

Supplementary Material. Table S1 Citation matrix for the assessment of study overlap within systematic reviews.

Ajimsha, 2011	X								
Ghanbari, 2014	X								
Ghanbari, 2015	X								
Lawler, 2006	X								
Andersen, 2011		X							
Bodes-Pardo, 2013	X								
Carlsson, 1990	X							X	
de Hertogh, 2009	X	X						X	
Demirturk, 2002	X		X		X			X	
Foster, 2004	X	X							
Ghanbari, 2012	X								
Gunreben-Stempfle, 2009	X								
Hall et al, 2007	X		X						
Jull et al. 2002	X		X			X		X	X
Lemstra, 2002	X								
Mongini, 2008	X								
Mongini, 2012	X						X		
Shin and Lee, 2014	X								
Sjögren, 2005	X								
Söderberg, 2011	X								
Torelli, 2004	X	X						X	
van Ettekoven and Lucas, 2006	X	X				X	X		
Varkey, 2009	X						X		
von Piekartz and Luedtke, 2011	X								
Ylinen, 2010	X								
Yousseff and Shanb, 2013	X					X			
Hsieh, 2010		X							
Ghanbari, 2005		X							
Toro-Velasco, 2009		X							
Jay, 1989		X							
Borusiak, 2010		X							
Haas, 2010		X			X				X
Nilsson, 1995		X		X	X				X
Nilsson, 1997		X		X	X			X	X
Bove, 1998		X	X					X	
Donkin, 2002		X							
Hanten, 1999		X				X			
Boline, 1995		X	X	X				X	

Akbayrak, 2002					X			
Nelson, 1998					X		X	
Parke, 1978					X			
Parker, 1980					X		X	
Hoyt, 1979					X		X	
Jensen, 1990					X		X	
Howe, 1983					X		X	
Bitterli, 1977					X		X	
Costa, 2015								
Maluf, 2010								
Michelotti, 2004								
Michelotti, 2012								
Von Piekartz, 2013								
Soderberg, 2011						X		
Soderberg, 2006						X		
John, 2007						X		
Ahonen, 1984						X		
Ammer, 1990						X		
Keller1986						X		
Marcus, 1998						X		
Reich, 1989						X		
Sherman, 1998						X		
Sherman, 1999						X		
Solomon, 1985						X		
Solomon, 1989						X		
Tuchin, 2000						X		
Whittingham, 1997						X		
Chaibi, 2017							X	
Dunning, 2016							X	
Haas, 2018							X	

The left column shows each of the primary studies (randomized controlled trials or controlled clinical trials) included in the reviews. The following columns show the systematic reviews included in the umbrella review, indicating with a dot the primary studies that included each of them.