Table 1. List of abbreviations. The abbreviations including in the text are reported alphabetically.

ADHD is one of the most common early dulibudge before the most common early dulibudge before the most common early dulibudge and a combination of these two subtypes. CAP Cycling Alternating Pattern CAP is an EEG activity during NREM sleep that may represent an index of arousal and sleep instability. DSM Diagnostic And Statistical Manual Of Mental Disorders Electroencephalographic/Elect concephalographic/Elect concephalographic/E	Abbreviation	Full form	Definition
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SS Stage Shift Si indicates a transition from a sleep stage to another	SPT		

		High rate of SS may result in complaints of non-restorative sleep.
SWA	Slow Wave Activity	SWA is an EEG synchronized activity ranged from 0.5 to 4.0 Hz. In healthy people, it is maximally expressed during NREM sleep.
SWS	Slow Wave Sleep	SWS refers to the deep NREM sleep, consists of stage 3 and stage 4.
TBT	Total Bed Time	TBT represents the total time in bed.
TST	Total Sleep Time	TST is the amount of time spent asleep from sleep onset to the end of the final sleep epoch. Differently from SPT, this index does not include the wakefulness after sleep onset.
WASO	Wakefulness After Sleep Onset	WASO is the amount of time spent awake, starting from the sleep onset to the last awakening.