Table S4. Quality assessment using Newcastle-Ottawa scale

	Sakai et al, 2018
Selection:	
Representativeness of the exposed cohort	*
Selection of the non-exposed cohort	*
Ascertainment of exposure	*
Demonstration that outcome of interest was not present at start of study	*
Comparability	
Comparability of cohorts on the basis of the design or analysis controlled for confounders	
Outcome	
Assessment of outcome	*
Was follow-up long enough for outcomes to occur?	*
Adequacy of follow-up	
Total	6 stars

Good quality: 3 or 4 stars in selection domain AND 1 or 2 stars in comparability domain AND 2 or 3 stars in outcome/exposure domain. **Fair quality:** 2 stars in selection domain AND 1 or 2 stars in comparability domain AND 2 or 3 stars in outcome/exposure domain. **Poor quality:** 0 or 1 star in selection domain OR 0 stars in comparability domain OR 0 or 1 stars in outcome/exposure domain.