

**Table S1.**Quality assessment of studies with the Newcastle-Ottawa Scale adapted for cross-sectional studies.

| Study                                | Selection Domain                  |             |                 |                                | Comparability Domain                              |                                 |                            | Outcome Domain    |       | Total quality score |
|--------------------------------------|-----------------------------------|-------------|-----------------|--------------------------------|---|---------------------------------|----------------------------|-------------------|-------|---------------------|
|                                      | Representative ness of the sample | Sample size | Non-respondents | Ascertain ment of the exposure | Most importan t Confoun ding factor is controlled | Additional factor is controlled | Assessmen t of the outcome | Statistic al test |       |                     |
| <b>Corlett &amp; Fletcher (2012)</b> | 1                                 | 1           | 0               | 2                              | 1   | 0                               | 2                          | 1                 | 8/10  |                     |
| <b>Ettinger et al. (2013)</b>        | 1                                 | 1           | 1               | 2                              | 1   | 0                               | 2                          | 1                 | 9/10  |                     |
| <b>Fink et al. (2014)</b>            | 0                                 | 1           | 1               | 2                              | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| <b>Hooker et al. (2014)</b>          | 1                                 | 1           | 0               | 2                              | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| <b>Huang et al. (2013)</b>           | 0                                 | 1           | 0               | 2                              | 1   | 1                               | 2                          | 1                 | 8/10  |                     |
| <b>Modinos et al. (2010)</b>         | 0                                 | 1           | 0               | 2                              | 1   | 1                               | 2                          | 1                 | 8/10  |                     |
| <b>Modinos et al. (2017)</b>         | 1                                 | 1           | 1               | 2                              | 1   | 1                               | 2                          | 1                 | 10/10 |                     |
| <b>Mohanty et al. (2005)</b>         | 0                                 | 1           | 1               | 2                              | 1   | 0                               | 2                          | 1                 | 8/10  |                     |
| <b>Olano et al. (2020)</b>           | 0                                 | 1           | 0               | 2                              | 1   | 0                               | 2                          | 1                 | 7/10  |                     |
| <b>Park et al. (2015)</b>            | 0                                 | 1           | 0               | 2                              | 1   | 0                               | 2                          | 1                 | 7/10  |                     |
| <b>Rapp et al. (2010)</b>            | 1                                 | 0           | 0               | 2                              | 1   | 0                               | 2                          | 1                 | 7/10  |                     |
| <b>Schmidt et al. (2019)</b>         | 0                                 | 1           | 0               | 2                              | 1   | 0                               | 2                          | 1                 | 7/10  |                     |
| <b>Wang et al. (2014)</b>            | 0                                 | 1           | 1               | 2                              | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| <b>Wang et al. (2015)</b>            | 0                                 | 1           | 0               | 2                              | 1   | 1                               | 2                          | 1                 | 8/10  |                     |

| Study                       | Selection Domain                  |             |                 |                               | Comparability Domain                            |                                 |                            | Outcome Domain    |       | Total quality score |
|-----------------------------|-----------------------------------|-------------|-----------------|-------------------------------|---|---------------------------------|----------------------------|-------------------|-------|---------------------|
|                             | Representative ness of the sample | Sample size | Non-respondents | Ascertainment of the exposure | Most important Confounding factor is controlled | Additional factor is controlled | Assessmen t of the outcome | Statistic al test |       |                     |
| Wang et al. (2018)          | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Yan et al. (2016)           | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10  |                     |
| Yan et al. (2020)           | 0                                 | 1           | 1               | 2                             | 1   | 0                               | 2                          | 1                 | 8/10  |                     |
| Chan et al. (2016)          | 1                                 | 0           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10  |                     |
| Van der Meer et al. (2013)  | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Harvey et al. (2007)        | 0                                 | 1           | 0               | 2                             | 1   | 0                               | 2                          | 1                 | 7/10  |                     |
| Harvey et al. (2010)        | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Germine et al. (2011)       | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Günther et al. (2017)       | 1                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 10/10 |                     |
| Yin et al. (2015)           | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Papanastasiou et al. (2018) | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10  |                     |
| Simon et al. (2015)         | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Kozhuharova et al. (2021)   | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10  |                     |
| Waltmann et al. (2019)      | 1                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 10/10 |                     |

| Study                        | Selection Domain                  |             |                 |                               | Comparability Domain                            |                                 |                           | Outcome Domain   |       | Total quality score |
|------------------------------|-----------------------------------|-------------|-----------------|-------------------------------|---|---------------------------------|---------------------------|------------------|-------|---------------------|
|                              | Representative ness of the sample | Sample size | Non-respondents | Ascertainment of the exposure | Most important confounding factor is controlled | Additional factor is controlled | Assessment of the outcome | Statistical test |       |                     |
| Wang, Yan et al. (2015)      | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                         | 1                | 8/10  |                     |
| Wang, Ettinger et al. (2018) | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Wang et al. (2020)           | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Wang et al. (2022)           | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Zhang et al. (2020)          | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                         | 1                | 8/10  |                     |
| Zhou et al. (2021)           | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Sabaroedin et al. (2019)     | 1                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 10/10 |                     |
| Wang et al. (2016)           | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Folley & Park (2005)         | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                         | 1                | 9/10  |                     |
| Hori, Ozeki et al. (2008)    | 1                                 | 1           | 0               | 2                             | 0   | 1                               | 2                         | 1                | 8/10  |                     |
| Hori, Nagamine et al. (2008) | 1                                 | 1           | 0               | 2                             | 0   | 1                               | 2                         | 1                | 8/10  |                     |
| Kobayashi et al., 2021       | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                         | 1                | 8/10  |                     |

| Study                    | Selection Domain                  |             |                 |                               | Comparability Domain                            |                                 | Outcome Domain             |                   | Total quality score |
|--------------------------|-----------------------------------|-------------|-----------------|-------------------------------|---|---------------------------------|----------------------------|-------------------|---------------------|
|                          | Representative ness of the sample | Sample size | Non-respondents | Ascertainment of the exposure | Most important Confounding factor is controlled | Additional factor is controlled | Assessmen t of the outcome | Statistic al test |                     |
| Dickey et al., 2010      | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10                |
| Koenigsberg et al., 2005 | 0                                 | 0           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10                |
| Stanfield et al., 2017   | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10                |
| Vu et al., 2013          | 1                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10                |
| Hazlett et al., 2012     | 0                                 | 1           | 0               | 2                             | 1   | 1                               | 2                          | 1                 | 8/10                |
| Szeszko et al., 2022     | 1                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 10/10               |
| Zhang et al., 2014       | 0                                 | 1           | 0               | 2                             | 1   | 0                               | 2                          | 1                 | 7/10                |
| Zhu et al., 2017         | 0                                 | 1           | 1               | 2                             | 1   | 1                               | 2                          | 1                 | 9/10                |