

Article

Monitoring Biological and Chemical Trends in Temperate Still Waters Using Citizen Science

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Abstract: The involvement of volunteers in the monitoring of the environment holds great potential to gather information on a wider temporal and spatial scale than is currently possible. However, the mass involvement of citizens in monitoring freshwater health is a relatively new field and subject to uncertainty. Here, we examine 1192 samples collected across 46 temperate ponds (<2 ha) and 29 temperate lakes (>2 ha) by 120 volunteers trained through the FreshWater Watch citizen science programme to consider if the approach is able to (a) identify well established patterns in water quality and biological indicators (i.e., fish), and (b) provide a potentially useful basis for the identification of pollution sources in urban or peri-urban landscapes. Seasonal patterns observed agreed well with established principles of nutrient dynamics, algal bloom seasonality, and broad biological trends between ponds and lakes. Further, observational data collected by the volunteers suggested plausible links between the presence of residential discharge and water level fluctuation and significant increases in algal bloom observations between peri-urban and urban sites. We suggest that citizen science can have a role to play in complementing regulatory monitoring efforts and that local citizens should be empowered to become stewards of their local freshwater resources.

Keywords: still waters; citizen observatories; water quality; urbanization; nutrient dynamics; algal blooms

1. Introduction

The number and importance of ponds and small lakes far outweighs the attention given to their study and management [1]. Small waterbodies (<2 ha) contain a disproportionate amount of freshwater biodiversity [2,3] and provide ecosystem services with important local and global benefits [4]. Yet, the conventional conservation and monitoring priorities have been focused on large lakes and reservoirs. For example, the EU Water Framework Directive 2000/16/EC excludes the majority of small water bodies [5]. This dilemma presents an opportunity for the collection of ecological information regarding these local water bodies using non-conventional monitoring approaches [6]. One such rapidly emerging approach is citizen science, the participation of ordinary members of the public in scientific research [7,8]. However its effectiveness remains largely untested [9].

Seasonal fluctuations in nutrient status and algal growth patterns in temperate lakes are relatively well understood thanks to long term lake monitoring (e.g., North Temperate Lakes) and shallow lakes research [10]. In contrast to deep, stratified lakes, the intense sediment–water interface in

shallow ponds and lakes ensures a rapid return of most sediment material into the water column [11]. In addition, the relatively high sediment temperatures in summer lead to an increase in mineralization rates, and consequently to an increased release of phosphorous from the sediment into its soluble form [12]. Thus, a summer peak in phosphate ($P-PO_4$) concentrations is observed. By contrast, soluble nitrate peak concentrations ($N-NO_3$) typically occur during the winter months after a period of plant senescence, with minima in early summer following aquatic vegetation growth. Algal growth patterns reflect nutrient availability in the water column. In the first instance, internally loaded phosphate can result in algal blooms during early summer [13]. Secondly, an autumn bloom may be observed under suitable temperature and light conditions in response to nutrients released from decaying plant material [11]. In addition, fish presence is increasingly likely in larger water bodies [14,15]. These same patterns should be easily identifiable through a citizen science approach.

Shallow lakes are often considered more susceptible to local and global environmental change than deeper water bodies, because of their limited volume and depth [10] such that the effect of urbanization upon them could be profound and greatly interfere with natural processes [16], as in urban streams [17]. By contrast, the typically reduced catchment area of ponds allows for the possibility that these ecosystems can avoid some of the impacts that plague water bodies with large catchments [18,19]. Previously cited effects of urbanization upon the water quality of still waters are nutrient concentration increases [19,20], greater frequency of algal blooms [21] as well as increased trace metal concentrations and the presence of invasive species [16]. However, it is not clear whether these effects hold true for smaller still waters such as ponds (<2 ha [22]) as they do lakes.

In addition to supporting scientific research and environmental monitoring, citizen science also provides potential benefits associated with environmental awareness and education and advocacy on environmental issues [23,24]. FreshWater Watch (FWW) is the first global citizen science research project studying freshwater ecosystem dynamics. Within FWW, 30 local projects in more than 20 countries have been established; generating information on more than 1500 waterbodies, many of which are small ponds and lakes, in both temperate and tropical regions that hold local cultural importance (<https://freshwaterwatch.thewaterhub.org/>). Through the participation of citizen scientists, researchers have been able to gather data over a large spatial and temporal scale [25]. Using data collection at such resolution, it should be possible to explore if expected seasonal dynamics, reported for large waterbodies, are also the dominant trends in smaller water bodies and if drivers such as urbanization or an elevated surface to volume ratio lead to modified seasonal dynamics.

This study represents a first attempt to compare seasonal trends between lake and ponds using citizen science gathered data. We explore the effect of increasing urbanization on the seasonal chemical and biological conditions of ponds and lakes. We use a dataset of 1192 measurements from 75 temperate still waters in three continents. Field data were gathered by trained citizen scientists and combined with freely available, global datasets. Using this data, the following hypotheses were tested:

1. Seasonal fluctuations would be detected in four parameters indicative of water quality; nitrate ($N-NO_3$), phosphate ($P-PO_4$), turbidity (NTU), and frequency of algal blooms.
2. The presence of fish will be recorded with greater frequency in lakes (>2 ha) than in ponds (<2 ha).
3. The effect of urbanization would be more pronounced in lakes than in ponds.

Finally, we applied the field data to highlight any potential drivers of those water chemistry factors that exhibited a clear difference between urban and peri-urban sites.

2. Materials and Methods

2.1. Study Area

1192 samples were used in the present study taken from 75 ponds (see Supplementary Material Table S1) and lakes (mean 47,956 m², min. 10 m², max 444,745 m²) within temperate broadleaf, coniferous, and mixed forests, as defined within terrestrial ecosystems of the world [26], across

the continents of Europe, North America, and Oceania (Figure 1). Sites were located in urban and peri-urban areas as part of the FWW programme and are mostly manmade having been built for a range of purposes including recreation (e.g., fishing) and infrastructure (e.g., stormwater lagoons). All data are uploaded and open access (freshwaterwatch.thewaterhub.org/content/data-map).

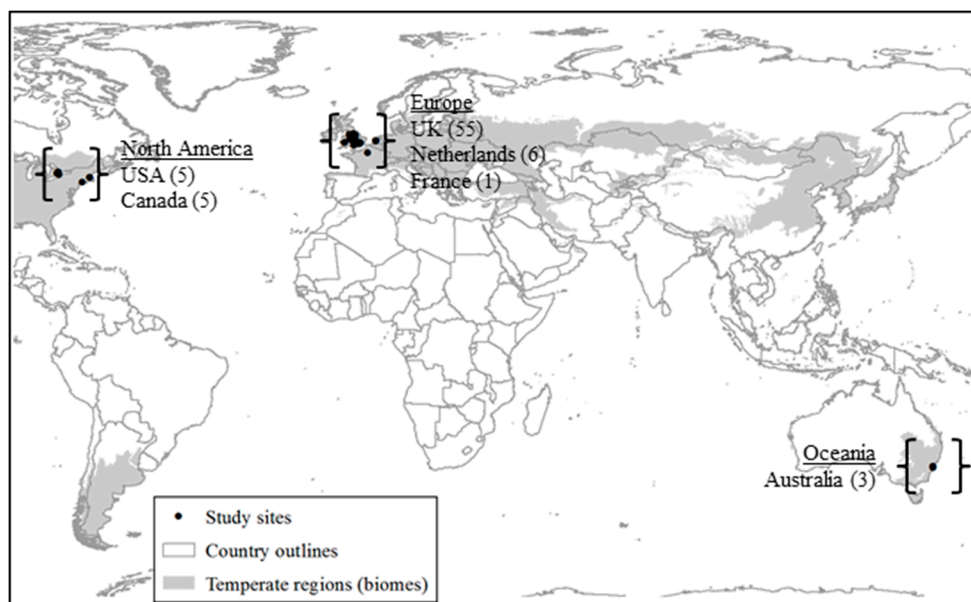


Figure 1. Distribution of 75 ponds and lakes used in the present study located in temperate biomes across three continents (six countries).

Data were collected by 120 trained citizen scientists (from >8000 total trained) using standardized methods. Quality control against standard methods was conducted with approximately 10% of the samples [27,28]. Measurements and observations of algal blooms were also checked automatically and by local partner scientists. Individual sites were only included in the analysis if they were sampled across the four seasons between 1 June 2014 and 31 May 2016 (Table 1). To identify seasonal shifts between different continents, average monthly temperatures (between the year 2000 and 2012 [29]) were obtained for each locality (e.g., nearest town or city) and apportioned into quarterly periods. This allowed for direct comparison of seasonal data between global sites.

Table 1. Data summary for FreshWater Watch temperate still water sites and samples (in parentheses) between 1 June 2014 and 31 May 2016.

	North America	Europe	Oceania	Totals
<0.2 ha	0 (0)	15 (135)	0 (0)	15 (135)
>0.2 ha <2 ha	7 (113)	22 (543)	2 (29)	31 (685)
>2 ha <20 ha	2 (33)	20 (215)	1 (43)	23 (291)
>20 ha	1 (10)	5 (71)	0 (0)	6 (81)
Totals	10 (156)	63 (964)	3 (72)	75 (1192)

2.2. Field Measurements

Each dataset contained observations and measurements of ecosystem conditions, hydrology, and water quality, collected using consistent methods. General ecosystem conditions included observations of the land use/cover in the immediate surroundings of the sampling site, visible evidence of pollution sources (e.g., discharge pipes) with estimates of their potential sources (urban or road runoff/drainage, residential, industrial, other) and the presence of bank side vegetation. These observations were limited to the immediate area of the sampling site, in general less than 25 m in both directions. Menu-based

observations of water color, the presence of and algal blooms were also recorded for each site and supported by photographic documentation.

Measurements of dissolved phosphate (P-PO₄) and nitrate (N-NO₃) concentrations were performed from unfiltered samples using colorimetric methods. The method allowed for in situ estimates of dissolved nutrients with exposure to reagents occurring within closed sample tubes, a method appropriate for a mass citizen science programme. Nitrate was measured using a naphthylethylenediamine method (Griess reagent) [30,31] in seven specific ranges from 0.2 to 0.5, 1, 2, 5, and 10.0 mg/L. Phosphate used a low-range enzymatic method (enzyme and 4-aminoantipyrine) [32] also in seven ranges (from 0.02 to 0.05, 0.1, 0.2, 0.5, and 1 mg/L) (Kyoritsu RIKEN, Tokyo, Japan). Turbidity (NTU, LOD 12–240) was measured using a calibrated Secchi tube [33,34], while water color and algal blooms were compared to photographic references present in the program app and data sheets. All data were collected within a quality assurance and control framework (Table 2).

The presence of fish was recorded either directly or through evidence of fishing. The frequency of sampling occasions with fish presence was used as a proxy for fish abundance. Participants are also trained to differentiate between different macrophyte stands and vegetation complexity was calculated as the mean of the percentage of samples at each site that recorded the presence or absence of emergent, submerged, or floating vegetation. The presence of bare bank side, bank side grass, and trees or shrubs and potential point pollution sources (urban/road, residential, industrial, other) were expressed as binary variables as was the immediate dominant land use (predominately urban park, urban residential). The sum of different potential point pollution sources was also calculated (0 to 4). Fluctuation in water level was assessed as the proportion of observations recorded as low or high on a three-point scale (i.e., not average). The presence or absence of algal blooms was averaged across samples within each season and each site as a proxy for algal bloom frequency [35].

Table 2. Quality assurance and control framework within the FreshWater Watch programme.

Prevention	Detection
Training	Feedback
Train-the-trainer events	Automatic (qualitative and quantitative)
One-day experiential learning event	Principal Investigator (local partner)
Mandatory research quiz	Global research team (Earthwatch)
Recording form instruction	Quality control
Voluntary online modular learning	10% validity check by PI [28]
Method testing	Manual database checking protocol [37]
Accredited laboratory [36,37]	Photographs
Independent testing [33,38]	

2.3. Statistical Methods

To consider the presence of seasonal trends in water quality, at each site seasonal median values were calculated for nitrate and phosphate measurements (mg/L, ordinal scale) and mean values for turbidity (NTU, numerical continuous), thus removing any effect of uneven sampling.

Study sites were then classified into two surface area categories to test for differences between ponds and lakes. The classes related to a widely accepted pond definition whereby ponds are those bodies of water that hold water for at least four months of the year and are between 1 m² and 2 ha in surface area that are typically shallow enough to allow for rooted macrophyte growth throughout [22,39].

Urbanization was calculated within a Geographical Information System (ESRI ArcMap 10.4) for a 1 km buffer from each water body using two metrics related to land-use. These were the percentage cover of artificial surfaces, which was derived using the GLC-SHARE dataset [40] (range 0–100) and population density from a gridded population of the world [41] (range 34.9 to 17,682 people/km²). Both global datasets have a 30 arc-second (~1 km²) resolution. Each metric was standardized (0 to 1 scale) and the mean of both used as a broad indicator of surrounding urbanization at each site. Those with urbanization values greater than the median (0.53) were thus considered urban (sites = 37),

with those less than this figure peri-urban (38). Data groupings (e.g., seasonal, pond vs. lake, urban vs. peri-urban) were tested for significant differences using non-parametric methods e.g., Kruskal–Wallis test for multiple groups with the Dunn post hoc test where significant differences were present and Mann–Whitney for paired comparisons. We also tested for differences in group variances using the Brown–Forsythe test. All statistical analyses were carried out in R 3.3.2 [42].

To examine the underlying factors contributing to water quality differences between sites within urban or peri-urban areas we used multiple linear regression incorporating the observational components of the FWW recording form. All possible combinations were tested using an AIC–information theoretic (AIC–IT) approach [43] limiting any single model to no more than three predictor variables in order to retain statistical power. The AIC–IT approach is recognized as a solution to overcoming problems of null hypothesis testing (e.g., a priori false null hypotheses and arbitrary significance levels), and as a means for making inferences based on statistics weighted by support from several models [44,45]. Multiple models are simultaneously compared using a likelihood measure (we used AIC_c to account for small sample sizes) and an Akaike weight (w_i), a measure of the probability that the model i in question would be the best-fitting model of the candidate models, were the data collected again under the same circumstances. The models are then ranked and the best set of models identified using w_i . Multi-model inferences can then be made through the use of w_i by summing this statistic across all models. The relative importance of predictor variables in this study was measured using the cumulative probability ($w + (j)$), namely the sum of w values for all the models in which the predictor of interest occurred. To assess model power and appropriateness the AIC-best predictors were ran in a separate model and residual plots examined. Variance inflation factors (VIF) were calculated to assess for covariance amongst predictors (where $VIF > 2$).

3. Results

We used a test set of 75 study sites distributed across three continents to analyze patterns relating to seasonality, water body size, and the influence of urbanization. Median nitrate (N-NO₃) concentration of across all study sites was 0.10 mg/L (SD 0.94), however 10 European sites (nine UK and one France) equaled or exceeded median concentrations of 1.0 mg/L. Median concentration of phosphate (P-PO₄) across all study sites was 0.016 mg/L (SD 0.036) with four sites (two UK and two Netherlands) exceeding median concentrations of 0.1 mg/L. Mean turbidity was 24.1 NTU (SD 19.9) and algal blooms were typically observed in one in three visits (31.5%).

3.1. Temporal Trends in Water Quality

Temporal patterns in water quality were comparable across all study regions (Figure 2) with statistically significant peaks in nitrate concentration during winter with summer and autumn minima (Figure 2a). Phosphate showed less variation across the seasons, although a spring–summer maxima and autumn–winter minima were observed (Figure 2b).

Observations in algal blooms peaked during the summer months where 42.5% of the datasets contained observations of algal blooms, and were significantly less frequently observed in the winter (Figure 2d). North American sites had notably more algal bloom observations during the summer and autumn than European sites where blooms were more frequently observed in the winter (see Supplementary Material Table S2). Turbidity followed a similar trend (Figure 2c). A weak but highly significant correlation was observed at a site level between algal bloom frequency and turbidity (ρ 0.12, $P < 0.01$).

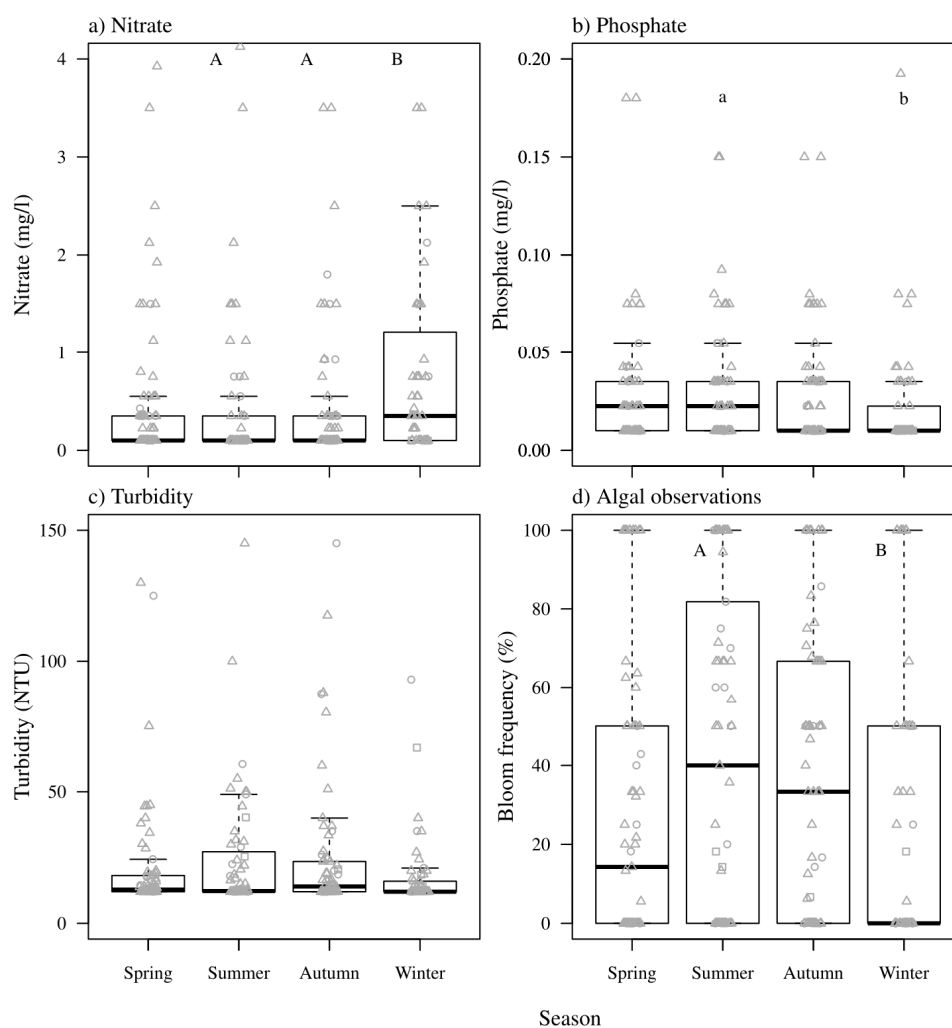


Figure 2. Comparison of nutrient concentrations (a,b), turbidity (c) and algal bloom observations (d) across seasons and continents within still waters (ponds and lakes). Lettering (e.g., A, B) denotes significant differences between seasons (Kruskal–Wallis post hoc Dunn test, where upper case = $P < 0.05$, lower case = $P < 0.1$). Symbols are median seasonal values from individual sites: \square = Oceania, \circ = North America, Δ = Europe.

3.2. Ponds Versus Lakes

Nutrient concentrations did not show differences between ponds and lakes (Table 3; Figure 3). Turbidity measurements were consistently and significantly ($P < 0.05$, Mann–Whitney) greater and more wide ranging ($P < 0.001$, Brown–Forsythe) in ponds (mean 25.3 NTU) than in lakes (mean 17.5 NTU).

Table 3. Comparison of average of and variance in nutrient concentrations, turbidity, and algal bloom occurrence between ponds (<2 ha) vs. lakes (>2 ha). Numbers in parentheses are ± 1 SD.

	Ponds	Lakes	Mann–Whitney p	Brown–Forsyth p
Nitrate (mg/L)	0.1 (0.75)	0.1 (0.44)	0.55	0.54
Phosphate (mg/L)	0.01 (0.02)	0.01 (0.03)	0.86	0.85
Turbidity (NTU)	17.0 (22.9)	13.4 (9.9)	0.01 **	<0.001 **
Bloom frequency (%)	32.0 (27.6)	30.5 (26.9)	0.80	0.56

Note: Asterisks indicate significant difference where * = $P < 0.5$ and ** = $P < 0.01$.

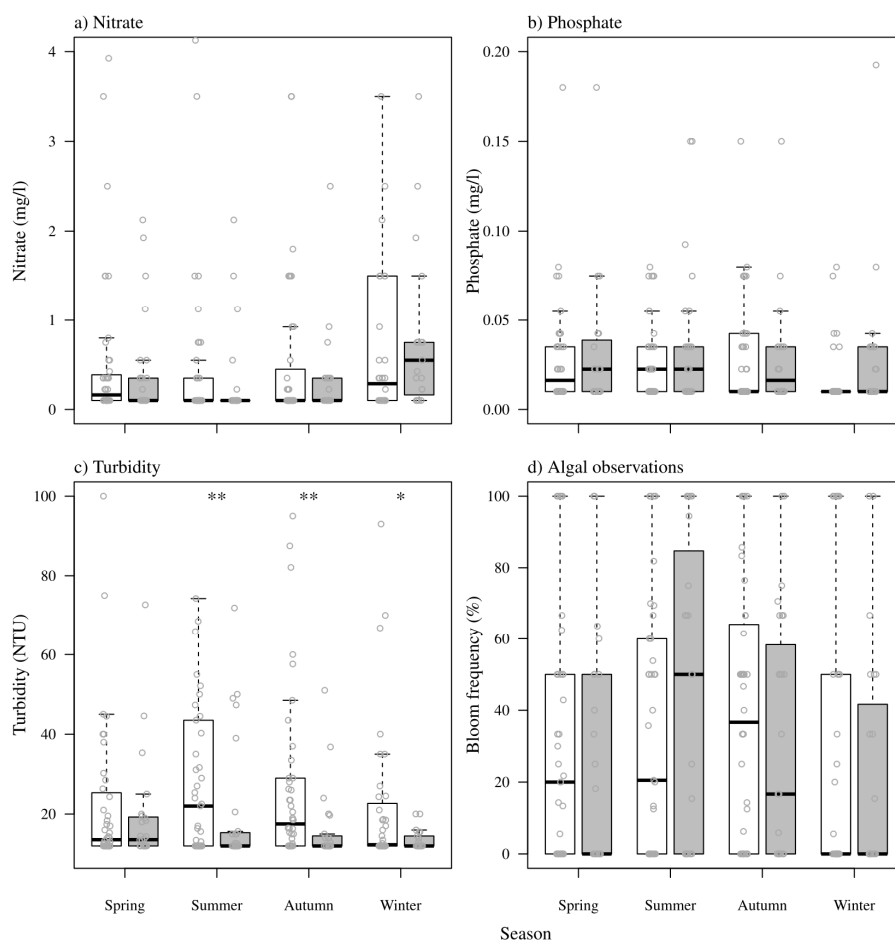


Figure 3. Comparison of nutrient concentrations, turbidity, and algal bloom observations across seasons within ponds (hollow boxes) or lakes (grey boxes). Asterisks denote significant differences between ponds and lakes (Kruskal–Wallis post hoc Dunn test, ** = $P < 0.01$, * = $P < 0.05$).

Significant differences were apparent in biological observations, with evidence of fish presence being significantly more likely in larger water bodies. Conversely, complex macrophyte stands were more frequently observed in the smallest water bodies (Figure 4).

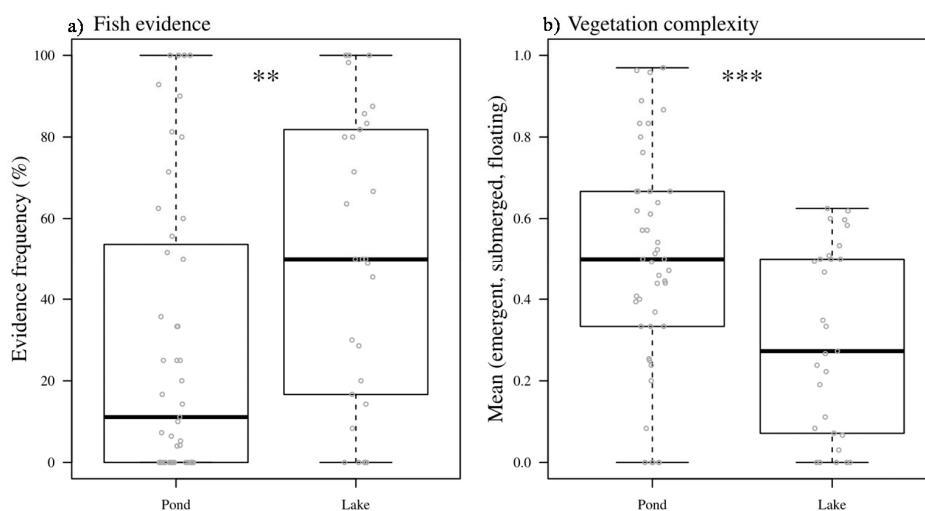


Figure 4. Comparison of physical characteristics between ponds (<2 ha) and lakes (>2 ha). Asterisks indicate significant differences (Mann–Whitney test, ** $P < 0.05$, *** $P < 0.01$).

3.3. Influence of Urbanisation

Peri-urban ponds had higher levels of turbidity compared to urban equivalents (Figure 5c); however, this was not found to be significant (Table 4). There were no differences observed between urban and peri-urban lakes. Both ponds and lakes that were located in more urban areas showed a significant increase in algal bloom observations ($P < 0.05$, Mann–Whitney) (Figure 5d, and Table 5). Other water quality factors did not appear to differ consistently or significantly in response to urbanization.

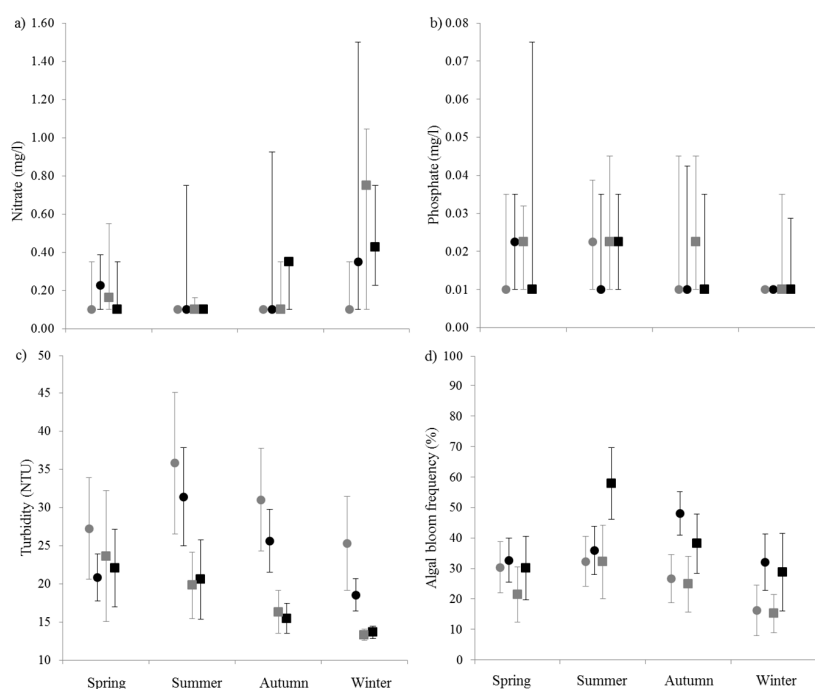


Figure 5. Comparison of water quality trends across seasons between peri-urban (grey) and urban (black), ponds (circles), and lakes (squares). Median values (and inter-quartile range) for nutrients, mean (and standard error) for turbidity and algal bloom frequency.

Table 4. Comparison of nutrient concentrations, turbidity, and algal bloom occurrence between urban vs. peri-urban ponds. Numbers in parentheses are ± 1 SD.

	Peri-Urban	Urban	Mann–Whitney p	Brown–Forsyth p
Nitrate (mg/L)	0.1 (0.74)	0.1 (0.77)	0.19	0.59
Phosphate (mg/L)	0.01 (0.03)	0.01 (0.04)	0.07 *	0.11
Turbidity (NTU)	30.0 (27.1)	24.7 (19.0)	0.91	0.18
Bloom frequency (%)	25.1 (26.2)	38.6 (27.8)	0.09 *	0.54

Note: Asterisks indicate significant difference where * = $P < 0.5$.

Table 5. Comparison of average of and variance in nutrient concentrations, turbidity and algal bloom occurrence between urban vs. peri-urban lakes and ponds. Numbers in parentheses are ± 1 SD.

	Peri-Urban	Urban	Mann–Whitney p	Brown–Forsyth p
Nitrate (mg/L)	0.1 (0.63)	0.1 (0.66)	0.44	0.71
Phosphate (mg/L)	0.01 (0.03)	0.01 (0.02)	0.38	0.15
Turbidity (NTU)	25.4 (22.6)	22.8 (16.8)	0.74	0.25
Bloom frequency (%)	24.7 (24.5)	38.6 (28.3)	0.03 **	0.22

Note: Asterisks indicate significant difference where ** = $P < 0.01$.

3.4. Algal Bloom Frequency Across Urban and Peri-Urban Ponds and Lakes

To identify contributing factors to the differences in algal bloom frequency between urban and peri-urban ponds and lakes, multiple linear regression was used, incorporating observational records taken by FWW participants following a multi-model approach. This resulted in 286 model combinations (max. three predictors per model).

Relative variable importance was calculated across all model combinations in relation to algal bloom frequency in urban and peri-urban ponds and lakes (Table 6). The presence of potential point sources of pollution, in particular those identified by citizen scientists as residential or road origin occurred frequently in the top 10 models and were therefore important predictors of algal bloom observations (Table 7). Another reoccurring driver was water level fluctuations. Interestingly, the strength of the association of these drivers with algal blooms was much greater in urban areas (adj. R^2 0.24, $P < 0.05$), than in peri-urban areas, where both variable importance and standardized model coefficient values were low (adj. R^2 0.008, $P > 0.05$). In urban areas, residential discharges showed a positive association with algal bloom frequency while water level fluctuation and road discharges were negative.

Table 6. Comparison of nutrient concentrations, turbidity and algal bloom occurrence between urban vs. peri-urban lakes. Numbers in parentheses are ± 1 SD.

	Peri-Urban	Urban	Mann–Whitney p	Brown–Forsyth p
Nitrate (mg/L)	0.1 (0.47)	0.1 (0.41)	0.73	0.70
Phosphate (mg/L)	0.01 (0.04)	0.01 (0.2)	0.47	0.86
Turbidity (NTU)	18.7 (11.7)	19.2 (11.4)	0.72	0.85
Bloom frequency (%)	24.1 (22.6)	38.5 (30.4)	0.19	0.20

Table 7. Multi-model inference results using an Akaike information criterion (AICc)—information theoretic (AIC–IT) approach for algal observations in urban and peri-urban ponds and lakes. Table limited to the predictors occurring in the top 10 models. Asterix indicates significance level within the AIC-best model where $P < 0.05$.

Peri-Urban Ponds and Lakes				Urban Ponds and Lakes			
Predictor	β_j	$w + (j)$	#	Predictor	β_j	$w + (j)$	#
Dis_Road	0.078	0.33	8	Dis_Res *	0.300	0.67	9
Lev_Flu	0.054	0.28	3	Lev_Flu *	−0.138	0.44	3
Dis_Tot	0.063	0.28	2	Dis_Road *	−0.185	0.43	5
Veg_Flt	−0.050	0.27	8	Dist_Tot	−0.021	0.34	5
Veg_Emer	−0.046	0.26	2	Bank_Bar	−0.070	0.25	3
LU_For	−0.031	0.21	1	Veg_Flt	0.029	0.15	2
Fish	0.028	0.21	1	Bank_Tree	−0.031	0.14	1
LU_UrbRes	−0.026	0.21	3	LU_UrbRes	0.028	0.14	2
Bank_Grass	−0.025	0.20	−	LU_UP	−0.006	0.10	−
Dis_Res	0.020	0.19	−	Veg_Sub	0.001	0.09	−

Dis_Road = road discharge, Dis_Res = residential discharge, Lev_Flu = water level fluctuation, Dis_Tot = total number of discharges, Veg_Flt = floating vegetation, Veg_Emer = emergent vegetation, Bank_Bar = bare bank, LU_For = forested land-use, Bank_Tree = bankside trees, LU_UrbRes = urban/residential land-use, Bank_Grass = bank side grass, LU_UP = urban park land-use, Veg_Sub = submerged vegetation. Asterisks indicate statistically significant predictors where $* = P < 0.05$.

4. Discussion

4.1. Physical and Temporal Trends

Data collected by citizen scientists engaged in a global study of freshwater quality identified clear seasonal trends in nutrient status, with peak concentrations of nitrate (N-NO₃) during winter periods and phosphate (P-PO₄) during spring and summer. Many studies have principally focused on

phosphorous owing to its assumed role as a key limiter to algal growth, however, bioavailable nitrogen is also an important driver of aquatic vegetation dynamics [46]. In the present study, winter peaks in nitrate conform to commonly observed patterns (e.g., New York lakes [47]) related to assimilation by algae and other plants throughout the spring and summer growing period and subsequent release into the water column during plant senescence when uptake by phytoplankton and denitrifying bacteria is minimal [48,49].

Summer increases in phosphate accord well with studies of shallow artificial ponds in England [50] and Danish lakes [12] where summer peaks in total phosphorus (TP) were observed. This is frequently suggested to reflect internal loading mechanisms, to which shallow water bodies are more susceptible than deeper water bodies owing to the intense sediment to water column interface [11]. The release of P from the sediment is often in a biologically available form, more readily available for uptake by phytoplankton as indicated by trends in algal bloom frequency [51]. Thus the combination of nutrient sampling kits and observational parameter appeared appropriate for monitoring these trends (accept hypothesis 1). Turbidity (NTU) and algal bloom frequency trends were comparable, likely because of the underlying covariance in the parameters. However, whilst significant, the relationship was not strong.

4.2. Pond vs. Lake

Our study identified consistently higher levels of turbidity within ponds (<2 ha) than lakes. Reasons for this are uncertain, however, could relate to the susceptibility of shallow water bodies to resuspension of sediment following disturbance, e.g., from benthivorous fish [52,53] or wind action [54,55]. Fish presence was typically observed less frequently across repeat visits to smaller water bodies (accept hypothesis 2), in agreement with several other studies of fish abundance [14,15]; however, fish were observed at least once in two-thirds (63%) of ponds. Although species were not identified, the relative density of fish in ponds rather than abundance may be an over-riding influence [56].

Higher macrophyte complexity was also observed within small ponds compared to lakes. A number of studies have highlighted the potential conservation value of ponds [2,3], which is closely linked to macrophyte diversity [19,57]. The present study was limited to the presence of emergent, submerged and floating vegetation based on visual observations, allowing for an underestimation in larger, deeper water bodies, in particular regarding the presence of submerged vegetation.

4.3. Influence of Urbanisation

The influence of urbanization was most pronounced in the frequency of algal bloom observations and there seemed to be a potentially greater influence in ponds (reject hypothesis 3). Eutrophic conditions, a precursor to algal blooms are distinguishing component of the urban stream (urban stream syndrome) [58,59]. This study indicates that it is a characteristic of urban ponds, contributing to the global issue, often associated to lakes [60,61].

The association of algal blooms with a suite of observational parameters indicated that the presence of residential discharges were a driver of algal bloom frequency, with hydrological variability (water level fluctuations) likely to reduce the frequency of algal blooms in the most urban sites. Interestingly, the presence of road discharges were also associated with a reduction. Within our study sites, the presence of residential discharges are more likely to represent phosphate availability as a consequence of domestic waste water and household misconnections [62,63]. Conversely, the negative effect of both water level fluctuation and the presence of road discharge could reflect dilution of nutrients or influence trophic interactions resulting in higher grazing pressure [64,65]. The influence of road discharge is less clear, however the chemical composition of road discharge has been identified to both stimulate (e.g., sodium [66]) or inhibit algal growth (e.g., de-icing salts or herbicide [67]).

Citizen observatories have previously been identified as a potentially powerful tool for the monitoring of algal blooms [35,68] with a suite of applications now having being developed to

facilitate their record such as CyanoTRACKER (University of Georgia), Bloomin' Algae (Centre for Ecology and Hydrology), and bloomWatch (US EPA). The present study suggests that potential local scale drivers may also be monitored by citizen scientists.

5. Conclusions

The incorporation of trained volunteers in the monitoring of inland water bodies presents a potential to broaden our knowledge of their conditions and dynamics [69,70]. This is particularly important for shallow lakes and ponds, which are often overlooked by national and international legislation. In the present study, we demonstrate that observations and measurements of trained citizen scientists can support the identification of temporal and spatial patterns in temperate ponds and lakes.

Most ponds and lakes within urban areas are artificial and often built as part of the supporting infrastructure (e.g., storm water storage, sustainable urban drainage systems). From their local aquatic ecosystems, human populations derive many services which support the economy and wellbeing [71,72]. Direct drivers to the loss of ecosystem integrity will affect their functioning [73,74] and are often difficult to identify. We show that the combination of GIS data with local-scale observational data recorded by the citizen scientists helps to identify local drivers to ecosystem degradation. The results also confirm the role of size in influencing both water quality and ecosystem conditions, again indicating the potential benefits of citizens to cover these often overlooked ecosystems.

Overall, the approach proved promising to both ends, however, citizen science is not without its limitations and its application is not always appropriate. Further, the engagement of citizens can be time-consuming and further research is needed to understand the motivations of local communities with regards to their freshwater resources. We recommend that citizen science provides a useful complementary tool to regulatory and professional monitoring and could act as an early warning system.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4441/10/7/839/s1>, Table S1: Site summaries for ponds and lakes included within the analysis, Table S2: Average seasonal water quality statistics ($\pm 1SD$) for temperate still waters across Oceania (OCN), North America (NAM), and Europe (EUR). Median values displayed for nitrate (N-NO₃) and phosphate (P-PO₄), mean values for turbidity (NTU) and frequency of algal observations (presence/absence).

Author Contributions: I.T. conceived of the investigation here presented and carried out all statistical analysis and helped train FWW participants. A.C. carried out preliminary investigations of still water FWW data and helped edit and refine the manuscript. S.L. contributed significantly to the FWW citizen science programme and provided advice regarding the aims and objectives of the present study as well as editing capacity.

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