

Article

Assessment of Frost Depth and Frost Heave in Romania

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Featured Application: Optimizing infrastructure design, agricultural planning, and environmental management in Romania through precise assessment of frost depth and frost heave.

Abstract: The investigation of extreme weather and climate events has gained momentum in the last few decades, spurred in part by political involvement. However, not enough attention has been paid to the historical recorded data of climate monitoring. An accurate estimate of maximum soil frost depth is an important factor in determining construction costs and structures' foundations, and designers also need reliable information about local meteorological parameters. In this study, the calculations of the parameters for the city of Arad are presented as an example. An updated Romanian frost depth map and a new Romanian freeze–thaw cycle (FTC) map are needed since recent climate studies have documented an increase in global and regional surface temperatures, with the greatest shift in warming occurring over the last three decades. This trend is particularly pronounced when comparing the 1990–2020 period with earlier periods, which could be indicative of broader climate change trends. It is important to note that these conclusions are based solely on the provided statistical parameters and do not take into account other potential factors influencing temperature trends in the region. The results from this investigation could be used to achieve a reduction in frost disasters and the formulation of policies and measures for the adaptation of geotechnical/structural design for Romanian territory. They may also support the development of maps that help to visualize and understand the evolving climate patterns in the region, including changes in frost depth and the frequency of freeze–thaw cycles, which are important for various sectors such as agriculture, construction, and infrastructural planning. Given the documented increase in global and regional surface temperatures, updating such maps will also provide valuable information for policymakers, researchers, and stakeholders on how to adapt to ongoing climate change and its impacts on the Romanian region.

Keywords: extreme temperature; GIS; Romania; foundation design parameters

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1. Introduction

The depth of frost penetration holds considerable significance in the design of diverse infrastructure elements, spanning from building foundations to transportation networks, including pavements, retaining structures, and bridge foundations. Soil freezing can instigate frost heave and resultant pressure, posing significant stability concerns. This heave has the potential to induce notable vertical and lateral stresses and movements, leading to ground surface uplift caused by water freezing within soil layers. Consequently, foundations may be lifted, or substantial additional stresses may be imposed on exposed retaining structures. Furthermore, frost heave typically precedes thaw consolidation and settlement, leading to fluctuating vertical movements in spread footings positioned on soils subjected to freeze–thaw cycles. Such movements can cause extensive damage to various civil engineering structures, such as pavements and utility lines. To

counteract the adverse effects of frost, foundations are commonly constructed below the frost line.

The last official standard of Romania related to frost penetration was issued in 1977, “Maximum freezing depths”, which zoned Romania’s territory by freezing depth, according to STAS 6054/77 [1]. Now, this paper compares the methods widely used for soil freezing determination, and the results are compared with the actual soil freezing map of Romania.

The selected methods for estimating the winter climatic design parameters are used by different international organizations and countries: the NOAA, the USACE, Eurocodes/the International Standard Organization, Poland, and Russia.

In this study, we determine frost- and heave-related parameters using extreme value distributions, specifically the Gumbel distribution. Extreme value distributions represent the limiting distributions for either the minimum or maximum values within a significantly large set of random observations originating from the same arbitrary distribution. These distributions are particularly relevant when analyzing natural hazards such as snow, wind, temperature, floods, and similar phenomena. All the frost/heave design-related parameters were calculated for all 111 meteorological stations in Romania for the 1900–2020, 1950–2020, 1950–1990, and 1990–2020 periods. By taking the locations (geographical coordinates and altitudes) of the 3186 administrative–territorial units in Romania, the average temperature of the coldest quarter for all administrative units in Romania from the ECMWF COPERNICUS REPORT (global bioclimatic indicators from 1979 to 2018 derived from reanalysis), and the yearly average temperatures (Official Gazette of Romania), models were calibrated using the simple Kriging geostatistical method.

2. Winter Severity Parameters

The present study is based on the minimum and maximum daily air temperatures measured at the meteorological stations at 2 m above the surface.

Other databases used in the analysis were as follows:

- The Copernicus Climate Change Service (ECMWF COPERNICUS REPORT, global bioclimatic indicators from 1979 to 2018 derived from reanalysis) [2];
- Geographical coordinates and altitudes for the 3186 administrative–territorial units, retrieved from Global Multi-Resolution Terrain Elevation Data 2010 (GMTED2010), [3];
- The Ensemble Version of the E-OBS Temperature and Precipitation Datasets [4];
- WorldClim version 2.1 climate data for 1970–2000;
- Monthly average values and annual averages for 111 cities published in the Official Gazette of Romania;
- Statistical indicators of the maximum negative and maximum positive annual temperatures for 128 meteorological stations.

Due to recent climate instabilities, interest in the investigation of extreme weather and climate events has been increasing during the last few decades. The availability of information for the last 120 years made it possible to investigate the parameters of winter severity (Days with $T_{min} < -5$ °C, Days with $T_{min} < -10$ °C, Days with $T_{max} < 0$ °C, Days with $T_{max} < -5$ °C, Days with $T_{avg} < 0$ °C), taking into consideration the different time intervals of the catalogues of daily temperatures.

Figure 1 presents the trends of the number of days per year with minimum temperatures of less than -10 °C and -5 °C during the 1990–2020 period.

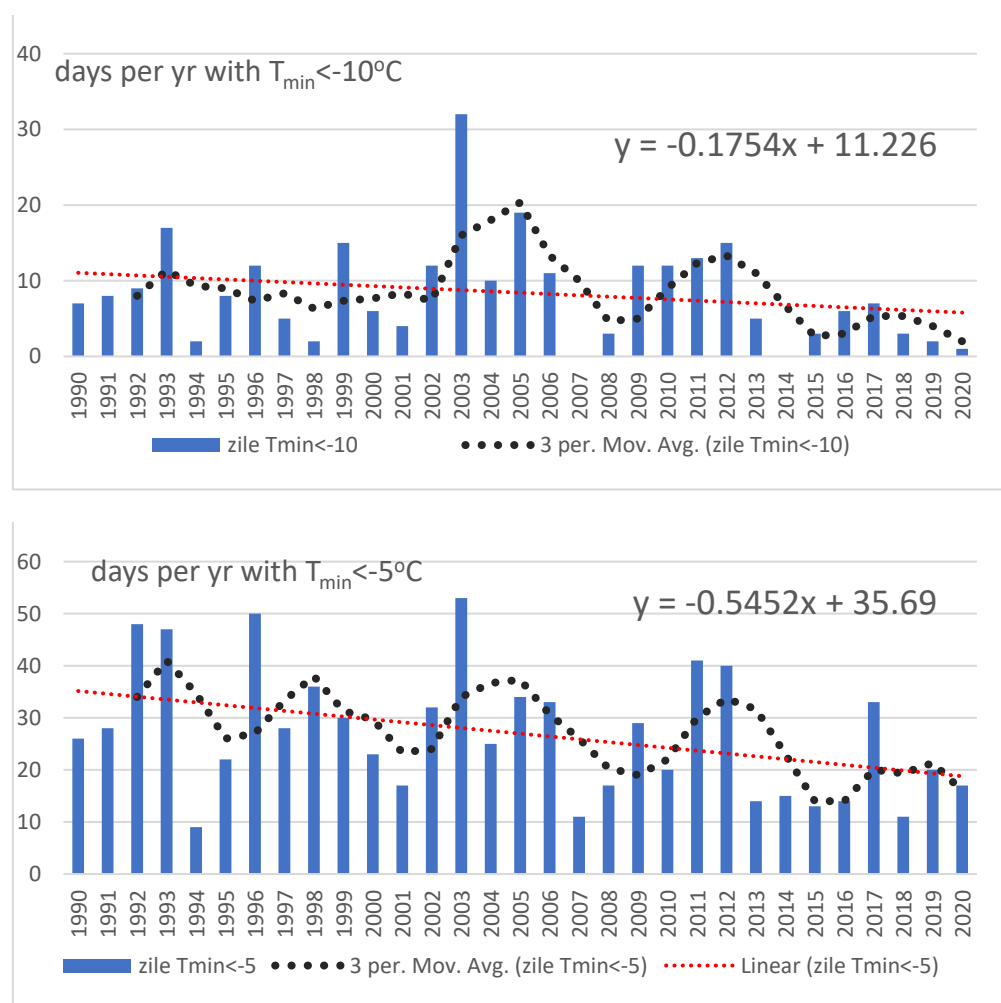


Figure 1. Number of days per year with $T_{min} < -10^{\circ}\text{C}$ and the number of days per year $T_{min} < -5^{\circ}\text{C}$ at the Arad station.

In Table 1, we present statistical indicators of other parameters used to evaluate the winter severity. From the four selected time intervals, we can identify the differences between the maximum recorded days per year in the period 1990–2020 and the other time intervals considered in the analysis.

Table 1. Values of the statistical parameters for the Arad station (mean, standard deviation and maximum recorded) of the yearly number of days with different minimum or maximum temperatures during different periods of data availability.

Investigated Period	Days with $T_{min} < -5^{\circ}\text{C}$			Days with $T_{min} < -10^{\circ}\text{C}$			Days with $T_{max} < 0^{\circ}\text{C}$			Days with $T_{max} < -5^{\circ}\text{C}$			Days with $T_{avg} < 0^{\circ}\text{C}$		
	Avg	St. Dev	Max	Avg	St. Dev	Max	Avg	St. Dev	Max	Avg	St. Dev	Max	Avg	St. Dev	Max
1900–2020	29	14	67	11	9	47	20	12	57	6	6	24	42	18	87
1950–2020	30	13	67	11	9	47	19	11	54	5	6	24	43	16	85
1950–1990	32	13	67	12	10	47	20	12	54	7	8	24	45	16	85
1990–2020	27	12	53	9	7	32	18	10	37	4	3	12	41	16	77

Another indicator of the winter severity is the length of the frost-free season (LFFS). The time of the occurrence of the last spring frost (LSF) and the first fall frost (FFF) determine the length of frost-free season (LFFS), which significantly impacts various aspects of human activity. In the last 20 years, at the Arad station, there has been an increase in the LFFS season in comparison with the period 1980–2000, Figure 2.

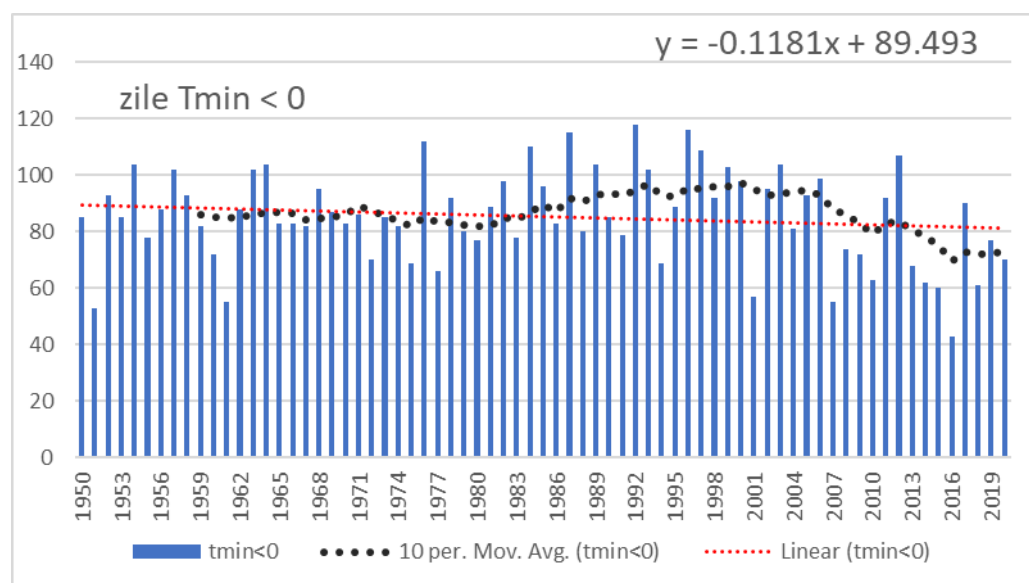


Figure 2. Number of days with daily minimum temperatures less than 0 °C for the Arad station for the 1950–2020 period.

The numbers presented in the Table 1 indicate a general decrease in the average number of days with extreme cold temperatures (e.g., $T_{min} < -5$ °C, $T_{min} < -10$ °C, $T_{max} < 0$ °C, $T_{max} < -5$ °C, $T_{avg} < 0$ °C) as we move from earlier periods (1900–2020, 1950–2020, 1950–1990) to the most recent period (1990–2020).

This trend is particularly pronounced when comparing the 1990–2020 period to earlier periods. These trends suggest a gradual shift towards warmer temperatures at the Arad station area over the investigated periods, which could be indicative of broader climate change trends. Furthermore, it is important to note that these conclusions are based solely on the provided statistical parameters (i.e., the trendline equations presented in Figures 1 and 2) and do not take into account other potential factors influencing temperature trends in the region.

3. Frost Depth Prediction

Frost depth is a function of the material type, soil thermal properties, soil water content, and climatic conditions such as temperature, wind speed, precipitation, and solar radiation, whether those factors are acting individually or as a whole.

The depth to which the ground freezes depends on the following factors: the duration and intensity of winter frosts, soil moisture, the presence and type of vegetation, and the thickness of snow cover. The soil freezing regime is also closely linked to local relief and microclimate features, which cause considerable variation within small areas.

In the case of forests, the frost depth is much lower than in open fields because of the protective role of vegetation and the stability of the snow cover in winter. The thicker the snow cover, the less frost penetrates the soil; the moist soils freeze less than dry soils because the latent heat from freezing water slows the spread of frost to lower depths. In sandy soils, the depth of frost is greater than in clay soils, which have better heat conductivity, and the marshlands and marshy soils freeze the least.

Existing frost depth prediction models can be classified into numerical, analytical, semi-empirical, and empirical models. Some models require as inputs various thermal and hydraulic properties of soil and different meteorological data [5].

3.1. USA Standards/Regulations

There are several frost depth prediction models that have been developed and implemented by the US authorities. Some of these models are empirical in nature, while others are semi-empirical.

The reference methodology developed by the NOAA (National Oceanic and Atmospheric Administration) is based on the AFI calculation at each weather station. Using the NOAA's National Climatic Data Center (NCDC), Billotta et al. 2015 [6] used the complete dataset of daily maximum and minimum temperatures that were utilized to calculate the NOAA's 1981–2010 freezing degree days (FDDs) and the corresponding AFI values. The air-freezing index (AFI) is a common metric for determining the freezing severity of the winter season and estimating frost depth. AFI values represent the seasonal magnitude and duration of below-freezing air temperature. Departures from the daily mean temperature above or below 0 °C are accumulated over each August–July cold season are accumulated and can be plotted on a seasonal time curve. The difference between the highest and lowest extrema points on this seasonal curve is defined as the seasonal AFI value. For example, in Figure 3, the most extreme AFI value for the Arad station over the 1900–2020 period occurred during the 1953/54 season, with an AFI value of 521 FDDs.

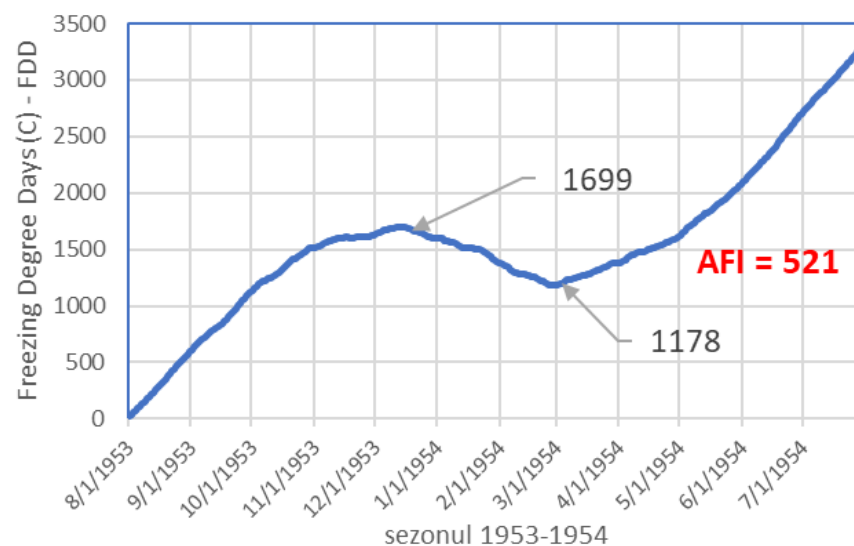


Figure 3. FDDs for the Arad station in the 1953–1954 season (seasonal time curve).

AFI is converted to frost depth using the Brown (1964) [5] Formula (1).

$$d_{\text{frost}} = 0.0174(\text{AFI}_{100})^{0.67} \quad (1)$$

where d_{frost} is the depth of frost for a bare ground surface (m) and AFI_{100} is the 100-year return AFI (°C).

The AFI_{100} is computed using generalized extreme value distribution analysis. In this study, we calculate all the parameters, with x_p corresponding to the return periods determined via the Gumbel distribution for maxima [7].

The Gumbel distribution for maxima is defined by its cumulative distribution function, CDF:

$$F(x) = e^{-e^{-\alpha(x-u)}} \quad (2)$$

where u and α are the parameters of the distribution.

$$u = \mu_x - \frac{\gamma}{\alpha}; \gamma = 0.5772 - \text{Euler constant}; \gamma = \lim_{n \rightarrow \infty} \left(\sum_{k=1}^n \frac{1}{k} - \ln(n) \right); \alpha = \frac{\pi}{\sqrt{6}} \cdot \frac{1}{\sigma_x}$$

and μ_x and σ_x are the mean and the standard deviation of the distribution.

The fractile x_p that is defined as the value of the random variable X with p non-exceedance probability ($P(X \leq x_p) = p$) is computed as follows:

$$F(x_p) = P(X \leq x_p) = p = e^{-e^{-\alpha(x_p - u)}}$$

$$x_p = u - \frac{1}{\alpha} \cdot \ln(-\ln p) = \mu_x - 0.45\sigma_x - \frac{\sigma_x}{1.282} \cdot \ln(-\ln p) = \mu_x + k_p^G \cdot \sigma_x \quad (3)$$

$$k_p^G = -0.45 - 0.78 \cdot \ln(-\ln p)$$

The values of k_p^G for different non-exceedance probabilities are given in Table 2.

Table 2. Values of k_p^G for different non-exceedance probabilities p and return periods.

Annual Probability of Non-Exceedance, p	0.50	0.90	0.95	0.98	0.99
Return periods, years	2	10	20	50	100
k_p^G	−0.164	1.305	1.866	2.593	3.138

Table 3 presents the statistical parameters (mean, standard deviation, and maximum recorded values) for the measured AFI and the corresponding return periods values for the Arad station. The depth of frost (in cm) is also presented for the four periods of time investigated.

Table 3. Values of AFI statistical parameters and different return periods AFI (°C) and corresponding depth of frost (in cm) for the Arad station calculated for the 4 periods' catalogues.

Investigated Period	AFI (°C)			100-, 50-, 20-, and 10-Year Return AFI (°C)				d _{frost} , Depth of Frost (in cm)			
	Mean	St. Dev	Max	AFI ₁₀₀	AFI ₅₀	AFI ₂₀	AFI ₁₀	d _{frost,100}	d _{frost,50}	d _{frost,20}	d _{frost,10}
1900–2020	133	118	521	484	423	342	279	110	100	87	76
1950–2020	124	105	521	454	397	320	261	105	96	83	72
1950–1990	134	120	521	510	445	358	290	113	103	89	78
1990–2020	111	75	314	346	306	251	209	88	80	71	62

The 100-year return AFI values were calculated for all 111 meteorological stations in Romania for the 1950–2020 period. Based on the simple kriging geostatistical method, Figure 4 presents the AFI₁₀₀ map of Romania. The statistical model takes into consideration the yearly average temperatures and the location and average temperature of the coldest quarter for all administrative units of Romania.

The reference methodology to calculate frost depth (cm) developed by the U.S. Corps of Engineers (Yoder, 1975) [8] requires only the freezing index (FI) or the cumulative freezing degree day (CFDD), Equation (4). The freezing index is a measure of the combined duration and magnitude of below-freezing temperatures occurring during a specific freezing season and calculated via the summation in Celsius-degrees-hour (or below-freezing temperatures and subtracting from that the total number of Celsius-degree-hours (or days) above 0 °C over the same period).

The freezing index (FI) is based on the mean daily temperature. Many engineering calculations [9], including, among other factors, the frost penetration depth, are based on the FI. Equation (4) does not separate sandy from clayey soils.

$$d_{frost} = 4.210 (1.8 \text{ FI})^{0.478} \quad (4)$$

where d_{frost} = frost depth (cm) and FI = cumulative freezing degree day (°C × day).

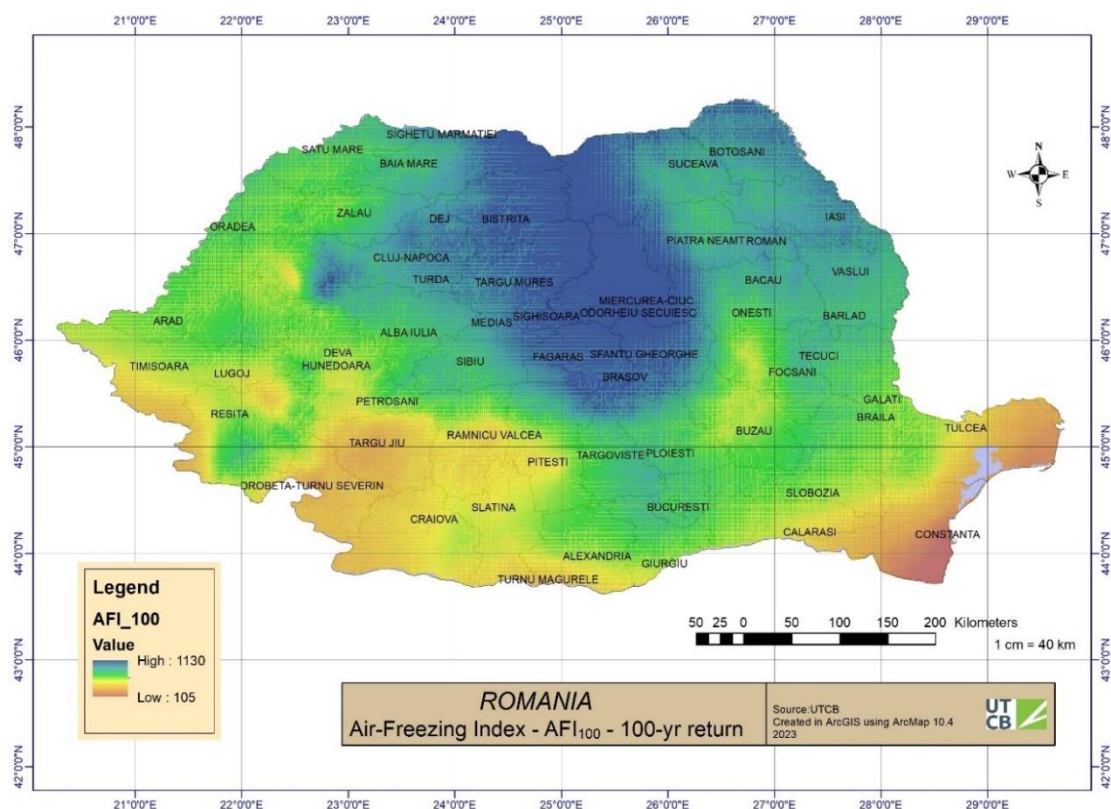


Figure 4. AFI₁₀₀ for Romania using the data from the 1950–2020 period.

Based on the simple kriging geostatistical method, Figure 5 presents the FI₅₀ map of Romania.

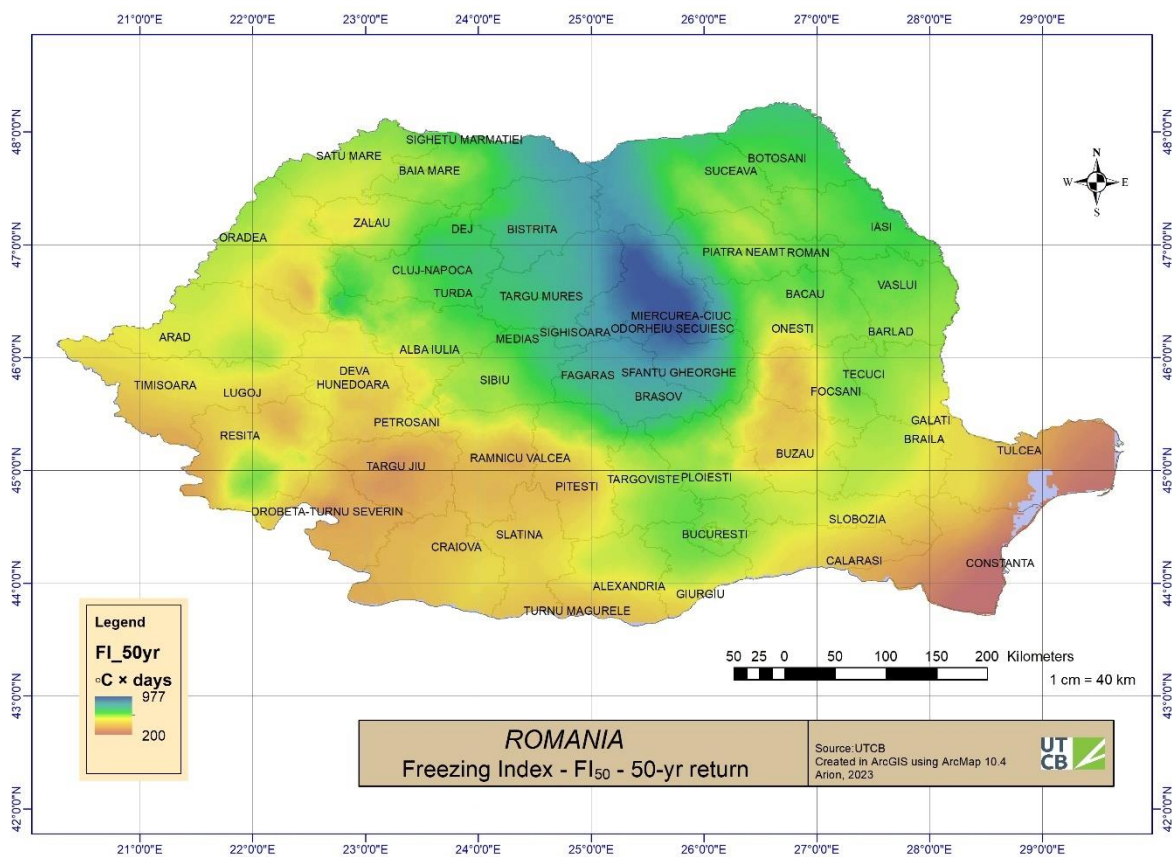


Figure 5. FI₅₀ for Romania using the data from the 1950–2020 period.

Table 4 presents the statistically measured FI, the corresponding return period values, and the depth of frost (in cm) for the Arad station.

Table 4. Values of different return periods FI (°C × day) and the corresponding depths of frost (in cm) for the Arad station.

Investigated Period	FI (°C × Days)			100-, 50-, and 10-Year Return FIs (°C × Days)			d _{frost} , Depth of Frost (cm)		
	Mean	St. Dev	Max	FI ₁₀₀	FI ₅₀	FI ₁₀	d _{frost,100}	d _{frost,50}	d _{frost,10}
1900–2020	147	139	447	582	507	328	117	109	89

3.2. ISO and European/UE Standards/Regulations

The methodology EN ISO 13793:2001 (thermal performance of buildings—thermal design of foundations to avoid frost heave) [10] for frost depth prediction is based on the variation in air temperature during winter, which can be represented by the freezing index and Josef Stefan’s method (Stefan’s equation is one of the first known theoretical formulas to calculate frost penetration), as shown in Equation (5). The recommended values of the parameters from Equation (5) are for the worst-case scenario (bare ground surface over granular soils).

$$H_0 = \sqrt{\frac{7200 \times F_d \times \lambda_f}{L + C \times \theta_e}} \quad (5)$$

where:

F_d is the design freezing index, in Kxh;

λ_f is the thermal conductivity of frozen soil, in W/(mxK)—2.5 W/(mxK);

L is the latent heat of freezing of water in the soil per volume of soil, in J/m³—150 × 10⁶ J/m³;

C is the heat capacity of unfrozen soil per volume, in J/(m³xK)—3 × 10⁶ J/(m³xK) and

θ_e is the annual average external air temperature, in °C;

The design freezing index F_d is 24 times the FI, which is cumulative freezing degree day (°C × day).

For permanent structures, F_{100} or F_{50} must be used.

For the design of buildings/roads that can tolerate some movement, as well as for non-permanent buildings/structures, a lower freezing index (e.g., F_{20} , F_{10} , F_5) may be used.

Table 5 presents the F_d (°C × h) values and the calculated frost depth, H_0 (m), for the Arad station. The values of H_0^x are calculated with the same recommended values as the parameters of Equation (5), except of λ_f , which is set to the specific value of 1.5 W/(mxK) attributed to clayed soils.

Table 5. Values of different return periods F_d (°C × h) and the corresponding depths of frost (in m) for the Arad station.

T (year)	Fractile	F_d (°C × Hour)	H_0 (m)	H_0^x (m)
2	X0.5	F ₂	2972	0.54
5	X0.8	F ₅	5967	0.76
10	X0.9	F ₁₀	7951	0.88
20	X0.95	F ₂₀	9853	0.98
50	X0.98	F ₅₀	12,315	1.1
100	X0.99	F ₁₀₀	14,161	1.18
500	X0.998	F ₅₀₀	18,425	1.34

3.3. Russian and Polish Standards/Regulations

In Russia, according to paragraph 2.124 (2.27) of the manual for the design of the foundations of buildings and structures (Russian construction standard SNiP 2.02.01-83) and SNiP 2.01.01-84 Climatology and Geophysics, the frost depth, H (in m), is calculated very simply using Equation (6):

$$H = k \times \sqrt{M} \quad (6)$$

where:

M is the sum of the absolute values of the average monthly negative temperatures for the winter (only negative values are summarized);

K is coefficient equal to 0.23 for clays and silts, 0.28 for sandy clays and fine-grained sands, 0.30 for coarse-grained sands, and 0.34 for gravels.

For example, according to SNIP, a frost depth of 1.4 m is set for the Moscow region for severe meteorological conditions, for a high groundwater level, in the absence of snow-melt, and in severe frost conditions, although according to studies, the frost depth in the Moscow region varies from 60 cm to 180 cm.

Since 1955, the maps of the soil freezing depths have been given in the Polish Standards [11]. The values of frost depth, H , are calculated in centimeters according to the formula given in Soviet recommendations, as shown in Snip:

$$H = k \times \sqrt{M+2} \quad (7)$$

where M and K are the same as the ones from the Russian norms. In both norms, there are no references to the return periods of the values.

The depth of frost (in m) for the Arad station calculated for the coarse-type ground by using the Russian norm is 0.34 m, and it is calculated as 0.57 m by using the Polish norm. The application of Equation (7) for Romanian territory in the worst-case scenario ($k = 0.34$ —gravely soils) is presented in Figure 6.

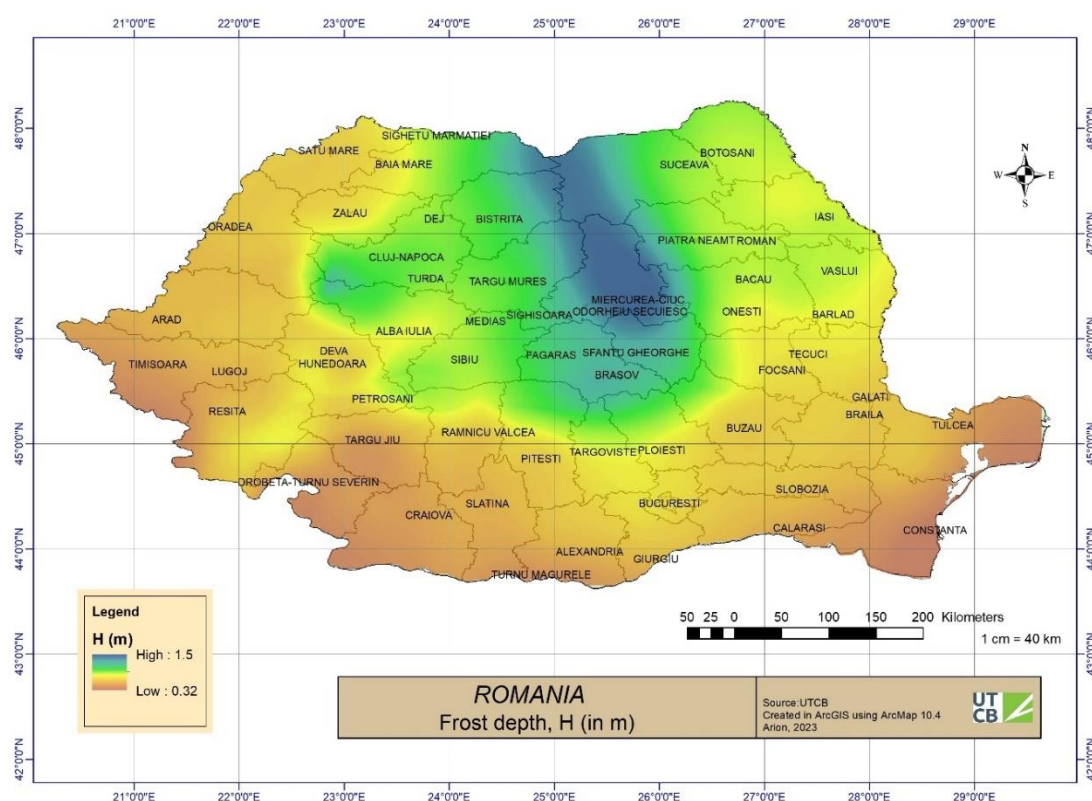


Figure 6. Frost depths of Romanian territory for altitudes <1000 m.

The “Zoning of Romania’s territory by freezing depth”, STAS 6054/77, specifies for the Arad station a 70–80 cm frost depth. In comparison, in Table 6, there are values of depths of frost with different mean recurrence intervals (MRI, 100, 50, 20, and 10 years), calculated for different periods and via different methodologies.

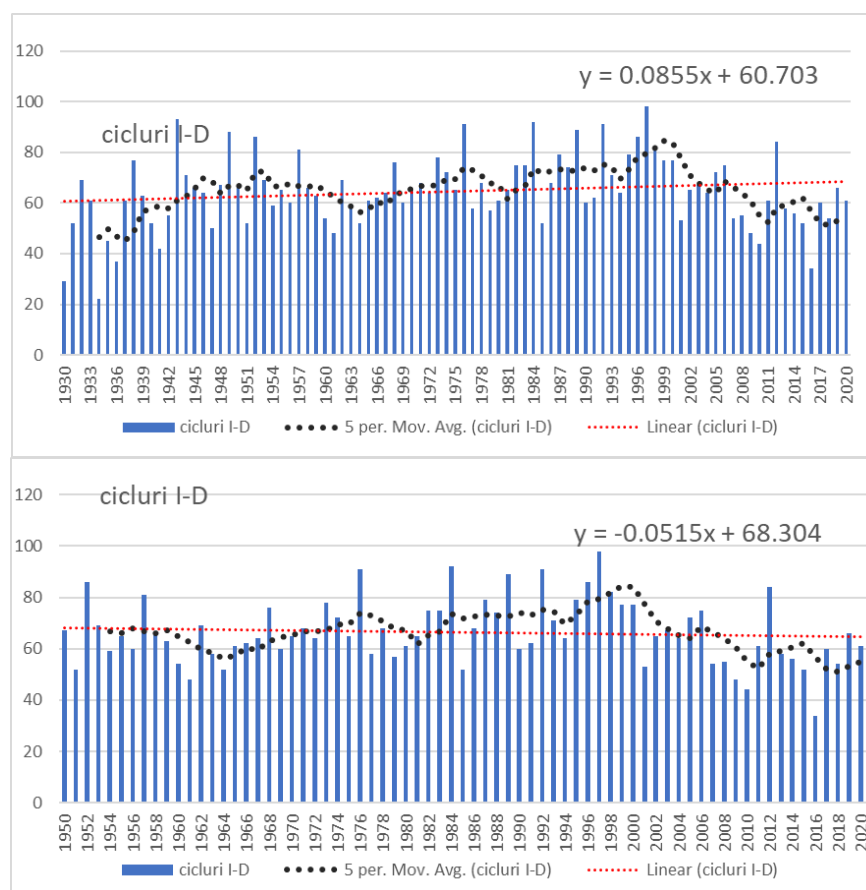
Table 6. Frost depth for the Arad station.

Investigated Period	Depth of Frost (in cm)										
	Using AFI, Equation (1)				Using FI, Equation (4)			Using Fd, Equa- tion (5)		Equa- tion (6)	Equation (7)
	d _{frost,100}	d _{frost,50}	d _{frost,20}	d _{frost,10}	d _{frost,100}	d _{frost,50}	d _{frost,10}	d _{frost,50}	d _{frost,10}	H	H
1900–2020	110	100	87	76	117	109	89	110	88	34	57
1950–2020	105	96	83	72	115	107	87	107	86		
1950–1990	113	103	89	78	124	117	96	117	96		
1990–2020	88	80	71	62	84	79	64	78	63		

4. Evaluation of Frost Heave/Freeze–Thaw Cycle (FTC)

The freeze–thaw cycle (FTC) is defined as a cycle in which the temperature fluctuates both above and below 0 °C [12]. The minimum temperature of 0 °C is used as the threshold for freezing to increase the likelihood that water froze at the surface.

The determination of the number of days with FTC occurrence potential, for each year, for a different investigated period, was calculated in accordance with the two measured parameters: daily maximum temperature (T_{max}) and daily minimum temperature (T_{min}) [13]. Figure 7 highlights the trend of the number of FTCs during the three investigated periods.



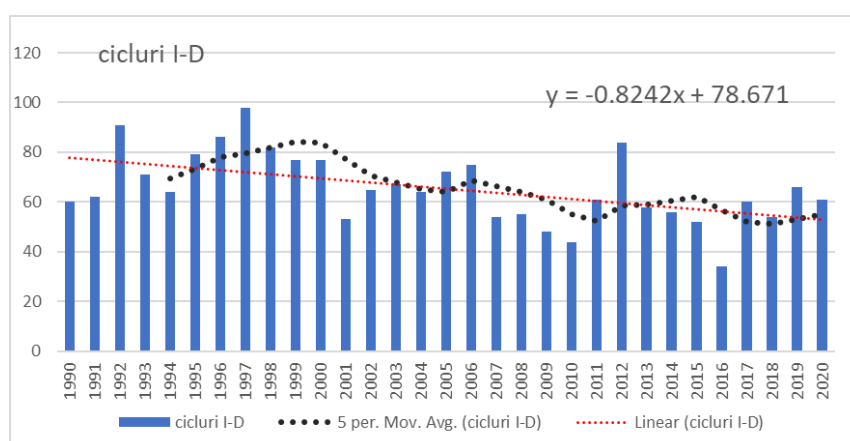


Figure 7. Number of FTCs during the three investigated periods at the Arad station.

The FTC10, FTC50, and FTC100 (FTCs with different return periods: 10 years, 50 years, and 100 years) for available meteorological stations are computed using generalized extreme value distribution analysis.

Table 7 shows the statistical parameters (mean, standard deviation, and maximum recorded) of the yearly FTCs during different periods for the Arad Station. Also in Table 7, the FTC values are for 10-year, 50-year, and 100-year return periods.

Table 7. Arad station's values for the statistical parameters (mean, standard deviation, and maximum recorded) of the yearly FTC during different time intervals.

Investigated Period	Yearly Number of FTCs			FTC ₁₀	FTC ₅₀	FTC ₁₀₀
	Average	St. Dev	Maximum			
1950–2020	66.53	12.29	98	83	98	105
1950–1990	67.2	10.62	92	81	97	101
1990–2020	65.63	14.02	98	84	102	110

The 50-year return FTC values were calculated using the Gumbel value distribution for all 111 meteorological stations in Romania for the 1950–2020 period. Based on the simple kriging geostatistical method, Figure 8 presents the FTC₅₀ map of Romania.

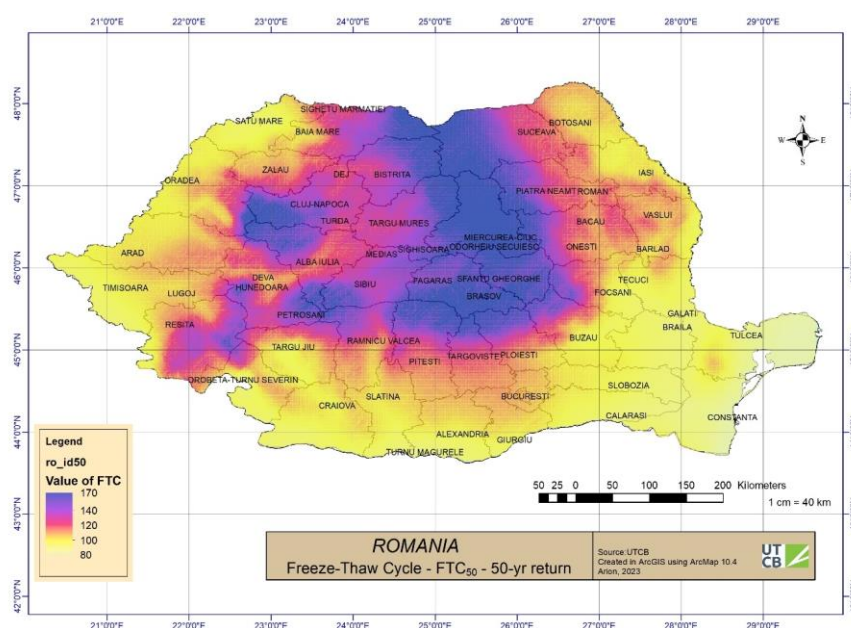


Figure 8. FTC₅₀ map of Romania for altitudes <1000 m.

Sulina and Miercurea Ciuc stand out as the most extreme locations when considering winter parameters. The frost-free period, denoted by the average values (LFFS), ranges from 319 days in Sulina along the Black Sea to 203 days in Miercurea Ciuc, reflecting the negative relief forms of the Inter-Carpathian Depression in the central part of Romania. Calculations based on extreme frost dates (50-year return period) indicate a reduction in the frost-free period to 268 days in Sulina and 138 days in Miercurea Ciuc.

5. Conclusions

Evaluating soil frost depth is difficult because direct measurements of frost depth are not widely available and those that are available do not date back very far. As frost depth is closely linked to air temperatures, an index that measures how often, and by how much, air temperatures remain below freezing through the winter can serve as a useful proxy measurement for frost depth. The isolines/maps were smoothed using the kriging method. Some caution should be used with spatially interpolated results. The most recognized flaw in this method is that interpolation assumes that the spatial area is homogeneous across the surface.

The statistical models were calibrated by taking into consideration the yearly average temperatures (Official Gazette of Romania by ANM), the location (geographical coordinates and altitudes for 3186 administrative—territorial units retrieved from the Global Multi-Resolution Terrain Elevation Data 2010), and the average temperature of the coldest quarter for all administrative units of Romania (ECMWF COPERNICUS REPORT, global bioclimatic indicators from 1979 to 2018 derived from reanalysis).

An accurate estimate of maximum soil frost depth allows for reduced construction costs and proper preparations for future climate conditions. Soil frost depth also has important implications for hydrology, agriculture, and even burials.

Due to the influence of both the duration and severity of sub-zero temperatures, the warming trends observed in the past three decades are likely to be modifying the freezing patterns of soil and contributing to an increase in the freeze–thaw cycle (FTC). The increase in the FTC can lead to significant structural damage to buildings, roads, and other structures. FTCs have also important implications for hydrology and agriculture.

In the climatic conditions of Romania, there is an inter-annual very high variability in the dates of the disappearance of the last spring ground frosts and the dates of the occurrence of the first autumn ground frosts, as well as in the number of days with the phenomenon and the duration of frost-free period. The values from the maps represent the worst case scenario expected in each area.

We retrieved the available data from the National Oceanic and Atmospheric Administration (<https://www.noaa.gov/>, accessed on 5 May 2022) and the National Meteorological Agency (a governmental organization organized under the authority of Romanian Environment Ministry)

We acknowledge the E-OBS dataset from the EU-FP6 project UERRA (<https://www.uerra.eu>) and the Copernicus Climate Change Service, as well as the data provides by the ECA&D project (<https://www.ecad.eu>, (accessed on)).

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Conflicts of Interest: The authors declare no conflict of interest.

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