

Table S1. Descriptive statistics and comparisons of the two entire samples

Characteristics*	Patients with MDD (N= 335)		Patients with BD (N= 168)		T-Test [§] / Fisher's exact [†] /Mann-Whitney (W)	p-value
	Mean/N	SD/%	Mean/N	SD/%		
Age, years	64.2	11.9	61.8	12.9	2.0 [§]	0.05
Age, range	28-89		29-90			
Sex, women	255	76%	97	58%	— [†]	<.001
Education, years	10.6	4.2	11.3	3.7	1.8 [§]	0.08
Clinical Global Impression Scale-Severity (CGI-S)	3.4	0.8	3.6	0.8	-2.2 [§]	0.03
History of psychiatric disorders other than MDD/BD (yes)	139	41%	55	33%	— [†]	0.07
Childhood Trauma Questionnaire (CTQ)						
Scores						
Sexual abuse	6.5	3.5	6.3	3.0	0.5 [§]	0.61
Physical abuse	6.7	3.7	6.4	3.0	0.9 [§]	0.36
Emotional abuse	8.6	4.8	8.6	4.7	-0.0 [§]	0.97
Physical neglect	8.0	3.3	7.5	3.1	1.6 [§]	0.11
Emotional neglect	13.5	6.0	12.2	5.3	2.4 [§]	0.02
Total score	43.1	16.8	40.9	14.7	1.5 [§]	0.13
Number of CTs to which patients had been exposed**	2.0	1.4	1.9	1.5	0.7 [§]	0.48
Classification***						
Sexual abuse (SA)						
None or Minimal (SA subscale score= 5)	285	85%	142	85%		
Low to Moderate (SA subscale score= 6-7)	28	8%	15	9%		
Moderate to Severe (SA subscale score= 8-12)	7	2%	7	4%		
Severe to Extreme (SA subscale score≥13)	15	4%	4	2%	28034.5	0.91
Physical abuse (PA)						
None or Minimal (PA subscale score= 5-7)	275	82%	137	82%		
Low to Moderate (PA subscale score= 8-9)	17	5%	14	8%		
Moderate to Severe (PA subscale score= 10-12)	17	5%	8	5%		
Severe to Extreme (PA subscale score≥13)	26	8%	9	5%	28171.5	0.98
Emotional abuse (EA)						
None or Minimal (EA subscale score= 5-8)	141	42%	67	40%		

Low to Moderate (EA subscale score= 9-12)	56	17%	28	17%		
Moderate to Severe (EA subscale score= 13-15)	81	24%	44	26%		
Severe to Extreme (EA subscale score≥16)	57	17%	29	17%	27486	0.65
<i>Physical neglect (PN)</i>						
None or Minimal (PN subscale score= 5-7)	195	58%	110	65%		
Low to Moderate (PN subscale score= 8-9)	63	19%	25	15%		
Moderate to Severe (PN subscale score= 10-12)	41	12%	19	11%		
Severe to Extreme (PN subscale score≥13)	36	11%	14	8%	30163	0.13
<i>Emotional neglect (EN)</i>						
None or Minimal (EN subscale score= 5-9)	96	29%	58	35%		
Low to Moderate (EN subscale score= 10-14)	99	30%	59	35%		
Moderate to Severe (EN subscale score= 15-17)	47	14%	21	13%		
Severe to Extreme (EN subscale score≥18)	93	28%	30	18%	31668	0.02
Patients with at least one type of CT classified as Low to Moderate	281	84%	135	80%	— ⁺	0.32
Patients with at least one type of CT classified as Moderate to Severe or Severe to Extreme	195	58%	90	54%	— ⁺	0.34
Minimization/denial						
No items scored 1	238	71%	121	72%		
One item scored 1	62	19%	25	15%		
Two items scored 1	21	6%	15	9%		
Three items scored 1	14	4%	7	4%		
At least one item scored 1	97	29%	47	28%	28202.5	0.96

*The "Characteristics" are expressed as number (N) and % or mean and standard deviation (SD): the characteristics expressed as mean and SD are *italicized*; BD: bipolar disorder; CT(s): childhood trauma(s); MDD: major depressive disorder; **the number of sub-scales in which the Cut Scores identified at least a low (to moderate) level of trauma; ***For each type of childhood trauma, the classification of exposure severity is based on the Cut Scores of each subscale reported in the brackets; p-values considered significant (i.e. <0.01) are **bolded**