

Article



# Diurnal Evapotranspiration and Its Controlling Factors of Alpine Ecosystems during the Growing Season in Northeast Qinghai-Tibet Plateau

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**Abstract:** It is generally believed that evapotranspiration at night is too miniscule to be considered. Thus, few studies focus on the nocturnal evapotranspiration  $(ET_N)$  in alpine region. In this study, based on the half-hour eddy and meteorological data of the growing season (from May to September) in 2019, we quantified the  $ET_N$  of alpine desert (AD), alpine meadow (AM), alpine meadow steppe (AMS), and alpine steppe (AS) in the Qinghai Lake Basin and clarified the different response of evapotranspiration to climate variables in daytime and nighttime with the variation of elevation. The results show that: (1)  $ET_N$  accounts for 9.88~15.08% of total daily evapotranspiration and is relatively higher in AMS (15.08%) and AD (12.13%); (2) in the daytime, net radiation (Rn), temperature difference (TD), vapor pressure difference (VPD), and soil moisture have remarkable influence on evapotranspiration, and Rn and VPD are more important at high altitudes, while TD is the main factor at low altitudes; (3) in the nighttime, VPD and wind speed (WS) control  $ET_N$  at high altitudes, and TD and WS drive  $ET_N$  at low altitudes. Our results are of great significance in understanding  $ET_N$  in the alpine regions and provide reference for further improving in the evapotranspiration estimation model.

Keywords: evapotranspiration; nighttime; Qinghai Lake Basin; eddy covariance observation

## 1. Introduction

Evapotranspiration (*ET*), as one of the key and complex links in the process of hydrological cycle and energy cycle, is an active factor affecting regional hydrology, climate, and soil [1]. Defined as the total water vapor flux transported to the atmosphere by vegetation and ground, *ET* mainly includes the soil evaporation and vegetation transpiration [2]. Soil evaporation is the process of soil water rising from the soil surface into the atmosphere, which is mainly affected by solar radiation, temperature, relative humidity (*RH*), wind speed (*WS*), and soil texture. Transpiration of vegetation is the main cause of water loss in vegetation, which is related to photosynthesis and respiration of vegetation [3,4]. Due to the lack of effective observations, traditional studies widely concluded that stomata of most plants were completely closed, and transpiration was impossible after sunset because of the absence of solar radiation for driving transpiration at night. Thus, water loss from the ground into the atmosphere at night was often overlooked [5–7]. However, studies have shown that nocturnal transpiration is possible and has been measured in both woody and



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). herbaceous plants [8–11]. Actually, the nocturnal ET ( $ET_N$ ) includes soil evaporation and plant transpiration as that in the daytime. Increasing evidences indicated that incomplete stomatal closure exists, and the subsequent transpiration overnight is very common, which would result in 10~15% of daytime plant water loss at night [12]. Moreover, water loss at night can even reach 25~30% in deserts and savannas [13,14]. For soil evaporation, driven by the reduction of land surface temperature (cold end) and increase in the surface soil water tension, which means a lower soil water potential, unsaturated soil water migrates from the warm deep (soil inside) to the cold end (land surface) [15]. Thus, evaporation could occur at the night, while the soil temperature is low. Therefore,  $ET_N$  plays an important role in the quantification of ET, whose neglect would lead to the underestimation of ecosystem evaporation [16,17].

The intensity of regional *ET* is affected by plant growth conditions (leaf area index), sources (soil moisture), and energy driving force (solar radiation) [3,4,18]. Since there is no solar radiation at night, the main control factors of *ET* are different between day and night. Most studies have shown that the influencing factors of daily *ET* (*ET*<sub>D</sub>) mainly include air temperature (*Ta*), vapor pressure difference (*VPD*), and *WS*, while the driving factors of *ET*<sub>N</sub> are mainly controlled by *VPD* and ventilation conditions [19,20]. At present, there are few studies focusing on *ET*<sub>N</sub> and its influencing factors, especially alpine regions, which have intense solar radiation during the daytime and large temperature difference between day and night. The quantification in *ET*<sub>N</sub> and exploration of the potential mechanisms are urgent gaps in the study of the hydrological cycle and water budget of alpine ecosystem.

The Qinghai-Tibet Plateau has a unique alpine environment and various ecosystems, including alpine shrubs, alpine steppe, alpine meadow, and alpine desert, which makes it sensitive and vulnerable to climate change [21,22]. However, current studies related to *ET* mostly focus on forests [23,24], wetland [25], and farmland [26–28]. There are relatively few studies on ET in cold alpine ecosystems. In recent years, the climate of the Qinghai-Tibet Plateau has undergone great changes, altering the hydrological cycle and the energy cycle [29]. Although wind stilling could result in decrease in ET, the warming of Ta and land surface temperature and increase in ground-air temperature gradient [29], soil moisture, and vegetation density led to more evaporation on the Qinghai-Tibet Plateau [29–31]. For example, Yin et al. [32] reported that the actual ET over the Qinghai-Tibet Plateau increased at rate of 0.08 mm  $\cdot a^{-1}$  in the past 30 years by model simulation. However, most existing studies in ET are based on remote sensing inversion and model simulation, which have great uncertainty in regional upscaling [33,34], and remote sensing inversion can only be carried out on a coarse time scale and is restricted to quantify the diurnal variation of ET [35]. Therefore, the acquisition and analysis of multi-site and high-frequency observed data re very important in the study of regional ET. There are many methods to calculate *ET* based on fully physical models, semi-physical models, and black-box models [36,37]. The calculation methods are relatively reliable by fully physical models that account for mass and energy conservation principles [38]. Eddy covariance (EC) method is the most accurate observation method internationally recognized, with relatively large spatial representativeness, which has perfect theoretical verification and can continuously observe the actual ET at high frequency for a long time [39,40] and has been an ideal method to explore the characteristics and potential mechanisms of actual ET at different time scales [41–43]. It calculates ET through the observed latent heat flux by the EC, which is based on the mass and energy conservation principles [43]. However, in the alpine region, due to its harsh climate and environmental conditions, it is more difficult to install and maintain instruments, and observation stations are very scarce at the regional scale. Therefore, it is exigent to explore the changes and influencing factors of *ET* at different time scales in alpine regions through high-frequency observation of *ET* at multiple stations on the watershed scale.

Qinghai Lake Basin, with typical alpine ecosystems, is a representative alpine area of Qinghai-Tibet Plateau; thus, the study of *ET* of alpine ecosystems in the Qinghai Lake Basin is key to understanding the *ET* process of alpine ecosystems in the Qinghai-Tibet

Plateau and is of great significance to the assessment of water resources in the Qinghai-Tibet Plateau. With typical fragile ecosystems, Qinghai Lake Basin is situated in the northeastern Qinghai-Tibet Plateau and is sensitive to climate change [44]. In recent years, the water level of Qinghai Lake continues to rise [45], and with the emergence of problems, such as soil erosion and grassland degradation, the water balance in the basin has always been a research focus. As an important component of water balance, *ET* has attracted more and more attention. Based on the half-hourly eddy covariance and micrometeorological data of alpine desert (AD), alpine meadow (AM), alpine meadow steppe (AMS), and alpine steppe (AS) of the growing season (from May to September) in 2019 over Qinghai Lake Basin, we aim to (1) quantify and compare the *ET* of the four typical alpine ecosystems during daytime and nighttime and (2) identify the influencing factors for *ET* during daytime and nighttime with the variation of elevation.

## 2. Materials and Methods

### 2.1. Site Description

Qinghai Lake Basin is located in the northeast of the Qinghai-Tibet Plateau (Figure 1) and lies in the high altitude, cold, and semiarid climate zone characterized by windy conditions, strong solar radiation, a large temperature difference between day and night, and rainfall that mainly occurs in summer. The mean annual *Ta* ranged from -1.34 °C to -0.1 °C and increased by 0.03 °C·a<sup>-1</sup> during 2001~2015 [44,46]. The mean annual precipitation and evaporation were about 400 and 1000 mm, respectively, and both of them happen mainly in the growing season from May to September (more than 85% and 60%, respectively) [44,47]. Four observation sites were selected in the Qinghai Lake Basin and detailed through information in Table 1, which were characterized by cold alpine ecosystems (AD, AM, AMS, and AS), respectively. They account for more than 75% of the total land area of the whole watershed [48,49].



Figure 1. Location of Qinghai Lake Basin and observation sites.

Ecosystem	Geographical Coordination	Altitude /m. a.s.l.	Soil Type	Plant Species	
Alpine Desert	38°17′55.77″ N, 98°16′10.97″ E	4211	Haplic Cryo-sod Soil	Rhodiola tangutica	
Alpine Meadow	37°53′12.75″ N, 98°24′28.21″ E	3974	Mat Cryo-sod Soil	Kobresia humilis	
Alpine Meadow Steppe	37°42′10.30″ N, 98°35′38.10″ E	3718	Mat Cryo-sod Soil	Kobresia humilis;Stipa purpurea	
Alpine Steppe	37°14′49.00″ N, 100°14′8.99″ E	3205	Cal-Ustic Isohumisols	Achnatherum splendens	

**Table 1.** Information regarding location, altitude, soil, and vegetation in four ecosystems. The soil was classified according to the Chinese soil taxonomy.

## 2.2. Instrumentations

We built observation towers at four sites separately, with *EC* systems comprised of three-dimensional sonic anemometer (Model CSAT3 (Campbell Scientific Inc., Logan, UT, USA), Wind Master Pro (Gill Instrument Limited Hampshire, Lymington, UK)) and open-path infrared gas analyzer (Model EC150 (Campbell Scientific Inc., Logan, UT, USA), Li-7500 (Model Li-Cor, Lincoln, NE, USA)), installed 4.5 m above the ground. The data were collected at 10 Hz by CR1000X data loggers (Model Campbell Scientific Inc., Logan, UT, USA). The observation data of *EC* mainly include latent heat flux (*LE*), sensible heat flux (*H*) and net ecosystem exchange (*NEE*).

Observations of near-surface meteorological elements are measured by a set of automatic weather stations, including *Ta* and *RH* (Model HMP155, Vaisala Inc., Helsinki, Finland), WS (Model Windsonic, Gill Instrument Limited, Hampshire, UK), precipitation (Pre, Model T-200b, Geonor Inc., Oslo, Norway), land surface temperature and soil temperature (LST/Ts, Model 109, Campbell Scientific Inc., Logan, UT, USA), soil moisture (Ms, Model CS616, Campbell Scientific Inc., Logan, UT, USA), atmospheric radiation (CNR4, Zones Kipp & Zones B.V., Delft, The Netherlands), and soil heat flux (*Gn*, Model HFP01, Hukseflux, Delft, The Netherlands); where Ts and Ms are measured at 5-, 10-, 20-, and 40-cm soil depth, the AMS site only uses data of 20-cm layer due to probe damage, while the AS site does not use data of 40 cm. Atmospheric radiation observation includes upward and downward solar short-wave radiation and upward and downward long-wave radiation, which are used to calculate atmospheric net radiation. The data were processed by a CR1000X (Model Campbell Scientific Inc., Logan, UT, USA) and recorded every 10 min. Due to a failure of the solar power supply system, the AM site lacked effective EC observation data from 1 June to 30 June 2019. Since the changes of surface energy budget and ET during the growing season are mainly studied in this paper, the research results are basically not affected. EC system and automatic weather stations are powered by solar panels and batteries.

## 2.3. Data Processing

In this study, the half-hour turbulent flux was calculated, and the relevant flux was corrected according to the following steps: (1) The wild-point data were removed: before the flux was calculated, the original 10-Hz data were checked according to the method of Vickers and Mahrt [50], and the wild points that were far beyond the reasonable value or have obvious errors caused by instrument failure, weather influence, and random noise were eliminated. If the wild-point data in half an hour were greater than 10%, the flux in half an hour was regarded as vacant. (2) Coordinate rotation: a precondition for flux observation by *EC* is that the half-hour average value of vertical *WS* is zero, but this requirement cannot be met in actual observation due to terrain, instrument installation, and other factors. Therefore, the method of quadratic coordinate rotation: the original data signal was split into

mean value and pulsation term using linear detrending method. (4) Frequency attenuation correction: according to the method introduced by Moncrieff [52], the systematic error of this part was corrected. (5) Density change correction: the open-circuit  $CO_2/H_2O$  analyzer measures the density of gas rather than the molar mixing ratio. The density change of air will affect the measurement of actual flux. The method introduced by Webb [53] was adopted to correct this part of error. (6) Turbulent flux measurement and correction: the analytical model proposed by Kormann and Meixner [54] was used to analyze the flux contribution area and eliminate the flux whose contribution to flux was less than 80% in the sample area. All the above steps are realized in EddyPro 5.2.0 software (LI-Cor, Lincoln, NE, USA).

Quality control was carried out for the calculated half-hour average flux. Firstly, the one-hour flux records before and after precipitation and snowfall were excluded. Then, Steady State Test and Integral Turbulence Characteristics Test were performed on half-hour original data according to Foken and Wichura's method [55]. Quality control was carried out on 10-min meteorological data obtained from AWS to ensure 144 data per day (every 10 min). In case of missing data, the value was set to null, and the time with repeated records was eliminated. Data obviously beyond the physical meaning or beyond the instrument range were deleted, and finally, we took the average value (except precipitation; in this case, we took the cumulative value) to get the data of half-an-hour scale.

In this study, the following methods were used to fill the vacancy flux data for estimation of the daily and monthly fluxes: for the vacancy less than or equal to 2 h, the linear difference was calculated according to the effective fluxes at both ends; a gap of more than 2 h was filled by mean diurnal variation with the observed mean value of 5 days in the same period before and after the neighboring period.

#### 2.4. Energy Balance and Evapotranspiration Calculation

In the determination of ecosystem energy flux by using *EC* observation, the surfaceenergy balance formula can be expressed as Equation (1):

$$LE + H = Rn - Gn \tag{1}$$

$$Rn = Rsd + Rld - Rsu - Rlu \tag{2}$$

where *LE* is the latent heat flux ( $W \cdot m^{-2}$ ), *H* is the sensible heat flux ( $W \cdot m^{-2}$ ), *Rn* is net radiation ( $W \cdot m^{-2}$ ), and *Gn* is soil heat flux ( $W \cdot m^{-2}$ ); and *Rsd*, *Rld*, *Rsu*, and *Rlu* are downward shortwave radiation, downward longwave radiation, upward shortwave radiation, and upward longwave radiation, respectively.

In this study, *ET* was calculated by Equations (3) and (4):

$$\lambda = (2500.78 - 2.3601 \times Ta) \times 1000 \tag{3}$$

$$ET = 3600 \times LE/\lambda \tag{4}$$

where  $\lambda$  is the latent heat of vaporization, *Ta* is air temperature (°C), and *LE* is latent heat (W·m<sup>-2</sup>).

The percentage of  $ET_N$  is calculated by dividing  $ET_N$  by the total daily ET. Daytime (08:00–19:30) and nighttime (20:00–07:30) are divided according to Appel et al. [56]. The calculation of *VPD* is based on Equations (5) and (6) according to Wu et al. [57].

$$VPD = (1 - RH/100) \times SVP \tag{5}$$

$$SVP = 610.7 \times 107.5^{Ta/(237.3+Ta)}$$
(6)

where *RH* is relative humidity, and *SVP* is the saturated vapor pressure for a given temperature (*Ta*).

## 2.5. Statistic Analysis

We chose energy balance closure analysis to evaluate the reliability of the observed data by *EC* method. Linear regression method was used to the closure analysis of turbulent flux (*LE* + *H*) and effective energy (Rn - Gn) of the four ecosystems during the growing season from May to September in 2019. Additionally, data analysis was performed to assess the energy balance ratio (*EBR*) by Equation (7):

$$EBR = (LE + H)/(Rn - Gn)$$
<sup>(7)</sup>

Sensitivity analysis investigates the effect of change of one factor on another by its definition [58]. The sensitivity coefficient stands for the regression coefficient of each variable, which means the amount of change in ET caused by the variation of per unit in the variable. To explore the influencing factor of these ecosystems, partial least squares regression was used to calculate the sensitivity coefficient and contribution of *Rn*, *TD*, *Ts*, *-Pre*, *VPD*, *Ms*, *WS*, and *NEE* (daily scale data) to *ET* in daytime and nighttime, respectively. Then, the relative contribution is calculated by Equation (8):

$$RC_i = \frac{|R_i|}{\sum_{i=1}^n |R_i|} \times 100\%$$
 (8)

where  $R_i$  is amount to the sensitivity coefficient, *i* represents the number of influence factors, and  $RC_i$  is the relative contribution of this impact factor.

The whole idea and methods of this study can be seen in Figure 2.



**Figure 2.** The flowchart of this study. Based on the half-hourly eddy covariance and micrometeorological data of four alpine ecosystems of the growing season (from May to September) in 2019 over Qinghai Lake Basin, their diurnal *ET* is quantified, and their influencing factors are identified during daytime and nighttime by statistical analysis method.

## 3. Results

## 3.1. Energy Flux Closure

The average daily effective energy is  $163.30 \pm 67.60 \text{ W}\cdot\text{m}^{-2}$ ,  $129.61 \pm 49.98 \text{ W}\cdot\text{m}^{-2}$ ,  $121.37 \pm 51.25 \text{ W}\cdot\text{m}^{-2}$ , and  $158.20 \pm 62.35 \text{ W}\cdot\text{m}^{-2}$  at AD, AM, AMS, and AS sites, respectively, while the average daily of the turbulent flux is  $139.55 \pm 51.98 \text{ W}\cdot\text{m}^{-2}$ ,  $95.40 \pm 38.88 \text{ W}\cdot\text{m}^{-2}$ ,  $110.69 \pm 38.80 \text{ W}\cdot\text{m}^{-2}$ , and  $156.98 \pm 48.03 \text{ W}\cdot\text{m}^{-2}$  at AD, AM, AMS, and AS sites, respectively. Thus, the turbulent flux of all ecosystems was slightly lower than the effective energy, which indicated a  $0.7 \sim 26.4\%$  energy failure due to the instrumental measurement errors (Figure 3). Besides, linear regression coefficients of turbulent flux and effective energy shows *EBR* and *R*<sup>2</sup> ranged from  $0.53 \sim 0.66$  (with an average of 0.59) and  $0.40 \sim 0.62$  (Figure 3). That is, the observed flux datasets in those four alpine ecosystems are valid.



**Figure 3.** Energy balance closure of observation data at (**a**) alpine desert, (**b**) alpine meadow, (**c**) alpine meadow steppe, and (**d**) alpine steppe.

## 3.2. Evapotranspiration in Different Ecosystems

The cumulative *ET* during the growing season of 2019 is 238.91 mm, 118.11 mm, 108.70 mm, and 240.18 mm at AD, AM, AMS, and AS sites, respectively, showing the highest *ET* at AS site and the lowest *ET* at AMS site (Figure 4a). The cumulative *ET<sub>N</sub>* is 28.97 mm, 13.09 mm, 16.39 mm, and 23.73 mm at AD, AM, AMS, and AS sites (Figure 4c), respectively, accounting for 9.88~15.08% (12.13%, 11.08%, 15.08%, and 9.88% for AD, AM, AMS, and AS sites, respectively) of total *ET* during the growing season (Figure 4d) and showing an order of cumulative *ET<sub>N</sub>* at AD > AS > AMS > AM; however, the highest rate of *ET<sub>N</sub>* was shown at AMS site and the lowest rate of *ET<sub>N</sub>* at AMS site. Besides, the rate of *ET<sub>N</sub>* to *ET* variety by month shows a divergent change with monthly *ET*. The monthly *ET* increased to its peak in July and August for the four alpine ecosystems (among them, the peak *ET* of AS site mainly in August and others in July), while the rate of *ET<sub>N</sub>* to *ET* reached the peak in June for AD site (with a rate of 18.18%), May for AM site (with a rate of 15.20%), June and September for AMS site (with a rate of 17.28% and 16.58%), and July for AS site (with a rate of 10.93%), respectively (Figure 4d).



**Figure 4.** Monthly variation of (**a**) cumulative evapotranspiration (*ET*), (**b**) cumulative evapotranspiration in daytime ( $ET_D$ ), (**c**) cumulative nocturnal evapotranspiration ( $ET_N$ ), and (**d**) the percentage of  $ET_N$  to ET of alpine ecosystems in the Qinghai Lake Basin during the growing season (from May to September) in 2019.

## 3.3. Influencing Factors for Evapotranspiration during Daytime and Nighttime

The controlling factors of ET during daytime and nighttime are different and vary among the four alpine ecosystems (Figures 5 and 6). In the daytime, VPD (with a sensitivity coefficient of 0.38, p < 0.01), Ms (with a sensitivity coefficient of 0.23, p < 0.01), and vegetation growth (with a sensitivity coefficient of -0.29 between  $ET_D$  and NEE, p < 0.05) prominently promote  $ET_D$  at AD site (Figure 5a), and WS (with a sensitivity coefficient of 0.20 and 0.22) for AM and AMS sites, respectively, p < 0.01) and Ms (with a sensitivity coefficient of 0.21 and 0.28 for AM and AMS sites, respectively, p < 0.05) have a positive effect on  $ET_D$  both at AM and AMS sites (Figure 5a), while Ts is the main effect on the increase of  $ET_D$  at AS site (with a sensitivity coefficient of 0.31, p < 0.05). Meanwhile, *Rn* and *TD* have a negative effect on  $ET_D$  at AM, AMS, and AS sites (Figure 5a). In the nighttime, the main influencing factors of  $ET_N$  in the four ecosystems include TD, VPD, and WS (Figure 5b). Among them, TD has significant negative effect on  $ET_N$  at AD site (with a sensitivity coefficient of -0.31, p < 0.01) and AMS site (with a sensitivity coefficient of -0.44, p < 0.05) but promotes  $ET_N$ at AS site (with a sensitivity coefficient of 0.35, p < 0.01) (Figure 5b); VPD (with a sensitivity coefficient of 0.47 and 0.27 for AD and AMS sites, respectively, p < 0.05) and WS (with a sensitivity coefficient of 0.25 and 0.37 for AD and AMS sites, respectively, p < 0.05) have a positive effect on  $ET_N$  both at AD and AMS sites in addition to the promoting of WS (with a sensitivity coefficient of 0.26, p < 0.05) on  $ET_N$  at AS site (Figure 5b).

Besides, the relative contribution of the influencing factors of *ET* at high altitudes (AD and AM sites) and low altitude (AMS and AS sites) are calculated (Table 2). With a relative contribution over 15%, *VPD* (with a relative contribution of 20.30%), *Rn* (with a relative contribution of 19.15%), and *Ms* (with a relative contribution of 15.04%) are more important for controlling *ET*<sub>D</sub> in daytime, and *VPD* (with a relative contribution of 24.85%), *WS* (with a relative contribution of 16.54%), and *Ms* (with a relative contribution of 15.53%) would be the main factor of *ET*<sub>N</sub> in nighttime at high altitudes. While *TD* (with a relative contribution of 22.47%), *Ts* (with a relative contribution of 15.66%) have a sum of relative contribution of 71.84% on *ET*<sub>D</sub> in daytime, *TD* (with a relative contribution of 26.14%) and *WS* (with a relative contribution of 20.81%) have a sum of relative contribution of 46.95% on *ET*<sub>N</sub> in nighttime. That is, *Rn*, *TD*, *VPD*, and *Ms* have remarkable influence on *ET*<sub>D</sub> in daytime, and *Rn* and *VPD* are more important at high altitudes, while *TD* is the main factor at low altitudes. In the nighttime, *VPD* and *WS* controlled *ET*<sub>N</sub> at high altitudes, and *TD* and *WS* drove *ET*<sub>N</sub> at low altitudes.



**Figure 5.** The sensitivity coefficient between daytime (**a**) and nighttime (**b**) climate factors and evapotranspiration at alpine desert (AD), alpine meadow (AM), alpine meadow steppe (AMS), and alpine steppe (AS) in the Qinghai Lake Basin. *Rn*, *TD*, *VPD*, *Pre*, *WS*, *Ts*, *Ms*, and *NEE* are the net radiation, temperature difference (Ta - LST), vapor pressure difference, precipitation, wind speed, soil temperature, soil moisture, and net ecosystem exchange. \*, \*\*, and \*\*\* represent statistical significance at the *p* < 0.05, *p* < 0.01, and *p* < 0.001 levels, respectively.



**Figure 6.** Diurnal variation of evapotranspiration of alpine desert (AD), alpine meadow (AM), alpine meadow steppe (AMS), and alpine steppe (AS) from May to September in 2019 in the Qinghai Lake Basin.

Area	Time	Rn	TD	VPD	Pre	Ts	Ms	WS	NEE
high altitudes	Daytime	19.15	14.56	20.30	3.68	4.21	15.04	8.68	14.38
(>3800 m)	Nighttime	11.80	10.65	24.85	3.17	8.55	15.53	16.54	8.91
low altitudes	Daytime	15.66	22.47	1.50	9.12	17.89	11.83	15.82	5.71
(<3800 m)	Nighttime	3.19	26.14	7.71	14.86	10.23	9.99	20.81	7.08

**Table 2.** The relative contribution (%) of each impact factor in daytime and nighttime at high and low altitudes.

*Rn*, *TD*, *VPD*, *Pre*, *WS*, *Ts*, *Ms*, and *NEE* are net radiation, temperature difference (Ta - LST), vapor pressure difference, precipitation, wind speed, soil temperature, soil moisture, and net ecosystem exchange, respectively.

#### 4. Discussion

The evaluation of energy flux closure condition reflects the validity of *EC* observation to a certain extent [59,60]. Considering the instability of field observation, in general, the effect of eddy observation data is considered to be better than the *EBR* between turbulent flux, and effective flux is above 0.55 [61–64]. The slope of statistical regression of energy flux closure of all stations ranged from  $0.53\sim0.66$  in this study, which shows a bit lower slope. Different from other regions, the Qinghai-Tibet Plateau has high *WS* and wide temperature variation, which intensified the instability of *EC* observation [65,66]. By evaluating the energy closure of existing *EC* observations in China, Li et al. [67] suggested a lower acceptance coverage of the slope ( $0.55\sim0.99$ ) in the Qinghai-Tibet Plateau.

 $ET_N$  includes plant transpiration and soil evaporation as well as that in daytime [16,68]. However, high solar radiation leads to water loss at the daytime, while with the half-closed stomata of plants, WS is the main influencing factor of evaporation at night. Higher WS promotes the diffusion of water vapor molecules on the leaf surface and increases the VPD between the inside and outside of the leaf, thus promoting vegetation transpiration [7,8]. The incomplete closure of stomata on leaves would result in over 10% of daytime plant water loss at nighttime, and change of water potential caused by vertical soil temperature difference would lead to soil evaporation at night [12,15,69]. Thus,  $ET_N$  could occur in the nighttime when there is no solar radiation, and the soil temperature is low. Furthermore, some studies have observed the  $ET_N$ . For example, a study based on EC observation in United States showed that the average  $ET_N$  percentages were 8.0% in broadleaf forest, 9.1% in pine plantation, and 8.0% in old field environments [7]. Similarly, Guo et al. [25] pointed out that the average annual  $ET_N$  in shrubs in the arid region of northwest China was about 4% of the annual total ET during 2012–2014. Our observation results showed that evapotranspiration occupy 9.88~15.08% at night in the four stations, which is relatively higher than that above. That may be related to the fact that shrubs and trees are C4 plants whose metabolisms are inefficient in shady nighttime environments [12]. ET varies significantly with altitude in the basin [69–71]. Studies have shown that annual ET in alpine meadow reduced by 124.1 mm with an increase in elevation of 1000 m [49]. However, our result found growing season ET is higher at AS and AD than that at AM and AMS sites, which means no obvious trend of *ET* along with altitude. Different from the results on unified ecosystem, the discrepancy of microenvironment (such as species composition, hydrothermal conditions, and types and depth of frozen soil) would mean a different dominant factor of ET along with altitude [70,72]. Ma et al. [72] pointed out that the dominant factor of ET changed from water condition to temperature condition along with the altitude in the Qinghai Lake Basin, which means the main controlling factors of *ET* in the amount of a.l.s.<3560 m, 3650–3900 m, 3900–4350 m, and >4350 m are Ms, Ta, short-wave radiation, and Ta, respectively. However, apart from hydrothermal conditions, ET is also influenced by the boundary conditions between vegetation or soil surface and air, such as WS, VPD, and TD. Studies have shown that WS in arid and semi-arid areas of China shows a declining trend, and the declining WS will certainly weaken the local air flow, resulting in the decrease of ET [73,74]. In this study, the relative contribution of TD to  $ET_D$  is 22.47% in daytime, the sum relative contribution of TD and WS to  $ET_N$  is 46.95% in

nighttime at low altitudes, the sum relative contribution of *VPD* and *Rn* to  $ET_D$  is 39.45% in daytime, and the sum relative contribution of *VPD* and *WS* to  $ET_N$  is 40.38% at high altitudes, which suggests that *ET* is affected not only by hydrothermal condition but also by the dynamic factors, such as *VPD* and *WS*, especially in the alpine region. As for the effect of vegetation cover on *ET*, *Ta* can regulate water and enzymatic activities in vegetation, which affects the evapotranspiration of vegetation [75]. The vegetation cover also prevents partial evaporation of soil water [76]. The dominant species in four alpine ecosystems are spaced regularly and low (the average height does not exceed 20 cm), but it still has an impact that cannot be ignored on *ET*. In this study, *NEE* has significant negative effect, which may be because the vegetation here needs more water on  $ET_D$  at AD site (with a sensitivity coefficient of -0.29, p < 0.01) but promotes  $ET_N$  because of more transpiration from the higher plants at AS site (with a sensitivity coefficient of 0.14, p < 0.05).

Calculating *ET* by the method of energy balance may have a large relative error widely ranging from 10~20% [74,77], and the error could be higher under dry air conditions with lower gas flux [78,79]. Thus, we compared the *ET* from lysimeter and *EC* at the same experimental site in the Qinghai Lake Basin (Figure 7). During 11 February to 10 April in 2021, the total *ET*, *ET*<sub>N</sub>, and the percentage of *ET*<sub>N</sub> recorded by lysimeter were 74.74 mm, 22.2 mm, and 21.38%, respectively, while the results of *EC* were 50.83 mm, 6.9 mm, and 13.91%, which are lower than that by lysimeter. With a relatively small space scale and higher time resolution, lysimeter is very sensitive to changes in weight, which would detect more elaborate *ET* processes and lead to a higher *ET* observation than that from *EC*, whose space scale is patch scale [80–82]. This suggests that the *ET*<sub>N</sub> was underestimated, and its ratio and a higher value could be more reasonable in the Qinghai Lake Basin.



**Figure 7.** Comparison of evapotranspiration data measured by eddy covariance ( $ET_{EC}$ ) and lysimeter observation ( $ET_{lu}$ ) at the same site in the Qinghai Lake Basin from 11 February to 10 April 2021.

#### 5. Conclusions

In summary, based on the half-hour eddy and meteorological data of the growing season (from May to September) in 2019, the percentage of  $ET_N$  accounts for 9.88~15.08% of ET, and  $ET_N$  is relatively high with an order of AM (13.09 mm) < AMS (16.39 mm) < AS (23.73 mm) < AD (28.97 mm). *VPD*, *Ms*, and *NEE* have a positive effect on  $ET_D$  at AD site; *WS* and *Ms* prominently promote  $ET_D$  both at AM and AMS sites; and *Ts* is the main influencing factor of the increase of  $ET_D$  at AS site. However, *Rn* and *TD* have a negative effect on  $ET_D$  at AM, AMS, and AS sites. *TD* has a significant negative effect on  $ET_N$  at AD and AMS sites but promotes  $ET_N$  at AS site; *VPD* and WS has a positive effect on  $ET_N$  both at AD and AMS sites in addition to the promotion of *WS* on  $ET_N$  at AS site. With a relative contribution of 22.47%, *TD* is more important for controlling  $ET_D$  in daytime, and the sum relative contribution of *TD* and *WS* to  $ET_N$  is 46.95% in nighttime at low altitudes, while the sum relative contribution of *VPD* and *Rn* to  $ET_D$  is 39.45% in daytime,

and the sum relative contribution of *VPD* and *WS* to  $ET_N$  is 40.38% at high altitudes. The findings of this study highlight the importance and significance of  $ET_N$ , which should be considered in evapotranspiration models, and is of great significance to the assessment of regional hydrological cycle and water resources. In future research,  $ET_N$  affected by water conditions or dynamic factors should not be ignored when estimating evapotranspiration of alpine ecosystems.

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