



# Article Methicillin-Resistant Staphylococcus aureus in Diabetic Foot Infections: Protein Profiling, Virulence Determinants, and Antimicrobial Resistance

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Abstract: Staphylococcus aureus (S. aureus) is one of the most prevalent bacterial pathogens recovered from diabetic foot infections (DFIs). Most S. aureus isolates exhibit methicillin resistance, so treatment is recommended with antimicrobials active against methicillin-resistant S. aureus (MRSA) in patients who have risk factors associated with MRSA infections. The main goal of this study was to see if proteomics and molecular methods could be effective in identifying and distinguishing MRSA recovered from DFIs. Since MRSA is highly resistant to β-lactam antibiotics and usually does not respond to other antimicrobial drugs, we evaluated the resistance of MRSA isolates against different antibiotics. The standard procedures were followed for a culture of 250 skin swabs collected from diabetic foot patients. The phenotypic characteristics of 48 suspected S. aureus cultures were determined via microscopic examination, Gram staining, a coagulase test, a BBL<sup>™</sup> Staphyloslide<sup>™</sup> Latex test, a Staph ID 32 API system, and a Vitek 2 Compact system. Matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) was used to examine the protein profile of all isolates, and real-time PCR was then used to identify mecA and PVL virulence genes. S aureus isolates were tested using the Vitek 2 Compact for antimicrobial susceptibility using Gram-positive cards (GP71). Among the 48 bacterial isolates tested, 45 (93.75%), 42 (87.5%), and 46 (95.83%) were positive in tube coagulase, the Staph ID 32 API system, and the Vitek 2 Compact system, respectively. We correctly identified all suspected S. aureus isolates (100%) via MALDI-TOF MS with a score value  $\geq$  2.00 and differentiated them into 22/48 MRSA (45.83%) and 26/48 MSSA (54.17%) isolates. A higher peak intensity at masses of 5530 Da, 6580 Da, 6710 Da, and 6820 Da was detected in MRSA, but not in MSSA. All MRSA isolates tested positive for the mecA gene, while all isolates tested negative for the PVL gene. The antibiotic susceptibility results showed that 22 (100%), 20 (90.91%), 19 (86.36%), 18 (81.82%), 17 (77.27%), 15 (68.18%), 13 (59.1%), and 12 (54.55%) MRSA strains were resistant to cefoxitin, daptomycin, erythromycin, benzylpenicillin, ciprofloxacin, oxacillin, and clindamycin, respectively. In contrast, all MRSA strains were extremely susceptible (100%) to linezolid, nitrofurantoin, quinupristin–dalfopristin, tigecycline, and vancomycin. Moreover, 20 (90.91%), 18 (81.82%), and 17 (77.27%) of the MRSA strains exhibited high sensitivity against rifampin, trimethoprim-sulfamethoxazole, and gentamicin, respectively. In DFIs, MALDI-TOF MS is a powerful and accurate method of identifying and distinguishing both MRSA and MSSA isolates. A high level of antimicrobial resistance was found in MRSA isolates, and antibiotic therapy based on antibiotic susceptibility patterns is essential for a successful outcome.

Keywords: diabetic foot infections; MRSA; proteomics; virulent genes; antibiotic profiles

# 1. Introduction

Diabetes mellitus (DM) is a progressive and chronic endocrine disorder that is characterized by tenacious hyperglycemia. Diabetic foot infection (DFI) is considered one of



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). the major severe complications of this disease [1,2] and is triggered by several bacteria [3]. *Staphylococcus aureus* (*S. aureus*) represents one of the main microorganisms responsible for the acute form of DFI. Nevertheless, numerous microorganisms are frequently detected in infected wounds [4]. It is already known that antibiotic resistance against different microorganisms recovered from diabetic foot patients is an emerging global problem. Previous studies conducted by Karmaker et al. [5] and Ornskov et al. [6] stated that DFI is caused by multiple antibiotic-resistant methicillin-resistant *S. aureus* (MRSA). A hospital-associated MRSA outbreak was first reported in the 1960s [6,7].

It has become increasingly common for MRSA to spread among foot ulcer patients over time, which often results in amputations [8,9]; 16.78% of DFIs are colonized by MRSA, though subsequent studies have shown higher prevalence rates in accordance with geographical variables [10,11].

In diabetic patients, it is difficult to accurately identify bacteria and diagnose DFI due to the polymicrobial nature of the infection and the confounding effects of neuropathy and ischemia [12]. There are several methods available for identifying and defining human microbiota. In clinical microbiology, diagnosis is mostly determined by phenotypic identification, which involves cultivating bacteria in order to isolate their colonies. Despite this, the traditional culture method cannot identify phenotypically similar bacteria [13].

The identification of MRSA in DFI is based mainly on the Kirby–Bauer method and genetic analysis [2]. Cefoxitin and oxacillin disc diffusion are considered the most common phenotypic techniques applied in the identification of MRSA. Although the phenotypic approach is the gold standard, it is time-consuming, expensive, and seldom used to distinguish MRSA from methicillin-sensitive *S. aureus* (MSSA) [14]. A gene called *mecA*, which is responsible for determining penicillin-binding protein (PBP) production, is considered an indicator for the detection of MRSA. For that reason, detection of the *mecA* gene and PBPs via genetic approaches is still good practice for MRSA confirmation [7]. These PBPs usually have potent empathy for the  $\beta$ -lactam ring [15]. Nonetheless, in MRSA strains, alternative PBP2a has a very low ability for joining to  $\beta$ -lactam antibiotics, and this may lead to failure of methicillin antimicrobial drugs to damage the bacterial cell wall [16].

Molecular approaches, on the other hand, are nearly all time-consuming and costly. As a result, a quick, cost-effective, and reliable approach to identify the different bacteria in DFI is still needed. Matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) is a unique technique that gives efficient and fast characterization of diverse bacteria and is regarded as a significant step towards appropriate communicable and non-communicable disease control in clinical and public health diagnostics [17]. MALDI-TOF MS, as a novel method for the detection and classification of various microorganisms, is based on the protein complexes of the bacterial cells. Despite the fact that this technology has been used for a long time, only lately have investigations shown successful discovery of the species in a research facility [18]. During the last five to ten years, this methodology has been popular for the identification of species since it can be achieved within a short timeframe [19]. A key advantage of this approach is its speed and cost-effectiveness, provided that a library of spectral data that cover all pathogens is available.

Standard sample-organization techniques have arisen as a result of great efforts; hence, enhanced evaluation and management facilities have developed [20]. The treatment of MRSA is becoming a worldwide challenge. At the present time, MRSA creates resistance to various antimicrobial drugs [2,21]. The failure of the diabetic foot treatment process is due to several factors, the most important of which is the use of non-specific antibiotics isolated from the wound site [22,23]. Major antibiotic classes that are commonly used to treat MRSA infections are resistant to them [24,25], and MRSA infections are associated with longer hospital admissions and higher healthcare expenses that might reach EUR 44 million [9].

The majority of acute infections in patients who could not been cured with various antimicrobial drugs are commonly caused by a single type of bacterium (e.g., *S. aureus*). In contrast, chronic infections which have been treated with antibiotics are often caused by

several types of bacteria (Gram-positive and/or Gram-negative bacteria [26]. In our region, the available information regarding DFI are scanty, and there is no satisfactory research or strategies to recommend suitable antibiotic selections according to our local information. Therefore, the main aim of the current investigation was to compare the PMFT with the biochemical and genotypic approaches for the detection and characterization of MRSA obtained from diabetic foot patients. In addition, the degree of susceptibility and resistance of MRSA against different types of antimicrobial drugs was studied in this investigation.

## 2. Materials and Methods

# 2.1. Ethical Statement

Human participants were approved by the general directorate of health affairs, Al-Qassim region, Ministry of Health, Kingdom of Saudi Arabia, with ethics approval no. 783211. All the clinical strains used in this study came from regular medical testing or strain collections, and only bacteria cultures obtained from these sources were used.

# 2.2. Sample Collection and Cultivation

This study was conducted at the King Fahd Specialist Hospital (Sheikh Fahad Al Owaidah Center for Diabetes Foot Care) in Buraydah city. The current investigation included approximately 250 patients with DM (type II) who were admitted with DFI to the Diabetic Center from March to October 2021. Additionally, the consent of all patients included in the study was obtained before starting the experiment. The swab samples (aspirates and/or pus) were collected from deep infected ulcers in sterile bottles under strict hygienic measures.

All samples were transported to the Microbiology Laboratory within two hours of collection or were left for 4 h in a refrigerator until we made the bacterial culture. After being cultivated for 24 h on blood agar, Baird-Parker agar, and MacConkey agar media (Sigma-Aldrich, Darmstadt, Germany) at 37 °C, all specimens were then subjected to the culture method via cultivation on blood agar complemented with 5% sheep blood. The pure cultures (3–5 pure colonies) were kept in CryoBank vials at -20 °C until further investigation (identification, qPCR, and Kirby–Bauer methods).

## 2.3. Phenotypic Identification of S. aureus

# 2.3.1. Characteristics of Microscopic Examination and Gram Staining

The form of the colonies, the quantity of hemolysis, and the differential staining procedure were used to identify *S. aureus* strains at first. *S. aureus* was identified as a colony with a whipped cream or yellow appearance and positive catalase and coagulase results, along with full and partial degrees of hemolysis. All pure isolates stored in Cryobank vials were re-cultured for morphological determination of *S. aureus* strains utilizing a Gram-staining procedure [27].

# 2.3.2. BBL<sup>TM</sup> Staphyloslide<sup>TM</sup> Latex Test and Staph ID 32 API System

The BBL<sup>™</sup> Staphyloslide<sup>™</sup> Latex test kit (Thermo Fisher Scientific, Waltham, MA, USA) was used for separating staphylococci that had the properties of clumping factor and/or Protein A, commonly found in *S. aureus*, from those that did not, according to the protocol described by Kloos and Bannerman [28]. The Staph ID 32 API system was also utilized as a phenotypic method for *S. aureus* characterization [29]. The growth of tube coagulase on mannitol salt agar was tested with single colonies [30].

# 2.3.3. Kirby-Bauer Disc Diffusion Technique for Detection of MRSA

Based on criteria given by NCCLS, a revised Kirby–Bauer disc diffusion technique [31] was utilized to screen the isolates of *S. aureus* for methicillin resistance. In the current study, cefoxitin and oxacillin discs (1  $\mu$ g), along with Muller–Hinton agar containing 4% NaCl, were used. After a 24 h incubation period at 37 °C, the inhibition zone was assessed.

To estimate the occurrence of MRSA isolates found in all clinical specimens, the overall number of MRSA isolates was divided by the number of isolated *S. aureus* isolates.

## 2.3.4. Vitek 2 Compact System for Identification and Antimicrobial Resistance of MRSA

A Vitek 2 Compact device from bioMerieux, Craponne, France, which detects bacterial growth and drug resistance [32], was used to analyze all bacterial cultures that passed the coagulase and culturing tests. To prepare the isolate's suspension, the manufacturer's instructions instructed that it be corrected using McFarland standard between 0.5 and 0.63. Gram-positive identity cards for *S. aureus* were made using VITEK<sup>®</sup> 2 GP ID cards. These cards were injected as per the manufacturer's instructions, and the isolated ID was supplied to the device in order it to pick the exact interpretative criteria. Throughout the experiment, *S. aureus* (ATCC<sup>®</sup> 29213TM) was used as the reference strain. All bacteria that showed an intermediate reaction to antimicrobial drugs were labeled as resistant.

#### 2.4. Proteomic Screening for Identification of MSSA and MRSA

We used a MALDI Biotyper (MBT) obtained from Bruker Daltonics, Bremen, Germany, [13] for the identification and discrimination of MRSA from diabetic foot ulcers. All isolates were evaluated using FlexControl v1.3 and Compass software. All isolates were grown on blood agar obtained from Sigma-Aldrich, USA, and incubated for 24 h at 37 °C. According to Bruker Daltonics, an ethanol/formic acid extraction technique was utilized.

In a nutshell, two single colonies were placed in a clean microcentrifuge tube containing 300  $\mu$ L of sterilized water and 900  $\mu$ L of absolute ethanol (99.9%). Stirring at 13,000 rpm for two minutes thoroughly mixed the ingredients. After removing the excess, the particle was left to dry in the air for five min. Following two minutes of mixing at 13,000 rpm, 50  $\mu$ L of 70% formic acid, and then, 70% acetonitrile were poured onto the air-dried pellet. Subsequently, 1  $\mu$ L of supernatant from each isolate was put on an MBT target surface and dried at 23–25 °C. After that, 1  $\mu$ L of cyano-4 hydroxy-cinnamic acid matrix liquid (matrix solution) was applied. The MBT equipment was used to identify its target and interpret the data. An *Escherichia coli* reference strain served as a bacterial test standard across the study. The score value of uncertain spectra was checked with the application's spectral data. When the value is between 2 and 3, MBT's capacity to accurately identify and discriminate distinct organisms increases. If this value is less than 1.69, however, misidentification occurs.

The Compass IVD software's varied spectra were evaluated using m/z ranging from 2000 to 18,000 Da. The main spectrum profile (MSP) database, which contains over 7000 distinct strains of both bacteria and fungi, was used to generate hierarchical clustering. Furthermore, the MBT software's single-peak intensity and principal component analysis (PCA) were utilized to investigate the divergence between MSSA and MRSA.

# 2.5. Detection of S. aureus and MRSA Genes Using qPCR

The *mecA* (methicillin resistance) and *PVL* (Panton–Valentine leucocidin) genes were designated in our study for the detection of MSSA and MRSA isolates recovered from DFIs. Based on the previous protocol carried out by Sastry and Bhat [33], we extracted DNA for both MRSA and MSSA isolates using *artus* MRSA/SA QS-RGQ Kit RUO (Qiagen, Hilden, Germany). As can be seen in Table 1, we used two sets of primers (forward and reverse) which were designed for both *S. aureus* and MRSA at the Applied Biosystem Company [27,34]. In brief, 100 pmol/µL of stock primers were prepared by adding 300 µL of each forward and reverse oligonucleotide primer in purified water according to the previous protocol [35].

|              |  |           | Conditions of Real-Time PCR |              |            |            |                      |  |  |  |
|--------------|--|-----------|-----------------------------|--------------|------------|------------|----------------------|--|--|--|
| Gene         | Primer Sequence (5'-3')  | Base Pair | Initial<br>Denaturation     | Denaturation | Annealing  | Extension  | Final Extension      |  |  |  |
| mecA<br>[27] | GTAGAAATGACTGAACGTCCGATAA<br>CCAATTCCACATTGTTTCGGTCTA          | 310       | 94 °C/4 min                 | 94 °C/30 s   | 60 °C/30 s | 72 °C/30 s | 72 °C/5 min          |  |  |  |
| PVL<br>[34]  | ATCATTAGGTAAAATGTCTGGACATGATCCA<br>GCATCAAGTGTATTGGATAGCAAAAGC | 433       | 94 °C/4 min                 | 94 °C/40 s   | 58 °C/30 s | 72 °C/30 s | $72 \degree C/5 min$ |  |  |  |

Table 1. Oligonucleotide primers and conditions of real-time PCR for running of mecA and PVL genes.

# 2.6. Antimicrobial Susceptibility of MRSA Using AST GP71 Cards

As instructed by the manufacturer, susceptibility testing was carried out using the Vitek 2 (bioMérieux, Inc., Durham, NC, USA) system and software v5.01 with AST-GP71 [36]. On the basis of the recommendations of the Clinical and Laboratory Standards Institute [37], MICs were classified as sensitive, moderate, or resistant.

## 3. Results

#### 3.1. Preliminary Detection of S. aureus Isolates

Out of 250 samples, 48 isolates of *S. aureus* (19.2%) were isolated using a culture method. In order to examine the isolates further, a Bacterial Culture Freezing System (Cryobank<sup>TM</sup>) was set at -20 °C with the initially detected isolates.

#### 3.2. Morphological Characterization of S. aureus Strains

As shown in Table 2, 45 (93.75%) of the 48 bacterial isolates had positive tube coagulase test results and would have been identified as *S. aureus*. This test can occasionally produce false-negative results if the tube is shaken or agitated during preparation, which can cause the clot to disintegrate and never form again. Therefore, the remaining three strains were re-tested and eventually identified as *S. aureus*. According to the API system's findings, 42 (87.5%) of the strains were successfully identified as *S. aureus*, while the remaining 6 (12.5%) were identified as coagulase-negative staphylococci (CNS), with three *S. chromogens* strains, two *S. haemolyticus* strains, and one *S. epidermidis* strain. In addition, the BBL<sup>TM</sup> Staphyloslide<sup>TM</sup> Latex test (Becton Dickinson, Franklin Lakes, NJ, USA) was conducted for the confirmation of *S. aureus* via detection of the clumping factor and/or Protein A, which is commonly not present in other staphyloscide<sup>TM</sup> Latex were identified as *S. aureus*, including the six strains which were not identified using the Staph ID 32 API system. The Vitek 2 Compact was able to identify of 46 (95.83%) out of the total 48 isolates.

**Table 2.** Comparison between different phenotypic techniques used for recognition of *S. aureus* recovered from clinical samples.

|                | Coagula              | ise Test           | Staph ID 3           | 32 System          | BBL <sup>™</sup> Stap | hyloslide™         | Vitek 2 Compact      |                    |  |
|----------------|----------------------|--------------------|----------------------|--------------------|-----------------------|--------------------|----------------------|--------------------|--|
| No. of Strains | No. of CI<br>Strains | % of CI<br>Strains | No. of CI<br>Strains | % of CI<br>Strains | No. of Cl<br>Strains  | % of CI<br>Strains | No. of CL<br>Strains | % of CI<br>Strains |  |
| 48             | 45                   | 93.75%             | 42                   | 87.5%              | 48                    | 100%               | 46                   | 95.83%             |  |
| 40             | 43                   | 93.73%             | 42                   | 07.3%              | 40                    | 100 %              | 40                   | 95.65 /6           |  |

CI = Correctly identified rate.

#### 3.3. Routine Detection of MRSA Strains

According to the results obtained, out of 48 *S. aureus* isolates, 22 (45.83%) strains presented  $\leq$ 21 mm and  $\leq$ 10 mm cefoxitin and oxacillin inhibitory zones, respectively. They were categorized as MRSA according to the Clinical Laboratory Standard Institute's (CLSI) protocols. Meanwhile, the rest of the isolates (54.17%) were identified as MSSA.

# 3.4. Identification of S. aureus via Mass Peptide Analysis

MBT's Compass software was used to analyze the recovered microorganisms in the ongoing experiment, and the acquired spectra were evaluated by comparing them to those in the MBT database. MBT's Compass software displayed a standard evaluation of many *S. aureus* strains acquired from inpatient hospital specimens. According to our findings, up to 20 distended ion peaks were found in the existing bands from the region, ranging from three hundred to eleven thousand Daltons (Da) (Figure 1). Strong peaks were found between 3000 and 8000 Da (Figure 2). MRSA isolates from the field were matched with two MRSA benchmark strains, including *S. aureus* DSM 3463 and *S. aureus* DSM 20232, whereas MSSA isolates were matched with five MSSA reference strains, including *S. aureus* ATCC 25923, *S. aureus* DSM 20231, *S. aureus* DSM 346, and *S. aureus* DSM 799.



**Figure 1.** *S. aureus* spp. *aureus* DSM 3463 DSM was used as a reference strain to compare spectral protein profiles obtained from clinical specimens. The blue color in the bottom section of the spectrum represents the deposited peaks that were utilized to fit the sequence; the green color in the top section of the spectrum represents extremely well-matched peaks; and the red and yellow colors represent misaligned and transitional peaks, in both.



Figure 2. Higher peak intensity was concentrated between 3000 and 8000 Da.

In the present investigation, 26/26 (100%) MSSA isolates and 22/22 (100%) MRSA isolates were successfully identified, with a logarithmic score ranging between 2.300 and 3.000 for 15 MSSA isolates and 10 MRSA isolates, and a logarithmic value ranging from 2.00 to 2.29 for 10 MSSA isolates and 12 MRSA isolates. Interestingly, one MSSA was found to have a score ranging from 1.7 to 1.99. MSSA and MRSA isolates were identified by comparing their profiles to those in the MBT device dataset, which includes over 290 strains from 16 species from the ATCC and the DSMZ reference strains.

The single-peak screening of several mass regions revealed regular divergences that might be used to classify MSSA and MRSA strains. We discovered a plethora of single-peak values in the region of 2770 to 6310 Da, revealing a wide variety of intensities between both the reported MSSA and MRSA strains. As a result, the single peak is a useful tool in differentiating MRSA from MSSA. The precise discoveries were constantly expanded into the areas of 2771 Da, 2996 Da, 3720 Da, 4480 Da, 4540 Da, and 6310 Da. In such circumstances, there were several differences in the strengths of the single peaks of concentration between MRSA and MSSA. MSSA (green color) had significant strength concentrations in the mass ranges of 2771 Da, 2996 Da, 3720 Da, 4480 Da, 4540 Da, and 6310 Da (Figure 3), whereas MRSA had none (red color). MRSA (red color) had higher intensity peaks in the mass ranges of 5530 Da, 6580 Da, 6710 Da, and 6820 Da (Figure 4) that were not seen in MSSA (green color).



**Figure 3.** MSSA (green color) had single-peak intensities (2771 Da, 2996 Da, 3720 Da, 4480 Da, 4540 Da, and 6310 Da), whereas MRSA (red color) did not (red color).

Furthermore, principal component analysis (PCA) is a supplementary mathematical technique taken from the MBT device's Compass program for evaluating statistical models to show the degree of likeness and diversity of diverse protein profile spectra. Similarly, as mentioned in the various mathematical evaluations, PCA decreases the variance of a complicated database. In three-dimensional (3d) PCA, several spectral proteins for MSSA and MRSA isolates were identified (Figure 5). Each spectrum is symbolized by a patch, and the varied colors show the mirrored subgroup contributions, with each dot representing the side view of one of the protein's parts of the spectrum.



**Figure 4.** MRSA (red color) had single-peak intensities (5530 Da, 6580 Da, 6710 Da, and 6820 Da), whereas MSSA (blue color) did not (green color).



**Figure 5.** Multiple spectra for *S. aureus* strains collected from patient cases are depicted in the PCA density. The intensity rate of single signals is shown by a single point. The signals were changed until they reached the loading value that was compatible with loading 1, loading 2, and loading 3.

The preponderance of peaks, including all *S. aureus* isolates, were tightly related and matched together, as shown by the cluster view of the 3d PCA (Figure 6). When it comes to PCA assessment groups, each peak may generate loading values produced from the PCs computation. During our experiment, each signal was assigned loadings of 1, 2, and 3, values derived from calculations of PC 1, 2, and 3. To illustrate the protein profiles for the 22 detected MRSA isolates, the Compass software programed in the MBT gadget provided an actual gel image. The spectra ranged from 3000 Da to 11,000 Da, with prominent peaks between 3000 and 8000 Da (Figure 7).



**Figure 6.** Almost all *S. aureus* strains were categorized as one group in the cluster view of the 3d PCA (strictly correlated and harmonized together).





It was established that the detection and differentiation of various strains of *S. aureus* via MBT are more specific, accurate, and rapid than other classical methods, with accuracy reaching 100%. Comparing the protein fingerprint device with the conventional methods for the identification of various types of microorganisms in terms of time, we find that the protein fingerprint device is very fast and takes a little time—about an hour and a half—to identify 96 samples from the preparation of the sample to obtaining the results.

# 3.5. Molecular Identification of MRSA Strains

The MBT results were confirmed using SYBR<sup>®</sup> Green qPCR. MRSA was thought to be recognized by the sequences of the *mecA* and *PVL* genes. The replicating occurrences of the predicted base pairs were produced via PCR amplification with these target DNA sequences. Each genome was expanded separately, and the size of each possible product had been determined for a long time. The *mecA* gene was found in 22 MRSA strains, according to

our findings. In contrast, the *PVL* gene was not detected in all the tested isolates. To assess the amount of the *mecA* gene, the qPCR outputs were passed through a LabChip GXII Automatic electrophoresis device, which revealed that the size was 310 bp. When the MBT results were compared to the qPCR results, they were found to be completely consistent; as a result, qPCR is currently used as an MBT validation process.

## 3.6. Antimicrobial Susceptibility Testing of MRSA Using AST GP71 Cards

A total of 22 isolates of MRSA were tested against antimicrobial drugs (AST-GP71 cards) purchased from BioMérieux, Craponne, France. As shown in Table 3, of the 22 MRSA isolates, 20/22 (90.91%), 19/22 (86.36%), 18/22 (81.82%), 17/22 (77.27%), 15/22 (68.18%), 13/22 (59.1%), and 12/22 (54.55%) MRSA strains were resistant to cefoxitin, daptomycin, erythromycin, benzylpenicillin, ciprofloxacin, oxacillin, and clindamycin, respectively, whereas all 22 MRSA strains were strongly susceptible (100%) to linezolid, nitrofurantoin, quinupristin–dalfopristin, tigecycline, and vancomycin. Moreover, 20/22 (90.91%), 18/22 (81.82%), and 17/22 (77.27%) of the MRSA strains were highly active against rifampin, trimethoprim–sulfamethoxazole, and gentamicin, respectively.

**Table 3.** Presentation of AST-GP71 card for MRSA. Vitek 2 Compact AST-GP71 cards were used to determine the susceptibility of MRSA recovered from patients suffering from DFIs to antimicrobial agents.

| Antimicrobial Agent               | No. of Isolates |    |   | Essential<br>Agreement |     | Categorical<br>Agreement |     | Very Major Error |     | Major Error |     | Minor Error |     |      |
|-----------------------------------|-----------------|----|---|------------------------|-----|--------------------------|-----|------------------|-----|-------------|-----|-------------|-----|------|
|                                   | Total           | S  | Ι | R                      | No. | %                        | No. | %                | No. | %           | No. | %           | No. | %    |
| Cefoxitin screen                  | 22              | 2  | 0 | 20                     | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Ciprofloxacin                     | 22              | 5  | 2 | 15                     | 21  | 95.45                    | 21  | 95.45            | 0   | 0           | 0   | 0           | 1   | 4.55 |
| Clindamycin                       | 22              | 10 | 0 | 12                     | 16  | 22                       | 100 | 22               | 100 | 0           | 0   | 0           | 0   | 0    |
| Daptomycin                        | 22              | 3  | 0 | 19                     | 20  | 90.9                     | 21  | 95.45            | 0   | 0           | 1   | 4.55        | 0   | 0    |
| Erythromycin                      | 22              | 4  | 0 | 18                     | 20  | 90.9                     | 20  | 90.9             | 0   | 0           | 0   | 0           | 2   | 9.1  |
| Gentamicin                        | 22              | 17 | 1 | 4                      | 22  | 100                      | 21  | 95.45            | 0   | 0           | 0   | 0           | 1   | 4.55 |
| Linezolid                         | 22              | 22 | 0 | 0                      | 21  | 95.45                    | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Nitrofurantoin                    | 22              | 22 | 0 | 0                      | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Oxacillin                         | 22              | 9  | 0 | 13                     | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Benzylpenicillin                  | 22              | 5  | 0 | 17                     | 21  | 95.45                    | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Quinupristin-dalfopristin         | 22              | 22 | 0 | 0                      | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Rifampin                          | 22              | 20 | 0 | 2                      | 21  | 95.45                    | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Tigecycline                       | 22              | 22 | 0 | 0                      | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Trimethoprim-<br>sulfamethoxazole | 22              | 18 | 0 | 4                      | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |
| Vancomycin                        | 22              | 22 | 0 | 0                      | 22  | 100                      | 22  | 100              | 0   | 0           | 0   | 0           | 0   | 0    |

# 4. Discussion

An increase in morbidity and death is associated with DFI when blood sugar is uncontrolled and poor self-care is performed [2,38]. Diabetic foot infection (DFI) is caused by one or more bacteria and is one of the most notable consequences of diabetes, according to Inzucchi et al. [1] and Hinojosa et al. [3]. Acute DFI is caused by Gram-positive cocci that live in an aerobic environment, such as *S. aureus*. Diabetic foot ulcers (DFUs) are commonly caused by *S. aureus*. In diabetic foot infection, *S. aureus* is an important pathogen, either alone or as part of an integrated infection [39]. MRSA infection is becoming more common in both hospitals and the population [40–42]. In diabetic patients, swabs taken from foot ulcers are usually infected with MRSA [43,44].

Based on the results obtained in the current study, out of 250 patients with DM (type II), 48 (19.2%) *S. aureus* isolates were isolated; 26/250 (10.4%) were classified as MSSA isolates and 22/250 (8.8%) as MRSA isolates. *S. aureus* is the predominant causal bacterium in diabetic foot ulcers, according to multiple studies, and Anwar et al. [2] found *S. aureus* in 38.7% of patients suffering from DFIs. A high incidence of Gram-positive bacteria has been seen in DFI in numerous studies [45,46]. *S. aureus* is the most common cause of skin infections in particular, and is actually a normal skin flora. There has been evidence of Gram-negative microorganisms, Enterobacteriaceae such as *E. coli, Proteus* species, and anaerobes in other research [47,48].

Among the four bacteria evaluated by Cervantes-Garca et al. [49], *S. aureus* accounted for 42%, followed by *Escherichia coli* (36%) and coagulase-negative *S. aureus* (25%), and *Pseudomonas aeruginosa* and *Klebsiella pneumonia* each accounted for 7%. Additionally, MRSA's presence in 6% of *S. aureus* isolates and its representation of 31.6% of them is reason for concern, considering the pathogen's clinical relevance. This incidence is lower than the 15–30% rate commonly used to describe MRSA in DFUs [50], which may be explained by the low prevalence of MRSA in the country [51–53].

Several alternative MRSA investigative techniques have been established, including selective chromogenic media, PCR tests, and, more recently, matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) [54,55]. MRSA identification can be divided into two main categories: performance/efficacy criteria and convenience/efficiency requirements. High performance and efficacy are benefits of PCR, and qPCR techniques take only a few hours [56,57]. MALDI-TOF MS, on the other hand, has the possibility to be an effective and easy type of screening test for MRSA characterization, because it is already regularly used in several microbiology laboratories; undoubtedly, the discovery of resistance to antibiotics using MALDI-TOF MS is receiving more and more attention [55].

The MALDI-TOF MS approach for identifying microorganisms mainly depends on the analysis of mass spectra that indicate particular molecular fingerprints of microbes, typically proteins [13]. The mass spectrum profile (MSP), a collection of signals utilized for the detection of *S. aureus*, is mostly composed of conserved ribosomal proteins, which represent approximately 50% of the total number of signals [58]. The high percentage of cellular proteins suggested that *S. aureus* identification was very repeatable and reliable, as evidenced by the score values seen in our investigations. In this investigation, the MALDI-TOF MS methodology validated higher scores ( $\geq$ 2.0) for *Staphylococcus* spp. isolates in under 2 min, indicating that it has several advantages over traditional diagnostic techniques, such as saving time, being more cost-effective, and being >99% more sensitive [59]. Prior studies also reported similar results in which 93–100% of *S. aureus* isolates could be correctly identified using MALDI-TOF MS with high score values [17,60,61]. In all of these studies, there is no indication of the *S. aureus* subspecies, but considering the clinical origin of the isolates, it is reasonable to assume that all were *S. aureus* subsp. aureus.

The efficacy of the MALDI-TOF MS approach to successfully differentiate MRSA and MSSA strains was demonstrated in this investigation through the identification of distinct new peaks. Earlier research has also suggested unique MRSA peaks, but a systematic discrimination strategy focusing on these peaks in hospital studies remains unavailable. Furthermore, the observed peaks have a variety of patterns [17,55,62,63] or are only relevant to a subset of MRSA strains [64,65]. The discriminating techniques discussed here, on the other hand, offer great reliability and predictive ability, and can be used in ordinary clinical settings.

Despite phenotypic and MALDI-TOF MS techniques being used for the identification of MRSA, the identification of *mecA* currently plays a crucial role as a confirmatory method of MRSA. Because of its precision and accuracy, real-time PCR amplification of *mecA* to confirm MRSA has been deemed the gold standard approach [2,66]. In this investigation, 22 of the isolated bacteria screened positive for *mecA*. Despite the fact that two strains were morphologically tolerant to cefoxitin, there was no evidence of *mecA* amplification, suggesting that it could be carrying another gene, such as *mecC*, instead of *mecA* [67]. The *MecA* gene has been found in cefoxitin-sensitive bacteria, which contradicts this finding [68]. This discrepancy between genotypic approaches could be due to differences in culture conditions, temperature, culture media composition, inoculum volume, growth conditions, or the medical team's physical expertise [69].

The existence of *PVL* is one of the characteristics that contributes to *S. aureus* virulence by causing excessive inflammatory reactions and tissue destruction, and ultimately, overriding the host's defenses [70]. The *PVL* gene, on the other hand, is less common throughout the world, with important spatial variability in frequency (5% in France; 4.9% in the United Kingdom) [71]. *PVL* screening was unsuccessful in this investigation, even

when employing standard and real-time PCR procedures. *PVL*-positive isolates have indeed been reported to be less common within DFI strains [71]. Additional explanations could be that our investigation had a small sample size, and some specimens were acquired from healthcare supplies, despite the fact that this gene has mostly been found in domestic animals [72].

For better control of DFIs, awareness of the isolates' local antimicrobial sensitivity profiles is critical. Antimicrobial drugs such as linezolid, nitrofurantoin, quinupristindalfopristin, tigecycline, and vancomycin demonstrated 100% sensitivity to MRSA in this study. These results are in accordance with earlier investigations [35,73,74]. Numerous worldwide surveys, nonetheless, have found a rise in vancomycin-resistant *S. aureus* and *E. faecalis* strains [34,38]. Even though MRSA strains are completely responsive to vancomycin, treatment failure, according to Sharma and Hammerschlag [75], is not unheard of. A vancomycin prescription necessitates cautious drug-level monitoring due to the possibility of neurotoxic effects. As a result, prudent administration of this antibiotic is essential to prevent the emergence of vancomycin-resistant strains in Saudi Arabia in the future.

Sekhar et al. [76] found 100% sensitivity to cotrimoxazole in *S. aureus* and 100% tolerance to ciprofloxacin. Other investigations, on the other hand, have indicated that this prevalent strain is susceptible to ciprofloxacin to a certain degree [77]. Antibiotic sensitivities to cotrimoxazole, linezolid, and doxycycline were discovered in the research of Bansal et al. [77] and Gadepalli et al. [78] against MRSA strains. Amazing resistance to vancomycin, the major anti-staphylococcal medication, was highlighted in several studies [77,78]. Perim et al. [79] conducted a study that was similar to ours and showed that MRSA bacteria reacted effectively to vancomycin, while resistance was also discovered. They also said gentamicin was one of the medications that had a good response to therapy against both Gram-positive and Gram-negative diabetic foot ulcer pathogens.

MRSA occurrence and the ability to determine which patients are most likely to be infected with MRSA could aid clinicians in making more informed decisions about which treatments to use, and which ones are unnecessary in low-risk patients [80]. The Centers for Disease Control and Prevention estimate that up to half of all antibiotics are inappropriate, making this topic particularly important to those involved in antimicrobial stewardship efforts. It is dangerous for the patient to be exposed to possible antibiotic side-effects if antibiotics are misused, and if antibiotics misuse is correlated with antimicrobial resistance, the cost of healthcare will certainly increase. Clinicians should keep an eye on MRSA prevalence in order to make informed decisions regarding DFI treatment [80]. There is a link between unduly vigorous antibiotic treatments for multi-drug-resistant organisms and higher mortality rates in patients with other diseases, which is why it is imperative to identify patients at high and low risk for MRSA DFI so that personalized treatment can be provided [81].

The study's limitations include difficulty in extrapolating it to all of Saudi Arabia, because it was primarily focused on the study site. Furthermore, because of the historical study design and the shortage of supporting documentation in medical files, assessing the clinical picture of the participants was not possible. Furthermore, similar to Hassan et al. [82] and Ahmadishooli et al. [23], indicating the employed groups of empirical prescriptions over the antimicrobial sensitivity test could be useful in creating presumptive therapeutic strategies for DFIs. More progressive studies are needed to evaluate the clinical aspects of DFIs, as well as their responsiveness to antibiotic therapy.

In conclusion, MALDI-TOF MS, compared with other methods, is a powerful and accurate tool for the identification and discrimination both MRSA and MSSA isolates recovered from diabetic foot patients. MRSA prevalence was alarmingly high in DFIs, which is a cause for concern because antibiotic options are limited and could result in a worst-case scenario. A high level of antimicrobial resistance was found in MRSA isolates, and antibiotic therapy based on antibiotic susceptibility patterns is essential for a successful outcome.

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