



# Article **Exploring String Axions with Gravitational Waves**

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**Abstract:** We explore the string axion dark matter with gravitational waves in Chern–Simons gravity. We show that the parametric resonance of gravitational waves occurs due to the axion coherent oscillation. Remarkably, the circular polarization of gravitational waves is induced by the parity violating Chern–Simons coupling. In fact, the gravitational waves should be enhanced ten times every  $10^{-8}$  pc propagation in the presence of the axion dark matter with mass  $10^{-10}$  eV provided the coupling constant  $\ell = 10^8$  km. Hence, after 10 kpc propagation, the amplitude of gravitational waves is enhanced significantly and the polarization of gravitational waves becomes circular. However, we have never observed these signatures. This implies that the Chern–Simons coupling constant and/or the abundance of string axions should be constrained much stronger than the current limits.

Keywords: string axiverse; parity violation in gravity; gravitational waves

## 1. Introduction

According to string theory, axions are ubiquitous in the universe, dubbed the string axiverse [1]. Remarkably, the mass of string axions can take values in the broad range from  $10^{-33}$  eV to  $10^3$  eV [1,2]. In order to explore the string axiverse, we can use the cosmic microwave background radiations (CMB) [3], the large scale structure of the universe [4], pulsar timing arrays [5–7], interferometer detectors [8,9], the dynamics of binary system [10], cosmological gravitational waves (GWs) [11], black hole physics [12], electromagnetic waves propagating in the axion background [13,14], and nuclear spin precession [15]. On top of these methods, we proposed a novel way to explore the string axions with gravitational waves [16].

In the presence of the axion, it is natural to consider the Chern–Simons terms both in the gauge sector and in the gravity sector [17,18]. Here, we focus on the fact that the gravitational Chern–Simons term induces a coupling between the GWs and the axion. It should be emphasized that the Chern–Simons coupling provides a natural mechanism for parity violation in gravity provided the nontrivial profile of the axion field. Another key ingredient of the axion dark matter is the coherent oscillation of the axion field. Since the axion is coherently oscillating, the occurrence of the parametric resonance of GWs due to the Chern–Simons coupling can be expected.

In this conference report based on the paper [16], we explain how the resonance phenomena give rise to a new way to explore the string axiverse. It should be noted that the detectable frequency range of GWs with ground based interferometers is from 1 Hz to  $10^4$  Hz, which corresponds to the axion mass range from  $10^{-14}$  eV to  $10^{-10}$  eV. The GWs in this relevant frequency range can undergo the coherent oscillation of the axion in the galaxy. During the journey, the GWs can be enhanced by the resonance. Since the resonance process violates parity, there should be parity-violation in GWs. Thus, if we observe the chiral gravitational waves, we can confirm the existence of the axion dark matter. When we do not observe the chiral gravitational waves, we can constrain the Chern–Simons coupling constant or the abundance of the string axion in the relevant mass range. Hence, it is worth investigating the mechanism in detail.

## 2. Axion in Chern-Simons Gravity

The model we consider is the dynamical Chern–Simons gravity coupled with the axion. We adopt the natural unit  $c = \hbar = 1$ . We choose the coordinate  $x^{\mu} \equiv (x^0, x^i) = (\eta, x^i)$  with the conformal time  $\eta$  and  $x^i = (x^1, x^2, x^3) = (x, y, z)$ . Then, the action is given by

$$S = S_{\rm EH} + S_{\rm CS} + S_{\phi},\tag{1}$$

where the Einstein-Hilbert action reads

$$S_{\rm EH} \equiv \kappa \int_{\mathcal{V}} dx^4 \sqrt{-g} R. \tag{2}$$

Here,  $\kappa$  is proportional to the inverse of Newton constant,  $\kappa \equiv (16\pi G)^{-1}$  and R is a Ricci scalar. The Chern–Simons term  $S_{CS}$  is given by

$$S_{\rm CS} = \frac{1}{4} \alpha \, \int_{\mathcal{V}} dx^4 \sqrt{-g} \, \phi \tilde{R} R, \tag{3}$$

where  $\phi$  is the axion field,  $\alpha$  is a coupling constant, and  $\tilde{R}R$  is the Pontryagin density defined as

$$\tilde{R}R \equiv \tilde{R}^{\alpha}_{\ \beta}{}^{\gamma\delta}R^{\beta}_{\ \alpha\gamma\delta} \quad \text{and} \quad \tilde{R}^{\alpha}_{\ \beta}{}^{\gamma\delta} \equiv \frac{1}{2}\epsilon^{\gamma\delta\rho\sigma}R^{\alpha}_{\ \beta\rho\sigma}.$$
(4)

Note that, since the axion field  $\phi$  has the dimensions of the mass, the Chern–Simons coupling constant  $\alpha$  has the dimension of length. Hence, it is convenient to express the coupling constant as

$$\alpha = \sqrt{\frac{\kappa}{2}}\ell^2,\tag{5}$$

where  $\ell$  has the dimension of the length. The current limit coming from the Solar System test is  $\ell \leq 10^8$  km [19]. The future experiment might improve the contraint on  $\ell$  by a sixth order stronger than the Solar System constraint [20]. The action  $S_{\phi}$  of the axion field  $\phi$  is given by

$$S_{\phi} \equiv -\frac{1}{2} \int_{\mathcal{V}} dx^4 \sqrt{-g} \left[ g^{\mu\nu} \left( \nabla_{\mu} \phi \right) \left( \nabla_{\nu} \phi \right) + 2V(\phi) \right], \tag{6}$$

where  $V(\phi)$  is the potential of the axion field.

From the action, we obtain the equations for the metric field

$$G_{\mu\nu} + \frac{\alpha}{\kappa} C_{\mu\nu} = \frac{1}{2\kappa} T_{\mu\nu},\tag{7}$$

where  $G_{\mu\nu}$  is the Einstein tensor and  $C_{\mu\nu}$  is defined as

$$C^{\mu\nu} \equiv (\nabla_{\alpha}\phi)\epsilon^{\alpha\beta\gamma(\mu}\nabla_{\gamma}R^{\nu)}_{\ \beta} + (\nabla_{\alpha}\nabla_{\beta}\phi)\tilde{R}^{\beta(\mu\nu)\alpha}.$$
(8)

Here, the parenthesis denotes the symmetrization. The trace of this tensor identically vanishes. The energy momentum tensor  $T_{\mu\nu}$  becomes

$$T_{\mu\nu} = \left[ (\nabla_{\mu}\phi)(\nabla_{\nu}\phi) - \frac{1}{2}g_{\mu\nu}(\nabla_{\sigma}\phi)(\nabla^{\sigma}\phi) - g_{\mu\nu}V(\phi) \right].$$
(9)

The equation of motion for the axion field is the modified Klein-Gordon equation given by

$$\Box \phi - \frac{dV(\phi)}{d\phi} = -\frac{\alpha}{4}\tilde{R}R,$$
(10)

where  $\Box$  is the d'Alembertian operator defined by  $\Box \phi \equiv \nabla_a \nabla^a \phi$ .

#### 3. Gravitational Waves in Axion Background

The potential of the axion field is given by

$$V(\phi) \equiv \frac{1}{2}m^2\phi^2,\tag{11}$$

where *m* is the mass of the axion. First of all, we must solve the equations of motion in the homogeneous background spacetime

$$ds^{2} = g_{\mu\nu}dx^{\mu}dx^{\nu} = a^{2}(\eta)\left(-d\eta^{2} + \delta_{ij}dx^{i}dx^{j}\right).$$
 (12)

Note that we ignored the scalar gravitational potential induced by the dark matter, which is decoupled with tensor perturbations at the linear order. The axion depends only on the conformal time  $\eta$ , that is,  $\phi(x^{\mu}) \equiv \phi(\eta)$ . Thus, we have the modified Klein–Gordon equation

$$\phi'' + 2\frac{a'}{a}\phi' + a^2m^2\phi = 0,$$
(13)

where the prime denotes the derivative with respect to the conformal time  $\eta$ . These equations can be solved numerically. However, since the time scale of the expansion of the universe is much longer than the oscillation time scale for the mass range  $m \simeq 10^{-14} \sim 10^{-10}$  eV, we can ignore the cosmic expansion in the Klein–Gordon equation. Hence, the scale factor can be put as  $a(\eta) = 1$ . Now, we have the solution as

$$\phi = \phi_0 \cos(m\eta),\tag{14}$$

where  $\phi_0$  is determined by the energy density of the axion field as

$$\phi_0 = \frac{\sqrt{2\rho}}{m} \simeq 2.1 \times 10^7 \text{ eV} \left(\frac{10^{-10} \text{ eV}}{m}\right) \sqrt{\frac{\rho}{0.3 \text{ GeV/cm}^3}}.$$
 (15)

Here, we normalized by the energy density of the dark matter in the halo of the galaxy. Of course, in general, the axions do not need to dominate the dark matter component.

Now, we move on to the analysis of equation of motion for GWs. The GWs can be described by the metric

$$ds^2 \simeq -d\eta^2 + \delta_{ij} dx^i dx^j + h_{ij} dx^i dx^j, \tag{16}$$

where the spatial tensor  $h_{ij}$  is transverse and traceless. We work in the Fourier space and consider GWs with the wave number vector  $\mathbf{k} = (k^1, k^2, k^3)$ . We can define the unit vector  $\mathbf{n} \equiv \mathbf{k}/k$  with  $k \equiv |\mathbf{k}|$ . Then, the transverse condition is rewritten as  $n^i h_{ij} = 0$  in the Fourier space. The perturbed gravitational field can be expressed as

$$h_{ij} = h_{\rm R} \, e_{ij}^{\rm R}(n) + h_{\rm L} \, e_{ij}^{\rm L}(n), \tag{17}$$

where the circular polarization basis is defined by the plus and cross polarization basis  $e_{ii}^+(n)$ ,  $e_{ii}^\times(n)$  as

$$e_{ij}^{\mathbb{R}}(\boldsymbol{n}) = \frac{1}{\sqrt{2}} \left( e_{ij}^{+}(\boldsymbol{n}) + i e_{ij}^{\times}(\boldsymbol{n}) \right),$$
(18)

$$e_{ij}^{\rm L}(n) = \frac{1}{\sqrt{2}} \left( e_{ij}^+(n) - i e_{ij}^\times(n) \right),$$
(19)

and satisfy the following relation

$$i\epsilon_{ilm}n_l e_{mj}^{\mathrm{R/L}}(\boldsymbol{n}) = \pm e_{ij}^{\mathrm{R/L}}(\boldsymbol{n}).$$
<sup>(20)</sup>

To derive equation of motion, it is easier to go back to the action rather than to use covariant equations of motion. The quadratic action reads

$$S^{\text{GW}} = \sum_{A=R,L} \frac{\kappa}{2} \int \mathrm{d}\eta \, \frac{\mathrm{d}^3 k}{(2\pi)^3} \left( 1 - \epsilon_A k \frac{\kappa}{\kappa} \phi' \right) \left[ |h_{\mathbf{k}}'^A|^2 - k^2 |h_{\mathbf{k}}^A|^2 \right],\tag{21}$$

where the capital latin index represents the each parity state A = R or L and  $\epsilon_A$  is defined by

$$\epsilon_{A} \equiv \begin{cases} 1, & A = R, \\ -1, & A = L. \end{cases}$$
(22)

Thus, the gravitational wave equations can be diagonalized as

$$h''_{\rm A} + \frac{\epsilon_{\rm A}\delta\,\cos(m\eta)}{1 + \epsilon_{\rm A}\frac{k}{m}\delta\,\sin(m\eta)}k\,h'_{\rm A} + k^2h_{\rm A} = 0,\tag{23}$$

where we defined the dimensionless parameter  $\delta$  as

$$\delta \equiv \frac{\alpha}{\kappa} m^2 \phi_0. \tag{24}$$

The parameter  $\delta$  characterizes the behavior of the gravitational wave resonance. In the following, we will show that Equation (23) exhibits the parametric resonance.

#### 4. Resonant Amplification of GWs

Suppose that the GWs from some violent astrophysical events go through our galaxy to reach us. We assume that a lot of clumps whose sizes are about the jeans length exist in the galaxy and the axion is coherently oscillating there. The axion has the interaction with GWs through the Chern–Simons coupling. In addition, the coherent oscillations of the axion induce the parametric resonance of GWs. Thus, GWs are affected by the coherent oscillation of the axion dark matter.

We numerically solved Equation (23) and found that the parametric resonance of GWs occurs. We also found that the growth rate of amplitudes depends on the chirality, which stems from the parity violation. In Figure 1, the degree of the circular polarization

$$\text{parity}(\eta) \equiv \frac{|h_{\rm R}|^2 - |h_{\rm L}|^2}{|h_{\rm R}|^2 + |h_{\rm L}|^2}$$
(25)

is plotted. We can see the parity violation clearly from Figure 1. Note that the pattern of circular polarization is different from other mechanisms [21–23]. Hence, it is easy to distinguish between the parity violation due to the resonance and that due to other mechanisms.

We can also give analytical estimates of the growth rate. From Equation (23), we find the first resonance frequency  $k_f$  is given by  $k_f = m/2$ . This frequency can be converted into

$$k_{\rm f} = 1.2 \times 10^4 \,\,{\rm Hz} \,\,\left(\frac{m}{10^{-10} \,\,{\rm eV}}\right).$$
 (26)

Note that this value lies in the detectable range by the ground based interferometer detectors for GWs. Following the standard analysis of the parametric resonance, we obtain the width of the resonance as

$$\frac{m}{2} - \frac{m}{8}\delta \lesssim k_{\rm f} \lesssim \frac{m}{2} + \frac{m}{8}\delta. \tag{27}$$

Since  $\delta \ll 1$ , the resonance peak is very sharp. We can also calculate the growth rate of GWs due to the resonance by the axion oscillation. The maximum growth rate  $\Gamma_{max}$  is given by

$$\Gamma_{\rm max} = \frac{m}{8} \delta \simeq 2.8 \times 10^{-16} \, {\rm eV} \left(\frac{m}{10^{-10} \, {\rm eV}}\right)^2 \left(\frac{\ell}{10^8 \, {\rm km}}\right)^2 \sqrt{\frac{\rho}{0.3 \, {\rm GeV/cm^3}}}.$$
 (28)

Thus, the time  $t_{\times 10}$  when the amplitude become ten times bigger is estimated as

$$t_{\times 10} \simeq 8.1 \times 10^{15} \,\mathrm{eV}^{-1} \left(\frac{10^{-10} \,\mathrm{eV}}{m}\right)^2 \left(\frac{10^8 \,\mathrm{km}}{\ell}\right)^2 \sqrt{\frac{0.3 \,\mathrm{GeV/cm^3}}{\rho}}.$$
 (29)

Note that the time for GWs propagating 1 pc is given by  $t_{1pc} \simeq 1.6 \times 10^{23} \text{ eV}^{-1}$ . Hence, the distance traveling during the above time is  $10^{-8}$  pc. For example, if the distance from the source to the earth is 10 kpc, the amplitude of GWs can get enhanced. In that case, since the amplification of one of the chirality modes occurs, the polarization becomes circular. From the fact that we have not observed these phenomena, we can constrain the coupling to be  $\ell \leq 10$  km or the density to be  $\rho \leq 10^{-26} \text{ GeV/cm}^3$ . Thus, we have the strongest constraint on the Chern–Simons coupling for the axion dark mater.

When we change the axion mass from  $10^{-10}$  eV up to  $10^{-14}$  eV, we obtain the constraint for each mass. There are two ways to use the results we have obtained. If the current upper limit  $\ell \sim 10^8$  km is assumed, the abundance should be constrained. If we assume the axion is the dominant component of the dark matter, then we obtain a stronger constraint than the current one  $\ell \leq 10^8$  km.



**Figure 1.** The degree of the circular polarization is plotted for  $\ell = 10^8$  km,  $m = 10^{-10}$  eV,  $\rho = 0.3$  GeV/cm<sup>3</sup>.

## 5. Conclusions

We studied the string axiverse and parity violation in the gravity sector by considering propagation of GWs in the axion dark matter with the mass range from  $10^{-14}$  eV to  $10^{-10}$  eV, which corresponds to the detectable frequency range of GWs with ground based interferometers from 1 Hz to  $10^4$  Hz. It turned out that the axion coherent oscillation induces the parametric resonance of GWs due to the Chern–Simons term resulting in the circular polarization of GWs. Thus, the observation of GWs can strongly constrain the coupling constant of the Chern–Simons term and/or the abundance of the light axions.

In the core of our galaxy, the dark matter density is higher than that near the sun by about  $10^3 \sim 10^4$ . Therefore, it is possible to have more stringent constraints. If a sizable amount of the light axion exists, the circularly polarized GWs might be observed. If this happens, it would be a great discovery. If not, as the detection events increase, the constraints on the Chern–Simons coupling and/or the abundance of the light axion become tight. In this sense, GWs can explore the string axiverse and parity violation in gravity.

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