

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Cheung et al., 2018	+	+	+	+	+	+	+
Cheung et al., 2022	+	+	+	+	+	+	+
Cooke et al. 2010	+	+	+	+	+	+	+
Delphin-Combe et al. 2013	+	+	+	+	+	+	+
Dimitriou et al., 2020	+	+	+	?	+	+	?
Giovagnoli et al., 2017	+	+	+	?	+	+	+
Guétin et al. 2009	+	+	?	?	+	+	+
Liu et al. 2021	+	+	+	+	+	?	+
Pongan et al., 2017	+	+	+	+	+	+	+
Raglio et al., 2008	+	+	+	+	+	+	+
Sánchez et al., 2016	+	?	?	?	+	+	+
Sung et al. 2010	?	?	+	+	+	+	+
Sung et al. 2012	+	+	+	+	+	+	+

Figure S1a. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.

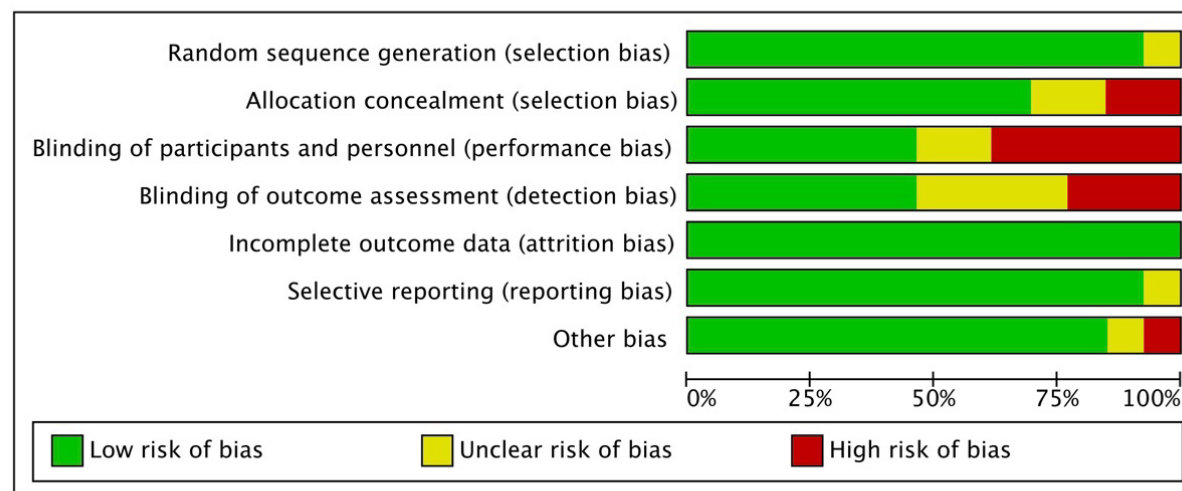


Figure S1b. Percentage of the risk of bias for each study.