

Table S1.

| Variable | Variable Name |
|---------------------------------------|----------------------|
| Insomnia status | BCINSOMN |
| Low energy | BCENERGY |
| History of hypertension | HMHYPERT |
| Height | VSHEIGHT |
| Height units | VSHTUNIT |
| Weight | VSWEIGHT |
| Weight units | VSWTUNIT |
| Month of birth | PTDOBMM |
| Year of birth | PTDOBY |
| Date of baseline evaluation | USERDATE |
| Self-reported sex | PTGENDER |
| Cognitive status (ADNI-1) | DXCURREN |
| Cognitive status (ADNI-GO and ADNI-2) | DXCHANGE |
| APOE4 allele number | APOE4 |
| Race | PTRACCAT |
| Ethnicity | PTETCHAT |
| Marital status | PTMARRY |
| Education in years | PTEDUCAT |
| History of cardiovascular disease | MH4CARD |
| History of smoking | MH16SMOK |
| History of alcohol abuse | MH17MALI |

The names of ADNI database variable used in this study.