

## Article



# Using Soil Water Stable Isotopes to Investigate Soil Water Movement in a Water Conservation Forest in Hani Terrace

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Abstract: Water conservation forests significantly contribute to the stability of mountain agricultural ecosystems in Hani Terrace. In this study, we analyzed the relationship between the stable isotopic composition of soil water and precipitation to determine the mechanisms of soil water movement in the small watershed of Quanfuzhuang. We observed significant seasonal variations in soil water sources: antecedent precipitation was the dominant supply during the dry season, and current precipitation dominated during the rainy season. The recharge ratio of precipitation to soil water in the grassland was significantly higher than that in the arbor land and shrubland. The influence of water infiltration, old and new soil water mixing, and soil evaporation on the soil water stable isotopes gradually decreased from the surface (0–20 cm) to the deep (60–80 cm) soil. We observed significant seasonal variability in average soil water  $\delta^{18}$ O was generally higher in the dry season than in the rainy season. The mixing of old and new water is a continuous and cumulative process that is impacted by soil structure, soil texture, and precipitation events. We therefore identified a significant time delay in soil water supply with increasing soil depth. Moreover, the piston flow of soil water co-occurred with preferential flow, and the latter was the dominant supply during the rainy season.

**Keywords:** soil water; stable hydrogen and oxygen isotopes; evaporation; water movement; Hani Terrace

## 1. Introduction

Water resource shortages are a worldwide concern. Soil water is a dominant water resource and is intrinsically linked to atmospheric precipitation, surface water, groundwater, biogeochemical cycles, and the water cycle [1]. The study of soil water movement is important for assessing soil water supplies, water redistribution mechanisms, soil nutrient and pollution transport processes, and areal water resource potential [2–5]. Hydrogen and oxygen stable isotopes, as elements of H<sub>2</sub>O, can accurately reflect water movement in soil. Isotopic measurements can identify the soil water source, infiltration, evaporation, and other water movement processes to infer the dynamic changes, movement features, and supply mechanisms of soil water. As a result, stable isotopes can be applied to assess basin-scale water cycles [6–8]. In recent years, many studies have assessed soil water movement processes using stable isotope techniques. For example, Lee et al. [9] found that the index piston flow model, which incorporated the deuterium excess (*d*) of rainfall and soil water, could accurately simulate water retention time. Using the stable isotope tracer method, Brinkmann et al. [10] found that the retention time of rainfall in soil ranged from days to months and increased with soil depth. Mueller et al. [7] also applied stable isotopes to trace the soil water movement pathways in the slope zone. According to the component features of soil water stable isotopes, Gazis et al. [11] found that rainfall infiltrated the soil surface by piston flow, while the water in deeper soil was renewed by long-term continuous snowmelt or heavy rainfall. Tian et al. [12] analyzed stable isotopes of rainfall and soil water in the central region of the Qinghai-Tibet Plateau and assessed their relationships with water movement at different depths in the soil profile. Based on the stable isotopic features of three typical vegetation types in the Taihang Mountains, Hou et al. [13] found that the temporal variations and vertical distributions of soil water stable isotopes reflected the tradeoff between rainfall infiltration and evaporation. Cheng et al. [14] found that artificial grass glades with high water consumption did not create priority flows due to the formation of a soil dry layer from a negative water balance. However, rainfall easily infiltrated farmland and wild grass via priority flow, which supplied water to the deep soil and/or groundwater. Ma et al. [15] detected soil water priority flow in forests, grasslands, and farmlands by analyzing the soil water  $\delta^2$ H of aeration zones in different land use types. Ji et al. [16] found that low rainfall supplied water in farmlands and grasslands, while summer and autumn rainstorms supplied landscapes dominated by Salix and Populus. Many studies have assessed soil water hydrogen and oxygen stable isotopic characteristics to determine the vertical movements of soil water and the rainfall infiltration processes in different areas; however, few studies to date have investigated the soil water movement mechanisms in the water source regions of Hani Terrace.

Hani Terrace is a typical mountain farming ecosystem. The region is known for its water flow in irrigated areas, which remains consistent throughout the year. However, Yunnan Province experienced a severe one-hundred-year drought event in 2010. The ecosystem's landscape structure consists of four elements: forests, villages, terraces, and rivers [17]; as a result, forests significantly regulate the hydrological cycle in Hani Terrace. Studying the conservative water content of forests and identifying and adjusting the areal structures of forests, villages, and croplands can help to balance terrace conservation and regional sustainable development [18]. It is therefore crucial to identify the soil water movement characteristics of the headwater forest to evaluate rainfall infiltration processes and soil water source stability. In this study, we investigated the water migration in arbor land, shrubland, and grassland located above the small Quanfuzhuang watershed. We analyzed the soil water, underground water, and rainfall stable isotopic composition of soil water. Our results elucidate the soil water movement processes and their spatiotemporal variations in the headwater forests. We also provide suggestions for future quantitative research on water cycle processes to improve the sustainable development of forest curve for sustainable development of forest curve forests.

## 2. Materials and Methods

## 2.1. Study Site

The small Quanfuzhuang watershed (102°45′–102°53′ E, 23°03′–23°10′ N) is located in the Bada district (Yuanyang County) in Honghe State, Yunnan Province. Hani Terrace, located in the Bada district, is classified as a World Cultural Heritage site. The Bada district is the upstream water source region of the Malizhai River—a first-level tributary of the Honghe River. The watershed has an area of approximately 13.92 km<sup>2</sup>, and its altitude ranges between 1500 and 2000 m. The watershed consists of moderate- to low-level mountains with a hilly topography and an obvious three-dimensional climate. The area above 1800 m primarily consists of forests and experiences northern subtropical and temperate climate; the region is also dominated by yellow and yellow–brown soils covered by evergreen broad-leaf moss forests (mist forest; mainly *Alnus cremastogyne* and *Camellia pitardii*), with grasslands occurring in damaged areas. The area below 1800 m has a central or southern subtropical climate and is mainly dominated by terraced fields. The region mainly consists of yellow and paddy soils, and the vegetation predominantly comprises evergreen broad-leaved forest or coniferous forest (mainly *Cyclobalanopsis glauca* or *Schima superba*); secondary forests and plantations also occur in damaged zones [19,20].

The multi-year average temperature and precipitation is  $20.5 \,^{\circ}$ C and  $1397.6 \,\text{mm}$ , respectively. The region experiences notable seasonal rainfall variability, with the rainy season occurring from May to October (maximum rainfall from July to August). The annual evaporation is 1184.1 mm, and the annual average sunshine hours is 1820.8 h [21]. The study site is located in the water conservation forest above the terraced region in the small Quanfuzhuang watershed. The forest has a water source conservation of 77 hm<sup>2</sup> and an altitude range of 1720–2073 m.

## 2.2. Research Site and Standard Plots

We established a gauging station and recorded the site type and land use characteristics (arbor land, shrubland, and grassland) in the watershed; three standard runoff communities were also laid out (specification:  $5 \times 20$  m). Three standard plots with areas of 100 m<sup>2</sup> were established in the watershed (Figure 1 and Table 1).



Figure 1. Sketch map of the study area and sample plots.

Vegetation Types	Sample Plot	Latitude and Longitude	Altitude (m)	Aspect	Major Plant Species	Cover Degree (%)
	A-1	102°46′11″ E 23°5′37″ N	2069.2		Camellia pitardii, Schima khasiana,	80
Arbor land	A-2	102°46′10″ E 23°5′37″ N	2068.2	Е	E Castanopsis 90 orthacanthus Franch, Alnus nepalensis 85 D.Don 88 Melastoma candidum, 98	90
	A-3	102°46′11″ E 23°5′37″ N	2057.1			85
	S-1	102°46′17″ E 23°5′44″ N	1976.5		Melastoma candidum,	98
Shrubland	S-2	102°46′18″ E 23°5′44″ N	1968.1	Е	Clerodendrum bungei, Neolitsea homilantha,	98
	S-3	102°46′18″ E 23°5′45″ N	1966.8		Melodinus suaveolens Champ. ex Benth.	96
	G-1	G-1 102°46′16″ E 23°5′57″ N			Rostellularia	90
Grassland	G-2 102 23	102°46′16″ E 23°7′27″ N	1923.8	Е	procumbens, Phyllanthus urinaria.	85
	G-3 102°46 23°5′		1921.5		Achnatherum splendens	90

Table 1.	The basic	information	of the sam	pling plots.
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#### 2.3. Sample Collection and Stable Isotope Determination

#### 2.3.1. Sample Collection

Soil samples from 0 to 100 cm depth in the standard plots and samples of precipitation, surface water, and groundwater near the plots were collected every month from March 2019 to February 2020.

For rainwater samples, a polyethylene bottle was placed in a rainwater collection device located in an open area of the woodland, and a funnel was added to the mouth of the bottle. A table tennis ball was then placed at the mouth of the funnel to prevent the water from evaporating. Water samples were collected immediately after each rainfall event. If rainfall occurred during the evening, samples were collected on the following morning. Groundwater samples were collected at the dew point in a spring of constant flowing water once a month. The water samples were placed in a 50 mL centrifugal tube and immediately sealed with Parafilm. The samples were then stored in a cryopreservation box for transport to the laboratory for frozen storage. A total of 99 precipitation samples and 13 groundwater samples were collected during the study period.

Three quadrats were randomly placed in the three typical plots (arbor land, shrubland, and grassland) in the study area. A soil drill was used to sample the soil once a month at 0–10, 10–20, 20–40, 40–60, 60–80, and 80–100 cm depth; the average depth of each soil layer was used as the standard depth during the analysis: i.e., 5, 15, 30, 50, 70, and 90 cm. The soil samples were placed in a centrifuge tube and immediately sealed with Parafilm. The samples were then stored in a cryopreservation box and transported to the laboratory for refrigeration storage (1–4 °C). A total of 648 soil samples (216 soil samples from each woodland type) were collected. The final soil water isotope values of each forest type were determined as the average of three quadrats during the analysis, resulting in 72 soil samples for each forest type.

#### 2.3.2. Stable Isotope Determination

We used a vacuum-distilled extraction apparatus to extract soil water from the soil samples [22]. All samples were analyzed for hydrogen and oxygen isotopes using a liquid water isotope analyzer (model: DLT-100, Los Gatos Research, Mountain View, CA, USA) and off-axis integrated cavity output spectroscopy (OA-ICOS) at the State Key Laboratory of Cryospheric Science, Northwest Institute of Eco-Environment and Resources, Chinese Academy of Sciences. The hydrogen and oxygen measurements were a thousand points lower than the Vienna Standard Mean Ocean Water (VSMOW):

$$\delta(\%) = \left(\frac{R_{\text{sample}}}{R_{\text{V-SMOW}}} - 1\right) \times 1000 \tag{1}$$

where  $R_{\text{sample}}$  is the natural abundance ratio of hydrogen or oxygen isotopes in the tested sample (‰), and  $R_{\text{V-SMOW}}$  is the natural abundance ratio of stable oxygen or hydrogen isotopes in VSMOW (‰). The analytical accuracies of the  $\delta^2$ H and  $\delta^{18}$ O measurements were ±1‰ and ±0.2‰, respectively.

#### 2.4. Soil Water and Meteorological Data Acquisition

In each standard runoff plot, 1 m deep drivepipes were buried in three slope positions (uphill, mid-slope, and downslope), and a high-precision soil moisture content analyzer (model: ML2X, DELTA-T, Cambridge, Massachusetts, England) was used to observe the soil volumetric water content at different depths (10, 20, 30, 40, 60, and 100 cm). The observation period ranged from March 2019 to February 2020, and the observation frequency was three times a month (at 10 day intervals) and twice a day (at 08:00 and 17:00). In this study, soil water content refers to the soil volumetric water content ( $\theta$ ), and meteorological data—such as rainfall (P) and temperature (Ta)—at the research site were provided by the Xinjie Weather Station in Yuanyang County.

#### 2.5. Data Processing

The soil water storage capacity can reflect the water condition within a period and within a certain soil depth in the studied district. Using the observational data of soil volumetric water content, the soil water storage content of different land use types can be calculated hierarchically using the following formula:

$$W = h \times \theta_{\rm i} \times 10/100,\tag{2}$$

where *W* is the soil moisture content (mm), *h* is the thickness of the soil layer (cm), and  $\theta_i$  is the volumetric water content of the *i*-th soil layer (%).

In this study, the average stable isotope value of precipitation was calculated by weighting the rainfall in the corresponding periods. The average value of all other elements refers to the arithmetic average of the elements during each period. The weighted average precipitation isotope values ( $\delta_w$ ) were calculated as follows:

$$\delta_w = \sum_{i=1}^n \delta_i P_i / \sum_{i=1}^n P_i, \tag{3}$$

where  $P_i$  and  $\delta_i$  are the precipitation and isotope values of each precipitation event, respectively.

The linear relationship between  $\delta^2$ H and  $\delta^{18}$ O of precipitation is called the meteoric water line (MWL), which is highly useful in the study of water cycle stable isotope variability [23]. The lc-excess (the difference between the value of  $\delta^2$ H and the location of the MWL (LMWL)) of a particular water body represents the degree of evaporation relative to local precipitation [24–26] and is expressed by the following:

$$lc-excess = \delta^2 H - a \times \delta^{18} O - b, \tag{4}$$

where *a* and *b* are the slope and intercept of LMWL, and  $\delta^{2}$ H and  $\delta^{18}$ O are the stable isotope values of the water sample. Generally, the variation of lc-excess in local precipitation is mainly affected by different water vapor sources, and the annual average value is 0. The average lc-excess is usually below 0 if the stable isotopes of the water body is enriched by evaporation. However, lc-excess is positive if the water sample is affected by non-precipitation water sources [27,28].

The data analysis was performed using Microsoft Excel 2016, and the significance analysis was performed using IBM SPSS Statistics 26.0. All charts were formed using Microsoft Excel 2016 and OriginPro 2019.

## 3. Results

#### 3.1. Dynamic Changes in Soil Moisture

Changes in soil moisture are mainly affected by rainfall and evapotranspiration [29]. The study region experiences notable seasonal variation in rainfall, with distinct dry and rainy seasons. The soil water storage capacity exhibited regular fluctuations, coinciding with fluctuations in temperature and precipitation (Figure 2). Precipitation reached 984.5 mm in the rainy season (May to October), accounting for 76.5% of the total annual precipitation; 111 precipitation days also occurred during the rainy season, accounting for 66.9% of the total annual precipitation days. The highest temperature was recorded in June, with a monthly average of 22.1 °C. The soil moisture content of the arbor land showed large fluctuations, ranging between 136.20 and 359.20 mm (average of 258.13 mm), with a variation coefficient of 26.35%. The soil moisture content of the shrubland ranged between 140.50 and 283.00 mm, with an average value of 230.44 mm and a variation coefficient of 20.58%. The soil moisture content of the grassland ranged between 138.45 and 294.00 mm, with an average value of 220.51 mm and a variation coefficient of 17.32%. The overall fluctuation in the grassland was smaller than that in the other two woodland types. The soil moisture content in the arbor land and grassland was the highest in October, with monthly averages of 314.58 and 266.05 mm, respectively. In contrast, the highest soil moisture content in the shrubland occurred in September, with a monthly average

of 266.85 mm. The soil water storage of the three woodland types showed the highest fluctuation in June, with variation coefficients of 37.39%, 23.68%, and 11.74%. Woodland vegetation enters the peak growing season in June, with high rates of transpiration. During this period, the high temperature and low rainfall increases evaporation, and the soil water storage capacity is predominantly dependent on rainfall amount [30], leading to large fluctuations in soil moisture content. Transpiration of forest vegetation is generally higher during the growing season (May to October); however, the soil moisture content notably increased due to the sufficient soil moisture supply from precipitation. The soil water storage capacity of the three woodland types occurred in the following order: arbor land > shrubland > grassland.



Figure 2. Monthly variations of air temperature and precipitation (a) and soil water storage (b).

The dry season (March to April and November to February of the following year) precipitation was 302.0 mm, accounting for only 23.5% of the annual precipitation. Moreover, the dry season comprised a total of 55 precipitation days, accounting for 33.1% of the total annual precipitation days. Temperature was the lowest in January, with a monthly average value of 10.8 °C. The soil moisture content of the arbor land showed large fluctuations, ranging between 126.80 and 246.00 mm (average of 199.01 mm), with a variation coefficient of 14.87%. The soil moisture content of the shrubland ranged between 139.30 and 258.00 mm, with an average of 210.65 mm and a variation coefficient of 14.40%. The soil moisture content of the grassland ranged between 153.35 and 258.70 mm, with an average value of 222.46 mm and a variation coefficient of 9.59%; the overall fluctuation was also much smaller than that of the other two woodland types. Generally, forest vegetation growth and transpiration significantly reduce during the dry season. The low temperature also weakens soil water activity and soil evaporation. The soil water storage volume showed little fluctuation and generally declined with time. The soil moisture content of the three woodland types occurred in the order of grassland > shrubland > arbor land.

The annual soil moisture content of the arbor land showed large variability, ranging between 143.53 and 314.58 mm (annual average of 228.57 mm), with a variation coefficient of 24.73%. The annual soil moisture content of the shrubland ranged between 146.78 and 266.85 mm, with an average value of 220.54 mm and a variation coefficient of 17.47%. The annual soil moisture content of the grassland ranged between 151.86 and 266.05 mm, with an average value of 221.48 mm and a variation coefficient of 13.15%; the overall fluctuation was also much smaller than that of the other two woodland types. The annual average soil moisture content of the three woodland types occurred in the order of arbor land > grassland > shrubland.

#### 3.2. Stable Isotope Characteristics of Precipitation

The  $\delta^{18}$ O of precipitation ranged from -18.93% to -3.56%, with an average value of -10.69%and a standard deviation of 3.65‰ (Figure 3). Precipitation  $\delta^{18}$ O is affected by the water vapor source and monsoon climate variability. Precipitation  $\delta^{18}$ O was higher during the dry season (-7.38%) than in the rainy season (-11.71%), but the standard deviation was higher in the rainy season (3.56%) than in the dry season (2.42%). This indicates the large stable isotope variability of precipitation, likely related to the region's complex and diverse weather system. Precipitation water vapor sources and seasonal meteorological conditions are the dominant causes for the seasonal variation in precipitation  $\delta^{18}O$ in the study area.  $\delta^{18}$ O is typically lower during the rainy season, as precipitation water vapor is mainly transported from the low-latitude ocean, which has high air humidity and rainfall and lower evaporation; precipitation is also continuously depleted during transport. The study region is typically affected by continental air masses during the dry season, and the water vapor in the southwestern region mainly transforms the westerly belt and the water vapor supply from inland re-evaporation. Air humidity and precipitation is low and evaporation is strong, resulting in heavy isotope enrichment [31]; this phenomenon is widespread across low- and mid-latitude monsoon regions [32]. The lc-excess value of precipitation ranged from -19.11% to 15.05%, with an annual average value of 0 and a standard deviation of 7.25%, which was consistent with the seasonal variation of precipitation  $\delta^{18}$ O. The precipitation lc-excess value was higher in the dry season (1.25%) than in the rainy season (-0.96‰). This is because in the dry season, <sup>18</sup>O enriches relatively more rapidly than <sup>2</sup>H as water evaporates, and the positive intercept of the water line for evaporated water tends to increase.



**Figure 3.** Daily variations of  $\delta^{18}$ O, lc-excess (the difference between the value of  $\delta^{2}$ H and the location of the meteoric water line), and precipitation.

The ordinary least squares method was used to obtain the LMWL of the study site (Table 2):  $\delta^2 H = 7.67 \ \delta^{18}O + 7.87 \ (R = 0.968, n = 99)$ . The slope and intercept of this equation are smaller than those of the global meteoric water line (GMWL:  $\delta^2 H = 8 \ \delta^{18}O + 10$ ) and the China meteoric water line (CMWL:  $\delta^2 H = 7.9 \ \delta^{18}O + 8.2$ ) [33]. This suggests that precipitation in the study area originates from a region with different stable isotope ratios and is also affected by other environmental factors such as evaporation [34].

Water Bodies		Relationship between theHydrogen and Oxygen Isotopes		Р	Number of Samples	
Precipitation		$\delta^2 H = 7.67 \ \delta^{18} O + 7.87$	0.968	0.000	99	
Groundwater		$\delta^2 H = 5.96 \ \delta^{18} O - 6.55$	0.968	0.001	13	
	Arbor land	$\delta^2 H = 7.19 \ \delta^{18} O + 1.11$	0.968	0.003	216	
Soil water	Shrubland	$\delta^2 H = 7.19 \ \delta^{18} O + 0.36$	0.973	0.002	216	
	Grassland	$\delta^2 H = 7.23 \; \delta^{18} O + 1.21$	0.984	0.001	216	

**Table 2.** The relationship between  $\delta^2$ H and  $\delta^{18}$ O in different water bodies.

#### 3.3. Stable Isotope Characteristics of Soil Water

We analyzed soil water samples from three forest types during the sampling period (Table 3). The soil water  $\delta^{18}$ O in the arbor land ranged from -12.52% to -6.26%, with an average of -9.92% and a standard deviation of 1.42%. The soil water  $\delta^{18}$ O in the shrubland ranged from -13.12% to -4.62%, with an average value of -9.86% and a standard deviation of 1.78%. Finally, the soil water  $\delta^{18}$ O in the grassland ranged from -12.54% to -3.49%, with an average value of -9.94% and a standard deviation of 2.09%. Soil water  $\delta^{18}$ O is typically influenced by numerous factors, including the stable isotopic composition of precipitation, infiltration of precipitation, the mixing of new and old water, and differences in soil evaporation. The soil water  $\delta^{18}$ O in the three woodland types showed significant seasonal variability, with higher values in the dry season than in the rainy season. In addition, the soil water  $\delta^{18}$ O was also much higher in the shrubland than in both the arbor land and grassland. This may be due to secondary rainfall interception in the shrubland, which prolongs the supply of precipitation to the soil water. Evaporative fractionation also increased, which coincided

with the impacts of soil evaporation, leading to the enrichment of isotopes in the shrubland soil water. The differences between the soil water isotopes of the three woodland types also showed notable seasonal changes. During the rainy season, soil water isotopes occurred in the order of arbor land > shrubland > grassland. In contrast, soil water  $\delta^{18}$ O in the dry season occurred in the order of grassland > shrubland > arbor land.

	Itoms		Annual		Dry Season		Wet Season	
iteliis		δ <sup>18</sup> Ο (‰)	lc-Excess (‰)	δ <sup>18</sup> Ο (‰)	lc-Excess (‰)	δ <sup>18</sup> Ο (‰)	lc-Excess (‰)	
	Precipitation		$-10.69\pm3.65$	$0 \pm 7.25$	$-7.38\pm2.42$	$1.25\pm6.78$	$-11.71\pm3.56$	$-0.96\pm7.52$
Soil water	Arbor land	0-10 cm 10-20 cm 20-40 cm 60-80 cm 80-100 cm average 0-10 cm 10-20 cm 20-40 cm 60-80 cm 60-80 cm	$\begin{array}{c} -8.79 \pm 1.94 \\ -9.59 \pm 1.92 \\ -10.13 \pm 1.42 \\ -10.26 \pm 0.67 \\ -10.64 \pm 0.54 \\ -10.11 \pm 0.70 \\ -9.92 \pm 1.42 \\ \hline -8.24 \pm 2.62 \\ -9.29 \pm 2.26 \\ -10.20 \pm 1.32 \\ -10.41 \pm 1.15 \\ -10.60 \pm 0.58 \\ -10.44 \pm 0.57 \\ \end{array}$	$\begin{array}{c} -3.41 \pm 2.49 \\ -2.52 \pm 2.88 \\ -1.91 \pm 1.55 \\ -1.92 \pm 2.40 \\ -1.41 \pm 2.43 \\ -1.07 \pm 3.92 \\ -2.06 \pm 2.74 \\ \hline \\ -3.27 \pm 4.25 \\ -3.16 \pm 2.71 \\ -3.07 \pm 2.95 \\ -1.62 \pm 3.15 \\ -2.10 \pm 1.74 \\ \hline \end{array}$	$\begin{array}{c} -7.77 \pm 1.40 \\ -8.66 \pm 1.55 \\ -9.46 \pm 1.21 \\ -9.83 \pm 0.73 \\ -10.44 \pm 0.15 \\ -9.86 \pm 0.95 \\ -9.34 \pm 1.36 \\ \hline \\ -6.54 \pm 2.11 \\ -7.96 \pm 1.78 \\ -9.60 \pm 0.87 \\ -9.97 \pm 1.52 \\ -10.40 \pm 0.21 \\ -10.20 \pm 0.53 \\ \end{array}$	$\begin{array}{c} -3.65 \pm 3.30 \\ -2.38 \pm 2.32 \\ -1.78 \pm 2.98 \\ -1.82 \pm 5.22 \\ -1.75 \pm 2.62 \\ -1.18 \pm 1.06 \\ -2.09 \pm 3.04 \\ \hline \\ -3.98 \pm 5.50 \\ -3.94 \pm 3.52 \\ -3.67 \pm 4.31 \\ -3.17 \pm 3.19 \\ -2.12 \pm 2.15 \\ -2.58 \pm 2.36 \end{array}$	$\begin{array}{c} -9.82 \pm 1.96 \\ -10.53 \pm 1.91 \\ -10.84 \pm 1.19 \\ -11.06 \pm 0.73 \\ -10.44 \pm 0.47 \\ -10.36 \pm 0.21 \\ -10.51 \pm 1.24 \\ \end{array}$	$\begin{array}{c} -3.18 \pm 1.62 \\ -2.65 \pm 3.59 \\ -2.07 \pm 1.93 \\ -2.07 \pm 1.93 \\ -2.64 \pm 1.69 \\ -1.08 \pm 2.42 \\ -0.33 \pm 2.30 \\ -2.03 \pm 2.44 \\ \hline \\ -3.56 \pm 3.25 \\ -2.96 \pm 2.99 \\ -2.55 \pm 2.88 \\ -2.38 \pm 1.52 \\ -1.11 \pm 4.07 \\ -1.61 \pm 0.70 \\ \end{array}$
		average	$-9.86 \pm 1.78$	$-2.80 \pm 3.14$	-9.11 ± 1.89	$-3.24 \pm 3.48$	$-10.62 \pm 1.28$	$-2.36 \pm 2.72$
	Grassland	0–10 cm 10–20 cm 20–40 cm 40–60 cm 60–80 cm 80–100 cm average	$\begin{array}{c} -7.58 \pm 2.88 \\ -8.89 \pm 2.28 \\ -10.21 \pm 1.48 \\ -11.28 \pm 0.50 \\ -10.86 \pm 0.60 \\ -10.84 \pm 0.85 \\ -9.94 \pm 2.09 \end{array}$	$-4.10 \pm 4.86$ $-2.29 \pm 2.02$ $-2.16 \pm 2.58$ $-1.86 \pm 1.64$ $-1.82 \pm 2.09$ $-1.40 \pm 2.70$ $-2.27 \pm 2.88$	$\begin{array}{c} -5.71 \pm 2.45 \\ -7.31 \pm 2.09 \\ -9.33 \pm 1.49 \\ -11.02 \pm 0.47 \\ -10.37 \pm 0.41 \\ -10.28 \pm 0.35 \\ -9.00 \pm 2.35 \end{array}$	$\begin{array}{c} -5.24 \pm 6.49 \\ -2.96 \pm 2.58 \\ -2.70 \pm 2.08 \\ -2.11 \pm 1.69 \\ -2.03 \pm 2.20 \\ -1.17 \pm 2.00 \\ -2.42 \pm 2.21 \end{array}$	$\begin{array}{c} -9.45 \pm 1.98 \\ -10.47 \pm 1.04 \\ -11.10 \pm 0.83 \\ -11.54 \pm 0.40 \\ -11.39 \pm 0.85 \\ -11.34 \pm 0.22 \\ -10.88 \pm 1.22 \end{array}$	$\begin{array}{c} -3.15 \pm 2.87 \\ -2.17 \pm 0.85 \\ -1.88 \pm 2.06 \\ -1.52 \pm 2.56 \\ -1.56 \pm 2.24 \\ -0.77 \pm 3.19 \\ -2.12 \pm 3.45 \end{array}$
	Groundwater		$-9.16 \pm 0.55$	$1.19 \pm 1.27$	$-8.94 \pm 0.66$	$1.55 \pm 0.67$	$-9.35 \pm 0.38$	$0.78 \pm 1.72$

Table 3. Statistics list of stable isotopes in precipitation, soil water, and groundwater.

Note: The value is mean ± standard deviation.

## 3.3.1. Soil Water $\delta^{18}$ O Variability with Depth

During the observation period, the surface soil (0–20 cm)  $\delta^{18}$ O of the three woodland types showed large variability and predominantly reflected the isotopic fractionation effect of soil evaporation. The standard deviation of soil water  $\delta^{18}$ O gradually decreased and the  $\delta^{18}$ O stability increased with increasing soil depth. Moreover, the  $\delta^{18}$ O remained stable below the 60–80 cm layer. However, we observed notable differences in the soil profile characteristics of soil water  $\delta^{18}$ O between the three types of woodland. In arbor land and shrubland, the  $\delta^{18}$ O of soil water first decreased with soil depth to the 60–80 cm layer and then increased. The minimum soil water  $\delta^{18}$ O at the 60–80 cm soil layer was -10.64% and -10.60% for the arbor land and shrubland, respectively. Soil water  $\delta^{18}$ O of the grassland showed a decreasing trend to the 40-60 cm soil layer, followed by an increasing trend with soil depth. The minimum soil water  $\delta^{18}O$  (-11.28‰) at 40–60 cm was lower than the minimum observed in the arbor land and shrubland. We observed significant differences in the seasonal variation of soil water  $\delta^{18}$ O at different depths in the three woodland types. For example, the soil water  $\delta^{18}$ O from 0 to 60 cm showed the most significant seasonal variability, while that at 60 to 100 cm showed the lowest seasonal change. Overall, the dry season values were generally higher than those of the rainy season. We observed significant seasonal differences in the soil water  $\delta^{18}$ O profile characteristics of both arbor land and shrubland. In the dry season, the  $\delta^{18}$ O of soil water first decreased to 60–80 cm and then increased with increasing soil depth. In the rainy season, the trend in soil water  $\delta^{18}$ O shifted at 40–60 cm (Table 3 and Figure 4a,c,e).



**Figure 4.** Temporal variations of  $\delta^{18}$ O and lc-excess in soil water at different depths and groundwater (Arbor land: (**a**,**b**); Shrubland: (**c**,**d**); Grassland: (**e**,**f**)).

## 3.3.2. Evaporation Effects on Soil Water Stable Isotopes

Water evaporation is a dominant cause for the observed differences in the distribution of soil water stable isotope profiles (Table 3 and Figure 4b,d,f). The average lc-excess of each water body occurred in the order of groundwater (1.19%) > precipitation (0) > arbor forest soil water (-2.06%) > unused grassland soil water (-2.27%) > shrub forest soil water (-2.80%). The soil water lc-excess values of the three woodland types were less than 0, which suggests that the soil water stable isotopes experienced different degrees of evaporation and enrichment. The lc-excess of groundwater was greater than 0, inferring the influence of non-precipitation water sources on groundwater in the study

site. The  $\delta^{18}$ O of the surface soil (0–20 cm) showed the highest variability in all three woodland types. The soil water  $\delta^{18}$ O stabilized below 60–80 cm in all three sites, indicating a weaker evaporation effect on the  $\delta^{18}$ O of deeper soil water. For the three woodland types, the soil water lc-excess ranges were 11.66‰–3.41‰, -13.77‰–5.44‰, and -13.07‰–2.62‰; the annual average values were -2.04‰, -2.80‰, and -2.27‰; and the standard deviations were 2.72‰, 3.14‰, and 2.88‰, respectively. The arbor land values were larger than the shrubland and grassland values, inferring weaker soil evaporation in the arbor land. Soil evaporation decreased and soil water lc-excess increased with increasing depth. The average soil water lc-excess in the 0–10 cm layer was significantly lower than the average values of the other soil layers in all woodland types (-3.41‰, -4.10‰), indicating the highest evaporation in the surface soil layer (0–10 cm). The soil water lc-excess in the 0–10 cm layer of the grassland site was significantly lower than that of the arbor land and shrubland, inferring stronger surface soil evaporation in the grassland. The soil water lc-excess of the three woodland types also showed significant seasonal variability, with lower values in the dry season than in the rainy season; this infers higher surface soil evaporation during the dry season.

The soil water  $\delta^2$ H and  $\delta^{18}$ O of all three woodland types were distributed below the LMWL. Moreover, the slope and intercept of the soil waterline (SWL) of each woodland type were lower than those of the LMWL, which may reflect the seasonal changes in the evaporative stable isotope enrichment of soil water (Figure 5). The change in groundwater  $\delta^{18}$ O was different to that of precipitation and soil water. Groundwater  $\delta^{18}$ O showed low variability (standard deviation of 0.55‰), ranging from -7.91‰ to -10.17‰, with an average value of -9.16‰; this was larger than the  $\delta^{18}$ O of soil water and precipitation, which suggests that groundwater values may reflect the average precipitation value of previous years and/or the influence of non-precipitation water sources [35]. The slope and intercept of the SWL of the grassland were higher than those of the arbor land and shrubland, indicating weaker soil water evaporation in the grasslands; this suggests that the grassland was predominantly replenished by precipitation, while arbor land and shrubland were predominantly replenished by previous soil water.



Figure 5. The relationship between  $\delta^2 H$  and  $\delta^{18} O$  in precipitation, soil water, and groundwater.

3.3.3. Influence of Infiltration Processes on Soil Water Stable Isotopes

Infiltrated precipitation mixes with the original soil water and only replaces a part of the old water. Soil water stable isotope values generally stabilize with increasing depth [35]. The soil water infiltration depth increases under heavy rainfall, which facilitates the mixing of precipitation and deep soil water. Following several large precipitation events in the rainy season (29 of the 56 precipitation

samples with precipitation of  $\geq 10$  mm), the degree of new and old water mixing was significant. In the arbor land and shrubland, the soil water at 0–60 cm fully mixed with precipitation, while that at 60–100 cm showed partial mixing. In contrast, we observed full mixing of soil water and precipitation at 0–100 cm in the grassland. The degree of new and old water mixing was low during the dry season due to the low occurrence of heavy precipitation events (seven of the 43 precipitation samples with precipitation  $\geq 10$  mm). Only the surface soil water (0–10 cm) in the arbor land reflected the stable oxygen isotopic signature of precipitation, while soil water at 20–100 cm still retained the isotopic signature of the rainy season. In the shrubland and grassland, soil water in the upper 0–20 cm reflected the stable oxygen isotopic signature of precipitation, while that at 40–100 cm still retained the isotopic signature of the rainy season (Table 3 and Figure 4). In summary, the infiltration of soil water and the subsequent mixing of new and old water is a continuous accumulative process, resulting in the gradual replacement of old soil water with infiltrated water. Soil water infiltration also replenishes soil water and is affected by the structure and texture of soil, the previous water content, the efficiency of infiltration, and different precipitation events. Soil water replenishment therefore shows a time lag in the soil profile. Soil water at 0–20 cm mixes well with precipitation and has a short renewal time, and the occurrence of precipitation events therefore renews its isotopic value. The renewal time at 20–60 cm is several months, while that at 60-100 cm is >1 a (Figure 4a,c,e) and shows minimal variability.

## 4. Discussion

#### 4.1. Soil Water Source and Movement Mechanisms

Soil water movement mainly comprises two processes: soil water replenishment and dissipation [36-41]. Soil water is mainly sourced from atmospheric precipitation, groundwater, and irrigation water, with minor influences from water vapor condensation. The main soil moisture dissipation pathways are soil evaporation, vegetation utilization and transpiration, water leakage, and runoff [5]. We found that the isotopic values of the soil water samples in all woodland types were close to or less than the average value of atmospheric precipitation. The recharge source of soil water was mainly precipitation, which is consistent with the findings of Mou et al. [42]. During the dry season, the soil water isotopic values in all woodland types were lower than the precipitation isotopic values, except for the surface layer (0-20 cm). In contrast, the soil water isotopic values were higher than the precipitation isotopic values in the rainy season, which indicates significant seasonal differences in the soil water source in the study area: i.e., the supply of current precipitation was relatively low and the supply from the previous precipitation was relatively high during the dry season. Seasonal precipitation was the dominant supply of soil water during the rainy season, as soil water is generally a mixture of original soil water and other supplementary water sources [43]—including the seasonal replenishment of precipitation [44]. According to the source and sink theory, water with depleted isotopic compositions generally flows toward water with enriched isotopic compositions [16]. For example, Awaleh et al. [45] found that wadi-rivers in arid volcanogenic areas recharged alluvium via downward circulation through major faults toward the basalt, which mixed with a more geochemically evolved groundwater. The stable isotopic composition of groundwater in the study area was more enriched than most soil water isotopic values; this suggests that, rather than the groundwater replenishment of soil water, soil water affected by evaporation was instead the dominant source of groundwater. Adomako et al. [46] found that soil water was of meteoric origin that had undergone fractionation-controlled evaporation. Moreover, soil water below 3 m depth had recharged groundwater mainly via piston flow. In agreement, we found that precipitation and groundwater recharge were the dominant sources of soil water in this study. However, Li et al. [47] found that the local precipitation was not a dominant source of groundwater in the Mogao Grottoes and suggested that underground phreatic water was a likely source of evaporative soil water, indicating a clear supply channel. This finding contrasts with our results, which may be due to the influence of meteorological conditions and other factors on soil water transport [48–50]. Our study area located in

the monsoon region, which experiences higher rainfall and lower evaporation than arid regions; it is therefore less likely for evaporative soil water to be sourced from phreatic water.

Water in the soil profile mainly has two forms of movement: plug flow and preferential flow. Plug flow refers to the gradual downward movement of "old soil water" (relatively enriched hydrogen and oxygen stable isotopes) by the infiltration of "new water" (relatively depleted hydrogen and oxygen stable isotopes) without axial mixing in the vertical direction; preferential flow refers to the rapid movement of infiltrating water through open channels, such as wormholes, vegetation roots, and fissures [51]. The migration of soil water is affected by factors such as soil texture, vegetation type, micro-topography, and climate [43,52–54]. The soil water  $\delta^{18}$ O in all woodland types generally showed an initial decreasing trend with depth, followed by an increasing trend; this indicates the occurrence of top–down piston infiltration of precipitation. Soil water  $\delta^{18}$ O showed large seasonal variability, with a gradual decrease during the rainy season. The minimum soil water isotope value at 40–60 cm confirms that preferential precipitation infiltration was the dominant mechanism of soil water movement. This is consistent with previous findings in the karst forest-lake basin of southeastern Yunnan Province [42] and in the Loess Plateau [14]. However, Ji et al. [16] found that the piston flow of precipitation was the dominant supply of soil water and the main water movement mechanism in the deep loess profiles under different land use types in northern Shaanxi, China. We observed different water movement characteristics in the shallow and deep soil layers. Precipitation infiltrated the shallow soil layer in the form of plug flow, and some of the rainwater rapidly reached the deep soil via preferential flow [11]. Germann et al. [55] found that macropore preferred flow was the only water source channel to the deep soil, while Adomako et al. [45] found that the piston flow of soil water below 3 m was the dominant contributor to groundwater recharge.

#### 4.2. Influence of Stand Type on Soil Water Stable Hydrogen and Oxygen Isotopes

The soil water isotopic composition is influenced by many factors, such as the precipitation isotopic composition, surface evaporation, soil water (horizontal and vertical) movement, vegetation type, and human activity [56–59]. Precipitation characteristics were similar throughout the study area, and root water uptake did not alter the stable hydrogen and oxygen isotopic compositions. Therefore, the difference in soil water stable isotopes between the different vegetation types was likely caused by evaporation differences influenced by vegetation. Oerter et al. [60] also identified the influence of plants on soil water variability and its isotopic ratios. The slope of the soil waterline of the different vegetation types occurred in the order of grassland > arbor land > shrubland (Table 2), and the soil water lc-excess occurred in the order of arbor land (-2.06%) > grassland (-2.27%) > shrubland (-2.80%); this suggests that the soil moisture evaporation fractionation occurred in the order of grassland < arbor land < shrubland. The annual average soil water storage in the arbor land and grassland (228.57 and 221.48 mm, respectively) was higher than that of the shrubland (220.54 mm), with larger and faster water infiltration. This is likely due to the presence of larger pores from developed root systems, which facilitated the generation of preferential flow. Vegetation coverage and human disturbance in shrubland enhances soil compaction and reduces the number of macropores; this slows the rate of precipitation infiltration, resulting in the dominance of plug flow [20,61]. Yu et al. [62] identified infiltration coefficients of 0.91, 0.64, and 0.74 in shifting dunes, shrub-dominated communities, and herb-dominated communities, respectively. Cumulative infiltration and soil texture were the two vital factors affecting the depth of rainfall penetration. Rainfall events larger than 35.0 mm had recharged the soil water at the 60–80 cm layer in the herb-dominated community, which is consistent with the results of this study. Vegetation types therefore have a dominant impact on soil water movement. Amani et al. [63] also confirmed the influence of vegetation and field conditions on the variability of soil water flow mechanisms. In addition, the slope and intercept of the SWL in the wild grassland were higher than those of the arbor and shrub forests; this suggests that precipitation was the dominant supply of soil water in the grassland, while early soil water predominantly replenished soil water in the arbor land and shrubland. Studies in the loess region showed that vegetation type had a dominant impact on the soil water cycle. Ji et al. [16] found that farmland and grassland were predominantly replenished by low-intensity precipitation events, while land dominated by *Salix cheilophila* and *Populus* sp. was mainly replenished by heavy rainfall in summer and autumn. Ma et al. [64] found that precipitation mainly recharged grassland soil water, while deep soil water mainly recharged the surface soil water in black locust forests. These findings are consistent with the results of our study and further highlights the influence of vegetation type on soil water supply.

## 5. Conclusions

In this study, we analyzed the stable hydrogen and oxygen isotopes of soil water to determine the dominant soil water sources and migration processes in the upper 0–100 cm. We assessed the soil water movements under three woodland types in a forested water source region above the small Quanfuzhuang watershed and concluded the following:

Soil moisture showed significant seasonal variability in Hani Terrace, and soil water content and its stability increased from the surface to the deep soil. The annual average soil moisture content of the three woodland types occurred in the order of arbor land > grassland > shrubland. We also observed notable seasonal differences in the soil water sources: early precipitation was the dominant supply during the dry season, while atmospheric precipitation was the dominant supply during the rainy season. The proportion of soil water supplied by precipitation was higher in the grassland than in the arbor land and shrubland.

The standard deviation of soil water  $\delta^{18}$ O gradually decreased and its stability increased from the surface (0–20 cm) to the deep layer (60–80 cm), while lc-excess increased with increasing soil depth; this indicates elevated soil evaporation with decreasing depth, with highest soil evaporation at 0–10 cm. Soil evaporation was higher during the dry season than in the wet season in all three woodland types. The arbor land and shrubland showed the weakest and strongest soil evaporation, respectively, while highest evaporation was observed in the 0–10 cm soil layer in the grassland.

The mixing of new and old soil water during infiltration is a continuous accumulative process. Based on the precipitation and soil water stable isotope changes at different depths, plug flow and preferential flow were the dominant precipitation infiltration mechanisms in the study site, and the latter was mainly recharged during the rainy season.

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