
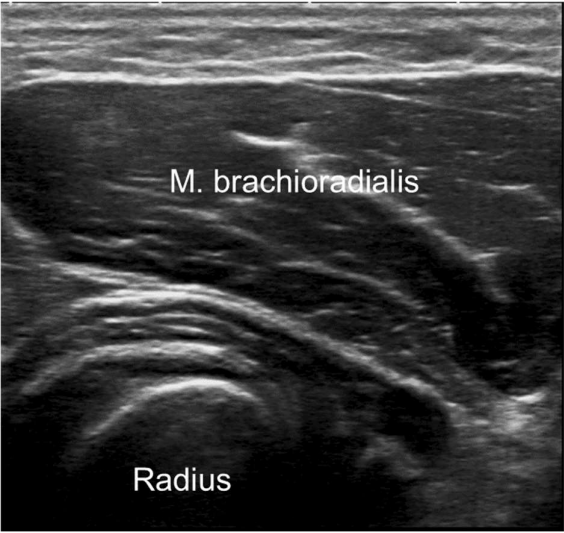
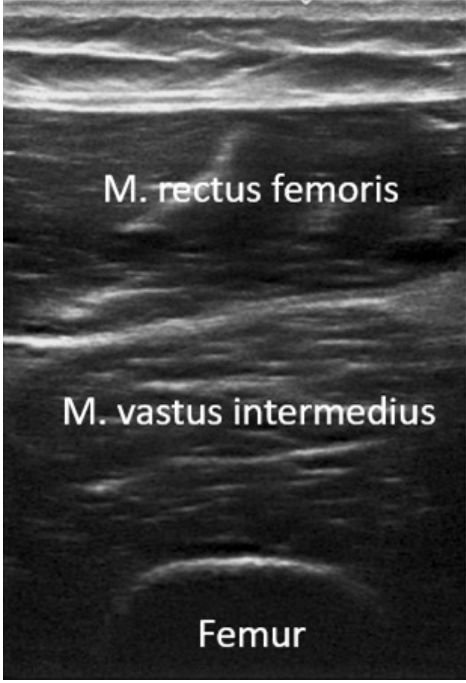
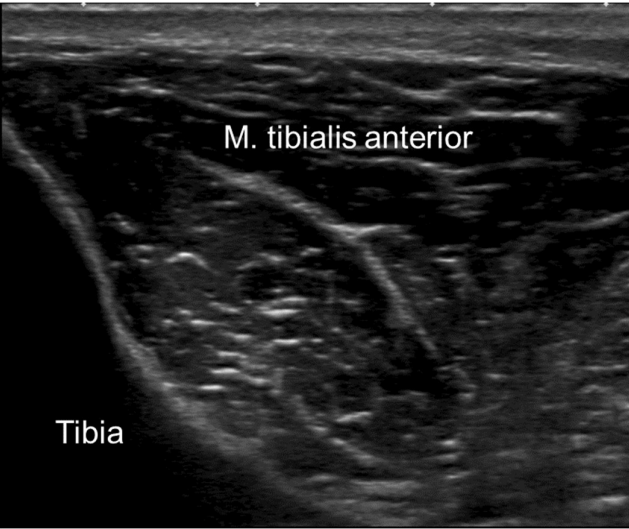


Table S1. Ultrasonographic landmarks and probe positions.

Assessed muscles and positioning of the ultrasound probe using anatomic landmarks	Examples of corresponding ultrasound images
Upper extremity muscles	
<p>Musculus biceps brachii</p> <p>Half of the way between Tuberculum majus humeri and Fossa olecrani</p>	
<p>Musculus brachioradialis</p> <p>Proximal third part of the way between the anatomical landmarks of the Lateral epicondyle humeri and the Styloid process of radius</p>	

Assessed muscles and positioning of the ultrasound probe using anatomic landmarks	Examples of corresponding ultrasound images
Lower extremity muscles	
<p>Musculus rectus femoris of the quadriceps femoris</p> <p>Distal third of the way between anterior superior iliac spine and upper pole of the patella</p>	 <p>M. rectus femoris</p> <p>M. vastus intermedius</p> <p>Femur</p>
<p>Musculus tibialis anterior</p> <p>Five centimeters distal and one centimeter lateral from the distal pole of the patella</p>	 <p>M. tibialis anterior</p> <p>Tibia</p>