Review

Shipping and Air Quality in Italian Port Cities: State-of-the-Art Analysis of Available Results of Estimated Impacts

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Abstract: Populated coastal areas are exposed to emissions from harbour-related activities (ship traffic, loading/unloading, and internal vehicular traffic), posing public health issues and environmental pressures on climate. Due to the strategic geographical position of Italy and the high number of ports along coastlines, an increasing concern about maritime emissions from Italian harbours has been made explicit in the EU and IMO (International Maritime Organization, London, UK) agenda, also supporting the inclusion in a potential Mediterranean emission control area (MedECA). This work reviews the main available outcomes concerning shipping (and harbours') contributions to local air quality, particularly in terms of concentration of particulate matter (PM) and gaseous pollutants (mainly nitrogen and sulphur oxides), in the main Italian hubs. Maritime emissions from literature and disaggregated emission inventories are discussed. Furthermore, estimated impacts to air quality, obtained with dispersion and receptor modeling approaches, which are the most commonly applied methodologies, are discussed. Results show a certain variability that suggests the necessity of harmonization among methods and input data in order to compare results. The analysis gives a picture of the effects of this pollution source, which could be useful for implementing effective mitigation strategies at a national level.

Keywords: harbour air quality; maritime transport; shipping impact; particulate matter; gaseous pollutants; shipping emissions; source apportionment; dispersion models; low-sulphur fuel; ECA

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1. Introduction

Emissions of atmospheric pollutants from harbours arise from different sources directly or indirectly related to port operations. The presence of several transport modalities, such as ships, cargo trucks, cranes, cargo handling equipment, and rail locomotives, contributes to maritime-related emissions of particulate matter (PM), nitrogen oxides (NO_x), sulphur dioxide (SO₂), carbon monoxide (CO), and VOCs (volatile organic compounds) [1–7], as well as other harmful pollutants, such as vanadium (V), nickel (Ni), BC (black carbon), and polycyclic aromatic hydrocarbon (PAHs). Primary particles emitted by ship-engine exhausts are predominantly in the sub-micron size fraction, thus contributing to fine and ultrafine particle concentrations [8–11].

Significant efforts to reduce air pollution from land-based sources have already been taking place worldwide, yet shipping is not regulated as strictly as most other sectors (i.e., road transport). In some Italian port cities, such as Civitavecchia or Venice, cruise ships emit more NO_x, and especially sulphur oxides (SO_x), than the total local passenger car

fleet (Figure 1) and SO_x will remain considerably large compared with road transport even after the introduction of the global 2020 marine sulphur cap [12]. Since road diesel will become cheaper gradually with the phase-out of diesel cars, switching from shipping to road transport, also using alternative fuels, is considered a possibility in the near future. At the present, the best marine sulphur standard (0.1%) remains 100 times worse than Europe's sulphur standard for road diesel/petrol (0.001%), which has been in place for the past 15 years. At the European scale, maritime shipping generated over 90% of transport-related SO₂ emissions, while associated PM_{2.5}, PM₁₀ (PM with aerodynamic diameter less than 2.5 and 10 µm, respectively), and NO_x emissions represented 45%, 28%, and 35%, respectively [13], contributing at national level to total emissions up to 80%, 30%, and 5%, for SO_x, NO_x, and PM_{2.5}, respectively [14].

Figure 1. Yearly SO_x emissions from cruise ships and cars in some harbour cities in Europe in 2017. Adapted data from [12].

Recently, average PM_{2.5} concentration measured in harbour areas ranged from 9.7 µg/m³ [15] to 19.5 µg/m³ [16] in Europe, relatively lower than some Asian port cities, where typical values were between 44 µg/m³ [17] and 62.6 µg/m³ [18]. Average absolute contributions from shipping to ambient PM_{2.5} were about 0.36 µg/m³ in January and 0.75 µg/m³ in June, across the Yangtze River delta in China [19], significantly differing from values found in other Chinese harbours such as Xiamen (51.9 µg/m³, [20]) and Shanghai (62.6 µg/m³, [18]). Comparable results were obtained in European port cities, with ship-related PM_{2.5} concentrations of 2.3 µg/m³ in Brindisi (Italy [21]) and Melilla (Spain [11]), 1.2 µg/m³ in Nicosia (Cyprus [22]), 1.0 µg/m³ in Barcelona (Spain, [23]) and Athens (Greece [24]), 0.8 µg/m³ in Msida (Malta [25]), 0.4 µg/m³ in Venice (Italy [26]), and 0.26 µg/m³ in Genoa (Italy [27]). In relative terms, impact estimate values for PM_{2.5} in USA coastal sites ranged from 3% to 9% and between 0.2% and 14% in some Mediterranean port cities, although a relative difference was evident with respect to Northern Europe, where Emission Control Areas (ECAs) exist. Significantly larger impacts were computed in proximity of some busy harbours in China (i.e., Shanghai, Hong Kong) reaching 25% [28,29]. Regarding gaseous pollutants released by ships, more limited studies are available [29–33]. Relative contributions to SO₂ and NO_x concentration were found to be higher than that of PM, ranging from 1% to 81% for SO₂ and from 9% to 40% for NO_x [32,33]. Contrarily, ships' contribution to CO emissions was typically comparable with their contribution to PM [32].

Ultrafine particles from cruise ships and ferries (which represent the majority of ship traffic in some harbours) at berth can cause specific problems both to occupational health for harbour workers and for coastal residents. Worldwide, 14,500–37,500 premature deaths were attributed to PM_{2.5} related to shipping, with the highest values in areas recording both high PM concentration and coastal population density [34]. Projections indicate that the application of the new IMO 2020 policy will lead to a global decrease of morbidity and premature mortality due to shipping of about 54% and 34%, respectively [35]. However, 250,000 premature ship-related deaths and 6.4 million cases per year of childhood asthma have been estimated to occur after 2020, despite the reduction measures [35].

The use of low-sulphur fuels has been demonstrated to reduce shipping's contribution to SO₂ concentration and to secondary (via reduction of secondary sulphate) and primary PM in some port cities [36–38]. Consequently, as of 1 January 2020, global regulation of sulphur content in fuel of maximum 0.5% in weight, enforced outside SECAs (sulphur emission control areas), is expected to reduce global SO_x and PM emissions by 75% [35]. However, a significant reduction in NO_x emissions (outside nitrogen emission control areas, NECAs) is not expected and so far, there have been no EU-specific requirements for ships to reduce greenhouse gases (GHGs) emissions. In addition, the measure entitled “Regulations on Energy Efficiency for Ships” mandates the energy efficiency design index (EEDI) for new ships and the ship energy efficiency plan (SEEMP) for all ships as a global energy efficiency standard. It should be said that, in the short term, no further regulation of SO₂ emissions from shipping (except for the implementation of new SECAs) is expected; however, enforcement inside and outside SECAs must be maximized to get the full benefits of the regulation. In the long-term period, further actions are needed to reduce sulphur emissions by using alternative fuels, retrofitting systems (i.e., scrubbers), and/or by switching to road diesel or rail transport. In Europe, some government and regulatory agencies and organizations, have introduced several initiatives to improve air quality in port areas in a “green port” perspective, thus minimizing human health and climate impacts, which may be considered as two faces of the same medal. In particular, the European Sea Ports Organisation (ESPO) proposed a gradual approach to reduce port emissions, starting from those at berths close to urban areas and then focusing on cruise ships' and ferries' exhausts. This is in accordance with the “European Green Deal”—Europe's objective to become the world's first net zero emission area by 2050 and to reduce emissions by 50% compared with 1990 levels by 2030.

Definitely, seaports and waterborne transport are seen as a priority in ensuring resilience and adaptation to climate change. Maritime transport was included in the EU's emissions trading system, setting binding requirements for shipping companies to reduce their carbon dioxide (CO₂) emissions by at least 40% by 2030. As with other decarbonization actions, the Directive 2014/94/EU on alternative fuels infrastructure (the AFID) promotes the use of alternative fuels in the transport sector by mandating Member States to ensure that there is an appropriate number of liquefied natural gas (LNG) re-fueling points (fixed or mobile) in Trans-European Transport Network (TEN-T) core ports by the end of 2025 [39].

In this picture, designation of the Mediterranean Sea as a SECA and/or NECA would socioeconomically benefit both the health and quality of life of the European citizens and the economy. A recent report [40] tried to assess the feasibility and the potential benefits of the implementation of a NECA or/and a SECA in the Mediterranean Sea (namely MedECA). Health benefits (as in avoided premature deaths) of such implementations were calculated as increasing by more than an additional third compared to the impact of the 2020 sulphur regulation (with Algeria, Egypt, Italy, and Turkey as the main beneficiaries), estimated at nearly 1730 avoided premature deaths per year.

This paper aims to review the current knowledge about the impact of Italian harbours on air pollution, due to both maritime traffic and related logistic activities in port areas. The focus is to summarize and discuss the main findings from available literature about relative shipping influence on atmospheric pollutants (gases and particulate matter), that could cause environmental and health issues. A deeper state-of-the-art analysis of air quality near to Italian harbour areas is provided, although different contribution estimation methodologies (i.e., source-oriented and receptor-based approaches) and associated uncertainties are present.

This work highlights the need of standardized and shared methods that could lead to more efficient management and development of seaports, also supporting future mitigation policies on harbour logistics and in-port ship movements and at berth. In this way, a “green” development of seaports can be achieved, combining economic, environmental, and health benefits in such polluted, industrialized, and populated coastal areas.

2. Organization of Harbours in Italy

Italian harbours play a logistic role as intercontinental interchange centers, being located within important commercial routes with Europe, North Africa, and Asia. At European scale, the country is very active, with the third-largest intake traffic in the EU and the fourth-highest one in terms of export tonnage, with five of the top-40 ranking ports for tons of freight loaded and unloaded in 2015, namely Trieste, Genova, Livorno, Gioia Tauro, and Ravenna [41]. At national level, import/export by sea represented 38% of the total commercial exchanges in 2017, with a growth of 12.4% compared to the previous period 2012–2016. The top three ports, in terms of movements of goods, in 2017 were Trieste (62 million tons), Genoa (54.2 million tons), and Cagliari (37.9 million tons), while the highest increase (>10%) was found for Messina, La Spezia, Salerno, and Catania. The most important Italian cruise harbours are Civitavecchia and Venice, with 1.4 and 2.2 million passengers in 2017, respectively, doubled and increased by 60% from 2006 to 2017. Italy is the worldwide leader for short sea shipping (SSS), in terms of gross tonnage, number of ro-ro cargo, and passenger cargo, with Trieste and Genoa in the EU top ten of commercial ports [42].

The National Strategic Plan for Ports and Logistics [43] highlighted the significance of environmental issues for the port industry. The Italian harbour system presents high heterogeneity as size and typology among infrastructures, and at the present, includes 33 harbours, organized in 15 port system authorities (Figure 2) according to the new law on port governance (D.L. 163/2016), each with a core network port. Taking into account that five million people live in the 33 port cities abovementioned, and that a third of Italy's population is resident within 5 km of coasts [44], health and environmental issues in port cities should be unavoidably evaluated. Furthermore, some ancient port cities, such as Venice and Naples, received the most attention because of the potential damage caused by large cruise ships on historical, economic, and environmental heritage. Voluntary agreements (named “Blue Flag”) for Civitavecchia (since 2017), Venice (renewed yearly since 2007; present version since 2017), and Ancona (since 2018) have been signed among port authorities, cruise companies, municipalities, and stakeholders, anticipating the 2020 IMO regulation. All actors have committed to use lower-sulphur-level fuel (less than 0.1%, much lower than required by EU and Italian regulations) since entering into harbour and not only at berth.

Figure 2. Merchant and passenger traffic volumes for the 15 Italian port authorities.

3. Approaches for the Assessment of Shipping Impacts on Atmospheric Pollutants

The source apportionment of shipping's atmospheric impact in cities with harbours is a complex task. It is not easy to discriminate and quantify the influence of ship traffic in such areas, because of the superimposition of adjacent land-based sources (i.e., industrial settlements, railway, urban agglomerates), other port activities, and/or local complicated dispersion conditions. Inside harbour areas, different emission sources act simultaneously, and are more or less relevant according to harbour function: maneuvering and hoteling phases, loading/unloading ship-related operations (i.e., cranes), vehicular traffic inside harbour. A large number of studies, including land-based, ship-based, and experimental measurements and model simulations (e.g., the weather research and forecasting (WRF)–Chem model, the WRF–community multiscale air quality (CMAQ) model, and the Goddard

Earth observing system (GEOS)–Chem model), have been applied to investigate the impact of shipping emissions on air quality at different scales. Modeling has the advantage, compared to measurements, that it is possible to investigate spatial variability, long-term trends, and future scenarios. However, detailed and reliable emission estimates are needed [45].

Different receptor models' approaches could be used to estimate the contributions of shipping by using statistical multivariate analysis on the chemical characterization data of PM: positive matrix factorization (PMF), principal component analysis (PCA), chemical mass balance (CMB), and multiple linear regression (MLR). In particular, chemical tracers of heavy oil combustion sources (including shipping) such as vanadium (V) and nickel (Ni) have been used to estimate primary contribution to PM_{2.5} [18,46]. This is especially because ratios of V/Ni values between 2.5 and 3.5–4.0 [11,47,48] are considered typical ship's engine combustion markers, while ratios <2 are commonly associated with the presence of Ni-rich atmospheric pollution sources [49]. A few studies are devoted to the characterization of secondary aerosol contributions from ship emissions, even if they could be higher than the primary contributions [11,21,50]. Online high temporal resolution detection of pollutant concentration could be used to identify ship plumes [51,52]. Some studies were carried out in Mediterranean ports, by using high temporal resolution measurements of particles and gaseous pollutants, correlated with wind conditions and ship traffic [26,30,31,53]. An advantage of these experimental approaches is that no detailed information on sources is needed; however, results could be obtained for limited periods of time and in a limited number of sites.

3.1. Estimation of Shipping Emissions

Although in-port emissions represent only a small share of the global emissions of shipping [54], they could imply detrimental effects on life quality, in terms of human health, in local communities [55,56]. In order to regulate shipping emissions, their robust quantification and localization is necessary. Unfortunately, harbour emission inventories are usually less refined than those of other transport sectors, because of the absence of accurate information on the ship movements, operating times, and fuels used, and high uncertainty on emission factors (EFs) [57].

Generally, shipping emissions have been estimated in several studies with full top-down, full bottom-up, and bottom-up/top-down plus geographical characterization modeling approaches at local and regional/global scales. In the full top-down approach, total emissions are calculated at a large scale, (i.e., national), and then extrapolated at a smaller scale (regional or urban) using proxy variables. Contrarily, in the full bottom-up approach, pollutant emissions are estimated for each ship in its specific position and during a specific activity, and then aggregated over time and space. Being useful to obtain a preliminary estimation of local emissions, this methodology has been used in several works and by national environmental agencies [57–61]. Due to the increasing ship data availability through the automatic identification system (AIS), the bottom-up methodology is considered more accurate, although it requires several efforts for data collection and analysis.

The methodologies applied to compute emissions are based on different assumptions and information, and estimates are generally carried out at local or national level on annual basis.

The choice of the methodology for estimating shipping emissions is strictly related to the availability of detailed information on activity data (i.e., fuel, engine type, ship movements), aggregated at different levels and derived from different sources (i.e., national statistics, local port authorities). In particular, Tier 1 and 2 approaches use fuel consumption by fuel type, but require country-specific data on the proportion of fuel used and the engine type (slow, medium, or high-speed engines). Therefore, they are based on fuel consumption as activity indicator, assuming average ship-emission characteristics in the estimation procedure. Alternatively, if detailed ship movements as well as technical ship data (i.e., gross tonnage, engine size and type, power installed, fuel consumption, time spent in different phases) are available for individual ships, a Tier 3 approach is suitable, even if it

is time-consuming compared to the previous ones. In all cases, emissions should be split in domestic and international emissions, according to criteria defined in the last European Monitoring and Evaluation Programme/European Environment Agency (EMEP/EEA) report [14]. Even if the distinction between emissions in harbours and during navigation is not required, such information can be relevant for local inventories and for air-quality modeling purposes. In this case, the Tier 3 approach is recommended, in which several phases in shipping are distinguished. Definitively, a combination of different data sources could be a good choice to get more comprehensive and accurate outcomes [61].

Several uncertainties are related to parameter data input such as load factors, fuel type, and consumption rate, generally known only as average values depending on the vessel classes [62,63]. The main uncertainties of in-port ship emissions are due to their inhomogeneity in different aspects: availability of data for each vessel category (data on commercial ships are uncommon than those of cruise ships); attribution of emissions to in-port activities (maneuvering, hoteling, navigation); degree in detail of data for each vessel type (i.e., calls, TEU for commercial ships, total passengers for cruise ships). Most of the methodologies and emission factors (EFs) applied derive from literature [10,59,62,64–76]. However, EFs used for different pollutants (NO_x , CO, PM, SO_2 , CO_2) can markedly differ among studies, by using the ENTEC reference [77] or the modified version for main and auxiliary engines [57,59] and for different loads [60,78,79]. ENTEC (2002) provides uncertainties for EFs, indicating that the highest values are estimated for PM and non-methane volatile organic compounds (NMVOCs) (between 25% and 40%); however, uncertainties range from $\pm 50\%$ to $\pm 5\%$ if incomplete or complete activity data are available, respectively. Finally, since the errors are random and some underestimations could be balanced by overestimations, a reasonable value of 30% may be assumed as average emissions uncertainty [31,80].

In conclusion, a comparative analysis of current methods for energy consumption estimation and emissions in open sea was reported by Moreno Gutierrez et al. [80], while pollutant emissions rates for different in-port phases (mooring, maneuvering) of cruise ships in some harbours in Greece were determined by Papaefthimiou et al. [69].

Apart from these different approaches in calculating emissions, correlation with traffic data should be assessed in order to estimate the real impact of shipping to local air quality. A regression analysis between emission indicators (NO_x , SO_x , CO, and PM) and independent variables, such as port time, passenger capacity, and vessel gross tonnage (GT), was performed in some European and non-EU harbours, evaluating load factor, engine working time, fuel type, and hoteling electric power [81,82]. Generally, the influence of ship emissions on pollutant concentrations has been demonstrated to be significant only during ship-plume-influenced periods (i.e., sampling sites downwind). Nunes et al. [83] demonstrated that the hoteling phase was the most critical one and container ships were, in general, the major causes of emissions, together with cruise ships (in summer).

3.2. Receptor and Dispersion Modeling Approaches

The two different source apportionment (SA) approaches have peculiar potentialities to be exploited: by one side receptor models, more suitable to identify emission sources associated to specific markers, and, on the other side, simulation models (i.e., chemical transport models, CTMs), which can be useful to investigate the formation of secondary aerosols, also apportioning gas precursor emissions. As a consequence, results from receptor models are only referred to the monitoring site, while numerical models provide outcomes on the whole studied territory with a certain resolution. In order to create concentration/contribution maps, dispersion and photochemical models are usually applied.

Different modeling approaches have been adapted from global/continental/national scale [35,84] to local level [32,85,86] with both advantages and drawbacks for each methodology. The uncertainties of the alternative approaches (i.e., dispersion models) are described in the literature [87–89].

The Gaussian dispersion models such as the California puff model (CALPUFF), and the atmospheric dispersion modeling system (ADMS), can simulate the effects of temporally and spatially variable meteorological conditions from point, line, area, or volume sources at local scale (i.e., urban). In order to assess the contribution of ship emissions to air quality, concentration values at specific grid cells (corresponding to receptor points) are compared with those measured at fixed monitoring stations.

Other Eulerian CTMs, such as the comprehensive air quality model with extensions (CAMx), CAMx-PSAT (particulate matter source apportionment technology), SPRAY, or the flexible air quality regional model (FARM) are regional photochemical dispersion models, which simulate the emission, dispersion, chemical reaction, and removal of pollutants by solving the pollutant continuity equation forward in time for each chemical species on a system of three-dimensional grid(s). These models simulate primary and secondary pollutant transport and concentrations at different scales. The spatial resolution is defined separately for the horizontal grid and the vertical layers, and the model can be adapted to different meteorological models (i.e., WRF). Specific techniques such as PSAT could be implemented in CAMx to provide source apportionment for primary and secondary particulate matter species. In this case, in order to estimate shipping contribution, an approach called the “zero-out method”, using WRF-CAMx or FARM, computes the relative difference in concentration of investigated pollutants between two scenarios. In the first run, all natural and anthropogenic emission sources are included, while in the second one shipping pollutant emissions are excluded. Then, extrapolation of concentration values of specific grid cells indicates the shipping/harbour impact.

Receptor models (PCA, PMF, CMB) aim to reconstruct the contribution of different sources of atmospheric pollutants, based on ambient data (i.e., PM elemental and chemical composition) at monitoring sites. The main advantage of receptor models is that they could be applied with limited knowledge regarding emission sources acting on a specific site. On the other hand, one limitation is the limited spatial resolution and the difficulty of distinguishing shipping emissions from those of other sources such as “heavy oil combustion”, characterized by the same chemical species in PM [21]. According to chemical characterization of PM, a qualitative indication is obtained by investigating the V/Ni ratio. A V/Ni ratio between 2.5 and 3.5–4.0 is considered typical for ships emissions [11,47,48], whilst ratios <2 are commonly associated with the presence of Ni-rich atmospheric pollution source [49].

In PMF analysis, a factor/source characterized by V and Ni typically identifies and quantifies heavy oil combustion, including shipping [11,27]. However, it could effectively represent a mixed factor with industrial emissions that are present in the study area. Therefore, shipping’s contribution to primary PM_{2.5} can be extracted considering the V as a marker for the combustion in ships’ engines [18], by using the formula suggested in previous studies [46].

In other studies, a statistical analysis of high temporal resolution data is applied in some Adriatic harbours [26,31,55,90]. In this case, the approach used is based on the integration and synchronization of data of wind direction, pollutant concentrations, and ship traffic (departures/arrivals and maneuvering). The impact on the concentration is estimated by comparing the average concentration in cases influenced by ships to that in cases not influenced, when the measurement station was downwind of potential emissions.

4. Emissions of Italian Harbours

Estimates of emissions from the navigation sector were carried out in the last Italian inventory [91], according to the Intergovernmental Panel on Climate Change (IPCC) guidelines and good practice guidance [92,93] and the EMEP/EEA guidebook [14]. Here, navigation was recognized as a key source category with respect to emissions of NO_x, SO_x, CO, PM₁₀, PM_{2.5}, and BC. National average emissions and consumption factors were estimated for harbour and cruise activities both for domestic and international shipping from 1990 to 1999; estimates were updated since 2000, in order to consider the most recent

trends both in terms of modeling between domestic and international consumptions and improvements of operational activities in harbours [94]. Emissions from international navigation are also estimated and included as memorandum items but not included in national totals [14]. In addition, the composition of the national fleet of gasoline-fueled recreational crafts changed from 90% of two-stroke-engine-equipped vessels to 53% of four-stroke-engine ones, since 2000, thus influencing emissions of CO, NMVOC, and PM.

Results reported in Figures 3 and 4 for the main pollutants must be interpreted taking into account the effects of the EU legislation combined with national law for maritime fuels. From 2002, the introduction of a limit of sulphur content in maritime gasoil equal to 0.2% and 0.1% was set. A maximum sulphur content in fuels was established at 1.5% in harbour from 2008, and, from 2010 equal to 2% in domestic waters and 1% in harbour. Overall, in the period from 1990 to 2018, two different phases could be observed for all pollutants analyzed.

In particular, CO and NMVOC emission trends seem to be superimposable with a very significant decrease since 2012 for national shipping. Instead, the rest of the pollutants (NO_x , SO_x , CO, PM_{10} , $\text{PM}_{2.5}$, and BC) reflect comparable emissions for international and domestic navigation until 2001–2002, and then increasing for international shipping that exceeds national emissions. Differently, being directly related to legislation limits, SO_x national emissions recorded the most pronounced decrease (at least about 50%) since 2002, likely due to the shift of the sulphur content gasoil limit from 2% to 0.2%.

Within ship traffic, cruise tourism significantly increased during the last several years, therefore many port cities are progressively expanding their harbour areas and logistic infrastructures. The European market has grown by 162% over the ten years from 2002 to 2012 [95]. This implies coastal residents' exposure to pollutant emissions from shipping, in some cases considerably even larger than from road transport. Predictions on cruise ship emissions, even after the 2020 legislation, indicated SO_x emissions up to 18, 10, and 41 times higher than all of the passenger vehicles respectively in Spain, Italy, and Greece (Barcelona, Palma Mallorca, and Venice are among the top Mediterranean cruise destinations), with no change on emissions in ports and in SECAs [12].

In Italy, cruise ship traffic is notably a significant sector, and the country has four of the top ten Mediterranean harbours in terms of number of passengers and port calls in 2019 [95]. Civitavecchia is the second harbour in Italy, after Genoa, while Naples recorded the largest increases (33.5% and 20.3%) for passengers and port calls from 2018 to 2019, respectively [12]. Finally, the harbours of Ravenna and Trieste are considered to have the highest potential along the Adriatic coasts, due to their strategic positions within commercial corridors and innovation skills [95]. In a recent report [12], cruise ship emissions were estimated at port and country-level for 2017 and results only for Italian harbours are summarized in Figure 5. The highest emissions were observed for Venice, Civitavecchia, and Livorno, followed by Naples and Genoa. This is reasonable considering the highest numbers of ships and gross tonnage (not reported). Genoa had more relevant emissions with respect to other sites with comparable traffic (Cagliari, Messina, and Palermo). Venice and La Spezia showed different ratios between pollutants, with the overall lowest values of SO_x emissions, also representing the minor pollutants emitted compared to PM and NO_x . In Venice, this finding could be explained as an effect of the voluntary agreement named “Venice Blue Flag”, between stakeholders and ship companies, that reduced significantly not only SO_x emissions but also PM primary and secondary emissions [36].

Figure 3. Gaseous emissions of national and international shipping, reported in the Italian emission inventory in the 28-year period 1990–2018. Data from ISPRA elaborations [91].

Figure 4. PM and BC emissions of national and international shipping, reported in the Italian emission inventory in the 28-year period 1990–2018. Data from ISPRA elaborations [91].

Concerning other ship categories, some commercial harbours could represent the majority in terms of gross tonnage and number of ships (i.e., ferries, cargoes). Italy has four leading hubs: Gioia Tauro, Genoa, La Spezia, and Trieste, in three different important areas and commercial networks. Emissions of different vessel categories and for each operation phase were computed in several studies in Italian harbours with activity-based methodologies, then represented as input for model simulations. Total emissions of NO_x, PM₁₀, SO₂, CO and NMVOCs were calculated in some Italian harbours in different studies and ad-hoc projects by applying EMEP/EEA methodology (Figure 6).

Figure 5. Cruise emissions in the main harbours in Italy. Number of ships is also reported for each site. Adapted data from [12].

Figure 6. Total annual emissions in some Italian harbours. Number of ships (if available) and base year of emissions are also reported for each site [32,73,85,90,96–98].

Venice is the most trafficked harbour, with important emissions of all pollutants, and a marked decreasing trend in SO₂ emissions from 2007 to 2017. Comparable values of NO_x emission are reported for Genoa. Other pollutants represented a small share, except for NO_x emissions, which were the largest in all ports. Although there are comparable ship traffic volumes, in terms of number of ships, in Bari, Ravenna and Civitavecchia, emissions differed for PM₁₀, SO₂, CO, and NMVOCs, with comparable values only for NO_x.

5. Shipping Contribution to Concentration of Atmospheric Pollutants

Relative impact of shipping and in-port activities have been estimated by calculating shares of measured pollutant concentrations associated with harbour area, evaluating spatial (simulation models) or temporal (high temporal resolution sampling in ambient air) variation in concentration values, or investigating specific chemical tracers (i.e., V). Available studies regarding gaseous pollutants emitted by ships using receptor-oriented approaches are more limited yet and generally focused on NO_x and SO₂.

By applying the ADMS model in Bari, estimated impacts, considering both ship traffic and internal logistics activities (road vehicles and cranes), to specific receptor sites at different distances from the harbour, were highest for NO_x (up to 40%) and PM_{2.5} (up to 12%), compared to negligible contributions for CO and SO₂ (solely due to ships and markedly decreasing just outside the port area). Vertical profiles of SO₂ for some categories of vessels (cruise, ferries, and fast vessels) in Naples [99] revealed that, although cruise ships had the maximum absolute emissions, contributions at different heights of fast vessels were the highest. This study indicated that the best position of receptor points should not be at ground level inside the harbour area but between 20 and 50 m, corresponding to the maximum emissions for fast vessels and large ferries, respectively. By applying CALPUFF in the same harbour [33], the contribution of cruise ship emissions, estimated on a yearly basis (2016) and at 2 km from the relative terminal, was found equal to 2.47% for NO₂, reaching a maximum in summer (3.58%), while higher contributions were estimated inside the port area, at the terminal (6.10%). This confirms the fact that impact of shipping emissions rapidly decreases outside the harbour area, as found in other studies [32]. If short time averages are considered, 1-h peak concentrations (values > 99^o percentile) could lead to an impact of 86.2% for NO₂, while contribution to SO₂ was still low (≈1%) due to the use of low-sulphur content fuel (0.1% w/w). Gariazzo et al. [100] applied the 3D Lagrangian model SPRAY in Taranto, concluding that harbour activities did not contribute significantly to urban air quality, with respect to emissions from industrial areas; however, emissions of NO_x and SO₂ from ships accounted for 9% at selected urban monitoring stations.

Considering ship plume behavior, with relatively short and intense concentration peaks, modulated by the activities within the harbour (arrival, departure, and hoteling of ships) and by the local meteorology, impacts from experimental high temporal resolution measurements could be computed. A statistical approach was performed in Brindisi [31], synchronizing ship traffic movements (arrival/departure) with concentration data when the harbour was downwind. In this case, results were comparable with those found by two different simulation models in the same area [90] and in the range estimated for Bari [32] and Trieste [101]. The cells of the simulation domain of the WRF-CAMx model that better represented the measurement sites in Brindisi and Venice port cities were extracted, obtaining numerical modelled contributions for PM_{2.5} and PM₁₀ in reasonable agreement with the calculations obtained from measured data [90].

Comparing results listed in Table 1, the relative contributions to SO₂ and NO_x emissions were higher compared to those to PM_{2.5} and/or PM₁₀ emissions (Table 2). This is an important finding since the exceedances of NO_x regulatory limits could be a notable issue to be dealt with in mitigation actions. It must be said that the values listed in Tables 1 and 2 depend on the distance of the measurement site from the harbour location. In addition, the studies could include periods that had different legislation regarding sulphur content in fuels. As expected, SO₂ was the relative largest gaseous contributor from shipping, being a source-specific pollutant, not related to other sources (apart from some industrial activities). The values obtained with different models reflected a wide variability, ranging from 1% to 81%. However, it must be said that such contribution of SO₂ was found to be lower than those of NO and NO₂, if in-harbour phases (i.e., berthing and hoteling) were evaluated, because of the required use of low-sulphur fuels [31]. The concentration of SO₂ during a cruise campaign approaching some Mediterranean harbours (including Civitavecchia and Savona) was found to decrease from 2009 to 2010, as a consequence of the application of the European Directive from January 1, 2010 [102]. In addition, projected emissions of SO_x for

2020 (after entry into force the new sulphur limit from 1.5% to 0.5% for cruise ships sailing in EU ports and SECAs) indicated a reduction of 66% at national level [12]. Moreover, it has been demonstrated that the use of cleaner fuels within harbour areas could lead to a reduction of secondary and primary PM [73,83,84], but not significantly of metals in PM₁₀ (excluding V) and PAHs [16,53].

Table 1. Shipping contributions to the main gaseous pollutants in some Italian harbours, estimated by different receptor-modeling different approaches.

Harbour Site	Gas	Contribution (%)	Model	Year	Reference
Brindisi	NO ₂	20	HRM	2014	[31]
	NO	35			
	SO ₂	47			
	NO ₂	32.5	WRF-CAM _x	2012	[90]
	NO	23.1			
	NO _x	31.7			
	SO ₂	46.3			
Naples	NO ₂	5	CALPUFF	2016	[33]
	SO ₂	1			
Taranto	NO _x	9	SPRAY	2004	[100]
	SO ₂	9			
Venice	NO ₂	9.1	WRF-CAM _x	2012	[90]
	NO	5.0			
	NO _x	8.9			
	SO ₂	16.5			
Bari	SO ₂	21–81	ADMS	2018	[32]
	NO _x	16–40			
	CO	1–4			
Trieste	NO _x	20	FARM	2005	[101]

Regarding NO_x, estimated contributions from the bottom-up (ADMS) and up-down (from experimental data) methodologies in Bari and Brindisi were in good accordance. Likewise, comparable values for NO_x (8.9–9%) and NO₂ (5–9.1%) were estimated in Venice, Taranto, and Naples. Finally, regarding ozone contribution (not reported), some studies [31,103] put in evidence two local concurrent effects: the local O₃ titration at the sites most NO-polluted, and increased ozone (O₃) level at larger scale due to NO₂ presence in ship emissions, especially in the summer season in the Mediterranean Sea [104].

Widely different SA techniques addressed the contribution of shipping activities to PM values in Italian port cities (Table 2). However, beyond the impact of such criteria on pollutants (i.e., PM_{2.5} or PM₁₀), other metrics such as particle number concentration (PNC) or size-segregated particle concentration (i.e., in nanometric range, diameter < 0.1 µm) are scarcely studied [30,36,53,90,97]. This is a knowledge gap, since the size and chemical characterization of ship-emitted particles should be considered for health and environmental implications [56].

Relative shipping contributions of ultrafine particles (diameter < 0.3 µm) could be up to 3–4 times larger than those in mass concentrations (either PM_{2.5} or PM₁₀) [31,55,105], suggesting PNC as a good parameter to add to regulated indicators of shipping impact. Available outcomes (26% and 23% in 2012 and 2014, respectively) in Brindisi were four times higher than those in Venice (6% and 7.4% in 2012 and 2018, respectively), revealing the relevant impact of logistics activities in Brindisi (i.e., vehicular traffic) and the indirect mitigation effect on PNC by the Venice Blue Flag. Furthermore, comparison of results obtained in two harbour cities (Venice, Brindisi), showed remarkable similarities in the general shape of relative contributions of shipping to atmospheric particle concentrations as function of size [55]. In detail, relative contributions recorded a maximum for nanoparticles

and another secondary one in the fine range with an intermediate quick decrease at both sites. The secondary maximum was present in Brindisi between 0.3 and 0.45 μm and in Venice in the range 0.4–0.7 μm , 2–3 times lower than the absolute maximum. Apart from a minimum reached in the range 1–1.5 μm , larger particles (in the coarse size range) increasingly contributed at all sites (likely because of harbour activities).

Looking at Table 2, a first aspect to be considered is that the contribution to PM_{10} was generally lower compared to those to $\text{PM}_{2.5}$, despite the different methodologies used. This is due to the fine and ultrafine particles that dominate (in number) ship exhaust emissions, as a product of incomplete combustion process [105–107]. It should be noted that in some cases (Brindisi and Genoa), receptor models could lead to an overestimation because they are not able to discriminate between shipping and other heavy oil combustion sources with similar chemical profiles.

In Venice and Brindisi, comparable contributions were found by applying various receptor-modeling approaches. Furthermore, the application of the same methodology (indicated with HRM: high-resolution measurement) in Venice allowed to prove the effectiveness of voluntary agreements implemented in Venice since 2007. In fact, a decreasing trend of contribution to $\text{PM}_{2.5}$ was confirmed by high-resolution measurements, the vanadium approach [18,46], and numerical simulations, ranging between 1% and 8%. Modeling contribution results were comparable in most of the investigated sites, varying from 2.3% to 6.7% for PM_{10} and between 2.6% and 11.8% for $\text{PM}_{2.5}$.

The most commonly used receptor model was PMF, with a limited variability in results, from 10% in Genoa to 23% in Venice for $\text{PM}_{2.5}$ and around 12% for PM_{10} . Only Venice reported the lowest contributions both to $\text{PM}_{2.5}$ (2.5%) and PM_{10} (3.3%). The general situation reflects a similar European picture, where shipping contributions to $\text{PM}_{2.5}$ or PM_{10} emissions ranged between 0.2% and 14%; larger in the Mediterranean area compared to northern Europe [108]. In particular, in some harbour areas, namely Thessaloniki, Patras, Genoa, Barcelona, Gibraltar, and Tarragona, shipping impacts on $\text{PM}_{2.5}$ using PMF indicated a contribution from 10% up to 14% [28].

Table 2. Shipping primary contributions to PM and PNC, estimated by different receptor-modeling methodologies in some Italian harbours. V: vanadium approach; HRM: high-resolution measurements.

Harbour Site	PM/PNC	Contribution (%)	Model	Year	Reference
Brindisi	PM _{2,5}	15.3 ± 1.3 ^a	PMF	2012	[21]
	PM _{2,5}	7.4 ± 0.5	HRM	2012	[90]
	PNC	26 ± 1			
	PM ₁₀	5.8 ± 0.4	HRM [*]		
	PM _{2,5}	4.7	WRF-CAM _X		
	PM ₁₀	3.7			
	PM _{2,5}	7.8 ± 0.2	HRM	2014	[31]
	PNC	23 ± 1			
Genoa	PM _{2,5}	11 ± 2 ^a	PMF	2011	[27]
	PM _{2,5}	4 ^{fw} -15 ^s (2 sites)	CAM _X -PSAT	2011	[73]
	PM _{2,5}	10–15 ^s	PMF		
	PM ₁₀	12	PMF	2002–2008	[109]
	PM _{2,5}	25			

Table 2. Cont.

Harbour Site	PM/PNC	Contribution (%)	Model	Year	Reference	
West Mediterranean (cruise campaigns)	PM ₁₀	12 ± 4	PMF	2011	[106]	
	Lampedusa	<div>PM₁₀3.9</div> <div>PM_{2.5}8</div>	V	2004–2008	[50]	
Venice	PM ₁₀ , PM _{2.5}	1–8 ± 1	HRM	2007	[26]	
	PM ₁₀	2.5	PMF	2007–2013	[16]	
	PM _{2.5}	3.3				
	PM _{2.5}	3.0 ± 1.0	V *	2012	[90]	
	PM ₁₀	2.3 ± 0.9	V	2012		
	PM _{2.5}	3.5 ± 1.0	HRM	2012		
	PM ₁₀	2.7 ± 0.8	HRM *	2012		
	PNC	6 ± 1	HRM	2012		
	PM _{2.5}	2.6	WRF-CAM _X	2012		
	PM ₁₀	2.3				
	PM _{2.5}	1.8 ± 0.7	HRM	2018		[55]
	PNC	7.4 ± 0.3				
	PM _{2.5}	4.5 ^{fw} -10 ^s (2 sites)	CAM _X -PSAT		2011	[73]
	PM ₁₀	13 ^{fw} -23 ^s	PMF			
	Trieste	PM ₁₀	25 ^b	FARM	2005	[101]
	Bari	PM ₁₀	3.5–6.7	ADMS	2018	[32]
PM _{2.5}		5.1–11.8				

^a heavy oil combustion; ^b secondary PM (nitrates and sulphates); ^{fw} fall–winter period; ^s summer period; included; * indirect calculation obtained considering the same absolute contribution of shipping to PM_{2.5} and PM₁₀ and a ratio PM_{2.5}/PM₁₀ concentrations equal to 0.78.

6. Conclusions

The air quality of port cities could be negatively influenced by cruise/passenger or commercial ships traffic, especially during in-port operations (i.e., maneuvering, hoteling). The main emissions consist in gaseous pollutants and PM. Both source-oriented and receptor-based approaches have been applied to estimate shipping contributions to local air quality in coastal towns. This work revises current knowledge to provide an updated picture of the Italian harbours, exploring the scientific results about methodologies and estimates of shipping impact on local air quality in port cities.

Firstly, shipping emissions were reported from literature and national emission inventories. It should be said that, while yearly emissions from national navigation are computed and included in the Italian inventory for the main pollutants, international shipping emissions are estimated but not counted. The national inventory estimates showed comparable emissions of international and domestic navigation for NO_x, SO_x, CO, PM₁₀, PM_{2.5}, and BC, in the period 1900–2002, with a following increase for international shipping that exceeded national emissions. Contrarily, SO_x national emissions significantly decreased (at least about 50%) since 2002, being directly subject to legislation limits regarding sulphur content in marine fuels.

Looking at cruise-ship traffic, the highest emissions in Italy were estimated in Venice, Civitavecchia, and Livorno, followed by Naples and Genoa. This was due to the highest traffic volume, except for SO_x emissions, which had the overall lowest values in Venice. Considering all typology of ships, Venice is the most trafficked harbour, with important emissions of all pollutants, and a marked decreasing trend in SO_2 emissions from 2007 to 2017. Comparable values of NO_x emission are reported for Genoa. Other pollutants represented a small share, except for NO_x emissions, which were the largest ones of all ports. Although there were comparable ship traffic volumes, in terms of number of ships, in Bari, Ravenna and Civitavecchia, emissions differed for PM_{10} , SO_2 , CO, and NMVOCs, with comparable values only for NO_x .

In general terms, contributions to gaseous pollutants from ships was significantly larger than contributions to PM pollutants. For this reason, shipping could play an important role in exceedances of NO_2/NO_x legislation thresholds. Estimated contributions to NO_x by model simulations and methodologies based on observations in Bari and Brindisi were in good accordance, as well as comparable values for NO_x (8.9–9%) and NO_2 (5–9.1%) were estimated in Venice, Taranto, and Naples. SO_2 contributions estimated with different models reflected a wide variability, ranging from 1% to 81%. However, its impact was significantly lower than those of NO and NO_2 contributions, if in-harbour phases (i.e., berthing and hoteling) were evaluated, because of the required use of low-sulphur fuels.

The source apportionment results for PM ranged, for the different harbour sites, 10–23% for $\text{PM}_{2.5}$ and around 12% for PM_{10} , revealing the significant impact of logistics activities in some cases (i.e., Brindisi) and the indirect reduction effect on PNC by local mitigation initiatives (i.e., the Venice Blue Flag) in others. The Italian picture reflects the European one, where shipping contributions to $\text{PM}_{2.5}$ or PM_{10} emissions ranged between 0.2% and 14% in the Mediterranean area. Shipping's contribution to PNC was found to be 3–4 times larger than its contribution to mass concentrations (especially $\text{PM}_{2.5}$), but lower than those to NO_x , SO_2 , and CO emissions. This suggests that future policies should take into account also non-criteria pollutants to maximize the positive effect on air quality.

Current mitigation strategies (low-sulphur fuels, ECA) in Europe (and, consequently in Italy) have proved their efficiency, with decreases of SO_2 , PM primary emissions, and secondary sulfate. However, negligible effects on reduction of NO_x , total metals in PM (except V), and PAHs were observed. We believe that further mitigation strategies should target both human health and climate in order to maximize benefits. Moving towards a “green” development of seaports, further benefits, at local scale, could be achieved, for example optimizing harbour-related activities at loading/unloading of ships or by cold ironing with electrical power from renewable sources.

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