Amino acids					
BC code	Analyte				
Ala	Alanine				
Arg	Arginine				
Asn	Asparagine				
Asp	Aspartate				
Cit	Citrulline				
Gln	Glutamine				
Glu	Glutamate				
Gly	Glycine				
His	Histidine				
Ile	Isoleucine				
Leu	Leucine				
Lys	Lysine				
Met	Methionine				
Orn	Ornithine				
Phe	Phenylalanine				
Pro	Proline				
Ser	Serine				
Thr	Threonine				
Trp	Tryptophan				
Tyr	Tyrosine				
Val	Valine				
	Biogenic Amines				
Ac-Orn	Acetylornithine				
ADMA	Asymmetric dimethylarginine				
SDMA	Symmetric dimethylarginine				
alpha-AAA	alpha-Aminoadipic acid				
Histamine	Histamine				
Met-SO	Methionine-Sulfoxide				
Kyn	Kynurenine				
Putrescine	Putrescine				
Spermidine	Spermidine				
Spermine	Spermine				
Serotonin	Serotonin				
PEA	Phenylethylamine				
Nitro-Tyr	Nitrotyrosine				
c4-OH-Pro	cis-4-Hydroxyproline				
t4-OH-Pro	trans-4-Hydroxyproline				
Creatinine	Creatinine				
Carnosine	Carnosine				
Taurine	Taurine				

Table S1. Summary of the analyte abbreviations of Biocrates.

DOPA	Dihydroxyphenylalanine				
Dopamin	Dopamin				
Acylcarnitine					
C0	Carnitine (free)				
C2	Acetylcarnitine				
C3	Propionylcarnitine				
C3:1	Propenoylcarnitine				
С3-ОН	Hydroxypropionylcarnitine				
C4	Butyrylcarnitine/Isobutyrylcarnitine				
C4:1	Butenoylcarnitine				
C4-OH (C3-DC)	Hydroxybutyrylcarnitine (Malonylcarnitine)				
C5	Isovalerylcarnitine/2-Methylbutyrylcarnitine/Valerylcarnitine				
C5:1	Tiglylcarnitine/3-Methyl-crotonylcarnitine				
C5:1-DC	Glutaconylcarnitine/Mesaconylcarnitine				
C5-DC (C6-OH)	Glutarylcarnitine (Hydroxyhexanoylcarnitine (= Hydroxycaprovlcarnitine))				
C5-M-DC	Methylglutarylcarnitine				
C5-OH (C3-DC-M)	Hydroxyisovalerylcarnitine/Hydroxy-2-				
	methylbutyryl/Hydroxyvalerylcarnitine (Methylmalonylcarnitine)				
C6 (C4:1-DC)	Hexanoylcarnitine (= Caproylcarnitine) (Fumarylcarnitine)				
C6:1	Hexenoylcarnitine				
C7-DC	Pimelylcarnitine				
C8	Octanoylcarnitine (= Caprylylcarnitine)				
C9	Nonanoylcarnitine (= Pelargonylcarnitine)				
C10	Decanoylcarnitine (= Caprylcarnitine)				
C10:1	Decenoylcarnitine				
C10:2	Decadienoylcarnitine				
C12	Dodecanoylcarnitine (= Laurylcarnitine)				
C12:1	Dodecenoylcarnitine				
C12-DC	Dodecanedioylcarnitine				
C14	Tetradecanoylcarnitine (= Myristylcarnitine)				
C14:1	Tetradecenoylcarnitine (= Myristoleylcarnitine)				
C14:1-OH	Hydroxytetradecenoylcarnitine (= Hydroxymyristoleylcarnitine)				
C14:2	Tetradecadienoylcarnitine				
C14:2-OH	Hydroxytetradecadienoylcarnitine				
C16	Hexadecanoylcarnitine (= Palmitoylcarnitine)				
C16:1	Hexadecenoylcarnitine (= Palmitoleylcarnitine)				
C16:1-OH	Hydroxyhexadecenoylcarnitine (= Hydroxypalmitoleylcarnitine)				
C16:2	Hexadecadienoylcarnitine				
C16:2-OH	Hydroxyhexadecadienoylcarnitine				
C16-OH	Hydroxyhexadecanolycarnitine (= Hydroxypalmitoylcarnitine)				
C18	Octadecanoylcarnitine (= Stearylcarnitine)				
C18:1	Octadecenoylcarnitine (= Oleylcarnitine)				
C18:1-OH	Hydroxyoctadecenoylcarnitine (= Hydroxyoleylcarnitine)				

C18:2	Octadecadienoylcarnitine (= Linoleylcarnitine)				
Lysophosphatidylcholines					
lysoPC a C14:0	Lysophosphatidylcholine with acyl residue C14:0				
lysoPC a C16:0	Lysophosphatidylcholine with acyl residue C16:0				
lysoPC a C16:1	Lysophosphatidylcholine with acyl residue C16:1				
lysoPC a C17:0	Lysophosphatidylcholine with acyl residue C17:0				
lysoPC a C18:0	Lysophosphatidylcholine with acyl residue C18:0				
lysoPC a C18:1	Lysophosphatidylcholine with acyl residue C18:1				
lysoPC a C18:2	Lysophosphatidylcholine with acyl residue C18:2				
lysoPC a C20:3	Lysophosphatidylcholine with acyl residue C20:3				
lysoPC a C20:4	Lysophosphatidylcholine with acyl residue C20:4				
lysoPC a C24:0	Lysophosphatidylcholine with acyl residue C24:0				
lysoPC a C26:0	Lysophosphatidylcholine with acyl residue C26:0				
lysoPC a C26:1	Lysophosphatidylcholine with acyl residue C26:1				
lysoPC a C28:0	Lysophosphatidylcholine with acyl residue C28:0				
lysoPC a C28:1	Lysophosphatidylcholine with acyl residue C28:1				
	Phosphatidylcholines				
PC aa C24:0	Phosphatidylcholine with diacyl residue sum C24:0				
PC aa C26:0	Phosphatidylcholine with diacyl residue sum C26:0				
PC aa C28:1	Phosphatidylcholine with diacyl residue sum C28:1				
PC aa C30:0	Phosphatidylcholine with diacyl residue sum C30:0				
PC aa C30:2	Phosphatidylcholine with diacyl residue sum C30:2				
PC aa C32:0	Phosphatidylcholine with diacyl residue sum C32:0				
PC aa C32:1	Phosphatidylcholine with diacyl residue sum C32:1				
PC aa C32:2	Phosphatidylcholine with diacyl residue sum C32:2				
PC aa C32:3	Phosphatidylcholine with diacyl residue sum C32:3				
PC aa C34:1	Phosphatidylcholine with diacyl residue sum C34:1				
PC aa C34:2	Phosphatidylcholine with diacyl residue sum C34:2				
PC aa C34:3	Phosphatidylcholine with diacyl residue sum C34:3				
PC aa C34:4	Phosphatidylcholine with diacyl residue sum C34:4				
PC aa C36:0	Phosphatidylcholine with diacyl residue sum C36:0				
PC aa C36:1	Phosphatidylcholine with diacyl residue sum C36:1				
PC aa C36:2	Phosphatidylcholine with diacyl residue sum C36:2				
PC aa C36:3	Phosphatidylcholine with diacyl residue sum C36:3				
PC aa C36:4	Phosphatidylcholine with diacyl residue sum C36:4				
PC aa C36:5	Phosphatidylcholine with diacyl residue sum C36:5				
PC aa C36:6	Phosphatidylcholine with diacyl residue sum C36:6				
PC aa C38:0	Phosphatidylcholine with diacyl residue sum C38:0				
PC aa C38:1	Phosphatidylcholine with diacyl residue sum C38:1				
PC aa C38:3	Phosphatidylcholine with diacyl residue sum C38:3				
PC aa C38:4	Phosphatidylcholine with diacyl residue sum C38:4				
PC aa C38:5	Phosphatidylcholine with diacyl residue sum C38:5				
PC aa C38:6	Phosphatidylcholine with diacyl residue sum C38:6				

PC aa C40:1	Phosphatidylcholine with diacyl residue sum C40:1			
PC aa C40:2	Phosphatidylcholine with diacyl residue sum C40:2			
PC aa C40:3	Phosphatidylcholine with diacyl residue sum C40:3			
PC aa C40:4	Phosphatidylcholine with diacyl residue sum C40:4			
PC aa C40:5	Phosphatidylcholine with diacyl residue sum C40:5			
PC aa C40:6	Phosphatidylcholine with diacyl residue sum C40:6			
PC aa C42:0	Phosphatidylcholine with diacyl residue sum C42:0			
PC aa C42:1	Phosphatidylcholine with diacyl residue sum C42:1			
PC aa C42:2	Phosphatidylcholine with diacyl residue sum C42:2			
PC aa C42:4	Phosphatidylcholine with diacyl residue sum C42:4			
PC aa C42:5	Phosphatidylcholine with diacyl residue sum C42:5			
PC aa C42:6	Phosphatidylcholine with diacyl residue sum C42:6			
PC ae C30:0	Phosphatidylcholine with acyl-alkyl residue sum C30:0			
PC ae C30:1	Phosphatidylcholine with acyl-alkyl residue sum C30:1			
PC ae C30:2	Phosphatidylcholine with acyl-alkyl residue sum C30:2			
PC ae C32:1	Phosphatidylcholine with acyl-alkyl residue sum C32:1			
PC ae C32:2	Phosphatidylcholine with acyl-alkyl residue sum C32:2			
PC ae C34:0	Phosphatidylcholine with acyl-alkyl residue sum C34:0			
PC ae C34:1	Phosphatidylcholine with acyl-alkyl residue sum C34:1			
PC ae C34:2	Phosphatidylcholine with acyl-alkyl residue sum C34:2			
PC ae C34:3	Phosphatidylcholine with acyl-alkyl residue sum C34:3			
PC ae C36:0	Phosphatidylcholine with acyl-alkyl residue sum C36:0			
PC ae C36:1	Phosphatidylcholine with acyl-alkyl residue sum C36:1			
PC ae C36:2	Phosphatidylcholine with acyl-alkyl residue sum C36:2			
PC ae C36:3	Phosphatidylcholine with acyl-alkyl residue sum C36:3			
PC ae C36:4	Phosphatidylcholine with acyl-alkyl residue sum C36:4			
PC ae C36:5	Phosphatidylcholine with acyl-alkyl residue sum C36:5			
PC ae C38:0	Phosphatidylcholine with acyl-alkyl residue sum C38:0			
PC ae C38:1	Phosphatidylcholine with acyl-alkyl residue sum C38:1			
PC ae C38:2	Phosphatidylcholine with acyl-alkyl residue sum C38:2			
PC ae C38:3	Phosphatidylcholine with acyl-alkyl residue sum C38:3			
PC ae C38:4	Phosphatidylcholine with acyl-alkyl residue sum C38:4			
PC ae C38:5	Phosphatidylcholine with acyl-alkyl residue sum C38:5			
PC ae C38:6	Phosphatidylcholine with acyl-alkyl residue sum C38:6			
PC ae C40:1	Phosphatidylcholine with acyl-alkyl residue sum C40:1			
PC ae C40:2	Phosphatidylcholine with acyl-alkyl residue sum C40:2			
PC ae C40:3	Phosphatidylcholine with acyl-alkyl residue sum C40:3			
PC ae C40:4	Phosphatidylcholine with acyl-alkyl residue sum C40:4			
PC ae C40:5	Phosphatidylcholine with acyl-alkyl residue sum C40:5			
PC ae C40:6	Phosphatidylcholine with acyl-alkyl residue sum C40:6			
PC ae C42:0	Phosphatidylcholine with acyl-alkyl residue sum C42:0			
PC ae C42:1	Phosphatidylcholine with acyl-alkyl residue sum C42:1			
PC ae C42:2	Phosphatidylcholine with acyl-alkyl residue sum C42:2			

PC ae C42:3	Phosphatidylcholine with acyl-alkyl residue sum C42:3				
PC ae C42:4	Phosphatidylcholine with acyl-alkyl residue sum C42:4				
PC ae C42:5	Phosphatidylcholine with acyl-alkyl residue sum C42:5				
PC ae C44:3	Phosphatidylcholine with acyl-alkyl residue sum C44:3				
PC ae C44:4	Phosphatidylcholine with acyl-alkyl residue sum C44:4				
PC ae C44:5	Phosphatidylcholine with acyl-alkyl residue sum C44:5				
PC ae C44:6	Phosphatidylcholine with acyl-alkyl residue sum C44:6				
Sphingomyelins Analysis					
SM (OH) C14:1	Hydroxysphingomyelin with acyl residue sum C14:1				
SM (OH) C16:1	Hydroxysphingomyelin with acyl residue sum C16:1				
SM (OH) C22:1	Hydroxysphingomyelin with acyl residue sum C22:1				
SM (OH) C22:2	Hydroxysphingomyelin with acyl residue sum C22:2				
SM (OH) C24:1	Hydroxysphingomyelin with acyl residue sum C24:1				
SM C16:0	Sphingomyelin with acyl residue sum C16:0				
SM C16:1	Sphingomyelin with acyl residue sum C16:1				
SM C18:0	Sphingomyelin with acyl residue sum C18:0				
SM C18:1	Sphingomyelin with acyl residue sum C18:1				
SM C20:2	Sphingomyelin with acyl residue sum C20:2				
SM C22:3	Sphingomyelin with acyl residue sum C22:3				
SM C24:0	Sphingomyelin with acyl residue sum C24:0				
SM C24:1	Sphingomyelin with acyl residue sum C24:1				
SM C26:0	Sphingomyelin with acyl residue sum C26:0				
SM C26:1	Sphingomyelin with acyl residue sum C26:1				
	Hexoses				
H1 Glucose					
H1	Aldohexose				
H1	L-Allopyranose				
H1	D-Allose				
H1	D-Allopyranose				
H1	D-Allose				
H1	D-Altropyranose				
H1	D-Glucopyranose				
H1	alpha-D-Glucopyranose				
H1	beta-D-Glucopyranose				
H1	D-Mannopyranose				
H1	alpha-D-Mannopyranose				
H1	L-Gulopyranose				
H1	D-Gulopyranose				
H1	D-Idopyranose				
H1	Alpha-L-Galactopyranose				
H1	alpha-D-Galactopyranose				
H1	beta-D-Galactopyranose				
H1	D-Talose				

H1	D-Talopyranose			
H1	Ketohexose			
H1	D-Psicopyranose			
H1	L-Fructofuranose			
H1	D-Fructose			
H1	D-Fructofuranose			
H1	L-Sorbopyranose			
H1	D-Sorbopyranose			
H1	D-Tagatose			
H1	D-Tagatopyranose			



Figure S1. Multivariate analysis. **A**–**B**: models resulted from the analysis of cerebrospinal fluid (CSF) samples with NMR and GC-MS. The statistical parameters were not significant. **C**–**D**: models resulted from the analysis of serum samples with NMR and GC-MS. Black circles indicate PPMS patients while white boxes indicate RRMS patientsThe statistical parameters were not significant.

Table S2. Statistical parameters of the multivariate models resulting from the analysis of the matrix generated by NMR and GC-MS analysis

		CSF	SERUM	
	Q ²	<i>p</i> -value	Q^2	<i>p</i> -value
NMR	0.01	0.8	-0.001	1
GC-MS	0.12	0.21	0.223	0.13



Figure S2. Graphs of the Spearman Correlation of the metabolites of CSF passing the Holm–Bonferroni correction. R² is reported for each graph.



Figure S3. Graphs of the Spearman Correlation of the metabolites of serum passing the Holm–Bonferroni correction. R² is reported for each graph.