

## Supplement

### Non-significant Covariates

The Chi-Square test was used to examine whether COVID-related distress differs across patients with different gender or education. Pearson correlations were used to examine whether age was related with COVID-related distress. One-Way ANOVA was used to examine the difference in traumatic stress across time of completion. The results indicated that neither gender or education was related to COVID-related distress (Gender: Chi-Square = 44.55,  $df = 48$ ,  $p = .62$  for baseline; Chi-Square = 53.29,  $df = 44$ ,  $p = .16$  for follow-up; Education: Chi-Square = 126.93,  $df = 144$ ,  $p = .84$  for baseline; Chi-Square = 119.33,  $df = 110$ ,  $p = .26$  for follow-up). Age was not related to traumatic distress either ( $r = .002$ ,  $p = .97$  for baseline;  $r = -.04$ ,  $p = .71$  for follow-up). The COVID-related traumatic distress did not significantly differ depending on the month of completion of the follow-up survey,  $F(3,117) = 1.75$ ,  $p = .16$ .

### Non-significant Moderation results

**Table S1.** Non-significant Moderation Results on COVID-related Distress at Follow-up.

Moderation	Coefficient	SE	<i>t</i>	<i>p</i>
<b>ECR-RS Avoidance X WAI-SR</b>				
ECR-RS Avoidance	-.02	.09	-.25	.81
WAI-SR	-.09	.08	-1.07	.29
Moderation: Avoidance X Alliance	.06	.07	.88	.39
Covariate: time of completion	.21	.10	2.09	.04*
Covariate: IES_T0	.64	.08	8.53	<.001***
<b>ECR-RS Anxiety X TAI</b>				
ECR-RS Anxiety	.22	.08	2.91	.004**
TAI	-.11	.07	-1.51	.13
Moderation: ECR-RS Anxiety X TAI	-.12	.07	1.90	.06
Covariate: time of completion	.19	.10	1.95	.05
Covariate: IES_T0	.63	.07	8.80	<.001***

*Notes.* The dependent variable is COVID-related traumatic distress at follow-up, as measured with the IES-RS. The covariates are COVID-related traumatic distress at baseline (IES-T0) and the time of completing baseline questionnaires. The significant moderations are reported in the main manuscript. ECR-RS = Experiences in Close Relationship questionnaire-Revised Short-form; TAI = Therapeutic Agency Inventory; WAI-SR = Working Alliance Inventory Short-form Revised; IES-R = Impact of Event Scale – Revised;

\* $p < .05$ ; \*\* $p < .01$ ; \*\*\* $p < .001$ .