

Article Emissions of Volatile Compounds and Solids during Additive Manufacturing by the FFF Method

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Abstract: The rapid development of the additive manufacturing industry is a great opportunity both for the development of the industry in the context of rapid prototyping and for hobbyists using 3D printers at home. At the same time, such a rapid technological development poses a significant challenge for specialists dealing with sources of pollutant emissions to the environment as well as for Occupational Health and Safety (OHS) specialists dealing with the assessment of chemical hazards in the workplace. In this article, the authors demonstrate the legitimacy of the concern regarding issues relating to emissions from the 3D printing process, in particular FFF (fused filament fabrication). We carried out tests on the emission of volatile organic compounds from the printer chamber and compared them with the results of analyses conducted for the same materials in laboratory conditions by heating in a vial. They showed that the spectrometric analysis differed in both cases, which proved a clear influence of the parameters of additive manufacturing on both the amount and type of the emitted substances. The article also presents the sizes and shapes of the solid particles emitted during the process and aggregated during pollutant analyses.

Keywords: VOC; emissions; FFF; additive manufacturing; environmental impact



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1. Introduction

Additive manufacturing, fused filament processing, and 3D printers are becoming increasingly widespread. Rapid developments in technology have led to the production of better and more modern printers, which, in turn, have become less expensive and more readily available. There are many manufacturers and many different types of printers available. Some have open or closed printing chambers. Many people can now afford home printers, especially since they are not complicated to operate. Many FFF printers are used for educational purposes in schools and for training purposes in offices [1,2]. They are also used at home for small-scale needs and hobbies.

Three-dimensional printers are used to print objects with complex shapes. Unlike subtractive manufacturing, this object can be easily, inexpensively, and very quickly produced using additive techniques. Additive manufacturing is used in medicine, nanomedicine, radiology, surgery, diagnostics, prosthetics, orthopedics, and any other field where individual adjustment of a single product and manufacturing time are critical [2–8]. Ankle braces, foot braces, wrist braces, artificial pelvises, and mandibles can be printed with 3D printers. Preoperative support and surgeon preparation using additive manufacturing technology, especially in complex cases, may help to create more accurate treatment plans and assist with performing simulated surgery [9]. Future orthopedic surgeons or general surgeons can train on organs printed in such a way. Doctors can simulate difficult surgeries on printed organs.

Different types of filaments are used for printing, including ABS, PLA, PET, HIPS, and PS, in a variety of color combinations. In melt filament printing, the nozzle through which the material passes is heated to 180-270 °C. In some cases, in addition to the nozzle, the



heat bed is also heated to 40-240 °C. In some cases, in addition to the nozzle, the heat bed is also heated to temperatures in the 40-110 °C range. The heating of the nozzles and plastics releases gases and solid particles that are harmful to the natural environment (Figure 1). The volatile organic compounds released in the process are also indifferent to the human body [10–12].



Figure 1. Schematic diagram of particle formation, growth, and disappearance processes.

Numerous researchers have demonstrated that 3D printers are a source of many volatile organic compounds and particles that are released into the air of the room where additive manufacturing takes place during printing [13–17]. These are solid or volatile particles that penetrate the human body during respiration. These ultrafine particles can even penetrate the bloodstream through the skin. Researchers emphasize that the concentration of printers in one room further multiplies and intensifies the pollution that adversely affects human health.

PM consists of solid or liquid particles that are uniformly distributed in the air. Their size ranges from 1 to 10,000 nm, and they remain in the air for a long time. The smaller the particles, the more difficult they are to measure and control. PM_{10} includes all particles less than 10 µm in diameter. These particles can affect the environment and can be hazardous to human health. The primary route of exposure to these particles is inhalation; large molecules such as PM_{10} are expelled from the body by sneezing, coughing, or swallowing. Molecules smaller than 10 µm in diameter can penetrate deep into the lungs and enter the bloodstream. The greatest health threat is fine particles (less than 2.5 µm in diameter), or $PM_{2.5}$. Inhalation of these solid particles can cause asthma, lung cancer, respiratory disease, cardiovascular disease, birth defects, low birth weight, and premature death. Figure 2 is characterized by small particles, ultrafine particles, and nanoparticles compared to a human hair.



Figure 2. Schematic comparison of dimensions of particles and the cross-section of a human hair [12].

The research conducted by the authors [12] showed that the printers operated by students in their apartments were located in the bedroom, living room, kitchen, and general purpose room. This indicates that many people are unaware of the harmfulness of the fumes emitted during fused filament fabrication. In recent years, many research teams have addressed the problem of the emission of solids from the FFF process. Tests have also been conducted on the respiratory effects of emitted contaminants [14], and studies have shown a toxic response to particulate matter released from different types of plastics used in 3D printers. Scientists have studied the chemical composition of the particles and their potential toxicity in detail. The FFF process requires that the filament be quickly heated to its melting point in a heating block just before the extruder. After leaving it, the molten plastic is rapidly cooled by the external temperature or by a blast of air. Such violations of the temperature of the material cause numerous physical and chemical changes in the substances contained in the plastic. These changes may include thermal depolymerization of the basic ingredient, oxidation of additives to the material, or the release of plasticizers and non-pyrolytic agents. As a result of these changes, it is possible for both VOCs (volatile organic compounds) and various particles to be emitted. A major threat to humans is the emission of particles in the PM_{10} , PM_5 , and $PM_{2.5}$ ranges and below. Diameter is the most important of the many parameters of solid particles. Depending on their values, particles are classified into predetermined types (Figure 3).



Figure 3. Classifications and sizes of solid particles and their presence in the environment, based on [18–20].

SPME (solid phase microextraction) is an extraction technique developed in 1990. This technique is particularly useful when the purpose of the analysis is to identify and quantify volatile and intermediate volatile organic compounds, and the matrix is very complex. It is often used to analyze volatile compounds released from various plant materials, environmental samples, foods, insects, etc. SPME is a sample preparation method that is fast, economical, and versatile. The fibers that adsorb the analytes are coated with a polymeric material. SPME consists of adsorbing volatile compounds on a quartz fiber covered with a suitable sorption material (stationary phase). This method has many advantages over conventional extraction methods. The most important advantages of this technique are its simplicity, low cost of analysis, and the possibility of field use, and most importantly, it is not a time-consuming technique and does not require the use of solvents, high sensitivity, small-sized SPME fibers, or sorbing of volatile and mediumvolatile analytes. One of the stages of each analytical procedure is extraction, which consists of separating the components of the mixture. Gases, liquids, or solids can be used for extraction. For example, solvent extraction involves the transfer of analytes from a matrix to an immiscible liquid phase. Typically, organic solvents such as methanol, chloroform, hexane, dichloromethane, petroleum ether, or mixtures thereof are used for

this type of extraction. One technique that uses solids to isolate analytes is SPME. During extraction, the fiber can be placed directly into the aqueous sample to be tested, and the analytes are transferred directly from the sample matrix to the stationary phase (direct immersion, DI-SPME) or to the headspace above the liquid or solid sample (headspace, HS-SPME). SPME proceeds in two basic stages. The first one is the adsorption of analytes on the surface of the sorbent. The fiber is exposed to the components of the sample, and the compounds present in it are partitioned between the sorbent and the matrix. The amount of adsorbed analyte depends on the values of the analyte partition constants between the sample matrix and the headspace and between the sorbent covering the fiber and the headspace. The second stage is the desorption of the analytes under the influence of the high temperature of the gas chromatograph dispenser. Analytes are released into the gas phase and, together with the carrier gas, are transported to the chromatographic column, where they are separated and then detected by an appropriate detector [21–25].

GC (gas chromatography) is an analytical chromatographic technique in which the mobile phase is gas (usually helium, argon, high-purity nitrogen, and, less often, hydrogen), and the stationary phase is an adsorbent or absorbent covering the carrier (filling of the column or its walls). The GC technique makes it possible to determine the percentage composition of mixtures of chemical compounds, of which there are several hundred. Using classical detection (e.g., with the use of catarometers) it is possible to approximate the identification of mixture components based on their retention times. Using a mass spectrometer as a detector, almost univocal identification is possible (gas chromatographymass spectrometry, GC-MS). Gas chromatography is the most commonly used method to rapidly analyze complex mixtures of compounds and to assess the purity of these compounds. Gas chromatography is based on the phenomena of molecular interactions between the chemical compounds that are components of the mixture to be analyzed and the packing material in the column. In gas chromatography, the mixture to be analyzed is first converted to the gas phase in a vaporizer, an important element of the injection system. If the sample to be analyzed is a gas, it can be added to the column, bypassing the vaporizer. The sample is entrained in a carrier gas (usually helium or hydrogen) and passes through a long column, where the mixture is separated into individual chemicals. At the outlet is a detector that detects and measures the concentration of subsequent components of the mixture in the carrier gas. The time it takes for a given chemical to pass through the entire column is called the retention time. The retention time is strongly influenced by the conditions of the analysis, such as temperature and the flow rate of the carrier gas, which is forced by the pressure applied to the top of the column. The retention time under certain conditions is a specific value for each component of the mixture being analyzed. This allows for a very good approximation of the identification of the components by comparison with known pure substances. An identification obtained in this way should be treated with great care, as it may be the case that there is also another substance with the same retention time. A more reliable result can be obtained by analyzing the sample using several different columns (with different properties of the stationary phase). The most reliable result is obtained by combining gas chromatography with other analytical techniques, most often with mass spectrometry (GC-MS). The components of the sample to be analyzed by gas chromatography must be volatile and stable at the temperature of analysis. Most often, these are various gas mixtures and solutions containing volatile chemical compounds [26–30].

2. Materials and Methods

The aim of the study was to identify organic compounds emitted into the air during 3D printing. The technique used was solid phase microextraction (SPME), in combination with gas chromatography coupled with mass spectrometry (GC-MS).

The first research object was a Zortrax M200 3D printer with a closed chamber and without a cleaning filter, made from Olsztyn, from Poland. This printer had one printing nozzle and a heated table. Four objects from four different materials were printed. The

manufacturing of each sample lasted for, on average, 90 min. The emission tests were conducted with a standard setup for each material based on the manufacturers' suggestion. The research sample was manufactured from the following filaments: black ABS, colorless PET-G, black PLA, and natural PVA. The print parameters are included in Table 1.

Material	Parameter	Value
ABS Black	nozzle temperature	275 °C
	printbed temperature	80 °C
	finished product mass	2.71 g × 3
	weight with raft	17 g
	print time	95 min
PET-G Colorless	nozzle temperature	240 °C
	printbed temperature	30 °C
	finished product mass	$2.85 \mathrm{g} \times 3$
	weight with raft	21
	print time	93 min
PLA Black	nozzle temperature	210 °C
	printbed temperature	30 °C
	finished product mass	$2.9 \text{ g} \times 3$
	weight with raft	23 g
	print time	95 min
PVA Colorless	nozzle temperature	190 °C
	printbed temperature	50 °C
	finished product mass	$2.68 imes 3 ext{ g}$
	weight with raft	21
	print time	91 min

Table 1. Print parameters of the tested material.

The measuring station (Figure 4) consisted of the Zortrax M200 printer that printed the research object (Figure 5).



Figure 4. Measuring station, Zortrax M200.



Figure 5. Dogbone manufactured for the purpose of the research; (a) finished product (150 mm \times 10–20 mm \times 8 mm); (b) printed product before post-processing.

Research was carried out in two variations. In the first method (Figure 6), the research sample was collected with an SPME fiber made of PDMS (polydimethylsiloxane). The SPME fiber was exposed in the printer chamber during the 3D printing process for 1 h. The desorption was carried out in the chromatograph dispenser for 10 min.



Figure 6. Sample collection with the SPME fiber during the 3D printing process.

In the second method, the research sample was collected with SPME fiber made of PDMS. For this experiment, 3 g of crushed plastic was placed in a headspace vial and conditioned at 200 °C for 25 min. The SPME fiber was then exposed inside the test vial for 5 min, and the desorption was carried out in the chromatograph dispenser for 10 min.

Flow charts of the research plan are presented in Figures 7 and 8.



Figure 7. Flow chart of the research plan of the first method.



Figure 8. Flow chart of the research plan of the second method.

The designation was carried out using the Bruker 436-GC gas chromatograph coupled with the Bruker Scion SQ mass spectrometer (single quadrupole, EI ion ionization), made

from Mannheim, from Germany. The chromatograph and mass spectrometer settings are given in Table 2.

Table 2. Technical data of the chromatograph and mass spectrometer.

Parameter	Value
Column	BR-5 ms; 0.25 mm $ imes$ 30 m, df = 0.25 μ m
Column temperature program	50 °C (3.5 min),
Dispenser temperature	10 °C/min do 150 °C (0 min),
Sample division	25 °C/min do 280 °C (11.3 min)
Carrier gas	250 °C
Flow	Exclusive
Transfer line temperature	Helium
Source temperature	1.0 mL/min
Ionization energy	300 °C
Scanning range	220 °C

3. Results

Chromatographic signals were identified on the basis of a comparison of the mass spectra obtained with the NIST 11 library. Identification results are shown in Tables 3–9.

No.	Retention Time (min)	Compound Name
1	10.55	Nonanal
2	12.16	Decanal
3	15.11	Benzene, 3-cyclohexen-1-yl-
4	15.37	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis-
5	16.65	Benzene, 1,1'-(1,3-propanediyl)bis-
6	16.76	2-Propenoic acid, tridecyl ester
7	16.90	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, trans-
8	17.02	1,7-di-iso-propylnaphthalene
9	17.18	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, trans–Dup1
10	18.09	2-[1-(4-Cyano-1,2,3,4-tetrahydronaphthyl)]propanenitrile

Table 3. Black ABS—compounds emitted during the process.

Table 4. PLA Black—compounds emitted during the process.

No.	Retention Time (min)	Compound Name
1	11.54	1,4-Dioxane-2,5-dione, 3,6-dimethyl-, (3S-cis)-
2	12.17	Decanal
3	15.12	5,9-Undecadien-2-one, 6,10-dimethyl-
4	15.37	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis-
5	15.53	Nonadecane
6	16.90	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis–Dup1
7	17.02	1,3-di-iso-propylnaphthalene
8	17.18	Cyclobutane, 1,3-diphenyl-, trans-

 Table 5. Colorless PVA—compounds emitted during the process.

No.	Retention Time (min)	Compound Name
1	8.31	Glycerine
2	10.32	1,2,3-Propanetriol, 1-acetate
3	12.16	Decanal
4	15.12	5,9-Undecadien-2-one, 6,10-dimethyl-
5	17.18	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis-

No.	Retention Time (min)	Compound Name
1	4.14	Toluene
2	5.11	Cyclotrisiloxane, hexamethyl-
3	5.49	Cyclohexene, 4-ethenyl-
4	6.01	Ethylbenzene
5	6.67	Styrene
6	7.29	Benzene, (1-methylethyl)-
7	7.69	Cyclohexane, 1,2-diethyl-, cis-
8	7.90	Benzene, propyl-
9	8.04	Benzaldehyde
10	8.70	Heptane, 2,2,4,6,6-pentamethyl-
11	8.98	Benzene, 1-methyl-2-propyl-
12	9.32	D-Limonene
13	9.98	Acetophenone
14	11.23	Cyclohexane, 1,2,4-triethenyl-
15	12.22	Decanal
16	12.99	Methyl 6,9,12,15-hexadecatetraenoate
17	14.05	Benzenebutanenitrile
18	14.81	Dodecanal
19	14.93	Quinoline, 2,4-dimethyl-
20	15.18	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis–Dup1
21	15.38	Cyclododecane
22	15.44	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis–Dup2
23	15.51	5-Octadecene, (E)-
24	15.56	Heptadecane
25	16.67	Benzene, 1,1'-(1,3-propanediyl)bis-
26	16.74	1,3-di-iso-propylnaphthalene
27	16.79	2-Propenoic acid, tridecyl ester
28	16.82	1-Decanol, 2-hexyl-
29	16.92	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, cis-
30	17.03	Benzene, 1,1'-(2-butene-1,4-diyl)bis-
31	17.20	Benzene, 1,1'-(1,2-cyclobutanediyl)bis-, trans-
32	17.32	Naphthalene, 1,2,3,4-tetrahydro-1-phenyl-

 Table 6. Black ABS heating in headspace vial—compound identification.

 Table 7. Colorless PET-G heating in headspace vial—compound identification.

No.	Retention Time (min)	Compound Name
1	4.45	2,4-Hexadiene, 2,3-dimethyl-
2	5.45	5,5-Dimethyl-1,3-dioxane-2-ethanol
3	10.35	Cyclohexanemethanol, 4-methylene-
4	10.58	Nonanal
5	11.97	2-Tetradecanone
6	12.19	Decanal
7	12.92	Caprolactam
8	13.45	2-Undecanone
9	13.53	Cyclohexasiloxane, dodecamethyl-
10	13.67	Undecanal
11	14.70	Heptadecane
12	14.80	Dodecanal
13	15.14	5,9-Undecadien-2-one, 6,10-dimethyl-, (E)-
14	15.25	Cycloheptasiloxane, tetradecamethyl-
15	15.36	1-Undecanol
16	15.49	5-Octadecene, (E)-
17	15.65	Tridecanal
18	16.38	Cyclooctasiloxane, hexadecamethyl-
19	16.78	Dodecyl acrylate
20	17.19	Cyclononasiloxane, octadecamethyl-

No.	Retention Time (min)	Compound Name
1	4.20	Toluene
2	5.99	Ethylbenzene
3	6.20	p-Xylene
4	6.63	Styrene
5	8.08	Benzaldehyde
6	11.67	3,4-Dimethyldihydrofuran-2,5-dione
7	12.10	Dodecane
8	12.20	Decanal
9	12.97	Dodecane, 4-methyl-
10	13.05	Dodecane, 2-methyl-
11	13.17	1-Decanol
12	13.57	Tetradecane
13	14.18	Tridecane, 6-methyl-
14	14.21	Tridecane, 5-methyl-
15	14.27	Tridecane, 4-methyl-
16	14.33	Tridecane, 2-methyl-
17	14.41	Tridecane, 3-methyl-
18	14.71	Hexadecane
19	15.14	5-Ethyldecane
20	15.17	Tetradecane, 5-methyl-
21	15.22	Tetradecane, 4-methyl-
22	15.27	Triacontane
23	15.33	Tetradecane, 3-methyl-
24	15.56	Hexadecane-Dup1
25	15.81	Phenol, 4,6-di(1,1-dimethylethyl)-2-methyl-
26	15.89	Pentadecane
27	15.92	Eicosane, 10-methyl-
28	15.96	Pentadecane, 4-methyl-
29	16.00	Tetradecane, 3-methyl–Dup1
30	16.05	Pentadecane, 3-methyl-
31	16.24	Hexadecane-Dup2
32	16.51	Hexadecane, 7-methyl-
33	16.58	Hexadecane, 4-methyl-
34	16.62	Triacontane-Dup1
35	16.66	Heptadecane, 2-methyl-
36	16.90	Pyrene, hexadecahydro-
37	17.27	4-Methyl-hexadecahydro-pyrene

 Table 8. Black PLA heating in headspace vial—compound identification.

 Table 9. PVA colorless heating in headspace vial—compound identification.

No.	Retention Time (min)	Compound Name
1	3.65	3-Penten-2-one
2	4.14	Toluene
3	4.67	1,3,5-Heptatriene, (E,E)-
4	5.25	2-Buten-1-ol, acetate
5	5.82	2-Hexenal, (E)-
6	6.35	p-Xylene
7	6.63	Styrene
8	7.00	2,4-Hexadienal, (E,E)-
9	8.10	Benzaldehyde
10	8.45	4,4-Dimethyl-2-cyclopenten-1-one
11	8.63	trans, trans-3,5-Heptadien-2-one
12	9.67	2,4,6-Octatrienal
13	10.06	Acetophenone

No.	Retention Time (min)	Compound Name
14	10.68	Methoxyphenamine
15	10.98	Methyl m-tolyl carbinol
16	11.14	Ethanone, 1-(3-methylphenyl)-
17	11.45	Benzene, (1-methylene-2-propenyl)-
18	11.59	Acetic acid, phenylmethyl ester
19	11.67	Cycloprop[a]indene, 1,1a,6,6a-tetrahydro-
20	11.82	3-Methylene-2-norbornanone
21	11.87	Bicyclo[4.1.0]hept-2-ene
22	12.02	1H-Indene, 1-methylene-
23	12.22	Decanal
24	12.53	Benzenepropanal, .betamethyl-
25	12.83	2-Butanone, 4-phenyl-
26	12.92	2-Propenal, 2-methyl-3-phenyl-
27	12.97	1-Butanone, 1-phenyl-
28	13.02	Methyl m-tolyl carbinol-Dup1
29	13.10	4-Ethylbenzoic acid, 2-phenylethyl ester
30	13.23	2-Isopropylbenzaldehyde
31	13.35	Ethanone, 1-(2,3-dihydro-1H-inden-5-yl)-
32	13.46	1-Tridecene
33	13.71	Undecanal
34	13.79	m-Toluic acid, cyclobutyl ester
35	14.63	1-Tetradecene
36	14.71	Tetradecane
37	14.82	Dodecanal
38	15.25	4-(N-Methyl-N-methoxy)indancarboxamide
39	15.52	n-Heptadecanol-1
40	15.57	Heptadecane
41	15.66	Tridecanal
42	15.72	m-Toluic acid, 4-cyanophenyl ester
43	16.24	Heptadecane-Dup1
44	16.34	Tetradecanal
45	16.79	1-Nonadecene
46	16.83	2-Pentadecanone
47	16.93	Pentadecanal-
48	17.43	Tetradecanal-Dup1
49	17.81	2-Heptadecanone
50	17.89	Pentadecanal-Dup1

Table 9. Cont.

3.1. Process Emissions

The compounds emitted during the 3D printing process are shown in Tables 3–5. The test sample was taken with the SPME fiber made of PDMS (polydimethylsiloxane). The SPME fiber was exposed in the printer chamber during the 3D printing process for 1 h, and the desorption was carried out in the chromatograph dispenser for 10 min.

In the collected sample of the black ABS filament, the best visible spectrum was that of an aromatic compound, benzene (Figure 9).

In the collected sample of the black PLA filament, the best visible spectrum was that of the cyclic ethers dioxan of the sulfoxide dimethyl (Figure 10).

In the collected sample of the natural PVA filament, the best visible spectrum was that of propanetriol (Figure 11).



Figure 9. Elemental composition of ultrafine particles emitted by the 3D printer using black ABS premium filament.



Figure 10. Elemental composition of ultrafine particles emitted by the 3D printer using black PLA filament.



Figure 11. Elemental composition of ultrafine particles emitted by the 3D printer using natural PVA filament.

Unfortunately, samples from colorless PET-G could not be obtained with this method.

3.2. Material Emissions

The compounds emitted while heating the chipped filament are shown in Tables 6–9. The test sample was collected with the SPME fiber made of PDMS (polydimethylsiloxane). A sample consisting of 3 g of shredded plastic was placed into a headspace vial and conditioned at 200 °C for 25 min. The SPME fiber was then exposed inside the headspace vial for 5 min, and the desorption was carried out in the chromatograph dispenser for 10 min.

In the collected sample of the black ABS premium filament, the visible spectrum were benzene, styrene, acetophenone, and cyclohexene (Figure 12).

In the collected sample of the natural PET-G filament, the visible spectra were decanal, dodecyl acrylate, cycloheptasiloxane, and tetradecamethyl (Figure 13).

In the collected sample of the black PLA filament, the visible spectra were toluene, styrene, benzaldehyde, and hexadecane (Figure 14).

In the collected sample of the neutral PVA filament, the best visible spectra were acetophenone, acetic acid, phenylmethyl ester, heptadecanol, and pentadecanal (Figure 15).

Figure 12. Elemental composition of ultrafine particles emitted by black ABS premium filament.

Figure 13. Elemental composition of the ultrafine particles emitted by natural PET-G filament.

Figure 14. Elemental composition of the ultrafine particles emitted by black PLA filament.

Figure 15. Elemental composition of ultrafine particles emitted by neutral PVA filament.

3.3. Solid Particles Emitted during the Process

Pictures of aggregated particles emitted during the FFF process are shown in Figure 16. The particles were embedded in an organic solvent and then photographed with a scanning electron microscope (SEM).

(c)

Figure 16. (a-c) Aggregated particles emitted during the FFF process.

As shown in Figure 14, particles emitted during 3D printing aggregate relatively easily in organic solvents, forming larger clusters. Individual particles and their clusters have porous and irregular structures, in many cases with numerous acute angles. Such a configuration may significantly facilitate their entry into the bloodstream. Importantly, there is a reasonable risk that nanoparticles released during 3D printing may enter the alveoli or bloodstream directly, where they may aggregate, posing a significant health risk to the operator exposed to the emissions.

4. Discussion

In the course of their research, the authors have found that the tested plastics are a source of many volatile chemicals, and that these compounds are emitted into the air during 3D printing. The detected volatile substances can be classified into the following groups: aliphatic hydrocarbons, aromatic hydrocarbons, aldehydes, alcohols, ketones, esters, and siloxanes. Due to the very large number of detected substances and their strong coelution (overlap), in many cases, it has not been possible to precisely identify them. The chemical compounds given in Tables 3–9 should, therefore, be treated as selected, exemplary substances, the presence of which is subject to identification error. Among the organic compounds mentioned in the study, particular attention was paid to substances harmful to health, such as toluene, ethylbenzene, xylenes, styrene, benzaldehyde, and other aldehydes, as well as harmful substances (not directly detected), the presence of which is very likely: benzene, acrylates, phenol derivatives, and polycyclic aromatic hydrocarbons (PAHs). The test samples emitting the most potentially harmful substances were ABS Premium in black and PLA in black; to a lesser extent, colorless PET-G; and to the least extent, natural PVA.

5. Conclusions

An important element of the presented research is the comparison of the emissions from the same material, tested with the same method, but released as a result of 3D printing and simple heating of the material to a given temperature. The resulting differences may be due to special conditions in the heat block and nozzle of the 3D printer. Rapid thermodynamic changes, including a very rapid increase in temperature and pressure, may lead to changes in the composition of waste gases formed during the process. This piece of information is important for the methodology of future research on emissions from the additive manufacturing process, in particular, fused filament fabrication.

Such a significant discrepancy between the results of emission measurements from the same substances and those made with different methods may also be the reason for the discrepancies in comparison with the results obtained by authors who conducted research on emissions from the 3D printing process earlier [31]. This state of affairs requires a thorough review of the available measurement methods and the development of a unified methodology for the analysis of emissions from the printout preparation to the completion of the analyses. The lack of a unified methodology for emission analysis significantly hinders the comparison of various results of studies carried out by different authors using various process parameters. As a result, it is not possible to clearly indicate the impact of pollution from the additive manufacturing process on the health of the operators and on the environment, which, in turn, prevents the development of an effective method to reduce this risk.

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