

educati on or below	1.33,	1.34,	1.33,	1.33,	1.33,	1.33,	1.34,	1.34,	1.34,	1.33,	1.34,	1.34,	1.34,	1.33,	1.31,	1.34,	1.33,	1.21,		1.25,	1.25,	1.3,	1.32,
Second ary educati on	0.035	0.001	0.045	-0.033	-0.014	-0.015	-0.017	-0.002	-0.02	0.033	0.024	-0.065	0.022	-0.073	-0.114**	0.039	0.108**	-0.236***		0.032	0.224***	-0.075	-0.132***
Monthly <HKD1 househol d income HKD10	4.22,	4.15,	4.22,	4.17,	4.18,	4.2,	4.23,	4.22,	4.22,	4.22,	4.2,	4.22,	4.17,	4.17,	4.2,	4.17,	4.1,	4.12,	3.97,		1.7,	2.27,	2.59,
,000	-0.05	0.188***	0.094*	-0.018	0.103*	0.051	0.031	0.052	0.057	-0.106*	-0.053	0.232***	0.133**	0.035	-0.115**	-0.157***	-0.164***	0.455***	0.032		-0.33***	-0.231***	-0.175***
,000- 30,000	5.43,	5.37,	5.38,	5.37,	5.41,	5.41,	5.43,	5.42,	5.43,	5.42,	5.43,	5.41,	5.39,	5.42,	5.43,	5.43,	5.42,	5.43,	5.07,	2.18,		1.73,	2.36,
HKD30 ,001- 50,000	0.035	0.037	0.173***	-0.009	0.028	0.096*	-0.04	0.02	0.098*	0	0.075	0.046	0.056	-0.017	0.043	0.037	-0.017	-0.057	0.224***	-0.33***		-0.437***	-0.331***
HKD50 ,001- 80,000	3.8,	3.76,	3.77,	3.73,	3.79,	3.78,	3.79,	3.79,	3.8,	3.8,	3.79,	3.79,	3.78,	3.79,	3.75,	3.79,	3.8,	3.79,	3.7,	2.03,	1.21,		1.82,
	-0.004	-0.062	-0.078*	0.123*	-0.062	-0.049	0.043	-0.016	-0.046	0.049	-0.01	-0.074	-0.041	-0.03	0.096*	0.062	0	-0.187***	-0.075	-0.231***	-0.437***		-0.232***
	2.77,	2.78,	2.78,	2.76,	2.78,	2.78,	2.77,	2.78,	2.78,	2.78,	2.78,	2.78,	2.78,	2.77,	2.78,	2.78,	2.78,	2.77,	2.76,	1.7,	1.21,	1.33,	
	-0.016	-0.085*	-0.149***	-0.012	-0.06	-0.084	0.046	-0.072	-0.092	0.089	-0.074	-0.121*	-0.103*	0.044	-0.03	0.074	0.116**	-0.142***	-0.132***	-0.175***	-0.331***	-0.232***	

Note: ***p<0.001; **p<0.01; *p>0.05

Multicollinearity diagnostics for adjusted logistic regression for dichotomised average hours of sleep per day regressed against fitted variables.

VIF, r	Mental and emotional health			Physical reaction to bites			Age			Education level		Monthly household income			
	Slight	Moderate	Severe	Difficulties sleeping or restlessness	Female	0-24	25-44	45-64	Primary education or below	Secondary education	<HKD10,000	HKD10,000-30,000	HKD30,001-50,000	HKD50,001-80,000	
Mental and emotional health	Slight	1.17, -0.3***	1.14, -0.291***	1.44, -0.185***	1.45, -0.057	1.45, -0.008	1.45, 0.06	1.45, 0.041	1.44, -0.093	1.45, 0.134**	1.45, -0.146**	1.43, 0.076	1.43, 0.06	1.45, -0.011	
	Moderate	1.4, -0.3***		1.2, -0.358***	1.57, 0.166***	1.75, 0.044	1.74, 0.025	1.73, -0.048	1.74, -0.017	1.74, 0.13**	1.74, -0.159**	1.71, 0.226***	1.72, -0.204***	1.72, 0.009	1.72, 0.069
	Severe	1.62, -0.291***	1.42, -0.358***		1.7, 0.391***	2.06, -0.016	2.05, -0.072	2.06, 0.057	2.04, -0.161***	2.04, 0.136**	2.06, -0.011	2.05, -0.005	1.98, 0.237***	2, -0.066	2.04, -0.168***
Physical reaction to bites	Difficulties sleeping or restlessness	1.49, -0.185***	1.36, 0.166***	1.25, 0.391***		1.51, -0.025	1.5, -0.067	1.49, -0.107*	1.51, -0.11*	1.51, 0.299***	1.5, -0.123*	1.49, 0.242***	1.5, 0.088	1.51, -0.108*	1.51, -0.193***
	Female	1.04, -0.057	1.04, 0.044	1.04, -0.016	1.04, -0.025		1.04, 0.054	1.04, -0.055	1.04, -0.002	1.03, -0.013	1.03, -0.073	1.02, 0.035	1.03, -0.017	1.04, -0.03	1.04, 0.044
Age	0-24	2.7, -0.008	2.69, 0.025	2.68, -0.072	2.68, -0.067	2.69, 0.054		1.3, -0.331***	1.3, -0.349***	2.07, -0.158***	2.64, -0.114**	2.68, -0.115**	2.69, 0.043	2.65, 0.096*	2.69, -0.03
	25-44	3.24, 0.06	3.23, -0.048	3.25, 0.057	3.21, -0.107*	3.25, -0.055	1.56, -0.331***		1.27, -0.441***	2.42, -0.202***	3.25, 0.039	3.2, -0.157***	3.25, 0.037	3.23, 0.062	3.24, 0.074
	45-64	3.32, 0.041	3.32, -0.017	3.29, -0.161***	3.31, -0.11*	3.32, -0.002	1.6, -0.349***	1.3, -0.441***		2.62, -0.173***	3.32, 0.108**	3.2, -0.164***	3.31, -0.017	3.32, 0	3.32, 0.116**
Education level	Primary education or below	2.41, -0.093	2.41, 0.13**	2.41, 0.136**	2.42, 0.299***	2.41, -0.013	1.87, -0.158***	1.81, -0.202***	1.92, -0.173***		2.21, -0.236***	2.35, 0.455***	2.43, -0.057	2.42, -0.187***	2.42, -0.142***
	Secondary education	1.35, 0.134**	1.35, -0.159**	1.36, -0.011	1.35, -0.123*	1.35, -0.073	1.33, -0.114**	1.36, 0.039	1.36, 0.108**	1.24, -0.236***		1.26, 0.032	1.26, 0.224***	1.32, -0.075	1.34, -0.132***
Monthly household income	<HKD10,000	3.96, -0.146**	3.87, 0.226***	3.94, -0.005	3.91, 0.242***	3.89, 0.035	3.93, -0.115**	3.9, -0.157***	3.82, -0.164***	3.84, 0.455***	3.68, 0.032		1.71, -0.33***	2.21, -0.231***	2.47, -0.175***
	HKD10,000-30,000	5.15, 0.076	5.16, -0.204***	5.02, 0.237***	5.19, 0.088	5.2, -0.017	5.21, 0.043	5.23, 0.037	5.21, -0.017	5.22, -0.057	4.84, 0.224***	2.26, -0.33***		1.72, -0.437***	2.34, -0.331***
	HKD30,001-50,000	3.58, 0.06	3.57, 0.009	3.53, -0.066	3.62, -0.108*	3.62, -0.03	3.57, 0.096*	3.61, 0.062	3.62, 0	3.62, -0.187***	3.53, -0.075	2.02, -0.231***	1.2, -0.437***		1.77, -0.232***
	HKD50,001-80,000	2.69, -0.011	2.66, 0.069	2.67, -0.168***	2.7, -0.193***	2.69, 0.044	2.69, -0.03	2.69, 0.074	2.7, 0.116**	2.69, -0.142***	2.68, -0.132***	1.69, -0.175***	1.21, -0.331***	1.32, -0.232***	

Note: ***p<0.001; **p<0.01; *p>0.05