

Table S1. Sample characteristics, clinical variables and cortisol measures by study groups (adapted from Salvat-Pujol et al., 2017)¹.

	HC n=97	Remitted MDD n=44	Non-remitted MDD n=53	Statistics (ANOVA / T-test / χ^2)
Age (years)	56.59 (11.86)	62.09 (11.69)	57.89 (11.48)	F(193)=3.353, p=0.037 ^a
Female gender, n (%)	64 (66.0)	29 (65.9)	39 (73.6)	$\chi^2=1.031$, p= 0.597
Education (years)	12.10 (4.06)	8.50 (4.29)	9.15 (4.04)	F(193)=15.477, p<0.001 ^{a,b}
BMI (kg/m ²)	26.75 (4.87)	27.88 (4.28)	29.72 (5.33)	F(192)=6.329, p=0.002 ^b
PSQI	5.19 (3.31)	6.51 (3.44)	11.53 (4.70)	F(167)=42.017, p<0.001 ^{b,c}
Substance use				
Smoking, n (%)	16 (16.5)	11 (25.0)	14 (26.4)	$\chi^2=2.638$, p= 0.267
Tobacco consumption (cigarettes/day)	2.35 (7.40)	3.20 (6.67)	3.96 (8.73)	F(193)=0.788, p=0.456
Daily alcohol intake, n (%)	31 (32.0)	16 (36.4)	10 (18.9)	$\chi^2=4.423$, p=0.110
Daily alcohol intake (g/day)	2.52 (6.10)	1.92 (3.59)	1.37 (3.92)	F(173)=0.821, p=0.442
Clinical variables				
STAI - state	11.10 (6.69)	17.57 (10.76)	34.17 (12.91)	F(193)=97.583, p<0.001 ^{a,b,c}
STAI - trait	15.73 (9.08)	20.45 (11.76)	38.67 (10.33)	F(178)=83.239, p<0.001 ^{a,b,c}
HDRS	0.71 (1.14)	2.48 (2.32)	17.57 (6.81)	F(193)=357.048, p<0.001 ^{a,b,c}
Suicide attempts, n (%)	0 (0)	9 (20.5)	15 (28.3)	$\chi^2=28.754$, p<0.001
Suicide attempts	0 (0)	0.31 (0.92)	0.45 (0.93)	F(191)=9.156, p<0.001 ^{a,b}
Age of onset (years)*	NA	42.38 (13.02)	41.61 (14.60)	t(89)=0.263, p=0.793
Melancholic symptoms, n (%)*	NA	35 (79.5)	46 (86.8)	$\chi^2=1.699$, p=0.428
Atypical symptoms, n (%)*	NA	0 (0)	3 (5.7)	$\chi^2=2.512$, p=0.250
Number of depressive episodes*	NA	3.89 (2.89)	3.71 (2.19)	t(94)=0.337, p=0.737
Number of hospitalizations*	NA	0.60 (1.22)	1.04 (1.97)	t(88)=-1.237, p=0.197
Cortisol measures				
Waking cortisol (nmol/L) (T1)	16.63 (8.16)	15.83 (7.86)	17.83 (10.95)	F(173)=0.643, p=0.527
30 min post-awakening cortisol (nmol/L) (T2)	22.90 (10.70)	22.43 (12.45)	22.00 (12.36)	F(174)=0.266, p=0.767
60 min post-awakening cortisol (nmol/L) (T3)	17.17 (8.76)	17.22 (11.05)	19.08 (11.07)	F(174)=0.500, p=0.607
10-h cortisol (nmol/L) (T4)	11.53 (10.72)	11.41 (8.10)	13.50 (9.74)	F(174)=0.949, p=0.389
23-h cortisol (nmol/L) (T5)	3.07 (2.41)	3.34 (2.74)	3.89 (2.28)	F(180)=3.344, p=0.038 ^b
10-h post-DXM cortisol (nmol/L) (T6)	5.02 (5.37)	6.75 (8.04)	6.89 (7.85)	F(179)=2.359, p=0.097
CAR†	19.67 (54.08)	28.40 (61.56)	14.08 (56.28)	F(170)=0.656, p=0.520
DSTR‡	9.62 (19.69)	3.66 (4.13)	6.62 (10.90)	F(179)=2.180, p=0.116
Diurnal cortisol slope	-0.15 (0.11)	-0.13 (0.14)	-0.15 (0.11)	F(171)=0.214, p=0.808

¹Salvat-Pujol N, et al. 2017. Hypothalamic-pituitary-adrenal axis activity and cognition in major depression: The role of remission status. Psychoneuroendocrinology 76:38–48. Abbreviations: HC, healthy controls; MDD, major depressive disorder; BMI, body mass index; PSQI, Pittsburgh Sleep Quality Index; STAI: State-Trait Anxiety Inventory; HDRS, Hamilton Depression Rating Scale; DXM, dexamethasone; CAR, cortisol awakening response calculated to the increase; DSTR, dexamethasone suppression test ratio.

All variables presented in mean (SD) or n (%).

Cortisol raw scores and untransformed DSTR are shown, outliers excluded. P values calculated upon transformed cortisol and DSTR values, outliers excluded.

†CAR were calculated with transformed cortisol values.

‡DSTR= 10-h cortisol/10-h post-DXM cortisol.

NA: not applicable.

* Statistical analyses performed using only Remitted MDD and Non-remitted MDD groups.

^a Significant ANOVA post hoc analyses (comparison between groups) with Bonferroni correction: HC vs. remitted MDD.

^b Significant ANOVA post hoc analyses (comparison between groups) with Bonferroni correction: HC vs. non-remitted MDD.

^c Significant ANOVA post hoc analyses (comparison between groups) with Bonferroni correction: remitted MDD vs. non-remitted MDD.