c and 5d). According to Miyake [40], APX is necessary for managing the alternate electron drain known as the water–water cycle, as well as the cyclic electron flow around photosystem I (FSI), which helps regulate electron transport and minimize photoinhibition. APX action occurs on SOD-produced H<sub>2</sub>O<sub>2</sub>, resulting in water and lowering ROS concentration in the photosystem [40]. The increased APX activity relative to CAT activity may indicate that the majority of H<sub>2</sub>O<sub>2</sub> synthesis occurred in chloroplasts, where two of the five APX enzyme isoforms, located in the stroma and thylakoid membranes, act [42].

Following irrigation return, enhanced CAT activity was identified in continually watered or recovered plants that received one H<sub>2</sub>O<sub>2</sub> application (Figure 5f), but only continually watered plants that had one H<sub>2</sub>O<sub>2</sub> spray showed higher APX activity (Figure 5h). This might be linked to enhanced SOD activity reported in continually watered plants (Figure 5e), demanding a greater regulating effect of APX on H<sub>2</sub>O<sub>2</sub>. Plants that received H<sub>2</sub>O<sub>2</sub> too showed higher mannose concentrations, which may have contributed to the synthesis of ascorbate, an electron donor for H<sub>2</sub>O<sub>2</sub> reduction in water via APX action. Higher APX activity may suggest resilience to water stress, since increased tolerance to oxidative stress was seen in *Populus tomentosa* with high enzyme activity [43].

#### 4.6. Two H<sub>2</sub>O<sub>2</sub> Applications on Drought Plants Resulted in Higher Total Phenol Concentrations and Decreased Proline Levels

Despite the lowered activity of antioxidant enzymes in drought plants treated with two H<sub>2</sub>O<sub>2</sub> sprays, total phenolic compound accumulation increased (Figure 6a), possibly acting in ROS removal and MDA regulation. Sánchez-Rodríguez et al. [9] found that stress, such as water restriction, promotes the production of phenolic chemicals. Due to their redox properties, these chemicals detoxify ROS while also acting as reducing agents and hydrogen donors. In their study of cherry tomato cultivars grown in drought conditions, researchers discovered an increase in phenolic compounds in the Zarina cultivar, which is resistant to water deprivation and accumulates less MDA and H<sub>2</sub>O<sub>2</sub> under stress.

Exogenous H<sub>2</sub>O<sub>2</sub> supply resulted in an increase in phenolic compounds in other species, including *F. Deltoideae* [34], suggesting that this ROS signal influences gene expression of phenolic compound precursor molecules. Previous research has shown that metabolism responds to environmental changes by signalling through sugar or ROS molecules, inducing the production of microRNAs such as miR858, which acts on transcript factors, MYB, which plays a critical regulatory role in phenylpropanoid biosynthesis, phenolic compound precursors, under stress conditions [44]. In the current investigation, only recovered plants that received H<sub>2</sub>O<sub>2</sub> application had phenolic component concentrations comparable to continually watered plants (Figure 6c), indicating successful signalling for these plants.

Drought plants displayed higher proline accumulation compared to watered plants (Figure 6b). A significant rise in proline concentration in plants subjected to abiotic stressors is a predicted metabolic response, and it may account for more than 80% of free amino acids discovered in plant tissues, compared to 5% under normal conditions. According to Spormann et al. [45], higher proline accumulation in stressed plants is frequently reported as an indication of plant tolerance. However, this interpretation may be incorrect, since this buildup may be an indication or reaction generated by fight stress need, as under normal settings, the synthesis of this amino acid is controlled by negative feedback. Proline is



engaged in subcellular structure stabilization, ROS removal, buffering the redox potential of cells, and acting on water-deficit plants, particularly osmotic adjustment in combination with other suitable solutes such as soluble sugars [27,29]. In this study, we discovered that, while drought plants with H<sub>2</sub>O<sub>2</sub> application had lower proline concentrations, a change in sugar profile could explain the maintenance of the leaves' water potential in comparison to plants that did not receive H<sub>2</sub>O<sub>2</sub>. After irrigation, only recovered plants that received two H<sub>2</sub>O<sub>2</sub> sprays had lower proline concentrations (Figure 6d), suggesting that H<sub>2</sub>O<sub>2</sub> signalling enables faster drought recovery. Proline catabolism occurs in mitochondria and is associated with oxidative respiration and power production. Thus, the product may be leveraged to increase growth return [27].

#### *4.7. One Application of H<sub>2</sub>O<sub>2</sub> to Drought Plants Resulted in Increased Quantities of Arabinose, Mannose, Glucose, and Fructose*

H<sub>2</sub>O<sub>2</sub> application changed the chemical composition of soluble sugars in drought plants and continually watered plants (Figure 7). Drought plants that received a single H<sub>2</sub>O<sub>2</sub> application may have benefited from increased concentrations of glucose reductive sugars and fructose, which act in cellular osmotic balance, as well as arabinose and mannose, which are important cell wall components [11], as well as other signalling molecules such as flavonoids and peptides [46].

Živanović et al. [11] investigated how water shortage affects tomato plants with genotype savage subtype and mutant flacca, which do not release ABA and hence do not seal their stomata during drought circumstances. They observed that drought-tolerant mutant plants accumulate more soluble sugars in their leaves, particularly glucose, due to increased acid invertase enzyme activity and reduced sucrose transfer to sink regions. This state might have happened in plants that received a single H<sub>2</sub>O<sub>2</sub> spray (Figure 7d). Two H<sub>2</sub>O<sub>2</sub> sprays also raised mannose concentrations in drought plants (Figure 7c).

Other researchers discovered that the buildup of this sugar in mutant plants, which is increased by GMP gene mutation that catalyses mannose production, can be exploited as a technique to promote plant tolerance to osmotic stress [47]. Mannose in plants may be involved in the formation of ascorbic acid, a non-enzyme antioxidant capable of inhibiting ROS detoxification [48]. As seen in this study, drought plants that given one H<sub>2</sub>O<sub>2</sub> application had decreased MDA and H<sub>2</sub>O<sub>2</sub> accumulation (Figure 4a,c). It implies a contribution to mannose buildup in defensive chemical production.

Watered plants that did not receive H<sub>2</sub>O<sub>2</sub> application had greater mannose concentrations than drought plants, which might be attributed to reduced reducing sugar content (Figure 7c–e). Watered plants treated with H<sub>2</sub>O<sub>2</sub> had a lower mannose content than drought plants. This might be attributed to decreased H<sub>2</sub>O<sub>2</sub> leaf concentrations, which may have reduced signalling to the buildup of this sugar, even boosting its integration into cell walls forming hemicellulose polymers, as emphasized by Gilbert et al. [49].

Trehalose content increased in recovered plants that did not receive H<sub>2</sub>O<sub>2</sub> application after irrigation return (Figure 7g), as did fructose concentration in recovered plants compared to continually watered plants (Figure 7j). Our drought-stressed tomato plants did not accumulate trehalose during the stress period, unlike wild subtype tomato plants [11]. This occurred after irrigation return on recovered plants that did not receive H<sub>2</sub>O<sub>2</sub>. According to the researchers, trehalose modulates starch breakdown through trehalose-6-phosphate, allowing for more soluble sugar buildup. Trehalose's other documented activities in water-deficit plants include high water retention capacity, power supply for metabolic processes, and molecular signalling for defensive chemicals [48]. Thus, increased concentrations of trehalose detection in recovered plants that did not receive H<sub>2</sub>O<sub>2</sub> application may indicate that these plants were still encouraging metabolic changes to overcome stress overall, even if MDA levels were comparable to continually watered plants (Figure 4d).



#### 4.8. Plants That Did Not Receive $H_2O_2$ Application Exhibited More Similarity with Plants That Received Two $H_2O_2$ Applications throughout the Water Limitation Period: Irrigation-Return-Recovered Plants That Received Two $H_2O_2$ Applications and Revealed Greater Similarity with Continually Watered Plants That Did Not Receive or Received Two $H_2O_2$ Applications

During the water restriction phase, the heat map separated into two different clusters (Figure 8a), demonstrating a high degree of similarity in responses between plants watered as opposed to plants exposed to drought independently of  $H_2O_2$  application. These two primary clusters were differentiated by combining plants that did not receive or received two  $H_2O_2$  applications, allowing us to conclude that a single  $H_2O_2$  application changes tomato metabolism in a more pronounced way. It is worth noting that, among watered plants, a negative trend (blue squares) was seen for sucrose in plants that received  $H_2O_2$ , particularly one  $H_2O_2$  application, indicating a large export of this sugar for sink-tissue in development, as indicated by Xu et al. [50]. The positive trend (red squares) in  $A$  and  $\Phi_{PSII}$  supports this idea. Although the plants that received two  $H_2O_2$  applications did not exhibit significance for  $A$  and  $\Phi_{PSII}$ , it showed for  $WUE_i$ , suggesting greater water resource use. Watered plants that did not receive  $H_2O_2$  application, on the other hand, showed a positive trend for  $D$ , indicating a requirement for photoprotection, with dissipation of a percentage energy collected by antenna complexes [30]. Among drought plants, those that did not receive  $H_2O_2$  application showed a positive tendency for sucrose. According to Živanović et al. [11], this contributes to osmotic adjustment but implies sugar retention at the sources and less exportation to sinks.  $Ex$  also revealed a positive trend in these plants, which might have contributed to additional energy accumulating in photosystems, potentially causing damage [51], which was verified by a positive trend in MDA.

After irrigation return (Figure 8b), the continually watered plants that did not receive or received two  $H_2O_2$  applications, as well as the recovered plants that received two  $H_2O_2$  applications, exhibited strong similarities and formed a cluster (I). The most distinguishable cluster was formed by recovered plants that had not received  $H_2O_2$  application (IV). The remaining two clusters (II and III) lie situated between clusters I and IV. Cluster II was approximated to cluster I based on the positive trend in  $WUE_i$ , LWP,  $G_s$ , proline, and  $H_2O_2$  seen in the  $H_2O_2$ -applied recovered plants. Cluster IV, which did not receive  $H_2O_2$  application, showed a positive trend for trehalose and proline, which are generally observed in plants under stress, for osmotic adjustment and signalling for defence compounds [45,48], and  $H_2O_2$ , which may have signalled these substances. Cluster III, with continually watered plants that received a single  $H_2O_2$  application, showed a positive trend in  $A$ ,  $E$ ,  $\Phi_{PSII}$ , antioxidant enzymes, and sucrose. The consistency of the findings obtained with two  $H_2O_2$  applications in recovered and continually watered plants implies that ROS-induced signalling resulted in acquired systemic acclimation.

## 5. Conclusions

We anticipate that  $H_2O_2$  foliar application can aid in the development of options, such as acquired systemic acclimation, to deal with unexpected dry spells, including new challenges induced by climate change. This is because drought plants that received  $H_2O_2$  application showed less oxidative damage under water restriction, with metabolic changes indicating the production of plant defence molecules such as the APX enzyme, phenols, arabinose, and mannose. Plants that were not subjected to drought and received  $H_2O_2$  application exhibited no losses, including better photochemical performance and water consumption efficiency, allowing them to make the most of available light and water. We hope that our findings will help to advance and spark further research on ROS signalling activation in plant metabolism, resulting in greater output and adaptation to severe environments.

**Author Contributions:** Conceptualization, G.R.B. and C.S.F.B.; methodology, G.R.B., F.G.C. and C.S.F.B.; validation, C.S.F.B.; formal analysis, G.R.B. and F.G.C.; investigation, G.R.B., C.P.C., L.G.J. and F.G.C.; writing—original draft preparation, G.R.B., C.P.C. and L.G.J.; writing—review and editing, G.R.B., F.G.C. and C.S.F.B.; supervision, C.S.F.B. All authors have read and agreed to the published version of the manuscript.

**Funding:** National Council for Scientific and Technological Development (CNPq) for the research productivity fellowship (Process number 308038/2023-1) awarded to C.S.F. Boaro.

**Data Availability Statement:** This published paper includes all data produced or analysed during this project.

**Acknowledgments:** The authors thank the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior—Brasil—CAPES (Finance Code001).

**Conflicts of Interest:** The authors declare no conflicts of interest.

## References

1. Waqas, M.A.; Kaya, C.; Riaz, A.; Farooq, M.; Nawaz, I.; Wilkes, A.; Li, Y. Potential Mechanisms of Abiotic Stress Tolerance in Crop Plants Induced by Thiourea. *Front. Plant Sci.* **2019**, *10*, 1336. [CrossRef] [PubMed]
2. Pörtner, H.-O.; Roberts, D.C.; Poloczanska, E.S.; Mintenbeck, K.; Tignor, M.; Alegría, A.; Craig, M.; Langsdorf, S.; Löschke, S.; Möller, V.; et al. (Eds.) IPCC Summary for Policymakers. In *Climate Change 2022—Impacts, Adaptation and Vulnerability*; Cambridge University Press: Cambridge, UK; New York, NY, USA, 2023; pp. 3–34.
3. Choi, W.-G.; Miller, G.; Wallace, I.; Harper, J.; Mittler, R.; Gilroy, S. Orchestrating Rapid Long-Distance Signaling in Plants with Ca<sup>2+</sup>, ROS and Electrical Signals. *Plant J.* **2017**, *90*, 698–707. [CrossRef]
4. Czarnocka, W.; Karpiński, S. Friend or Foe? Reactive Oxygen Species Production, Scavenging and Signaling in Plant Response to Environmental Stresses. *Free Radic. Biol. Med.* **2018**, *122*, 4–20. [CrossRef]
5. Singh, R.; Singh, S.; Parihar, P.; Mishra, R.K.; Tripathi, D.K.; Singh, V.P.; Chauhan, D.K.; Prasad, S.M. Reactive Oxygen Species (ROS): Beneficial Companions of Plants' Developmental Processes. *Front. Plant Sci.* **2016**, *7*, 1299. [CrossRef] [PubMed]
6. Ishibashi, Y.; Yamaguchi, H.; Yuasa, T.; Iwaya-Inoue, M.; Arima, S.; Zheng, S.H. Hydrogen Peroxide Spraying Alleviates Drought Stress in Soybean Plants. *J. Plant Physiol.* **2011**, *168*, 1562–1567. [CrossRef]
7. de Azevedo Neto, A.D.; Prisco, J.T.; Enéas-Filho, J.; Rolim Medeiros, J.-V.; Gomes-Filho, E. Hydrogen Peroxide Pre-Treatment Induces Salt-Stress Acclimation in Maize Plants. *J. Plant Physiol.* **2005**, *162*, 1114–1122. [CrossRef]
8. Habib, N.; Ali, Q.; Ali, S.; Tariq Javed, M.; Haider, M.Z.; Perveen, R.; Shahid, M.R.; Rizwan, M.; Abdel-Daim, M.M.; Elkelish, A.; et al. Use of Nitric Oxide and Hydrogen Peroxide for Better Yield of Wheat (*Triticum aestivum* L.) under Water Deficit Conditions: Growth, Osmoregulation, and Antioxidative Defense Mechanism. *Plants* **2020**, *9*, 285. [CrossRef]
9. Sánchez-Rodríguez, E.; Moreno, D.A.; Ferreres, F.; Rubio-Wilhelmi, M.D.M.; Ruiz, J.M. Differential Responses of Five Cherry Tomato Varieties to Water Stress: Changes on Phenolic Metabolites and Related Enzymes. *Phytochemistry* **2011**, *72*, 723–729. [CrossRef]
10. Sánchez-Rodríguez, E.; Rubio-Wilhelmi, M.d.M.; Blasco, B.; Leyva, R.; Romero, L.; Ruiz, J.M. Antioxidant Response Resides in the Shoot in Reciprocal Grafts of Drought-Tolerant and Drought-Sensitive Cultivars in Tomato under Water Stress. *Plant Sci.* **2012**, *188–189*, 89–96. [CrossRef] [PubMed]
11. Živanović, B.; Komić, S.M.; Tosti, T.; Vidović, M.; Prokić, L.; Jovanović, S.V. Leaf Soluble Sugars and Free Amino Acids as Important Components of Absciscic Acid—Mediated Drought Response in Tomato. *Plants* **2020**, *9*, 1147. [CrossRef]
12. FAOSTAT Food and Agriculture Organization of the United Nations. Available online: <https://www.fao.org/faostat/en/#data/QCL> (accessed on 5 February 2023).
13. Hoagland, R.; Arnon, D.I. The Water-Culture Method for Growing Plants without Soil. *Circular* **1950**, *347*, 39.
14. Demmig, B.; Winter, K.; Krüger, A.; Czygan, F.-C. Photoinhibition and Zeaxanthin Formation in Intact Leaves. *Plant Physiol.* **1987**, *84*, 218–224. [CrossRef] [PubMed]
15. Murchie, E.H.; Lawson, T. Chlorophyll Fluorescence Analysis: A Guide to Good Practice and Understanding Some New Applications. *J. Exp. Bot.* **2013**, *64*, 3983–3998. [CrossRef] [PubMed]
16. Rama Devi, S.; Prasad, M.N. Copper Toxicity in *Ceratophyllum demersum* L. (Coontail), a Free Floating Macrophyte: Response of Antioxidant Enzymes and Antioxidants. *Plant Sci.* **1998**, *138*, 157–165. [CrossRef]
17. Alexieva, V.; Sergiev, I.; Mapelli, S.; Karanov, E. The Effect of Drought and Ultraviolet Radiation on Growth and Stress Markers in Pea and Wheat. *Plant Cell Environ.* **2001**, *24*, 1337–1344. [CrossRef]
18. Kar, M.; Mishra, D. Catalase, Peroxidase, and Polyphenoloxidase Activities during Rice Leaf Senescence. *Plant Physiol.* **1976**, *57*, 315–319. [CrossRef] [PubMed]
19. Bradford, M.M. A Rapid and Sensitive Method for the Quantitation of Microgram Quantities of Protein Utilizing the Principle of Protein-Dye Binding. *Anal. Biochem.* **1976**, *72*, 248–254. [CrossRef]
20. Beauchamp, C.; Fridovich, I. Superoxide Dismutase: Improved Assays and an Assay Applicable to Acrylamide Gels. *Anal. Biochem.* **1971**, *44*, 276–287. [CrossRef] [PubMed]

21. Peixoto, P.H.P.; Cambraia, J.; Sant'Anna, R.; Mosquim, P.R.; Moreira, M.A. Aluminum Effects on Lipid Peroxidation and on the Activities of Enzymes of Oxidative Metabolism in Sorghum. *Rev. Bras. Fisiol. Veg.* **1999**, *11*, 137–143.
22. Teisseire, H.; Guy, V. Copper-Induced Changes in Antioxidant Enzymes Activities in Fronds of Duckweed (*Lemna minor*). *Plant Sci.* **2000**, *153*, 65–72. [\[CrossRef\]](#)
23. Nakano, Y.; Asada, K. Hydrogen Peroxide Is Scavenged by Ascorbate-Specific Peroxidase in Spinach Chloroplasts. *Plant Cell Physiol.* **1981**, *22*, 867–880. [\[CrossRef\]](#)
24. Bonoli, M.; Verardo, V.; Marconi, E.; Caboni, M.F. Antioxidant Phenols in Barley (*Hordeum vulgare* L.) Flour: Comparative Spectrophotometric Study among Extraction Methods of Free and Bound Phenolic Compounds. *J. Agric. Food Chem.* **2004**, *52*, 5195–5200. [\[CrossRef\]](#) [\[PubMed\]](#)
25. Bates, L.S.; Waldren, R.P.; Teare, I.D. Rapid Determination of Free Proline for Water-Stress Studies. *Plant Soil* **1973**, *39*, 205–207. [\[CrossRef\]](#)
26. Suksom, W.; Wannachai, W.; Boonchiangma, S.; Chanthai, S.; Srijaranai, S. Ion Chromatographic Analysis of Monosaccharides and Disaccharides in Raw Sugar. *Chromatographia* **2015**, *78*, 873–879. [\[CrossRef\]](#)
27. Kaur, G.; Asthir, B. Proline: A Key Player in Plant Abiotic Stress Tolerance. *Biol. Plant.* **2015**, *59*, 609–619. [\[CrossRef\]](#)
28. Zahoor, R.; Zhao, W.; Abid, M.; Dong, H.; Zhou, Z. Potassium Application Regulates Nitrogen Metabolism and Osmotic Adjustment in Cotton (*Gossypium hirsutum* L.) Functional Leaf under Drought Stress. *J. Plant Physiol.* **2017**, *215*, 30–38. [\[CrossRef\]](#) [\[PubMed\]](#)
29. Sperdouli, I.; Moustakas, M. Interaction of Proline, Sugars, and Anthocyanins during Photosynthetic Acclimation of *Arabidopsis thaliana* to Drought Stress. *J. Plant Physiol.* **2012**, *169*, 577–585. [\[CrossRef\]](#)
30. Cao, B.; Ma, Q.; Zhao, Q.; Wang, L.; Xu, K. Effects of Silicon on Absorbed Light Allocation, Antioxidant Enzymes and Ultrastructure of Chloroplasts in Tomato Leaves under Simulated Drought Stress. *Sci. Hortic.* **2015**, *194*, 53–62. [\[CrossRef\]](#)
31. Pinheiro, C.; Chaves, M.M. Photosynthesis and Drought: Can We Make Metabolic Connections from Available Data? *J. Exp. Bot.* **2011**, *62*, 869–882. [\[CrossRef\]](#)
32. Hazrati, S.; Tahmasebi-Sarvestani, Z.; Modarres-Sanavy, S.A.M.; Mokhtassi-Bidgoli, A.; Nicola, S. Effects of Water Stress and Light Intensity on Chlorophyll Fluorescence Parameters and Pigments of *Aloe vera* L. *Plant Physiol. Biochem.* **2016**, *106*, 141–148. [\[CrossRef\]](#) [\[PubMed\]](#)
33. Zhang, Y.; Shi, Y.; Gong, H.; Zhao, H.; Li, L.H.; Hu, Y.; Wang, Y. Beneficial Effects of Silicon on Photosynthesis of Tomato Seedlings under Water Stress. *J. Integr. Agric.* **2018**, *17*, 2151–2159. [\[CrossRef\]](#)
34. Jamaludin, R.; Mat, N.; Mohd, K.S.; Badaluddin, N.A.; Mahmud, K.; Sajili, M.H.; Khandaker, M.M. Influence of Exogenous Hydrogen Peroxide on Plant Physiology, Leaf Anatomy and Rubisco Gene Expression of the *Ficus deltoidea* Jack Var. Deltoidea. *Agronomy* **2020**, *10*, 497. [\[CrossRef\]](#)
35. Neill, S.; Barros, R.; Bright, J.; Desikan, R.; Hancock, J.; Harrison, J.; Morris, P.; Ribeiro, D.; Wilson, I. Nitric Oxide, Stomatal Closure, and Abiotic Stress. *J. Exp. Bot.* **2008**, *59*, 165–176. [\[CrossRef\]](#) [\[PubMed\]](#)
36. Ozaki, K.; Uchida, A.; Takabe, T.; Shinagawa, F.; Tanaka, Y.; Takabe, T.; Hayashi, T.; Hattori, T.; Rai, A.K.; Takabe, T. Enrichment of Sugar Content in Melon Fruits by Hydrogen Peroxide Treatment. *J. Plant Physiol.* **2009**, *166*, 569–578. [\[CrossRef\]](#) [\[PubMed\]](#)
37. Khan, T.A.; Yusuf, M.; Fariduddin, Q. Hydrogen Peroxide in Regulation of Plant Metabolism: Signalling and Its Effect under Abiotic Stress. *Photosynthetica* **2018**, *56*, 1237–1248. [\[CrossRef\]](#)
38. Uchida, A.; Jagendorf, A.T.; Hibino, T.; Takabe, T.; Takabe, T. Effects of Hydrogen Peroxide and Nitric Oxide on Both Salt and Heat Stress Tolerance in Rice. *Plant Sci.* **2002**, *163*, 515–523. [\[CrossRef\]](#)
39. Foyer, C.H.; Bloom, A.J.; Queval, G.; Noctor, G. Photorespiratory Metabolism: Genes, Mutants, Energetics, and Redox Signaling. *Annu. Rev. Plant Biol.* **2009**, *60*, 455–484. [\[CrossRef\]](#) [\[PubMed\]](#)
40. Miyake, C. Alternative Electron Flows (Water-Water Cycle and Cyclic Electron Flow around PSI) in Photosynthesis: Molecular Mechanisms and Physiological Functions. *Plant Cell Physiol.* **2010**, *51*, 1951–1963. [\[CrossRef\]](#)
41. Iqbal, H.; Yaning, C.; Waqas, M.; Rehman, H.; Shareef, M.; Iqbal, S. Hydrogen Peroxide Application Improves Quinoa Performance by Affecting Physiological and Biochemical Mechanisms under Water-Deficit Conditions. *J. Agron. Crop Sci.* **2018**, *204*, 541–553. [\[CrossRef\]](#)
42. Omoarelojie, L.O.; Kulkarni, M.G.; Finnie, J.F.; van Staden, J. Biostimulants and the Modulation of Plant Antioxidant Systems and Properties. In *Biostimulants for Crops from Seed Germination to Plant Development*; Gupta, S., Staden, J.V., Eds.; Elsevier: Amsterdam, The Netherlands, 2021; pp. 333–363.
43. Zhang, J.; Liu, Y.; Li, C.; Yin, B.; Liu, X.; Guo, X.; Zhang, C.; Liu, D.; Hwang, I.; Li, H.; et al. PtoMTAPX Is an Autonomous Lignification Peroxidase during the Earliest Stage of Secondary Wall Formation in *Populus tomentosa* Carr. *Nat. Plants* **2022**, *8*, 828–839. [\[CrossRef\]](#)
44. Deng, Y.; Lu, S. Biosynthesis and Regulation of Phenylpropanoids in Plants. *CRC Crit. Rev. Plant Sci.* **2017**, *36*, 257–290. [\[CrossRef\]](#)
45. Spormann, S.; Nadais, P.; Sousa, F.; Pinto, M.; Martins, M.; Sousa, B.; Fidalgo, F.; Soares, C. Accumulation of Proline in Plants under Contaminated Soils—Are We on the Same Page? *Antioxidants* **2023**, *12*, 666. [\[CrossRef\]](#)
46. Mariette, A.; Kang, H.S.; Heazlewood, J.L.; Persson, S.; Ebert, B.; Lampugnani, E.R. Not Just a Simple Sugar: Arabinose Metabolism and Function in Plants. *Plant Cell Physiol.* **2021**, *62*, 1791–1812. [\[CrossRef\]](#) [\[PubMed\]](#)

47. He, C.; Yu, Z.; Teixeira Da Silva, J.A.; Zhang, J.; Liu, X.; Wang, X.; Zhang, X.; Zeng, S.; Wu, K.; Tan, J.; et al. DoGMP1 from *Dendrobium officinale* Contributes to Mannose Content of Water-Soluble Polysaccharides and Plays a Role in Salt Stress Response. *Sci. Rep.* **2017**, *7*, 41010. [[CrossRef](#)] [[PubMed](#)]
48. Li, Z.; Yong, B.; Cheng, B.; Wu, X.; Zhang, Y.; Zhang, X.; Peng, Y. Nitric Oxide,  $\gamma$ -Aminobutyric Acid, and Mannose Pretreatment Influence Metabolic Profiles in White Clover under Water Stress. *J. Integr. Plant Biol.* **2019**, *61*, 1255–1273. [[CrossRef](#)] [[PubMed](#)]
49. Gilbert, L.; Alhagdow, M.; Nunes-Nesi, A.; Quemener, B.; Guillon, F.; Bouchet, B.; Faurobert, M.; Gouble, B.; Page, D.; Garcia, V.; et al. GDP-d-Mannose 3,5-Epimerase (GME) Plays a Key Role at the Intersection of Ascorbate and Non-Cellulosic Cell-Wall Biosynthesis in Tomato. *Plant J.* **2009**, *60*, 499–508. [[CrossRef](#)]
50. Xu, Q.; Chen, S.; Yunjuan, R.; Chen, S.; Liesche, J. Regulation of Sucrose Transporters and Phloem Loading in Response to Environmental Cues. *Plant Physiol.* **2018**, *176*, 930–945. [[CrossRef](#)]
51. Wilhelm, C.; Selmar, D. Energy Dissipation Is an Essential Mechanism to Sustain the Viability of Plants: The Physiological Limits of Improved Photosynthesis. *J. Plant Physiol.* **2011**, *168*, 79–87. [[CrossRef](#)]

**Disclaimer/Publisher’s Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.