

Article

Population Characteristics of the European Lobster, *Homarus gammarus* in the Adriatic Sea: Implications for Sustainable Fisheries Management

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Abstract: The European lobster, *Homarus gammarus*, was sampled from September 2016 to August 2017, using pots and gillnets in the Eastern Adriatic Sea. Official landings were also analyzed (2008–2020). The majority of landings were from the Northern Adriatic and showed an increase of 18.5% over the study period. Results revealed an extremely low catch rate that fluctuated significantly by season. Dominance by specimens in the size classes of 90–110 mm carapace length (CL) was observed. Experimental design revealed spatial heterogeneity, with larger individuals caught further from the coast (>3 nm) and undersized specimens caught near the coast (<3 nm). With increasing CL and total length (TL), an increase in weight was higher in males than females. TL and abdomen width (AW) increased linearly with CL and were more pronounced in females. At 80 mm CL, females started to develop secondary sex characteristics with wider AW than males. The results suggest that the modern legal framework is appropriate for lobster fisheries and a longer fishing season is not advisable, despite a positive catch trend in the northern part of the sea. Additional efforts are desirable to reduce fishing pressure in the coastal part. The morphometric relationships could reveal population characteristics required as inputs in stock assessment analysis for effective management.

Keywords: crustacea; spatial distribution; abundance; morphometric relationships; fisheries management

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1. Introduction

Modern fisheries management design and implementation should draw on insights into biological, environmental, and socioeconomic issues, and their interconnections at the local, regional, or national scales [1]. Fisheries management tools are imperative for the Mediterranean Sea, due to its heterogeneity and uncertainty surrounding the implementation of measures to date [2–4]. It should be stressed that the coastal Mediterranean fisheries, whether artisanal, recreational, subsistence or a combination of the above, play an important socioeconomic role in Europe [5,6].

Small-scale fishers (SSF) along the Mediterranean coast operate with a variety of fishing gears on a seasonal basis, and catches are composed of a wide range of species [7]. Although the European lobster, *Homarus gammarus*, is not a target species of SSF, it is often a bycatch in gillnets targeting different fish and other marine organisms [8–10]. Both *H. gammarus* and spiny lobster (*Palinurus elephas*) represent a valuable income in SSF during the warmer months, which coincides with their fishing seasons. Since it is difficult to evaluate SSF landings and they are often underestimated, official landings statistics both in the Mediterranean and Adriatic Seas should be considered with caution. Lotze et al. [11] reconstructed official commercial invertebrate landings in the Adriatic Sea by the Italian fleet from 1970 to 2006, and simulated that landings of *H. gammarus* were around 48 t per year in the 1990s, but declined to below 20 t per year in the 2010s, suggesting the depletion of stocks in the Adriatic Sea. The total landings of the European lobster throughout its distribution range fluctuated from 4181 to 5607 tons per year [12], in the period from 2007

to 2016. Around 80% of landings came from the North-Eastern Atlantic, while landings in Mediterranean countries never reached those levels [13]. New estimations confirmed the general underestimates of the FAO data in the French Mediterranean [14], suggesting that they might be generally accurate for the whole distribution. It was clearly demonstrated that specific lobster stocks in the Mediterranean suffered from overexploitation [15–17], with sharp declines in landings reported for more than a century [18,19]. The European lobster is targeted mainly by trap fisheries in Northern Europe [19,20] and with baited pots and different gillnets throughout the coastal Mediterranean Sea [14]. In the Mediterranean, the EU rules define a minimum landing size of 105 mm carapace length or 300 mm total length [21].

European lobster has a broad geographic distribution, from Northern Norway to the Mediterranean Sea [22]. This species inhabits the whole Adriatic Sea, though population abundance is higher in the northern waters [23]. Studies on its biology and ecology in the Adriatic Sea as well as throughout the Mediterranean, are severely lacking in comparison with Northwestern European waters [22,24–29]. Genetic analysis suggests a division between the stocks in the Atlantic and the Mediterranean Sea [30,31], and also between Mediterranean populations [32]. Recently, Pavičić et al. [23] confirmed a genetic division among different Mediterranean basins, with the panmictic characteristics of Adriatic populations. They also showed that anthropogenic impacts did not significantly affect *H. gammarus* genetic diversity. Exploitation patterns and biological data of *H. gammarus* around Corsica were reported by Pere et al. [14]. In the absence of published data, parameters for complete population assessment of any crustacean species (i.e., sex, growth, age, and mortality), morphometric relationships, and allometry are useful tools to reveal population characteristics during growth [33,34], to estimate population biomass, to compare morphological traits between different species or populations across the distribution range [35–37], and to estimate functional maturity [27,38]. Further, the ratio of abdominal width to carapace length (AW/CL) can be potentially used in female lobsters to establish size at maturity [39]. This is important since female morphology might respond more strongly to local selection pressures than male morphology [24].

The primary aim of this study was to gather additional biological data and assess the population characteristics of *H. gammarus* in the Eastern Adriatic Sea, since to date there is no complete analysis of the morphometric relationships in the area, as well as in its entire distribution range. In that sense, data regarding length frequency distribution, catch per unit effort, morphometric relationships, and allometry, together with the W/CL index (condition factor), were analyzed.

2. Materials and Methods

2.1. Study Site

For management purposes and data collection, the Croatian marine fishing area was administratively divided into smaller units (fishing zones—open sea A, B, C, D, internal E, F, G, and Ecological and Fisheries Protection Zone H, I, J, as a protected fishing area within Croatia's Exclusive Economic Zone). Official landing statistics for *H. gammarus*, obtained from the Croatian Fisheries Directorate (for the years 2008–2020) by fishing zone and fishing gear, were used for the recent trend evaluation. The majority of official landings occurs in the Northern Adriatic (fishing zones A and E).

Sampling of *Homarus gammarus* was conducted over a one-year period from September 2016 to August 2017. Along the Eastern Adriatic coast, sampling was conducted in four larger areas, mainly (92.4% of the total sample) off the west coast of Istria (fishing zone A up to 35 m of depth; sandy-muddy bottom), while the remaining samples were collected off the coast of the Mali Lošinj Island (fishing zone E up to 50 m of depth, rocky-sandy-muddy bottom), the Hvar Island (fishing zone G up to 70 m of depth; hard bottom), and the Vis Island (fishing zone C up to 90 m of depth; hard bottom) (Figure 1). For the purpose of spatial analysis, fishing zone A was divided into three subzones based on distance from

the coast, as follows—zone 1 (3 nautical miles, nm from the coast), zone 2 (from 3 to 8 nm), and zone 3 (from 8 to 12 nm).

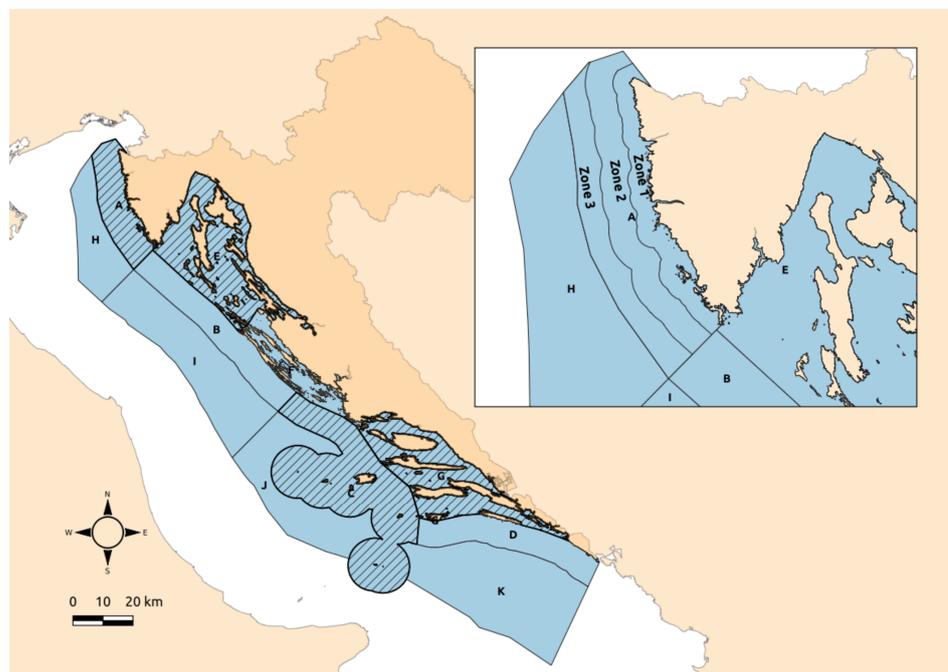


Figure 1. Sampling area of the European lobster, *Homarus gammarus*, in the Eastern Adriatic Sea (fishing zones A, E, C, and G); fishing zone A is divided into subzones according to distance from the coast (zones 1, 2, and 3).

Generally, the shallow Northern Adriatic is a unique marine ecosystem characterized by specific hydrographic conditions and a relatively high biodiversity. This is the most productive part of the Adriatic Sea due to the influence of the River Po [40,41], with strongly pronounced multi-year and annual fluctuations in environmental parameters (temperature, salinity, and nutrients) [42,43].

2.2. Data Collection

A total of 1273 individuals of the *H. gammarus*, sampled in the Northern and Central Adriatic Sea from September 2016 to August 2017, were used for the morphometric analysis. Of this total, 1176 individuals were sampled experimentally using baited pots of 40 mm square mesh side, in cooperation with local fishers in fishing zone A, to determine the share of undersized specimens in relation to the distance from the coast. The pots were constructed using a nylon square gillnet affixed to a frame with a single entrance made of wire. The pots were usually placed on the sea bottom in groups of 12 pots per 5 positions (25–35 m depth). Fish remains were used as bait. The remaining 97 individuals, used only for morphometric analysis, were sampled using gillnets (60 mm square mesh side), in cooperation with local small-scale fishers in fishing zones C, E, and G, at a depth range of 40–80 m.

Catch per unit effort (CPUE) was recorded as the weight of lobsters per pot. All lobsters were measured on board or on the coast. Biometric measurements (carapace length (CL), total length (TL), and abdomen width (AW)) were measured using Vernier calipers (to the nearest 0.1 cm), specimens were weighed (W) (recorded to 0.1 g), and sex was determined macroscopically (male/female). CL was measured from the posterior margin of the eye socket to the posterior end of the carapace. TL was measured from tip of the rostrum to the end of the abdomen. AW was measured at the widest point of the second abdominal segment [24,38]. W/CL index or condition index [34] was estimated

from individuals used in the morphometric analysis, and was calculated as total weight (W) divided by carapace length (CL).

2.3. Data Analysis

2.3.1. Morphometric Relationships and W/CL Index

To examine the morphometric relationships and allometry between male and female European lobster, only individuals for which sex could be determined were included in the analysis (N = 936). Morphometric relationships are used to predict the value of Y from X, while allometry is used to test how one variable corresponds to another [44]. The following morphometric relationships were examined for males and females—W vs. CL, TL vs. CL, W vs. TL, and AW vs. CL. The relationships W vs. CL and W vs. TL are described with the power function $y = ax^b$ [45], while TL vs. CL and AW vs. CL are described by a linear function. Morphometric relationships were examined by ordinary least-squares regression [44], and Student's t-test regression slopes were used for comparisons by sex [46]. Additionally, reduced major axis regression (standardized major axis regression) on log-transformed data was used to estimate the slopes and to test for allometry [44]. Student's t-test was used to test for allometry ($b = 1$ for length–length relationship, $b = 3$ for length–weight relationship) [47].

2.3.2. Multivariate Analysis

To assess for seasonal variation of CPUE and the W/CL index, the sampling period was analyzed by season; autumn (October–December), winter (January–March), spring (April–June), and summer (July–September). Permutational analysis of variance (PERMANOVA, [48]) was used to test for differences between seasons (fixed, 4 levels—autumn, winter, spring, and summer) of CPUE data and between fishing zones (fixed, 3 levels—1, 2, and 3) of CL, TL, and W data. Where appropriate, post-hoc pair-wise comparisons were used for further testing. PERMANOVA was also used to test for differences between season and sex (fixed, 2 levels—female and male) of the W/CL index. Since the W/CL index is influenced by size [34,49], CL was used as a covariate for further testing of seasonal variation in the W/CL index. PERMANOVA was performed in the PRIMER-E software [50] with the add-on package PERMANOVA+ [51].

Ordinary least-squares regression and reduced major axis regression analyses and graphs were performed in SigmaPlot v.14.0 (Systat Software, Inc., San Jose, CA, USA, www.systatsoftware.com accessed on 9 April 2021) and PAST v.4.05 [52]. R software was used for producing graphs [53].

3. Results

According to the Croatian Fisheries Directorate, the average annual landings of *H. gammarus* in the last 13 years were around 3308.12 kg (from 1989.95 kg in 2008 to 4723.88 kg in 2016). Landings fluctuated around the average in the last couple years, while an increasing trend of 18.5% was observed for the entire period. *H. gammarus* is mostly captured in fishing zones A and E, covering the coastal zone in the Northern Adriatic, with a continuous increase in catches (Fisheries Directorate 2020) (Figure 2A,B). Landed quantities from other fishing zones were negligible and low (fishing zones H, I and J) or non-existent (fishing zone K).

Lobsters below the minimum landing size (MLS) of 105 mm CL accounted for 52.83% of the total sample (Figure 3) and were returned to the sea. Lobsters below MLS in autumn, winter, spring, and summer accounted for 59.8%, 50.4%, 61%, and 52.4% of the catch, respectively. Sex ratio was slightly in favor of males (males 52.7%, females 47.3%). CL size of females ranged from 63 to 180 mm (104.01 ± 20.96 mm, mean \pm standard deviation) and that of males ranged from 55 to 189 mm (103.78 ± 21.05 mm). Weight of females and males ranged from 180 to 2480 g (mean 735.72 ± 454.62 g) and 105 to 4118 g (725.55 ± 491.47 g), respectively. CPUE fluctuated from 4.6 to 239 g/pot. The mean value of CPUE was lowest in autumn (43.7 g/pot), while CPUEs were similar in spring

(102 g/pot) and summer (101.2 g/pot) (Figure 4). One-way PERMANOVA showed that CPUE values were significantly different between seasons (Pseudo-F = 12.16, $p = 0.001$). All pair-wise comparisons between seasons were significantly different, except between spring and summer ($p > 0.05$).

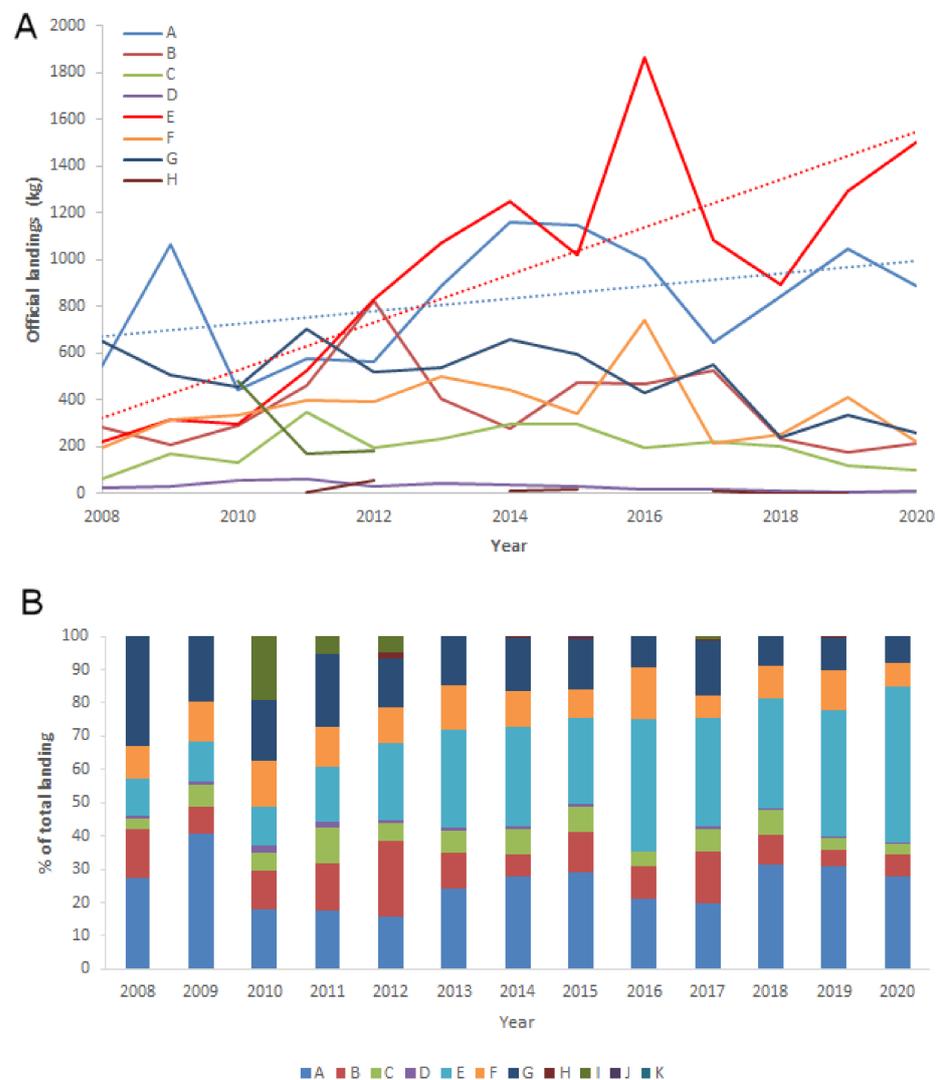


Figure 2. (A) Official landings of the European lobster, *Homarus gammarus* (Croatian Fisheries Directorate 2008–2020) with the indicated trends in fishing zones A and E. (B) Percentage of landed catch in each fishing zone.

Generally, females and males gradually increased in CL, TL, and W from the coast to open waters. Female CL in fishing zones 1, 2, and 3 were 100.05 ± 19.54 mm, 111.92 ± 16.82 mm, and 117.21 ± 21.52 mm, while male CL in the same zones were 98.84 ± 17.52 mm, 115.79 ± 20.68 mm, and 113.67 ± 22.71 mm, respectively. Female TL in fishing zones 1, 2, and 3 was 294.69 ± 52.85 mm, 325.27 ± 47.0 mm, and 343.82 ± 63.31 mm, while male TL was 286.25 ± 45.86 mm, 325.76 ± 49.41 mm, and 334.12 ± 61.70 mm, respectively. Female weight in fishing zones 1, 2, and 3 was 633.99 ± 387.84 g, 860.38 ± 397.85 g, and 1222.56 ± 588.99 g, while male weight was 595.28 ± 337.54 g, 941.18 ± 518.43 g, and 1122 ± 611.87 g, respectively (Figure 5).

For all three measurements (CL, TL, and W), a two-way PERMANOVA showed a significant difference between fishing zones (for CL Pseudo-F = 37.86, $p = 0.001$; for TL Pseudo-F = 42.09, $p = 0.001$; for W Pseudo-F = 78.72, $p = 0.001$), though these differences were not significant by sex or in the zone–sex interaction. Pair-wise comparisons revealed

significant differences between fishing zones 1 and 2 and fishing zones 1 and 3, but not between fishing zones 2 and 3.

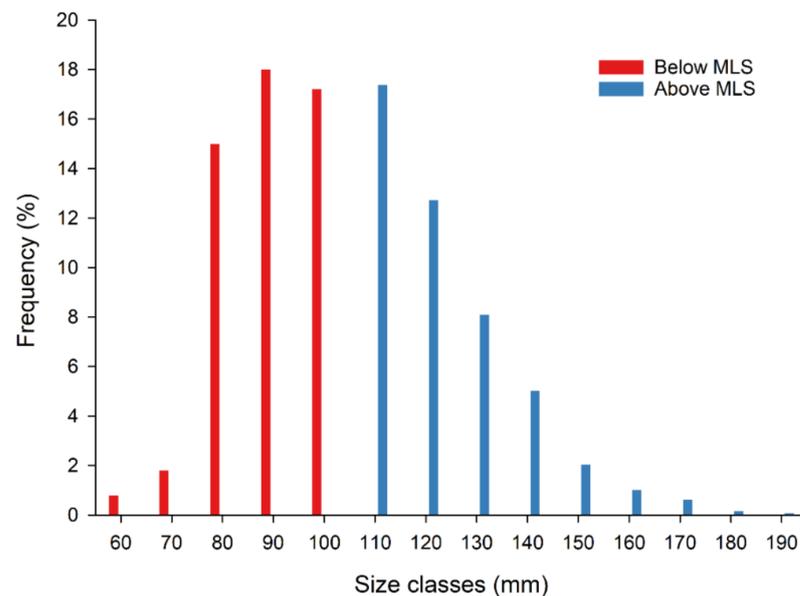


Figure 3. Carapace length (CL) size distribution of the total sample of the European lobster (*Homarus gammarus*) in relation to the minimum landing size (MLS = 105 mm CL).

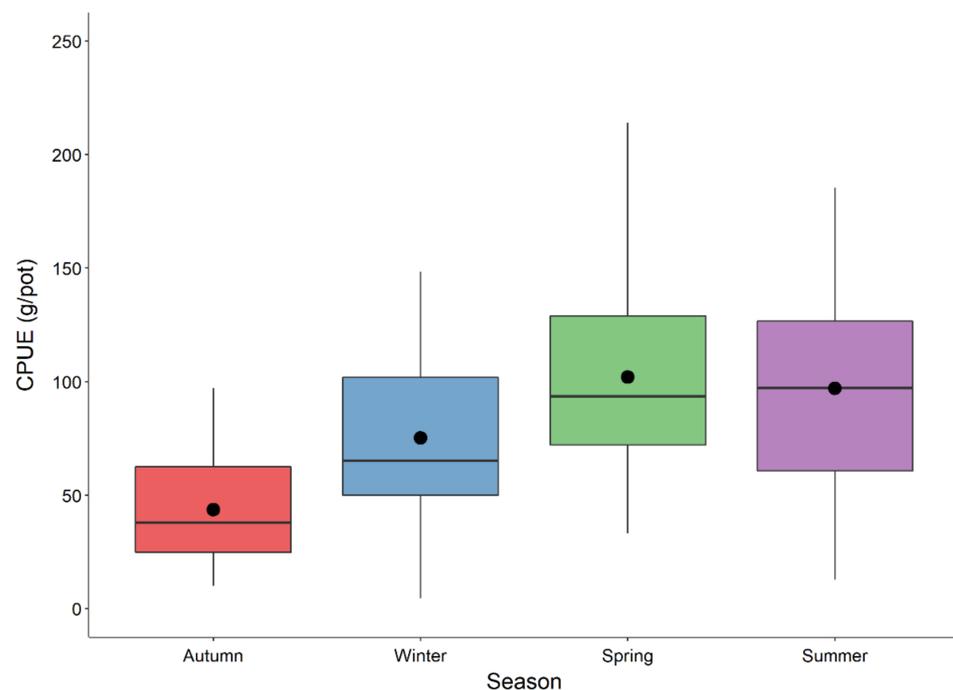


Figure 4. Seasonal variation of catch per unit effort CPUE (g/pot) of the European lobster (*Homarus gammarus*) in the Adriatic Sea.

Morphometric relationships of ordinary least-squares regressions of males and females are presented in Table 1 and Figure 6. The relationships CL vs. W and TL vs. W are described with a power function (for all relationships $R^2 > 0.89$). By increasing both CL and TL, W increased more in males than in females (Figure 6A,B). Other dimensions (TL and AW) increased linearly with CL (Figure 6C,D). With increasing CL and TL, AW

increased more in females than males. At 80 mm CL, females started to develop secondary sexual characters, and a wider AW than in males. The slopes of all ordinary least-squares regressions were significantly different between females and males (Table 1). Results of the reduced major axis regressions for all relationships with log-transformed data between females and males are presented in Table 2. The relationships log CL vs. log W and log CL vs. log TL for both sexes showed negative allometry, while the log TL vs. log W relationships for both sexes showed positive allometry. All relationships between sexes exhibited the same type of allometry, except for log AW vs. log CL relationships, which showed positive allometry for females and negative allometry for males.

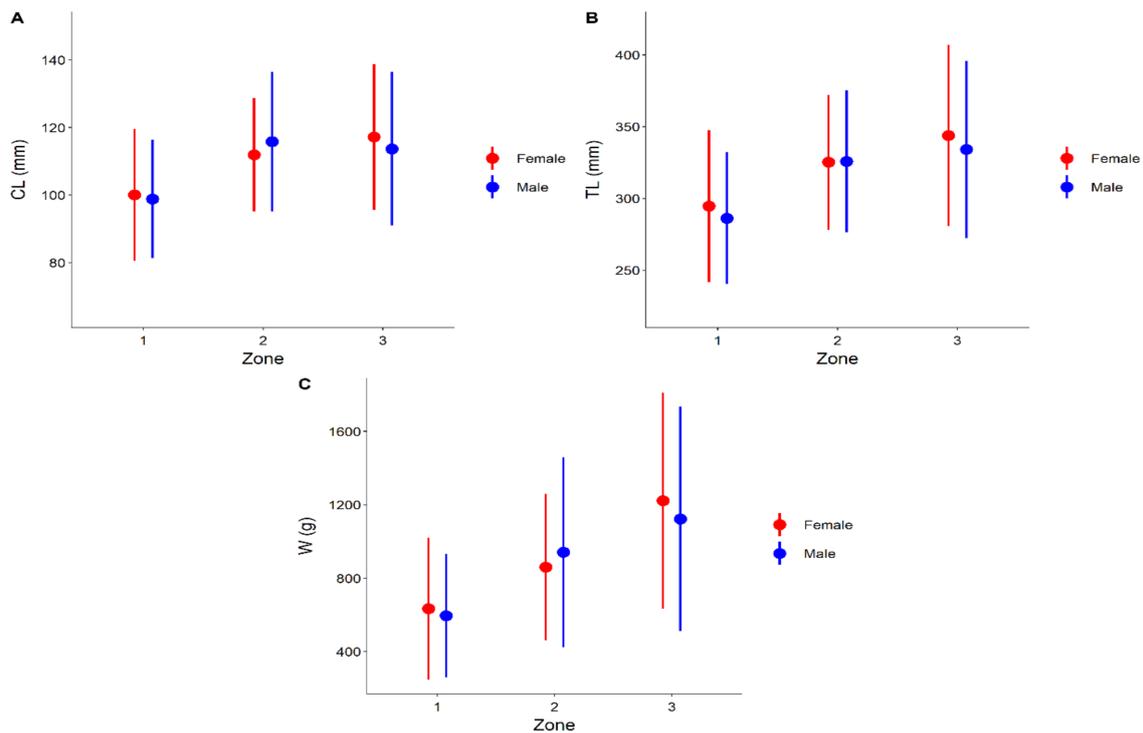


Figure 5. Variation in CL (A), TL (B), and W (C) (mean ± standard deviation) of female and male European lobster by fishing zone. CL, carapace length; W, weight; and TL, total length.

Table 1. Parameters of ordinary least-squares regressions between males and females of the European lobster (*Homarus gammarus*).

	Sex	Relationship	Intercept a (95% CI)	Slope b (95% CI)	R ²	N
W vs. CL	Female	$W = 0.0004568 \times CL^{2.561}$	0.0004568 (0.003052, 0.006084)	2.561 (2.492, 2.630) *	0.919	447
	Male	$W = 0.001311 \times CL^{2.822}$	0.001311 (0.000791, 0.001831)	2.822 (2.740, 2.904) *	0.890	489
TL vs. CL	Female	$TL = 32.893 + 2.617 \times CL$	32.893 (28.098, 37.689)	2.617 (2.571, 2.662) *	0.966	447
	Male	$TL = 42.351 + 2.467 \times CL$	42.351 (37.228, 47.474)	2.467 (2.419, 2.516) *	0.953	489
W vs. TL	Female	$W = 2.243 \times 10^{-5} \times TL^{3.004}$	0.000022431 (0.0000155, 0.0000293)	3.004 (2.952, 3.096) *	0.966	447
	Male	$W = 2.287 \times 10^{-6} \times TL^{3.408}$	0.0000022887 (0.00000151, 0.00000307)	3.408 (3.350, 3.466) *	0.958	489
AW vs. CL	Female	$AW = -19.327 + 0.724 \times CL$	-19.327 (-21.133, -17.520)	0.724 (0.707, 0.742) *	0.942	422
	Male	$AW = 3.211 + 0.439 \times CL$	3.211 (2.089, 4.333)	0.439 (0.428, 0.449) *	0.934	450

CL, carapace length; W, weight; TL, total length; AW, abdomen width. * $p < 0.05$.

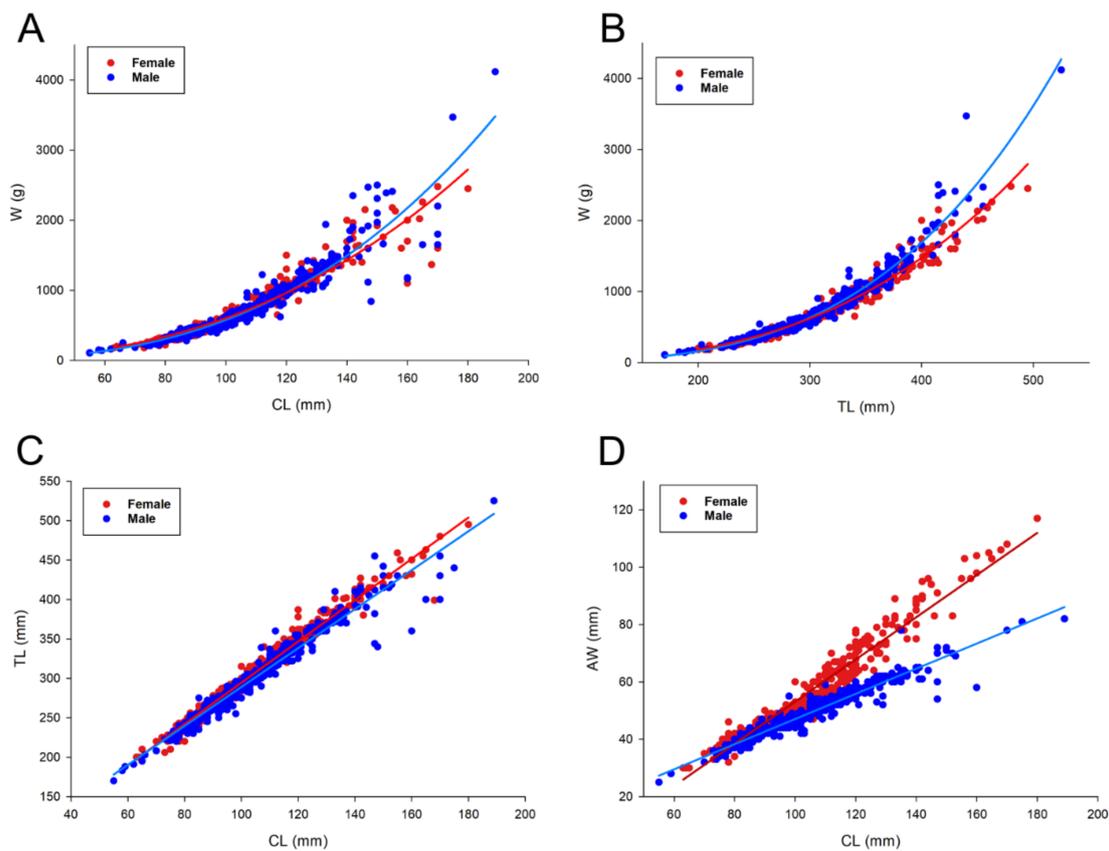


Figure 6. Morphometric relationships of male and female European lobster (*Homarus gammarus*) from the Eastern Adriatic Sea—(A) CL vs. W; (B) TL vs. W; (C) CL vs. TL; and (D) CL vs. AW. CL, carapace length; W, weight; TL, total length; and AW, abdomen width.

Table 2. Parameters of reduced major axis regressions between male and females and allometry tests of the European lobster (*Homarus gammarus*).

	Sex	Intercept a (95% CI)	Slope b (95% CI)	R ²	N	t	p	Allometry
Log W vs. Log CL	Female	−3.056 (−3.201, −2.918)	2.909 (2.839, 2.981)	0.963	447	3.494	<0.001	Negative
	Male	−3.134 (−3.295, −2.972)	2.943 (2.862, 3.025)	0.955	489	2.017	0.044	Negative
Log TL vs. Log CL	Female	0.636 (0.596, 0.676)	0.917 (0.897, 0.937)	0.974	447	11.772	<0.001	Negative
	Male	0.688 (0.646, 0.729)	0.887 (0.866, 0.908)	0.966	489	15.271	<0.001	Negative
Log W vs. Log TL	Female	−5.073 (−5.202, −4.943)	3.172 (3.120, 3.224)	0.978	447	7.784	<0.001	Positive
	Male	−5.419 (−5.561, −5.270)	3.320 (3.259, 3.377)	0.975	489	13.436	<0.001	Positive
Log AW vs. Log CL	Female	−0.947 (−1.013, 0.884)	1.334 (1.303, 1.368)	0.953	422	23.570	<0.001	Positive
	Male	−0.079 (−0.328, 0.229)	0.976 (0.951, 1.000)	0.944	450	2.223	0.027	Negative

CL, carapace length; W, weight; TL, total length; and AW, abdomen width.

Mean values of the W/CL index were higher in females in all seasons, except spring. Namely, the mean value of the W/CL (g/mm) index of females and males, respectively, was 6.27 and 6.09 in fall; 7.03 and 5.88 in winter; 5.91 and 6.11 in spring; and 7.01 and 6.87 in summer (Figure 7). Results of two-way PERMANOVA on the W/CL index showed a significant effect of season, but with no significant differences for sex or sex–season interaction. After controlling for the significant effect of CL (covariate), the effect of season on the W/CL index did not remain significant.

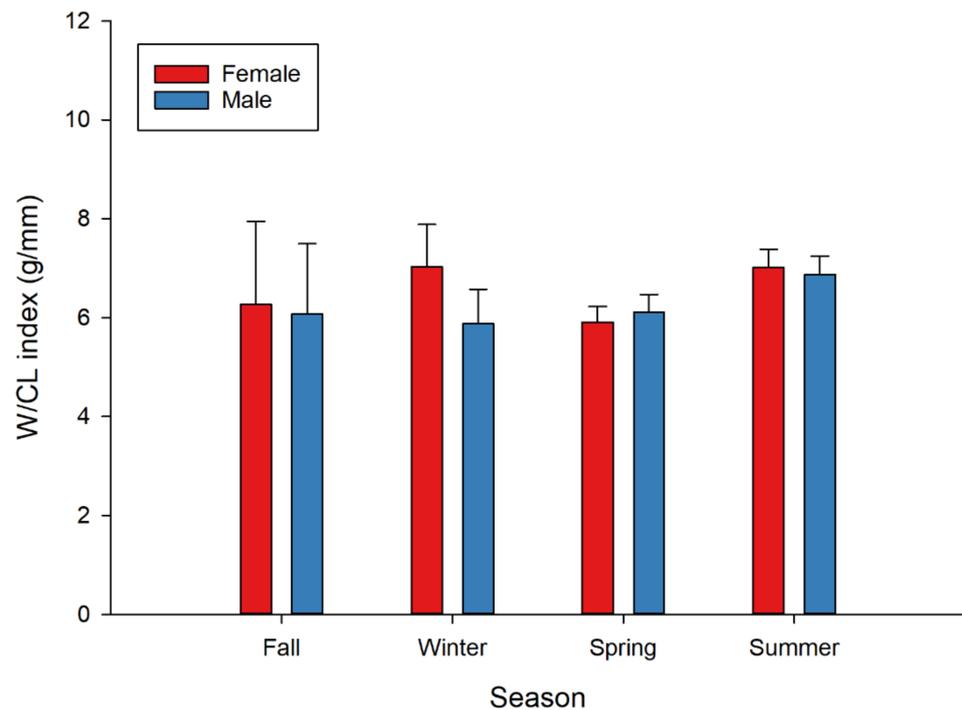


Figure 7. Seasonal variation in the W/CL index (condition factor) of female and male European lobster (*Homarus gammarus*). Error bars represent 95% confidence intervals.

4. Discussion

All *Homarus gammarus* stocks along European coasts are progressively declining as a consequence of intensive fisheries, high fishing effort and high efficiency of fishing gears (specifically the improved design of pots) [54]. However, European lobster fisheries are generally unregulated, or minimally regulated only for a minimum size or for landing of berried females [19]. As fishery management moves globally from a single-species to an ecosystem-based emphasis, it is important to understand the function of this species in the marine ecosystem. Unfortunately, in Mediterranean waters, there is a lack of biological and ecological data on *H. gammarus* as an exploited species, particularly there is a lack of knowledge on how the abundance and consequently landings change throughout its distribution area, in the light of high anthropogenic pressure, particularly of climate change. It is well-known that environmental factors contribute to the interannual variability of key parameters for all marine stocks, and changes in these factors might affect their population dynamics [55]. Moreover, the reliability of landings reported by all Mediterranean countries, including those in the EU are marked by high uncertainty, and there are also reports of general underestimates of FAO data in the Mediterranean [14]. Croatian reported landings of the European lobster, ranging from 1.9 to 4.7 tons per year, showed an increase in recent years; however, these data should be considered with caution since they are based solely on fisher logbooks. These data are often far from reality, since underestimating the total catch is widespread, due to misreporting out-of-season catches and not quantifying discards regarding lobsters caught below the minimum size [2,56,57]; while IUU landings are substantial [58]. All this highlights the lack of relevant data to determine the state of *H. gammarus* stocks in the Mediterranean Sea, and the high uncertainty concerning the adoption of measures for its effective management.

In addition to overexploitation, a pattern of low *H. gammarus* abundance is evident throughout the Mediterranean, where environmental conditions are less favorable for this species, in comparison to the Atlantic [14]. This is becoming increasingly significant due to climate change [59,60]. Excessively high sea temperatures might lead to reduced population abundance [30], particularly affecting juvenile survival and recruitment during summer.

Such a situation could encourage migration from a warmer to a relatively colder area that might offer more favorable conditions for the reproduction and development of juveniles. The Northern Adriatic could be considered to be a potentially particularly advantageous area, which hosts several species that are adapted to boreal climatic conditions—like the *H. gammarus*—and is configured as a cul-de-sac [61,62]. In this study, CPUE fluctuated from 4.6 to 239 g/pot and differed significantly between seasons, achieving peak values in the warmer months, which correlates with the open fishing season from 5 May to 31 August [63]. Pere et al. [14] reported that the CPUE of *H. gammarus* varied significantly as a function of month, fishing area, and depth in a Mediterranean small-scale fishery. Our results also indicate extremely low catch rates, which could imply low abundance of this species in the study area, as was previously suggested by Pere et al. [14]. However, fluctuations in *H. gammarus* abundance might occur as a consequence of a combination of environmental and fishery-related processes, like trap efficiency and target species behavior ([26] and references therein), including feeding behavior and molting status [64]. It is long known that sea temperature affects behavior and availability of traps for homarid lobsters [65]. In the present study, undersized specimens were predominantly caught in spring and autumn (>59%), likely due to the increase in lobster feeding activity prior and after spawning, and the increased sea temperature [26,28]. Sex ratio was slightly in favor of males, which might suggest a consistent female avoidance of traps year round, due to constant food or shelter-seeking behavior [66]. We found that the longer distance from the coast, the larger were the individuals of *H. gammarus* of both sexes. Length frequency distribution suggested that the largest individuals were in the length class of 190 mm CL, with no individuals smaller than 60 mm CL. Similar observations were reported by Latrouite [67] and Prodöhl et al. [13] in the Atlantic, and Pere et al. [14] in the Corsican Mediterranean Sea, concluding that the cryptic behavior and limited movement of juveniles could explain the absence of small and young European lobsters in catches. However, the length distribution in this study, similar to Pere et al. [14] confirmed their conclusion of shifting towards larger individuals as compared to stocks from the North Atlantic [38,68,69]. These results could also be linked to gear selectivity [14,70], which was evident here, since more than half of all specimens below the MLS were caught in the 40 mm square mesh side sampling pots, as opposed to the 55 mm square mesh side required by law [71].

Official statistics data indicated that most of the catch was off the Northern Adriatic coast. The heterogeneous bottom and relatively shallow depths make this area the most suitable habitat. This is because the rocky substrate provides shelter from predators, while the soft sediment increases food availability [23] and the potential for growth and reproduction for the European lobster [72]. Generally, the eastern coast of the Northern Adriatic is steep, with minimal recent sedimentation and strong karst relief, which influences sediment distribution patterns [73]. It was reported that the most suitable habitat for the European lobster was at the boundary between sedimentary and rocky-bottoms, which coincided with seafloor depressions with a steep slope, with medium to high wave energy conditions, and were located within a range of water depths of 35–40 m [25]. *H. gammarus* exhibit low migration activity (within 3.8 km) related to the spatial configuration of the local lobster habitat, with a marked tendency for offshore movement [28,74].

Age determination is important in life history studies and effective stock management [75]. Since age determination in crustacean species is complicated [76], given the lack of hard body structures after every molt, morphometric relationships can instead be used for stock management [35–37]. Differences in morphometric traits among populations typically result from a combination of genetic variation and different environmental conditions [77], and can be heritable. In this case, populations might diverge due to responses to local selection pressures [78]. In marine species, these pressures are proposed as the predominant mechanism of divergence despite the existence of gene flow barriers [79].

Morphometric relationships and allometry were studied in many crustacean species, including crabs [80,81], spiny lobsters [34,82,83], American lobster [37,84,85], and European lobster [27,33,38]. In the present study, ordinary least-square regressions showed that W

increased following a power function with both CL and TL, while TL and AW increased linearly with CL. Comparing the slopes of the ordinary least-square regressions, we observed significant differences of all relationships between males and females, indicating different growth rates by sex [38,86]. The negative allometry, i.e., a decreasing growth rate of TL vs. CL and CL vs. W for both sexes, reflects a morphological change from an elongated body towards a heavier one, as also reported by Martínez-Calderón et al. [34] for the Caribbean spiny lobster (*Panulirus argus*) and Radhakrishnan et al. [87] for *Panulirus homarus*. French McCay et al. [84] reported a coefficient b of 2.934 for an American lobster population, which is similar to our results that gave a coefficient b below 3 for both sexes, while Steinback et al. [85] reported a coefficient b of 3.347 for males and 2.972 for females for American lobster. Baggio [37] reported isometric growth of *H. americanus* (CL vs. W). We found positive allometry for log TL vs. log W for both sexes, while for the log CL vs. log AW relationship, allometry was positive for females and negative for males. Positive allometry was also found between TL and W in male European lobsters in the Northern Adriatic [33]. Variations in the W/CL index did not show a significant effect of season after controlling for CL as a covariate. A seasonal variation of this index was reported by Martínez-Calderón et al. [34], suggesting this was due to a combination of carry-over effects and variation in local factors, such as predation risk and food availability [88]. Further on, the usefulness of the W/CL index for comparing the nutritional status between groups or populations was reported by Martínez-Calderón et al. [34]. Monitoring the levels of morphometric condition might provide insight into the potential factors decoupling the relationships between the levels of successful settlement of juveniles and the abundance of adults.

In the present study, the AW vs. CL relationship showed that a significant difference in AW between the sexes was observed starting at 80 mm CL, as females emerged from molt with a proportionally wider abdomen than males. The AW/CL ratio was used to assess morphometric maturity that preceded functional maturity [27,39]. In this study, no inflection points were observed in the AW/CL ratio. However, using the AW/CL relationship to assess size at maturity should be considered with caution [89]. Geographical variability in size at maturity was reported by several authors. Woodruff [90] reported functional and morphometric size of 91.6 mm and 84.3 mm CL at maturity, respectively, for *H. gammarus* in Northumberland inshore fishery coastal waters, UK. Tully et al. [27] estimated the value of functional L_{50} to be higher than 92.5 mm, while Laurans et al. [69] reported an even greater functional maturity L_{50} value of 103–106 mm CL. Lizárraga-Cubedo et al. [38] found a smaller size at maturity for a population from the Firth of Forth (around 80 mm CL) than those from the Hebrides, Scotland. A number of factors were linked to variations in size at maturity for the *Homarus* species, including temperature [89,91,92], fishing pressure [93,94], intraspecific competition [95], and predation [92,96]. These differences could also be due to female catchability [54], although Laurans et al. [69] found no differences in the catchability of ovigerous and non-ovigerous females. Size at maturity is an indicator of the suitability of the MLS [38,69]. Currently, the European Union (EU) issued an MLS of 105 mm CL as the only management measure for the Mediterranean Sea, aiming to protect juveniles and ensure that sufficient spawning occurs before individuals are vulnerable to the fishery [92]. The same MLS is established in Croatia. Prohibition of landing berried females and an extended closed season (September to early May) are also management measures implemented in Croatia [63]. Although a selectivity analysis of pots intended for catching fish (40 mm) and large crabs (55 mm) was not conducted, it is likely that the ratio of *H. gammarus* specimens, under 105 mm CL, would be markedly lower than that obtained here. Our results suggest that the current legal framework in Croatian marine fisheries for *H. gammarus* keep landings in a positive trend, with biological characteristics that do not indicate a significant change within the analyzed population. However, an extension of the fishing season (to encompass April and September) is not advisable, despite the positive catch trend in recent years. Additional effort is desirable to reduce fishing pressure in the

coastal part (<3 nm), not only for active fishing gears [21] but also for passive gears, such as different gillnets and pots.

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