

Table S1: The results of the DASS total score for the field of study.

Field of study								
DASS total score	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons* (p-value)
	I. Arts and humanities	43.51	39.00	28.98	16.16	0.01	0.0028	II vs. III (0.009)
	II. Sciences	46.08	42.00	27.91				
	III. Medicine	36.56	31.00	25.49				
	IV. Engineering	38.24	32.00	26.79				
	V. Social sciences	39.65	35.00	28.14				

* only significant

Table S1.2: The results of the DASS depression scale for the field of study.

Field of study								
DASS Depression Scale	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons* (p-value)
	I. Arts and humanities	15.42	13.00	10.92	19.82	0.01	0.0005	II vs. III (0.012)
	II. Sciences	16.65	16.00	11.44				
	III. Medicine	12.73	10.00	10.01				
	IV. Engineering	14.74	12.00	11.15				
	V. Social sciences	13.93	12.00	10.80				

* only significant

Table S1.3: The results of the DASS anxiety scale for the field of study.

Field of study								
DASS Anxiety Scale	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
	I. Arts and humanities	9.02	6.00	9.63	14.00	-	0.0073	-
	II. Sciences	9.67	6.00	9.21				
	III. Medicine	7.26	4.00	8.00				
	IV. Engineering	7.24	4.00	8.07				
	V. Social sciences	8.52	6.00	8.64				

* only significant

Table S1.4: The results of the DASS stress scale for the field of study.

Field of study								
DASS Stress Scale	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*

	I. Arts and humanities	19.07	19.00	11.63	11.75	-	0.0193	-
	II. Sciences	19.77	20.00	11.12				
	III. Medicine	16.56	16.00	10.73				
	IV. Engineering	16.26	26.00	10.82				
	V. Social sciences	17.19	16.00	11.51				

* only significant

Table S2: The results of the DASS total score for the most prevalent difficulties during pandemics.

What was the most difficult for you during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Total Score	I. Financial instability	38.92	34.00	27.65	87.51	0.0055	0.0000	IV vs. VII (0.000)
	II. Fear of infection of the loved ones	36.05	32.00	24.42				
	III. Isolation	40.30	34.00	27.54				
	IV. Changes awaiting the world after the pandemics	35.69	30.00	25.47				III vs. IX (0.000)
	V. Change of the lifestyle	40.35	35.00	28.44				
	VI. Concern about education	35.02	28.00	27.46				
	VII. Loneliness	51.29	52.00	26.01				VII vs. IX (0.000)
	VIII. Fear of being infected	39.01	32.00	28.34				
	IX. I was not afraid	10.23	4.00	13.85				

* only significant

Table S2.2: The results of the DASS depression scale for the most prevalent difficulties during pandemics.

What was the most difficult for you during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Depression Scale	I. Financial instability	14.29	12.00	11.17	106.69	0.0055	0.000	IV vs. VII (0.000)
	II. Fear of infection of the loved ones	12.04	10.00	9.41				
	III. Isolation	14.30	12.00	10.25				

	IV. Changes awaiting the world after the pandemics	12.62	10.00	10.02				III vs. IX (0.000)
	V. Change of the lifestyle	14.81	12.00	11.27				VII vs. IX (0.000)
	VI. Concern about education	12.13	10.00	9.08				
	VII. Loneliness	12.38	20.00	11.3				
	VIII. Fear of being infected	12.32	10.00	9.74				
	IX. I was not afraid	4.85	2.00	7.09				

* only significant

Table S2.3: The results of the DASS anxiety scale for the most prevalent difficulties during pandemics.

What was the most difficult for you during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Anxiety Scale	I. Financial instability	7.82	6.00	8.31	53.84	0.0055	0.0000	III vs. IX (0.001)
	II. Fear of infection of the loved ones	7.58	6.00	7.67				VII vs. IX (0.000)
	III. Isolation	7.59	4.00	8.94				
	IV. Changes awaiting the world after the pandemics	7.13	4.00	7.90				
	V. Change of the lifestyle	7.67	4.00	8.88				
	VI. Concern about education	7.19	2.00	9.61				
	VII. Loneliness	9.94	8.00	8.38				VIII vs. IX (0.000)
	VIII. Fear of being infected	10.55	6.00	10.10				
	IX. I was not afraid	1.69	1.00	3.91				

* only significant

Table S2.4: The results of the DASS stress scale for the most prevalent difficulties during pandemics.

What was the most difficult for you during pandemics?								
DASS Stress Scale	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*

	I. Financial instability	16.80	16.00	11.71	74.58	0.0055	0.0000	III vs. IX (0.000)
	II. Fear of infection of the loved ones	16.44	16.00	10.37				
	III. Isolation	18.41	18.00	11.34				IV vs. IX (0.000)
	IV. Changes awaiting the world after the pandemics	15.94	14.00	10.71				
	V. Change of the lifestyle	17.89	18.00	11.26				
	VI. Concern about education	15.70	14.00	11.51				VII vs. IX (0.000)
	VII. Loneliness	20.98	22.00	10.41				
	VIII. Fear of being infected	16.15	14.00	11.67				
	IX. I was not afraid	3.69	1.00	5.76				

* only significant

Table S3: The results of the DASS total score for the most prevalent chronic diseases.

Do you have any chronic disease?								
	Group	Mean	Median	SD	Kruskal-Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS total score	I. Mental disorders	58.83	58.00	29.27	44.14	0.0071	0.0000	I vs. VII (0.000)
	II. Thyroid diseases	45.05	40.00	29.16				
	III. Allergy	43.63	37.00	24.81				
	IV. Diabetes	43.60	42.00	22.94				
	V. Asthma	44.82	41.00	28.09				
	VI. Other	43.96	40.00	25.48				
	VII. No	36.66	32.00	26.08				

* only significant

Table S3.2: The results of the DASS depression scale for the most prevalent chronic diseases.

Do you have any chronic disease?								
	Group	Mean	Median	SD	Kruskal-Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Depression Scale	I. Mental disorders	20.88	20.00	11.25	27.02	0.0071	0.008	I vs. VII (0.000)
	II. Thyroid diseases	14.96	12.00	11.56				
	III. Allergy	13.69	11.00	10.33				

	IV. Diabetes	15.47	14.00	10.60				
	V. Asthma	14.67	14.00	10.91				
	VI. Other	15.03	14.00	9.79				
	VII. No	13.12	10.00	10.32				

* only significant

Table S3.3: The results of the DASS anxiety scale for the most prevalent chronic diseases.

Do you have any chronic disease?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Anxiety Scale	I. Mental disorders	14.05	12.00	11.68	43.30	0.0071	0.0000	I vs. VII (0.001)
	II. Thyroid diseases	10.23	8.00	9.68				
	III. Allergy	8.38	6.00	7.73				
	IV. Diabetes	7.73	6.00	7.17				
	V. Asthma	11.41	9.00	10.06				
	VI. Other	9.52	8.00	8.56				
	VII. No	7.22	4.00	7.96				

* only significant

Table S3.4: The results of the DASS stress scale for the most prevalent chronic diseases.

Do you have any chronic disease?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Stress Scale	I. Mental disorders	23.90	24.00	11.68	42.42	0.0071	0.0000	I vs. VII (0.001)
	II. Thyroid diseases	19.86	20.00	11.37				
	III. Allergy	21.56	21.00	10.41				
	IV. Diabetes	20.40	22.00	9.14				
	V. Asthma	18.74	20.00	10.42				
	VI. Other	19.41	20.00	12.67				
	VII. No	17.15	8.00	10.33				

* only significant

Table S4: The results of the DASS total score for the usage of either psychological or psychiatric help before the pandemics outbreak.

Did you use psychological/psychiatric help before the beginning of the pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Total Score	I. No	35.43	30.00	25.15	102.22	0.0125	0.000	I vs. II

	II. Yes, I used psychological and psychiatric services	56.71	56.00	29.53				(0.000)
	III. Yes, I used psychological services	46.51	43.00	28.12				I vs. III (0.000)
	IV. Yes, I used psychiatric services	51.60	49.00	28.55				I vs. IV (0.000)

* only significant

Table S4.2: The results of the DASS depression scale for the usage of either psychological or psychiatric help before the pandemics outbreak.

Did you use psychological/psychiatric help before the beginning of the pandemics?								
DASS Depression Scale	Group	Mean	Median	SD	Kruskal-Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
	I. No	12.56	10.00	9.94	78.21	0.0125	0.0000	I vs. II (0.000)
	II. Yes, I used psychological and psychiatric services	20.15	20.00	12.18				I vs. III (0.000)
	III. Yes, I used psychological services	15.83	14.00	10.55				I vs. IV (0.000)
	IV. Yes, I used psychiatric services	18.85	19.00	11.83				

* only significant

Table S4.3: The results of the DASS anxiety scale for the usage of either psychological or psychiatric help before the pandemics outbreak.

Did you use psychological/psychiatric help before the beginning of the pandemics?								
DASS Anxiety Scale	Group	Mean	Median	SD	Kruskal-Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
	I. No	6.87	4.00	7.66	92.20	0.0125	0.000	I vs. II (0.000)
	II. Yes, I used psychological and psychiatric services	13.26	12.00	10.43				I vs. III (0.000)
	III. Yes, I used psychological services	10.35	8.00	9.50				I vs. IV (0.000)
	IV. Yes, I used psychiatric services	12.05	10.00	9.63				

* only significant

Table S4.4: The results of the DASS stress scale for the usage of either psychological or psychiatric help before the pandemics outbreak.

Did you use psychological/psychiatric help before the beginning of the pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Stress Scale	I. No	15.99	14.00	10.67	76.92	0.0125	0.0000	I vs. II (0.000)
	II. Yes, I used psychological and psychiatric services	23.29	24.00	11.62				I vs. III (0.000)
	III. Yes, I used psychological services	20.33	20.00	11.11				I vs. IV (0.001)
	IV. Yes, I used psychiatric services	20.70	21.00	11.02				

* only significant

Table S5: The results of the DASS total score for the economic situation during pandemics.

How do you assess your economic situation during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Total Score	I. I have a stable family income, nothing has changed	34.65	30.00	25.44	63.77	0.01	0.0000	I vs. IV (0.000)
	II. I have a stable family income, but the situation is worse than before	41.50	36.00	26.31				
	III. I barely have enough money for living	46.07	40.00	33.32				
	IV. I have to start using savings	46.20	40.00	28.34				
	V. I have to borrow money from my family/friends during the outbreak of the pandemic because I do not have enough	57.28	56.00	29.25				I vs. V (0.001)

	money to support myself							
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* only significant

Table S5.2: The results of the DASS depression scale for the economic situation during pandemics.

How do you assess your economic situation during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Depression Scale	I. I have a stable family income, nothing has changed	12.36	10.00	10.09	51.87	0,01	0.0000	I vs. IV (0.000)
	II. I have a stable family income, but the situation is worse than before	14.36	12.00	10.24				
	III. I barely have enough money for living	18.77	16.00	14.63				I vs. V (0.001)
	IV. I have to start using savings	16.29	14.00	11.05				
	V. I have to borrow money from my family/friends during the outbreak of the pandemic because I do not have enough money to support myself	21.20	20.00	11.37				

* only significant

Table S5.3: The results of the DASS anxiety scale for the economic situation during pandemics.

How do you assess your economic situation during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Anxiety Scale	I. I have a stable family income, nothing has changed	6.67	4.00	7.81	58.80	0.01	0.000	I vs. IV (0.000)
	II. I have a stable family income, but the situation	8.86	6.00	8.53				

	is worse than before							
	III. I barely have enough money for living	9.03	8.00	7.52				
	IV. I have to start using savings	9.92	6.00	9.38				
	V. I have to borrow money from my family/friends during the outbreak of the pandemic because I do not have enough money to support myself	12.24	10.00	9.87				I vs. V (0.012)

* only significant

Table S5.4: The results of the DASS stress scale for the economic situation during pandemics.

How do you assess your economic situation during pandemics?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Stress Scale	I. I have a stable family income, nothing has changed	15.62	14.00	10.72	51.44	0.01	0.0000	I vs. II (0.000)
	II. I have a stable family income, but the situation is worse than before	18.28	18.00	10.81				
	III. I barely have enough money for living	18.26	16.00	13.85				I vs. IV (0.000)
	V. I have to borrow money from my family/friends during the outbreak of the pandemic because I do not have enough money to support myself	23.84	28.00	12.36				I vs. V (0.006)

* only significant

Table S6: The results of the DASS total score for the current employment situation.

Are you currently working?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Total Score	I. No, I do not work	39.11	34.00	26.66	17.76	0.0125	0.0005	I vs. II (0.012)
	II. I work mentally	34.09	28.00	26.65				
	III. I work physically	33.58	28.00	22.01				
	IV. I run my own business	26.29	19.00	23.10				

* only significant

Table S6.2: The results of the DASS depression scale for the current employment situation.

Are you currently working?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Depression Scale	I. No, I do not work	13.92	12.00	10.47	30.50	0.0125	0.0000	I vs. II (0.002)
	II. I work mentally	11.69	8.00	10.27				
	III. I work physically	11.90	10.00	9.33				I vs. IV (0.000)
	IV. I run my own business	7.36	4.00	9.65				

* only significant

Table S6.3: The results of the DASS anxiety scale for the current employment situation.

Are you currently working?								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Anxiety Scale	I. No, I do not work	7.90	6.00	8.42	6.33	-	0.0967	-
	II. I work mentally	6.91	4.00	7.95				
	III. I work physically	6.92	4.00	7.16				
	IV. I run my own business	5.07	2.00	6.05				

* only significant

Table S6.4: The results of the DASS stress scale for the current employment situation.

Are you currently working?

	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Stress Score	I. No, I do not work	17.29	16.00	10.92	13.96	0.0125	0.0030	-
	II. I work mentally	15.49	14.00	11.47				
	III. I work physically	14.77	14.00	9.94				
	IV. I run my own business	13.86	11.00	11.59				

* only significant

Table S7: The results of the DASS total score for the current living situation.

I live with:								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Total Score	I. Alone	34.96	30.00	26.42	16.37	0.01	0.0026	II vs. III (0.015)
	II. Parents	49.53	34.00	27.02				
	III. Partner or spouse	34.35	26.00	36.11				
	IV. Roommates	39.03	34.00	25.82				
	V. Partner/spouse and children	30.95	28.00	19.11				

* only significant

Table S7.2: The results of the DASS depression scale for the current living situation.

I live with:								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Depression Scale	I. Alone	13.07	10.00	10.63	37.23	0.01	0.0000	II vs. III (0.000)
	II. Parents	14.24	12.00	10.59				
	III. Partner or spouse	10.79	8.00	9.65				
	IV. Roommates	13.88	12.00	10.32				
	V. Partner/spouse and children	8.48	8.00	7.67				

* only significant

Table S7.3: The results of the DASS anxiety scale for the current living situation.

I live with:								
DASS Anxiety Scale	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*

	I. Alone	7.03	4.00	7.88	5.86	-	0.2102	-
	II. Parents	7.96	6.00	8.43				
	III. Partner or spouse	7.34	4.00	8.50				
	IV. Roommates	7.80	6.00	8.18				
	V. Partner/spouse and children	5.05	4.00	5.05				

* only significant

Table S7.4: The results of the DASS stress scale for the current living situation.

I live with:								
	Group	Mean	Median	SD	Kruskal–Wallis H test	Bonferroni correction	p-value	Multiple comparisons*
DASS Stress Scale	I. Alone	14.87	14.00	11.31	13.12	0.01	0.0107	I vs. II (0.012)
	II. Parents	17.33	16.00	11.09				I vs. IV (0.019)
	III. Partner or spouse	16.22	14.00	10.85				
	IV. Roommates	17.36	16.00	10.69				
	V. Partner/spouse and children	17.43	16.00	9.10				

* only significant

Table S8: The sociodemographic data of the respondents.

SOCIODEMOGRAPHIC DATA								
Variables		DASS 0		DASS 2		OR	IC	s
		n	%	n	%			
Sex (p<0.00001)	Women	198	60%	316	82%	3.0121	2.1479 to 4.2239	0.0001
	Men	134	40%	71	18%			
Field of study (p=0.02778)	Arts and humanities	10	3%	23	6%	1.9826	0.9301 to 4.2258	0.07
	Sciences	11	3%	26	7%	2.0374	0.9916 to 4.1863	0.05
	Medicine	209	63%	206	54%	0.8496	0.6669 to 1.0824	0.187
	Engineering	32	10%	38	10%	1.0236	0.6254 to 1.6754	0.926
	Social sciences	69	21%	91	24%	1.1368	0.8046 to 1.6063	0.467
I live with: (p=0.05078)	Alone	49	15%	35	9%	0.6128	0.3877 to 0.9686	0.03
	Parents	157	47%	206	53%	1.1256	0.8730 to 1.4514	0.361
	Roommates	65	20%	95	25%	1.2538	0.8854 to 1.7755	0.202
	Partner or spouse	60	18%	49	13%	0.7006	0.4673 to 1.0503	0.08
	Partner/spouse and children	1	0%	1	0%	0.8579	0.0534 to 13.7693	0.913
DATA RELATED TO HEALTH								
Do you have any chronic disease?	No	306	92%	295	76%			
	Thyroid diseases	7	2%	25	6%	3.7046	1.5783 to 8.6957	0.002

(p<0.00001)	Mental disorders	3	1%	17	4%	5.8780	1.7048 to 20.2668	0.005
	Other	8	2%	26	7%	3.3712	1.5021 to 7.5661	0.003
Did you use psychological/psychiatric help before the beginning of the pandemics? (p<0.00001)	No	304	92%	264	68%			
	Yes, I used psychological services	16	5%	44	11%	3.1667	1.7458 to 5.7440	0.0001
	Yes, I used psychiatric services	4	1%	28	7%	8.0606	2.7911 to 23.2789	0.0001
	Yes, I used psychological and psychiatric services	8	2%	51	13%	7.3409	3.4216 to 15.7497	0.0001
Did you use psychological/psychiatric help during the pandemics? (P<0.00001)	No	330	99%	352	91%			
	Yes, I used psychological services	2	1%	13	3%	0.1442	0.0323 to 0.6440	0.01
	Yes, I used psychiatric services	0	0%	12	3%	-		
	Yes, I used psychological and psychiatric services	0	0%	10	3%	-		
What was the most difficult for you during pandemics? (p<0.00001)	Fear of being infected	11	3%	17	4%	62.3913	3.4246 to 1136.6806	0.005
	Fear of infection of the loved ones	106	32%	105	27%	41.3886	2.4711 to 693.2239	0.009
	Concern about education	12	4%	8	2%	27.8800	1.4773 to 526.1439	0.02
	Loneliness	6	2%	42	12%	293.3077	15.7710 to 5454.9184	0.0001
	Isolation	26	8%	43	11%	67.3019	3.9058 to 1159.7023	0.003
	Financial unstability	30	9%	32	8%	43.6885	2.5306 to 754.2515	0.009
	Change of the lifestyle	41	12%	70	18%	69.6506	4.1039 to 1182.0880	0.003
	Changes awaiting the world after the pandemics	79	24%	65	17%	33.7799	2.0045 to 569.2524	0.01
	I was not afraid	20	6%	0	0%			
ECONOMIC SITUATION								
Are you currently working? (p=0.00191)	No, I do not work	258	78%	340	88%			
	I work mentally	52	16%	37	10%	0.5399	0.3437 to 0.8481	0.007
	I work physically	14	4%	8	2%	0.4336	0.1792 to 1.0492	0.06
How do you assess your economic situation during pandemics? (p<0.00001)	I have a stable family income, nothing has changed	236	71%	175	45%	-	-	-
	I have a stable family income,	73	22%	135	35%	2.4939	1.7655 to 3.5229	0.0001

	but the situation is worse than before							
	I have to start using savings	15	5%	57	15%	5.1246	2.8084 to 9.3511	0.0001
	I have to borrow money from my family/friends during the outbreak of the pandemic because I do not have enough money to support myself	1	0%	10	3%	13.4857	1.7103 to 106.3328	0.01
	I barely have enough money for living	4	1%	10	3%	1.9265	0.7191 to 5.1614	0.192