

Review



# Effects of Sheep Grazing Systems on Water Quality with a Focus on Nitrate Leaching

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Abstract: This article reviews the literature on nitrate leaching under sheep grazing systems and focuses on identifying future research needs. Urinary nitrogen (N) is an important source of the nitrate leached from pastoral agriculture. Urinary N excretion can be measured or simulated using models and has been well characterised for dairy systems. It is difficult to continuously monitor the urinary N excretion of sheep under field conditions; consequently, measurements of N excretion in sheep urine are limited. Urination events by sheep vary greatly in volume (0.5 L to 6.9 L), concentration (3 to 13.7 g N/L), and frequency (8 to 23 events/day); this variation results in a corresponding variation in N loading rates in urine patches. The amount of nitrate leached under pastures grazed by sheep has typically varied between 1 and 50 kg N/ha/year, but rates as high as 300 kg N/ha/year have been reported. The quantity of nitrate leached under sheep depends on the season, climate, quantity and timing of drainage, the interaction between forage production and stocking rate, fertiliser applied, N fixation by legumes, forage type, and grazing management. The majority of studies examining nitrate leaching under sheep grazing systems are more than 20 years old; so, there is little recent information on nitrate leaching under modern pasture-based sheep production systems. Further research is required to quantify nitrate leaching levels under current sheep farming practices, to understand the impacts of this leaching on water quality, and to help identify effective strategies to reduce the transfer of N from grazed paddocks to receiving water bodies. This additional information will help provide information for decision support tools, including models and management practices, to help sheep farmers minimise their impact on the aquatic environment.

Keywords: climate; nitrogen; pasture system; season; soil; urine

# 1. Introduction

Nitrogen (N) losses in drainage and runoff from agricultural soils, particularly from intensively grazed pasture, can be a significant cause of water quality deterioration in many parts of the world [1–5]. Nitrate (NO<sub>3</sub><sup>-</sup>) is the most common form of N in drainage water [6,7]. At higher concentrations (>11.3 mg N/L), nitrate can be hazardous to human health and aquatic life [3]: more problematically, a relatively small concentration of nitrate can promote undesirable biological growth, which following eutrophication, results in a deterioration in water quality [3]. Nitrate has a negative charge and is repelled by cation exchange sites on the soil surface [8]; therefore, it is easily leached when water drains through soil [3]. In comparison, ammonium (NH<sub>4</sub><sup>+</sup>) does not generally move far within the soil profile because it is attracted to cation exchange sites [6,7].

Nitrogen cycling in a grazing system is influenced by the grazing animal's diet and the partitioning of ingested N within the animal [9]. Generally, between 75 and 95% of ingested N is returned to the soil, and approximately 70% of this N is excreted in urine

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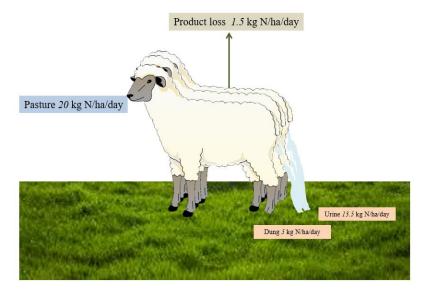
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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/). (Figure 1) [6]. Thus, the primary source of nitrate leached from grazed pasture is livestock urine (Figure 1) [6]. Nitrogen in faeces is present in more complex organic forms that are less rapidly mineralised; therefore, it is not a significant contributor to nitrate leaching [10].



**Figure 1.** Nitrogen (N) transfer in a sheep grazing system, for one day's grazing assuming 533 sheep/ha ingesting 800 kg DM pasture @ 2.5% N. Based on Haynes and Williams [6].

Nitrate leaching is widely believed to be significantly lower under sheep farming than dairy cow systems [9,11]. However, in order to remain economically viable, sheep production systems in New Zealand, particularly those on flat or undulating landscapes, have intensified over time, with greater use of N fertiliser and higher stocking rates [12]. Therefore, it is likely that nitrate leaching rates from the current sheep systems are greater than those previously reported in New Zealand, necessitating a reassessment of N losses, especially under intensive grazing practices. Currently, there are no long-term studies of nitrate leaching from modern pastoral-based sheep production systems in New Zealand. Due to the potentially adverse environmental effects of intensive farming on water quality [13], some regional councils have placed nitrate leaching caps on dairy farms [14]. In the future, these restrictions may be extended to other livestock industries, including intensive sheep farming. Therefore, knowledge of potential leaching rates and mitigation measures will be of benefit.

This review aims to explicitly examine the current knowledge of N excretion in sheep urine and how urination behaviour and other factors determine the extent of nitrate leaching under sheep grazing systems. Further, it aims to identify the areas of research and development that are required to enhance the knowledge and understanding of nitrate leaching under modern sheep grazing systems, including N application/loading, grazing management, and alternative pastures.

# 2. Measurements of Nitrate Leaching under Sheep Grazing Systems

The few studies to date that have measured nitrate leaching under typical sheep grazing conditions have mostly used soil core samples, suction cups, or lysimeter methods and have reported nitrate leaching rates ranged from 2 to 94 kg N/ha/year (Table 1). Nitrate leaching rates greater than 100 kg N/ha were reported in New Zealand, when the N fertiliser level was above 200 kg N/ha (Table 1). In contrast, in a UK study [5], the nitrate leaching rate remained below 50 kg N/ha, even when the N fertiliser rate was above 200 kg N/ha. The few studies that have measured nitrate leaching from mole and pipe drains (Table 2) have reported nitrate leaching ranging from 8.6 to 50 kg N/ha/year [15–17]. In studies of mole and pipe drainage, nitrate leaching under different N fertiliser rates (0, 50, and 120 kg N/ha) were compared [15–17]; no differences in nitrate leaching were found between no N fertiliser and the other two moderate N application rates.

Summarising Table 1, nitrate leaching under sheep grazing varies depending on the amount of fertiliser applied [18], the level of soil fertility [19], the amount of N fixed by legumes in the pasture [20], and the stocking rate [21]. The following sections discuss what is or is not known regarding the factors affecting leaching levels under sheep grazing.

#### 3. Sheep Urination

Nitrogen losses under grazing systems are primarily driven by the amount of urinary N excreted by animals [9] for a particular soil type, climate context, and the season of the urinary N return. For example, although the N content in urine in spring may be relatively high, it may not significantly impact nitrate leaching due to rapid pasture growth and associated N uptake at this time of the year [22]. The total quantity of N deposited in sheep urine patches over a given period is influenced by the concentration of N in the urine, the number of urination events, the volume of urine voided at each urination event, and the size of the urination patch [6]. Sheep urination events under grazing conditions are highly variable in volume, concentration, and frequency [23–25]. This variation can lead to larger differences in urine N loading to soils [26].

Currently, information on sheep urination events under pastoral grazing conditions is limited due to the difficulty of continuously monitoring urination by sheep [25,27]. Consequently, most data have been derived from indoor full-collection studies in which animals are penned for sampling [28–31]. However, some studies have utilised sensors (thermistors) in conjunction with GPS to determine the spatial distribution of sheep urination events [23]. In dairy cattle, advanced technologies, including sensors and urine meters, have been successfully utilised to measure urination behaviour, including urine volume and frequency [32]. Triaxial accelerometer sensors are beginning to be trialled on sheep [33]. If successful, these technologies would allow more comprehensive studies of sheep urination behaviour to be undertaken under field conditions.

| Reference                  | Soil Texture    | Stocking Rate or<br>Urine Application                 | Fertiliser N<br>Applied kg N/ha | Drainage<br>mm | Total Nitrate N<br>Leached<br>(kg N/ha) |
|----------------------------|-----------------|---|---------------------------------|----------------|---|
| New Zealand                |                 |   |                                 |                |   |
| Monaghan et al.<br>[34]    | Silt loam       | Sheep urine applied equivalent<br>to 265 kg N/ha      | 0                               | 7–136          | 19–37                                   |
| Hoogendoorn et<br>al. [11] | Sand            | Rotational grazing of sheep for<br>many days          | 0                               | 100            | 20–31                                   |
| Hoogendoorn et<br>al. [18] | Silty clay loam |   | 0                               |                | 47–74                                   |
|                            | to clay loam    | Rotational grazing of non-lac-                        | 100                             |                | 43-67                                   |
|                            |                 | tating ewes (200–250 ewes/ha                          | 200                             |                | 37–94                                   |
|                            |                 | for 3–4-day grazing and 10–14                         | 300                             |                | 113–176                                 |
|                            |                 | times/year)   | 400                             |                | 152-227                                 |
|                            |                 |   | 500                             |                | 235–315                                 |
|                            |                 |   | 750                             |                | 238–368                                 |
| Williams and<br>Haynes [9] | Silt loam       | Sheep urine equivalent to 290<br>kg N/ ha (5.6 g N/L) |                                 |                | 3–16                                    |
| Di and Cameron<br>[35]     | Silt loam       | Cow urine equivalent to sheep urine                   | 20                              |                |   |

**Table 1.** Summary of nitrate nitrogen (N) leaching in sheep grazing pasture systems measured using lysimeter or ceramic cups at different depths.

|                     |            | Urine N applied at the rates of<br>300 kg N/ha<br>Urine N applied at the rates of<br>300 kg N/ha + DCD |         |         | 59.7<br>9.9 |
|---------------------|------------|--|---------|---------|-------------|
| Australia           |            |  |         |         |             |
| Melland et al. [36] | Chromosols | 26 SU/ha at set stocking high P  |         |         | 5.8-7.7     |
|                     |            | 19 SU/ha at set stocking low P   |         |         | 3.5–5.2     |
|                     |            | 27–28 SU/ha at rotational graz-  |         |         | 3.2–5       |
|                     |            | ing high P   |         |         |             |
|                     |            | 27–28 SU/ha at rotational graz-<br>ing high P  |         |         | 4.6-5.1     |
| UK                  |            | nig night i  |         |         |             |
|                     |            | PreWL: 2859 days, PostWL:  |         |         |             |
| Cuttle et al. [37]  | Stony loam | 6280 days  | 0       | 454–696 | 6–33        |
|                     |            | PreWL: 2233 days, PostWL:  |         |         |             |
|                     |            | 3028 days  | 152–198 |         | 2–25        |
|                     | Fine loam  | Ewes + PreWL 18.8 unit/ha,   | 0       |         | F 4 10 0    |
| Cuttle et al. [5]   |            | PostWL: 24.9 lambs/ha  |         |         | 5.4–13.3    |
|                     |            | Ewes + PreWL 21.6 unit/ha,   | 398     |         | 5.6         |
|                     |            | PostWL: 25.2 lambs/ha  | 398     |         | 5.6         |
|                     |            | Ewes + PreWL 18.8 unit/ha,   | 467     |         | 13.6        |
|                     |            | PostWL: 22.7 lambs/ha  | 407     |         | 15.0        |
|                     |            | Ewes + PreWL 17.8 unit/ha,   | 462     |         | 10.3        |
|                     |            | PostWL: 25.7 lambs/ha  | 402     |         | 10.5        |
| Cuttle et al. [38]  | Fine loam  | Continuous stocking of ewes  | 0       | 454–692 | 6–34        |
|                     |            | and lambs  | 152–197 |         | 8-46        |

SU: stocking unit; Pre-weaning lambs: PreWL; Post-weaning lambs: PostWL.

**Table 2.** Summary of nitrate nitrogen (N) leaching in sheep grazing pasture systems measured using mole and pipe drainage systems.

| Reference           | Soil Texture | Stocking Rate or<br>Urine Application        | Fertiliser N<br>Applied kg N/ha | Drainage<br>mm | Total Nitrate N<br>Leached<br>(kg N/ha) |
|---------------------|--------------|--|---------------------------------|----------------|---|
| New Zealand         |              |  |                                 |                |   |
| Heng et al. [15]    | Silt loam    | No grazing                                   | 0                               | 87-304         | 8.6-12.6                                |
|                     |              | 40–50 sheep grazed one week                  | 50                              | 100-118        | 14.9–19.7                               |
| Magesan et al. [16] | Silt loam    | No grazing                                   | 0                               | 304-339        | 9–23                                    |
|                     |              | No grazing                                   | 50                              | 257-300        | 13–17                                   |
|                     |              | Intensively grazed by sheep for several days | 0                               | 118–266        | 19–50                                   |
|                     |              | Intensively grazed by sheep for several days | 50                              | 100–236        | 15–44                                   |
| White et al. [17]   | Silt loam    | 40 sheep for one week                        | 0                               |                | 35                                      |
|                     |              | 40 sheep for one week                        | 120                             |                | 23                                      |
|                     |              | 21 sheep for 5 days                          | 0                               |                | 43                                      |
|                     |              | 21 sheep for 5 days                          | 120                             |                | 17                                      |

3.1. Urine Volume

Indoor sheep studies utilising metabolic crates report a wide range in total daily urinary volume, ranging from 0.5 L to 6.9 L/day [25]. Urine volume is influenced by season and forage type [25,30,31]. Under field conditions, Doak [39] reported that the average daily urine volume usually varied between 1.7 and 3.8 L. Maximum daily urine volumes (11 L/day) were observed in October (spring); this was a reflection of high foliage water content [39]. However, in a recent UK study, ewes grazing ad libitum on a perennial ryegrass dominated sward had greater individual urine event volumes and daily urine volumes during a hot autumn (mean temperature of 16.4 °C, 377 mL urine/event, and 3.13 L urine/day) compared to a cool summer (mean temperature of 14.5 °C, 239 mL urine/event, and 2.02 L urine/day) or spring (mean temperature of 11.3 °C, 177 mL urine/event, and 2.03 L urine/day) [25]. They suggested that feed and water intake could be drivers for these differences in the production of urine volume [25], but these factors were not measured. Recent studies have shown that forage species, such as plantain, influence urinary volume, which is discussed in detail in later sections (Section 6).

Measuring the urine volume of sheep is a very laborious process and usually involves placing animals in metabolic crates [27]. Currently, it is not practical to collect accurate measurements of urine volume from sheep under pastoral grazing conditions and so alternative indicators are often employed. Muscle creatinine (a metabolite formed in muscle by removing water from creatinine phosphate) is produced daily at what is thought to be a constant rate, determined by the sheep's live weight (per kilogram of animal muscle mass), and is exclusively excreted via urine [27]. Therefore, measurements of urine creatinine concentration along with the ratio of daily creatinine excretion per unit of live weight (LW) are commonly used to predict daily urine output (L/day). This method has predicted values of 1.4 to 7.6 L/day (Table 3). However, Jonker et al. [40] have recently indicated that creatinine excretion per kg of body weight is not as constant as initially thought, leading to underestimations of the urine output of sheep fed with low DM forage crops. Accordingly, they attempted to develop a model using multiple data inputs to improve the prediction of sheep's daily urine output [40]. However, when these equations were applied to creatinine concentrations based on spot urine samples collected in the authors' study [41], predicted urine volumes ranged from 0.5 to 49 L/day (see Table 3). It would appear that all of the equations that use measurements of creatinine concentration to predict sheep urinary N output lack consistency and often produce unrealistic values (i.e., well above 10 L/day). If spot urine samples are to be successfully used to predict total urine output (based on creatinine), further studies are required to understand how creatinine excretion is influenced by the time of the day, forage type, water intake, animal live weight, and physiological stage.

# 3.2. Urine N Concentration

Nitrogen concentration in urine is another primary determinant of soil N loading rates via urine patches [24]. The concentration of N excreted in each urination event depends on the amount of excess metabolised N excreted and urine volume [24]. Therefore, understanding N concentrations in sheep urine helps to explain N leaching rates. Across several studies, the N concentration of sheep urine has been shown to vary from 3 to 13.7 g N/L (Table 4). Urine N concentration appears to vary with pasture type, N intake, water intake, season, and animal reproductive status [42]. Increasing N intake has been shown to increase the excretion of urine N; however, high N feeds do not necessarily correspond to higher urine N concentration, because it also depends on the water intake [42]. The effect of forage species on sheep urine N concentration is explained in Section 6.

Hoogendoorn et al. [24] measured the N concentration of urine from ewes (12- to 18month-old) grazing a ryegrass/cocksfoot-based pasture over three periods for three consecutive days during spring and autumn. They observed variations in N concentration between individual urination events within days, between days, and between individual sheep. Their study showed higher urinary N concentration in the afternoon relative to the morning [24]. The reason for this variation was not explained by Hoogendoorn et al. [24], but previous studies have shown that the water-soluble carbohydrates (WSC) and CP contents of pastures fluctuated throughout the day, with a lower WSC/CP ratio in the morning and higher in the afternoon [43]. Therefore, a significant intake of reduced WSC pastures in the morning may lead to an increase in the N concentration in the urine excreted during the afternoon. Variation in morning and afternoon N concentrations are not likely to affect annual leaching. However, it is important to consider this variation when sampling urine and making comparisons between studies.

# 3.3. Urination Frequency

There are few data on the average daily urination frequency of sheep under grazing conditions. The available data indicate that urination frequency in sheep varies from 8 to 23 events/day [23,25]. In a field study, the frequency of urination recorded using sensors was between 13 and 23 events/day [23] while ewes grazing pasture and placed in pens for six-hour periods to facilitate the capture of urination data, had a mean urination frequency of 9.7 events/day, with a range of 8 to 12 events/day [25]. However, care is required when interpreting these data and extrapolating to 24 h under grazing conditions, as penning itself could affect frequency. Betteridge et al. [23] reported that the frequency of urination in sheep increased from morning (09:00 h) and reached a maximum in the evening (20:00 hrs). This variation across the day might be explained by fluctuations in air temperature [23]. In addition, Betteridge et al. [23] mentioned that as foraging activity increases, sheep urinate more frequently during the day than at night [23]. More studies are required to measure the urination frequency of sheep when roaming and grazing pastures.

**Table 3.** Published equations for predicting daily creatinine excretion (DCE; mg) and urine volume (L/day), including their published ranges (min and max) and calculated DCE values and urine volume using data collected over two years in the authors' study [41] based on these equations (average, min and max in parentheses).

|                       | Sheep                                 |  |                         | Calculated Values <sup>1</sup> |                         |  |
|-----------------------|---------------------------------------|--|-------------------------|--------------------------------|-------------------------|--|
| Reference             | Description<br>(Number of<br>Animals) | Equations  | Literature Val-<br>ues  | DCE (mg) <sup>2</sup>          | Urine Volume<br>(L/day) |  |
|                       |                                       | Daily creatinine excretion   | DCE (mg)                |                                |                         |  |
| Brody [44]            | Ewes (15)                             | Mean daily creatinine excretion (mg)<br>= (12.7 LW <sup>0.896</sup> )                          |                         | 614.8<br>(479.1–751.4)         | 6.7 *<br>(0.45–17.8)    |  |
| Langlands<br>[45]     | Wethers (15)                          | Mean daily creatinine excretion (mg)<br>= 1.825 LW + 305                                       | 801–1466                | 1692<br>(1354–2039)            | 18.4*<br>(1.23–48.6)    |  |
| Langlands<br>[45]     | Ewes (13)                             | Mean daily creatinine excretion (mg)<br>= 1.825 LW + 232                                       | 728–1393                | 1619<br>(1281–1966)            | 17.6 *<br>(1.18–46.8)   |  |
| Field et al.<br>[46]  | Ewes (59)                             | Mean daily creatinine excretion (mg)<br>= 18.16 LW + 93.14                                     | 852–1082                | 1473<br>(1137–1818)            | 16 *<br>(1.09–43)       |  |
|                       |                                       | Urine volume   | Urine volume<br>(L/day) |                                |                         |  |
| McGusty<br>[31]       | Hoggets (20)                          | Urine output (mL/day) = (-1271.4 *<br>creatinine concentration (mmol/L)) +<br>6289.9           | 3.0-7.0                 |                                | 5.0<br>(0–10.0)         |  |
| Jonker et<br>al. [40] | Ewes (155)                            | ln urine output (L/day) = 5.474 –<br>0.8718 ln creatinine concentration<br>(mg/L) + 0.01663 LW | 1.4–7.6                 |                                | 15.6<br>(1.7–41.6)      |  |

<sup>1</sup> Data calculated based on the six published equations.; <sup>2</sup> Daily creatinine excretion was calculated using the live weight (LW) of the ewes (mixed ages between 2 and 4 years old) and the creatinine concentration of the spot urine samples collected over two years in the authors' study [41].; \* Calculated urine volume =  $\frac{\text{urinary creatinine excretion (mg/kg daily of LW) × LW (kg)}{\text{creatinine concentration (mg/deciliter)}}$  [27].

| Reference                      | Type of<br>Sheep | Method of Urine Collection           | Urine Vol-<br>ume<br>(L/day) | Urine N<br>Concentration<br>(g N/L) | Urinary N<br>Excretion<br>(g N/day) |
|--------------------------------|------------------|--------------------------------------|------------------------------|-------------------------------------|-------------------------------------|
| New Zealand                    |                  |                                      |                              |                                     |                                     |
| Doak [39]                      | Wethers          | Outdoor study (Electrical counters)  | 2.9                          | 8.68                                |                                     |
| Ledgard et al. [47]            | Ram lambs        | Indoor study (Metabolic crates)      | 2                            |                                     |                                     |
| Hoogendoorn et al. [24]        | Ewe              | Outdoor study (Airway obstruction)   |                              | 5.2–9.6                             |                                     |
| Jonker et al. [28]             | Wethers          | Indoor study (Metabolic crates)      |                              |                                     | 9.2–20.8                            |
| O'Connell et al. [30]          | Ewe lambs        | Indoor study (Metabolic crates)      | 2.9-4.6                      |                                     |                                     |
| Lindsay [29]                   | Ewe lambs        | Indoor study (Metabolic crates)      | 2.5-3.3                      | 3.0-5.0                             |                                     |
| McGusty [31]                   | Ewe lambs        | Indoor study (Metabolic crates)      | 1.7–3.8                      |                                     |                                     |
| Al-Marashdeh et al. [48]       | Ram lambs        | Outdoor study (Airway obstruction)   |                              |                                     | 17.8–19.7                           |
| Australia<br>Lynch et al. [49] | Ewes             | Outdoor study (Catheters)            | 1.75                         |                                     |                                     |
| UK                             |                  |                                      |                              |                                     |                                     |
| Field et al. [46]              | Ewe              |                                      |                              |                                     | 6.0-22.2                            |
| Bristow et al. [50]            | Ewes             | Outdoor study (Polythene buckets)    |                              | 3.0-13.7                            |                                     |
| Marsden et al. [25]            | Ewes             | Partial outdoor study (Pens outside) | 0.5-6.9                      | 4.5-7.0                             | 9.8–26.7                            |
| David et al. [27]              | Ewe              | Indoor study (Metabolic crates)      | 2.2–2.7                      |                                     |                                     |

**Table 4.** Individual and total urine volume (L/day), urine nitrogen (N) concentration (g N/L), and urinary N excretion (g N/day) of sheep grazing pasture measured at various stages using various techniques.

# 3.4. Urine Patch Area

Many variables determine the size of the urine patch. These factors include urine volume, soil moisture content, soil surface microtopography, the presence and size of pores open to the soil surface, vegetation cover, slope, and wind [6]. Williams and Haynes [9] used bromide to trace the physical movement of sheep urine through a silt loam to determine the shape and size of the soil volume wetted by urine. They reported that sheep urine moved in both horizontal and vertical directions in the soil profile (the soil water content ranged from 20 to 30%), covering an area of 0.043–0.055 m<sup>2</sup>, and a maximum depth of 0.15 m [9]. Other studies using <sup>15</sup>N-labelled urine reported similar urinary spot areas (0.03–0.05 m<sup>2</sup>) [39].

If we assume sheep grazing at a set stocking rate of 12 ewes per ha per year, then the area covered in urine spots will be 8.64 m<sup>2</sup> (12 ewes × 16 urination × 0.045 m<sup>2</sup>) after 24 h of grazing. Assuming there is no overlap of urine patches, then after a year of grazing, urine deposition will cover approximately 32% of the pasture area (8.64 m<sup>2</sup> × 365 days × 0.0001 ha/m<sup>2</sup>).

## 4. Impact of Climate and Pasture Uptake on Nitrate Leaching

Environmental conditions (temperature, soil moisture, and rainfall) and soil characteristics (soil texture, drainage class, and soil temperature) are among the primary factors that determine the magnitude of N losses from animal excreta [51]. Soon after urination, hydrolyses converts urea N to ammonium, and this is mostly completed within 24 h of deposition. Some ammonium may be recovered by plants, lost as ammonia, or immobilised in soil organic matter, but most is nitrified within about two weeks of deposition [51,52].

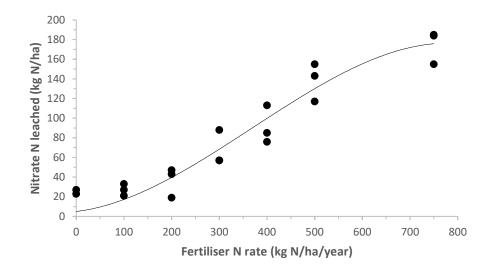
The quantity of nitrate leached in drainage water depends on the nitrate content in the soil profile, the volume of drainage, and how drainage water moves through the pore volume [53]. The total quantity of drainage is determined principally by climate. In temperate regions, drainage does not typically occur in summer and early autumn, due to the high evaporation rate and lower rainfall, and most leaching occurs over winter and early spring when the volume of drainage is greatest [16]. In general terms, for farms of comparable stocking rate and performance, the magnitude of nitrate leaching will increase with increasing rainfall [54]. As drainage quantity increases, there is more water movement to depth, which will leach nitrate from the profile [13]. This is particularly so for coarse-textured soils where larger quantities of drainage will 'flush' the pore space more often than is the case for fine-textured soils [13,42].

In addition, the quantity of nitrate available for leaching is also affected by the interactions between season and climate, plant uptake, soil fertility and fertiliser application, and stocking rate and urination traits [3].

Pasture production in New Zealand peaks in spring due to good soil moisture levels, increasing soil temperatures and increasing day length [55] and is lower during late autumn and winter due to cooler temperatures [56]. The rate at which any particular plant takes up nitrate depends on plant growth rate, the depth and vigour of its roots, soil temperature, and general soil health [35]. When the soil temperature is lower than 7 °C, the growth of forages slows, and the plant's absorption of N is significantly reduced. If pasture growth is slow and drainage events occur, the potential for nitrate leaching is greater [35]. Thomas et al. [51] measured the fate of sheep urine N (equivalent to  $40-52 \text{ g N m}^{-2}$ ) applied to a grass sward in the United Kingdom (UK) under warm and dry, cool, and cool and wet environmental conditions. They found that when sheep urine was applied under different environmental conditions, the conversion of urine N in the soil followed the same temporal pattern, and nitrate appeared about 14 days after application regardless of season [51]. However, the degree of nitrification varied significantly with the environmental conditions and was greatest under cool conditions when up to 76% of the inorganic soil N was in the form of nitrate, while, in all other environmental conditions, nitrate levels were relatively lower. Although nitrate was relatively low in some circumstances, it was still the major form of inorganic N [51]. Further, Thomas et al. [51] observed that from all the applications, only 10 to 30% of the sheep urine N (at a rate equivalent to 78 kg N/ha) was recovered in pastures. Similarly Ball and Keeney [52] studied the effect of season on average apparent recovery of N in a ryegrass/clover pasture after the application of urine N (at rates equivalent to 300 kg N/ha) under three different environmental conditions (cool-moist, warm-moist, and warm-dry) in New Zealand. They reported that the average recovery rate of urinary N was 30%, with higher (53%) and lower (10%) recovery rates under warm-moist and warm-dry conditions, respectively. A UK study by Cuttle and Bourne [57] mentioned that the recovery percentage of N in the pastures was very low (<0.1%) when urine was applied (equivalent to 300 kg N/ha) in the latter part of autumn. Cuttle and Bourne [57] further reported that approximately 60% (18.6 g N m<sup>-2</sup>) of applied N (30 g N m<sup>-2</sup>) was leached under urine treated plots; in contrast, nitrate leaching was negligible (0.7 g N m<sup>-2</sup>) under untreated plots.

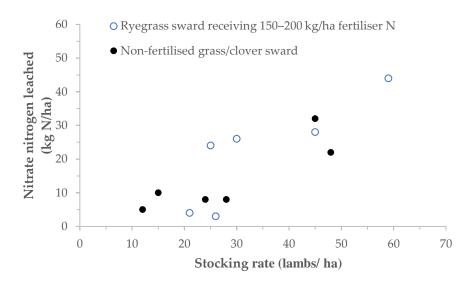
#### 5. Impact of Nitrogen Inputs on Nitrate Leaching

Nitrate leaching under pastoral grazing conditions generally increases with increasing stocking rates and fertiliser rates [58,59]. The direct nitrate leaching of fertiliser N may be low if the timing and rate of fertiliser application are well matched with plant demand [13]. However, additional fertiliser input increases dry matter production, N uptake, and recycling in animal excreta, which leads to an increased risk of N loss to the environment [60]. A recent New Zealand study [18] has shown that nitrate leaching from a sheepgrazed pasture steadily increased as fertiliser N application increased above 100 kg N/ha (Figure 2). It is now prohibited in New Zealand to apply N fertiliser rates above 190 kg N/ha/year to grazed pasture [14]. For sheep pastures, most N application rates would be less than 100 kg N/ha/year; although, as noted, this rate is increasing on some intensively managed farms. However, the high levels of fertiliser N, included in Figure 2, are now not likely to occur in the near future in New Zealand but can be used to compare with nitrate leaching in other temperate countries. In addition, with low to moderate N fertiliser use, urine patches will be the primary source of nitrate leaching. The Parfitt et al. [19] study suggests that, even at a fertiliser rate of 300 kg N/ha, urine patches are still the main source of leaching.



**Figure 2.** Nitrate leached from sheep-grazed pasture systems under different nitrogen (N) fertiliser rates. Data adapted from Hoogendoorn et al. [18].

Although there are numerous suggestions that fertiliser application onto urine-affected areas can lead to an increased risk of nitrate leaching and reduce fertiliser N use efficiency [13], few studies have quantitatively investigated the interactions between the concurrent application of fertiliser N and urine N deposition and nitrate leaching [57]. As shown in Figure 3, there is a clear relationship between fertiliser N rate and stocking rate and nitrate leaching. In a six-year study, which compared nitrate leaching from a perennial ryegrass pasture that received 150 to 200 kg/ha fertiliser N to a ryegrass/white clover pasture that received no N fertiliser, there was a positive relationship between stocking rate (15 to 60 lambs/ha) and the quantity of nitrate leached from both treatments during the following winter (Figure 3). Cuttle and Scholefield [21] explained that stocking rate and, therefore, the proportion of pasture affected by excreta were the main factors determining the magnitude of nitrate leaching. This finding matches the calculation made in Section 3.4 (i.e., a greater number of animals leads to more urine patches and more N loss). However, this depends on the seasonality as well; a lot of stock in spring may not have as much influence as a lot of stock in autumn.



**Figure 3.** Relationship between quantities of annual nitrate nitrogen (N) leached and mean stocking rates (post-weaning) for a ryegrass sward receiving 150 to 200 kg/ha fertiliser N (open symbols) and a non-fertilised grass/clover sward (solid symbols): 1987–1993 (Cuttle et al. [37]; Adapted from Cuttle and Scholefield [21].

It is important to note that New Zealand pastures also receive N from biological N fixation by clovers [1]. The amount of N fixed by legumes per year ranges depending on legume content: with pastures containing 3–40% of white clover fixing N at the rates of 20 to 250 kg N/ha/year [61–63]. In a comparative study between sheep grazing a perennial ryegrass/white clover and a perennial ryegrass monoculture without N fertiliser, Field et al. [20] observed that the amount of nitrate leaching under the ryegrass/white clover sward was about 50% greater than that of a perennial ryegrass monoculture sward. A UK study of sheep-grazed pasture compared nitrate leaching under perennial ryegrass/clover pastures (15% clover component) with a perennial ryegrass monoculture fertilised with approximately 200 kg N/ha/year [37]. The monoculture pastures with N fertiliser had slightly higher nitrate leaching, which was attributed to the difference in stocking rates [37,38]. Stocking rates were higher on the fertiliser treatment and, therefore, nitrate leaching rates were also higher on the fertiliser treatments. Cuttle et al. [37] noted that if the stocking rates are similar, nitrate leaching rates are similar under non-fertilised ryegrass/clover pastures and highly N-fertilised (150 to 200 kg N/ha/year) ryegrass monocultures. This suggests that nitrate leaching depends on the amount of N consumed by sheep rather than the source of N (fertiliser N, urinary N, or N fixed by legume). In support of this argument, Cuttle et al. [38] found that the nitrate leaching was similar in nonfertilised ryegrass/clover pastures treatment and highly N-fertilised treatment under similar rates of N inputs regardless of whether they contained clover or not.

#### 6. Effect of Other Forages on Reducing Nitrate Leaching

The use of alternative forage species to minimise or mitigate nitrate leaching from pastoral systems is gaining increasing interest and research attention. Forage species with high rumen utilisable protein (RUP), which diverts more of the dietary N away from urine [64], or forages with high WSC to CP ratios (e.g., high sugar ryegrass) can help to reduce urine N excretion [65]. A growing body of evidence indicates that, compared to perennial ryegrass/white clover swards, the grazing of plantain can help reduce the N concentration in urine, the amount of urea N excretion in urine, and potentially the nitrification and denitrification rates in soils [64,66–70]. The presence of the secondary compounds [71], smaller DM percentage, and higher mineral load (sodium content) of plantain could potentially cause diuresis [66]. The diuretic effect has been shown to reduce urine N concentration in individual urine patches by increasing the frequency of urination in dairy cows

[66,68]. Recent indoor feeding studies in New Zealand have also shown that intake of plantain causes greater water diuresis in sheep when compared with a diet of ryegrass [29–31]. Sheep that were fed plantain produced 0.8 to 1.9 L (7 to 19%) more urine than sheep that were fed ryegrass [29–31]. In addition, Lindsay [29] noted that sheep that were fed plantain had a lower urine N concentration (2.98 g N/L) compared to sheep fed ryegrass (4.97 g N/L). The interactions of the aforementioned factors likely explain the lower N concentration and higher urinary volume produced by the sheep that were fed plantain by Lindsay [29]. However, the effect of secondary compounds on diuresis was not measured in their study. Although several dairy studies have quantified the benefits of plantain to nitrate leaching [32,72], there is currently limited measurement of the effect of plantain on the amount of nitrate leached under sheep grazing.

Italian ryegrass shows greater N uptake during winter due to its faster growth rate and, therefore, reduces nitrate leaching [73–75]. Studies with dairy cattle have shown that the N uptake by Italian ryegrass in winter was 1.4 to 1.9 times greater than that of perennial ryegrass, and the nitrate leaching was 20 to 50% lower than that of perennial ryegrass [74,76–78]. However, there are few published data on the effects of Italian ryegrass grazing on N leaching under sheep.

#### 7. Summary

This review highlighted existing knowledge of the factors influencing nitrate leaching under sheep grazing pasture systems in New Zealand and other countries and the factors influencing nitrate leaching rates. Further work is required on the following issues:

- 1. Quantifying the excretion of N in sheep urine under grazing conditions.
- 2. Determining the quantity of nitrate leaching under modern sheep farming systems.
- 3. Comparisons of nitrate leaching under alternative pasture species grazed by sheep.
- Formulating accurate models to determine farm-level nitrate leaching under commercial sheep grazing systems.

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