

Review

# A Review on the Fate of Nutrients and Enhancement of Energy Recovery from Rice Straw through Anaerobic Digestion

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**Abstract:** Open field burning and tilling the rice straw (RS) back into the fields causes environmental threats by contributing to the increased greenhouse gas emissions. Energy and nutrient recovery from RS through anaerobic digestion (AD) is an effective solution for its utilization. Although RS has good methane potential, its characteristics make it a difficult substrate for AD. This paper reviews the characteristics of RS, mass balance, and distribution of nutrients into liquid and solid digestate in the AD. The present review also discusses the effect of temperature, co-digestion, mixing, inoculum, organic loading rate, recycling liquid digestate, the addition of trace elements, and their bioavailability on the enhancement of biogas/methane yield in the AD of RS. In addition, the digestion of RS at various scales is also covered in the review.

**Keywords:** anaerobic digestion; rice straw; nutrients; recycling; digestate

## 1. Introduction

Rice is ranked as the third-largest crop in the world [1] and it is one of the most important staple foods of humans [2]. Rice straw (RS) is an agricultural residue obtained at the time of harvesting of the rice crop [2]. The rate of RS generated per ton of rice crop varies from 0.4 to 4.0 [3–5] due to cultivated rice variance, cultivation technique, and harvesting method [3]. According to the International Rice Research Institute (IRRI), an average of 1.1 ton of RS are generated with each ton of rice produced (range of 0.7–1.4) [6]. There has been an increasing trend in rice production and in the generation of RS in the last decade. A total of 686 million tons of rice and approximately 754 million tons of RS were produced in 2009 [7] while their production was 769 million tons and 846 million tons in 2017 globally, according to the Food and Agriculture Organization of the United Nations [7].

RS is used for feeding animals, heating homes, construction of buildings, and making paper. However, probably the largest share of straw is left unused in the fields [2]. Open-field burning and tilling the RS back into the fields are the common practices for its disposal. Both cause environmental threats by contributing to the increased greenhouse gas emissions [8,9]. Furthermore, the incorporation of RS in the soil increases foliar diseases, which resulted in reduced crop yields [10].

Conversion of RS into more valuable products like methane, ethanol, nutrient-rich soil conditioner, or biofuels are better options compared to its conventional utilization as energy challenges and environmental concerns can be addressed together [2]. The conversion can be done by thermochemical or biological processes [11]. The thermochemical processes like gasification [1], combustion [12], and pyrolysis [13] have been used as energy recovery methods but can cause a threat to the environment. Composting is a biological process that has been used for the conversion of RS into a valuable fertilizer

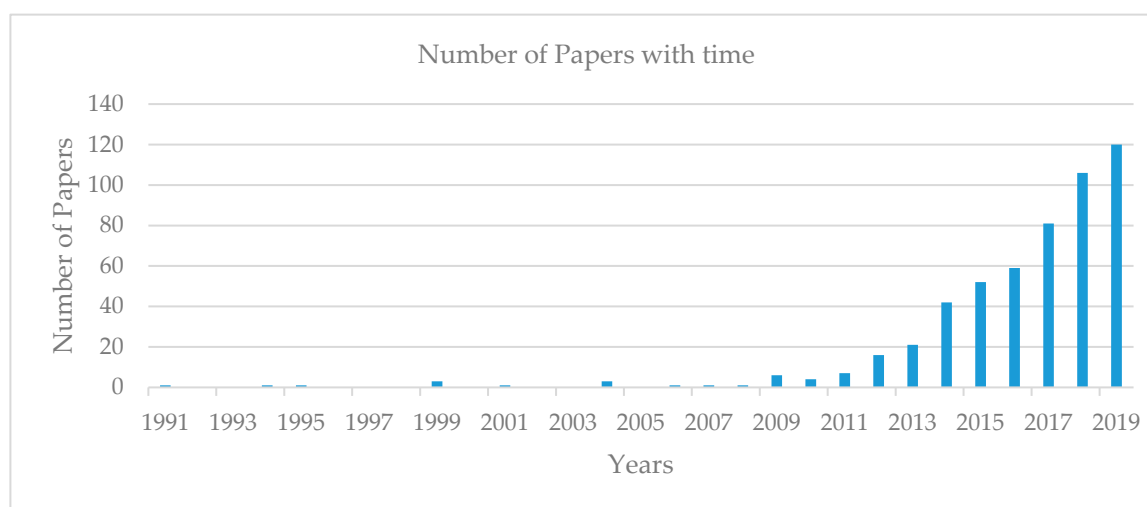
with other substrates [14,15]. Anaerobic digestion (AD) is another biological process which converts biomass into various biofuels or platform chemicals such as methane, ethanol, hydrogen, etc. [1]. It is considered to be one of the most environmentally friendly processes [2]. Moreover, AD technology can be used economically for dry and wet biomasses on a variety of scales, and it requires less input energy as compared to thermochemical processes [16]. Moreover, RS is a bulky material because of its low density ( $70 \text{ kg/m}^3$ ) which makes it difficult to transport to a storage place for energy recovery by thermochemical processes [17].

During the AD process in biogas technology, organic material is degraded biologically by microorganisms in the absence of molecular oxygen and converted into biogas. The biogas contains primarily methane ( $\text{CH}_4$ ) and carbon dioxide ( $\text{CO}_2$ ) with small quantities of water vapor ( $\text{H}_2\text{O}_{(g)}$ ), ammonia ( $\text{NH}_3$ ), and hydrogen sulfide ( $\text{H}_2\text{S}$ ) [11]. Appels et al. [18] explained the AD in four stages: hydrolysis, acidogenesis, acetogenesis, and methanogenesis. Since carbon (C) bound in organic matter is released as  $\text{CH}_4$  and  $\text{CO}_2$  during the AD, the C/N ratio of the remaining digestate decreases [19]. Additionally, the plant availability of N is enhanced through the AD process, as organically bound N is mineralized into ammonium ( $\text{NH}_4^+$ ) which is readily available [20].

The utilization of RS for the recovery of nutrients and energy through AD technology is more desirable than its common disposal practices (open-field burning and tilling in soil). AD technology can be viable for RS because of its high generation rate and potential to reduce greenhouse gas emissions. Energy recovery through AD of food crops is controversial since the demand for food is expected to rise due to an increasing world population [21]. RS as an agricultural residue and does not affect the food security. Furthermore, the calculated and measured biogas and methane yields of RS render it an attractive substrate for AD [22].

According to Baserga [23], biogas and methane potentials of RS can be calculated based on the crude nutrients (ash, fat, fiber, N-free extracts, protein), resulting in 409–415 and 207–211 L/kg VS, respectively [24]. The  $\text{CH}_4$  yield measured under different experimental conditions were reported from 92 to 280 L/kg VS with various inocula and temperatures [11]. Other authors reported different  $\text{CH}_4$  yields in their studies such as 226–281 L/kg VS [25] and 100–300 L/kg VS [26].

In addition, many emerging factors advance the utilization of RS for energy recovery through AD, like the usage of appropriate inocula and pretreatment methods. Researchers have become increasingly interested in the AD of RS as the Web of Science® shows an increasing trend of published papers with “anaerobic digestion” and “rice straw” as topics for the last 10 years as shown in Figure 1.



**Figure 1.** Web of Science® bibliometric study with topics “anaerobic digestion” and “rice straw” from 1991 until December 2019. The number of publications from 1991 to 1999 was 6; from 2000 to 2008 was 7; and from 2009 to 2019 was 512.

Apart from its availability and CH<sub>4</sub> potential, RS has a complex, lignocellulosic structure and ligno-carbohydrate complexes that create a barrier for the microbial conversion, which make it a difficult substrate to decompose by AD [4,27]. Other challenges associated with mono-digestion of RS are the unbalanced nutritional composition (high C/N ratio) [28], low content of essential trace elements (TEs) [29], and its floatation behavior in wet AD systems [30]. Therefore, RS has not been used as an attractive substrate for the recovery of energy and nutrients through AD.

Significant research and development have taken place in the last 10 years in the field of AD of RS as evidenced by the number of published papers in the scientific literature, as shown in Figure 1. In 2013, Mussoline et al. [11] reviewed the AD of RS. This review provides insights only into certain aspects such as greenhouse gas emissions from rice fields, energy recovery potential of RS, various pretreatment strategies to enhance biogas from RS, optimal nutrient balance, and microbiological considerations. However, new knowledge and technologies are continuously unfolding in the field of AD of RS for energy and nutrients recovery.

The process parameters such as temperature, organic loading rate (OLR), and mixing are fundamental in the AD and here referred to as “factors”. The other process techniques, such as adding co-substrates, usage of appropriate inoculum in a suitable amount, recycling liquid digestate (LD), the addition of TEs, and their bioavailability, are also relevant to the AD of RS and termed as “methods” in this review. The objectives of this paper are to provide an overview of the effect of these factors and methods on the enhancement of energy recovery (biogas/methane yield) from RS through AD. Additionally, the mass balance of nutrients and their distribution into LD and solid digestate (SD) during AD are discussed in this review. Moreover, the digestion of RS at various scales is also part of the current paper. The focus is the detailed highlighting of these aspects in this review and those studies with other similar substrates have also been included for comparison where fewer studies with RS were available.

The effects of various pretreatment techniques on the optimization of AD of RS have been discussed in the review conducted by Mussoline et al. [11]. The enhancement in biogas yield from lignocellulosic substrates including RS by using various pretreatment methods (mechanical, chemical, biological, and physiochemical) has been reviewed recently by Hernández-Beltrán et al. [31]. Moreover, a recent review conducted by Ahmed et al. [32] discusses the optimization of the AD of lignocellulosic substrates by hydrothermal pretreatment. These studies reviewed the effect of various pretreatment methods on the enhancement of energy recovery from RS and other similar substrates and, hence, have not been included in this review. Some aspects of the AD of RS have been reviewed by Mussoline et al. [11] in 2013, and some are discussed in this paper. Therefore, Table 1 indicates the part of the AD discussed by Mussoline et al. [11] and the part which is presented in the current review to show the complementarity.

RS is a difficult substrate to degrade under anaerobic conditions due to its complex structure [27]. It is critical to achieve a stable AD process to get efficient biogas production. The project “BIORIST” aimed at designing technically feasible and innovative RS digestion processes. During a 3 year project phase, the process technology was developed and successfully tested in a pilot-scale plant [33].

This paper focuses on factors supporting a stable AD process with RS as an input substrate to produce biogas. This will help to further enhance process technology which mostly exists at a laboratory or pilot-scale to full-scale application. All further post-treatments or optimizations such as biogas purifications can be regarded once a stable biogas technology for RS is established. Further processing of the biogas to biomethane is not considered here, although various post-treatments exist to increase the proportion of valuable biomethane from biogas up to the quality of natural gas. These treatments include water scrubbing, cryogenic separation, physical absorption, chemical absorption, pressure swing adsorption, membrane technology, in-situ methane enrichment, hydrate formation, biological methods, and photoautotrophic methods [34,35]. However, the detailed description of the principles of these treatments is not the scope of this review.

Considering the low number of published data on the experience of pilot- and farm-scale plants for RS digestion resulting from missing implementation of AD of RS, an economic comparison is not reasonable and therefore excluded from this review.

**Table 1.** Aspects of anaerobic digestion (AD) of rice straw (RS) discussed in both studies.

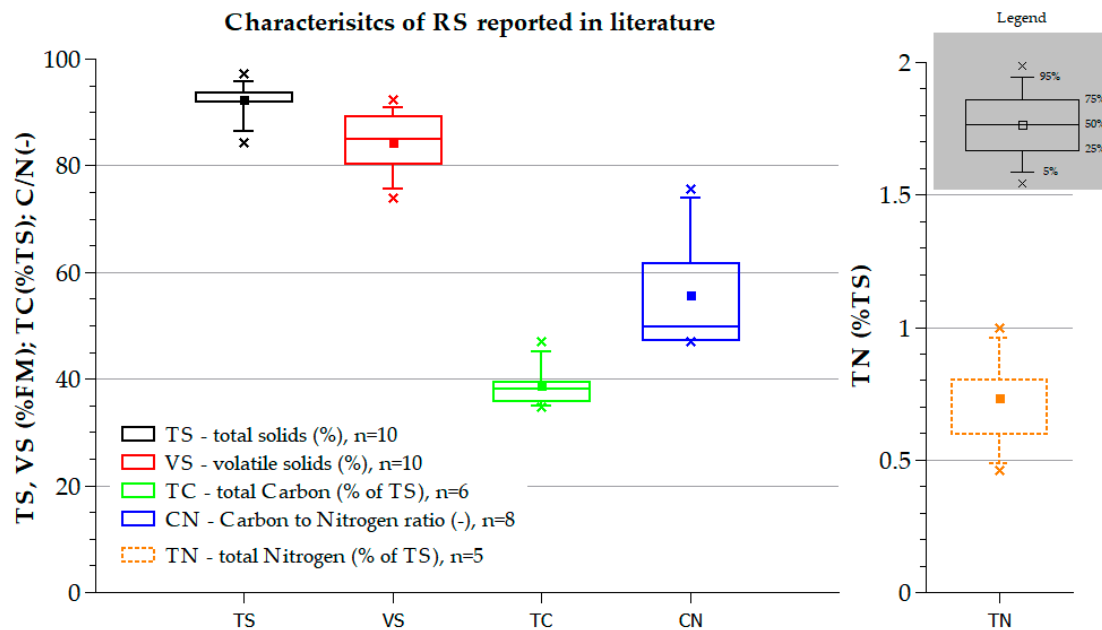
Categories	Mussoline et al. [11]	This Review
Environmental concerns	Emissions of greenhouse gas from rice fields	
Product		Mass balance of nutrients and their distribution into liquid digestate (LD) and solid digestate (SD) in the AD of RS
Potential	Biogas production potential of RS	AD of RS at various scales
Influence	Effect of the following parameters on the AD of RS <ul style="list-style-type: none"> <li>• Temperature</li> <li>• pH</li> <li>• Nutrients balance</li> <li>• Total solids</li> </ul>	Effect of the following factors and methods on the enhancement of energy recovery from the AD of RS <ul style="list-style-type: none"> <li>• Temperature</li> <li>• Co-digestion</li> <li>• Inoculum</li> <li>• Mixing</li> <li>• Organic loading rate (OLR)</li> <li>• Recycling LD</li> <li>• Addition of trace elements (TEs)</li> <li>• Bioavailability of TEs</li> </ul>
Pretreatment	Effect of the following pretreatment alternatives to enhance biogas potential of RS <ul style="list-style-type: none"> <li>• Mechanical size reduction</li> <li>• Biological treatment</li> <li>• Acid treatment</li> <li>• Alkaline treatment</li> </ul>	
Microorganisms	Effect of various microorganisms on the AD of RS	

## 2. Characteristics of RS

RS is produced when harvesting rice crop, and it can be collected from the field once it contains a dry matter of more than 75%.

RS looks like flat fibers having approximate dimensions of 20–60 cm in length and 0.5 cm in width [4].

The general characteristics of RS such as total solids (TS), volatile solids (VS), total carbon (TC), total nitrogen (TN), and C/N ratio are usually reported as a single value or mean values with a variation in the literature. The original data is further processed to generate median, maximum, minimum, and quartiles as shown in Figure 2. Box plots of TS and VS are smaller, and the whiskers do not extend as far, indicating that these properties do not differ much over the various analyzed studies, while the C/N ratio is different for the RS used in these studies with spread-out data points [10,26,28,36–42].



**Figure 2.** Statistical evaluation of RS characteristics reported in the literature. “n” is the number of values to calculate the median, maximum, minimum, and quartiles [10,26,28,36–42].

Other nutrients and TEs, like Phosphorus (P), Calcium (Ca), Magnesium (Mg), Potassium (K), Sodium (Na), Nickel (Ni), Copper (Cu), Zinc (Zn), Iron (Fe), etc., are usually not analyzed in the RS, except in two studies (Table 2).

**Table 2.** Nutrients and TEs in RS reported in the literature. (“±” stands for the standard deviation of the mean as reported by the authors).

References	Unit	P	Ca	Mg	K	Na	Ni	Cu	Zn	Fe
[36]	(mg/kgTS)	1082 ± 118	6669 ± 17	1572 ± 12	9676 ± 23	712 ± 11	4.4 ± 0.6	18.3 ± 1.2	54.3 ± 1.6	320 ± 24
[37]	(mg/kgTS)	-	1940 ± 23	990 ± 10	25,050 ± 13	1230 ± 80	-	-	-	-

### 3. Nutrients Balance and Distribution into Liquid and Solid Digestate during Anaerobic Digestion

AD is an appropriate technology to convert agricultural residues into biogas [37] and to transform the nutrients contained in the substrates into plant-available forms so that the final digestate can be used as fertilizers [43,44]. The effective use of nutrients available in the digestate is a way to improve the overall efficiency of AD technology [37]. The mass balance of nutrients in the AD is crucial for the quantification of their recovery potential [45]. It is also essential to evaluate the fate of nutrients like N, P, K, Ca, Mg, and Sulfur (S) and their distribution into LD and SD to assess the agronomic, environmental, and economic benefits of AD technology [46].

The mass balance of nutrients has been investigated in the AD of different substrates [37,46–49]. The recovery rate (RR) of nutrients is defined as the amount of nutrients available in the digestate after the AD process relative to their initial value (before the AD) and expressed as a percentage (%) [37]. The RR is usually calculated by the authors and provided in the studies.

Various substrates have been used in the studies for the investigation of the mass balance of nutrients. The categories are defined here on the basis of the nature of the substrates. The category “straws” consists of rice, corn, and wheat straw while, “manures” contains swine, cattle, and chicken manure. The RR of N from various studies using different substrates is summarized in Table 3. N showed up to 82% RR for different substrates used in these various experiments at different scales, specifically, 93–100% for manures [37,46], 98.4% for pig slurry (PS) [47], 85–91% for straws [37], 90.8% for organic fraction of municipal waste (OFMSW) [48], and 82–94% for mixed substrates [48,49]. Total N is often reported to be conserved during AD [43]. However, the primary cause of less than

100% RR of N may be gaseous  $\text{NH}_3$  migration with the biogas flux [48,49]. The RRs of N in these studies are comparable; however, the results of one study are contradictory, as the amount of total N in the digestate after AD was 8–23% higher than before AD [45]. The authors explained that the amount of hydrolyzed microalgae and the quantity of N released to the aqueous phase might have been overestimated since all the parameters were calculated as the difference between the microalgae tests and the control test [45].

**Table 3.** RR of nutrients during AD of various substrates.

Substrates	RR of N	RR of P	RR of K	RR of Ca	RR of Mg	RR of S	References
Straws	85–91%	91–97%	-	-	-	-	[37]
Manures	93–100%	74.5–97%	101.9%	91.3%	81.3%	32.3%	[37,46]
PS	98.4%	64%	106.2%	56%	67.5%	83.4%	[47]
OFMSW	90.8%	94%	94%	-	-	-	[48]
Mixed substrates	82–94%	70–94%	95–98%	-	-	-	[48,49]
Microalgae	108–123%	99–100%	-	-	-	-	[45]

**RR**, Recovery rate; **AD**, Anaerobic digestion; **Straws** (Rice straw, corn straw, wheat straw); **Manure** (Swine manure, cattle manure, chicken manure); **PS**, Pig slurry; **OFMSW**, Organic fraction of municipal solid waste; **Mixed substrates**, (swine manure, maize silage, triticale, sorghum, barley thresh from beer industry, molasses, bakery-industry waste, and olive mill sludge; swine manure, cow manure, milk whey, and rice culture by-products; cow manure, blood, fish, paper pulp, out of date beverages, and grease trap waste).

There is also a wide range (64–100%) of RRs of P when the different substrates are used in AD (Table 3). A RR of P of up to 91% during AD is not considered far from 100% [37], while up to 75% [46] and 64% [47] of P RR have been observed in two studies. The retention of the sludge in psychrophilic anaerobic sequencing batch reactors (PASBR) could be the possible reason for such a low RR of P [46]. In another study, crystal lining was observed on the opening of the digesters, and scanning electron microscopy (SEM-EDS) clearly showed them to be composed of P, Ca, Mg, and Mn (Manganese) [47].

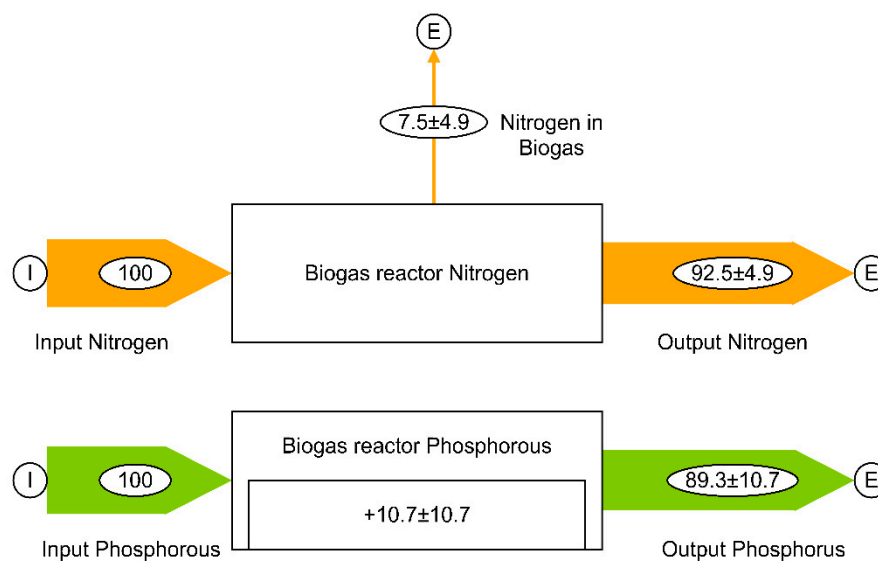
K is conserved in the digestate in all these studies during the AD as shown in Table 3.

There are a few studies found addressing the mass balance of Ca, Mg, and S in AD. For example, on average, 8.7% of Ca, 18.7% of Mg, and 67.7% of S were retained in the bioreactors. However, the authors did not find statistically significant Ca and Mg retention in the digesters except for S [46]. Significant retention of Ca and Mg with 44% and 32.5% has been found in another study as they crystallize as carbonates and phosphates [47].

Li et al. [37] investigated the mass balance of nutrients (N and P) during the AD of RS in batch experiments. The RRs of N and P were 85–91% and 91–97%, respectively. The mass balance of other nutrients (K, Ca, Mg, and S) were not investigated in this study. This is the only study found in which RS was used and mass balance of nutrients (N and P) was performed, thus indicating the scarcity of nutrient mass balance on AD of RS.

The ranges of all nutrients' RRs for specific substrates are shown in Table 3. The results mentioned in Table 3 are reported as a single value or as a range in the studies. The arithmetic mean is first determined based on the minimum and maximum values if the data points in the study are available as a range. Then these means are further used to calculate the overall average RR of N and P in the AD irrespective of a specific substrate. The results of 12 and 14 experiments are used to calculate the average RR of N and P, respectively, in AD, which is shown in Figure 3. It is assumed that the RR of N is not 100% due to its release over the gas phase, whereas P is suspected to crystallize with other elements and remains on the reactor walls [47]. The overall average RRs of Ca, Mg, and S was not calculated because only two studies were available.





**Figure 3.** Calculated mass balance of N and P in percent, relative to the input amount. N is assumed to be released in the the gas phase; P is assumed to remain in the digesters as it forms crystals with other elements. The standard deviation of the mean is displayed as “ $\pm$ ”. The results of 12 [37,46–49] and 14 [37,45–49] experiments are used to calculate the average RR of N and P, respectively.

Concerning the effect of AD on the RR of nutrients, Figure 3 shows that 92.5% of N and 89.3% of P, on average, are recovered. It can be concluded that N, P, and K are conserved in the digestate, as their RRs are close to 100%.

The separation of digestate into LD and SD with the use of separation techniques like press screws have been considered simple and low-cost practices for the management of the digestate from biogas plants and have been widely used in the European Union [43]. It has been reported that LD has a higher concentration of N in the form of ammonia, and it can be used as a fertilizer to substitute mineral fertilizer to some extent [43]. Moreover, the N/P ratio tends to increase in the LD because of separation, therefore, reducing the accumulation of P in the soil, as it offers a more balanced nutrient content for the crops [50]. The resulting SD generally used in the soil as an organic amendment [51], and it is also exported to other nearby farms to provide the solution of the excess of nutrients problem in that farm [52].

Tambone et al. [52] investigated thirteen full-scale biogas plants fed with a variety of substrates to study the distribution of nutrients into LD and SD after the usage of the screw press as a separation technique. Their results indicated that, on average, 87% of N measured as Total Kjeldahl Nitrogen (TKN) was available in the LD. In another study conducted on a full-scale biogas plant, treating the PS revealed that 85% of output N was also found in the LD [47]. Li et al. [37] carried out AD experiments in batch mode to study the distribution of N and P into LD and SD. They used three kinds of straws (rice, corn, wheat) and three kinds of manures (swine, cattle, and chicken) in their experiments. Their results indicated that on average, 34% of initial N was available in LD and 53% in SD, while the difference between initial and final N in case of straws was 9–15%. Similarly, for the manures, on average, 36% of initial N was available in LD and 59% in SD, while the difference in initial and final N after AD was 3–7% (as presented in Table 4). One possible reason for different proportions of nutrients in LD among these studies could be the usage of varying separation techniques like centrifugation [37], settling [46], and press screw [52].

**Table 4.** Distribution of nutrients into LD and SD. “n” is the number of experiments to calculate the standard deviation of the mean ( $\pm$ ).

Substrate	Separation Technique	AD Mode	N		P		References
			LD (%)	SD (%)	LD (%)	SD (%)	
Straws (n = 3)	Centrifuge	Batch	33.7 $\pm$ 6.8	53.0 $\pm$ 9.7	82.5 $\pm$ 2.1	14.4 $\pm$ 3.8	[37]
Manures (n = 3)	Centrifuge	Batch	36.0 $\pm$ 39.9	59.2 $\pm$ 38.6	8.8 $\pm$ 7.7	85.7 $\pm$ 10.0	[37]
PS (n = 1)	Screening	Full-scale	85	3	90	10	[47]
Mixed Substrates (n = 13)	Screw press	Full-scale	86.8 $\pm$ 6.2	13.1 $\pm$ 6.2	71.6 $\pm$ 12.0	28.3 $\pm$ 12.0	[52]
SM (n = 1)	Settling	PASBR	61.8 $\pm$ 3.3	34.5 $\pm$ 2.3	33.5 $\pm$ 2.5	62.3 $\pm$ 7.0	[46]

**LD**, Liquid digestate; **SD**, Solid digestate; **AD**, Anaerobic digestion; **Straws** (Rice straw, corn straw, wheat straw); **Manures** (Swine manure, cattle manure, chicken manure); **PS**, Pig slurry; **Mixed substrates** (PS, energy crops, cornmeal, milk whey, agro-industrial residues, cow slurry, molasses, poultry manure); **SM**, Swine manure; **PASBR**, psychrophilic anaerobic sequencing batch reactor.

Results obtained by Tambone et al. [52] indicated that the P available in LD accounted for 72% of the output (measured as  $P_2O_5$ ). When the straws and PS used as substrates, 82% and 90% of P were available in the LD, respectively [37,47]. For manures, a significant portion of P (86%) was available in the SD [37]. One possible explanation could be that the P in the manures precipitate in solid form. This phenomenon is more likely due to a higher concentration of Mg and Ca which precipitates P [53].

A total of 14 full-scale AD plants, six batch experiments (three for straws and three for manures), and one PASBR were used in these studies to investigate the distribution of nutrients into LD and SD as presented in Table 4. The LD contained about 34–87% of N and 9–90% of P.

There is a wide range of nutrients (N and P) available in LD and SD. The explanation could be the usage of different separation techniques, various substrates, and different modes of AD. More studies need to be conducted to draw better conclusions about the distribution of nutrients into LD and SD. As data on the mass distribution of Ca, K, Mg, and S to LD and SD is scarce. Only N and P have been considered in this study. For RS, only one batch study was available on nutrients mass balance and LD/SD distribution. Future research into the mass balance of other important nutrients (Ca, K, Mg, and S) for RS co-digestion with manure or other suitable substrates, at pilot-scale or farm-scale plants, would help to evaluate the overall efficiency of AD technology and thus support establishing a mechanism to use the digestate.

#### 4. Enhancement of Energy Recovery (Biogas/Methane Yield) from the Anaerobic Digestion of Rice Straw

The effects of the “factors” and “methods” on the improvement of energy recovery from AD of RS are discussed in the following section of this review.

##### 4.1. Temperature

Temperature is one of the most significant parameters affecting activities, survival, and growth of microorganisms in the AD [54]. It also influences the biogas yield and digestate quality [55] in both batch and continuous mode of digestion. Temperature is a crucial parameter to maximize the efficiency of the AD but also in regards to economic input [11]. Generally, there are three different temperature ranges at which anaerobic bacteria can grow. These are: psychrophilic (10–30 °C), mesophilic (30–40 °C), and thermophilic (50–60 °C) [56].

Contreras et al. [25] conducted a study in which RS was digested for 36 days at 37 °C and 55 °C in the presence of mesophilic and thermophilic inocula, respectively. The cumulative  $CH_4$  yield was 226 L/kg VS at 37 °C (with average 56%  $CH_4$  content) and 281 L/kg VS at 55 °C (average  $CH_4$  content: 67%). At thermophilic conditions, RS produced approximately 25% more  $CH_4$  than at mesophilic conditions. Similar results have been obtained by Sathish et al. [54] who co-digested RS with press mud in digesters of 1 m<sup>3</sup> capacity. Sathish et al. [54] pointed out that cumulative biogas yield for the duration of 20 days under thermophilic conditions (45–55 °C) was 34% higher than mesophilic conditions (25–40 °C). RS mono-digestion has also been evaluated by Lianhua et al. [57] at mesophilic (35 °C) and thermophilic conditions (55 °C) at different TS (7.5% and 20%) in batch tests. Under wet AD,



their results showed the CH<sub>4</sub> yield of 120 and 136 L/kg VS at mesophilic and thermophilic conditions, respectively. While CH<sub>4</sub> yield was 123 and 76 L/kg VS at mesophilic and thermophilic conditions, respectively, under dry AD. Yu et al. [42] investigated the effect of increasing temperature from 39 to 50 °C on the biogas yield from a 300 m<sup>3</sup> digester. The RS was added daily to the digester. The biogas yield increased by approximately 100% (from 200 L/kg TS to 402 L/kg TS) when the temperature of the system increased from 39 to 50 °C. Moreover, the CH<sub>4</sub> content was improved from 50% to 60%.

The studies mentioned above investigated the effect of mesophilic and thermophilic conditions on the biogas/methane yield. The biogas/methane yields at both temperatures in these studies [25,42,54,57] are shown in Figure 4. About 13–100% more methane is yielded at thermophilic as compared to mesophilic conditions in the four experiments, while in one AD test, 62% more methane was produced at mesophilic conditions.

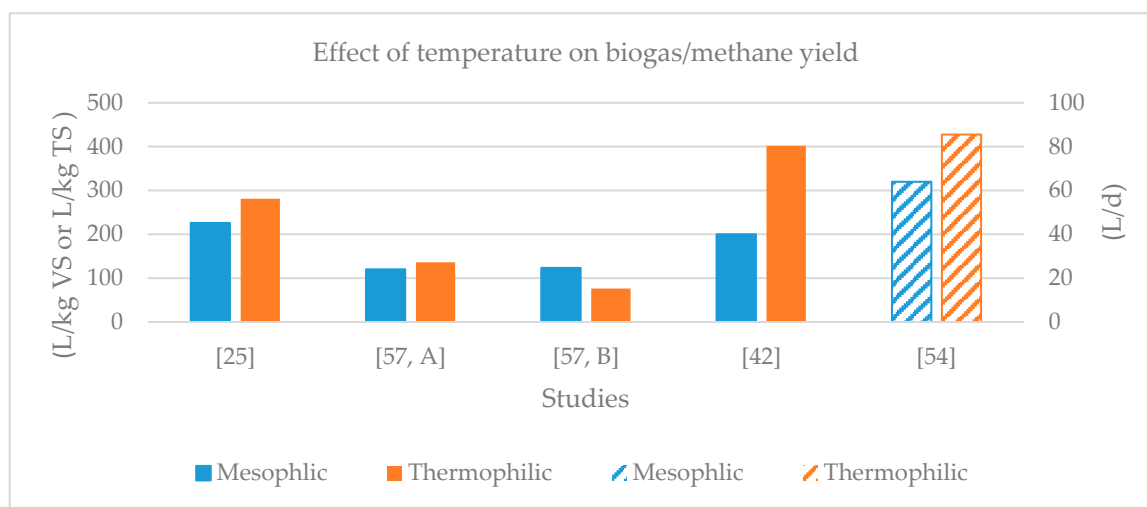
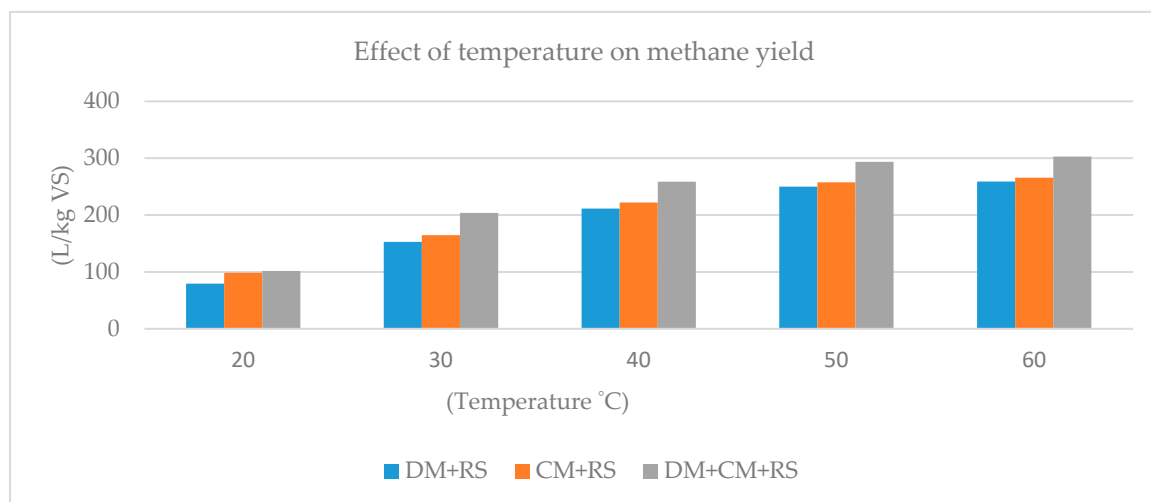


Figure 4. Effect of temperature on biogas/methane yield [25,42,54,57].

The effect of increasing temperature on the CH<sub>4</sub> yield from co-digestion of dairy manure (DM), chicken manure (CM), and RS has been investigated [26], and the results are shown in Figure 5. RS was co-digested with DM, CM, and also in a mixture with both manures in batch digesters at 20, 30, 40, 50, and 60 °C. CH<sub>4</sub> yield continuously increased by increasing the temperature. CH<sub>4</sub> yield in three mixtures was on average 2.5 times higher at 40 than at 20 °C, while only about 1.2 times higher at 60 than at 40 °C. No significant difference was observed in CH<sub>4</sub> yields between 50 and 60 °C [26].

The results of these studies demonstrate that psychrophilic AD of RS has the lowest CH<sub>4</sub> yield compared to mesophilic and thermophilic conditions. It illustrates the critical role of temperature in AD digester concerning energy recovery. Compared to mesophilic conditions, the AD of RS under thermophilic conditions yielded up to 100% more biogas yields. Moreover, the quality of biogas in terms of CH<sub>4</sub> content is also higher at higher temperatures. Thus, optimal energy recovery from the AD of RS is attained under thermophilic conditions.

Apart from the advantages of higher energy recovery, there are some disadvantages to the thermophilic AD process. For instance, variation in temperature should not exceed 0.6 °C/day to maintain a stable digestion process [18]. The mesophilic process is more robust and less sensitive to environmental changes than the thermophilic process [58].

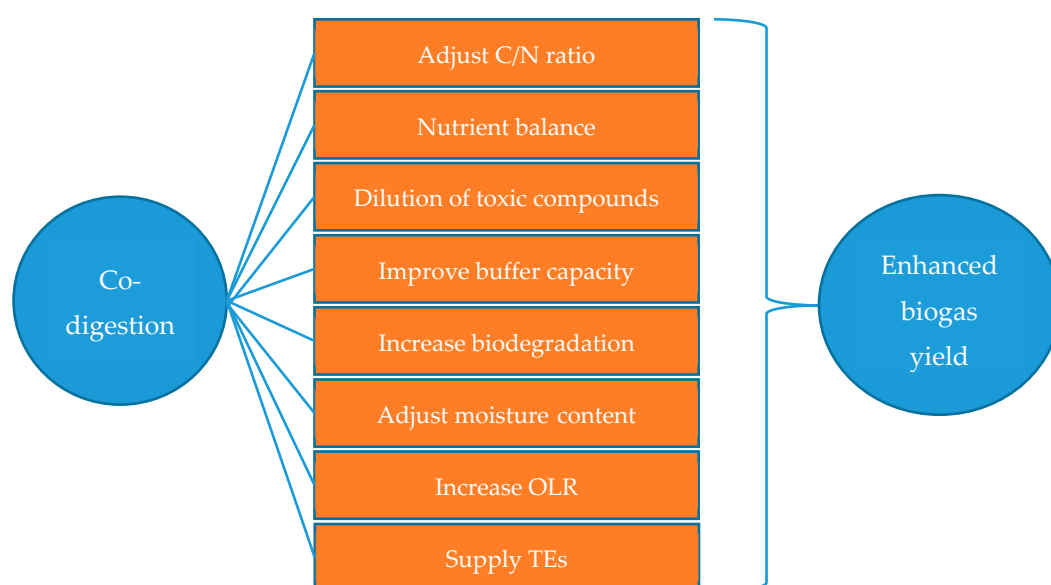


**Figure 5.** Effect of temperature on methane yield. Values are presented as the mean of three replicates ( $n = 3$ ). **DM**, Dairy manure; **CM**, Chicken manure; **RS**, Rice straw [26].

#### 4.2. Co-digestion of RS

RS is a promising substrate for AD because of its high biogas potential [11]. Untreated RS has a higher amount of total C (e.g., 35–47% TS) and very low content of N (e.g.,  $\leq 1\%$  TS) with a typical C/N ratio of approximately 47–75 [10,39]. Optimum C/N ratio ranges from 20 to 30 [59,60]. As the optimal C/N ratio is crucial for efficient AD, an external source of N is required for the digestion of RS.

The term co-digestion describes the simultaneous digestion of a mixture of two or more substrates. Co-digestion offers various advantages like improved system stability, adjusted C/N ratio, a better nutrient balance, dilution of toxic compounds, improved buffer capacity, increased biodegradation, adjusted moisture content, a supply of TEs, and increasing OLR. It can therefore, enhance volumetric biogas recovery [61–63] and improves the fertilizer value of the digestate [64]. These advantages of co-digestion are presented in Figure 6. Co-digestion of RS with different animal manures is considered a more cost-effective method for nutrition regulation than the addition of N-containing chemical reagents like ammonium bicarbonate or urea [40].



**Figure 6.** Advantages of anaerobic co-digestion [61–63].

Ye et al. [39] attained about 55%, 72%, and 47% higher biogas yield compared to RS mono-digestion when kitchen waste (KW) and pig manure (PM), were co-digested with RS at a mass ratio of 0:2:1, 0.4:1.6:1, and 0.8:1.2:1, respectively. Similar results were obtained by Zhan-Jiang et al. [65], where 70% more biogas was recovered in co-digestion of RS with food waste (FW) as compared to mono-digestion of RS. RS digested with goat manure (GM) performed best, with a mass mixing ratio of 50:50 (vs. 100:0, 90:10, 70:30, 30:70, 10:90 and 0:100) and yielding a 83% higher biogas yield than RS only [66].

Similarly, co-digestion of RS with various co-substrates such as cow manure (CoM), PM, CM, paper mill sludge (PMS), piggery wastewater (PWW), and municipal sewage sludge (MSS) has been reported by other researchers. The results of these studies (Table 5) show the enhancement in energy recovery from the co-digestion of RS compared to its mono-digestion [22,28,41,67,68].

**Table 5.** Effects of co-digestion on the methane yield of RS with other substrates.

Substrate	t <sub>HR</sub> (Days)	AD Mode	Temperature (°C)	C/N	CH <sub>4</sub> Yield (L/kg VS)	CH <sub>4</sub> Enhancement (%)	References
RS	40	Batch	37 ± 1	47.5	177.3	-	[28]
RS + CoM <sup>a</sup>				19.5	181.1	2	
RS + CoM <sup>a</sup>				22.4	196	10.5	
RS + CoM <sup>a</sup>				26.6	183.5	3.5	
RS	35	Batch	37 ± 1	47.5	178	-	[41]
RS + PM <sup>a</sup>				20.6	268.1	50	
RS + PM <sup>a</sup>				23.4	267.2	50	
RS + PM <sup>a</sup>				27.7	241.2	35.5	
RS	35	Batch	37 ± 1	47.5	178	-	[67]
RS + CM <sup>a</sup>				14.8	240.5	35	
RS + CM <sup>a</sup>				17.8	250.3	40.6	
RS + CM <sup>a</sup>				22.4	206.1	15.8	
RS	90	Batch	35 ± 1	-	46	-	[22]
RS + PMS				-	340	640	
RS + PWW + PMS <sup>a</sup>				-	335	628	
RS + PWW + PMS <sup>a</sup>				-	302	556	
RS	30	Batch	35	-	-	26% more biogas in co-digestion	[68]
RS + MSS				-	-		

AD, Anaerobic digestion; RS, Rice straw; CoM, Cow manure; PM, Pig manure; CM, Chicken manure; PWW, Piggery wastewater; PMS, Papermill sludge; MSS, Municipal sewage sludge; <sup>a</sup>, Substrates added with different ratios to achieve different C/N; t<sub>HR</sub>, Hydraulic retention time.

Co-digestion of RS can be realized with several different co-substrates as the results of the above-mentioned studies illustrate. It enhances biogas yield from 26% to 83% and also the CH<sub>4</sub> yield from 2% to 640% relative to RS mono-digestion when optimized for the appropriate C/N ratio. Co-digestion of RS with proper C/N ratio, which can be achieved by mixing one or even more substrates in a suitable amount, is a good approach for the enhancement of energy recovery. This approach can be applied in pilot-scale or farm-scale plants.

#### 4.3. Inoculum

The starting of the AD system is a vital and delicate stage to achieve a successful operation [69]. Inoculum contains active microorganisms and is added to the digester to initiate the AD [38,70]. Usual inoculum is from digested sludge of active biogas plants or organic animal material [71]. A suitable inoculum can improve the biogas yield by increasing the degradation rate, stabilizing the AD, and also shorten the start-up time [72]. Other positive aspects of inoculum are contained N and micronutrients [73]. The micronutrients can enhance the enzyme activity [74] while the extra N can be provided to meet the needs of the methanogens [38]. Therefore, the sources of inoculum, its treatments and the substrate to inoculum ratio (S/I) are important for the AD of RS. The term S/I ratio determines the amounts of substrate and inoculum that should be added in the AD batch digester to prevent the inhibition by avoiding the overlarge portion of the substrate [75].

Gu et al. [38] found that the sources (digested dairy manure, digested swine manure, digested chicken manure, digested municipal sludge, anaerobic granular sludge, and paper mill sludge) of the inoculum can significantly affect the AD of RS. The digested dairy manure resulted in the highest biogas yield of 325 L/kg VS as it provided suitable nutrients and the highest enzyme activities. RS inoculated

with other inocula attained biogas yields of 30–280 L/kg VS. In addition, Gu et al. [38] also suggested that a suitable inoculum can also provide N, macronutrients, and micronutrients for the AD.

Haider et al. [69] compared five S/I ratios, i.e., 0.25, 0.5, 1.0, 1.5, and 2.0 for anaerobic co-digestion of FW and rice husk using the fresh cow dung as inoculum and the biogas yields were 557, 458, 267, 97 and 71 L/kg VS, respectively. The highest biogas yield was obtained at S/I ratio of 0.25. Higher S/I ratios are attributed to the presence of a higher amount of biodegradable substrate and a lower amount of inoculum. Furthermore, the authors reported an accumulation of volatile fatty acids (VFAs) at higher S/I ratios (1.5 and 2.0), indicating insufficient activity of methanogenic bacteria.

In another study, the inoculum was diluted in order to compare the effect of inoculum dilution on the CH<sub>4</sub> yield of pretreated RS at various S/I ratios (2, 4, 6, 8, and 10). The original inoculum (I<sub>0</sub>) was collected from the anaerobic digester of a wastewater treatment plant. I<sub>0</sub> was diluted twice with the recycled water to achieve the diluted inoculum (I<sub>2</sub>). When I<sub>0</sub> was used as inoculum, the CH<sub>4</sub> yields were 238, 190, < 50, < 50, and < 50 L/kg VS at S/I ratios of 2, 4, 6, 8, and 10, respectively. While the yields were 193, 187, 176, 144 and < 50 L/kg VS when I<sub>2</sub> was used in the digesters. These results evidenced that I<sub>2</sub> had better dilution capacity for acidic compounds and mass transfer performance due to the availability of additional water in the inoculum. These characteristics of I<sub>2</sub> improve methanogenic activity [76].

Deng et al. [70] studied the effects of co-inoculating RS with ruminal microbiota (RM) and anaerobic sludge (AS). Five co-inoculum mixtures were prepared with RM: AS as 1:1, 1:2, 2:1, 1:0, and 0:1 based on VS content, while the S/I ratio in all mixtures was approximately 0.25. The results showed that the co-inoculation had almost threefold higher CH<sub>4</sub> yield than the digestion of RS in the presence of RM alone.

Kim et al. [77] pointed out that heat treatment (heating the sludge at 100 °C for 15 min and then cooling to room temperature to enrich the spore-forming bacteria of the *Clostridium* species) of sewage sludge, which was used as inoculum for the AD of RS, caused less biogas yield in comparison to untreated sludge.

It is demonstrated from the results of the studies that the source of inoculum affects the biogas yield. Digested dairy manure proved to be optimal inoculum for RS among the various sources of inocula. Biogas/methane yields tend to decrease with increasing S/I ratios. A high amount of substrate relative to inoculum may cause problems in AD, such as the accumulation of VFAs and lower biogas production rate. Heat treatment may cause the inoculum to be less effective. The use of co-inoculation seems to increase the biogas yield from the AD of RS.

#### 4.4. Organic Loading Rate (OLR)

Process stability and efficiency are proved to be the basic criteria to evaluate the performance of AD [78]. OLR is an important operation parameter that greatly influences the performance of the AD, and it can be described as the amount of substrate added to the digester per day per unit volume. OLR is expressed as Equation (1):

$$OLR = \frac{C}{t_{HR}} \quad (1)$$

where C is the feeding concentration of substrate in g.VS/L, and t<sub>HR</sub> is the hydraulic retention time in days (d).

Higher OLR can produce higher biogas because of the higher quantity of substrate for digestion [79]. With a higher OLR, the rate of hydrolysis/acidogenesis could be higher than methanogenesis, and the accumulation of VFAs can eventually cause process failure [80]; therefore, a suitable OLR is always necessary for stable operation.

Thermophilic co-digestion of RS with animal manures (PM, CoM, and CM) was carried out at different OLRs of 3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0 g VSL<sup>-1</sup> d<sup>-1</sup> by Li et al. [40]. Results from co-digestion of RS and PM illustrated that a stable biogas yield, on average, 434 L/kg VS was achieved without inhibition by ammonia or VFAs while, for the co-digestion of RS with CoM, the average yield

was 455 L/kg VS at all OLRs. In contrast, the AD process was inhibited by ammonia when the OLR was  $\geq 6 \text{ g VS L}^{-1} \text{ d}^{-1}$  during the co-digestion of RS with CM and the specific biogas yield was 422 L/kg VS at  $4.8 \text{ g VS L}^{-1} \text{ d}^{-1}$ .

Similarly, the effect of various OLRs on the anaerobic mesophilic co-digestion of RS with the PM [41], CoM [28], and CM [67] have been investigated, and at 6–8, 6, and  $4.8 \text{ g VS L}^{-1} \text{ d}^{-1}$ , there was no inhibition in the digesters due to the accumulation of VFAs or ammonia, respectively. However, co-digestion of RS with PM and CoM was severely inhibited by VFAs at OLR of  $12 \text{ g VS L}^{-1} \text{ d}^{-1}$ . The co-digestion of RS with CM was inhibited at  $\text{OLR} \geq 6 \text{ g VS L}^{-1} \text{ d}^{-1}$  due to the accumulation of ammonia.

The effect of various OLRs on the yield of biogas from the AD of RS, and their recommended values from the literature are summarized in Table 6.

**Table 6.** Effects of OLR on the biogas yield in AD of RS.

Substrate	Temperature (°C)	OLR ( $\text{g VS L}^{-1} \text{ d}^{-1}$ )	OLR ( $\text{g VS L}^{-1} \text{ d}^{-1}$ ) Recommended	Biogas Yield ( $\text{L/kg VS}$ )	References
RS + PM	$35 \pm 0.5$	0.4, 0.8, 1.3, 1.9, 2.5, and 3.1 <sup>a</sup>	2.5 <sup>a</sup>	460 <sup>b</sup>	[81]
RS + PM	$37 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	6.0–8.0 Inhibition by VFAs at 12.0	400–450	[41]
RS + CoM	$37 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	6.0 Inhibition by VFAs at 12.0	380	[28]
RS + CM	$37 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	4.8 Inhibition by FAN at 6.0–12.0	380	[67]
RS + PM	$55 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	12.0 No inhibition	434	[40]
RS + CoM	$55 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	12.0 No inhibition	455	[40]
RS + CM	$55 \pm 2$	3.0, 3.6, 4.2, 4.8, 6.0, 8.0, and 12.0	4.8 Inhibition by FAN	422	[40]

RS, Rice straw; PM, Pig manure; CoM, Cow manure; CM, Chicken manure; FAN, Free ammonia; VFAs, Volatile fatty acids; <sup>a</sup>, OLR measured in  $\text{kg COD}/(\text{m}^3 \text{ d})$ ; <sup>b</sup>, methane yield measured as  $\text{L CH}_4/\text{kg COD}_{\text{removed}}$ .

The recommended OLRs for commercial co-digestion of RS with PM, CoM, and CM at mesophilic conditions are 6.0–8.0, 6.0, and  $4.8 \text{ g VS L}^{-1} \text{ d}^{-1}$ , while recommended values for thermophilic conditions are 12.0, 12.0, and  $4.8 \text{ g VS L}^{-1} \text{ d}^{-1}$ . From the results of these studies, it can be concluded that a choice of a suitable OLR is necessary for attaining a good biogas yield from the AD of the RS. The optimal OLR is influenced by the type of substrate (e.g., manure) and the operating temperature. Higher OLRs with stable biogas yield can be attained at thermophilic conditions compared to mesophilic ones. Moreover, the cause of inhibition is also different in different co-digestion systems. For CM, the process inhibits by free ammonia; VFAs inhibit co-digestion of PM and CoM at higher OLR. The co-digestion system of RS assisted with in situ removal of ammonia can be considered to avoid inhibition by ammonia at higher OLRs [40]. The methods considered for the removal of ammonia are immobilization and adaptation of microorganisms, ultrasonication, microwave, hollow fiber membranes, and microbial fuel cell applications [82].

#### 4.5. Mixing

Mixing is an important operational factor that determines the performance of the AD. It enhances the mass transfer of organic substrates to microbial biomass due to the homogenization of the content in the digester [83]. Moreover, mixing facilitates the removal of trapped gas bubbles in the digester,

preventing the sedimentation of heavy particles and establishing uniform temperature [18]. However, intense continuous mixing disrupts the structure of microbial flocks, which disturbs the syntrophic relationship between organisms and leads to a reduction in biogas yield, instability of the digester, and increased vulnerability to shock loadings [83,84]. Therefore, it is crucial to provide optimal mixing for efficient and stable AD [85].

Generally, gas circulation, mechanical pumping, and mechanical stirring are used for mixing [86]. Mechanical stirring is widely used in process industry operations involving various solid–liquid flows because of its higher homogeneity in practice [87]. Moreover, mechanical agitators are the most efficient mixing device in terms of power consumption [88].

The effect of mixing has been mostly studied for municipal solid waste, biosolids [89,90], and manures [83,91]. It is not well understood how mixing affects the AD of agricultural crop residues such as RS [85]. Hence, the optimized mixing parameters for the well-investigated traditionally used substrates could be very different for crop residues, including RS [87].

RS, like other lignocellulosic substrates, has a complex chemical structure. RS also has some specific physical characteristics like low density, high water holding capacity, poor fluidity, and heterogeneity [87,92]. RS floats on the surface in the digester and does not mix properly, especially when biogas is entrapped in the slurry. Due to poor mixing, the substrate does not get good contact with the microorganisms, thus reducing degradation and, ultimately, lowering biogas yield [92].

Kim et al. [85] conducted batch experiments using RS as a substrate to study the effect of periodic mixing (once a day, once a week, twice a week), continuous mixing (50, 150, and 300 revolutions per minute (rpm)), and no mixing on the CH<sub>4</sub> yield. Their results showed that the differences in CH<sub>4</sub> yield were not statistically significant among the periodic and no mixing conditions, while the total CH<sub>4</sub> yield for the 50, 150, and 300 rpm continuous mixing conditions were 13%, 25%, and 38% lower than for no mixing conditions. Kim et al. [85] also investigated the effect of three modes of continuous mixing during the AD of RS in three continuously stirred tank reactors (CSTR). The three applied regimes were: (R1) one digester with continuous mixing at 50 rpm, (R2) second digester with manually mixing of once a day, and (R3) the third digester was operated at 50 rpm continuous mixing with occasional high speed (150 rpm) mixing events. They concluded that the CH<sub>4</sub> content in biogas in R2 (53%) was slightly higher than in R1 (51%), while in R3, it dropped to a minimum value of 7%.

Shen et al. [87] carried out a study to improve the mixing of RS during AD to achieve higher biogas yield by computational fluid dynamics (CFD) and experimental tests. The experiments were performed at different stirring rates (40, 80, 120, and 160 rpm) to investigate their effect on biogas yield in CSTR. The highest biogas yield was achieved at a stirring rate of 80 rpm. It was higher than that of other stirring rates by about 19% (40 rpm), 10% (120 rpm), and 12% (160 rpm). Tian et al. [92] utilized the results of Shen et al. [87] for identifying proper agitation intervals to prevent floating layer formation during AD of corn stover (CS) and to improve the biogas yield. Shen et al. [87] studied the effect of various stirring rates (40, 80, 120, and 160 rpm for 5 min each time) on biogas yield of RS, while Tian et al. [92] further investigated the effect of various agitation intervals (continuous; after 2, 4, 8, and 12 h for 5 min for each time) with different OLRs (1.44, 1.78, and 2.11 g TS L<sup>−1</sup> d<sup>−1</sup>) on the biogas yield from AD of CS in CSTRs. The results of the study showed that, at lower OLR of 1.44 g TS L<sup>−1</sup> d<sup>−1</sup>, there was no floating layer observed in the digesters when the time interval for the agitation was continuous for 2 h, 4 h, and 8 h, while the performance of AD was adversely affected at 12 h. Moreover, the biogas yield for the digester agitated after 12 h was 418 L/kg TS, which was 2%, 9%, 3%, and 0% lower than those digesters stirred continuously, for 2 h, 4 h, and 8 h, respectively. The optimal agitation intervals shifted to 6 h and 2 h when the OLRs increased to higher levels of 1.78 g TS L<sup>−1</sup> d<sup>−1</sup> and 2.11 g TS L<sup>−1</sup> d<sup>−1</sup>, respectively. When the agitation time intervals were more extended than optimal, floating layers were observed in the digesters, especially at higher OLR of 2.11 g TS L<sup>−1</sup> d<sup>−1</sup>. The results of studies investigating the effects of various mixing conditions on biogas yield from the AD of RS and other straw have been summarized in Table 7.



**Table 7.** Effects of mixing on the biogas yield in AD of rice and other straw.

Substrate	Digester Type	Mixing Mode (Mixing Interval [h]/ Stirring Period [min])	Mixing Speed	OLR (g TS L <sup>-1</sup> d <sup>-1</sup> )	Biogas Yield (L/kg TS)	References
RS	CSTR	Periodic (2 h/5 min)	40 rpm	-	299	[87]
			80 rpm		370	
			120 rpm		332	
			160 rpm		327	
MS	Batch	No mixing	-	-	414	[93]
		Once a day	-	-	491	
		Twice a week	-	-	482	
CS	CSTR	Continuous (2 h/5 min)	80 rpm	1.44	427	[92]
		(4 h/5 min)			459	
		(8 h/5 min)			430	
		(12 h/5 min)			420	
		(12 h/5 min)			418	
CS	CSTR	Continuous (2 h/5 min)	80 rpm	1.78	487	[92]
		(4 h/5 min)			508	
		(8 h/5 min)			505	
		(12 h/5 min)			454	
		(12 h/5 min)			416	
CS	CSTR	Continuous (2 h/5 min)	80 rpm	2.11	423	[92]
		(4 h/5 min)			433	
		(8 h/5 min)			429	
		(12 h/5 min)			378	
		(12 h/5 min)			335	

RS, Rice straw; MS, Maize stover; CS, Corn stover; CSTR, Continuously stirred tank reactor; rpm, Revolutions per minute.

The results in Table 7 show that periodic mixing is better as compared to continuous mixing. The stirring rate of 80 rpm lasting for the 5 min provides proper mixing in the digesters. It has also been observed that higher OLR led to the rapid formation of a floating layer. The agitation interval with highest biogas yields has been identified as 2 h at OLRs of 1.44, 1.78, and 2.11 g TS L<sup>-1</sup> d<sup>-1</sup> during the AD of straw in CSTRs.

The results of these reported studies verified that the proper agitation speed, mixing time, and the mixing intervals can achieve higher biogas yield. In contrast, the very intense mixing can affect the process adversely. These results are useful for operating the digesters treating the RS or other straw in an efficient and cost-effective way.

#### 4.6. Recycling Liquid Digestate (LD)

A separation machine (press screws) is usually used to separate the digestate from the digester into LD and SD. The SD is rather simple to handle as it is generally used as fertilizer after composting or even directly. However, the utilization or treatment of LD is a challenge. LD can be used as liquid fertilizer or can be disposed of in the water streams after treatment; however, the most promising option is its recycling to the digester [94].

The recycling of LD can help to improve the moisture content for some high solid substrates [94] and provides a range of nutrients and vitamins needed by the microorganisms [95]. However, the excessive recycling may result in process inhibition by the accumulation of VFAs, ammonia, and nonbiodegradable intermediates [94,96,97].

Hu et al. [94] investigated the effect of recycling LD during the AD of MS in the CSTR. They compared three scenarios: No recycling of LD serving as a reference, while in the other two digesters, direct recycling and recycling after aeration carried out. Their results showed that there was

no significant difference in CH<sub>4</sub> yield, CH<sub>4</sub> content, substrate reduction, or pH in all three modes. This indicates that recycling did not adversely affect system stability.

Pezzolla et al. [98] evaluated the effect of the frequency of LD recycling on the biogas yield in the solid-state AD of straw with PS. They compared the impact of different recycling frequencies—once per day, twice per day, and four times per day—with a control system (no recycling). The results suggested that recycling LD had a positive effect on biogas yield when it was more than twice per day. The highest cumulative biogas yield was achieved at a recycling frequency of four times per day.

Mussoline et al. [36] aimed to define and optimize the operational parameters of a farm-scale anaerobic batch digester (13,000 m<sup>3</sup>) using RS and PWW as substrates where recycling of LD was one of the important strategies. Increasing recycling rates of LD (from 0.04 to more than 0.14 m<sup>3</sup>/m<sup>3</sup>straw d<sup>-1</sup>) resulted in increasing biogas yield. Higher recycling rates are recommended, but these are limited by the accumulation of VFAs which can inhibit the methanogenic process.

The effect of LD recycling in various proportions (relative to recovered amount), with different frequencies and with varying post-treatments on the biogas/methane yield in the AD of various substrates is shown in Table 8.

**Table 8.** Effects of recycling LD on the biogas/methane yield in AD of various substrates.

Substrate	Recycling Scenarios	Effect on AD	Effect on Biogas/Methane Yield	References
RS + PWW	Increasing the rate	Increase microbial growth	Increase	[36]
MS	No Direct Aerated	No adverse effect on system performance and stability	No significant increase	[94]
Mixture (PS and straw)	No recycling 1 x day 2 x day 4 x day	Enhanced alkalinity, buffer capacity, and methanogenic activity	Increase	[98]
WS	No After centrifugation After filtration	Higher nutrients and microbial concentration	21% increase	[99]
WS	No After centrifugation After filtration	The process could be sustained for a longer time due to dilution of nutrients	21% increase	[100]
WS + SS	No After centrifugation After filtration	Enrichment of nutrients	Increase	[100]
WS + MN	No After centrifugation After filtration	Process collapse without recycling while stable with recycling	Increase	[100]
LG	0%, 10%, 20%, 30%, 40%, 50%, and 60% of recovered LD	Provision of methanogenic bacteria and trace elements	Maximum biogas with 60% LD	[101]
DM	30%, 50%, and 80% of recovered LD	No adverse effect on performance and system stability	No significant increase	[96]
AS	0%, 50%, and 100%, of recovered LD	Inhibition at 100% while 50% provides stable operation	Increase with 50% LD	[102]
CS + OFMSW	0.3, 0.6, 1.2, 2.4, and 4.8 (daily recycling volume/total recovered volume)	Improved hydrolysis and mass transfer Accumulation of VFAs	Highest methane at 0.3	[103]

**AD**, Anaerobic digestion; **LD**, Liquid digestate; **RS**, Rice straw; **PWW**, Piggery wastewater; **MS**, Maize stover; **Mixture**, PS and straw; **WS**, Wheat straw; **SS**, Sewage sludge; **MN**, Macronutrients (N and P); **LG**, Lawn grass; **DM**, Dairy manure; **AS**, Alfalfa silage; **CS**, Corn straw; **OFMSW**, Organic fraction of municipal solid waste.

The studies presented in Table 8 show different results of the recycling of LD on the biogas or methane yield in the AD of various substrates. The results of the two studies show no increase or decrease in the biogas yield due to LD recycling, whereas the authors explained that there is no adverse impact of recycling on the process stability [94,96]. Some authors obtained higher biogas yield with the recycling of LD. They attributed this to increase microbial growth, enhanced buffer capacity, higher alkalinity, increased methanogenic activities, higher nutrients availability, and improved hydrolysis [36,98–100]. In some other studies, the biogas yield improved at a lower rate of LD recycling, and it reduced when more LD was recycled. The accumulation of VFAs and the dilution of essential nutrients were named as causes [100,102,103].

From these studies, it can be concluded that it is technically feasible to recycle part or all of the LD to the AD system. It is also possible that the process cannot be sustained for a longer time due to the dilution of nutrients. Co-digestion of straw with nutrients rich substrates combined with recycling LD is an excellent approach to achieve a stable AD system. In addition, an appropriate amount of LD is required because its excessive recycling may cause process failure due to the accumulation of VFAs. Therefore, LD recycling may enhance system stability and biogas yield.

#### 4.7. Addition of Trace Elements (TEs)

Several specific TEs such as iron (Fe), cobalt (Co), nickel (Ni), copper (Cu), zinc (Zn), molybdenum (Mo), selenium (Se), and tungsten (W) are essential for enzyme cofactors involved in the biochemistry of CH<sub>4</sub> formation [104] and needed in a balanced AD [105]. However, the availability of TEs in higher amounts can cause inhibition to anaerobic organisms due to the disruption of an enzyme's structure and function [106]. Therefore, an appropriate amount of TEs is required to avoid the inhibition by maintaining effective growth and metabolism of microorganisms. Moreover, it has been found from the literature that the degree of inhibition depends upon several factors such as the total concentration, pH, redox potential, and chemical forms of the elements [107,108].

Recently, Mancini et al. [29] added different TEs (Co, Ni, and Se) in various mass fractions to study the enhancement of CH<sub>4</sub> yield in the AD of RS. The results showed a 12% improvement in the CH<sub>4</sub> yield with the addition of these TEs. In another similar study, Cai et al. [109] observed 18% more CH<sub>4</sub> yield when Fe was added to the batch AD of RS. A study conducted by Mancini et al. [110] using RS as a sole substrate showed different results as compared to these similar studies [29,109]. The authors did not observe any enhancement in CH<sub>4</sub> yield due to the addition of Fe and Co. They concluded that it is likely due to the presence of the elevated TEs in the inoculum used in the study. The effect of the addition of various TEs on the methane yield in the AD of straws is summarized in Table 9.

The results of the abovementioned studies show that research on several TEs has been carried out for single and multiple elements, while Fe, Ni, and Co are the most investigated. The addition of TEs has been successfully used to enhance biogas and CH<sub>4</sub> yield in the AD of various straw types. Specifically, the enhancement in CH<sub>4</sub> yield of 0–18% has been observed due to the addition of TEs (Fe, Ni, Co, and Se) to the AD of RS. Similarly, up to 62% enhancement in CH<sub>4</sub> yield observed with the addition of TEs to other straw (CS) (Table 9).

Literature data on the impact of TEs addition on the enhancement of CH<sub>4</sub> yield in the AD of RS is scarce. There were only three studies found investigating the effect of the addition of Fe, Ni, Co, and Se. Two studies show that the addition of TEs improves the CH<sub>4</sub> yield while the third study shows there was no improvement. Therefore, there is a need for future work in this area to understand the effect of the addition of other TEs as well. Likely, the addition of suitable elements in an appropriate combination and amount would enhance the CH<sub>4</sub> yield in the AD of RS as evidenced by other straws.

**Table 9.** Effect of addition of TEs on the methane yield in the AD of RS and other straws.

Substrate	TEs	AD Mode	Adjusted Amount of TEs	Units	Maximum Methane Enhancement (at Adjusted Amount)	References
RS	Co Ni Se	Batch	9.0–45.0 9.0–45.0 1.0–5.0	mg/kg TS	12% (Ni: 45)	[29]
RS	Fe Co	Batch	205 18	mg/kg TS	0%	[110]
RS	Fe	Batch	92,464:1, 18,492:1 9246:1, 1849:1 925:1, 185:1 92:1, 18:1, 9:1	VS:Fe	18% (925:1)	[109]
MS <sup>a</sup>	Fe Ni Co	Batch	0.10–0.20 0.005–0.01 0.004–0.009	mg/g VSS	35% <sup>b</sup> (Fe: 0.1 Ni: 0.005 Co: 0.004)	[111]
MS <sup>a</sup>	Ni Co Mo	Batch	0.1–0.5 0.1–0.5 0.05–0.25	mg/L	36% (Ni: 0.5 Co: 0.5 Mo: 0.25)	[112]
CS	Fe Ni Co	Batch	1–10 0.2–0.6 0.05–0.4	mg/L	62% (Fe: 1 Ni: 0.4 Co: 0.4)	[113]
MS	Fe	Batch	50.0, 200.0, 1000.0 and 2000.0	mg/L	15% (200.0–1000.0)	[114]
PS <sup>a</sup>	Fe	Batch	0.5, 1.0, 5.0 and 10.0	mg/L	18% <sup>b</sup> (10.0)	[115]
PS <sup>a</sup>	Ni	Batch	0.2, 0.8 and 2.0	mg/L	>18% <sup>b</sup> (0.8 and 2.0)	[116]
PS <sup>a</sup>	Cu	Batch	30.0 100.0 500.0	mg/L	44% <sup>b</sup> (30)	[117]

TEs, Trace elements; AD, Anaerobic digestion; RS, Rice straw; MS<sup>a</sup>, Maize silage; CS, Corn stover; MS, Maize straw; PS<sup>a</sup>, Phragmites straw; <sup>b</sup>, Biogas enhancement.

#### 4.8. Bioavailability of Trace Elements (TEs)

The presence of a particular TE in the AD does not necessarily imply that it can be taken up by microorganisms and incorporated into the catalytic center of the enzymes [118]. Bioavailability is defined as the degree to which a substance is available for metabolic activities [119]. The bioavailability of TEs can be grouped and approximated by sequential extraction techniques [120]. Water-soluble and exchangeable fractions of TEs are commonly considered as highly bioavailable. TEs bound in carbonates, sulfides, or organic complexes are less bioavailable as their mobility depends on the aqueous solubility of the compounds. The residual fraction is not available to microorganisms because it is non-extractable and non-dissolvable [120]. Ortner et al. [120] examined the applicability of the sequential extraction technique on slurries of AD plants. These slurries were obtained from three biogas plants: an agricultural biogas plant utilizing PM and MS<sup>a</sup>, a plant using grass silage (GS) and MS<sup>a</sup>, and a plant processing the slaughterhouse waste (SHW). Their results are presented in Table 10.

**Table 10.** Water-soluble and exchangeable fractions (relative to a total concentration of TE) of TEs in the AD of various substrates.

Substrates	AD Mode Temperature (°C)	TE	Water-Soluble and Exchangeable Fractions (%)	References
RS	Batch 37 ± 2	Fe, Co	23, 48	[110]
RS	Batch 35 ± 2	Fe	1.7–3.1	[109]
MS	Semi-continuous 37 ± 1	Fe, Ni, Co, and Mn	14, 29, 36, and 70 <sup>a</sup>	[121]
SHW	Semi-continuous 38	Ni, Co, and Mo	62, 62, and 68	[118]
SHW	38	Fe, Ni, Co, Cu, Zn, and Mo	54, 52, 48, 57, 54, and 72	[120]
GS + MS <sup>a</sup>	48	Fe, Ni, Co, Cu, Zn, and Mo	22, 36, 24, 46, 43, and 0	[120]
PM + MS <sup>a</sup>	40	Fe, Ni, Co, Cu, Zn, and Mo	27, 62, 60, 29, 28, and 62	[120]

AD, Anaerobic digestion; TE, Trace element; RS, Rice straw; MS, Maize straw; SHW, Slaughterhouse waste; GS, Grass silage; MS<sup>a</sup>, Maize silage; PM, Pig manure; <sup>a</sup>, also include carbonates fraction of TE.

Fe has been added alone and in combination with Co to determine whether their bioavailability could be a limiting factor for CH<sub>4</sub> yield using RS as a substrate in the presence of agro-zootechnical digestate as an inoculum in a study carried out by Mancini et al. [110]. The results pointed out that the amount of highly bioavailable Fe was increased from 11% to 23% when it was added alone and from 11% to 20% when it was dosed with Co. Similarly, Co addition resulted in an increase of the highly bioavailable fraction from 8% to 48%. The CH<sub>4</sub> yield was the same with and without the addition of TEs. Therefore, the direct relationship between the increased highly bioavailable fractions of TEs and enhanced CH<sub>4</sub> yield in the AD of RS was not observed. Cai et al. [109] conducted a similar study to investigate the changes in five fractions of Fe to assess its bioavailability and whether the system was deficient in Fe during the AD of RS. Their results indicated an overall very low (1.7–3.1%) bioavailability of Fe, and most of the Fe was not readily available to microorganisms in the digestion system. Thus, there was a deficiency of bioavailable Fe which may have reduced CH<sub>4</sub> yield.

The effect of the bioavailability of Fe, Ni, Co, and Mn on the CH<sub>4</sub> yield from the AD of MS in the semi-continuous CSTR was studied by González-Suárez [121]. The results indicated a decreasing trend of highly bioavailable fractions of TEs over time. At the end of the experiment (after 96 days), the highly bioavailable fractions of Fe, Ni, Co, and Mn decreased by 23%, 32%, 33%, and 20%, respectively, compared to day 1. The results confirm that fewer TEs were directly available for microbial uptake at the end of the process leading to an 11% decrease in CH<sub>4</sub> yield.

The results of the studies summarized in Table 10 show that the sequential extraction is a useful method to assess the bioavailability of TEs available in various AD systems. The determination of the bioavailability of TEs is a more appropriate approach compared to total available amounts concerning their requirement to monitor the process to achieve a stable and efficient process.

The results of one study show the direct relationship between the reduced amount of highly bioavailable fractions of TEs and reduction in CH<sub>4</sub> yield in the AD of MS. While, in another study, the CH<sub>4</sub> yield has not enhanced due to the increased amount of highly bioavailable fractions of TEs in the AD of RS. Therefore, the relationship between the higher amount of highly bioavailable fractions of TEs and enhanced CH<sub>4</sub> yield is not clear. Moreover, specifically for RS, only Fe and Co have been investigated to assess the effect of bioavailability on the CH<sub>4</sub> yield. A large fraction is not available

for microbial uptake during the AD of RS and this aspect should be considered for an appropriate supplementation of TEs to achieve enhanced CH<sub>4</sub> yield.

## 5. Pilot-scale and Farm-scale Plants for AD of RS

Energy recovery in the form of biogas/methane from agricultural residues is highly interesting for the agricultural sector, as it is an option to produce local energy, replace fossil fuels, and thus, become self-sufficient and sustainable in terms of energy supply [122]. Introducing AD plants into the farm system, treating the animal manures along with the straws for the recovery of energy has a great potential to reduce the demand for fossil energy and reduction of greenhouse gas emissions [123].

Numerous bench-scale experiments have been carried out on RS digestion to define the optimal temperature [25,26,42], substrates for co-digestion [39,65,66], mixing intensities and duration [87,92], OLR [28,40,41], sources of inoculum [38], S/I ratio [69], recycling LD to the digester [36,98], addition of TEs and their bioavailability [110]. Bench-scale studies are important to understand the principles but it is challenging to design and operate a farm-scale plant based on these microcosms [124]. Besides, the monitoring of a farm-scale plant is necessary to obtain detailed information and a better understanding of technology [125]. It also helps to discover practical operational aspects such as the length of start-up phase and energy and co-substrates input and to check if the system is sustainable on a long-term basis [36,125]. These aspects are often missed in lab tests.

Mussoline et al. [124] conducted a batch pilot-scale study using untreated RS and PWW to define TS, straw-to-wastewater ratio, digestion temperature, and digestion time. RS was co-digested in two pilot-scale batch digesters with different amounts of PWW (Digester A: 50 kg dry straw, 150 L PWW, 20% TS; Digester B: 50 kg dry straw, 60 L PWW, 20% TS) for 189 days. The digestion temperature inside the digester A was between 30 and 40 °C. The digester B was initiated with ambient conditions (20–25 °C) and constant heating was applied later on to maintain mesophilic temperatures. The CH<sub>4</sub> yield from digester A was 231 L/kg VS and from the digester, B was 12 L/kg VS. The lower temperature and lesser amount of PWW were the limiting factors for lower CH<sub>4</sub> yield from digester B. The amount of PWW was not sufficient to establish a stable microbial community. The results of digester A were compared with the results of another study [57] of the same magnitude where the pretreated RS was digested. The pretreated (cutting into 7–8 cm pieces and treated with white-rot fungi) RS requires only 89 days for digestion while the untreated RS needs 189 days. Moreover, the pretreated RS can be adequately digested at ambient temperature (19–30 °C), while the untreated RS requires the mesophilic conditions in the presence of approximately 67% more PWW [57].

Other than RS, André et al. [126] studied the dry AD of roadside grass (RSG) with manure in a pilot-scale plant at 37 °C with three digesters. The overall average CH<sub>4</sub> yield (226 L/kg VS) from three digesters obtained in this study [126] was similar to the yield obtained by Mussoline et al. [124] during the co-digestion of RS with PWW. A pilot-scale plant was successfully operated with a stable AD process treating RS and manure in the BIORIST project [24]. No further studies were found to compare the performance of AD of RS with other substrates at the pilot scale.

Data from a farm-scale system treating RS is limited to one study [36]. During the initial loading event, 727 t of RS and 285 t of PWW was loaded in a batch digester. Approximately 1300 t of water was added to the digester overtime during the first year. The co-digestion of RS with PWW was completed after 422 days, and the cumulative energy production was 295 MWh. The results showed a start-up period of 200 days and the authors attributed this long phase to high straw to wastewater ratio, low ambient temperature (<15 °C), and low recycling rate of LD (< 0.04 m<sup>3</sup>/m<sup>3</sup>straw d<sup>-1</sup>). Similarly, Wandera et al. [127] investigated the performance of a full-scale biogas plant treating the MS. The digester had a capacity of 400 m<sup>3</sup> and was operated at a temperature ranging from 55 to 60 °C. They obtained a CH<sub>4</sub> yield of 200 L/kg TS.

The abovementioned studies indicate the importance of pilot-scale experimentations to define the operational parameters such as heat input, TS, straw to wastewater ratio, digestion temperature, digestion time, loading frequency, and wastewater volume for the farm-scale plants treating RS.



Although the literature reporting data on the AD of RS in farm-scale plants is scarce. The implementation of a farm-scale plant using RS co-digested with other suitable substrates (PWW, manures) is possible as evidenced by studies that co-digestion performs better than mono-digestion. The farm-scale biogas plants are good candidates for the utilization of RS to recover energy, to facilitate the development of the agriculture economy and to provide local energy. However, further investigation is needed for a better understanding of the process. Moreover, research about the economical viability of farm-scale AD plants for RS should be conducted and published, covering all financial cost of capital and operation, including the logistics of RS and other co-substrates.

## 6. Conclusions

RS generation will continue to increase as rice production continues to rise to provide food for a still growing global population. The AD of RS is a viable option for the recovery of energy and nutrients. The nutrients (N, P, and K) are mostly conserved in the digestate during the AD, and their significant portion is available in LD. The effective use of nutrients available in the digestate is a way to partially substitute fertilizers for the amendment of agricultural land.

The AD of RS at thermophilic conditions results in higher biogas/methane yield and higher CH<sub>4</sub> content in biogas as compared to mesophilic conditions. In contrast, the mesophilic process is more robust and less sensitive to environmental changes. Using a suitable inoculum and co-substrate in an appropriate amount enhances biogas/methane yield in the AD of RS by providing nutrients balance, dilute toxic compounds, adjust moisture content, improve buffer capacity, and stability of the system. Optimal selection of mixing (speed, time, and intervals), OLR, recycling LD, and TEs (with appropriate amount) also enhances the biogas/methane yield.

Pilot-scale plants and experiments are necessary to design and define operational parameters for farm-scale biogas plant treating RS. Technically, the implementation of farm-scale biogas plants utilizing RS together with other suitable substrates such as PWW or other livestock manure is possible. It will provide energy and nutrients recovery to the local farm. However, the economic feasibility of such a plant should be evaluated.

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## Abbreviations

AD	Anaerobic digestion
AS	Alfalfa silage
AS	Anaerobic sludge
C/N	Carbon-to-nitrogen ratio
CFD	Computational fluid dynamics
CM	Chicken manure
CoM	Cow manure

CS	Corn stover/straw
CSTR	Continuously stirred tank reactor
DM	Dairy manure
FW	Food waste
GM	Goat manure
GS	Grass silage
IRRI	International Rice Research Institute
KW	Kitchen waste
LD	Liquid digestate
LG	Lawn grass
MN	Macronutrients (N and P)
MS	Maize stover/straw
MSa	Maize silage
MSS	Municipal sewage sludge
OFMSW	Organic fraction of municipal solid waste
OLR	Organic loading rate
PASBR	Psychrophilic anaerobic sequencing batch reactor
PM	Pig manure
PMS	Paper mill sludge
PS	Pig slurry
PSa	Phragmites straw
PWW	Piggery wastewater
RM	Ruminal microbiota
rpm	Revolutions per minute
RR	Recovery rate
RS	Rice straw
RSG	Roadside grass
S/I	Substrate-to-inoculum ratio
SD	Solid digestate
SEM-EDS	Scanning electron microscopy
SHW	Slaughterhouse waste
SM	Swine manure
SS	Sewage sludge
TC	Total carbon
TEs	Trace elements
tHR	Hydraulic retention time
TKN	Total Kjeldahl nitrogen
TN	Total nitrogen
TS	Total solids
VFAs	Volatile fatty acids
VS	Volatile solids
WS	Wheat straw

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