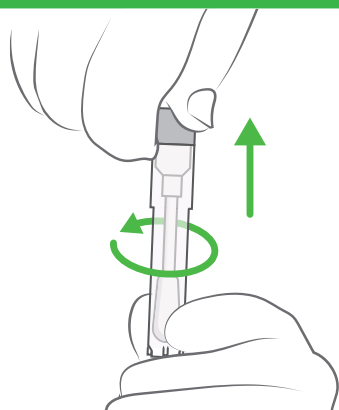


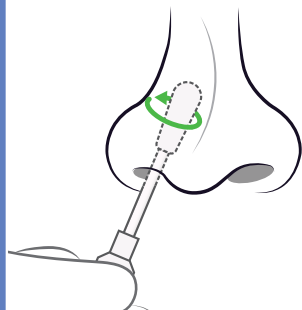
1



**TWIST AND
PULL**

2

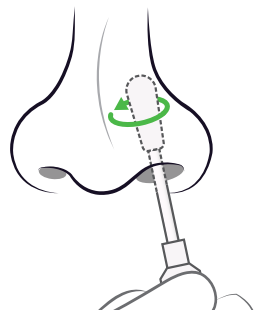
4 BIG CIRCLES
INSIDE OF NOSE



**LEFT
SIDE**

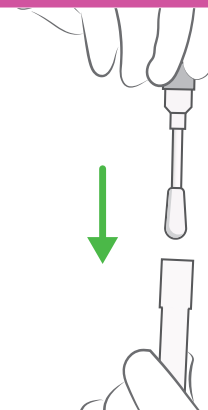
3

4 BIG CIRCLES
INSIDE OF NOSE



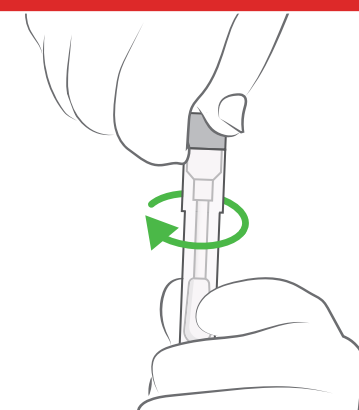
**RIGHT
SIDE**

4



**SWAB IN
TUBE**

5



**TWIST
TIGHT**