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# An Advanced Risk Modeling Method to Estimate Legionellosis Risks Within a Diverse Population

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Abstract: Quantitative microbial risk assessment (QMRA) is a computational science leveraged to optimize infectious disease controls at both population and individual levels. Often, diverse populations will have different health risks based on a population's susceptibility or outcome severity due to heterogeneity within the host. Unfortunately, due to a host homogeneity assumption in the microbial dose-response models' derivation, the current QMRA method of modeling exposure volume heterogeneity is not an accurate method for pathogens such as Legionella pneumophila. Therefore, a new method to model within-group heterogeneity is needed. The method developed in this research uses USA national incidence rates from the Centers for Disease Control and Prevention (CDC) to calculate proxies for the morbidity ratio that are descriptive of the within-group variability. From these proxies, an example QMRA model is developed to demonstrate their use. This method makes the QMRA results more representative of clinical outcomes and increases population-specific precision. Further, the risks estimated demonstrate a significant difference between demographic groups known to have heterogeneous health outcomes after infection. The method both improves fidelity to the real health impacts resulting from L. pneumophila infection and allows for the estimation of severe disability-adjusted life years (DALYs) for Legionnaires' disease, moderate DALYs for Pontiac fever, and post-acute DALYs for sequela after recovering from Legionnaires' disease.

Keywords: QMRA; Legionella; building water; premise plumbing; DALY

#### 1. Introduction

## 1.1. Fundamental Background of L. pneumophila and Disease Endpoints

Legionella pneumophila (L. pneumophila) is a facultative saprozoic bacterium that is the causative agent of legionellosis [1]. Legionellosis has two distinct disease endpoints: Pontiac fever and Legionnaires' disease (LD). Pontiac fever is a non-lethal, self-limiting, flu-like illness. LD, the more serious disease endpoint for *L. pneumophila*, is a community pneumonia that can result in death.

As of 2006, *L. pneumophila* became the third most common etiological agent in waterborne disease outbreak surveillance data, averaging 10,000–15,000 cases annually [2]. Due to the increased susceptibly of patients in healthcare environments, *L. pneumophila* is also a significant healthcare-associated infection hazard [3–5]. The water-associated transmission of *L. pneumophila* was first recognized in 1980 during an outbreak in a British hospital transplantation ward that was linked to the ward's showers [6].

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## 1.2. The Evolution of L. pneumophila Causes Water Systems Control Challenges and Drives Pathogenesis

Through its evolution, *L. pneumophila* has developed survival mechanisms to enter and grow in both biofilms and predatory cells, such as protozoa [7,8]. The evolution of its intracellular survival capabilities makes *L. pneumophila* challenging in public health and engineering, primarily due to *L. pneumophila*'s ability to invade and survive within both biofilms and host cells. Its survival is partially due to the ineffectiveness of residual disinfectants penetrating the biofilms of water distributions systems [9]. This is exacerbated by the saprozoic organisms' use of biofilm nutrient transport mechanisms for persistence and growth. *L. pneumophila*'s persistence and growth within a biofilm is accelerated with the presence of a predating protozoan, a classic example of which is *Acanthamoeba* [10–12]. These factors and the widespread presence of biofilms in premise plumbing systems (PPS) are a likely reason *L. pneumophila* began overtaking all other etiological agents of water-associated diseases [7,13,14]. In response, there has been increased interest in developing means of controlling *L. pneumophila* in PPS [15,16]. However, choosing the optimal intervention (public health control measure or technology) requires the assessment of public health goals and risks.

How *L. pneumophila* grows in the human body impacts therapeutic options, thus having a further public health impact. The human body has evolutionarily conserved cells (neutrophils) that serve as sentry cells to protect the body from hazards. The alveolar macrophage (AMac) is one such neutrophil and is the infectious location of *L. pneumophila* in the human body [17–19]. AMacs utilize phagocytosis (simplified in Figure 1) to internalize cells and other substrates necessary during their lifecycle. However, due to its intracellular growth capabilities, AMacs, like other phagocytes, are a critical component in *L. pneumophila*'s lifecycle [20–22]. Once internalized in the AMac, *L. pneumophila* primarily uses Dot/Icm Type-IV secretion systems to modulate the capsase-1 process within the AMac. The capsase-1 process is intended to limit the growth and proliferation of organisms intracellularly absorbed into the AMac [22,23]. The primary result of modulating the capsase-1 process is the prevention of lysosome-phagosome fusion, which the phagocyte uses to digest the internalized cell. This is just one of a set of biochemical processes that are used to halt the phagocytosis process allowing for proliferation of the pathogen. Space and scope do not allow for a full discussion of the pathogenesis; however, excellent resources are recommended to expand upon this brief synopsis [1,18,19,22–24].

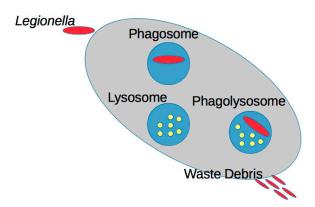


Figure 1. Depiction of the phagocytosis process.

During the pathogenesis process, *L. pneumophila* can then exit the host-cell (AMac) with or without apoptosis or lysis. Once externalized, *L. pneumophila* then attracts another phagocyte and continues proliferating, resulting in the rapid body burden that is typical of LD [25]. This rapid body burden is why therapeutics and recovery from LD are challenging. Therefore, controlling or eliminating exposure to *L. pneumophila* is crucial to protect public health.

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## 1.3. Health Effects Within Diverse Populations Are Not Equal

Most infectious disease outcomes are heterogeneous within diverse populations. When examining demographic trends in LD cases for the USA, consistent outcomes are noted. The elderly, males, smokers, and African Americans are the demographic groups with the greatest caseloads [13,14]. Contrastingly to other infectious disease hazards, the young represent the lowest number of cases [13]. It is important to note that it is often tempting to combine this to say that African American elderly males are at the greatest risk. However, this confounds the epidemiological evidence since each of these demographic groups were analyzed separately, and not in combination, for example, only males and only elderly, not elderly males. Secondly, this conflates risk and caseloads, as caseloads are the realization of an estimated risk of infection and illness. Due to the heterogeneity in health outcomes, a risk model to target public health interventions for a population needs to consider this heterogeneity.

# 1.4. QMRA Can Optimize L. pneumophila Interventions

Quantitative microbial risk assessment (QMRA) is a computational science that allows for the analysis and forecasting of pathogenic health risks [26]. QMRA has demonstrated its capabilities as an analytical and decision support science in multiple environmental media and exposure scenarios [27–30]. Subsequently, QMRA can bridge the practitioner divide between environmental engineering and environmental health sciences. This bridge between fields is vital to improve targeted public health protection with the use of engineering controls. For example, in Hamilton et al. (2019) [31], QMRA modeling was used to estimate critical *L. pneumophila* concentrations for sets of health targets. Narrowing this gap between environmental engineering and environmental health sciences leads to more targeted and effective public health interventions moving forward.

## 1.5. Current QMRA Modeling Methods Are Inadequate for L. pneumophila

In QMRA modeling, to account for within-group heterogeneity, a group-specific exposure volume—for example, elderly inhalation volume for elderly hospital patients—is used to make the exposure model specific to that group. This method has been employed the most in recreational water QMRA models since children's recreational risks are often used to prioritize intervention options [28,32–34]. Therefore, for host-age heterogeneity in *L. pneumophila* exposure modeling, inhalation volumes for children, adults, and the elderly can be chosen from the EPA exposure factors handbook [35] to make the exposure model specific to the population's age heterogeneity. The concept is that once the exposure volume has been adapted to the specific age group, then the dose will be descriptive to that age group, then, in turn, the modeled risk will be descriptive to that group. In drinking water systems, particularly for opportunistic pathogens, the delineation of risks based on the demographics of the population is noted as a necessary component with the same underlying method used or recommended [8,15,26,29,36–38].

Unfortunately, due to limitations in the dose-response model derivation, this current method of altering group-specific exposure factors will produce risk estimates that are inaccurate when compared to the known clinical outcomes for humans exposed to pathogens such as *L. pneumophila*. Due, in part, to nearly identical respiration rates between the elderly and adult populations [35], the exposure factor adjustment method results in equivalent probabilities of infection. This is not considered an issue until the probability of illness is calculated using either the morbidity ratio, conditional dose-response, or probability of illness dose-response. In any of these methods, to estimate the probability of illness or disease outcome, the equivalence of risk estimates remains due to a fundamental limitation of the mechanistic dose-response models.

The microbial dose-response model derivation (simplified in Equation (1)) implicitly assumes host susceptibility homogeneity when considering the probability of infection, when these models are used to model the probability of illness or disease endpoint, this host homogeneity assumption

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remains. The mechanistic dose-response models' derivation is described in greater detail elsewhere; however, a simplified version will be presented here [26,38,39].

$$p(d) = \sum_{k=k_{min}}^{\infty} \frac{(d \cdot r)^2 e^{-d \cdot r}}{k!} \sum_{j=k}^{\infty} \frac{d(1-r)^{j-k} e^{-d(1-r)}}{(j-k)!}$$

$$p(d) = \sum_{k=k_{min}}^{\infty} \frac{(d \cdot r)^2 e^{-d \cdot r}}{k!} \cong p(d) = 1 - \exp(-r \cdot d)$$
(1)

The mechanistic microbial dose-response models are derived from the same set of three first principles that we can track through Equation (1):

- 1. The host is exposed to an average dose in the environment (*d*), modeled as a random discrete Poisson dose (red in Equation (1)).
- 2. From this *d*, there are *j* pathogens that are delivered to a susceptible location within the host, for example, alveoli for *L. pneumophila*.
- 3. From those *j* organisms, *k* survive to initiate an infection, which is a Boolean outcome and, thus, the binomial distribution (blue in Equation (1)). These likelihoods are coupled to develop the joint probability that *d* will result in an infection, which is then simplified to the exponential dose-response function at the far right (green in Equation (1)).

The simplicity of this derivation allows the mechanistic dose-response models to be used across a wide range of host and pathogen species and exposure routes. However, it is not possible to model host effects, such as age, physiology, or immune response in the standard dose-response models. Since probability of illness dose-response models retain this derivational limitation, this same implicit assumption of host homogeneity exists. For only a small number of pathogens, where appropriate data were garnered from literature reviews, host-side dynamics have been included in dose-response models [40–42]. However, these data for such advanced dose-response models are expensive and difficult to develop. Thus, this research was targeted at developing a means of describing host heterogeneity outside of the dose-response models, until these host heterogeneity dose-response models can be developed.

#### 1.6. Scope and Purpose of Research

Through this research, we have developed a method to model the risk of illness and specific health effects for different age, sex, and racial groups within diverse populations. Once the probability of illness is accurately modeled, then severe disability-adjusted life years (DALYs) are used to estimate the risk of LD and moderate DALYs for Pontiac fever. This resolution in the QMRA model is vital to target realistic public health interventions within diverse populations. The method developed in this research is targeted to modeling a demographic-specific morbidity ratio using surveillance data from the CDC. This will allow for the estimation of a probability of illness for a specific demographic group with greater accuracy than possible under current QMRA methods.

Since the QMRA methodology is scenario dependent, we have developed this QMRA model to address a heterogeneous population comprised of a mixture of races and sexes and ages. Total numbers of each group are not pertinent since we will only be comparing the general daily risks and DALYs, not estimating the likely numbers of cases. The scenario is the use of a shower (length of shower is a model variable), where there is an uncertain concentration of *L. pneumophila* in the premise plumbing water.

## 2. Modeling Methods

This research is developed in two stages. The first stage develops a stochastic simulation to estimate the risk of infection since the dose-response model available estimates the probability of infection [43]. The second stage is the development of the new method to model the probability of illness and DALYs for the heterogeneous population. For the first stage, the probability of infection is modeled for broad age ranges: children (0–18 years), adults (19–60), and the elderly ( $\geq$ 60). This will

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facilitate the evaluation of the improvement in model accuracy using the new method. Further, when conducting a simulation using random variates, it is important to conduct the appropriate quality assurance tests to ensure that a random sample is truly random. Ross (2007) [44] has a good description of this.

## 2.1. Two-Dimensional Simulation for Risk Modeling

Due to the uncertainty and variability in the model variables and outputs, the two-dimensional Monte Carlo (2D-simulation) method is used. Two-dimensional-simulation modeling is an effective method of accounting for both variability and uncertainty in a model [45]. By sampling variable and uncertain variables at different levels, uncertainty in the simulation can be accounted for with greater confidence. Figure 2 shows a conceptual diagram of the 2D-simulation, where variables with variability (variables variables) are sampled in the outer layer, and uncertain variables (variables with uncertainty) are sampled in the inner layer. This invokes the law of large numbers for each outer layer iteration. Thus, resulting in computational data with an *n* of 1001 for variable variables and 10,010,000 for uncertain variables. Variable variables and uncertain variables are randomly sampled from the probability distributions assigned to them (Table 1). This research uses random sampling as opposed to one that is managed using a technique, such as the Latin hypercube, to ensure stochasticity using a seed of 36 (required for reproducible stochastic models). The 2D-simulation and all subsequent analyses and plotting were programmed in R (version 3.5.3 "Eggshell Igloo"; R Core Team, Vienna, Austria.). All statistical inferences were performed using the analysis of variance (ANOVA) with an alpha of 0.05. Because there are 10,010,000 computational data points of estimated risks, the central limit is overcome and negates the need for normality tests.

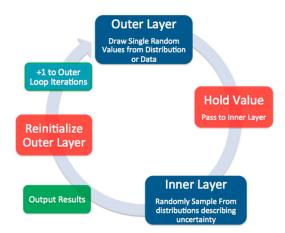


Figure 2. Conceptual diagram of a 2D simulation.

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**Table 1.** Parameters, distributions used, and distribution parameters of the *Pinf* model.

Model Parameter	Distribution Variability or Uncertainty <sup>a</sup> ; AICw	Value(s)	Units	Citation	
		$\mu^{c} = 0.5778; \sigma^{d} = 0.0399$			
$H_{mix}$	Truncated Normal <sup>b</sup> —V	$UB^{e} = 0.5094;$			
mix	AICw = 0.350	$LB^f = 0.6472$		Estimated in this research	
C	Cauchy—V	Location = $0.363$ ;			
$C_{mix}$	AICw = 0.65	Scale = $0.0217$	Unitless		
	Triangular—V	Min = 0.0097;	Cittless		
$AF_{Q1H}$	$AICW = NA^{h}$	Median = 0.0013			
		Max = 0.0069		Distribution optimized in this	
ΔГ	Triangular—V	Min = 0.0014; $Madian = 0.0027$		research, data used for	
$AF_{Q2H}$	$AICw = NA^h$	Median = 0.0027 Max = 0.0128		optimization from [46]	
		Min = 0.00125 Min = 0.0010;			
$AF_{Q3H}$	Triangular—V	Median = 0.0015			
	$AICw = NA^h$	Max = 0.0061			
	Trum sated Weibull V	Scale = $2.754$ ;			
$AF_{QIC}$	Truncated Weibull—V AICw = 0.349	shape = 0.0308			
	AICW = 0.549	$UB = 0.0478$ ; $LB = 1(10^{-15})$			
	Truncated Weibull—V	Scale = $4.125$ ;			
$AF_{Q2C}$	AICw = 0.460	shape = $0.0373$			
		UB = $0.0473$ ; LB = $1(10^{-15})$			
A E	Triangular—V	Min = 0.0097; Median = 0.0128			
$AF_{Q3C}$	$AICw = NA^h$	Max = 0.0173			
	Uniform—U				
$C_w$	$AICw = NA^{h}$	$Min = 1; Max = 1(10^6)$	$CFU~L^{-1}$	Min [47], Max [48]	
n.c	Uniform—V	16. 005.16. 0.65	**	*** ( [00]	
PC	$AICw = NA^h$	Min = 0.25; $Max = 0.65$	Unitless	Value from [29]	
4	Uniform—V	Min = 0.0333; Max = 0.25	Hours	Estimated in this research	
$t_s$	$AICw = NA^h$	VIIII = 0.0333, VIax = 0.23	Hours	Estimated in this research	
	Triangular—V	Min = 0.0076;			
$R_{I,Child}$	$AICw = NA^{h}$	Median = 0.0111	2 4	Distributions chosen in this	
		Max = 0.013	${ m m}^{3}~{ m h}^{-1}$	research, data from US EPA	
D	Triangular—V	Min = 0.012; Median = 0.0124		exposure factors handbook [35	
$R_{I,Adult}$	$AICw = NA^h$	Max = $0.0124$			
_	Point value—V				
$R_{I,Elderly}$	$AICw = NA^h$	0.012			
	Truncated Logistic $^b$ —U AICw = 0.525	Location = $0.06777$ ;			
$DF_1$		Scale = 0.04305		Distributions from this research	
		UB = 0.01; $LB = 0.195$		data from [49]	
	Truncated Weibull <sup>b</sup> —U	Scale = $0.4134$ ;		data nont [15]	
$DF_2$	AICw = 0.658	shape = 0.2102			
	Truncated lognormal <sup>b</sup> —U	UB = 0.00; $LB = 0.41$	Unitless		
$DF_3$	O .	$\mu = -1.052$ ; $\sigma = 0.4350$ UB = 0.159; LB = 0.62			
	AICw = 0.429	Median = $0.00599$ ;			
k	Triangular—U	Min = 0.00326;		Distribution from this research	
	$AICw = NA^h$	Max = 0.131		Values from [43]	
	Point values AICw = NA <sup>h</sup>	0.0077; 0.097; 0.75 for Child			
$M\hat{R}_C$ ; $M\hat{R}_A$ ; $M\hat{R}_E$ g		Adult and Elderly		Calculated in this research	
O- 11- =	AICW = NA	respectively		Calculated in this research Data from [50]	
		0.0025; 0.010; 0.15; 0.61;		Data Holli [50]	
$M\hat{R}_{AI}$ ; $M\hat{R}_{A}$ ; $M\hat{R}_{B}$ ;	Point values	$1.4 (10^{-5})$ for American			
$M\hat{R}_W; M\hat{R}_O g$	$AICw = NA^h$	Indian; Asian; Black;			
· · · · · · · · · · · · · · · · · · ·		White and Other races			
$M\hat{R}_M; M\hat{R}_F$ g	Point Values	respectively 0.64; 0.36 for male and			
	AICw = NA $h$	female respectively			
		Min = 0.039;			
$DW_M$	Triangular—U	median = $0.057$ ;		Died e 6 de	
141	$AICw = NA^h$	max = 0.06		Distributions from this researc	
	Triangular II	Min = 0.104;		data from [51]	
$DW_P$	Triangular—U AICw = NA <sup>h</sup>	median = 0.125;			
	AICW - IVA	max = 0.152			
$DW_S$	Triangular—U	Min = 0.179; median = 0.217;			

 $<sup>^</sup>a$ —V = Variability, U = Uncertainty,  $^b$ —necessary to ensure no negative values, while using the distribution that best fit the data;  $^c$ — $\mu$  = mean;  $^d$ — $\sigma$  = standard deviation;  $^e$ —UB = Upper Bound;  $^f$ —LB = Lower Bound; min = minimum; max = maximum;  $^g$ —Corrected for population;  $^h$ —AICw is not applicable for assumed distributions or point values.

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Since the Monte Carlo method uses probability distributions to describe model variables and parameters, these distributions either need to be optimized to data or carefully assumed [44,52]. This research assigns uniform or triangular distributions as assumed distributions. These distributions do not impose a detailed shape or underlying assumption of the functions. These distributions are parameterized to available descriptive statistics such as minimum, maximum, and likeliest value.

For those variables, where enough data (greater than 10 data points) is obtained, probability distributions are optimized to these data using the optim function in R. This function uses the Nelder-Mead algorithm to converge to the global minimum of the log-likelihood function. To determine the best fitting distribution, the Akaike Information Criterion weights (AICw) are used. The AICw discounts for the number of parameters in the optimized model, thus, making for a more even comparison between optimized models. AICw values for the best performing distributions can be found in Table 1; all continuous probability distributions available in R were optimized.

## 2.2. Exposure Model and Probability of Infection

An aerosol size small enough ( $\leq 5~\mu m$ ) to allow for inhalation into the lung is required for at-risk exposure to *L. pneumophila* to result in any change of infection. Outbreak data implicates showers as the activity most associated with use patterns, aerosol generation/exposure, and LD illnesses. Additional studies corroborate that showers also produce the highest level of contained aerosolized particles on a consistent basis [6,24,29,53]. Therefore, the exposure model must account for the following:

- Concentration of *L. pneumophila* in the premise plumbing water;
- Concentration of *L. pneumophila* in the air during showering, within a shower duration;
- Generation of aerosols sized ≤5 μm;
- Delivered dose to alveoli of human lungs, accounting for intermediate losses in the previous two
  regions of the respiratory system.

Using an environmental chamber configured as a shower, Zhou et al., (2007) [46] investigated the generation and size distribution of drinking water aerosols. Their study examined three separate flow rates and two temperature ranges, 24–25 °C for cold water and 43–44 °C for hot water [46].

Equation (2) uses the Zhou et al. (2007) data to model  $AF_{Qx}$ , which is the fraction of aerosols that are  $\leq 5 \, \mu m$ , generated after mixing hot and cold water at flow rate x. This is performed using fractional proportions of 43 °C water for hot water and 24 °C for cold water. This models the aerosol fractions for each flow rate and each broad temperature classification, where  $AF_{QxC}$  and  $AF_{QxH}$  are the cold and hot water aerosol fractions for each flow rate x (5.1, 6.6, and 9.0 L min<sup>-1</sup>), respectively. This level of granularity of the aerosolization has not been included in a QMRA previously; therefore, these data were chosen to provide for this option.

However, people do not shower in only cold or hot water; therefore, warm water needs to be modeled. Equation (2) uses cold and hot water mixtures,  $C_{mix}$  and  $H_{mix}$ , which are fractional portions of cold and hot water used to develop a safe and comfortable showering temperature. The mixed water temperature modeled is monitored to ensure that it does not exceed 43 °C to prevent scalding [54]. Distributions for  $C_{mix}$  and  $H_{mix}$  were chosen by iteratively solving for each mixture value ( $C_{mix}$  and  $H_{mix}$ ) at each temperature setting for an upper value of 43 °C and a low value of 30 °C, using 0.5 °C increments. Then probability distributions are optimized to the iteratively solved mixture values (AICw in Table 1). Distributions and parameter values for  $AF_{QxC}$ ,  $AF_{QxH}$ ,  $C_{mix}$ , and  $H_{mix}$  can be seen in Table 1.

$$AF_{Qx} = (H_{mix} \cdot AF_{QxH}) + (C_{mix} \cdot AF_{QxC})$$
(2)

Equation (3) uses  $AF_{QX}$  estimates to model the concentration of L. pneumophila in the air within aerosols  $\leq 5$   $\mu$ m aerosols. For Equation (3), the variability of concentration in the water ( $C_w$ ) is modeled as a uniform distribution parameterized from the open literature [47,48]. The concentration of L. pneumophila in these studies is serogroup-1 and based on a culture method [47,48]. L. pneumophila concentrations vary greatly in municipal water, and a QMRA model developed for the real world uses

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site-specific sampling results to inform the concentration. This model is intended as a generalized risk model rather than a model for a specific municipality or region. Thus, as in all QMRA models, the values used in the distributions should not be used for a policy or engineering application but rather for the method used. Then, a partitioning coefficient (PC) allows the estimation of L. pneumophila concentration in the air during a shower ( $C_{aQx}$ ; Table 1).

$$C_{aOx} = C_{vv} \cdot PC \cdot AF_{Ox} \tag{3}$$

To model the dose delivered to the alveoli, three compartment models are operated in series using the three-region lung model [49]. Equation (4) models the inhalation of the aerosols generated in the shower. The concentration in the air (region-0) is converted to a dose inhaled into the respiratory system ( $D_{R_0Qx}$ ) for shower flow rate x. Then, shower duration ( $t_s$ ) and the inhalation rate dependent on age group ( $R_{L,age}$ ; normalized to  $t_s$ ) models  $D_{R_0Qx}$ .

$$D_{R_0Ox} = C_{aOx} \cdot t_s \cdot R_{L,agg} \tag{4}$$

Equation (5) models the dose lost to region-1 of the respiratory system for flow rate x ( $D_{R_1Qx}$ ), using the deposition fraction in region-1 ( $DF_1$ ; Table 1). The  $D_{R_1Qx}$  estimates and deposition fraction for region-2 ( $DF_2$ ; Table 1) by modeling the dose lost to region-2 at flow rate x ( $D_{R_2Qx}$ ; Equation (6)). Equation (7) uses these previous results from Equations (4–6) to model the dose to the alveolated region of the lungs at flow rate x ( $D_{R_3Qx}$ ) using the deposition fraction for region-3 ( $DF_3$ ; Table 1).  $D_{R_3Qx}$  is the dose that deposits within the alveoli, which is the dose that is used to estimate the risk of infection for flow rate x ( $P_{inf,x}$ ). The deposition fractions used are from a standard text used throughout inhalation toxicology as well as QMRA modeling [30,55].  $P_{inf,x}$  is modeled using Equation (8), the exponential dose-response model (Equation (8)). The exponential has one parameter k (Table 1), where k is the probability of a pathogen surviving to initiate an infection in the host [26].

$$D_{R_1Ox} = D_{R_0Ox} \cdot DF_1 \tag{5}$$

$$D_{R_2Qx} = (D_{R_0Qx} - D_{R_1Qx}) \cdot DF_2$$
 (6)

$$D_{R_3Qx} = \left[ D_{R_0Qx} - \left( D_{R_1Qx} + D_{R_2Qx} \right) \right] \cdot DF_3$$
 (7)

$$P_{\inf_x} = 1 - \exp(-k \cdot D_{R_3 Qx}) \tag{8}$$

## 2.3. Risk Characterization: Probability of Illness and DALYs

The data from the morbidity and mortality weekly report (MMWR) for racial and gender incidence rates are not age-adjusted [13]. Therefore, before calculating the probability of illness and DALYs for the demographic groups, the groups' risk estimates must be combined into an overall population risk. Equation (9) is an expansion of the inclusion/exclusion principle of a union, which can be used to combine the probability of infection estimates for all ages (children, adults, and the elderly) at flow rate x ( $R_{Ex}$  in Equation (9)) [30]. Once  $P(R_{Ex})$  is modeled, the probability of illness can be estimated using this research's new method.

$$P_{R_x} = \left| \bigcup_{i=1}^n R_i \right| = \sum_{j=1}^n (-1)^{j+1} \left( \sum_{1 \le i_1 \le \dots \le i_j \le n} \left| R_i \cap \dots \cap R_{i_j} \right| \right)$$
(9)

## 2.4. Method to Estimate Morbidity Ratio Proxies and Dynamic Health Effect QMRA Models

Morbidity ratios are often used to model the probability of illness ( $P_{ill}$ ) given exposure and infection [56,57]. Using data from the morbidity and mortality weekly report (MMWR) [13], the incidence rate for each demographic group is used to calculate a morbidity ratio proxy for that

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group ( $M\hat{R}_G$ ). This will allow for the  $P_{ill}$  to be modeled for each group and overcome the assumed homogeneity of health effects from the dose-response model derivation.

The method for estimating  $\hat{MR}_G$  for each of the demographic groups is founded on concepts of utilizing relative risks from incidence rates. Using Equation (10),  $\hat{MR}_G$  can be estimated using the national attack rate (AR) or incidence proportion of 0.05 [58], legionellosis incidence rate for the demographic group ( $IR_G$ ) from the MMWR [59], and the legionellosis incidence rate for the total US population ( $IR_P$ ) during the years of the MMWR study. All  $\hat{MR}_G$  values can be seen in Table 1. A brief logic explanation is provided in the supplementary material.

$$\hat{MR}_G = AR \cdot \frac{IR_G}{IR_P} \tag{10}$$

Using  $\widehat{MR}_G$ , the probability of illness given exposure and infection for each demographic group at flow rate x ( $P_{ill,G_x}$ ) is estimated using Equation (11). Equation (11) estimates  $P_{ill,G}$  for the following groups: children ( $P_{ill,C}$ ), adults ( $P_{ill,A}$ ), Elderly ( $P_{ill,E}$ ), American Indians ( $P_{ill,AI}$ ), Asian ( $P_{ill,Asian}$ ), Black ( $P_{ill,B}$ ), White ( $P_{ill,W}$ ), Other race ( $P_{ill,O}$ ), females ( $P_{ill,F}$ ), and males ( $P_{ill,M}$ ).

$$P_{ill,G_r} = P_{R_r} \cdot M\hat{R}_G \tag{11}$$

Once the  $P_{ill,G_x}$  is estimated the disability-adjusted life years (DALYs) can be estimated for each demographic group at flow rate x. For improved intervention assessment separating moderate, severe and post-acute DALYs for flow rate x ( $DALY_{M_x}$ ,  $DALY_{S_x}$  and  $DALY_{P_x}$ , respectively) is needed. This is postulated as a means of modeling Pontiac Fever ( $DALY_{M_x}$ ), LD ( $DALY_{S_xS}$ ) and sequela from LD ( $DALY_{P_x}$ ) at flow rate x utilizing the associated disability weights published by the World Health Organization. Equation (13) multiplies the annualized risks from Equation (12) ( $P_{ill,G,A}$ ) by the disability weights for moderate illness,  $DW_M$ , or severe  $DW_S$  (termed  $DW_a$  in Equation (12)). The value of  $DALY_{P_x}$  is estimated using Equation (14) to account for post-acute illness ( $DW_P$ ) and  $DW_S$  disability weights. DWs is used in Equation (14) since post-acute is estimating sequela for survivors of LD.

$$P_{ill,G,A} = 1 - \prod_{1}^{j} (1 - P_{ill,G_x})$$
 (12)

$$DALY_{a_x} = P_{ill,G,A} \cdot DW_a \tag{13}$$

$$DALY_{P_x} = P_{ill,G,A} \cdot \sum (DW_P, DW_S)$$
(14)

## 3. Results

Due to space considerations, the 5.1 L min<sup>-1</sup> flow rate will be used to demonstrate the results. The plots depict the same fundamental trends for the other two flow rates, 6.6 and 9.0 L min<sup>-1</sup>. Results of the statistical comparisons across flow rates using the ANOVA are presented below. All plots for the other two flow rates can be seen in the supplementary information. Full model plotting and analysis source code are available in the supplementary information.

## 3.1. Effects of Flow Rate

With a p-value of 1 ( $10^{-5}$ ), there is a significant difference between the first two flow rates (5.1 and 6.6 L min<sup>-1</sup>) when comparing the probability of illness. There is also a significant difference in probability of illness or DALY between the lowest and highest, 5.1 and 9 L min<sup>-1</sup> p-value of 1 ( $10^{-4}$ ), and medium and highest 6.6 and 9.0 L min<sup>-1</sup>, p-value of 1 ( $10^{-5}$ ). With higher flow rates, there is an increased concentration of aerosolized L. pneumophila in the shower air resulting in higher inhalation doses, thereby higher risks.

#### 3.2. Age Demographic Risks

Risk results were compiled into boxplots for the presentation of the results and ease of comparison between groups. All the boxplots are visualizing the natural log of the risks to allow for improved visualization. Age demographic risk results can be seen in Table 2 and Figure 3.

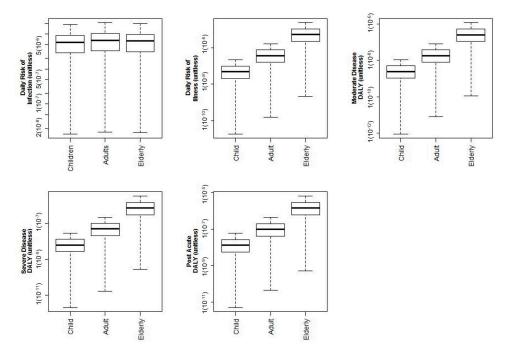
**Table 2.** Risk model results for each demographic set for flow  $5.1 \text{ L min}^{-1}$ .

Demographic Group	Statistic	P <sub>inf</sub> <sup>a</sup>	P <sub>ill</sub> <sup>b</sup>	MDALY <sup>c</sup>	SDALY d	PDALY <sup>e</sup>
Child	U <sub>95</sub> f	$7.29 (10^{-6})$	$2.39 (10^{-7})$	$1.20 (10^{-8})$	$3.03 (10^{-8})$	6.36 (10 <sup>-8</sup> )
	$\mathbf{M}^{g}$	$2.61 (10^{-6})$	$4.98 (10^{-8})$	$2.48 (10^{-9})$	$6.28 (10^{-9})$	$1.32 (10^{-8})$
	$L_{95}^{\ \ h}$	$2.69(10^{-7})$	$4.19(10^{-9})$	$2.08 (10^{-10})$	$5.28 (10^{-10})$	$1.11 (10^{-9})$
Adult	$U_{95}$	$7.93 (10^{-6})$	$1.84 (10^{-6})$	$9.30(10^{-8})$	$2.36 (10^{-6})$	$4.88 (10^{-7})$
	M	$2.84 (10^{-6})$	$3.85 (10^{-7})$	$1.91 (10^{-8})$	$4.87 (10^{-8})$	$1.02 (10^{-7})$
	$L_{95}$	$2.93 (10^{-7})$	$3.24 (10^{-8})$	$1.60 (10^{-9})$	$4.09 (10^{-9})$	$8.53 (10^{-9})$
	$U_{95}$	$7.57 (10^{-6})$	$2.64 (10^{-5})$	$1.33 (10^{-6})$	$3.37(10^{-6})$	$7.00(10^{-6})$
Elderly	M	$2.71 (10^{-6})$	$5.54 (10^{-6})$	$2.75 (10^{-7})$	$7.03 (10^{-7})$	$1.47 (10^{-6})$
	L <sub>95</sub>	$2.79 (10^{-7})$	$4.65 (10^{-7})$	$2.30 (10^{-8})$	$5.88 (10^{-8})$	$1.23 (10^{-7})$
Combined Ages	$U_{95}$	$5.95 (10^{-5})$				
	M	$1.25 (10^{-5})$		Not Mo	odeled <sup>j</sup>	
	L <sub>95</sub>	$1.05 (10^{-6})$		_		
American	$U_{95}$		$8.34 (10^{-6})$	$4.20 (10^{-7})$	$1.07 (10^{-6})$	$2.21 (10^{-6})$
Indian	M		$1.75 (10^{-6})$	$8.70 (10^{-8})$	$2.21 (10^{-7})$	$4.65 (10^{-7})$
	$L_{95}$		$1.47 (10^{-7})$	$7.27 (10^{-9})$	$1.86 (10^{-8})$	$3.91 (10^{-8})$
Asian	$U_{95}$		$5.56 (10^{-6})$	$2.80 (10^{-7})$	$7.05 (10^{-7})$	$1.48 (10^{-6})$
	M		$1.16 (10^{-6})$	$5.78 (10^{-8})$	$1.48 (10^{-7})$	$3.09 (10^{-7})$
	$L_{95}$		$9.80 (10^{-8})$	$4.86 (10^{-9})$	$1.24 (10^{-8})$	$2.60 (10^{-8})$
Black	$U_{95}$		$3.45 (10^{-5})$	$1.74 (10^{-6})$	$4.9 (10^{-6})$	$9.19 (10^{-6})$
	M		$7.24 (10^{-6})$	$3.63 (10^{-7})$	$9.15 (10^{-7})$	$1.92 (10^{-6})$
	$L_{95}$		$6.09 (10^{-7})$	$3.04 (10^{-8})$	$7.68 (10^{-8})$	$1.62 (10^{-7})$
White	U <sub>95</sub>	$NA^i$	$2.34 (10^{-5})$	$1.71 (10^{-6})$	$2.97 (10^{-6})$	$6.20 (10^{-6})$
	M	INA	$4.91 (10^{-6})$	$2.45 (10^{-7})$	$6.21 (10^{-7})$	$1.30 (10^{-6})$
	L <sub>95</sub>		$4.13 (10^{-7})$	$2.04 (10^{-8})$	$5.21 (10^{-8})$	$1.10 (10^{-7})$
Other	U <sub>95</sub>		$1.48 (10^{-7})$	$7.38 (10^{-9})$	$1.87 (10^{-8})$	$3.93 (10^{-8})$
	M		$3.10 (10^{-8})$	$1.55 (10^{-9})$	$3.91 (10^{-9})$	$8.22 (10^{-9})$
	L <sub>95</sub>		$2.61 (10^{-9})$	$1.30 (10^{-10})$	$3.29 (10^{-10})$	$6.90 (10^{-10})$
Female	$U_{95}$		$2.10 (10^{-5})$	$1.06 (10^{-6})$	$2.69 (10^{-6})$	$5.61 (10^{-6})$
	M		$4.41 (10^{-6})$	$2.19 (10^{-7})$	$5.59 (10^{-7})$	$1.17 (10^{-6})$
	L <sub>95</sub>		$3.71 (10^{-7})$	$1.84 (10^{-8})$	$4.69 (10^{-8})$	$9.80 (10^{-8})$
Male	U <sub>95</sub>		$3.85 (10^{-5})$	$1.92 (10^{-6})$	$4.93 (10^{-6})$	$1.02 (10^{-5})$
	M		$8.07 (10^{-6})$	$4.03 (10^{-7})$	$1.02 (10^{-6})$	$2.14 (10^{-6})$
	L <sub>95</sub>		$6.79 (10^{-7})$	$3.37 (10^{-8})$	$8.56 (10^{-8})$	$1.79 (10^{-7})$

 $<sup>^</sup>a$ —Probability of infection;  $^b$ —Probability of illness;  $^c$ —Moderate disability-adjusted life years (DALY) (Pontiac Fever);  $^d$ —Severe DALY (Legionaries' Disease);  $^e$ —Post Acute DALY;  $^f$ —Upper 95th Percentile;  $^g$ —Median;  $^h$ —Lower 95th Percentile;  $^i$ —Combined Ages Pinf using equation 8 used;  $^i$ —due to data from MMWR not age-adjusted.

As can be seen, and as discussed previously, modeling the probability of infection does not represent realistic population impacts. The risk of infection incorrectly assesses equivalent risks to adults and the elderly. This is due to the similarity of respiration volumes for these groups.

When the new method is used to model the probability of illness for the elderly population, these risks are higher than the other age groups (Figure 3). This follows through to a higher burden of disease using DALYs for the moderate illness (MDALY), from Pontiac Fever, post-acute illness DALY (PDALY), and severe illness (SDALY). When modeling infection, there is no significant difference between ages—ANOVA p=0.12. When modeling  $P_{ill}$  and DALY, there is a significant difference between ages for probability of illness—p=4 ( $10^{-4}$ ), PDALY—p=3 ( $10^{-4}$ ), SDALY—p=3 ( $10^{-4}$ ), and MDALY—p=4 ( $10^{-4}$ ).



**Figure 3.** All log-10 risks and DALYs shown for age demographics for 5.1 L min<sup>-1</sup> flow rate.

## 3.3. Race Demographic Risks

Racial demographics were modeled for American Indian, Asian, Black, White, and Other racial demographics. Figure 4 shows the risks of illness and DALYs for each of the racial demographic groups. There is a significant difference between Black and Asian risks— $p = 3 (10^{-4})$ , Black and Other risks— $p = 5 (10^{-5})$ , Black and White risks— $p = 1 (10^{-3})$ , and White and Other risks— $p = 1 (10^{-5})$ .

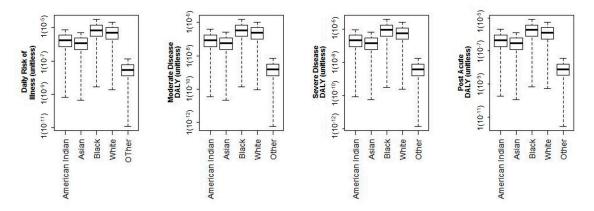


Figure 4. log-10 Illness and DALY results delineated by racial demographics for 5.1 L min<sup>-1</sup> flow rate.

#### 3.4. Sex Demographic Risks

Risk results for the sex demographics can be seen in Figure 5. The male population has increased risk of severe and post-acute DALYs as compared to the female population. This is also representative of known clinical manifestations of legionellosis since men have more frequent illnesses and fatalities [13,24,50]. The differences between sex were statistically significant for only SDALY  $p = 3 \, (10^{-4})$  and PDALY  $p = 1 \, (10^{-3})$ .

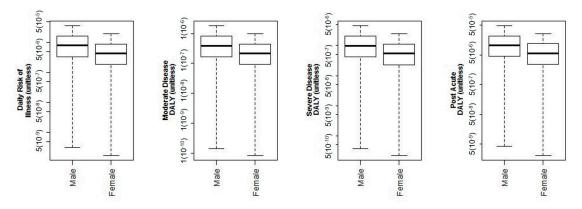
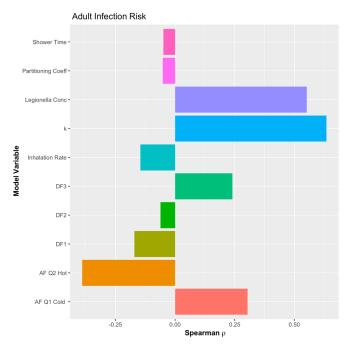


Figure 5. log-10 Illness and DALY results delineated by sex demographics for 5.1 L min<sup>-1</sup> flow rate.

#### 4. Discussion

#### 4.1. Interpretation of Results

A sensitivity analysis was conducted for the example QMRA model, but the morbidity ratio proxy could not be included since it can only be estimated as a point value. Thus, without variation in the Monte Carlo simulation, it cannot be included in the sensitivity analysis. However, as can be seen in Figures 6–8, the concentration of *L. pneumophila* in the water is the second most critical parameter in the example QMRA model, just following the exponential dose-response model parameter (*k*). It is also important to note that the deposition fraction within the respiratory system (*DF* values) demonstrate a negative impact on the estimated risks, until the third region of the lungs (*DF3* in Figures 6–8). This demonstrates fidelity to the reality of *L. pneumophila* needing to reach the alveolated third region of the lung to develop an infection in the host. The model for children demonstrates a shift from negative to lessened but positive impact from the inhalation rate variable, all the other relationships remaining the same. A sensitivity analysis for the elderly demonstrated the same impacts as adults but without an inhalation rate since that was a point value as well.



**Figure 6.** Sensitivity analysis of the example quantitative microbial risk assessment (QMRA) model for adults.

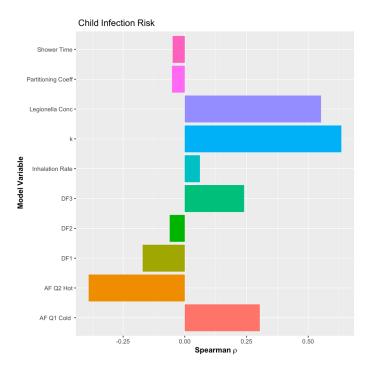


Figure 7. Sensitivity analysis of the example QMRA model for children.

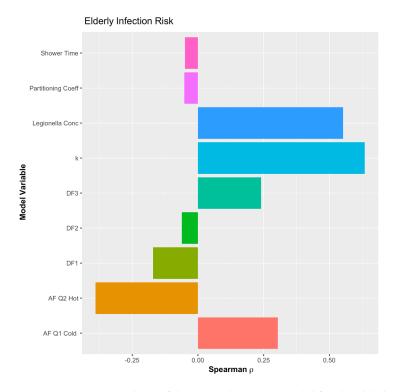


Figure 8. Sensitivity analysis of the example QMRA model for the elderly.

In currently used L. pneumophila QMRA models [29,31,60], risk estimations including host-age heterogeneity have not been included, quite likely due to the limitation in the dose-response model derivation that inspired this research. In this research's QMRA model, the improvement in modeling the  $P_{ill}$  and DALY as compared to  $P_{inf}$  is highlighted best for elderly populations. The elderly population is the group best known clinically to demonstrate a significant increase in susceptibility to L. pneumophila, including the likelihood of LD and mortality. The method developed in this research derives morbidity

ratio proxies to model  $P_{ill}$  and health outcome specific DALYs for each demographic group. This is the first instance of this level of resolution for specific demographics in QMRA modeling. This level of resolution is important to target future research towards sampling location for exposure intervention or research to explain sex and racial differences in LD risks.

A more robust method would involve a large case-control study that quantifies exposure levels to determine morbidity ratios for each of the demographic groups. Another method would be an advanced dose-response model to model the risk of illness in specific populations. These dose-response experiments would be limited to host-age and gender since only animal models could be used for *L. pneumophila* exposure experiments. However, as has been demonstrated in other advanced dose response models, these differences from age and other factors can be included in the mechanistic dose response models without requiring re-derivation [38,40,61]. Lastly, it may be possible to include host cell infectivity of *L. pneumophila* and cofactors of human illness susceptibility cofactors using an environmentally mediated transmission modeling framework [62]. The difficulty in this is like the case-control study, in that characterizing the exposures and linking them to health outcomes in the cohorts will be the most challenging aspect to model. However, by leveraging more complex methods of air transport, such as computational fluid dynamics, may provide the level of precision needed to design and operate such studies.

With regards to the source of the dose-response parameter (*k*), there is possible confusion over the host animal used in the dose-response experiments—guinea pigs. As was demonstrated in Bartrand et al. (2008) [62] and is discussed in greater detail in Weir 2016 [38], there is no need to adjust for host animal species. This is because the mechanistic dose-response models are derived using generalized pathogenesis principles and are derived as single-hit infection models. Therefore, so long as the host species is competent and can be infected via the same exposure route, it is a competent host species, and will not require adjustment to humans. This contrasts with toxicological dose-response modeling, where the body weight of the host must be accounted for due in major part to the toxin or toxicant needing to be digested and metabolized, from which impacts are body-size dependent. This is not the same when modeling the probability of infection since infection from a single-hit perspective is dependent on a cell being infected and allowing for the propagation of the infection.

## 4.2. Model Limitations

This model is limited in three primary areas. First, the model uses an approximation of the *L. pneumophila* concentration in premise plumbing systems. A further refined or advanced model that accounts for growth and persistence of *L. pneumophila* in plumbing systems will improve this substantially. Second, the development of estimates of the morbidity ratio proxy should be replaced with true morbidity ratios that are estimated from the aforementioned case-control study or replaced with an advanced dose-response model. Third, as has been discussed previously, a more complete assessment and incorporation of different susceptibility within the population can be accomplished by incorporating additional cofactors in the dose-response model. However, as also discussed, this is a first step in the improvement of Legionellosis risk estimation.

## 4.3. Other Potential Methods for Future Research

A method of back-calculating a probability of illness given exposure by Hamilton et al. (2017) is another possible means of modeling the probability of illness [63]. However, their method uses a very generalized assumption of non-tubercular Mycobacterium lung diseases attributable to the Mycobacterium avium complex. The underlying assumption of rates of illness for a broad set of bacterial agents presents severe limitations to the expandability of that method as well as the accuracy of the estimates from it. Furthermore, the Hamilton et al. (2017) method does not overcome the inherently assumed host homogeneity in current microbial dose-response modeling.

Another potential method to model the probability of illness is to use a mortality dose-response model. The rationale is that mortality results from severe illness. However, this still uses and potentially

exacerbates the assumed homogeneity of response within hosts. Furthermore, the doses required to result in observed probabilities of mortality in controlled experiments are significantly higher than for infection, thus losing low dose resolution. This makes a QMRA model that uses such an extreme health outcome inefficient for modeling realistic interventions.

This method and the need for it highlights the fundamental limitation with current mechanistic microbial dose-response models for microbial hazards. While capable of use for multiple pathogens, exposure routes, and host species, their capabilities are limited to the simple distilled approximation of general pathogenesis. The second-generation dose response models, starting with Weir and Haas (2009), demonstrate the potential to advance the current mechanistic dose response models [40,41,64]. This gives further credence to the need for third-generation microbial dose-response models [42,65]. However, this third-generation model will require an implicit inclusion of host-side dynamics, for example, host heterogeneity, thus not solely focused on the pathogens' ability to generate a response.

#### 4.4. Broader Impacts of This Research

This QMRA model can be used to develop advanced risk management strategies. There is a growing interest in understanding how premise plumbing pathogens are affecting healthcare facility populations. This improved QMRA modeling method for *L. pneumophila* illness and DALYs will make for an ideal tool, including its capability to model specific flow rates. The importance of this capability is reinforced with the significant difference in risk outcomes between modeled flow rates. For engineers, flow rate is a critical component of plumbing design, thus broadening the use and importance of this QMRA model.

By modeling host heterogeneity, accurately using this research's method estimates of the likelihood of health risks are more precise for the real population risks. This will make the interventions more responsive to the population members' needs and risks. Further, in Hamilton et al. (2019) [31], critical concentrations and, thereby, reduction targets were identified using QMRA models. That QMRA model can be easily adapted using the methodology from this research to include diverse populations in the building being modeled. This will, then, also output a range of health effects to include severe, moderate, and post-acute health outcomes, previously possible. Consequently, any monitoring programs developed using this QMRA modeling methodology or monitoring results used to assess risks to the population will be more precise and representative of the population.

Supplementary Materials: The following are available online at http://www.mdpi.com/2073-4441/12/1/43/s1.

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