

Table S2. Overview of how each included study have contributed to the five main concepts and the Line of Argument.

Studies	Health motivation n=10	Discomfort n=13			Information n=11			Care relationship n=11			Understanding n=9		
	Overall	Before	During	After	Before	During	After	Before	During	After	Before	During	After
Hafeez et al. [33]			√			√	√						
Kimura et al. [34]	√	√							√		√		
Kirkegaard et al. [35]	√	√	√			√	√		√				
Mikocka-Walus et al. [36]	√	√			√		√		√		√		√
Neilson et al. [37]		√	√		√		√		√		√		
Restall et al. [38]	√	√			√		√		√		√		√
Rollbusch et al. [39]	√		√		√		√		√		√		√
Rosvall et al. [32]	√	√	√	√	√	√	√		√		√		√
Shamim et al. [40]	√	√	√		√		√		√		√		√
Sultan et al. [41]	√	√									√		
Thygesen et al. [42]	√	√	√				√		√				
von Wagner et al. [43]	√		√			√	√		√				
Wangmar et al. [44]		√	√	√	√	√			√		√		√