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# The Influence of Quantum Confinement on Third-Order Nonlinearities in Porous Silicon Thin Films

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**Abstract:** We present an experimental investigation into the third-order nonlinearity of conventional crystalline (*c*-Si) and porous (*p*-Si) silicon with Z-scan technique at 800-nm and 2.4- $\mu$ m wavelengths. The Gaussian decomposition method is applied to extract the nonlinear refractive index,  $n_2$ , and the two-photon absorption (TPA) coefficient,  $\beta$ , from the experimental results. The nonlinear refractive index obtained for *c*-Si is  $7 \pm 2 \times 10^{-6}$  cm<sup>2</sup>/GW and for *p*-Si is  $-9 \pm 3 \times 10^{-5}$  cm<sup>2</sup>/GW. The TPA coefficient was found to be  $2.9 \pm 0.9$  cm/GW and  $1.0 \pm 0.3$  cm/GW for *c*-Si and *p*-Si, respectively. We show an enhancement of the nonlinear refraction and a suppression of TPA in *p*-Si in comparison to *c*-Si, and the enhancement gets stronger as the wavelength increases.

**Keywords:** third-order nonlinearity; self-focusing; TPA; porous silicon; Z-scan

## 1. Introduction

Porous silicon (*p*-Si) has attracted great interest in recent years due to its unique opto-electronic properties. The nanoscale sponge-like structure of *p*-Si, whereas porosity significantly enlarges its surface-to-volume ratio, exhibits the quantum confinement effect [1], resulting in faster carrier recombination [2], accompanied, at certain conditions, by photo-luminescence [3] and optical nonlinearities [4]. These effects are usually greatly enhanced in comparison to the conventional crystalline silicon (*c*-Si). These new capabilities extend the implementation of the traditional silicon material in photonics and optoelectronics to a wider range of potential applications of all-optical switching [5,6], optical sensing [7,8], energy conservation [9] and photonics devices [10]. However, possible applications encountering the enhanced nonlinearities of *p*-Si can be either an issue or advantage. Unwanted non-linear effects may result in sample damage through the undesirable self-focusing and two-photon absorption effects. However, the same effects may also bring advantages such as the use of *p*-Si as a material for 3D-laser micro-structuring [11] and an all-optical switching system [12]. Yet, the information on *p*-Si nonlinearity remains scarce, and our work attempts to form a clearer understanding of the topic through investigating the self-focusing and two-photon absorption (TPA) processes. For the investigation, we employed the Z-scan technique using 800-nm and 2.4- $\mu$ m femtosecond laser beams.

The Z-scan is the main method used in this work. It was first proposed by Sheikh-Bahae et al. [13] in the 1990s for identifying the third-order nonlinearities of materials by translating a test sample through the focus of a Gaussian beam and recording the transmittance at each sample position. This method is highly sensitive and gives distinguishable features for the measurements of the near (closed aperture) and far (open aperture) field transmittance, corresponding to the nonlinear refraction and TPA processes, respectively. For nonlinearly refractive materials, a higher intensity in the centre of

the Gaussian beam, in comparison to its surroundings, results in a variation of the refractive index along the beam cross-section. Therefore, samples behave as a focusing or defocusing lens depending on the sign of the nonlinear refractive index,  $n_2$ . This effect can be observed by recording only the centre intensity of the transmitted light, which is normally accomplished by placing an aperture before a detector. In contrast, the total transmitted intensity (without the aperture) carries the information about nonlinear absorption, as it records a change of the total beam intensity, which is commonly governed by the TPA.

The main purpose of this work is to compare nonlinear properties of  $p$ -Si to  $c$ -Si and to examine possible effects of the morphology and confinement. We employed the Z-scan method for both  $p$ -Si and  $c$ -Si using 800-nm incident light, which has photon energy greater than the band-gap of both materials. The majority of researchers focus on this energy regime because the nonlinear response benefits from strong single-photon resonance enhancement [14]. However, to have a better understanding of the nonlinearities arising from the anharmonic motion of bound electrons, we further extended the experiments to 2.4  $\mu\text{m}$ , where the incident light energy is below the band-gap. We measured the normalised transmittance,  $T(z)/T_0$ , with a closed and open aperture for  $p$ -Si and  $c$ -Si free-standing thin films with a 15- and 9- $\mu\text{m}$  thickness, respectively. Here,  $T(z)$  is the measured transmittance at a sample position  $z$ , relative to the location of the beam focus and  $T_0$  is the linear transmittance. The acquired experimental data were used to retrieve the nonlinear refractive index,  $n_2$ , and TPA coefficient,  $\beta$ . For the data analysis, we applied the Gaussian decomposition method [15]. The results suggest a suppression of the TPA, but an enhancement of the nonlinear refraction in  $p$ -Si. In addition, the closed aperture Z-scan measurements of  $p$ -Si showed an opposite sign of  $n_2$  in comparison with  $c$ -Si.

## 2. Results

For the sample being translated through the focus of a beam with a Gaussian profile and considering only the third order nonlinearity, the total time-integrated transmission,  $T_{open}$ , for the open aperture can be expressed as [16–18]:

$$T_{open}(z) = 1 - \frac{1}{2\sqrt{2}} \frac{\beta I_0 L_{eff}}{1 + (\frac{z}{z_0})^2} \quad , \quad (1)$$

where  $I_0$  is the on-axis peak intensity and  $L_{eff} = \frac{1 - e^{-\alpha d}}{\alpha}$  is the effective optical length of the sample with thickness  $d$  and linear absorption coefficient  $\alpha$ .  $z$  is the sample position relative to the beam focal point, and  $z_0 = 2\pi\omega_0^2/\lambda$  is the confocal parameter of the beam with waist  $\omega_0$  and wavelength  $\lambda$ .

For the closed aperture, the transmittance is given by:

$$T_{close}(z) = 1 + \frac{4(\frac{z}{z_0})\Delta\Phi}{(1 + (\frac{z}{z_0})^2)(9 + (\frac{z}{z_0})^2)} - \frac{\beta I_0 L_{eff}}{2\sqrt{2}} \frac{(3 - (\frac{z}{z_0})^2)}{(1 + (\frac{z}{z_0})^2)(9 + (\frac{z}{z_0})^2)} \quad ; \quad (2)$$

here,  $\Delta\Phi$  is the time-averaged phase change induced by the nonlinear refraction, which can be approximated as:

$$\Delta\Phi = \frac{2\pi}{\sqrt{2}\lambda} (1 - S)^{0.25} n_2 I_0 L_{eff} \quad , \quad (3)$$

where  $S$  is the transmissivity of the aperture.

The Gaussian decomposition method requires the proper determination of the effective optical length,  $L_{eff}$ , which can be deduced from the linear optical constants of the  $c$ -Si and  $p$ -Si samples. For the  $c$ -Si samples, the linear absorption coefficient can be estimated by  $\alpha = \frac{4\pi k}{\lambda}$ , where  $k$  is the imaginary part of linear refractive index. At an 800-nm wavelength,  $k = 0.0065$ , as it was estimated by the spectroscopic ellipsometry method by Aspnes et al. [19], corresponding to  $\alpha = 1.03 \times 10^3 \text{ cm}^{-1}$ . However, the refractive index and absorption coefficient values for  $p$ -Si are less known since these

values depend on the porosity, silicon skeleton dimensionality and surface adsorbates [20]. It has been shown previously that the Maxwell–Garnett mixing rules can be applied in order to calculate the linear complex permittivity of *p*-Si at 800 nm [21,22]:

$$\epsilon_{p-Si} = \epsilon_{c-Si} + 2\epsilon_{c-Si} \frac{f \frac{\epsilon_{air} - \epsilon_{c-Si}}{\epsilon_{air} + \epsilon_{c-Si}}}{1 - f \frac{\epsilon_{air} - \epsilon_{c-Si}}{\epsilon_{air} + \epsilon_{c-Si}}} \quad (4)$$

where  $\epsilon_{c-Si}$  and  $\epsilon_{air}$  are the permittivity of *c*-Si and air pores ( $\epsilon_{air} = 1$ ), respectively.  $f$  is the volume fraction of air pores, which was estimated to be 68% for the samples used in this work. Thus, we obtain that  $k = 0.0025$  and  $\alpha = 386 \text{ cm}^{-1}$ . It is worth mentioning that the Maxwell–Garnett mixing rules are valid for these samples since the wavelength is about two orders of magnitude greater than the dimensions of the *p*-Si components.

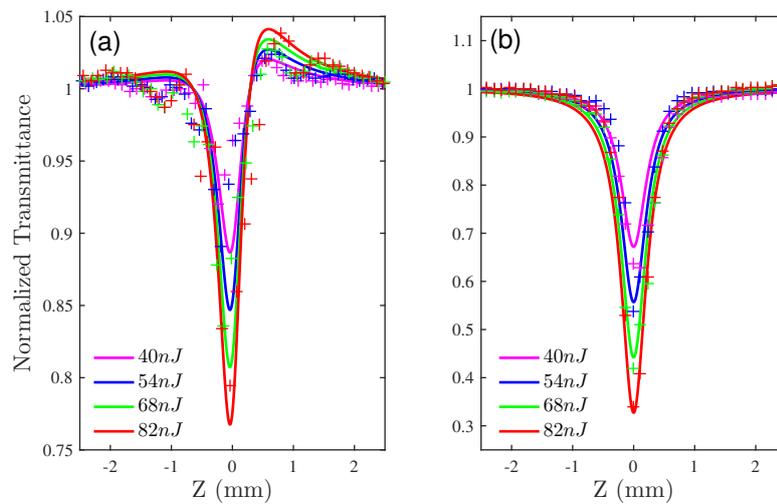
As for the 2.4- $\mu\text{m}$  wavelength, there were no explicitly known values for the imaginary part of the refractive index of intrinsic *c*-Si. This was due to the insignificant absorption for the incident photon energy much smaller than the band-gap. However, the silicon skeleton of *p*-Si that was used in this work was boron-doped, which provided about  $3 \times 10^{18} \text{ cm}^{-3}$  free carriers [23]. Hence, the free carrier absorption needed to be considered, which further led to an increase of the  $k$  value. The influence of free carriers introduced by boron dopants on the *c*-Si dielectric function can be estimated using the Drude model:

$$\epsilon_{doped} = \epsilon_{undoped} - \frac{Ne^2}{m_h \epsilon_0 (\omega^2 + i\gamma\omega)}; \quad (5)$$

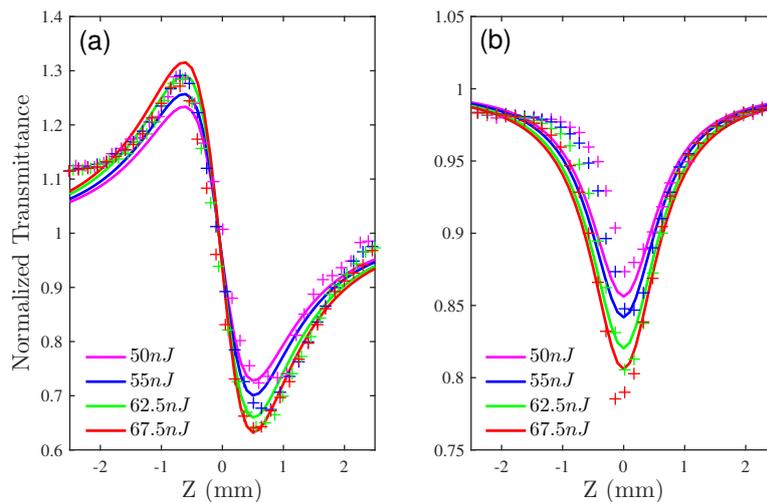
where  $N$  is the carrier concentration induced by dopants,  $e$  denotes the electron charge,  $m_h = 0.36$  is the effective hole mass and  $\epsilon_0$  is the vacuum permittivity. The carrier-carrier scattering rate  $\gamma$  was chosen to be  $1 \times 10^{13} (\text{s}^{-1})$ , which is a typical value for doped silicon [24]. Further use of the Maxwell–Garnett model for the *p*-Si provided the value of the dielectric function of  $\epsilon_{p-Si} = 3.55 + 0.009i$ . The corresponding absorption coefficient,  $\alpha$ , was  $1.54 \text{ cm}^{-1}$  at 2.4  $\mu\text{m}$ . We note that the dopant-induced free carrier absorption was about two orders of magnitude lower than the intrinsic absorption of silicon at 800 nm. Therefore, it could be safely discarded in the calculations for an 800-nm wavelength.

Figure 1a,b shows the measurements taken with the closed and open aperture, respectively, of Z-scan transmittance of the 9  $\mu\text{m}$ -thick *c*-Si thin film, using incident fluences of 40, 54, 68 and 82 nJ. The experimental results were fitted with Equations (1) and (2) to extract the TPA coefficient,  $\beta$ , and nonlinear refractive index,  $n_2$ . The fitting results suggest that  $\beta = 2.9 \pm 0.9 \text{ cm/GW}$ , while  $n_2 = 7 \pm 2 \times 10^{-6} \text{ cm}^2/\text{GW}$ , which are comparable to those previously published elsewhere [16,17]. The main reason for the observed uncertainties was due to the experimental error of the beam fluence determination. The fluence of the incident light did not exceed the nano-Joule range, and it was difficult to measure its exact value. The error involved in the measurements of the fluence was up to 30%. However, this should not lead to a severe numerical error and deviation from the acceptable standards for these types of experiments.

The experimental procedure was repeated to measure the non-linear response of a 15  $\mu\text{m}$ -thick free-standing *p*-Si thin film, and the results are shown in Figure 2. We note, the incident fluence covered a slightly different range than that used for the *c*-Si's measurements. This was due to the difficulties in controlling the fluence level in such a low pulse energy range. The analysis revealed the TPA coefficient  $\beta = 1.0 \pm 0.3 \text{ cm/GW}$  and nonlinear refractive index  $n_2 = -9 \pm 3 \times 10^{-5} \text{ cm}^2/\text{GW}$ . In comparison with that of *c*-Si, the TPA appeared to be slightly suppressed. However, the nonlinear refraction was greatly enhanced. Remarkably, the sign of  $n_2$  was reversed to the negative in comparison to the positive value of *c*-Si. These findings agree with Lettieri's work [25] on *p*-Si, despite the fact that we used samples with different doping and porosity.

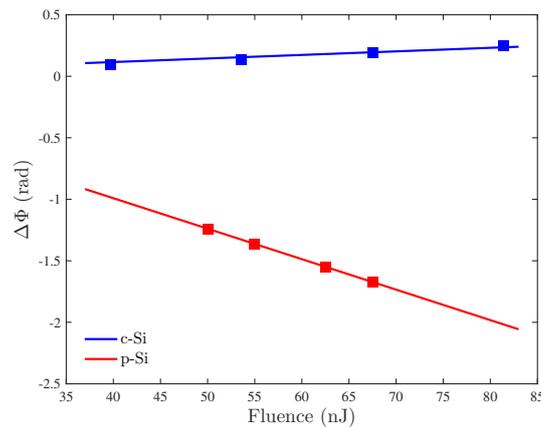


**Figure 1.** The experimental (dots) and fitting (solid lines) results of the Z-scan measurements for the 9  $\mu\text{m}$ -thick-*c*-Si sample at 800 nm, using incident fluence of 40 (magenta), 54 (blue), 68 (green) and 82 nJ (red), respectively. (a) Closed aperture Z-scan (normalised transmittance with a 500- $\mu\text{m}$  aperture). (b) Open aperture Z-scan (normalised transmittance without aperture).



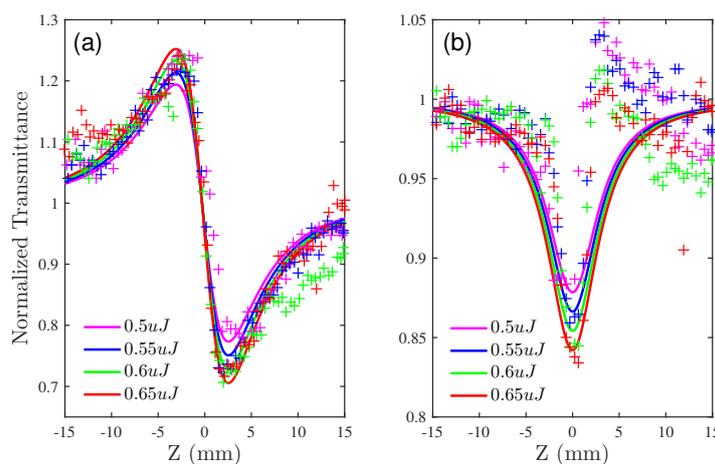
**Figure 2.** The experimental (dots) and fitting (solid lines) results of the Z-scan measurements for the 15  $\mu\text{m}$ -thick *p*-Si sample at 800 nm, using incident fluence of 50 (magenta), 55 (blue), 62.5 (green) and 67.5 nJ (red), respectively. (a) Closed aperture Z-scan (normalised transmittance with a 500- $\mu\text{m}$  aperture). (b) Open aperture Z-scan (normalised transmittance without aperture).

To further compare the nonlinear refraction process between *c*-Si and *p*-Si, the nonlinear phase shift  $\Delta\Phi$  for different incident fluences is plotted in Figure 3. The squares represent the experimental values  $\Delta\Phi = \Delta T_{peak-valley}$ , and the solid lines are calculated from Equation (3) with the values of  $n_2$  obtained from the Z-scan measurements. It can be seen that the phase shift for *p*-Si was at least four-times higher and changed faster as a function of the fluence than that of the *c*-Si, which further confirmed the enhancement of the nonlinear refraction.



**Figure 3.** Nonlinear phase shift,  $\Delta\Phi$ , as a function of the incident fluence for *c*-Si (blue) and *p*-Si (red). The squares represent the experimental results, and the solid lines are calculated with  $n_2$  obtained from the fitting results.

To further extend our knowledge about *p*-Si nonlinearity, we performed the experiments in the Short Wavelength Infrared (SWIR) where the photon energy is lower than the band-gap. Figure 4 shows the Z-scan results of *p*-Si at the wavelength of 2.4  $\mu\text{m}$ . Because of the detectors’ poor sensitivity at this wavelength range, the fluence was increased by an order of magnitude. The use of the longer wavelength required an increase in the scanning range from 5 mm to 30 mm to capture the stretched Z-scan features for both the closed and the open aperture cases. Due to the low level of the TPA at 2.4  $\mu\text{m}$ , the open aperture experiments, as shown in Figure 4b, encountered a high noise level and problems preventing achieving the optimal alignment. The combination of these factors led to a distortion of the symmetrical shape about zero and a higher absolute error in the determination of the TPA coefficient. By fitting the experimental results, we obtained the nonlinear coefficients  $\beta = 5.0 \pm 0.5 \times 10^{-3} \text{ cm/GW}$  and  $n_2 = -3.5 \pm 0.4 \times 10^{-4} \text{ cm}^2/\text{GW}$ , indicating that the nonlinear refraction was even stronger for the longer wavelength range and that nonlinear absorption process was further restrained.



**Figure 4.** The experimental (dots) and fitting (solid lines) results of the Z-scan measurements for the 15  $\mu\text{m}$ -thick *p*-Si sample for a pulse with wavelength of 2.4  $\mu\text{m}$  and the incident fluence of 0.5 (magenta), 0.55 (blue), 0.6 (green) and 0.65  $\mu\text{J}$  (red), respectively. (a) Closed aperture Z-scan (normalised transmittance with a 500- $\mu\text{m}$  aperture). (b) Open aperture Z-scan (normalised transmittance without aperture).

### 3. Discussion

The porous silicon used in this work consists of quasi-one-dimensional wires with a mean diameter of 10 nm. Therefore, the motion of the charged carriers is moderately confined. As a result of the confinement effect, the optical matrix element, defining the third order-nonlinear susceptibility ( $\chi^3$ ), increases. S. Lettieri et al. [25] proposed a computational model to calculate  $\chi^3$  as a function of quantum wire radius. It was suggested that for a quantum wire with a 2–3.5-nm radius, the real part of  $\chi^3$  is about four orders of magnitude greater than in the bulk. From our experimental results, we obtained  $\Re(\chi^3) = \frac{4}{3}n_2n_0^2\epsilon_0c = 1.2 \times 10^{-19} \text{ m}^2/\text{V}^2$  for *p*-Si, which is an order of magnitude greater than  $3.37 \times 10^{-20} \text{ m}^2/\text{V}^2$  for *c*-Si. The difference of our result as compared to Lettieri's work might be the weaker confinement in our samples.

Moreover, in addition to the confinement, the optical Stark effect plays an important role in low-dimensional systems and can cause the sign reversal of  $n_2$  (proportional to  $\Re(\chi^3)$ ) in *p*-Si. To demonstrate this effect, D. Cotter et al. employed the sum-over-states method for the calculation of  $\chi^3$  of a sphere in a quantum confinement regime as a function of the sphere radius [14]. The results demonstrated that  $\Re(\chi^3)$  is always negative with positive values of  $\Im(\chi^3)$ . This behaviour is different from the bulk materials, which exhibit negative values  $\Re(\chi^3)$  only for photon frequencies very close to the absorption edge.

Our experimental results also show a suppression of the TPA process for an 800-nm photon wavelength and smaller  $\beta$  in *p*-Si with respect to *c*-Si. However, it should be noted that the TPA coefficient we evaluated in this work is an effective value of *p*-Si. Due to the dilution of silicon with air, the effective  $\beta$  is smaller than that of the silicon constituent, despite possible enhancement by the quantum confinement effect.

In summary, *p*-Si is a nonlinear material where the nonlinear refraction is greatly enhanced, but the nonlinear absorption is slightly suppressed with respect to its bulk counterpart. Such combinations of the coefficients make *p*-Si a suitable material for all-optical switching. The requirement for all optical switching is  $|\frac{n_2}{\beta\lambda}| > c_{sw}$ , where  $\lambda$  is the wavelength and  $c_{sw}$  is a switching parameter [26], the value of which depends on a particular switching scheme. For example, for a nonlinear coupled waveguide,  $c_{sw} = 2$ . Our results suggest that for 800-nm *p*-Si and *c*-Si,  $|\frac{n_2}{\beta\lambda}| = 1.19$  and 0.03, respectively. However, at 2.4  $\mu\text{m}$ , *p*-Si gives a promising value for all-optical switching application since  $|\frac{n_2}{\beta\lambda}| = 292$ . In comparison to other semiconductor composites that have been proposed for all-optical switching (for example Al-Ga-As [27], Ge-As-Se and Ge-As-S-Se demonstrated  $|\frac{n_2}{\beta\lambda}| > 5$  [28]), *p*-Si has the advantage of the established fabrication technology, relatively low cost and less contamination to the environment.

### 4. Materials and Methods

#### 4.1. Femtosecond Laser System

The experiments in this work were carried out using a Coherent femtosecond laser system. The seed laser was generated from a mode-locked oscillator and further amplified in a Q-switched amplification cavity. The output laser beam has a spatial Gaussian distribution, and the central wavelength was around 800 nm with a 100-nm spectral width. The pulse duration was about 60 fs with a 1-kHz repetition rate. More information on the laser system can be found elsewhere [6,22,29]. In addition, an optical parametric amplifier (OPerA-Solo) was used for the generation of a 2.4- $\mu\text{m}$  short infrared laser. The samples were placed on a motorised linear stage (VT-80) and translated through the focus of the Gaussian beam with a step size of 0.15 mm. The beam was focused to a minimum beam waist of 16  $\mu\text{m}$  by an N-BK7 Plano-convex lens with a 60-mm focal length. The pulse fluence was controlled by a half-wave plate combined with a linear polariser, which sets the polarisation to the in-plane direction (p-polarised). All experiments were conducted at the normal incidence.

We note that in general, *p*-Si can be classified as a uniaxial birefringent material with the optical axis aligned along the pores' direction [30–32]. However, at the normal incidence, there is no electric field component parallel to that axis, and the material can be treated as ordinary. A 45%/55% beam splitter was placed behind the sample, which splits the transmitted signal to two identical detectors, one with a 500- $\mu\text{m}$  aperture ( $S \approx 0.05$ ) in front and one without for the closed and open aperture measurements, respectively. Silicon detectors with a  $5 \times 5$  mm detection area were used for the 800-nm Z-scan and PbS detectors for the 2.4- $\mu\text{m}$  Z-scan.

#### 4.2. Sample Preparation

Electro-chemical anodization was used for the preparation of *p*-Si samples. A boron-doped Si (100) wafer (resistivity: 5 to 15  $\text{m}\Omega\text{cm}$ ) was immersed in a mixture of methanol and 40% hydrofluoric acid electrolyte (mixing ratio 1:1). A current density of 30  $\text{mA}/\text{cm}^2$  was then applied for the anodization process. The *p*-Si layer was separated from the underlying substrate by applying a short pulsed current with the current density of 120  $\text{mA}/\text{cm}^2$ . The membrane was then rinsed in methanol and dried in air. A porosity of 68% was measured using gravimetric analysis, and the thickness of 15  $\mu\text{m}$  was estimated from the images of the cross-section obtained by a scanning electron microscope. The structure of the obtained samples can be described as sponge-like silicon material consisting of interwoven wires with a mean diameter of about 10 nm. More details about the sample characterisation can be found in [23,33].

### 5. Conclusions

In conclusion, we reported an enhancement on nonlinear refraction and suppression on TPA of *p*-Si in comparison with *c*-Si at 800 nm. The nonlinear refractive indices that we obtained for *c*-Si and *p*-Si are  $7 \pm 2 \times 10^{-6} \text{ cm}^2/\text{GW}$  and  $-9 \pm 3 \times 10^{-5} \text{ cm}^2/\text{GW}$ , respectively. The TPA coefficient was determined to be  $\beta = 2.9 \pm 0.9 \text{ cm}/\text{GW}$  for *c*-Si and  $\beta = 1.0 \pm 0.3 \text{ cm}/\text{GW}$  for *p*-Si. In addition, a further increase of  $n_2$  and a decrease of  $\beta$  were found with an incident wavelength of 2.4  $\mu\text{m}$ . We believe that the quantum confinement in *p*-Si is the main reason for the above findings.

**Author Contributions:** Conceptualization, A.K.; Data curation, R.W.; Formal analysis, R.W.; Methodology, L.C.; Software, J.C.; Supervision, A.K.; Writing—original draft, R.W.; Writing—review & editing, J.C., .C. and A.K.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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