

# Article

# Effect of Physical Factors on the Growth of *Chlorella Vulgaris* on Enriched Media Using the Methods of Orthogonal Analysis and Response Surface Methodology

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Abstract: In addition to chemical factors, physical conditions also play a key role in the growth of microalgae. In this study, solid sediment in rivers was simulated by pure quartz sand with different particle sizes and the physical effects of disturbance rate, solid-liquid ratio and particle size on the growth of Chlorella vulgaris (C. vulgaris) were investigated through orthogonal analysis and response surface methodology (RSM) during co-cultivation of C. vulgaris and sediment. The result of ANOVA in orthogonal analysis showed that the effect ability of a single factor on biomass can be ranked as disturbance rate > particle size > solid–liquid ratio, 100 r/min disturbance rate and 30–40 M particle size are the most significant at the 0.05 level. Furthermore, the specific growth rate can reach 0.25/d and 0.27/d, respectively. With the growth of C. vulgaris, the pH of the solution reached a maximum of 10.7 in a week. The results from the RSM showed that strong interactions are reflected in the combinations of disturbance rate and solid-liquid ratio, and disturbance rate and particle size. Ramp desirability of the biomass indicates that the optimum levels of the three variables are 105 r/min disturbance rate, 0.117 g/mL solid–liquid ratio and 30–40 M particle size. In this case, the biomass can grow seven times in a week with 0.27/d specific growth rate and a pH value of 7–10.4. This study shows that the growth of *C. vulgaris* can be regulated by changing physical conditions simultaneously, and the optimization of physical conditions can be applied to biomass production, algae prediction and acid water treatment in rivers, lakes and reservoirs.

**Keywords:** factorial designs; response surface methodology; physical conditions; *Chlorella vulgaris*; Biomass

## 1. Introduction

*Chlorella vulgaris* (*C. vulgaris*), a unicellular microalgae, it has been widely used in the fields of eutrophication, heavy metal pollution and biodiesel due to its strong adsorption capacity and fast proliferation [1–6]. *C. vulgaris* supplementation in medicine can positively affect the health status aspects of growing rabbits [7]. However, the production of biomass plays a decisive role in its applications of effectiveness [8,9]. In rivers, lakes and reservoirs, the effects of many physical conditions (such as hydrodynamic conditions, the particle properties of sediment and solid–liquid



ratio) on biomass have been studied in addition to chemical conditions (such as pH, dissolved oxygen and lighting).

Hydrodynamics has attracted the interest of many researchers. For example, Yang Song et al. reported that moderate flow velocity and water turbulence increased the algal growth rate and nutrient absorbance in algal cells, respectively [10], and that small-scale turbulence could promote algal nutrient uptake and growth [11]. Yu et al.'s research indicated that the changes in hydrodynamic conditions affect the spatial variation of microalgae [12]. Tian-yu Long et al. established the two-dimensional unsteady ecological dynamic model to analyze the effects of hydrodynamic conditions on algae growth [13]. These studies reflected the effects of water flow rate and disturbance on algal growth at different levels.

The proliferation of microalgae is also influenced by the physical properties of water deposits. On the one hand, nutrient dynamics can be triggered by sediment–water exchanges [14]. Deposited algal cells can affect N and P changes at the water–sediment interface [15]. A close relationship is reflected in algae growth and the association between suspended sediment concentration and chlorophyll-a concentration [16]. On the other hand, the ratio of water and sediment increases with the amount of water in the wet season (the situation is just the opposite in dry season)—the fluctuation of water volume represents the change in the solid–liquid ratio in rivers, lakes and reservoirs. Yang et al. revealed the features of water quality dynamics and algal kinetics based on the changes in seasonal water [17]. Therefore, the difference of solid–liquid ratio and flow velocity between the dry and wet season may change the efficiency of microbial utilization of nutrients and chemical interactions (such as pH, and N/P) between microorganisms [18,19].

At present, most research focuses on the chemical factors (such as migration of nutrients, physiological characteristics of cells etc.) in sediment water systems [20–22]. However, there is little research on the effects of pure physical properties (such as solid–liquid ratio and particle size). For example, algae migration ability can be affected by changes in the solid–liquid ratio and sediment particle size to inhibit or promote algae growth. As for the algal growth, the disturbance of the water body, solid–liquid ratio and the particle size of the sediment are lacking in the investigations of single factors and interactions.

In this work, effects of single factor and interaction on *C. vulgaris* concentration, pH and specific growth rate are studied by combining the orthogonal method and response surface method (RSM). Specifically, sediment is replaced by quartz sand in order to eliminate the interference of the chemical properties. *C. vulgaris* is selected as the research object. Disturbance rate, solid–liquid ratio and particle size were chosen as the influencing factors. A comprehensive three-factor, three-level experiment is conducted with the co-cultivation of *C. vulgaris* and sediment. Data extracted from this comprehensive experiment is used for the L9-3-3 orthogonal design and the Box-Behnken design (BBD) model analysis of RSM, respectively. In addition, the physical conditions of algae growth are optimized, which can be applied to biomass production and algae prediction in rivers, lakes and reservoirs.

#### 2. Experimental Methods

#### 2.1. The Process of Comprehensive Experiment

The experiment factors and levels are set to A: disturbance rate (50 r/min, 100 r/min and 150 r/min), B: solid–liquid ratio (0.025 g/mL, 0.125 g/mL and 0.25 g/mL) respectively. The comprehensive experiment with three factors and three levels ( $3^3 = 27$  groups) is divided into three batches according to disturbance rates; each batch contains experimental (three levels of particle size and solid–liquid ratios) and blank groups (no quartz sand) with parallel samples.

The operational flow of each batch is as follows: twenty 250 mL Erlenmeyer flasks are prepared, including 18 experimental groups and 2 blank groups. Sediment is weighed (5 g, 25 g and 50 g) in the experimental groups with 200 mL *C. vulgaris* suspension (initial biomass is diluted to  $1 \times 10^6$  cells/mL with BG-11 medium). So, cultures featuring a solid–liquid ratio of 0.025 g/mL, 0.125 g/mL and 0.25 g/mL,

respectively, are incubated in a constant temperature light incubator for one week with the biomass, pH and specific growth rate of each culture measured daily.

#### 2.2. Experimental Sediments

Pretreated quartz sand was used as a sediment in this study in order to avoid interference from organic matter, microbial organisms or other elements (N, P or heavy metal ions). Quartz sand is screened by sieves for different particle sizes of 5–7 mesh, 10–20 mesh and 30–40 mesh, and stored after 1 M HCl cleaning and high temperature sterilization (130 °C).

## 2.3. The Cultivation of C. Vulgaris

*C. vulgaris* strain (serial number: FACHB-8) is obtained from the Freshwater Algae Culture Collection at the Institute of Hydrobiology (FACHB-Collection, FACHB, Wuhan, China), China. BG-11 standard medium is used for the culture of *C. vulgaris*. The standard composition is as follows: NaNO<sub>3</sub> (1500 mg/L); K<sub>2</sub>HPO<sub>4</sub> (40 mg/L); MgSO<sub>4</sub>·7H<sub>2</sub>O (75 mg/L); CaCl<sub>2</sub>·2H<sub>2</sub>O (36 mg/L); citric acid (6 mg/L); ferric ammonium citrate (6 mg/L); disodium EDTA (1 mg/L); Na<sub>2</sub>CO<sub>3</sub> (20 mg/L); A<sub>5</sub> (1 ml/L). The composition of the A<sub>5</sub> metal solution is as follows: H<sub>3</sub>BO<sub>3</sub> (2.86 g/L); MnCl<sub>2</sub>·4H<sub>2</sub>O (1.86 g/L); ZnSO<sub>4</sub>·7H<sub>2</sub>O (0.22 g/L); Na<sub>2</sub>MoO<sub>4</sub>·2H<sub>2</sub>O (0.39 g/L); CuSO<sub>4</sub>·5H<sub>2</sub>O (0.08 g/L); Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O (0.05 g/L).

The initial pH is adjusted to 7 with 1 mol/L NaOH and HCl. The conical flask is placed in a constant temperature light incubator at 25 °C, and a warm light of 5000 lux is continuously operated with a day/night cycle of 12h/12h after determining the initial biomass. The standard curve of biomass was produced by a mounted bio-optical microscope ( $40\times$ ) and chlorophyll fluorometer (680 nm). The linear relationship is expressed as follows:

$$Biomass (cells/mL) = 4.17 \times 10^5 \times OD_{680}, \tag{1}$$

The specific growth rate of *C. vulgaris* is calculated through biomass and time, as follows:

Specific growth rate (%) = 
$$100 \times (\frac{\ln X_2 - \ln X_1}{T_2 - T_1})$$
 (2)

where X represents biomass concentrations at day T, and 1 and 2 represents the initial point and end point, respectively [2].

#### 2.4. Instruments and Tests

Constant temperature light incubator (HT Multitron, Infors, Zurich, Switzerland); mounted bio-optical microscope (DM2000, Leica, Berlin, Germany); chlorophyll fluorometer (Aquafluor 805186, Turner, Sunnyvale, USA); centrifuge (TGL-16G, Feige, Shanghai, China); high temperature autoclave (MLS-3780, Sanyo, Osaka, Japan); UV spectrophotometer (Evolution 300, Thermo scientific instrument, Waltham, USA); pH meter (PB-21, Sartorius, Göttingen, Germany).

#### 2.5. Design of Orthogonal Experiment

All orthogonal experimental data is extracted from the comprehensive experiment of three factors and three levels (9 sets) of classical distribution data for the analysis of single factor impact. The array and code of classical distribution in the orthogonal columns is adopted by the orthogonal design assistant software (second version).

#### 2.6. Establishment of RSM

Box-Behnken design (BBD) with Design-Expert software (Stat-Ease, Minneapolis, Minnesota, USA) is employed to analyze interactions and optimum conditions. As a standard RSM, BBD is performed with a total of 17 experiments. All data is extracted from the comprehensive experiment of three factors and three levels. Three independent variables in this experiment, i.e., disturbance

rate (50 r/min, 100 r/min and 150 r/min), solid–liquid ratio (0.025 g/mL, 0.125 g/mL and 0.25 g/mL), and particle size (5–7 mesh, 10–20 mesh and 30–40 mesh) are evaluated to determine the response of biomass and pH. The experimental data are fitted using the following second-order polynomial equation in Equation (3):

$$y_i = \beta_0 + \sum \beta_i x_i + \sum \beta_{ii} x_i^2 + \sum \beta_{ij} x_i x_j$$
(3)

### 3. Results and Discussion

#### 3.1. The Results of Biomass and pH in the Comprehensive Experiment

A comprehensive three factor and three level experiment was completed (with a total of 27 groups). The change of biomass is shown in Figure 1. Here, a shortcoming of Figure 1 is mentioned as the internal data is not well differentiated in order to compare the vertical axes of the data on a uniform scale.

Many studies have shown that hydrodynamics have a significant effect on the growth and development of microalgae [12,23]. Therefore, the disturbance rate of the water flow is listed in the form of a longitudinal comparison.

The horizontal comparison from Figure 1 (Groups a,d,g; b,e,h; and c,f,i) clearly demonstrates that the disturbance rate has a significant effect on the maximum biomass of algae, and the change in results can be distinguished by the particle size of the sediment. The effect of the solid–liquid ratio on biomass is also obvious in Figure 1b,g,h. The maximum biomass has significant differences, although the curve spacing is not clear under the turbulence rate of 100 r/min. Therefore, multi-factor interaction needs to be considered. It can be determined from Figure 1 that the disturbance rate and particle size have a significant effect on the growth of *C. vulgaris*, while Figure 1b,g,h implies the action of the solid–liquid ratio. The effect of single factor and multivariate interactions on biomass will be explored in the orthogonal analysis and RSM, respectively.



# Time (days)

**Figure 1.** The change of biomass in orthogonal comprehensive experiments (three levels of disturbance rate are used as columns, three levels of particle size are used as rows, and three levels of solid–liquid ratio are used as intrinsic changes). Each subfigure (**a**–**i**) contains the same three levels of solid-liquid ratio. Groups a–c; d–f; and g–i according to different disturbance rate. Groups a,d,g; b,e,h; and c,f,i according to different meshes.

The value of solution pH is considered to be an important assessment factor for the interactions of the water body and the growth of microalgae [20,24,25]. *C. vulgaris* facilitates the treatment of acidic water during the metabolic process of proliferation, as metabolites increase the pH of the water. However, the optimum range of pH for the growth of *C. vulgaris* is 5–9 [20,26]. Therefore, investigating the effects of physical factors on pH becomes especially important in this process.

The change of solution pH in the comprehensive experiment is presented in Figure 2. A good discrimination is presented in a lateral comparison (Groups a,d,g; b,e,h; c,f,i in Figure 2), suggesting that pH is more sensitive to sediment particle size. In addition, the pH of the experimental group of the same particle size becomes unstable with the increase of disturbance rate and solid–liquid ratio when the initial pH is 7, which implies the influence of the interaction between physical factors. Effect of single factor and multivariate interaction on pH will be explored in the orthogonal analysis and RSM, respectively.



Time (days)

**Figure 2.** The change of biomass in orthogonal comprehensive experiments (three levels of disturbance rate are used as columns, three levels of particle size are used as rows, and three levels of solid–liquid ratio are used as intrinsic changes). Each subfigure (**a**–**i**) contains the same three levels of solid-liquid ratio. Groups a–c; d–f; and g–i according to different disturbance rate. Groups a,d,g; b,e,h; and c,f,i according to different meshes.

#### 3.2. The Classical Orthogonal Distribution

Orthogonal analysis is considered to be very effective for examining factor effects [27]. In order to investigate the effect of individual physical factors on biomass, pH and specific growth rate, the classical orthogonal distribution is adopted. Nine experimental groups with three factors and three levels of classical orthogonal distribution (L9-3-3) are correspondingly extracted from the comprehensive experiment.

#### 3.3. Range Analysis of the Orthogonal Experiment

The range analysis is widely used due to operational advantages; it determines the ability of factors to influence the target. According to the L9-3-3 matrix, the K<sub>i</sub> (average value of the experiment

index) and R (range) of each factor is listed in Table 1.  $K_i$  indicates the ability of each factor at the i level. R indicates the strength of each factor to the target. A larger Ki or R means that the impact ability factor is stronger. We judged the ability of three physical factors to influence the growth of *C. vulgaris* according to the  $K_i$  and R value of each index.

By comparing the Ki, we got  $K_{A2} > K_{A3} > K_{A1}$ ,  $K_{B2} > K_{B3} > K_{C3} > K_{C1} > K_{C2}$  for biomass. This shows that the optimal levels of disturbance rate, solid–liquid ratio and particle size for biomass are 100 r/min, 0.125 g/mL and 30–40 M, respectively. For pH, we found  $K_{A2} > K_{A3} > K_{A1}$ ,  $K_{B3} > K_{B1} > K_{B2}$ ,  $K_{C3} > K_{C2} > K_{C1}$ —the order reflects the strongest levels of pH at 100 r/min, 0.25 g/mL and 30–40 M. We saw  $K_{A3} > K_{A2} > K_{A1}$ ,  $K_{B1} > K_{B3} > K_{B2}$ ,  $K_{C2} > K_{C1}$  for the specific growth rate; the optimum values are stated to be 150 r/min, 0.025 g/mL and 30–40 M.

By comparing the R, we got  $R_A > R_C > R_B$  for biomass,  $R_A > R_B > R_C$  for pH, and  $R_A > R_C > R_B$  for the specific growth rate. This illustrated that the effect of disturbance rate on biomass and the specific growth rate is most sensitive compared to other factors, followed by sediment particle size. Disturbance rate has the greatest impact on the solution pH, with solid–liquid ratio in second place.

Factors	Biomass (1.0 $ imes$ 10 <sup>7</sup> cells/mL)			pH			Specific Growth Rate (d <sup>-1</sup> )		
	Α	В	С	Α	В	С	Α	В	С
K <sub>1</sub>	3.74	5.62	6.12	8.845	9.178	8.62	0.185	0.245	0.227
K <sub>2</sub>	6.31	5.64	3.58	9.712	9.087	9.413	0.258	0.223	0.242
K3	6.14	4.92	6.48	9.577	9.868	10.1	0.273	0.239	0.247
	$K_{A2} > K_{A3} > K_{A1}$			$\begin{array}{l} K_{A2} > K_{A3} > K_{A1} \\ K_{B3} > K_{B1} > K_{B2} \end{array}$		$K_{B3} > K_{B1} > K_{B2}$			
Rank	$K_{B2} > K_{B1} > K_{B3}$		$K_{B1} > K_{B3} > K_{B2}$						
	$K_{C3} > K_{C1} > K_{C2}$		$K_{B3} > K_{B1} > K_{B2}$			$K_{C3} > K_{C2} > K_{C1}$			
Range (R)	2.90	0.72	2.57	0.867	0.781	1.48	0.088	0.013	0.02
Ring	A > C > B		A > B > C			A > C > B			

Table 1. Range analysis from orthogonal experiments.

#### 3.4. Factor Effects and Variance (ANOVA) of the Orthogonal Experiment

The trend chart of the single factor for biomass is shown in Figure 3. It clearly shows that the two most significant factors are the disturbance rate and the solid–liquid ratio. At the same time, there is a clear difference between the two. The influence of the former is gradually increasing, and the highest effect is exhibited at 100 r/min, which is also in line with the results of the analysis of variance. The latter is V-shaped as the negative effect becomes stronger when the solid–liquid ratio is 0.125 g/mL. In contrast, the effect of particle size of the sediment is stable. However, the negative effect trend is obvious when the particle size is greater than 10–20 M, which may be due to the retardation being enhanced by the smaller particle size during the migration of the microalgae.



Figure 3. Trend chart for single factor effects on biomass.

The significance of a single factor can be evaluated by analysis of variance (ANOVA) with an *F*-test. The ANOVA of various factors for biomass is listed in Table 2. It clearly shows the significance of A and C at the 0.05 level. In other words, the effect of the disturbance rate and the particle size of the sediment on the biomass production of *C. vulgaris* are very significant. The results are consistent with the range analysis, and the *F*-test guarantees the accuracy of the analysis.

Table 2. Analysis of variance (ANOVA) of three factors affecting biomass.

Factor	Square Sum of the Deviation	Degree of Freedom	F Ratio	Critical Value of F	Significance
A	$1.86 * 10^{13}$	2	31.33	9	*
В	5.92 * 10 <sup>11</sup>	2	2.0	9	
С	$1.36 * 10^{13}$	2	23.02	9	*
Error	$5.9 * 10^{11}$	2			

(\* Means significant under the significance level of 0.05. \*\* Means significant under the significance level of 0.01).

#### 3.5. Box-Behnken Design of RSM

Experimental data is strictly assigned according to BBD—17 groups of experiments from the comprehensive three factor and three level experiments are extracted for BBD analysis. Additional experiments are supplemented under the same level of ABC when the number of experimental groups is more than two, such as the ABC levels of 100 r/min, 0.125 g/mL and 20–30 M. The design matrix and the output responses for biomass and pH are shown in Table 3.

**Table 3.** Box-Behnken experimental design (BBD) and experimental results in the response surface methodology (RSM).

	Factor 1	Factor 2	Factor 3	Response 1	Response 2
Run	A: Disturbance Rate (r/min)	B: Solid–Liquid Ratio (g/mL)	C: Particle Size (mesh)	Biomass (1 × 10 <sup>6</sup> cell/mL)	pН
1	150	0.25	20-30	4.63	10.03
2	150	0.125	30-40	2.87563	10.24
3	50	0.025	20-30	3.70375	8.18
4	50	0.125	5-7	3.6025	7.79
5	100	0.125	20-30	6.665	9.94
6	50	0.25	20-30	1.774	8.22
7	100	0.125	20-30	7.0025	10.09
8	50	0.125	30-40	5.93563	9.69
9	100	0.25	5–7	6.77375	8.24
10	100	0.25	30-40	6.78125	10.34
11	100	0.125	20-30	6.98956	10.08
12	150	0.025	20-30	7.65375	9.81
13	100	0.025	30-40	6.9925	9.64
14	100	0.125	20-30	6.8956	9.9
15	100	0.125	20-30	6.7432	10.02
16	100	0.025	5-7	6.1875	8.83
17	150	0.125	5–7	7.35938	8.71

#### 3.6. Interaction Effect of Three Factors on Biomass and pH

Interactions can reflect synergy trends between factors [28,29]. Three-dimensional response plots (Figure 4a,c,e) and two-dimensional contour plots (Figure 4b,d,f) for biomass are shown in Figure 4. The obvious difference is reflected in Figure 4a,c,e. From the surface plot of Figure 4a (disturbance rate and solid–liquid ratio) and c (disturbance rate and particle size), the significance of the interaction is revealed by the obvious curved arch. In contrast, the combination of particle size and solid–liquid ratio appears to be weak according to Figure 4e. This comparison illustrates that the interaction of physical factors has a significant impact on the biomass of *C. vulgaris*.

Specifically, Figure 4a portrays that to get the highest biomass ( $7.4 \times 10^6$  cells/mL) under the interaction of disturbance rate and solid–liquid ratio, the values of control factors are obtained as 150 r/min disturbance rate, and 0.025 g/mL solid–liquid ratio. In Figure 4c, the maximum biomass is displayed under the condition of 120 r/min disturbance rate and 5–7 M particle size. Furthermore, it is obvious that the disturbance rate plays a more significant role. So, the disturbance rate has more influence on biomass than other factors. However, the 3D surface is close to a plane in Figure 4e and the two-dimensional contour plot does not form a curved arch in Figure 4f; this case indicates a weak response between particle size and solid–liquid ratio.



**Figure 4.** Three-dimensional response plots and two-dimensional contour plots for biomass: interactions of A (disturbance rate) and B (solid–liquid ratio) in (**a**,**b**); interactions of A (disturbance rate) and C (particle size) in (**c**,**d**); interactions of B (solid–liquid ratio) and C (particle size) in (**e**,**f**).

The cell reproduction of *C. vulgaris* can be affected by physical conditions. However, the effects of three factors on solution pH and biomass are not consistent in the orthogonal analysis, although the difference in mechanism is unknown. Since the value of solution pH is considered to be an important indicator of microalgae growth and water quality [30,31], it is necessary to study the change of pH.

Three-dimensional response plots and two-dimensional contour plots for pH are shown in Figure 5. Following analysis of the 3D surface, the effect of the interaction on the pH is obvious in Figure 5a,c,e. Figure 5a shows that the pH increased with increasing the disturbance rate when the solid–liquid ratio reached the maximum value (0.25 g/mL). Also, similar trends appear in Figure 5c,e—the finer particle size (corresponding to a larger mesh) corresponds to the higher pH. From the contour plots, Figure 5f presents an ellipse compared to b and d. This explains that the interaction between particle size and solid–liquid ratio is very strong in response to solution pH.



**Figure 5.** Three-dimensional response plots and two-dimensional contour plots for pH: interactions of A (disturbance rate) and B (solid–liquid ratio) in (**a**,**b**); means of the interactions of A (disturbance rate) and C (particle size) in (**c**,**d**); interactions of B (solid–liquid ratio) and C (particle size) in (**e**,**f**).

Summarizing the above analysis, the interaction of physical factors has different effects on pH and biomass, although the pH of the solution is also affected by biomass production of the microalgae [32]. Therefore, the maximization of pH value and the biomass production of *C. vulgaris* can be adjusted by the optimization of the disturbance rate, the solid–liquid ratio and the particle size in the actual environment.

#### 3.7. Optimization of Biomass

Optimum condition of biomass was determined by RSM within the variable range under study. Figure 6 displays the ramp desirability for the optimization of biomass (D = 0.581). The optimum levels of three variables for the biomass of *C. vulgaris* are obtained as 105 r/min disturbance rate, 0.117 g/mL solid–liquid ratio and 40 M particle size. Meanwhile, the specific growth rate and solution pH under this condition will reach 0.27/d and 10.4 when the biomass is at a high level of  $7.1 \times 10^6$  cells/mL.

In Figure 1, the conditions of 100 r/min disturbance rate, 0.125 g/mL solid–liquid ratio and 40 M particle size are the closest to the optimized conditions, and the biomass of  $7.0 \times 10^6$  cells/mL is basically consistent with the optimized prediction, which reflects the accuracy of the model calculations.



**Figure 6.** Ramp desirability for the optimization of biomass: the red circle represents the optimized value of the independent variable, the blue circle represents the optimized value of the dependent variable.

### 4. Conclusions

In this paper, the effects of disturbance rate, particle size and solid–liquid ratio in a sediment water system on the growth of *C. vulgaris* are systematically investigated. During the growth of *C. vulgaris*, the effects of different combinations of the three variables on biomass, solution pH, and specific growth rate are different. Individual differences are reflected in the effect curve of a single factor. ANOVA displays significance of biomass with *F*-test in orthogonal analysis. The disturbance rate and particle size of the sediment are most significant; disturbance rate can largely determine the growth of *C. vulgaris*. The optimization calculation of biomass was carried out by RSM, and the results show that the biomass can reach  $7.0 \times 10^6$  cells/mL under a disturbance rate of 100 r/min, a solid–liquid ratio of 0.125 g/mL and a particle size of 40 M. However, further research needs to be carried out on mechanisms behind this. In addition, this study may be flawed in some details, such as a lack of information about how physical conditions affect nutrient absorption.

**Author Contributions:** Conceptualization, Y.C.; Formal analysis, J.L.; Investigation, S.C.; Writing—original draft, L.H.; Writing—review and editing, X.W.; Visualization, Q.L. X.W., Q.L. and L.H. conducted the experimental samples, collected and analyzed the data. Y.C. and S.C. supervised the research. J.L. provided important advice on the structures of the manuscript. In addition, X.W. strengthened the language of the manuscript. All authors have read and agreed to the published version of the manuscript.

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