

THE SURVEY

Please respond to the following questions by placing a check mark (✓) in the answer box that corresponds to your response and/or fill in the blank where indicated. Answers are anonymous.

The compiler is:

- Female participant to the project
- Male participant to the project
- Father
- Mother
- other family member. Please specify:
- A professional working with the participant (e.g., Educator). Please specify:

Is the participant for whom you are answering/ are you carrying out any other treatments? If yes, which ones?

- Pharmacological
- Psycho-educational with non-psychologist educator
- Psycho-educational with another psychologist
- Other. Please specify:

Are you, on average, satisfied with the project?

- Yes
- No

Areas of improvement. You can choose more than one answer.

- Autonomy in the home environment (e.g. preparing meals alone)
- Autonomy in the social environment (e.g. going out with friends)
- Autonomies in the work environment (e.g. organising one's own work)
- Autonomies at school (e.g. greater management of study materials)
- Receptive language skills (e.g. greater ability to understand others)
- Expressive language skills (e.g. improved speech, expanded vocabulary)
- Reading-writing skills
- Attention, memory and executive functions (e.g. increased attentional skills, increased ability to remember and plan commitments)
- Behaviour management (e.g. anger outbursts)
- Emotion management (e.g. anxiety, fear, sadness)
- Ability to communicate one's emotional states
- Other. Please specify:

Areas of null-effects. You can choose more than one answer.

- Autonomy in the home environment (e.g. preparing meals alone)
- Autonomy in the social environment (e.g. going out with friends)
- Autonomies in the work environment (e.g. organising one's own work)
- Autonomies at school (e.g. greater management of study materials)
- Receptive language skills (e.g. greater ability to understand others)
- Expressive language skills (e.g. improved speech, expanded vocabulary)
- Reading-writing skills
- Attention, memory and executive functions (e.g. increased attentional skills, increased ability to remember and plan commitments)
- Behaviour management (e.g. anger outbursts)
- Emotion management (e.g. anxiety, fear, sadness)
- Ability to communicate one's emotional states
- Other. Please specify:

Which aspect(s) do you like the most about the intervention? You can choose more than one answer.

- On-person meetings
- Online meetings
- The possibility of having a WhatsApp group to interact in
- The relationship with the psychologist
- Homework between meetings
- Parenting meetings
- Other. Please specify:

Which aspect(s) do you like the least about the intervention? You can choose more than one answer.

- On-person meetings
- Online meetings
- The possibility of having a WhatsApp group to interact in
- The relationship with the psychologist
- Homework between meetings
- Parenting meetings
- Other. Please specify:

Which techniques do you find the most effective?

- Psychoeducation

- o Mindfulness
- o Cognitive techniques (ABC method)
- o Neuropsychological techniques (cognitive training)
- o Behavioral techniques
- o Counselling
- o Time management
- o Leisure activities
- o Occupational therapy
- o Sexual education

Family members only. Since when the participant is in the project (you can choose more than one answer):

- o I can interact more easily with her/him
- o I can understand his/ her emotions more easily
- o I feel less "stressed"
- o All of the above
- o None of the above
- o Other personal ideas about the impact the project is having on you as a parent: _____

Educators only. Since the project started (you can choose more than one answer):

- o I know that I can interact with an expert in case of difficulties with the individual with FXS
- o I can more easily understand the emotions of the individual with FXS
- o I have a clearer idea of FXS
- o All of the above
- o None of the above
- o Other. Please specify: _____

Some suggestions:
