

**Supplementary Table S1:** Clarification for Not meeting inclusion/ exclusion criteria (*n* = 49)

<b>Number of patients</b>	<b>Reason for exclusion</b>
9	Type 2 diabetes
5	Diagnosis of hypothyroidism and initiation of replacement therapy for less than 3 months
6	The hematological investigations showed sideropenia
3	Mildly positive ANA antibodies
3	The patients has changed antihypertensive medication for less than 3 months
4	Symptoms remission after challenge-dechallenge-rechallenge test
6	The patients report the onset of symptoms for less than three months
3	Patients under treatment with antidepressants
2	Patients with recent diagnosis of neoplastic pathology
1	Patient with facial nerve palsy (hemiparesis)
5	Patients diagnosed with oral lichen planus
2	Patients with a previous diagnosis of Obstructive Sleep Apnea Syndrome (OSAS)