

Table S1. Quality of studies assessed by the QUIPS tool.

RISK OF BIAS						
	Study Participatio n	Study Attritio n	Prognostic Factor Measureme nt	Outcome Measureme nt	Study Confoundin g	Statistica l Analysis and Reportin g
ADRAGÃO ET AL 2008	Moderate	Low	Low	Low	Moderate	Low
AVRAMOS KI ET AL 2013	Low	Low	Low	Low	Moderate	Low
BLACHER ET AL 1999	Low	Low	Low	Low	Moderate	Low
KAWAI ET AL 2012	Moderate	Moderate	Low	Low	Moderate	Low
LONDON ET AL 2001	Moderate	Low	Low	Low	Moderate	Low
MIYANO ET AL 2010	Moderate	Low	Low	Low	Low	Low
PANNIER ET AL 2005	Moderate	Low	Low	Low	Moderate	Low
SEO ET AL 2014	Low	Moderate	Low	Low	Moderate	Low
SHOKAWA ET AL 2005	Low	Low	Low	Low	Low	Low