

Supplemental Figure S1. M:A ratios measured at five different proteinconcentrations, i.e., the original proteinconcentration and dilutions at concetrations varying between 20 and $80 \%$ of the original concentration ( $100 \%$ ). Protein concentrations has been compared between patients with a myosin ratio less than $0.49(\mathrm{n}=12)$, between 1.5 and less than $1(n=31)$, between 1 and less than $1.5(n=52)$, between 1.5 and less than $1.7(n=26)$, and above 1.7 ( $\mathrm{n}=47$ and 24 of of them were healthy controls). According to one-way ANOVA, there was no significant difference in myosin:actin ratio at the different proteinconcentrations independent on the level of preferential myosin loss. Values are means $\pm$ S.E.M.


Supplemental Figure S2. Scatterplots of CMAP index, SNAP index, mCMAP amplitude, nCMAP amplitude, refractory period and signal duration vs. M:A ratio. Statistically significant ( $\mathrm{p}<0.01$ ) but weak correlations ( $\mathrm{r}=0.30-0.34$ ) were only observed between mCMAP and nCMAP amplitudes vs. M:A ratio.

Supplemental table S1. M:A ratios in healthy control subjects. An aging-related decline in the M:A ratio was observed in the oldest old. Therefore, the two oldest patients ( 87 and 94 years) were excluded and patients 85 years and younger were included for analysis in the study, since there was no statistically significant age-related decline in the control group in the $24-85$ year age-range ( 24 men $24-79$ years of age and 23 women, $24-83$ years of age). 10,20 and $25 \%$ indicate the number of healthy subjects with M :A ratio below the corresponding level.

|  | All subjects | $\leq 85$ years |
| :---: | :---: | :---: |
| n | 55 | 47 |
| Mean | 1.93 | 1.99 |
| SD | 0.24 | 0.18 |
| $<2$ SD | 1.45 | 1.63 |
| $10 \%$ | 1.60 | 1.70 |
| $20 \%$ | 1.70 | 1.83 |
| $25 \%$ | 1.70 | 1.90 |

