

**Table S1.** Burden of headache of participants with TTH.

	all	females (%)	males (%)	Chi square	P value
	161	96 (59.6)	65 (40.4)		
<b>Problems in love life due to headache in the past 3 months</b>					
No	116 (82.86)	65 (78.31)	51 (89.47)	2.963	0.085
Yes	24 (17.14)	18 (21.69)	6 (10.53)		
	21 n.r.	13 n.r.	8 n.r.		
<b>Do you avoid telling people that you have headaches?</b>					
No	103 (72.54)	57 (67.86)	46 (79.31)	2.259	0.133
Yes	39 (27.46)	27 (32.14)	12 (20.69)		
	19 n.r.	12 n.r.	7 n.r.		
<b>Do you feel that your family and friends understand and accept your headaches?</b>					
No	11 (7.80)	7 (8.43)	4 (6.90)	0.112	0.738
Yes	130 (92.20)	76 (91.57)	54 (93.10)		
	20 n.r.	13 n.r.	7 n.r.		
<b>On that day, was there anything you could not do or did not do because you wanted to avoid getting a headache?</b>					
No	117 (86.03)	67 (83.75)	50 (89.29)	0.840	0.359
Yes	19 (13.97)	13 (16.25)	6 (10.71)		
	25 n.r.	16 n.r.	9 n.r.		
<b>On that day, were you anxious or worried about your next headache episode?</b>					
No	131 (94.93)	75 (92.59)	56 (98.25)	2.220	0.136
Yes	7 (5.07)	6 (7.41)	1 (1.75)		
	23 n.r.	15 n.r.	8 n.r.		
<b>Headache specialist: Have you had professional advice about your headache in the last year?</b>					
No	34 (70.83)	29 (74.36)	5 (55.56)	1.251	0.263
Yes	14 (29.17)	10 (25.64)	4 (44.44)		
	113 n.r.	57 n.r.	56 n.r.		
<b>Primary care doctor: Have you had professional advice about your headaches in the last year?</b>					
No	25 (52.08)	21 (53.85)	4 (44.44)	0.259	0.611
Yes	23 (47.92)	18 (46.15)	5 (55.56)		
	113 n.r.	57 n.r.	56 n.r.		
<b>Has a doctor ever given you a diagnosis for this headache?</b>					
No	122 (75.78)	70 (72.92)	52 (80.00)	1.059	0.303
Yes	39 (24.22)	26 (27.08)	13 (20.00)		
	0 n.r.	0 n.r.	0 n.r.		
<b>Because of your headaches, have you had a MRI scan in the last year?</b>					
Yes	12 (31.58)	9 (34.62)	3 (25.00)	0.351	0.553
No	26 (68.42)	17 (65.38)	9 (75.00)		
	123 n.r.	70 n.r.	53 n.r.		
<b>Because of your headaches, have you had a CT scan in the last year?</b>					
Yes	7 (35.00)	4 (15.38)	3	0.505	0.447
No	31 (65.00)	22 (84.62)	9		

	123 n.r.	70 n.r.	53 n.r.		
<b>Because of your headaches, have you had X rays of the neck in the last year?</b>					
<b>Yes</b>	6 (15.79)	4 (15.38)	2 (16.67)		
<b>No</b>	32 (84.21)	22 (84.62)	10 (83.33)	0.10	0.920
	123 n.r.	70 n.r.	53 n.r.		
<b>How bad is this headache usually?</b>					
<b>Not Bad</b>	68 (42.24)	36 (37.50)	32 (49.23)		
<b>Bad</b>	80 (49.69)	51 (53.13)	29 (44.62)		
<b>Very Bad</b>	13 (8.07)	9 (9.38)	4 (6.15)	2.326	0.313
	0 n.r.	0 n.r.	0 n.r.		
	<b>all mean (SD)</b>	<b>females mean (SD)</b>	<b>males mean (SD)</b>	<b>Mann-Whitney-U</b>	<b>P value</b>
<b>HADS Depression</b>	5.75 (± 0.49) 38 n.r.	5.99 (± 5.55) 24 n.r.	5.41 (± 4.98) 14 n.r.	1887.500	0.791
<b>HADS Anxiety</b>	7.11 (± 4.89) 34 n.r.	7.71 (± 4.81) 23 n.r.	7.30 (± 4.93) 11 n.r.	2330.500	0.072