Article

Spatial Distribution and Biomonitoring of Atmospheric Mercury Concentrations over a Contaminated Coastal Lagoon (Northern Adriatic, Italy)

Federico Floreani ^{1,2} , Nicolò Barago ¹ , Alessandro Acquavita ^{3,*}, Stefano Covelli ¹ , Nicola Skert ³ and Pablo Higuera ⁴

¹ Department of Mathematics & Geoscience, University of Trieste, Via Weiss 2, 34128 Trieste, Italy; federico.floreani@phd.units.it (F.F.); nicolo.barago@phd.units.it (N.B.); covelli@units.it (S.C.)

² Department of Life Sciences, University of Trieste, Via Giorgieri 5, 34127 Trieste, Italy

³ ARPA FVG Regional Agency for Environmental Protection of Friuli Venezia Giulia, Via Cairoli 14, Palmanova, 33057 Udine, Italy; nicola.skert@arpa.fvg.it

⁴ Institute of Applied Geology, Heavy Metals Biogeochemistry Laboratory, University of Castilla-La Mancha, Plaza Manuel Meca, 13400 Almaden, Spain; Pablo.Higuera@uclm.es

* Correspondence: alessandro.acquavita@arpa.fvg.it; Tel.: +39-0432-191-8230

Received: 1 November 2020; Accepted: 25 November 2020; Published: 27 November 2020

Abstract: The Marano and Grado Lagoon (Northern Adriatic Sea) has been affected by mercury (Hg) contamination coming from two sources, mining activity and discharges from a chlor-alkali plant (CAP). Sediments and water contamination have been previously well characterised, but little is known about the atmospheric compartment, where Hg is easily emitted and can persist for a long time as gaseous elemental mercury (GEM). In this work, atmospheric GEM levels and its spatial distribution over the lagoon were monitored at several sites by means of both continuous discrete instrumental measurements over several months and the determination of Hg bioaccumulated in lichens (*Xanthoria parietina* L.). Average GEM levels varied from 1.80 ± 0.74 to 3.04 ± 0.66 ng m⁻³, whereas Hg in lichens ranged between 0.06 to 0.40 mg kg⁻¹. In both cases, the highest values were found downwind of the CAP, but excluding this point, spatial patterns of Hg in the atmosphere and lichens reflected the concentration of this metal in the sediments of the lagoon, showing a decrease moving westward. These results could indicate that the lagoon acts as a secondary source of Hg into the atmosphere: future work is needed to characterise the quantity of releases and depositions at different environments inside the lagoon.

Keywords: gaseous elemental mercury (GEM); Marano and Grado Lagoon; GEM distribution; mercury biomonitoring

1. Introduction

Mercury (Hg) is a persistent pollutant of global concern due to its significant negative impact on both human and environmental health [1,2]. Once released into the environment Hg is subject to a complex biogeochemical cycle [3] in which the atmosphere plays a key role, favouring the transport and dispersion of this contaminant at local and global scales [4–6]. Atmospheric Hg mainly consists of its elemental form, often denoted as Gaseous Elemental Mercury (GEM), which thanks to its high volatility and chemical inertness can persist in the atmosphere for 0.8 to 1.3 years [7] and can be subjected to long-range transport before being removed via depositions [8]. In this way, Hg can have an impact on remote ecosystems far from the point of emission [9–11]. It is estimated that more

than 90% of Hg occurring in surface waters is derived from the atmosphere [12]. Once deposited, inorganic Hg can be converted to its organic form methylmercury [9], a potent neurotoxin which can easily be biomagnified through the food chain and harm wildlife and humans [13,14]. Moreover, deposited Hg can be re-emitted back to the atmosphere as GEM from soil, vegetation, and water surfaces, further extending the global redistribution of this element [15]. GEM generally represents more than 98% of the total atmospheric pool of this element [16], thus its levels can be considered indicative of the total amount of gaseous mercury in the atmosphere [17]. Atmospheric Hg can also occur under oxidised forms (Reactive Gaseous Mercury (RGM)) or bound to particulate material (Particulate Bound Mercury (PBM)). These last two species are characterised by a shorter atmospheric lifetime than GEM (from days to weeks) and thanks to their lower vapor pressure, are easily scavenged by wet and dry depositions [18,19], limiting their impact around the point of emission [6]. Oxidation of GEM to RGM in the presence of oxidants (e.g., alogens) and the subsequent deposition to ecosystems is considered an important removal process for atmospheric Hg [20].

Human activities have profoundly influenced the natural atmospheric cycle of Hg. This element is emitted in the atmosphere from both natural and anthropic sources for an estimated overall amount of $6500 \div 8300 \text{ Mg yr}^{-1}$, but only a small fraction of these releases ($\sim 4\text{--}5\%$) is associated with primary geogenic sources, such as volcanoes, geothermal activities, and the weathering of naturally enriched rocks and soils [21,22]. Primary anthropogenic releases instead contribute to approximately 1/3 of the overall Hg emissions into the atmosphere (estimated 2220 Mg in 2015, [23]), whereas the remaining fraction ($4600\text{--}5300 \text{ Mg yr}^{-1}$) is attributed to re-emission from water and soil surfaces of previously deposited Hg, usually of anthropic origin [21]. Among activities which cause the release of Hg into the atmosphere (i.e., small-scale gold mining, coal combustion, cement production, waste incineration, the chlor-alkali industry, [23]), Hg mining itself represents only a minor source [24]. As a result, it is estimated that the current atmospheric Hg budget is enriched by an order of magnitude relative to pre-anthropogenic levels [25,26] and also atmospheric deposition to ecosystems have increased 3- to 5-fold compared to the pre-industrial period [27].

Currently, the GEM background level is estimated to be $1.5\text{--}1.7 \text{ ng m}^{-3}$ in the northern hemisphere [28] and $1.1\text{--}1.3 \text{ ng m}^{-3}$ in the southern hemisphere [29], slightly lower due to the lesser abundance of emission sources [30]. Recent observations show that GEM levels are declining over Europe and North America, likely due to regulatory interventions regarding emissions [31].

Atmospheric GEM concentrations show notable spatio-temporal variations among different environments in response to factors such as proximity to sources, availability of atmospheric oxidants, aerosol characteristics, micrometeorology, and surface conditions ([32] and references therein, [33]). Consequently, different diurnal and seasonal patterns of GEM have been observed between marine, coastal, rural, urban, and elevated locations, as summarised in a recent review by Mao et al. [34]. In contaminated sites, GEM can reach high levels [35–38], thus monitoring these sites provides useful information regarding their role in the context of the global Hg cycle, frequently omitted in global inventories [31], and provide a useful study area to better understand the behaviour and relative contribution of release, transport and deposition of GEM.

The Marano and Grado Lagoon, along the Northern Adriatic coast (Italy), has suffered significant Hg contamination from two distinct sources. The most notable of these sources is related to the inputs originating from the historic Hg mining activity at Idrija (Slovenia), which over the course of 500 years caused the release of considerable amounts of this metal into the environment [39,40]. Several studies have proved that Hg is then delivered as particulate matter by the Isonzo/Soča River downstream to the Gulf of Trieste [41–44] and then, under peak river discharge and favourable wind conditions, can be transported westerly, entering the nearby Marano and Grado Lagoon [45]. The second source is attributable to the activity of a chlor-alkali plant (CAP) located further inland, which until the installation of a wastewater treatment system in 1984, deliberately discharged Hg into the Aussa River, a freshwater tributary of the lagoon [46,47]. The impact of this second source is more restricted over time and space, as evidenced by the Hg concentrations in the sediments. In the eastern part

of the lagoon, more subject to inputs coming from the Isonzo River, Hg is high (up to $14 \mu\text{g g}^{-1}$) and progressively decreases westward [48]. Here, Hg concentrations in sediments are higher than the natural background estimated for this area ($0.02\text{--}0.13 \mu\text{g g}^{-1}$, [49]), and also waters show Hg concentrations higher than other parts of the Mediterranean area [50].

A complete investigation of GEM levels, dispersion, and associated bioaccumulation in selected organisms in the Marano and Grado Lagoon is still lacking. In this work, we present data regarding atmospheric GEM levels in different sites distributed over the entire lagoon and selected sites in its surroundings, in order to investigate whether the extended substrate contamination has repercussions for the air quality. Furthermore, a determination of total Hg concentration in selected lichen (*Xanthoria parietina* (L) Th. Fr.) collected at the same sites was carried out in order to ascertain the spatial dispersion pattern of the contaminant in the air [51]. Lichens have been extensively employed as biomonitors in several areas worldwide and *X. parietina* is a good indicator to detect long-term GEM dispersion ([52] and references) and largely employed in the biomonitoring of native lichens in Italy [53]. The results of this study will be an added value to the knowledge of GEM distribution in the entire area of the Gulf of Trieste [54].

2. Material and Methods

2.1. Study Area

The Marano and Grado Lagoon is located along the northern Adriatic coast and covers an area of about 160 km^2 between the Tagliamento and Isonzo river deltas, extending for approximately 32 km in length and up to 5 km in width and connected with the sea through six tidal inlets [55]. Tidal inlets are the main source of sediment for the lagoon, mainly from the Isonzo and Tagliamento river deltas [56]. The lagoon is divided into two sectors separated by an 8 m deep canal for commercial shipping [57]. The western sector (Marano Lagoon) is affected by freshwater inputs from the small spring rivers of the Friulian plain and has few areas above sea-level, whereas the eastern part (Grado Lagoon) is shallower ($<1 \text{ m}$ on average) and characterised by a complex network of tidal channels, tidal flats and saltmarshes [58]. This lagoon is one of the best conserved transitional environments in the Mediterranean area, hosting several protected species and habitats, thus it has been classified as a Special Protection Area (Bird Directive 2009/147/CE) and a Site of Community Importance (SCI-IT3320037–Habitats Directive 92/43/CEE). However, the lagoon also hosts several economic and touristic activities such as fish-farming, clam harvesting, fishing, etc. [59].

The lagoon is characterised by a sub-Mediterranean climate with warm air temperatures for most of the year (11.9°C on average from 1999 to 2017, [60]) and sporadic episodes of summer drought. Water temperature varies seasonally from a minimum of 5°C (or less) in January to a maximum of over 30°C in July [55]. The lagoon is subject to a regular sea-breeze regime, with light winds ($2\text{--}3 \text{ m s}^{-1}$) from the NE during the night and morning and slightly more intense winds ($3\text{--}4 \text{ m s}^{-1}$) from the sea in the afternoon. The climate of the lagoon is also influenced by the eruptions of strong Bora winds, which during winter can cause the freezing of shallow water areas [60]. Details of wind and temperature during the sampling periods are reported in Supplementary Materials Table S1.

2.2. Gaseous Elemental Mercury (GEM) Measurements

Atmospheric GEM concentrations were measured in ten selected sites around the Grado and Marano lagoon (Northern Adriatic Sea; Figure 1) distributed over its coastal margin and some islands in different environmental contexts, including more pristine areas and others with high anthropogenic impact.

Figure 1. Study area of the Marano and Grado Lagoon, and selected sampling sites. The location of the Idrija Hg mine and the decommissioned chlor-alkali plant in Torviscosa are also indicated.

Measurements were conducted by means of a Lumex RA-915M Portable Mercury Analyzer. The Lumex RA-915M relies on atomic absorption spectrometry (AAS). The instrument has a multipath analytical cell and the Zeeman background correction providing both high sensitivity and minimal interference: the accuracy of the method is 20% [61]. The dynamic range covers four orders of magnitude ($2\text{--}25,000\text{ ng m}^{-3}$), and the detection limit is governed by shot noise and equals 2.0 ng m^{-3} (average measuring time 5 s) and 0.3 ng m^{-3} (average measuring time 30 s). A complete calibration is done by a Lumex technician each year, while a calibration check of the instrument is performed prior to taking measurements by means of an internal accessory cell containing a known amount of Hg. During field work, real-time measurements were visualised on a digital display and stored in an internal data logger. Subsequently, the data were recovered by RAPID 1.00.442 software.

The data were acquired over a fixed time range of 15' over January, February, April and May 2013 with a sampling rate set at 10 s. Values below the limit of detection (LOD) of the instrument (2 ng m^{-3}) were treated with the medium bound approach, thus set to $\frac{1}{2}$ of the LOD (1 ng m^{-3}) [62].

2.3. Lichen Survey

In order to check the GEM dispersion, a lichen survey was conducted in the study area ($n = 13$ sites, 10 collecting sites corresponding to GEM sampling sites). These organisms are very suitable for Hg biomonitoring purposes [63]. In this study we used *Xanthoria parietina* (L) Th. Fr, a lichen which is ubiquitous in the whole area. As reported in Vannini et al. [64], this species is able to maintain a constant kinetic of Hg absorption in a wide range of temperatures ($T = 10\text{--}30\text{ }^{\circ}\text{C}$). Lichen samples were collected from the trunks of at least three different trees [65] 1.5–2 m above the ground using stainless steel tweezers. Samples were stored in proper plastic bags prior to laboratory analysis: after drying at room temperature, the most peripheral part of thalli (1.5–2 mm, roughly corresponding to the last year lichen's growth and therefore bioaccumulation) were selected, extraneous matter was cleaned off, mashed, and homogenised. Total mercury analysis was performed using a Direct Mercury Analyzer

(DMA-80) in accordance with the US EPA 7473 method. The range of instrumental measurements is from 0.001 to 50 mg kg⁻¹.

3. Results and Discussions

3.1. GEM Level and Distribution

The final dataset consists of 2682 GEM measurements. The basic descriptive univariate statistic of the surveyed areas is reported in Table 1.

Table 1. Basic univariate statistics of the gaseous elemental mercury (GEM) dataset and Hg content in lichens grouped by sampling sites. n.d. = not determined. LGM is the abbreviation of Grado and Marano Lagoon.

Name Site	Site	GEM Mean (ng m ⁻³)	GEM dev.st. (ng m ⁻³)	GEM min ÷ max (ng m ⁻³)	Total GEM Data	Hg in Lichens (mg kg ⁻¹)	Lat. (WGS84)	Lon. (WGS84)	Altitude (m m.s.l.)
LGM1	Grado pineta	2.69	0.39	<2 ÷ 3.75	266	0.39	45.67816	13.41862	0
LGM2	Isola della Cona	2.68	0.89	<2 ÷ 6.28	294	0.15	45.75531	13.50027	0
LGM3	Lignano Sabbiadoro	1.86	0.71	<2 ÷ 3.67	265	0.06	45.69688	13.14251	0
LGM4	Valle Pontelli	2.73	1.26	<2 ÷ 7.37	154	0.11	45.72068	13.30823	0
LGM5	Porto Anfora	2.98	0.52	<2 ÷ 4.99	183	0.10	45.71682	13.25587	0
LGM6	Isola di S. Andrea	2.67	0.77	<2 ÷ 4.60	188	0.07	45.71399	13.18724	0
LGM7	Oasi Fiume Stella	n.d.	n.d.	n.d.	n.d.	0.08	45.73672	13.10306	0
LGM8	Marano Lagunare	1.80	0.74	<2 ÷ 4.33	345	0.09	45.75618	13.16476	0
LGM9	Foce Aussa Corno	2.11	0.84	<2 ÷ 5.71	347	0.09	45.75758	13.24038	0
LGM10	Belvedere	2.77	0.55	<2 ÷ 3.89	293	0.12	45.72496	13.38515	0
LGM11	Torviscosa	3.04	0.66	<2 ÷ 5.84	347	0.40	45.81797	13.28559	3
LGM12	Pieris	n.d.	n.d.	n.d.	n.d.	0.11	45.80897	13.44405	8
LGM13	Piancada	n.d.	n.d.	n.d.	n.d.	0.05	45.78160	13.08643	1

The results show that GEM levels are quite low (on average <3.00 ng m⁻³, except at LMG11-Torviscosa) if compared to the threshold values and safety regulation reported in Oyarzun et al. [66] (World Health Organization guideline fixed at 1000 ng m⁻³; The United States Environmental Protection Agency reference concentration for inhalation 300 ng m⁻³) and in Vaselli et al. [67] (values recommended by the issuing Tuscany Regional authorities, <300 ng m⁻³, referred to contaminated soils), thus resulting in a null risk of exposure through inhalation pathway for the local inhabitants. In general, the average GEM concentrations observed in this study are slightly higher than the natural background estimated for the northern hemisphere (1.5–1.7 ng m⁻³, [28]) and for the Mediterranean area (1.75–1.80 ng m⁻³, [68]), except for the values obtained in the western part of the lagoon (LGM8 = 1.80 ± 0.74 ng m⁻³; LGM3 = 1.86 ± 0.71 ng m⁻³) which are in line with the above cited background levels. Moreover, average GEM concentrations over the lagoon are in the same order of magnitude as those found for the coastal area of the nearby Gulf of Trieste [54] and for the marine boundary layer of the Northern Adriatic Sea [69]. A significant difference was found between sample medians by applying the Kruskal–Wallis test [70] ($p = \text{same} = 2.81 \times 10^{-136}$), a nonparametric method for testing whether there are statistically significant differences between two or more groups of an independent variable. The box and whisker plot representation (Figure 2) shows the marked dispersion of data at sites LGM4, LGM9 and together with the presence of several outliers which could be due to the micrometeorological variability of the sites during sampling [54]. The maximum value of GEM found in this study near Torviscosa (LGM11 = 3.04 ± 0.66 ng m⁻³ on average) is related to the presence of the decommissioned CAP, where some areas such as the ex-cell house and distiller displayed GEM levels up to 5000 ng m⁻³ [36]. Here, GEM is emitted from the contaminated materials of old buildings due to high temperatures and the intensity of solar radiation [36] and is dispersed by the prevalent northern winds (see Figure 3c).

Figure 2. Boxplots of GEM measured in the investigated sites.

The GEM levels reported in this study are similar to or slightly lower than those found in other coastal areas highly impacted by Hg from industrial sources. In the Mediterranean area, GEM levels between 1.5 ± 0.4 and 2.1 ± 0.98 ng m⁻³ were reported by Bagnato et al. [71] in the Augusta Bay (Sicily, Italy), whereas average values from 2.8 to 8.7 ng m⁻³ were found by Gibicar et al. [72] near Rosignano Solvay (Tuscany, Italy). Both sampling areas are located in the proximity of large industrial complexes where several activities such as CAPs can be responsible for the release of Hg. Moreover, over the well-known Minamata Bay (Japan), in a recent study Marumoto et al. [73] found an average atmospheric GEM concentration equal to 1.90 ± 0.40 ng m⁻³, which is also similar to those reported in our study.

In Table 2, a comparison between atmospheric GEM levels found in this study and values measured in different coastal environments around the world is reported. It should be noted that the reported results were obtained by means of different GEM measurement techniques. However, Esbrí et al. [37] stated that the results of an intercalibration/intercomparison exercise between the Lumex RA-915+ and the Tekran 2537B were good, when a compatibility index (see ref. ISO/IEC 1997 [74]) of less than 1 was found during all experiments [75].

As expected, GEM levels over the Marano and Grado Lagoon are higher than those of most coastal sites not subject to Hg contamination (e.g., Mace Head, Ireland [76]; San Lucido, Italy [68]; Cape Point, South Africa; Cape Grimm, Australia; Galapagos Island, Pacific Ocean [77]; Calhau, Cabo Verde [30], see Table 2). On the other hand, GEM levels over the lagoon are of the same order of magnitude or slightly lower than those of other urban and/or industrialised areas (e.g., Xiamen, China [78]; Pearl River Delta, China [79]; Beilun, China [80]; Toronto, Canada [81]; see Table 2), where several industrial activities such as coal power plants, oil refineries, CAPs, etc., are responsible for the release of GEM into the atmosphere (e.g., [35,79,80]).

Figure 3. (a) GEM concentrations (light blue) and Hg contents in lichens (green). (b) Distribution of Hg concentrations in the sediments of the Marano and Grado Lagoon (modified from [48]); dotted arrows represent longshore currents and related sediment transport, simple arrows indicate tidal fluxes through the lagoon inlets. (c) Wind rose for LGM1 (Grado) and LGM11 (Torviscosa, CAP) calculated from 2013 wind data in selected sites. The radius length indicates the frequency of wind directions.

Table 2. GEM concentrations measured in the atmosphere in the Marano and Grado Lagoon compared to data found in the literature from other coastal environments. For a more detailed description on methods and averages refer to the original articles.

Site	Environment	Methods/ Instruments	GEM (mean $\pm$ SD) (ng m ⁻³)	Reference
Marano and Grado Lagoon (ITA)	Rural	Lumex RA-915	2.53 $\pm$ 0.73	This study
Grado Lagoon (ITA)	Rural	Lumex RA-915	2.03 $\pm$ 1.23	[82]
Gulf of Trieste (ITA)	Rural	Lumex RA-915	2.70 $\pm$ 1.50	[54]
Piran (SLO)	Rural	Gold traps	2.4 $\pm$ n.a.	[68]
Augusta Bay (ITA)	Urban-industrial	Lumex RA-915	1.8 $\pm$ 0.69	[71]
Rosignano Solvay (ITA)	Urban-industrial	Gardis-3	2.8–8.7 $\pm$ n.a.	[72]
Minamata Bay (JPN)	Urban-industrial	AM-5 Nippon	1.90 $\pm$ 0.40	[73]
Tokyo Bay (JPN)	Urban	AM-2 Nippon	1.9 $\pm$ 0.6	[83]
Xiamen (CHI)	Urban	Tekran 2537A	3.5 $\pm$ 1.2	[78]
Beilun (CHI)	Urban-industrial	Tekran 2537A	2.44 $\pm$ 0.95	[80]
Pearl River delta (CHI)	Urban-industrial	Tekran 2537B	2.94 $\pm$ 2.02	[79]
S Diego-S Francisco (USA)	Sub-urban	Tekran 2537A	1.41 $\pm$ 0.2	[84]
Houston (USA)	Urban-industrial	Tekran 2537A	1.62 $\pm$ 0.56	[33]
Dartmouth (CAN)	Urban	Tekran 2537A	1.67 $\pm$ 1.01	[85]
Toronto (CAN)	Urban	Tekran 2537A	4.5 $\pm$ 3.1	[81]
New York (USA)	Urban	Tekran 2537A	1.77 $\pm$ 0.05	[86]
Grand Bay (USA)	Urban	Tekran 2537A	1.39 $\pm$ 0.22	[87]
Nieuw Nickerie (SUR)	Urban	Tekran 2537A	1.40 $\pm$ 0.25	[88]
Porto Alegre-Rio Grande (BRA)	Sub-urban	Lumex RA-915	2.65 $\pm$ 1.87	[35]
Mace Head (IRL)	Rural	Tekran 2537B	1.3 $\pm$ 0.2	[76]
San Lucido (ITA)	Rural	Gold traps	1.75 $\pm$ n.a.	[68]
Zingst (GER)	Rural	Tekran 2537A	1.66 $\pm$ n.a.	[89]
Thau Lagoon (FRA)	Rural	Gold traps	1.60–3.30 $\pm$ n.a.	[68]
Rorvik (SWE)	Rural	Tekran 2537A	1.54 $\pm$ 0.10	[90]
Kejimikujik (CAN)	Rural	Tekran 2537A	1.28 $\pm$ 0.2	[85]
Cape Point (RSA)	Rural	Tekran 2537B	0.997 $\pm$ 0.120	[77]
Cape Grimm (AUS)	Rural	Tekran 2537B	0.893 $\pm$ 0.129	[77]
Galapagos (ECU)	Rural	Tekran 2537B	1.054 $\pm$ 0.087	[77]
Calhau (CPV)	Rural	Tekran 2537A	1.21 $\pm$ 0.11	[30]
An-Myun (KOR)	Rural	AM-2 Nippon	4.61 $\pm$ 2.21	[91]
Chengshantou (CHI)	Rural	Lumex RA-915	2.31 $\pm$ 0.74	[92]

In addition, it should be stressed that atmospheric GEM concentrations are usually heavily influenced by local wind conditions, which can represent a supply of GEM for areas not characterised by Hg contamination or alternatively favour the dilution of the local emissions of this contaminant depending on the origin of air masses [33,92]. The transport of GEM from inland can represent the most important source of atmospheric Hg for coastal areas not subject to a relevant contamination of this metal. In these areas, particularly if located downwind of relevant industrial sources, GEM concentrations can reach values comparable with those observed in our study despite a lower degree of Hg contamination in the substrate. An example of this is the case of Thau Lagoon (north-western Mediterranean Sea), where Hg concentrations in the substrate are lower than those of the Marano and Grado Lagoon [93] but GEM values up to 3.30 ng m⁻³ were detected ([68], Table 2), which are similar to those found in our study. In this case, high GEM concentrations are related to the occurrence of air masses coming from an inland industrial area where several sources of atmospheric Hg are present (coal power plants, waste incinerators) [68]. A similar situation can frequently be found in East Asian rural locations (e.g., Chengshantou, China [92]; An-Myun, South Korea [91]; see Table 2), impacted by air masses coming from inland where significant Hg emissions occur [23]. Conversely, several coastal urban and densely populated areas listed in Table 2, where one can expect an important emission of GEM from anthropic activities, show GEM values which are on average lower than those observed in our study. (e.g., Houston, USA [33]; Dartmouth, Canada [85]; San Diego-San Francisco, USA [84]; New York, USA [86]; Grand Bay, USA [87]; Tokyo, Japan [83]; Nieuw Nickerie, Suriname [88], see Table 2). In these cases, a possible explanation is that these areas are usually reached by clean marine air masses, which dilute the Hg emitted in the atmosphere [94] and, due to their content in oxidants (e.g., bromine), promote the

oxidation of GEM and its subsequent deposition, favouring the removal of Hg from the atmosphere [95]. In the Marano and Grado Lagoon, the atmospheric dilution effect is likely less effective because before reaching the lagoon, air masses coming from the sea pass over the Gulf of Trieste, which is impacted by Hg, and likely represent an additional source in the atmosphere [54,68,96]. Air masses coming from inland likely contain GEM emitted by anthropic activities [69] or contaminated soils [97].

The spatial distribution of the average GEM concentrations, except for site LGM11, over the Marano and Grado Lagoon shows a gradual increase moving eastward, starting from minimum average values of 1.80 ng m^{-3} (LGM8) in the western sector up to 2.77 ng m^{-3} (LGM10) in the eastern sector of the lagoon (Figure 3a). Sites located in the eastern part of the lagoon (LGM1, LGM4, LGM10) and near the tidal inlets of Porto Buso (LGM5) and S. Andrea (LGM6) are characterised by higher concentrations of GEM. Thus, the atmospheric GEM distribution is quite consistent with the dispersal pattern of Hg in sediments of the Marano and Grado Lagoon (Figure 3b) as reported by Acquavita et al. [48].

A possible explanation for the observed distribution pattern could be that due to diffuse Hg contamination, the lagoon acts as a secondary source of GEM for the atmosphere. The Mediterranean area is largely considered a hotspot of Hg emission due to the intense insolation and to contributions of this metal from land and cinnabar deposits [98], and the extended contamination of the lagoon could further increase this phenomenon. As stated above, the main source of Hg contamination for the lagoon is represented by the suspended material enriched in this metal as a result of historical mining activity in Idrija (Slovenia) and transported by the Isonzo River. This material enters the lagoon mainly through the eastern tidal inlets, and its dispersion and deposition in the lagoon is controlled by tidal fluxes [45,48,56]. However, under favourable conditions, deposited Hg can be released from the sediments to the water column through different processes such as sediment resuspension [99], diffusion from porewaters, dissolution of a fraction of surface sediments, and methylation [100]. Once present in the water column, Hg can potentially be subject to photo-reduction or biotic reduction to its volatile elemental form [101], thus available for release into the atmosphere. This process could be even more favoured thanks to the shallow water column (1 m depth on average), which allows the incident radiation to penetrate the entire water column, as observed in other estuarine environments (e.g., [102]). Finally, partially emerged (e.g., saltmarshes) or regularly flooded (tidal flats) portions of the lagoon are in turn characterised by high Hg contamination [103] and under appropriate conditions of insolation and temperature could constitute a source of GEM for the atmosphere [104].

In this work, as stated above, most of the sites which show high GEM concentrations (LGM1, LGM4, LGM10) are located in the eastern part of the lagoon, characterised by the highest Hg content in sediments (Figure 3). Site LGM6, located near a part of the western sector of the lagoon is characterised by a higher Hg content in submerged [48] and saltmarsh sediments [105] compared to the surrounding zones; this could justify the relatively high GEM concentrations detected at this site, which are similar to those found in the eastern part of the lagoon and higher than those recorded at the other sites located in the western sector (LGM3, LGM8). Moreover, the intense water circulation at the tidal inlets [55] can further enhance sediment resuspension and the availability of Hg in the water column for reduction and volatilisation, potentially explaining the high GEM values detected at sites LGM5 and LGM6.

3.2. Total Hg in Lichens

In this study *X. parietina* showed THg levels ranging from 0.05 to 0.39 mg kg^{-1} (mean $\pm$ s.d. = $0.14 \pm 0.12 \text{ mg kg}^{-1}$). A comparison of our results with similar monitoring conducted with the same species is reported in Table 3.

Table 3. Total Hg levels observed in monitoring conducted in different sites with the species *X. parietina*.

Site	Hg Main Source	Hg Concentration (Maximum Level) ($\mu\text{g g}^{-1}$)	References
Isonzo River mouth, Marano and Grado Lagoon	Hg mining	0.12 ± 0.09 (0.40)	This study
Torviscosa (ITA)	CAP activity	0.20 ± 0.08 (0.38)	[36]
Basovizza (ITA)	Atmospheric transport	0.10	[36]
Spilimbergo (ITA)	Waste incineration	0.17 ± 0.08 (0.38)	[106]
Spilimbergo (ITA)	Waste incineration	$0.096 \pm 0.064 \div 0.141 \pm 0.078$ (0.384)	[107]
Larderello (ITA)	Geothermal power plant	2.16 ± 0.19 (2.41)	[108]
Mt. Amiata (ITA)	Hg mining	1.18 ± 0.70 (1.96)	[109]
Bagnore, Mt. Amiata (ITA)	Hg mining	2.87 ± 0.66 (3.21)	[108]
Abbadia S. Salvatore (ITA)	Hg mining	1.84 ± 0.95 (3.60)	[110]
Rosignano Solvay (ITA)	CAP activity	0.74 ± 0.46 (1.84)	[111]
Pisa province (ITA)	Paints, electronics, pesticides production	0.097 ($0.057 \div 0.153$)	[112]
Mt. Etna (ITA)	Volcanic activity	0.70 ± 0.08	[113]
Vulcano Island (ITA)	Volcanic activity	0.23 ± 0.05 (0.27)	[108]
Flix (ESP)	CAP activity	1.61 ($0.39 \div 3.79$)	[52]
Grenoble (FRA)	CAP activity	$0.07 \div 2.51$	[114]
Dunkirk (FRA)	Waste incineration	0.35 ± 0.21	[115]
Molve (CRO)	Natural gas treatment	0.76 ± 1.02 (2.80)	[116]
Izmir (TUR)	Coal combustion, paints production	$0.03 \div 1.81$	[117]

Overall, our results are significantly lower than those found in sites impacted by CAP activities [52,111,116], past mining [108–110] and natural Hg emissions [108,113]. Following the percentile-based, 7 class, natural/alteration scales for bioaccumulation proposed by Nimis and Bargagli [65], the worst cases in our study can be classified as middle/alteration, whereas most of the samples show results consistent with high natural/alteration.

In the scatterplot reported in Figure 4, which compares GEM measurements and Hg concentrations in the lichens of Table 1, three groups of data can be identified. Groups 1 and 2 show differences in GEM concentrations, which can be ascribed to Hg distribution in the sediments of the lagoon as stated above, but they do not show substantial differences with regard to Hg content in lichens.

Figure 4. Scatterplot between GEM values and Hg content in lichens in the same sampling sites.

On the other hand, Group 3 sites (LGM1, LGM11) show GEM concentrations comparable with those of Group 2, but with higher Hg bioaccumulation. This is likely related to isolated events of high atmospheric GEM concentrations, undetected in these surveys. These events could occur in these locations due to the atmospheric transport of GEM driven by prevalent winds (Figure 3c) from upwind sources: the Torviscosa CAP and the Isonzo River plain, respectively, where high-amplitude anomalous peaks of atmospheric GEM have been previously documented [36,54]. Based on the results of this study, LGM11 can be classified as a site heavily impacted by the CAP, which still acts as the secondary source of Hg in the area, even though the plant has been decommissioned [36]. However, the reason for the anomaly at site LGM1 is not clear; although there are high Hg concentrations in sediments in that part of the lagoon, we hypothesise that also some infrequent anthropogenic activities such as vehicular and maritime traffic can mobilise Hg more effectively from sediments and water enhancing phase transfer processes [99]. For the sites from Groups 1 and 2, which show lower Hg bioaccumulation in lichens, it could be hypothesised that they are less exposed to these anomalous events during the year. A continuous instrumental monitoring of atmospheric GEM concentrations for a long period in these sites would be useful to verify this hypothesis.

We emphasise the fact that the 15' of continuous GEM measurements recorded in this study in four different months could reflect the spatial distribution of Hg-bearing sediments in such a complex and wide study area regardless of any daily micrometeorological-induced GEM variations in the atmosphere. These considerations are supported by the relationship between air GEM and THg concentrations in lichens despite the different monitoring approach: the first one is ascribable as punctual, the second one as continuous for about a year.

4. Conclusions

In this study, gaseous elemental mercury (GEM) atmospheric levels and spatial distribution over the Marano and Grado Lagoon were monitored through direct instrumental measurements and lichen surveys, completing the recently published assessment of the occurrence of this contaminant in the area of the Gulf of Trieste [54]. This lagoon has a high natural and economic value, but it is also historically Hg-contaminated due to the contributions of this metal associated with the dispersion of Hg-rich suspended material from the Isonzo River, resulting from mercury mining at Idrija, and with the discharges of a nearby CAP at Torviscosa. GEM concentrations reported in this study were lower than 10 ng m^{-3} , thus they do not reach levels of concern for human health for exposure through inhalation.

The highest GEM levels in the atmosphere and Hg concentrations in lichens were recorded at the site located downwind of the CAP, confirming that contaminated factory buildings still represent a source of atmospheric Hg. Excluding this point, both atmospheric GEM levels and Hg concentrations in lichens decrease moving westward, showing an interesting spatial distribution which roughly corresponds to the Hg concentrations in the sediments of the lagoon. The highest Hg levels were recorded in the eastern part of the lagoon, more subject to mining-derived contamination. Based on these data, it is possible to hypothesise that the lagoon acts as an active secondary source of Hg for the atmosphere. However, further research is needed to confirm this hypothesis, focusing on the processes at the water-air and sediment-air interfaces, and considering the flooding routine. Furthermore, future works are required to study the role of saltmarsh vegetation in the biogeochemical cycle of Hg in these environments, as it could represent a possible sink of atmospheric Hg through depositions and foliar uptake [118], but could also release significant amounts of GEM to the atmosphere, especially in contaminated saltmarsh environments, even if this is still a matter of debate [119]. Finally, based on the results obtained in this study, continuous monitoring of Hg species concentrations in the atmosphere in selected points of the lagoon, e.g., downwind from the CAP, could be useful to evaluate the temporal dynamics of this element in this environment and to assess possible contributions of the atmospheric dry and wet deposition to the global Hg contamination of the lagoon.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4433/11/12/1280/s1>, Table S1: Basic univariate statistic of gaseous elemental mercury (GEM) dataset and wind and air temperature data during sampling periods. Meteorological data are given as hourly averages. Siap/MICROS: OSMER-ARPA FVG meteorological network, CAE: Protezione Civile FVG monitoring network.

Author Contributions: Conceptualization, methodology, field work, data curation A.A., N.S. Data curation F.F., N.B. Processing of data F.F., N.B., P.H. Writing-original draft and writing review A.A., N.S., F.F., N.B., S.C. Final editing F.F., A.A. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Acknowledgments: The authors are grateful to Antonio Tortora of ARPA FVG who supported the sampling operations and to the staff of ARPA FVG Laboratory for analysis. OSMER-ARPA FVG and Protezione Civile FVG are acknowledged for providing meteorological data. The useful suggestions of two anonymous reviewers were greatly appreciated. Karry Close is warmly acknowledged for proofreading the manuscript.

Conflicts of Interest: The authors declare no conflict of interest.

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