Supplementary Table -1: Wylie transliteration of BSM terminologies	
Wylie Terms	**English translated Terms**
dreg-nad	gout
grum-bu	arthritis
rtsa-dkar-nad	neurological disorders
yan-lag rengs-khums	stiffness or paralysis of limbs
zha-ba	injury or illness affecting legs or foot
'bras-nad	boil or tumor
lhog-pa	large ulcer or sore
rma-gsar-rnying	fresh and old wounds
sūrya	stomach ulcer
skrangs-pa	swellings
rked-pa sgur-pa	hunchback or kyphosis
tsabs-nad	severe illness
sgal-tshigs bud-pa	dislocate disc
sha-rus bar gyi chu-ser	serous fluid accumulated between flesh and bone
bad-rlung grang-ba'i nad	a sickness of cold character caused by phlegm and wind disorders
rnyings-tshad	chronic fever
nyams-brta-ba	stressful mind and body
nyams-dams-pa	depression
rlang-lums	steam bath
rdzing gong-ma	Upper pool
rdzing wogma	Lower pool
chu-ser	serous fluid
gdon	evil afflictions
grang-ba	cold
lhen-skran	increasing mucus because of suppressed wind
lcags-dreg	weak and painful eyes
bad-kan lcags-dreg	phlegm diseases
chu-nad	dropsy
rtsa-nad	paralysis
dug-tshad	poisonings
'brum-pa	pustule
glang-thabs	colic or spasm
mo-nad rlung-tshabs	a woman's irregular menstrual period
rgya-nad	sexually transmitted diseases such as syphilis
grang-nad	gonorrhoea
rde'u chu-'gags	urinary retention caused by stones
grang-grum	cold rheumatism

’or-nad	water swelling diseases
skya-rbab or skya-rbab nad	swelling or edema
dmu-chu	dropsy in the chest
bad-mkhris	defective bile
rlung-nad	wind disorders
rtsa-’bras	pain and swelling
gdon-rma	wounds caused by evil afflictions
bad-kan smug-po	brown phlegm
rtag-pa’i rims	chronic fevers
grum-bu	rheumatism and gout
chu-ser	pus or serous fluid
’bras skran	malignant tumour
bad-kan las gyur ba’i nad	phlegm disorders
chu-ser-nad	serous fluid
pags-nad	skin diseases
mkhal-nad	kidney disorders
lhen-skran	increasing mucus because of suppressed wind
gdon	subterranean spirits
zha-bkra	Improves facial beauty
za ’khrug nad	itching disorders
’bras	large pustule
lhog-pa	large ulcer or sore
bad-smug	convulsions
nad-rigs bcu-gsum	thirteen different diseases and ailments
mkhris	bile disorders
bad rlung	dizziness
bad-mkhris	defective bile
bad-kan smug-po	complicated convulsions
skrangs	swellings
’dus-nad	combined disease of defective wind and bile
lhen-skran, *lcags-dreg* and *dreg-grum*	gout or feeling of lameness in the lambs
rdzing gong-ma	upper pool
rdzing wog-ma	Lower pool
rdzing dang-pa	pool 1
rdzing gnyi-pa	pool 2
rdzing gsum-pa	pool 3
rdzing bzhi-pa	pool 4
grang-gzhi	dyspepsia
rdo-srol dang cong-zhi ’dres-pa las ’byung-ba	rich in coal and sodium carbonate
rdo-srol dang mu-zi ’dres-pa las ’byung-ba	rich in coal and sulphur

rdo-srol dang brag-zhun 'dres-pa las 'byung-ba	rich in coal and mineral pitch
rdo-srol cong-zhi dang mu-zi gsum 'dres-pa las 'byung-ba	rich in coal, sodium carbonate and sulphur
rdo-srol dang mu-zi brag-zhun ldong-ros bzhi 'dres-pa las 'byung-ba	rich in coal, sulphur, mineral pitch, and realgar