



## Article Environmental Impacts and Immobilization Mechanisms of Cadmium, Lead and Zinc in Geotechnical Composites Made from Contaminated Soil and Paper-Ash

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Abstract: Paper-ash is used for remediation of heavily contaminated soils with metals, but remediation efficiency after longer periods has not been reported. To gain insights into the mechanisms of immobilization of cadmium (Cd), lead (Pb), and znic (Zn), a study was performed in the laboratory experiment in uncontaminated, artificially contaminated, and remediated soils, and these soils treated with sulfate, to mimic conditions in contaminated soil from zinc smelter site. Remediation was performed by mixing contaminated soil with paper-ash to immobilize Cd, Pb, and Zn in the geotechnical composite. Partitioning of Cd, Pb, and Zn was studied over one year in seven-time intervals applying the sequential extraction procedure and complementary X-ray diffraction analyses. This methodological approach enabled us to follow the redistribution of Cd, Pb, and Zn over time, thus, to studying immobilization mechanisms and assessing the remediation efficiency and stability of newly formed mineral phases. Cd, Pb, and Zn were effectively immobilized by precipitation of insoluble hydroxides after the addition of paper-ash and by the carbonization process in insoluble carbonate minerals. After remediation, Cd, Pb, and Zn concentrations in the water-soluble fraction were well below the limiting values for inertness: Cd by 100 times, Pb by 125 times, and Zn by 10 times. Sulfate treatment did not influence the remediation efficiency. Experimental data confirmed the high remediation efficiency and stability of insoluble Cd, Pb, and Zn mineral phases in geotechnical composites.

Keywords: cadmium; lead; zinc; contaminated soil; paper ash; immobilization mechanisms

## 1. Introduction

The growth of the human population and activities, like industrialization, mining, and the intensification of agriculture, have made soil pollution one of the world's most serious environmental problems. It could negatively influence agricultural production, threaten food safety, and endanger the health of natural ecosystems and lifeforms. There are over 10 million major soil-contaminated areas around the world, of which 50% are contaminated by heavy metals and metalloids [1,2]. The Food and Agriculture Organization of the United Nations (FAO) classified the prevention of soil pollution as a top priority worldwide [3].

Heavy metals and metalloids are of great concern due to their potential toxicity, persistency and since they cannot be degraded. These elements are frequently released into terrestrial environmental compartments with anthropogenic emissions in the form of easily soluble, highly mobile chemical species. These are bioavailable and can contaminate both surface and ground waters [4,5]. Significant efforts are being made to remediate



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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). soil-contaminated sites in Europe [6] and around the world [1]. The crucial role of the remediation of contaminated soils is to reduce the mobility of metals and metalloids in the soil using different immobilizing agents. The process of immobilization occurs through adsorption, complexation, and precipitation reaction [7–9] and redistributes the heavy metals from the soil solution to the less-soluble soil fractions, while their total concentrations remain unchanged. The most commonly used amendments for in situ immobilization include cement [10], clay minerals [11], zeolites [12], biochar [13], phosphates [14], humic substances [15], and various industrial by-products like fly ash [16], paper-ash [17,18] and red mud from aluminum production [18]. Among the immobilization processes, a carbonation treatment under alkaline conditions (pH 10–10.5) was shown to effectively reduce the mobility of lead (Pb), zinc (Zn), chromium (Cr), copper (Cu), and molybdenum (Mo) in residues from the combustion of municipal solid waste [19]. When immobilization techniques are applied for remediation, the stability of the immobilized metals must be evaluated. For this purpose, it is necessary to know to which mineral phases the contaminants were redistributed after the remediation.

To evaluate the immobilization efficiency, leaching tests using demineralized water as the extracting solution (liquid-to-solid ratio of 10 L/kg) [20] or single-extraction procedures were often applied [21]. Sequential extraction procedures in combination with element-specific detectors, e.g., inductively coupled plasma mass spectrometry (ICP-MS), provide useful information about the partitioning of metals in soils, sediments, and waste materials [22,23]. They involve different extractants, which are applied successively to the solid material to selectively leach the particular chemical forms of the metals from the samples analyzed. Each extractant is chemically more rigorous than the previous one [21]. Many of these extraction procedures are based on the method developed by Tessier et al., which includes the five-step sequential extraction [24]. With slight modifications, Tessier's scheme was used in the evaluation of the environmental impacts of waste materials and contaminated sediments and soils [25,26]. In addition, frequently used were the BCR three-step sequential extraction procedures [27,28]. The BCR sequential extraction scheme, in which 0.11 M acetic acid is used to extract the exchangeable fraction, is not appropriate for highly alkaline sample matrices. After the addition of acetic acid, the pH of the sample is reduced, leading to apparently greater mobility of most metals, which does not reflect their mobility in stabilized chemical forms in highly alkaline conditions [29].

Sequential extraction procedures can also provide essential information on a metal's mobility after remediation. Janoš et al. [30] studied the leachability of Cd, Pb, Zn, and Cu from contaminated soils and soils amended with different additives. Three months after the soils' treatments, the BCR extraction procedure was applied to study the partitioning of the metals after the remediation. The results revealed that Cd and Pb mobility was effectively reduced after the addition of potassium humate, while Cu mobility was reduced after the addition of zeolite or fly ash. The addition of amendments did not influence the mobility of Zn. Ashrafi et al. [31] investigated the efficiency of the immobilization of Pb, Cd, and Zn in an artificially contaminated soil, using eggshell and banana-stem amendments. Three months after the soil amendments, Tessier's sequential extraction procedure was applied. The results showed that in eggshell-treated soil, Pb, Cd, and Zn were transferred from the easily mobile to sparingly soluble soil fractions, while the banana-stem amendment reduced the exchangeable Cd content and increased its residual form in the soil.

Useful information about the stabilization of metals in different mineral phases after treatments with immobilizing agents can be obtained with transmission electron microscopy (TEM), scanning electron microscope (SEM), and powder X-ray diffraction (XRD) [18,32,33]. XRD, SEM, and TEM, in combination with sequential extraction procedures, provide complementary data on the distribution of metals in different mineral phases of the contaminated soils, delivering valuable information about alternatives for the remediation of contaminated sites [34]. Nejad et al. [35] investigated the potential of biochars, red mud, and steel slag for the in situ stabilization of Cd, Cu, Pb, and Zn in soil. The results of the sequential extraction analysis demonstrated that the application

of biochars increases the metal fractions associated with carbonate and organic matter. The application of red mud and steel slag substantially increased the soil pH, leading to metal precipitation and their transfer from the easily soluble forms to the sparingly soluble fractions associated with Fe/Mn oxides and alumo-silicates. The latter findings were supported by the XRD analyses. By the above-reported approaches using sequential extraction procedures and/or their combination with XRD or microscopic techniques, it was possible only to evaluate the short-term efficiency of remediation (after three months). Since only one experiment was performed after three months, it was not possible to follow the mechanisms of immobilization of contaminants during the remediation process, nor to evaluate the efficiency of remediation and stability of the formed mineral phases after a longer period of time.

In Slovenia, the area around the abandoned zinc smelter "Old Zinc-works" site in the town Celje is heavily polluted with Cd, Pb, and Zn. Among the anions, sulfate is present as a contaminant. One of the promising methods for remediation is an in situ immobilization with paper-ash, which is locally available recycled material. The highly alkaline paper-ash (pH 12) is mixed with polluted soil, forming a geotechnical composite. The results reveal that the Cd, Pb, and Zn in a highly mobile water-soluble fraction are being significantly reduced after immobilization [18]. However, there is a lack of data on the stability of geotechnical composites and a lack of knowledge about which soil phases the Cd, Pb, and Zn were transferred to after the remediation.

In the present work, an investigation based on modified Tessier's sequential extraction procedure in combination with XRD analyses was performed (i) to gain a deeper insight into the mechanisms of immobilization by determining with which mineral phases Cd, Pb, and Zn are associated in different time intervals in the soil after the remediation with paper-ash, (ii) to assess the stability of newly formed mineral phases of Cd, Pb and Zn after remediation, and (iii) to evaluate the environmental impacts of soil remediation. For this purpose, natural soil with a grain size in the range of silt and clay and the same soil with the addition of sulfate was artificially contaminated with Cd, Pb, and Zn and remediated by the addition of paper-ash. Sulfate was added in a similar concentration as found at the "Old Zinc-woks" site to evaluate whether this contaminant has any influence on the mechanisms and efficiency of remediation by paper-ash. To achieve the above-mentioned objectives and to obtain data enabling the study of Cd, Pb, and Zn immobilization mechanisms, a sequential extraction procedure, and XRD analyses were performed over one year 7, 28, 56, 90, 120, and 365 days after the remediation.

#### 2. Materials and Methods

#### 2.1. Reagents and Materials

For the preparation of the samples and the standard solutions, Merck (Darmstadt, Germany) suprapure acids and Milli-Q water (18.2 M $\Omega$  cm) were obtained from Direct-Q 5 Ultrapure water system (Millipore, Watertown, MA, USA) were used. A stock IV CertiPUR ICP Multi Element Standard Solution containing 1000 mg/L  $\pm$  10 mg/L element concentrations in 1 M HNO3 (Merck, Darmstadt, Germany) was used for the preparation of working standard solutions for the ICP-MS determinations. All the other reagents were of analytical reagent grade.

Cadmium nitrate tetrahydrate (( $Cd(NO_3)_2 4H_2O$ ), lead nitrate ( $Pb(NO_3)_2$ ), zinc nitrate hexahydrate (( $Zn(NO_3)_2 6H_2O$ ), calcium sulfate dehydrate ( $CaSO_4 2H_2O$ ), magnesium chloride ( $MgCl_2$ ), sodium acetate ( $CH_3COONa$ ), hydroxylamine hydrochloride ( $NH_2OH$ ), and hydrogen peroxide ( $H_2O_2$ ) were purchased from Merck.

Samples were filtered using 0.45  $\mu$ m Minisart cellulose nitrate membrane filters (Sartorius, Goettingen, Germany). To check the accuracy of the analytical procedures, the certified reference materials CRM 320R Trace Elements in River Sediment, Community Bureau of Reference (Geel, Belgium), and SPS-SW1 Quality Control Material for Surface Water Analysis obtained from SPS Spectrapure Standards AS (Oslo, Norway) were used.

## 2.2. Experimental Design

Natural, uncontaminated soil with a grain size in the range of clayey silt was dried at 40 °C and homogenized. Laboratory samples were obtained by the quartering procedure. After that, 0.5 kg of soil sample was treated with 10.3 g of gypsum (CaSO<sub>4</sub>  $2H_2O$ ), thus that the leachable sulfate content was equivalent to that in the contaminated soil from "Old Zinc-works" site. To individual aliquots of 0.5 kg of untreated and sulfate-treated natural soils, an aqueous solution of a mixture of nitrate salts  $(Cd(NO_3)_2, Pb(NO_3)_2)_2$ and  $Zn(NO_3)_2$ ) was added, thus that the contaminated soils contained approximately 10, 1000, and 10,000 mg/kg of Cd, Pb, and Zn, respectively. The contaminated soils were left for 48 h at 30 °C to allow equilibration of the added Cd, Pb, and Zn. Then, for the remediation, 0.25 kg aliquots of contaminated and sulfate-treated contaminated soils were amended with the paper-ash, thus that the soil-to-ash mass ratio was 75:25. This ratio was chosen based on the optimization of the paper ash remediation process from our previous research. After the addition of the paper-ash, water (wt. 30%) was added [18]. Samples were homogenized, transferred to plastic cylinders (diameter: 100 mm; height: 40 mm), and compacted manually with a rammer, simulating the field installation of geotechnical composites. The composites were then transferred to a climatic chamber at 20  $\pm$  2  $^\circ$ C and 98% humidity and kept under constant temperature and humidity conditions until the end of the experiment. To follow the partitioning of the Cd, Pb, and Zn in the prepared uncontaminated, contaminated, and remediated soils, the modified Tessier's extraction procedure was applied in different time intervals over a time span of 365 days. Samples for the analysis were taken at 7, 28, 56, 90, 120, and 365 days after the remediation from the top and the bottom apertures of the cylinders. In uncontaminated, contaminated, and remediated soil, along with the Tessier extraction procedure, the XRD analyses were performed for each time interval. All the experiments were made using duplicate samples. A flow chart of the experimental design is presented in Figure 1.



Figure 1. Flow chart of the experimental design.

## 2.3. Apparatus

Total concentrations Cd, Pb, and Zn in uncontaminated, contaminated, and remediated soil samples and their amounts in the individual phases of the sequential extraction procedures were determined by ICP-MS (7700x, Agilent Technologies, Tokyo, Japan). ICP-MS operating parameters are presented in Table S1 (Supplementary).

A CEM Corporation (Matthews, NC, USA) MARS 6 Microwave System was used for sample digestion.

Mineralogical composition of soil samples was determined by X-ray powder diffraction (XRD) on the Empyrean PANalytical diffractometer (PANalytical B.V., Almelo, The Netherlands) with Cu–K $\alpha$  irradiation ( $\lambda = 1.54056$  Å), at 45 kV and a current of 40 mA, over the 2 $\theta$  angular range from 5° to 70°, using a step size of 0.01° and a measuring time per step of 100 s. The results were analyzed with the Highscore (PANalytical, Almelo, The Netherlands) diffraction software, using the Powder Diffraction File PDF-4+ (ICDD, Newtown Square, PA, USA) database as the reference source of data.

Scanning electron microscopy was performed by using a SEM 5500 LV (JEOL, Tokyo, Japan) microscope, equipped with energy dispersive spectroscopy (EDS, Oxford instruments, Abingdon, UK). During the analyses, low-vacuum mode (pressure of 20 Pa) and an accelerating voltage of 15 kV were used. A polished cross-section was prepared for SEM/EDS.

The specific surface area (BET) of paper ash was determined by nitrogen gas sorption (ASAP 2020, Micromeritics, Norcross, GA, USA). The sample was evacuated at 105  $^{\circ}$ C with an evacuation rate of 0.67 kPa/s until a final vacuum of 2 Pa was attained.

During the steps of the sequential extraction procedure, samples were mechanically shaken on a Vibromix 40 elliptical (Tehtnica, Železniki, Slovenia) orbital shaker. The Hettich Universal 320 Centrifuge (Hettich GmbH & Co. KG, Tuttlingen, Germany) was used to centrifuge the samples.

A WTW pH meter 3110 (Weilheim, Germany) pH meter was used to measure pH. An AE 163 analytical balance from Mettler (Zürich, Switzerland) was used for weighing.

## 2.4. Determination of the Total Metal Content in the Soil Samples

For digestion of soil samples, about 0.2 g of dry soil was weighed into a Teflon tube, and microwave-assisted digestion was applied using HNO<sub>3</sub>, HF, and HCl acids [36]. The concentrations of Cd, Pb, and Zn in the digested samples were determined by ICP-MS.

#### 2.5. Sequential Extraction Procedure

To Tessier's original partitioning scheme [24], water was added as the first extracting agent to leach Cd, Pb, and Zn from the most mobile soil fraction [25]. A total of  $2.000 \pm 0.001$  g of soil sample were weighed in the centrifuge tube, and the sequential extraction procedure presented in Table 1 was applied. For mechanical shaking (steps I–III), an elliptical orbital shaker (300 rpm) was used. After shaking, centrifugation at 10,000 rpm (10 min) and filtration of the sample through 0.45 µm filter followed. Prior to the addition of the next extracting agent, the remaining solid residues were washed with 10 mL of water (shaken and centrifuged).

Step	Soil Fraction	Extracting Solution	Mode of Extraction
Ι	Water-soluble	Water (20 mL)	Shaking (16 h)
II	Exchangeable	1 M NaCH <sub>3</sub> COO (20 mL, pH 8.2)	Shaking (1 h)
III	Bound to carbonates	1 M NaCH <sub>3</sub> COO (20 mL, pH 5)	Shaking (5 h)
IV	Bound to Fe/Mn oxides and hydroxides	0.04 M NH <sub>2</sub> OH HCl in 25% v/v CH <sub>3</sub> COOH (20 mL, pH 2)	Extracted at 95 °C (6 h)
V	Bound to organic matter	156.25 mL of 30% H <sub>2</sub> O <sub>2</sub> + 93.75 mL of 0.02 M HNO <sub>3</sub> (20 mL, pH 2)	Extracted at 85 °C (2 h)
VI	Bound to silicate lattice	0.2 g of dried residual sample	Microwave-assisted digestion

Table 1. The extraction procedure [25] used in the present study.

## 3. Results and Discussion

## 3.1. Quality Control of the Analytical Data

The accuracy of the analytical procedures for the determination of the Cd, Pb, and Zn concentrations in extracts from the sequential extraction procedure and the total element concentrations in the soil samples was checked by analyzing the SPS-SW1 Reference material for the measurements of elements in surface waters and certified reference materials CRM 320R Trace elements in river sediment. As evident from data given in Tables S2 and S3, the determined concentrations of the elements agreed well with the reported certified values (the agreement between the results was better than  $\pm 5\%$ ), which confirmed the accuracy of the analytical procedures. The expanded uncertainty of the analytical procedures applied was better than  $\pm 3\%$  (*k* = 2).

### 3.2. Characteristics of the Soil and Paper-Ash

The mineralogical composition of the soil used is presented in the Supplementary Material (Figure S1). The results of the XRD analyses revealed that the soil is composed of quartz, dolomite, feldspar, calcite, illite/muscovite, clinochlore, and hornblende. The paper-ash is a fine-grade, highly alkaline (pH~12) hydraulically active material, with a specific surface area (BET) of 8.1 m<sup>2</sup>/g, containing approximately 40% Ca, 6% Si, 5% Al, and 2% Mg. Ba, Fe, S, K, Zn, and Ni are present in lower concentrations and some other elements in trace amounts. Phase analyses revealed the presence of calcite, lime, portlandite, quartz, talc, gehlenite, anhydrite, and dolomite, together with an amorphous phase. SEM/EDS analysis results correlated with the XRD analysis (Figure 2A). The amorphous phase consists primarily of Si, Al, and Ca in different proportions (Figure 2B). Based on the leaching test, applying the standardized leaching procedure [37,38], it was found that the above-mentioned elements are present in paper-ash as low water-soluble species. Only the concentration of Ba exceeded the limiting value for inert materials, set by the current Slovenian landfilling legislation [37,38].



**Figure 2.** SEM micrographs of the paper ash; (**A**) showing the presence of different constituent phases; (**B**) the results of the semi-quantitative chemical analysis (EDS) of paper ash amorphous phase.

To separately follow the carbonation process for the paper-ash itself, a paste was prepared by mixing the paper-ash with an excess amount of demineralized water. The XRD analyses were performed at seven different time intervals to define the evolution of the calcite and portlandite mineral phases. The results in Figure S2 showed an increase in the relative quantity of calcite and a decrease in the relative quantity of portlandite.

# 3.3. Investigation of the Immobilization Mechanisms, Stability of the Mineral Phases of Cd, Pb, and Zn after the Remediation, and the Environmental Impacts of Soil Remediation

To study the mechanisms of immobilization and the stability of the mineral phases of Cd, Pb, and Zn after remediation, and to evaluate the environmental impacts of soil remediation, partitioning of Cd, Pb, and Zn were performed in uncontaminated, contaminated, and remediated soils over a period of one year in different time intervals by applying a sequential extraction procedure and the data were compared with complementary results from the XRD analyses.

## 3.4. Partitioning of Cd, Pb, and Zn in Uncontaminated, Contaminated, and Remediated Soils

Partitioning of Cd, Pb, and Zn was performed in uncontaminated, contaminated, and remediated soils by applying a modified Tessier's sequential extraction procedure [24] (see sequential extraction procedure in Materials and methods). To find out whether sulfate, as present in the soil from "Old Zinc-works" site, has any effect on the remediation, sulfate-treated uncontaminated, contaminated, and remediated soils were also investigated (see Experimental design). The results of the partitioning of the Cd, Pb, and Zn in the uncontaminated, contaminated, and remediated soils are presented in Figures 3–5, while in sulfate-treated uncontaminated, contaminated, and remediated soils in the Supplementary Material (Figures S3–S5). The related elemental concentrations in individual soil fractions of the extraction procedure related to data from Figures 3–5 and Figures S3–S5 are provided in the Supplementary Material (Tables S4–S9). The concentrations of Cd, Pb, and Zn in steps I to VI were summed and compared to the total Cd, Pb, and Zn concentrations obtained by microwave-assisted digestion. The mass balance was agreed to within  $\pm$ 5%, confirming the precision of the sequential extraction analysis.



**Figure 3.** Partitioning of Cd in uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation. I water-soluble; II exchangeable; III bound to carbonates; IV bound to Fe/Mn oxides and hydroxides; V bound to organic matter; VI bound to silicate lattice.



**Figure 4.** Partitioning of Pb in uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation. I water-soluble; II exchangeable; III bound to carbonates; IV bound to Fe/Mn oxides and hydroxides; V bound to organic matter; VI bound to silicate lattice.



**Figure 5.** Partitioning of Zn in uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation. I water-soluble; II exchangeable; III bound to carbonates; IV bound to Fe/Mn oxides and hydroxides; V bound to organic matter; VI bound to silicate lattice.

In the uncontaminated soils, Cd, Pb, and Zn were associated almost exclusively with the insoluble residual fraction, bound to the silicate lattice. Their concentrations in the water-soluble and exchangeable fractions, which are mobile in the environment, were negligible, not exceeding 0.0007, 0.0003, and 0.0025 mg/kg for the Cd, Pb, and Zn, respectively (see the data from Tables S4–S9).

In the contaminated soils, the distribution of Cd, Pb, and Zn changed over time. After the contamination, the Cd was distributed mainly between the carbonate, exchangeable and residual fractions. In the water-soluble fraction, the Cd concentration exceeded the limiting value for inertness (0.04 mg/kg) [37,38]. During the experiment, the sum of the Cd concentrations in highly the mobile water-soluble and exchangeable fractions was around 2–3 mg/kg. The Pb in the contaminated soils was associated with carbonate, Fe/Mn oxides and hydroxides, and the residual fractions. After the soil contamination, the Pb concentration in the water-soluble fraction was close to the limit value for inert materials (0.5 mg/kg) [37,38], while its exchangeable concentrations were up to 30 times higher than in the water-soluble fraction (see data from Tables S4–S9). The Zn in the contaminated soils was distributed mainly in the carbonate fractions. In the water-soluble fraction of the contaminated soils, the Zn concentrations greatly exceeded (around 20 times) the criterion for inertness (4 mg/kg) [37,38], whereas the exchangeable Zn contents were approximately 2–4 times lower than the water-soluble concentrations.

In the remediated soils, the application of paper-ash substantially increased the soil's pH, which led to the precipitation of Cd, Pb, and Zn and their transfer from the easily soluble fractions to the sparingly soluble fraction associated with Fe/Mn oxides and hydroxides. In the early stage of remediation (Figures 3–5, soils that were not treated with sulfate), the Cd, Pb, and Zn were associated mainly with Fe/Mn oxides and hydroxides. After 28 days, Cd and Zn were redistributed to the residual fraction, while the Pb was between the residual and the fraction bound to Fe/Mn oxides and hydroxides. As the time elapsed, the CaO present in the paper-ash was hydrated, forming Ca(OH)<sub>2</sub> that, through the carbonation process, yielded CaCO<sub>3</sub>. The newly formed carbonates, along with the hydroxides, bound the Cd, Pb, and Zn into insoluble compounds. The solubilities of the Cd, Pb, and Zn carbonates and hydroxides are presented in Table 2 (data from IUPAC-NIST Solubility Database [39].

Compound	Solubility (g/100 mL)	
CdCO <sub>3</sub>	$3.932 imes10^{-5}$	
Cd(OH) <sub>2</sub>	$2.697 imes10^{-4}$	
PbCO <sub>3</sub>	$7.269  imes 10^{-5}$	
Pb(OH) <sub>2</sub>	$1.615 imes10^{-4}$	
ZnCO <sub>3</sub>	$4.692  imes 10^{-5}$	
* Zn(OH) <sub>2</sub>	$1 imes 10^{-4}$	

**Table 2.** Solubility of CdCO<sub>3</sub>, PbCO<sub>3</sub>, and ZnCO<sub>3</sub>, and Cd(OH)<sub>2</sub>, Pb(OH)<sub>2</sub>, and Zn(OH)<sub>2</sub> in water at 20 °C based on IUPAC Solubility Database (2012).

\* Because of divergent results reported, provided value is approximate estimation, (IUPAC Solubility Database [39]).

After the stabilization in the mineral phases, until the end of the experiment, the Cd, Pb, and Zn remained associated mainly with the carbonate fraction and the fraction bound to the Fe/Mn oxides and hydroxides.

The data from Figures 3–5 and Figures S3–S5 further indicate that the addition of sulfate to soil samples had no effect on the remediation efficiency. The partitioning of Cd, Pb, and Zn in the remediated soil, which was not treated with sulfate (Figures 3–5), and in the sulfate-treated remediated soil (Figures S3–S5), was almost the same.

Due to the redistribution of Cd, Pb, and Zn from the water-soluble and the exchangeable fractions into the sparingly soluble fractions of soil composite (the formation of insoluble Cd, Pb, and Zn carbonates and hydroxides), the Cd, Pb, and Zn concentrations in the easily soluble fractions significantly decreased, indicating the effective remediation of the contaminated soil by paper-ash.

The Cd concentration in the water-soluble fraction after the remediation was reduced from 0.8 to approximately 0.0005 mg/kg (Tables S4 and S7), which is 100 times lower than the limiting value for inert materials [37,38]. In the exchangeable fraction, this decrease was from 1.5 to 0.0005 mg/kg (3000 times), demonstrating the effective immobilization of Cd also from the exchangeable fraction. The Pb concentration, which during the course of the experiment in the water-soluble fraction of contaminated soils, in general, ranged from 0.2 to 0.8 mg/kg, was reduced by about 250 times after the remediation (Tables S5 and S8). The concentrations of Pb in the water-soluble fraction were about 125 times lower than the limit value for inert materials [37,38]. In the exchangeable fraction of soil that was not treated with sulfate, this decrease was from 8 to 0.1 mg/kg (80 times) after the remediation (Table S5), indicating the effective immobilization of Pb also in this easily soluble soil fraction. The effective immobilization of Pb from the exchangeable fraction was also observed in the sulfate-treated and remediated soil (Table S8). The Zn concentration in the water-soluble fraction was reduced from about 60 to 0.4 mg/kg (Table S6) after the remediation, which is 10 times lower than the limiting value for inert materials [37,38]. In the case of Zn, similar concentrations were found in the sulfate-treated remediated soils (Table S9). In the exchangeable fraction, the Zn concentrations in soil that were not treated with sulfate decreased after the remediation by about 50 times, and in the sulfate-treated soil by about 100 times (Tables S6 and S9). This shows that the immobilization of Zn was also effective in the exchangeable soil fraction.

It is important to stress that the Cd, Pb, and Zn were already effectively immobilized 28 days after the remediation and remained stabilized in the sparingly soluble soil composite fractions until the end of the experiment (1 year), demonstrating the remediation efficiency as well as the stability of the formed Cd, Pb, and Zn compounds. Since after the remediation the concentrations of Cd, Pb, and Zn in the water-soluble fraction were far below the limiting values for inertness [37,38] and thus were their concentrations in the exchangeable fraction, the Cd, Pb, and Zn in the remediated soil composites do not present an environmental hazard.

In an evaluation of the possible statistical significance of differences between the distribution of Cd, Pb, and Zn in contaminated and remediated soils, mean values (n = 6) from distribution of Cd, Pb, and Zn between the fractions of the Tessier's sequential extraction were compared by computing Student's t-test. In the water-soluble, exchangeable, bound to carbonates, and fraction bound to Fe/Mn oxides and hydroxides, there were statistically significant differences between the means of Cd, Pb, and Zn concentrations, when a probability of  $\leq 0.05$  was considered as significant. In the fraction bound to organic matter and sulfide, no statistically significant differences between the means of Cd, Pb, and Zn concentrations were observed when a probability of  $\leq 0.05$  was considered as significant. In the fraction bound to organic matter and sulfide, no statistically significant differences between the means of Cd, Pb, and Zn concentrations were observed when a probability of  $\leq 0.05$  was considered as significant. In the fraction concentrations were found in contaminated and remediated soils. In the residual fraction, it was not possible to apply Student's *t*-test due to large differences in Cd, Pb, and Zn concentrations determined at different time intervals in this fraction.

## 3.5. Investigation of the Mineralogical Composition of the Remediated Soils

To identify the mineral phases that were formed after the remediation, XRD analyses were performed in uncontaminated, contaminated, and remediated soils during each time interval as a sequential extraction procedure. In the case of contaminated soil without the addition of gypsum, there is no difference in XRD spectra in comparison to the uncontaminated soil, neither from the scope of analysis of crystalline phases nor from the scope of analyses for the potential presence of amorphous phases. In addition, there was no difference between the contaminated soil with the addition of gypsum in comparison to the uncontaminated soil with the addition of gypsum. The only difference between the contaminated soil and contaminated soil with added gypsum was that the characteristic peaks of gypsum were detected in the XRD spectra of the latter, as can be seen in Figure S6.

The potential formation of secondary crystalline and amorphous phases of Cd, Pb, and Zn minerals was somehow expected after artificial contamination of soil. Therefore, special care was taken during the refinement of the XRD spectra to identify the potential presence of commonly occurring Cd, Pb, and Zn carbonate and sulfate minerals. However, no such phases were identified.

Since the data from the partitioning study revealed that the sulfate treatment does not influence the remediation efficiency, only the soils that were not treated with sulfate are presented. Sections of the XRD patterns of the contaminated and remediated soils, along with the XRD patterns of the uncontaminated soil, are presented in Figure 6.



**Figure 6.** XRD patterns of (**A**) remediated soil and (**B**) corresponding section of the XRD patterns from  $8.9^{\circ}$ – $11.8^{\circ}$  20 with time elapsed after the remediation.

The results of the XRD analyses showed that a new mineral phase was formed due to the addition of paper-ash to the soil. A mono-sulpho-aluminate hydration product from the group of calcium aluminate hydrate minerals (CAH) was identified. Its relative quantity was not changed significantly during the experiment. The hydration product CAH, which was formed in the remediated soils, and the carbonation process, which was proven in the case of paper-ash, contribute to the effective immobilization of the Cd, Pb, and Zn. These XRD data supported the results obtained by the sequential extraction procedure.

In the reported literature, the BCR extraction scheme [30], the Tessier's sequential extraction procedure [31], and the use of sequential extraction procedures in combination with XRD analysis [34,35] were reported for the investigation of the immobilization of heavy metals in the soil after the remediation with different soil amendments. Since in these articles sequential extraction procedures were applied for only one-time interval after the remediation, by the reported approaches [30,31,34,35], it was only possible to estimate the efficiency of remediation by evaluating the redistribution of metals from the easily soluble to more sparingly soluble soil mineral phases. In the present investigation, the use of modified Tessier's sequential extraction procedure in combination with the complementary XRD analysis performed in time intervals of 7, 28, 56, 90, 120, and 365 days after the remediation, enabled us to follow the mechanisms of the remediation of Cd, Pb, and Zn with paper-ash, the study of the efficiency of the remediation and the stability of the newly formed insoluble mineral phases of Cd, Pb, and Zn. To the best of our knowledge, such a comprehensive methodological approach has not yet been reported.

## 4. Conclusions

Data from the present investigation based on a sequential extraction procedure and XRD analyses revealed that paper-ash is an effective additive for the immobilization process in remediation of Cd, Pb, and Zn in contaminated soils. Sulfate added to the soil did not affect the remediation efficiency. In the remediated soil composites, the Cd, Pb, and Zn were transferred from the easily soluble, highly mobile soil fractions to the sparingly soluble fractions of soil composite. Consequently, their concentrations in the water-soluble fraction were reduced far below the limit values for inert materials (Cd concentration was reduced from 0.8 to 0.0005 mg/kg, Pb concentration from 0.8 to 0.003 mg/kg, and Zn concentration from 60 to 0.4 mg/kg). A significant decrease in the Cd, Pb, and Zn concentration was reduced from 1.5 to 0.0005 mg/kg, Pb concentration from 8 to 0.1 mg/kg, and Zn concentration from 40 to 0.5 mg/kg).

The mechanism of immobilization for the Cd, Pb, and Zn with paper-ash involved the formation of hydration products from the paper-ash, which resulted in the precipitation of insoluble Cd, Pb, and Zn hydroxides, while through the carbonation process, Cd, Pb, and Zn were stabilized in insoluble carbonates.

The present study revealed the high efficiency of the remediation with paper-ash, which is related to the stability of the hydroxide and carbonate mineral phases of Cd, Pb, and Zn, formed after the remediation. Regarding the environmental impacts of soil remediation with paper-ash, it was demonstrated that the Cd, Pb, and Zn in the remediated soil composites do not present an environmental hazard.

To the best of our knowledge, such a comprehensive investigation using complementary analytical methodologies allowed us to understand the mechanisms of Cd, Pb, and Zn immobilization in geotechnical composites made from contaminated soil and paper-ash and their environmental impacts has not yet been performed.

The results of this study provide novel findings and contribute important knowledge to strategies for effective remediation of soils contaminated with Cd, Pb, and Zn by means of immobilization with paper-ash. The new findings can contribute to more sustainable management and use of waste materials generated in the paper and pulp industry for the remediation and rehabilitation of degraded areas. New knowledge can also initiate an industrial symbiosis of a closed-loop system that can be established locally. From the scope of demands to achieve long-term efficiency of the soil remediation procedures with the immobilization approach, in addition to the laboratory experiments, there is a need for performing similar field tests, which will be a topic of our next investigations.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/ 10.3390/app112411822/s1, Table S1: ICP-MS operating parameters for determination of element concentrations, Table S2: Concentrations of elements in standard reference material SPS-SW1 (Reference material for measurements of elements in surface waters) determined by ICP-MS, Table S3: Concentrations of elements in certified reference material CRM 320R (Trace Elements in River Sediment) determined by ICP-MS after microwave assisted digestion, Table S4: Concentrations of Cd in individual fractions of extraction procedure in uncontaminated, contaminated, and remediated soils during the course of the experiment, Table S5: Concentrations of Pb in individual fractions of extraction procedure in uncontaminated, contaminated, and remediated soils during the course of the experiment, Table S6: Concentrations of Zn in individual fractions of extraction procedure in in uncontaminated, contaminated, and remediated soils during the course of the experiment, Table S7: Concentrations of Cd in individual fractions of extraction procedure in uncontaminated soil treated with CaSO<sub>4</sub>, contaminated and remediated soils during the course of the experiment, Table S8: Concentrations of Pb in individual fractions of extraction procedure in uncontaminated soil treated with CaSO<sub>4</sub>, contaminated and remediated soils during the course of the experiment, Table S9: Concentrations of Zn in individual fractions of extraction procedure in uncontaminated soil treated with CaSO<sub>4</sub>, contaminated and remediated soils during the course of the experiment, Table S10: Data on the statistical processing of the results, Figure S1: XRD pattern of uncontaminated soil, Figure S2: Sections of the XRD patterns of the paper ash paste, Figure S3: Partitioning of Cd in sulphate-treated uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation, Figure S4: Partitioning of Pb in sulphate-treated uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation, Figure S5: Partitioning of Zn in sulphate-treated uncontaminated, contaminated, and remediated soil samples with time elapsed after the remediation, Figure S6: XRD patterns of contaminated soil (A) and sulphate-treated contaminated soil (B) with time elapsed.

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