



Article

Optimization of Offshoot Outgrowth in Globe Artichoke Using a Combination of Chemical and Mechanical Treatments

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Abstract: The application of cytokinins is a good tool to promote axillary buds in many species, but plant decapitation or leaf cut-back are also suitable methods. This research aims to establish a strategy for artichoke cutting production using a combination of chemical and mechanical treatments. Two experiments were conducted in Tunisia to investigate the effect of 6-benzylamino purine (BAP) on shoot outgrowth in globe artichoke combined with the leaf cut-back at collar level one week after BAP treatment. The first trial was tested in a spring offshoot nursery and the second one in a field of micro-propagated mother plants grown for two years. Five treatments were tested in both experiments: BAP 0 ppm + no cut-back (T1), BAP 0, 100, 200, and 300 ppm + cut-back (T2, T3, T4, and T5 respectively). Regarding growth aspects, the highest number of offshoots was obtained in T4 for both trials with an increase of 49.2% and 37.8% compared to T2 nursery and field values, respectively. T4 also showed a faster rhythm of shoot emission and the biggest shoot size compared to the other treatments. Significant interactions between BAP treatments and offshoot size were recorded for morphological and weight parameters. Regarding the offshoot mineral composition, relevant differences were observed among BAP treatments; moreover, the higher BAP concentrations induced a significant decrease of NaCl plant uptake. Therefore, the combination of BAP 200 ppm and the leaf cut-back could be a potential method to enlarge the cutting production of globe artichoke also reducing some stressful conditions.

Keywords: *Cynara cardunculus* L. var.; *scolymus* (L.) Benth; 6-benzylamino purine; shoots; cut back; quality; cuttings

1. Introduction

In the world, globe artichoke (*Cynara cardunculus* L. var. *scolymus* (L.) Benth) cultivation covers around 124,941 ha. Its main production sites are in the Mediterranean countries, and they provide around 76% of worldwide artichoke production [1].

In Tunisia, globe artichoke ranks as the sixth most important vegetable in terms of area, production, and commercialization in local and international markets, especially for the cultivar Violet d'Hyères. In 2015, the total area of globe artichoke cultivation covered 4,400 ha and produced 24,000 tons [2]. According to the statistics, the export price per ton (2095 dinars per ton = 646 euros per ton) of artichoke

heads reached more than 166% of the production costs (1253 dinars per ton = 386 euros per ton) [2,3]. Despite its important and valuable financial gains, only 12% from the production were exported in 2015 [4].

Quality, precocity, and yield of this vegetable are mainly affected by the unsatisfactory quality of cuttings. Most Tunisian farmers adopt the traditional vegetative propagation method for globe artichoke, mainly using stalks and ovoli (underground dormant buds). Despite its economic profitability, this method seems to be a big source of disease spread [5–8] due to the absence of phytosanitary and quality control of transplants. The production of vitro plants could be an important solution to decrease the risk of contaminated plants and it could virtually produce an unlimited number of identical plants from one plant [9–11]. However, micropropagation is an expensive technique and it is not developed in Tunisia. As a result, the improvement of the vegetative propagation techniques used in the field seems to be a potential strategy to overcome the problem of cutting quality in Tunisia [8].

According to a previous work, it was demonstrated that ovoli that originate from spring offshoots significantly improve agronomic, marketable, and qualitative traits of production [8]. Research has targeted the enlargement of cutting production using many techniques such as the application of exogenous cytokinin, the decapitation or the removal of epigeal part of the plant, and mycorrhizae [12].

In fact, the application of exogenous cytokinins such as kinetin and 6-benzylamino purine (BAP) in many crops increases the ratio of cytokinin to auxin in the plant, disrupting the apical dominance that controls branching patterns and plant form, and promotes offshoot outgrowth [13]. The responses of crops to cytokinin treatments differs from one species to another. For example, in horticulture, BAP increases the amount of branching in many herbaceous plants, and in some cases it increases the number of flowers and spikes, as in *Phalaenopsis* Blume and *Dendrobium* Sw. orchids [14,15]. Regarding vegetables, BAP accelerates flowering and shoot development in tomato plants [16] and increases the shoot biomass in green leafy crops such as spinach [17]. Moreover, the use of kinetin was reported by many authors, but mainly in in vitro culture for globe artichoke as an important inducer for bud formation during the proliferation phase [18–22].

On the other hand, the removal of the apex by the epigeal part cut-back causes a breakdown of apical dominance, so it promotes a simultaneous development of several offshoots which may originate “ovoli” in globe artichoke mother plants [12]. The low availability of ovoli, especially in early cultivars such as Violet de Provence and Violet d’Hyères, makes the expansion of this crop limited.

To overcome this problem, a production plan for globe artichoke nursery plantlets was applied by the removal of apex and epigeal parts of field mother plants during active growth. After the plant cut-back, the remaining parts, which were stumps, were removed from field to pots. Within one month, it was possible to collect the emitted offshoots periodically as cuttings for new transplantations [23]. Another mechanical technique—the decapitation—was also tested on artichoke plants. Under aseptic conditions, artichoke seedlings aged six weeks were decapitated for shoot proliferation in vitro and it was an effective technique, generating many offshoots from each decapitated explant [24]. According to other authors, the combination of chemical and mechanical treatments in vivo or in vitro to enhance the multiplication of globe artichoke cuttings seems to be more effective than using each technique separately [6,25,26].

All these methods used to produce globe artichoke cuttings were mainly focused on their impact on quantitative parameters of the produced plants, but not in qualitative ones. In fact, an exogenous application of cytokinin may affect the distribution of minerals in the plant. This can also influence the morphology of the plant by increasing fresh weight and plant height [27] or leaf shape, leaf size, and leaf number in some ornamental species [28]. It can also have an impact on the interaction between sink and source organs: Gao et al [29] showed that the foliar spray of BAP increases maize yield by enhancing source and sink capacity. On the other hand, mineral uptake and biomass accumulation can give information about the quality of cuttings, since many macronutrients such as phosphorus and sulfate are involved in molecular and physiological processes linked to root [30] and shoot

development. Moreover, cytokinins are involved in the cell division process [31], photosynthesis [32], and nutrient uptake [33] in plants so it may influence the chemical aspects of cuttings.

In view of this, the objective of this study was the evaluation of the foliar spray of 6-benzylamino purine effects with different concentrations combined with the leaf cut-back at the collar level of the plant on offshoot production and their quality in terms of biomass and mineral composition.

2. Materials and Methods

2.1. Experimental Site

The trials were conducted in the experimental area of the Support Station of Manouba (SAM), which is under the supervision of the Inter-professional Group of Vegetables (GIL). It is situated in the north of Tunisia, more precisely in the region of Manouba (36°48' N; 10°03' E, altitude 469 m). The local climate of this area is characterized by an upper semi-arid stage (Technical Center of Potato and Artichoke meteorological station, Manouba, Tunisia). The lowest temperature recorded was around 6 °C in January and the highest one was in July about 34 °C. The rainfall is irregular with an average of 439 mm per year (Figure 1).

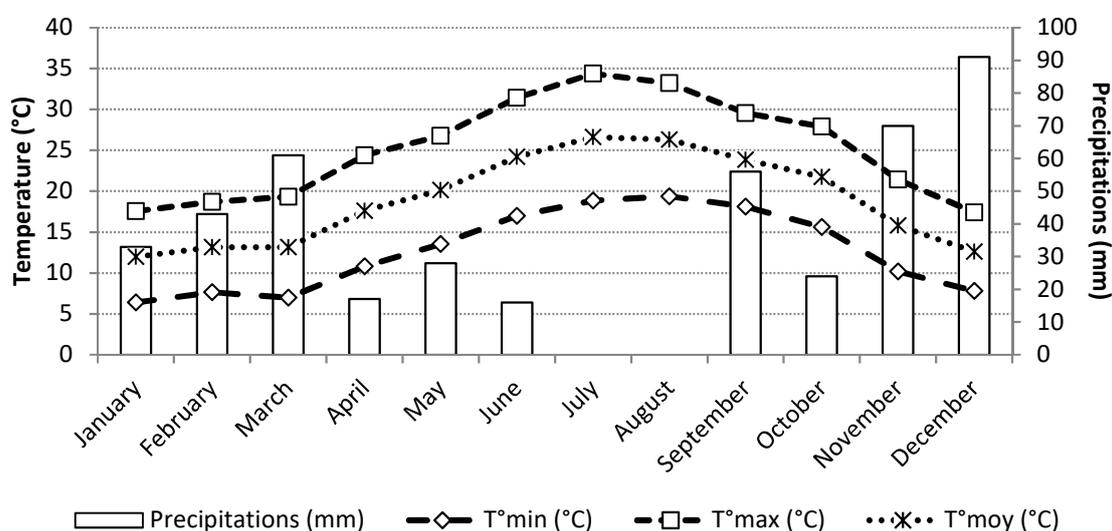


Figure 1. Monthly averages of maximum and minimum air temperatures and cumulative precipitations registered during the year of the essays (Technical Center of Potato and Artichoke meteorological station, Manouba, Tunisia).

2.2. Plant Material

To optimize the cutting production for globe artichoke cultivation, two trials were set up in the agronomic experimental station of Manouba using two different vegetative materials from the Violet d'Hyères variety: offshoots and field mother plants.

The nursery of early spring offshoots was established in 4 February 2016. It covered an area of 79 m² and contained 675 cuttings. At the beginning, offshoots were preselected and removed from controlled and disease-free mother plants located in the SAM globe artichoke field. After that, they were trimmed by 0.15 m from the base and immersed in a copper hydroxide solution (50%) for 2 min to disinfect them. Then, they were placed on a simple line ridge with a density of 11 plants m⁻², respecting gaps of 0.15 m between the plants and 0.6 m between ridges.

The field was composed of 2-year-old artichoke mother plants produced from vitro plants by the SAM laboratory. Since its establishment in 2014, the mother plants field was regularly controlled and cleaned of abnormal plants. The plantation density was 6666 plants ha⁻¹. Plants were spaced 1 m apart per row and 1.5 m between the plantation lines. The trial was realized on a surface of 1057 m². The soil of the field was a clay type composed of 55% of clay, 22% of silt, and 23% of sand.

The water used for irrigation was an alkaline drilling water (pH = 8) with 1.2 g L^{-1} of dry residue, electric conductivity $1924 \mu\text{S cm}^{-1}$, a quite high amount of chlorides (521 mg L^{-1}), and total dissolved salts (TDS) of 966 mg L^{-1} . The crop water consumption was about 740 mm, and its requirements in terms of fertilizers was 316 kg ha^{-1} of N, 160 kg ha^{-1} P_2O_5 , and 210 kg ha^{-1} K_2O fractionated depending on crop phases needs.

2.3. BAP Application

Different concentrations of exogenous BAP (Sigma Aldrich, Germany) ranging from 0 (T1, T2) to 300 mg L^{-1} (100, 200, and 300 mg L^{-1}) were sprayed in the same day on the foliage of nursery plants and field mother plants. The powder of BAP was first dissolved in 100 mL of distilled water containing some drops of NaOH, then fulfilled with pure water until getting the volume of 1 L. Each plant from nursery has received a volume of 10 mL of BAP solution except those of treatments T1 and T2, which were sprayed with the same volume but of distilled water. Field mother plants were treated the same as nursery plants but with a volume of 50 mL each.

2.4. Plant Cut-Back

One week after the application of BAP treatments (3 April 2016), the foliage of plants, except those of T1, were all cut back at the collar level using a sharp saw knife to enhance more outgrowth of offshoots. The treatments were, respectively, T1 (plants sprayed with pure water and not cut back), T2 (plants sprayed with pure water and cut back), T3 (plants sprayed with 100 ppm BAP and cut back), T4 (plants sprayed with 200 ppm BAP and cut back), and T5 (plants sprayed with 300 ppm BAP and cut back).

2.5. Experimental Design

For the two trials, the same treatments were applied, and the same experimental design was adopted for the nursery and for the field of artichoke mother plants (Figure 2). The treatments were arranged in a randomized block design with three replications. Each block was constituted by five plots. Each plot was composed of 45 plants for both nursery and field trial irrigated by a drip irrigation system.

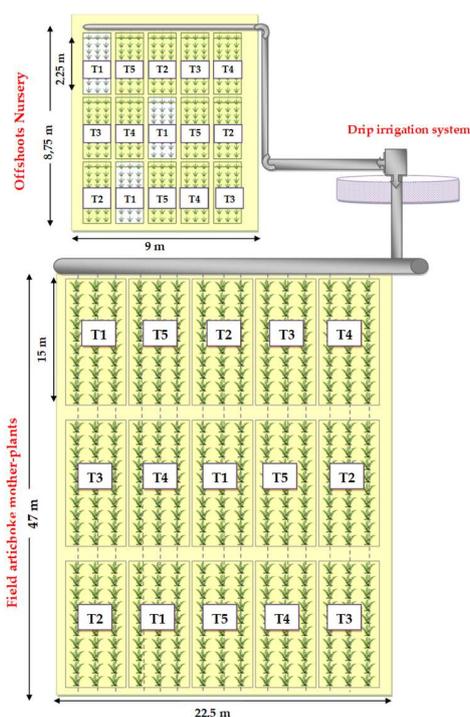


Figure 2. Experimental design for the trials of nursery offshoots and field artichoke mother plants.

2.6. Vegetative Growth Parameters for Emitted Offshoots

Concerning vegetative growth parameters, 15 plants from each plot and each trial were monitored from the 7th day after the cut-back of plants until the 35th day. During this period, the number of emitted offshoots per plant was counted and the offshoot emission rhythm was calculated. On the 36th day after cutting, the emitted offshoots were harvested from the considered plants from each plot. After that, they were weighed and, according their weights, classified into 3 size groups. The adopted offshoot size classification is reported in Table 1.

Table 1. Offshoot classification adopted in the experiment.

Name	Description	Weight	Leaf Number
NOW1		<30	4–6
NOW2	offshoot harvested from nursery plant	30–60	5–8
NOW3		>60	6–9
FOW1		<100	5–6
FOW2	offshoot harvested from artichoke field plants	100–150	6–8
FOW3		>150	7–9

NOW: offshoot harvested from nursery plants; FOW: offshoot harvested from field mother plants.

After size classification, offshoots were cut into two parts at the collar level to separate the leaves from roots. The number of leaves was counted whereas root length and root diameter was measured for offshoots derived from field plants using a caliper. Therefore, each part from the offshoot was weighed to determine its fresh weight (g), oven-dried (4 days, 65 °C) and reweighed to determine the dry weight (g) and the dry matter percentage.

2.7. Determination of Mineral Components of the Harvested Offshoots by Ion Chromatography (IC)

A total number of 72 offshoots collected from nursery (4 treatments \times 3 classes \times 2 sampling areas \times 3 replications) were used to determine the mineral contents of leaves. For field mother plants, 90 offshoots in total (5 treatments \times 3 classes \times 2 sampling areas \times 3 replications) were used for the determination of mineral composition in leaves and in roots. For each analysis, 200 mg of dry matter from each sample were used. Analyses were performed by IC using an ICS-900 Ion Chromatography system (Dionex Corporation, Sunnyvale, CA, USA, which is equipped with a dual piston pump, a model AS-DV auto sampler, an isocratic column at room temperature, a DS5 conductivity detector and an AMMS 300 suppressor (4 mm) for anions and CMMS 300 suppressor (4 mm) for cations. Chromeleon 6.5 Chromatography Management Software (ThermoFisher, Sunnyvale, CA, USA) was used for system control and data processing. A Dionex Ion-Pac AS23 analytical column (4 mm \times 250 mm) and a guard column (4 mm \times 50 mm) were used for anion separations, whereas a Dionex IonPac CS12A analytical column (4 mm \times 250 mm) (Dionex Corporation, Sunnyvale, CA, USA) and a guard column (4 mm \times 50 mm) (Dionex Corporation, Sunnyvale, CA, USA) were used for cation separations. The eluent consisted of 4.5 mM sodium carbonate and 0.8 mM sodium bicarbonate at a flow rate of 1 mL min⁻¹ for anions and of 20 mM methanesulfonic acid for cations at the same flow rate. Anions and cations were quantified following a calibration method. Dionex solutions containing seven anions at different concentrations and five cations were taken as standards and the calibration curves were generated with concentrations ranging from 0.4 mg L⁻¹ to 20 mg L⁻¹ and from 0.5 mg L⁻¹ to 50 mg L⁻¹ of standards, respectively.

2.8. Statistical Analysis

Data were analyzed by analysis of variance (ANOVA) and treatments were compared with Tukey's Honestly Significant Difference test at the significance level of $p < 0.05$. Letters were reported only in the case of significant differences.

3. Results and Discussion

3.1. Vegetative Parameters for Emitted Offshoots from Nursery Plants

The monitoring of offshoot formation from nursery plants (Figure 3) revealed significant differences among the applied treatments. T1 nursery plants, which were sprayed with distilled water and without cut-back, were not considered at all because they did not emit offshoots. Seven days after cut-back (DAC), the emission of offshoots started. In fact, the removal of the epigeal part of the plant caused a simultaneous growth of many shoots, which emerged from the soil after 2 or 3 weeks from cut-back [12]. The advanced development of the offshoots was observed especially in nursery T4 plants (treated with 200 ppm of BAP), started by the emission of 2.5 offshoots from the first week after cut-back until almost 7 offshoots at 35 DAC (Figure 4). This period of 35 days was adequate to obtain a satisfactory number of offshoots suitable for direct transplantation or even conservation for a subsequent plantation [23].

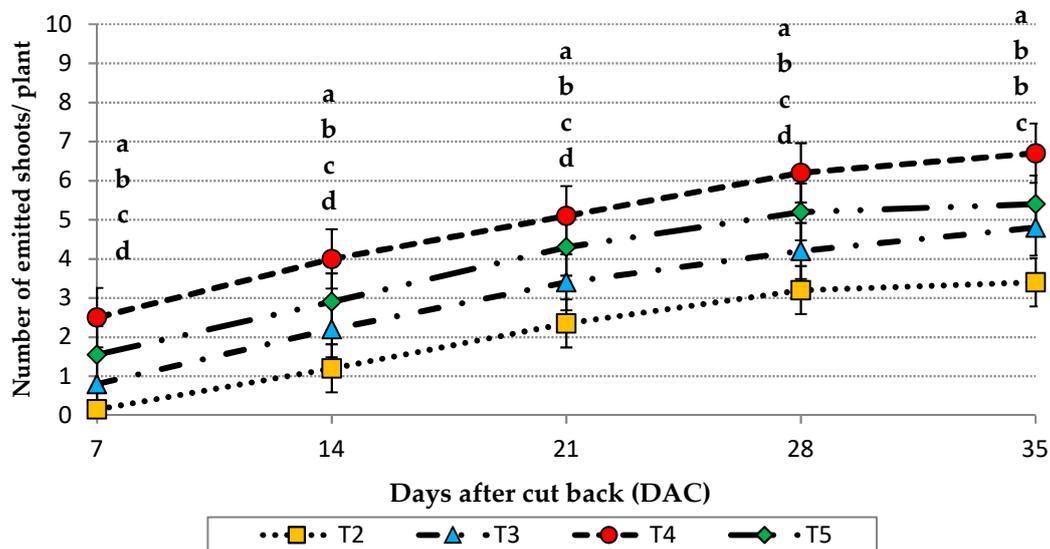


Figure 3. Number of emitted offshoots from nursery plants according to 6-benzylamino purine (BAP) treatments. T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back. The central values represent the arithmetic average and the standard deviation is reported by whiskers. Within the same period different letters indicate significant differences according to Tukey’s HSD Test at $p < 0.05$.



Figure 4. Chronology of offshoot emission from nursery plants of treatment T4 after cutting back and after 7, 14, 21 days after cut-back (DAC).

Besides, previous studies confirmed that the optimal dose of BAP used for the stimulation of the offshoots for globe artichoke was 200 ppm and it increases quadratically the number of emitted

shoots [6,25,26]. Treatments T3 and T5 formed an average of 5 shoots at 35 DAC. T2 treatment displayed the lower formation of offshoots with an average of 3 shoots (40% lower than T3 and T5). The calculation of the emission rate of offshoots for successive periods of 7 days (Supplementary material Table S1) confirmed the superiority of treatment T4 compared to the rest of the treatments from 7 to the 35 DAC except in the second week, followed by treatments T3 and T5. Treatment T2 exhibited the lower emission rhythm over the five weeks.

After the offshoot harvest, three size classes ranging from less than 30 g to more than 60 g of fresh weight were chosen. As reported in Table 2, the T2 nursery plants, which received distilled water and were then cut back, produced the highest number of offshoots with a fresh weight lower than 30 g. In fact, offshoots were activated later compared to those sprayed with BAP in the other treatments. For this reason, growers apply exogenous cytokinins to their floriculture and herbaceous crops to activate and to induce the outgrowth of buds and so the branching in plants earlier [34,35]. In fact, adding BAP will disrupt the apical dominance and induce as a result more basal and/or lateral branching and fuller plants [36]. As shown also in Table 2, nursery plants of treatments T4 and T5, treated with the respective doses of 200 ppm and 300 ppm of BAP, produced the weightiest offshoots (around 30%). This result is connected to the higher number of offshoots that were emitted by T4 and T5 plants 7 DAC. Consequently, they were able to grow more and to develop more biomass. For the nursery offshoot medium weight class (NOW2), nursery plants sprayed with 200 ppm of BAP emitted the highest rate (60%) of offshoots with a fresh weight between 30 g and 60 g followed by those of treatments T5, T3, and finally T2.

Table 2. Percentage distribution of the nursery offshoot weight (NOW) classes according to 6-benzylamino purine (BAP) treatments.

Size Class	BAP Treatments			
	T2	T3	T4	T5
NOW1 (fw < 30 g)	46% a	31% b	12% c	14% c
NOW2 (30 g ≤ fw ≤ 60 g)	42% d	47% c	60% a	56% b
NOW3 (fw > 60 g)	12% c	22% b	28% a	30% a

Within the same size class different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. fw: fresh weight. Standard errors are reported. T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back.

According to the results reported in Table 3, the effect of BAP treatments was significant for the aerial part of the collected offshoots and, more precisely, in the number and in the fresh weight of the leaves. The first parameter was significantly higher in T4 and T5, whereas the lower values, below 6, were found in T2. In addition to a greater number of leaves per plant, their fresh weight was also higher in T4 and T5 with an average leaf unit weight of 7.52 g and 7.58 g, respectively.

For the underground part of offshoots, the different doses of cytokinins affected the fresh and the dry weight of roots; the higher dose of BAP, the less developed the roots. This result could be in accordance with the findings of Bollmark and Eliasson [37], which demonstrated that an exogenous application of BAP or zeatin inhibits the root formation at a certain dose.

The same effect was also shown in *Arabidopsis thaliana* (L.) Heynh. by Laplaze et al. [38]. As expected, the different offshoot weight classes significantly influenced the morphological and weight aspects. NOW3 provided the higher number of leaves characterized by greater fresh weight.

Moreover, the average leaf unit weight in NOW3 was 41.6% higher than that produced by NOW2, demonstrating the greater photosynthetic capacity and the active growth due to the offshoot size. All parameters showed significant interactions among the BAP treatments and the offshoot size (Figure 5).

Fluctuating effects have been found in the leaf dry matter (Figure 5A) in which T2 and T3 expressed high values in NOW3, contrary to that recorded in NOW2, where T4 and T5 showed higher results. Regarding root fresh weight (Figure 5B), the highest values were recorded in T3 for NOW1

and NOW3, whereas in NOW2, T2 showed the highest weight. Root dry matter (Figure 5C) decreased from T2 to T5 for all offshoot size, but in NOW3 T4 values were higher than T3 ones.

Table 3. Characterization of the harvested offshoots from nursery plants according to 6-benzylamino purine (BAP) treatment and to their size classes (NOW).

Treatment	Leaf Number	Leaf Fresh Weight (g)	Leaf Average Weight (g)	Leaf Dry Matter (%)	Roots Fresh Weight (g)	Roots Dry Matter (%)
BAP Treatments (B)						
T2	5.38 c	37.3 b	6.93 b	12.7	5.72 a	21.67 a
T3	6.00 b	40.8 b	6.80 b	12.6	5.34 ab	20.45 b
T4	7.07 a	53.2 a	7.52 a	12.8	5.20 b	20.20 b
T5	6.62 a	50.2 a	7.58 a	12.7	4.66 c	18.66 c
Significances	***	***	*	ns	***	***
NOW Classes (N)						
1	4.77	15.16	3.17	13.00 a	4.30 c	19.80 b
2	6.50	40.6	6.24	12.2 b	5.02 b	20.07 b
3	7.53	80.4	10.67	12.9 a	5.42 a	20.70 a
Significances				***	***	***
B × N				***	***	***

Within the same trait and for each size class, different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; NOW1: nursery offshoot fresh weight ≤ 30 g; NOW2: $30 \text{ g} < \text{nursery offshoot fresh weight} \leq 60$ g; NOW3: nursery offshoot fresh weight > 60 g; ns: not significant; *, ***, significant at $p < 0.05$ and $p < 0.001$ respectively.

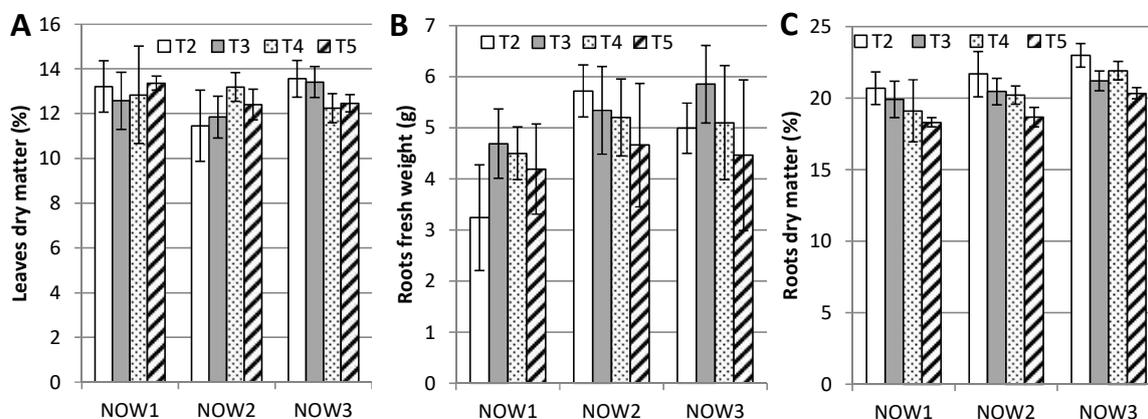


Figure 5. Different effects of 6-benzylamino purine (BAP) treatments on weight traits and dry matter of harvested offshoots from nursery plants according to their size: (A) leaves dry matter, (B) roots fresh weight and (C) roots dry matter. Standard errors are reported. T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; NOW1: nursery offshoot fresh weight < 30 g; NOW2: $30 \text{ g} \leq \text{nursery offshoot fresh weight} \leq 60$ g; NOW3: nursery offshoot fresh weight > 60 g.

3.2. Vegetative Growth Parameters for Field Mother Plants

Following up the offshoot development from artichoke mother plants (cv. Violet d'Hyères) for five weeks after cut-back (Figure 6), significant differences were recorded among the applied treatments. Plants of treatment T4 were the most productive plants in terms of offshoots. In fact, after 7 DAC, T4 plants emitted 15 offshoots each, reaching 21 offshoots after 35 DAC. The lowest number of emitted offshoots was recorded in plants of treatment T1 and it did not exceed 6 offshoots. For treatments T5 and T3, the emission and the development of offshoots were similar (around 16 offshoots). Artichoke

plants of treatment T2 that were sprayed by distilled water then cut back have emitted about 13 offshoots. For some other varieties reported by Mauromicale et al. [23], the total number of emitted offshoots, after the removal of epigeal part of the plant, was around 21 for clone 9/8 from the Violetto di Sicilia variety and 8.6 for clone 'C 3' from the Romanesco variety. Other mechanical techniques were applied on artichoke mother plants in the Brindisino and Violet du Provence varieties. Instead of cutting back the plant, some treatments consisted of the apex removal or in the seasonal harvesting of offshoots from mother plants in autumn and in spring. The periodical picking of offshoots in the two seasons among four years of experiment led to the enhancement of offshoot production with an average of 108,000 offshoots per hectare. It was demonstrated by this trial that globe artichoke mother plant management is a potential strategy to produce high-quality offshoots [39].

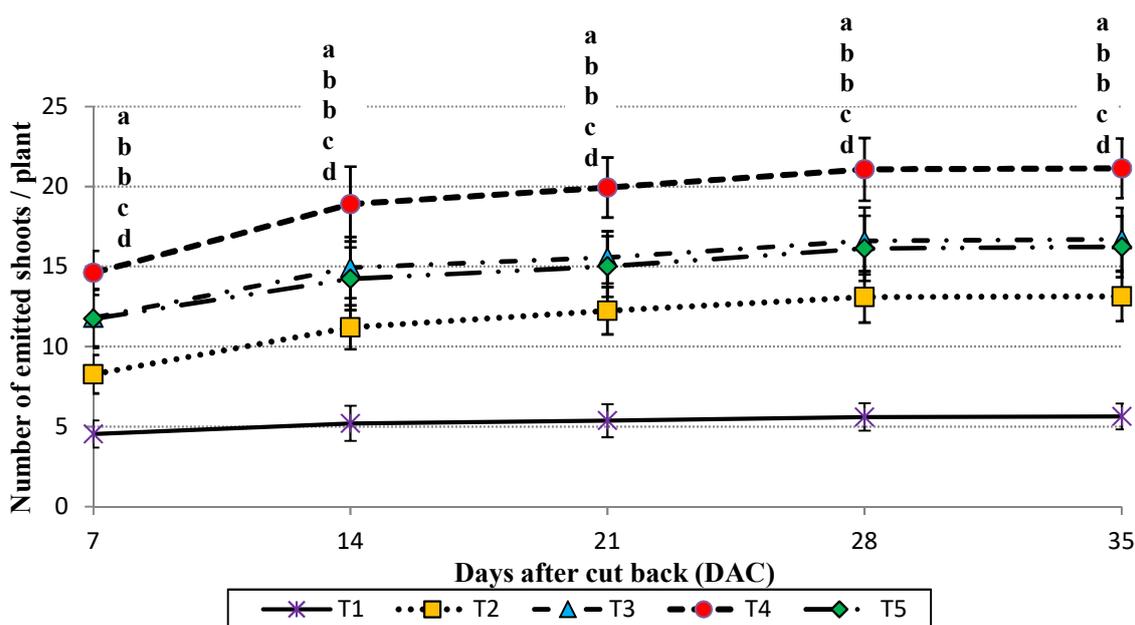


Figure 6. Number of emitted offshoots from field mother plants according to 6-benzylamino purine (BAP) treatments. Within the same period different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. Standard errors are reported. T1: BAP 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back. The central values represent the arithmetic average and the standard deviation is reported by whiskers.

The calculation of the offshoots emission rate for successive 7 DAC (Supplementary material Table S2) confirmed the superiority of the treatment T4 compared to the rest of treatments except in the last week of observation (from the 28 to 35 DAC) where T5 was the fastest in terms of offshoot emission rate.

According to the measurements of fresh weight of the harvested offshoots from artichoke mother plants, three weight classes were selected as reported in Table 4. Results showed that T1 mother plants produced 34% of offshoots with the lowest weight class (FOW1). For FOW2, the highest percentage (60% of the harvested offshoots) was recorded in T2, T4, and T5. For the biggest offshoots that exceed 150 g of weight, the maximum percentage of distribution reached 40% in treatments T1 and T3.

Considering the offshoot ranking in the third class (>150 g), those of treatment T2 (Table 4) were the highest in terms of leaf number, aerial and underground biomass. According to the results, the formation of the offshoots was not homogenous among treatments for each class. This can be explained by the complexity of the factors that can control the outgrowth of offshoots. In fact, various approaches have been used to analyze the molecular mechanisms of the regulation of the development

of offshoots. The conventional plant physiological approaches, such as exogenous application of plant hormones, indicate the importance of hormones in regulating offshoot growth [40].

Table 4. Percentage distribution of field offshoot weight (FOW) classes from field mother plants according to 6-benzylamino purine (BAP) treatments.

Size Class	BAP Treatments				
	T1	T2	T3	T4	T5
FOW1 (fw ≤ 100 g)	34% a	13% d	27% b	20% c	20% c
FOW2 (100 g < fw ≤ 150 g)	27% c	60% a	34% b	60% a	60% a
FOW3 (fw > 150 g)	40% a	27% b	40% a	20% c	20% c

Within the same size class different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. fw: fresh weight, T1: BAP 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back.

The offshoot production from open field mother plants determined significant effects on the plant morphology both in relation to the BAP use and to the offshoot size (FOW) (Table 5). The higher number of leaves was found in the T2 treatment, not sprayed with BAP and characterized by cut-back. This result did not differ from T3 and T5 also characterized by several leaves greater than 7.1; T1, instead, presented the lower values below 7 leaves. The number of leaves clearly influenced the total areal biomass which was higher in T2 (133 g), 18.06% higher than T1. Also, for this parameter the total fresh weight of the leaves was higher in FOW3, more than 36.8% and 53.3% compared to FOW2 and FOW1, respectively. The dry matter percentage did not differ among BAP treatments, with values ranging from 12.0% to 13.0%. On the other hand, the offshoot size affected the dry matter content and the highest value was found in FOW2 with 13.5%. With respect to the underground biomass, the roots diameter was conditioned both by the BAP treatments and by the offshoot size. In the first case, T4 and T5 were characterized by a diameter larger than 22 mm, in contrast to the other treatments which settled below 21 mm.

Table 5. Characterization of the harvested offshoots from field mother plants according to 6-benzylamino purine (BAP) treatments and to their size classes.

Treatment	Leaf Number	Leaf Fresh Weight (g)	Leaf Dry Matter (%)	Root Diameter (mm)	Root Length (mm)	Root Fresh Weight (g)	Root Dry Matter (%)	Shoot/Root Ratio (fw)
BAP Treatments (B)								
T1	6.82 c	109 c	12.9	21.2 b	43.5 a	11.2 ab	29.6 a	9.73 b
T2	7.44 a	133 a	12.9	21.8 ab	36.9 b	11.7 a	24.5 bc	11.3 a
T3	7.22 ab	122 b	13.0	21.7 ab	35.8 b	10.9 abc	26.4 b	11.2 a
T4	7.02 bc	119 b	12.8	22.1 a	36.6 b	10.0 c	26.8 b	11.9 a
T5	7.16 ab	124 b	12.0	22.0 a	33.9 b	10.5 bc	23.1 c	11.8 a
Significances	***	***	ns	***	***	***	***	**
FOW Classes (F)								
1	5.99	81.0	12.2 b	19.2 c	36.5 a	8.96 c	25.0 b	9.41 c
2	7.29	110	13.5 a	20.7 b	39.3 a	10.6 b	27.4 a	10.4 b
3	8.12	174	12.4 b	25.4 a	36.2 a	13.0 a	25.8 ab	13.7 a
Significances			***	***	ns	***	**	***
B × F			ns	***	ns	***	***	**

Within the same trait, different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. Standard errors are reported. T1: 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; FOW1: field offshoot weight <100 g; FOW2: 100 g ≤ field offshoot weight ≤ 150 g; FOW3: field offshoot weight >150 g; ns: not significant; **, ***: significant at $p < 0.01$ and $p < 0.001$ respectively.

Regarding T1, in addition to presenting roots with the smaller diameter, it was characterized by the greater length of the roots, more than 43 mm. Contrary to the root length that was not affected by the size of the shoot, the root diameter was bigger in FOW3 followed by FOW2 and FOW1. The roots

morphological descriptors so far reported clearly influenced the roots fresh weight that was higher in T2 and in FOW3.

The roots dry matter percentage was statistically higher in T1 and in FOW2 showing values higher than 29% and 27% respectively. Finally, comparing the relationship between the aerial part and the root system fresh weights, the lower values were found in T1 and, obviously, in FOW1; no significant differences were found among the thesis sprayed with BAP. A slight increase in this ratio, although not significant, was observed in T4 and T5. This result agrees with those reported in Figure 6. In fact, T4 and T5 artichoke mother plants emitted the highest number of early offshoots followed by T3, so they had more time for leaf growth and development. Within the evaluated parameters, the effect of BAP treatments was different according to the size of the shoots. Results that are fluctuating and difficult to be interpreted were observed for the roots diameter and their fresh weight (Figure 7A,B).

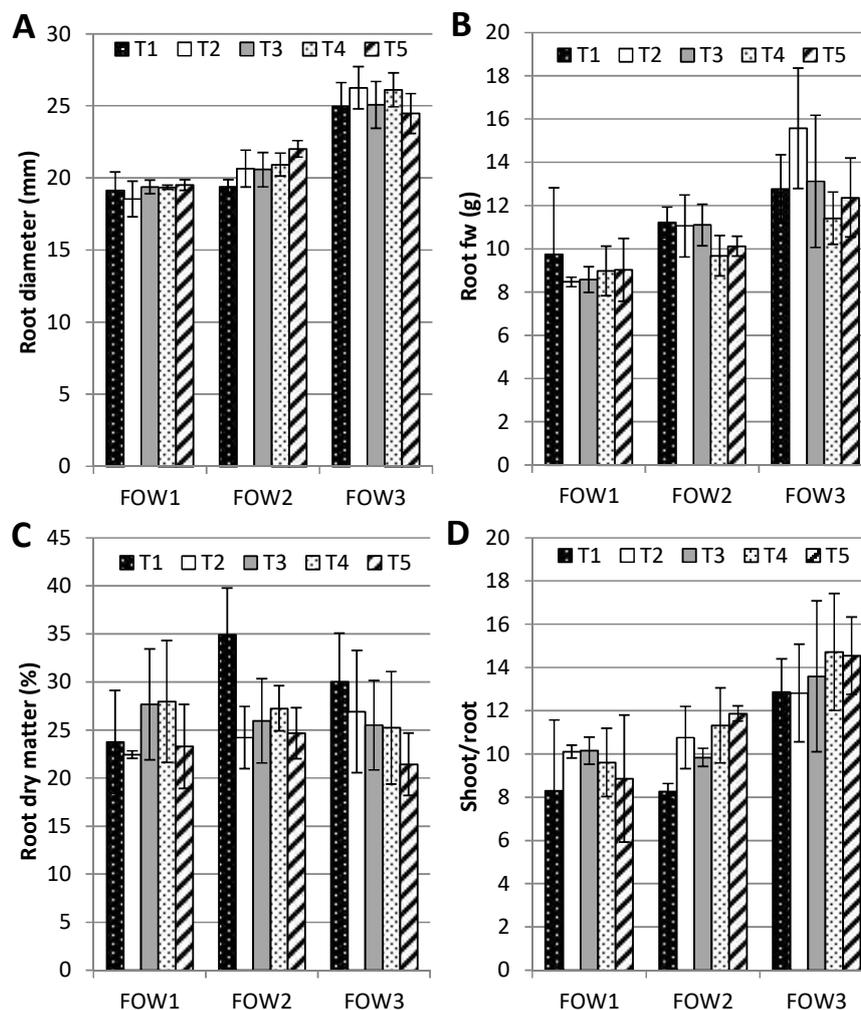


Figure 7. Different effects of 6-benzylamino purine (BAP) treatments on morphological and weight traits of harvested offshoots from field mother plants according to their size: (A) root diameter, (B) root fresh weight, (C) root dry matter, (D) shoot/root ratio. Standard errors are reported. T1: 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; FOW1: field offshoot weight <100 g; FOW2: 100 g ≤ field offshoot weight ≤150 g; FOW3: field offshoot weight >150 g.

This variation can be attributed to the effect of BAP on nutrient distribution in the plant. Moreover, the largest diameter found in T2 for the offshoots characterized by the greater weight is related to the greater photosynthetic capacity of the leafy apparatus, which allowed storage of more reserve substances. The registered variation of all these biomass parameters in treatments T3, T4, and T5 can

be attributed to the effect of cytokinins on morphological and physiological aspects of the plant. In fact, cytokinins are involved in the regulation of many important aspects of plant development such as the aerial biomass evolution and root growth [41]. This plant growth regulator (PGR) is part of an intrinsic genetic network controlling organ development and growth and mediates the responses of the plant to variable external factors. These extrinsic factors could be the light for shoots and nutrient availability and water for roots. Indeed, cytokinins have a role in plant responses to biotic and abiotic stress. The combination of these activities contributes to the adjustment of quantitative growth regulation in plants [42]. Still in relation to the root system, the highest dry matter percentage was recorded in T1 at FOW2 and FOW3, whereas in FOW1 the highest values were recorded in T3 and T4.

3.3. Comparison of Vegetative Parameters between the Harvested Offshoots from Nursery Plants and Those from Field Mother Plants

Comparing the obtained results between nursery plants and field mother plants in terms of offshoot number and size (Figures 3 and 6) according to treatments, it is obvious that the age of artichoke plants used for vegetative propagation and their development stage influenced directly the mentioned vegetative parameters. In fact, within one week, field mother plants were able to emit 5 to 19 offshoots according to treatments, whereas in nursery plants, the number of emitted offshoots did not exceed 4. This is a logical and predictable result because artichoke mother plants were planted in the field two years previously so they already developed their above-ground biomass including the formed buds which were three times higher in number than those in nursery plants.

The effect of plant age on the production of offshoots was discussed by Ugur and Eser [43]; they showed that for the Sakiz variety, the 3-year-old artichoke mother plants have produced the highest number of offshoots (141.68 offshoots/plant) compared to the ones aged just one year. From another point of view, the emission of offshoots is mainly linked to the root nutrient-stock of plants, which is the nutrition source for offshoot growth and development. There are multiple pathways that control shoot branching in herbaceous plants and it is a kind of spatio-temporal regulation of offshoot outgrowth. Hormones and sugars are among these factors that regulate the outgrowth of offshoots. Sugars are an important source of carbon and energy and they are involved in many physiological processes, just as hormones are in shoot branching. Bud or shoot outgrowth is highly concomitant with starch reserve mobilization in stem tissues especially in perennial plants [44]. In fact, the roots of field mother plants were bigger in size than those of nursery plants, and richer in terms of starch and nutrients. For that reason, the mobilization of the major reserves was destined from the first week after cutting to the outgrowth of numerous offshoots, and then the rhythm was remarkably decreased. The existence of a well-known positive correlation between roots and shoots was connected to a root size increase and an increase in size of tops. Moreover, the root system must be sufficiently widespread to absorb enough water and nutrients for the stem and leaves, which, in turn, must manufacture sufficient food for the maintenance of the root system. In the case of the nursery, plants were forming and developing their root systems to assimilate nutrients and water and to be able to activate progressively the outgrowth of offshoots.

The size of emitted offshoots was directly connected to the emitted number, plant age, morphology, and reserves, but also to the bud position in the plant and its outgrowth timing. In our case, for example, the weight of emitted offshoots in nursery plants was fluctuating under 30 g (NOW 1) and up to 60 g (NOW 3) whereas in the field of artichoke mother plants, it was fewer than 100 g (FOW 1) and more than 150 g in FOW 3. Rameau et al. [45] indicated that the outgrowth timing of buds depends on the dynamics of hormones, nutrients such as sugars, and possibly light signals perceived by the bud. Those physiological processes are in a relationship with bud position in the plant [46–48], and with other endogenous and external factors.

The common point between the two essays is that the combination of the foliar application of BAP and the cut-back of plants one week later has enhanced the production of offshoots, especially with the dose of 200 ppm of BAP [6,7].

3.4. Mineral Composition of the Harvested Offshoots Collected from Nursery Plants and Field Mother Plants

According to the analyses of leaf mineral compounds in the emitted shoots of nursery plants (Table 6), significant differences were found among BAP treatments for all the considered elements, whereas NOW classes were not affected by relevant changes. Regarding BAP treatments, the highest concentrations of minerals were generally found in T2 and T3. The only elements that showed higher values in T4 were ammonium, calcium, and nitrates, whereas the content of PO_4^{3-} and NO_3^- was high in T5. For the latter element, the quantity found in T5 and T4 was 94.1% higher and 93.3% higher than T2. This result is mainly linked to the greater exploration capacity of the roots compared to T2 and T3 due to a greater root biomass. It is interesting to note that the concentration of chlorides and sodium was significantly higher in T2 and T3 compared to T4 and T5 and this suggest that these emitted shoots accumulated salts in the leaves. Similar results were also recorded for the offshoots harvested from field mother plants (Table 7).

Table 6. Effect of BAP treatments on mineral contents in leaves of the harvested offshoots from nursery plants.

Treatments	Mineral Composition								
	Cl^-	PO_4^{3-}	SO_4^{2-}	Na^{2+}	NH_4^+	K^+	Mg^{2+}	Ca^{2+}	NO_3^-
	(g kg^{-1} dw)								
BAP Treatments (B)									
T2	56.9 a	5.87 ab	6.82 a	11.4 ab	0.48 b	44.0 a	2.55 ab	8.78 ab	0.09 c
T3	59.3 a	5.54 ab	4.65 b	13.6 a	0.55 ab	39.3 ab	3.00 a	9.69 a	0.44 b
T4	50.6 b	4.88 b	4.47 b	9.03 b	0.63 a	37.7 b	2.39 ab	9.19 a	1.34 a
T5	42.6 c	7.01 a	3.58 b	9.23 b	0.44 b	36.8 b	2.12 b	7.03 b	1.52 a
Significances	***	*	***	***	**	*	*	*	***
NOW Classes (F)									
1	51.0	5.58	4.92	10.3	0.50	37.9	2.23	8.47	0.75
2	52.1	5.94	4.67	10.9	0.52	39.8	2.52	8.59	0.83
3	53.9	5.95	5.06	11.2	0.56	40.6	2.79	8.94	0.97
Significances	ns	ns	ns	ns	ns	ns	ns	ns	ns
B × F	ns	ns	ns	ns	ns	ns	ns	ns	ns

Within the same trait, different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. Dw: dry weight; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; NOW1: nursery offshoot weight < 30 g; NOW2: $30 \text{ g} \leq$ nursery offshoot weight $\leq 60 \text{ g}$; NOW3: nursery offshoot weight > 60 g; ns: not significant; *, **, ***: significant at $p < 0.05$, $p < 0.01$ and $p < 0.001$ respectively.

These results lead us to suggest, as previously mentioned in Table 6, that the offshoots of treatment T2 and T3 accumulated NaCl. In addition, Table 8 also shows that the amounts of chlorides and sodium were higher in the root system of T3 offshoots. Both mineral analyses of offshoots derived from nursery (Table 6) and field (Table 7) showed that the collected offshoots from plants treated with a dose of 100 ppm of BAP and then cut-back to accumulate salt. This accumulation of salts could be a physiological response of the plant to tolerate salinity [49] and the application of BAP could alleviate salt stress [50]. Many researchers have reported the effect of BAP or cytokinin in general on improving the tolerance of several plants [51] to salinity such as tobacco [52] and wheat [53]. Moreover, it was verified that the exogenous application of 6-benzylamino-purine stimulates the plant growth of eggplants, fodder, and sea beets under salt stress [54,55]. Plant responses under stress conditions such as salinity and heat stress depend on the levels of phytohormones and their interactions. Also, crops respond in different ways to PGR according to species, cultivar, growing conditions, the PGR, and the doses used [56]. Indeed, BAP is one of the most well-reported phytohormones that induces various plant responses [57]. In fact, a combination of BAP and gibberellins with a certain dose induce a high shoot growth for tomato under different abiotic stresses [57]; conversely, in barley plants, a supplementary BAP application inhibits the growth during stress conditions without affecting the

shoot/root ratio [58]. Although there is identification of several cytokinins, their physiological function in each crop is still not completely understood and only a few enzyme activities affecting biosynthesis and metabolism of cytokinins in vivo were identified [59,60]. Consequently, actual research is mainly focused on cytokinin homeostasis and signaling components as a pathway to improve the level of plant tolerance to biotic and abiotic stresses [41].

Table 7. Effect of 6-benzylamino purine (BAP) treatments on mineral contents in leaves of the harvested offshoots from field mother plants.

Treatments	Mineral Composition of Leaves								
	Cl ⁻	PO ₄ ³⁻	SO ₄ ²⁻	Na ²⁺	NH ₄ ⁺	K ⁺	Mg ²⁺	Ca ²⁺	NO ₃ ⁻
(g kg ⁻¹ dw)									
BAP Treatments (B)									
T1	50.6 cd	6.62 a	6.16 a	14.1 c	1.12	40.8 a	2.27 b	9.25	6.65 ab
T2	57.8 ab	6.14 a	6.63 a	17.2 ab	1.20	42.9 a	2.53 ab	8.73	5.66 b
T3	60.1 a	5.32 ab	5.00 b	19.0 a	1.27	39.7 ab	3.17 a	9.75	6.08 ab
T4	54.3 bc	4.35 b	4.51 b	15.4 bc	1.33	37.6 b	2.34 b	9.08	7.14 a
T5	47.5 d	6.77 a	4.71 b	15.7 bc	1.13	37.6 b	2.26 b	8.38	7.36 a
Significances	***	**	***	***	ns	*	*	ns	*
FOW Classes (F)									
1	53.2	5.68	5.21	16.1	1.20	39.6	2.48	9.02	6.41
2	54.3	5.90	5.46	16.3	1.22	39.8	2.54	9.11	6.65
3	54.6	5.95	5.54	16.4	1.21	39.8	2.52	8.98	6.68
Significances	ns	ns	ns	ns	ns	ns	ns	ns	ns
B × F	ns	ns	ns	ns	ns	ns	ns	ns	ns

Within the same trait, different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. Dw: dry weight; T1: 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; FOW1: field offshoot weight < 100 g; FOW2: 100 g ≤ field offshoot weight ≤ 150 g; FOW3: field offshoot weight > 150 g; ns: not significant; *, **, ***: significant at $p < 0.05$, $p < 0.01$ and $p < 0.001$ respectively.

Table 8. Effect of BAP treatments on mineral contents in roots of the harvested offshoots from field mother plants.

Treatments	Mineral Composition of Root								
	Cl ⁻	PO ₄ ³⁻	SO ₄ ²⁻	Na ²⁺	NH ₄ ⁺	K ⁺	Mg ²⁺	Ca ²⁺	NO ₃ ⁻
(g kg ⁻¹ dw)									
BAP Treatments (B)									
T1	3.73 d	3.56 a	0.88 b	1.47 d	0.18 c	10.1 c	1.05 b	5.34	0.45 c
T2	9.21 b	3.19 ab	1.08 b	4.96 b	0.25 b	12.7 b	1.17 ab	5.15	2.67 b
T3	14.3 a	2.62 b	1.53 a	8.71 a	0.35 a	15.2 a	1.40 a	5.99	4.47 a
T4	7.50 c	3.33 ab	1.36 a	2.97 c	0.23 a	14.8 a	1.22 ab	5.33	2.53 b
T5	8.44 bc	3.04 ab	1.04 b	4.14 bc	0.29 b	12.7 b	1.30 ab	4.95	4.02 a
Significances	***	*	***	***	***	***	*	ns	***
FOW Classes (F)									
1	8.13	3.07	1.09 b	4.23	0.23 b	12.7	1.15	5.03	2.59 b
2	8.77	3.15	1.19 ab	4.45	0.26 ab	13.6	1.24	5.32	2.80 ab
3	9.00	3.23	1.25 a	4.68	0.29 a	13.4	1.29	5.71	3.09 a
Significances	ns	ns	*	ns	*	ns	ns	ns	*
B × F	ns	ns	ns	ns	ns	ns	ns	ns	ns

Within the same trait, different letters indicate significant differences according to Tukey's HSD Test at $p < 0.05$. Dw: dry weight; T1: 0 ppm + no cut-back; T2: BAP 0 ppm + cut-back; T3: BAP 100 ppm + cut-back; T4: BAP 200 ppm + cut-back; T5: BAP 300 ppm + cut-back; FOW1: field offshoot weight < 100 g; FOW2: 100 g ≤ field offshoot weight ≤ 150 g; FOW3: field offshoot weight > 150 g; ns: not significant; *, **, ***: significant at $p < 0.05$, $p < 0.01$ and $p < 0.001$ respectively.

With respect to the mineral composition of the root system, results showed that the foliar spray of BAP combined with the cut-back of plant leaf improves the mineral uptake of offshoots from mother plants compared to the control plants (T1). In fact, nutritional control of root development may be mediated by hormone concentration, transport, and/or sensitivity. Indeed, mineral compounds such as nitrate, phosphate, and sulfate can be perceived by cells as signals that can be involved in molecular mechanisms which control cell division and differentiation within roots, and so on, its architecture [30].

It is also interesting to note that potassium is the major element present in the roots of T1, T2, and T3. As previously reported, the high presence of sodium chloride in soil and in irrigation water may have resulted in a significant water stress to the crop. In these conditions, potassium is essential in the maintenance of osmotic potential and water uptake and has a positive impact on stomatal closure, which increases tolerance to water stress [61,62]. Moreover, it is involved in activating a wide range of enzyme systems, which regulate photosynthesis, water use efficiency and movement, nitrogen uptake, and protein building [63,64]. In this regard, Thaloath et al. [65] found that potassium application improves the water content in the broad bean leaves and the plants showed more tolerance to drought stress. Regarding the size of the shoots, no significant changes in the leaf mineral composition were observed, whereas in the root system some significant differences were noticed. The SO_4^{2-} , NH_4^+ and NO_3^- amount were higher in FOW3 probably due, also in this case, to the higher capability to explore the soil or to better nourishment provided by the mother plant.

4. Conclusions

The obtained results from the two experiments show clearly that the combination of BAP treatments and the cut-back of plants one week later enhanced the outgrowth of offshoots by activating the offshoot development. The optimum dose of BAP was 200 ppm to reach the maximum number of offshoots from both nursery plants and field mother plants. The BAP doses affected the offshoot quality in terms of mineral compounds, also highlighting a positive effect on the reduction of stressful conditions at higher concentration. These results lead to the affirmation that the combination of cytokinin treatments and plant cut-back would be a promising technique to enlarge the scale of cutting production. Farmers could produce for their new transplantations a satisfactory number of cuttings using this simple technique in a limited surface. In fact, a nursery of 126 m², considering a density of offshoot plantation of 11 plants m⁻², can theoretically produce one hectare of controlled cuttings (8333 ovoli) with low cost and using only 2.6 g of BAP powder. It is also possible for farmers to use their fields destined for grubbing as elementary plots with selected plants for cutting production, considering 147 mother plants and 1.5 g of BAP powder to produce enough ovoli for 1 ha.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4395/9/2/104/s1>, Table S1: Emission rhythm of offshoots from nursery plants according to 6-benzylamino purine (BAP) treatments; Table S2: Rhythm of offshoot emission per week according to 6-benzylamino purine (BAP) treatments applied on field mother plants.

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Abbreviations

ANOVA	Analysis of Variance
BAP	6-benzylamino purine
NOW	nursery offshoots weight classes
FOW	field offshoots weight classes
CTPTA	Center Technique de Pomme de Terre et d'Artichaut
DAC	Days after cutting back
DGEDA	Direction générale des études et de développement agricole
GIL	Inter-professional Group of Vegetables
IC	Ion Chromatography

ONAGRI	Observatoire National de l'agriculture
SAM	Support Station of Manouba
T1	Plants sprayed with pure water and not cut back
T2	Plants sprayed with pure water and cut back
T3	Plants sprayed with 100 ppm BAP and cut back
T4	Plants sprayed with 200 ppm BAP and cut back
T5	Plants sprayed with 300 ppm BAP and cut back

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