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Growth and Physiological Responses of *Adenophora triphylla* (Thunb.) A.DC. Plug Seedlings to Day and Night Temperature Regimes

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Abstract: *Adenophora triphylla* (Thunb.) A.DC., three-leaf lady bell, is an important medicinal plant used against cancers and obesity. It has been well-established that the temperature regime affects plant growth and development in many ways. However, there is no study available correlating the growth of *A. triphylla* seedlings with different day and night temperature regimes. In order to find an optimal temperature regime, growth and physiology were investigated in *A. triphylla* plug seedlings grown in environment-controlled chambers at different day and night temperatures: 20/20 °C (day/night) (TA), 25/15 °C (TB), and 20/15 °C (TC). The seedlings in plug trays were grown under a light intensity of 150 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ PPFD (photosynthetic photon flux density) provided by white LEDs, a 70% relative humidity, and a 16 h (day)/8 h (night) photoperiod for six weeks. The results showed that the stem diameter, number of roots, and biomass were significantly larger for seedlings in TB than those in TA or TC. Moreover, the contents of total flavonoid, total phenol, and soluble sugar in seedlings grown in TB were markedly higher than those in seedlings in the other two treatments. Soluble protein content was the lowest in seedlings in TC, while starch content was the lowest in seedlings grown in TA. Furthermore, seedlings grown in TB showed significantly lower activities of antioxidant enzymes such as superoxide dismutase, catalase, ascorbate peroxidase, and guaiacol peroxidase. Native PAGE (polyacrylamide gel electrophoresis) analysis further proved low activities of antioxidant isozymes in TB treatment. Meanwhile, the lowest content of hydrogen peroxide was observed in seedlings grown in TB. In conclusion, the results suggested that the 25/15 °C (day/night) temperature regime is the most suitable for the growth and physiological development of *A. triphylla* seedlings.

Keywords: *Adenophora triphylla* (Thunb.) A.DC.; antioxidant enzymes; isozyme; native-PAGE; stress; temperature; secondary metabolites

1. Introduction

Adenophora triphylla (Thunb.) A.DC. (Campanulaceae), also known as the three-leaf lady bell or the Japanese lady bell, is a species mainly found in Korea, China (from northeast to south), Japan, and Russia (Far East and Eastern Siberia). In addition to having ornamental values, *A. triphylla* is a very important medicinal plant in oriental medicine. It is also known as “Sha-shen” in Chinese and “Jan-dae” in Korean. The Chinese crude drug “shajin”, extracted from the roots of *A. triphylla*, is an effective expectorant for the treatment of whooping cough and chronic bronchitis, and its pharmaceutical

name is *Radix Adenophorae* [1,2]. Historically, *A. triphylla* was used as food to prevent obesity in Korea [2,3]. In recent years, many more medicinal effects of *A. triphylla* have been reported, such as anti-cancerous, anti-diabetic, and antioxidant [4]. Although the contents slightly fluctuate depending on the growth condition and genotype of individual variety, it has been proved that *A. triphylla* holds various phytochemicals, such as β -sitosterol, lupenone, daucosterol, triphyllol, and adenophoric acid methyl ester [5–7]. Previous research focused on separation, extract, and characterization of those phytochemicals and on the disease-fighting medicinal mechanisms of *A. triphylla* [3,8–10]. However, there are no studies available reporting on the growth and physiology of plug seedlings of this species.

Seedling growth is influenced by a series of ecological factors, including biotic and abiotic factors [11]. Temperature is a main abiotic factor influencing the growth and physiology of seedlings [11–15]. For example, positive difference between day and night temperatures (DIF) and high average daily temperature (ADT) enhance plant growth and development [16–19]. Recently, it was proved that low night temperature has a positive effect on growth and metabolism by enhancing biosynthesis capacity and reducing respiration [20–22]. However, stress of temperature, either high or low, induces overproduction of reactive oxygen species (ROS), causing damage to nucleic acids, proteins, and lipids, and as a consequence, severely limits the growth of plants [14,23]. As plants evolved, they have developed a number of sophisticated strategies to combat temperature stresses, such as detoxifying ROS, adjusting the osmotic potential, maintaining an ionic homeostasis, etc. [24–26]. In order to minimize stress-induced damages, the expression of antioxidant enzymes, such as superoxide dismutase (SOD), catalase (CAT), ascorbate peroxidase (APX), and guaiacol peroxidase (GPX), was promptly induced [27]. For example, high temperature (usually more than 30 °C) induces a high expression of antioxidant enzymes to scavenging ROS [23,28,29]. Low temperature (less than 15 °C) has a similar effect on those enzymes [23,30,31]. However, more studies should focus on the response of antioxidant enzymes under a moderate temperature range between chilling and heat. Furthermore, for each kind of antioxidant enzyme, isozymes catalyzing the same chemical reaction with different structures are activated differentially in detoxifying ROS process under various conditions [32–34]. Clearly, an in-depth study of the expression and activity of the various antioxidant isozymes under temperature regimes is necessary to figure out antioxidant system and self-defending mechanism in plant. Native-polyacrylamide gel electrophoresis (native-PAGE) is an effective technology used to separate isozymes while retaining aspects of their activity [35,36]. And the band intensity was closely dependent on the activities of isozymes. Hence, this method was always used to assess the activity of isozymes together with quantitative analysis of antioxidant enzyme activities [32,37,38].

As valuable compounds, total phenols and flavonoids change with day and night temperature. Previous studies showed that slightly elevated temperature could enhance secondary metabolites such as saponins, phenolic compounds, and flavonoids [39,40]. Adversely, some research argued that the total polyphenol and anthocyanin (one kind of flavonoids) were the higher in low temperature rather than high temperature [29,41]. Thus further studies are still necessary. Importantly, plants employ secondary metabolites, such as phenols and flavonoids, to scavenge those free radicals and protect cells from ROS damage [42,43]. Therefore, assessing the levels of these metabolites is of importance in the determination of antioxidant capacity of plants. Additionally, since those phenols and flavonoids contain great medicinal and commercial value, the content estimation of those compounds in special species such as *A. triphylla* carries more significance for future studies.

In the present study, we hypothesize that temperature regimes with larger DIF and high ADT could improve the quality of *A. triphylla* seedlings by promoting the growth and development, accumulating more primary and secondary metabolites, and maintaining a physiological homeostasis. Our objectives are to verify whether 25/15 °C could be an optimum temperature regime or not and to evaluate the growth and physiological responses of *A. triphylla* seedlings to various day and night temperature regimes. To test our hypothesis, we investigated the growth, development, and metabolism characteristics of *A. triphylla* plug seedlings at different day/night temperatures: 20/20 °C

(day/night) (TA), 25/15 °C (TB), and 20/15 °C (TC). We further estimated the hydrogen peroxide (H_2O_2) content, the activities of antioxidant enzymes including SOD, CAT, APX, and GPX, and the expression of antioxidant isozymes. These data could provide a theoretical and practical basis for promoting growth and improving the medicinal value of *A. triphylla* by controlling the temperature regime, as well as be useful information for the management of other medicinal plants.

2. Materials and Methods

2.1. Plant Materials and Treatments

Adenophora triphylla seeds were sown in 200-cell plug trays in the greenhouse. After germination, uniform seedlings with two cotyledons were selected, transplanted into 72-cell trays, and then transferred into three growth chambers equally under different temperature regimes (Table 1): 20/20 °C (day/night) (TA), 25/15 °C (TB), and 20/15 °C (TC). All seedlings were cultured under a light intensity of $150 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ PPFD (photosynthetic photon flux density) provided by white LEDs, a 70% relative humidity, a 16 h (day)/8 h (night) photoperiod, and a $390 \mu\text{mol}\cdot\text{mol}^{-1}$ carbon dioxide for six weeks. Sub-irrigation was used to provide water for seedling growth every 2 or 3 days. Growth parameters, such as the length and biomass of shoot and root, the number of leaves and roots, and stem diameter, were measured at 0, 1, 2, 4, and 6 weeks. After a 6-week culture, all leaves of seedlings were harvested in the morning (about 10 a.m.), immediately frozen in liquid nitrogen, and then stored in a -80°C freezer until further processing.

Table 1. Different temperature regimes: 20/20 °C (day/night) (TA), 25/15 °C (TB), and 20/15 °C (TC).

Treatment	DT ¹	NT ²	ADT ³	DIF ⁴
TA	20	20	20.0	0
TB	25	15	21.7	10
TC	20	15	18.3	5

¹ Day temperature, ² night temperature, ³ average daily temperature, ⁴ the difference between day and night temperatures.

2.2. Measurement of Soluble Protein, Soluble Sugar, and Starch

Soluble protein in leaves was measured by the Bradford protein assay [44]. In brief, samples (0.15 g) were homogenized using liquid nitrogen and then extracted with a sodium phosphate buffer (1.5 mL) for 10 min. The extract was centrifuged at 12,000 rpm for 20 min at 4 °C and the supernatant was used for assays. The supernatant (50 μL) was mixed with the Bradford reagent (1450 μL). After 10 min of incubation, the absorbance of the mixed solution was recorded at 595 nm by a UV spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK). The contents of soluble protein were estimated using the bovine serum albumin (BSA) as the standard.

Soluble sugar and starch in leaves were measured via the anthrone colorimetric method. Briefly, samples (0.3 g) were homogenized and then extracted with distilled water (50 mL) for 30 min at 100 °C. After centrifugation at 3000 rpm for 15 min, the supernatant was collected and used for measurement of soluble sugar. Insoluble substance was extracted again in distilled water (20 mL) and perchloric acid (2 mL, 52%) for measurement of starch. The supernatant (0.1 mL) of soluble sugar and starch was mixed with distilled water (1.9 mL), anthrone (0.5 mL), and concentrated sulfuric acid (5 mL). After 10 min of incubation, the absorbance of the mixed solution was recorded at 630 nm and 485 nm by a UV-spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK), respectively. The calibration curves were constructed with standard solutions of sucrose and starch, respectively [45].

2.3. Determination of Total Phenol and Flavonoid

For determining contents of total phenol and flavonoid, 3 g of the samples were homogenized using liquid nitrogen and extracted with 6 mL of methanol (80%). The extracts were incubated for 12 h

in a shaker (KSI-200FL, Koencon, Hanam, Korea) at 110 rpm, and then centrifuged at 12,000 rpm for 15 min. Supernatant was used for assays.

Total phenol content was determined by the Folin–Ciocalteu method [46]. To briefly explain the method, 0.1 mL of the supernatant, diluted up to 1.0 mL with double distilled water, was mixed with 0.5 mL of the Folin–Ciocalteu reagent (1:1 with water) and 1 mL of sodium carbonate solution (7.5%). After a 40-min incubation in the dark, the absorbance was recorded at 725 nm by a UV spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK) and the total phenol content was calculated from the calibration curve of standard gallic acid. Total flavonoid content was measured according to the aluminum chloride colorimetric method [42]. The supernatant (0.1 mL) was mixed with 0.9 mL of methanol (80%) and 1 mL of aluminum chloride (2%). After a 30-min incubation, the absorbance of the mixed solution was measured at 415 nm by a UV spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK) and the total flavonoid content was calculated based on the standard quercetin calibration curve.

2.4. Estimation of H_2O_2 Content and Antioxidant Enzymes Activities

Content of H_2O_2 was measured by the method of Manivannan et al. [46]. In detail, samples (0.15 g) were homogenized with 1.5 mL of TCA (0.1%), followed by being centrifuged for 15 min at 12,000 rpm. The supernatant (0.5 mL), sodium phosphate buffer (50 mM, 0.5 mL), and potassium iodide (1 M, 0.5 mL) were mixed and then incubated for 30 min in the dark. The absorbance of mixture at 395 nm was recorded by a UV spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK) and the H_2O_2 content was calculated according to the standard curve of H_2O_2 .

To estimate the activities of antioxidant enzymes, samples (0.1 g) were ground and homogenized in a 50 mM sodium phosphate buffer (pH 7.0) including EDTA (1 mM), triton X (0.05%), and polyvinylpyrrolidone (PVP, 1 mM). The extracts were centrifuged at 13,000 rpm for 20 min at 4 °C and the supernatant was used in assaying the antioxidant enzymes activities. Activities of superoxide dismutase (SOD), guaiacol peroxidase (GPX), ascorbate peroxidase (APX), and catalase (CAT) were measured by a UV spectrophotometer (Libra S22, Biochrom Ltd., Cambridge, UK) based on the protocols of Manivannan et al. [47].

2.5. Native PAGE Profiling of Antioxidant Enzymes and Quantification of Activity

For profiling of antioxidant enzymes such as SOD, GPX, APX, and CAT, the native-polyacrylamide gel electrophoresis (native-PAGE) was performed based on previous methods [48,49]. Briefly, the electrophoresis was carried out using 12% separating and 4% stacking acrylamide gels and tris-glycine (pH 8.3) running buffer at 4 °C for 4 h with a constant voltage (80 volts), after 30 µg of extracted proteins were loaded on the top of the stacking gels. For the staining, the protocols described by researchers in References [49,50] were followed. All gel staining procedures were accomplished at room temperature with a shaker (KSI-200FL, Koencon, Hanam, Korea) at 30 rpm until the bands were visible and distinct. After staining, gels were washed with distilled water and then photographed by camera (EOS 100D, Canon, Tokyo, Japan) immediately.

To quantify the relative activities of isozymes of those enzymes among treatments, photos of gels were converted into black-and-white mode and the band intensities of isozymes were measured by ImageJ 1.48 [51]. Then the relative activities of isozymes were calculated and presented as percentage (%) of the control (TA) [38,49].

2.6. Statistical Analysis

All treatments were set up in a completely randomized design, and all assays were performed at least three individual biological repeats. Data, presented as the mean \pm standard error of the mean, were subjected to one-way analysis of variance (one-way ANOVA) to assess the differences among seedlings under different treatments, followed by the Duncan multiple range test at a 5% probability

level, using the SPSS (Statistical Package for the Social Sciences, version 21). All figures were plotted using OriginPro software (version 9.0).

3. Results and Discussion

3.1. Seedling Growth Characteristics under Different Temperature Regimes

Temperature is one of the environmental factors that determine growth characteristics and shape morphological features in plants [14,52]. We found that different temperature regimes significantly influenced the growth and morphology of *A. triphylla* seedlings (Figure 1). The greatest number of roots (37.0 ± 5.3) was observed for seedlings in TB on week 6 (Figure 1A). Similarly, the largest stem diameter and total dry weight were 1.92 ± 0.10 mm and 0.056 ± 0.007 g, respectively for seedlings in TB (Figure 1B,C), both significantly higher than those for seedlings in TA and TC in the sixth week. Larger DIF and high ADT in TB (Table 1) promoted seedling growth, resulting in larger growth parameters than for seedlings in other treatments. Similar results have been reported in many other studies. Si and Heins [17] showed that the DIF had a significant effect on growth parameters such as the stem diameter, internode length, and leaf area in sweet pepper seedlings. Yang et al. [18] suggested that positive DIFs have higher positive influence than negative DIFs do, and a 6 °C DIF is best for greenhouse tomato growth. Li et al. [16] found that an 8 °C DIF could significantly improve the growth and development in tomato LA1781, when compared with a DIF of 6 °C. Ribeiro et al. [19] reported that *Ricinus communis* L. seedlings grown at 25 °C and 35 °C showed greater biomass than seedlings grown at 20 °C.

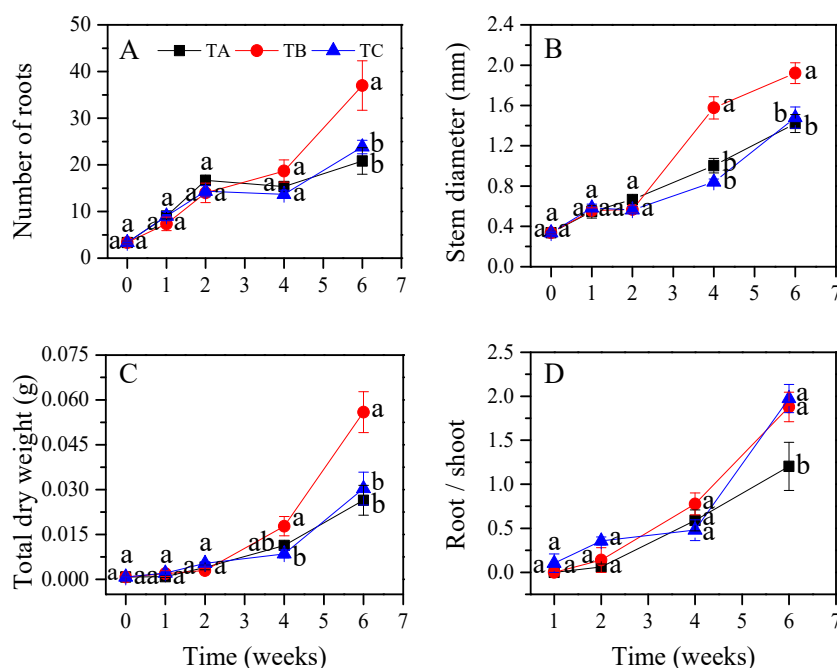


Figure 1. Number of roots (A), stem diameter (B), total dry weight (C), and root shoot ratio (D) of *Adenophora triphylla* (Thunb.) A.DC. seedlings grown under different temperature regimes. TA, 20/20 °C (day/night); TB, 25/15 °C; TC, 20/15 °C. Data is presented as the mean \pm standard error ($n = 3$). The different letters (a, b, and c) indicate significant differences ($p < 0.05$) among treatments.

After the fourth week, the number of roots, stem diameter, and total biomass for seedlings in TB treatment were greater than those for seedlings in TA or TC treatment. There were no observable differences in the first four weeks (Figure 1). According to logistic growth curves, seedlings were in the lag phase of growth in the first four weeks, and grew slowly and steadily. Next, seedlings in different treatments went into the exponential phase and started displaying differences. Other research

showed similar characteristics of seedling growth. For example, Arena and Radice [53] reported that shoot elongation in *Berberis buxifolia* Lam. presented a sigmoid curve. Cookson et al. [54] reported that the elongation of leaves, tendrils, and internodes in grapevine was fitted with sigmoid curves. Lin et al. [55] also reported that the initial stage of the fruit growth resembled a sigmoid curve.

Meanwhile, the lowest root-shoot ratio observed for seedlings in TA (Figure 1D) suggested that positive DIF in TB and TC accelerate the photosynthetic product partitioning from shoots (source) to roots (sink). Si and Heins [17] reported that the root-shoot ratio decreases with increases in DT (day temperature) and DIF. Other studies have shown that positive DIFs increase leaf photosynthesis, root biomass accumulation, and root-shoot ratio, as well as enhance root activity and nutrient uptake, and as a consequence, tomato growth is promoted [18]. Moreover, low NT (night temperature) inhibits the respiration which consume energy and reduce accumulation of carbohydrates while high NT provides a contrary effect [56,57]. Lesjak et al. [58] found an increase in NT (4 °C) contributes to a decrease in biomass of stem and branch and grain yield in Chilean Quinoa. However, no significant differences were found in growth parameters, including shoot and root length, number of leaves, and water content (Table S1), among those three treatments. Any significant differences among plants exposed to those parameters may need more time to develop. Our results strongly suggest that seedlings grown in TB treatment are stronger and more compact, implying that TB is the most suitable temperature regime for the growth of *A. triphylla* seedlings.

3.2. Contents of Soluble Sugar, Starch, and Soluble Protein in Seedling Grown under Various Temperature Conditions

As direct or indirect products of photosynthesis, primary metabolites, such as soluble sugar, starch, and soluble protein, were affected by the temperature regime because temperature influences photosynthesis. In our study, the largest content of soluble sugar was observed for seedlings leaves in TB ($120.4 \pm 6.0 \text{ mg}\cdot\text{g}^{-1}$), followed by TC ($100.7 \pm 3.4 \text{ mg}\cdot\text{g}^{-1}$) and TA ($86.1 \pm 3.7 \text{ mg}\cdot\text{g}^{-1}$) (Table 2). Elevated DIF and DT within a certain range promote activities of photosynthesis-related enzymes and increase the net photosynthetic rate [59]. Therefore, seedlings grown under TB synthesize more sugar compared with those under TA and TC. Meanwhile, a low NT suppresses the respiration of seedlings by decreasing activities of respiration-related enzymes, resulting in decreased consumption of organic matters, such as soluble sugar [60,61]. Additionally, as an osmolyte, soluble sugar maintains cell turgor and protects proteins and cell membranes from stress damage [62,63]. As a result, a high soluble sugar content promotes the growth of seedlings [64,65]. Therefore, a high level of soluble sugar for in seedlings in TB partly explained why seedlings grown in TB are stronger and more compact when compared to those grown in TA and TC (Figure 1).

Table 2. Contents of soluble sugar, starch, and soluble protein in leaves of *A. triphylla* (Thunb.) A.DC. seedlings under different temperature regimes (TA, 20/20 °C (day/night); TB, 25/15 °C; TC, 20/15 °C) after six weeks of cultivation.

Treatment	Content ($\text{mg}\cdot\text{g}^{-1}$)		
	Soluble Sugar	Starch	Soluble Protein
TA	$86.1 \pm 3.7 \text{ b}$	$69.9 \pm 3.8 \text{ b}$	$6.9 \pm 0.3 \text{ a}$
TB	$120.4 \pm 13.7 \text{ a}$	$83.6 \pm 2.2 \text{ ab}$	$7.0 \pm 0.2 \text{ a}$
TC	$100.7 \pm 3.4 \text{ ab}$	$92.6 \pm 4.0 \text{ a}$	$5.2 \pm 0.3 \text{ b}$

Data is shown as the mean \pm standard error ($n = 3$). Different letters in the same column indicate significant differences in measured quantities ($p < 0.05$).

Similar to soluble sugar, soluble protein content for plants grown under TB showed the highest value ($7.0 \pm 0.2 \text{ mg}\cdot\text{g}^{-1}$) compared to those under TA ($6.9 \pm 0.3 \text{ mg}\cdot\text{g}^{-1}$) and TC ($5.2 \pm 0.03 \text{ mg}\cdot\text{g}^{-1}$) (Table 2). A high level of soluble protein increases the tolerance to environmental stresses such as low temperature, high temperature, and drought [66–68]. However, the highest content of starch was found in TC, followed by TB and TA (Table 2). As a polymeric carbohydrate, starch is an important

energy storage. Compared with seedlings in TA, a higher starch content for seedlings in TC implied that the decrease in night temperature promoted the accumulation of starch. Similarly, the starch content for seedlings in TB was higher than for those in TA, although the difference between them was not significant. Starch accumulated in the source leaf in the daytime and decreased in the following night-time due to respiration and translocation. Besides, low night temperatures slowed down respiration and decreased energy consumption [69]. Thereby, the accumulation of starch was promoted in seedlings grown under lower NT without regard to the differences of photosynthesis. This result is consistent with previous studies in tomato [69] and cotton [70].

3.3. Total Phenol and Flavonoid Accumulation under Various Temperature Conditions

The temperature regime not only has influenced primary metabolites such as soluble sugar, starch, and soluble protein, but also has effects on secondary metabolites. In our study, contents of total phenol and flavonoid were deeply affected by different temperature regimes (Figure 2). The content of total phenol for seedlings in TB was $12.5 \pm 0.0 \text{ mg}\cdot\text{g}^{-1}$, higher than that those for seedlings in TA ($11.3 \pm 3.1 \text{ mg}\cdot\text{g}^{-1}$) and TC ($10.5 \pm 0.1 \text{ mg}\cdot\text{g}^{-1}$). This tendency is coincident with ADT (Table 1) implying slightly elevated day temperature have a positive effect on phenol accumulation [39,40]. However, low night temperature in TC showed a negative impact when compared with TA, suggesting elevation in night temperature leads to an increase in phenol [39]. Previous research showed a highest content of phenol ($2.34 \text{ mg}\cdot\text{g}^{-1}$, extracted by water) in this species [2]. Choi et al. [9] also reported that the highest total phenolic amounts in the butanol extract ($9.97 \pm 0.73 \text{ mg}\cdot\text{mL}^{-1}$). Compared with their reports, however, we got a satisfactory result. The extract methods (solution) and culture condition probably contribute to those difference among those studies [2,9]. A main secondary metabolite, total phenol, has a great antioxidant potential, thereby enhancing resistance to abiotic stresses in plants [43]. Thus, a higher level of total phenol reduces the accumulation of ROS in cells and accelerates the growth of seedlings under TB (Figure 1).

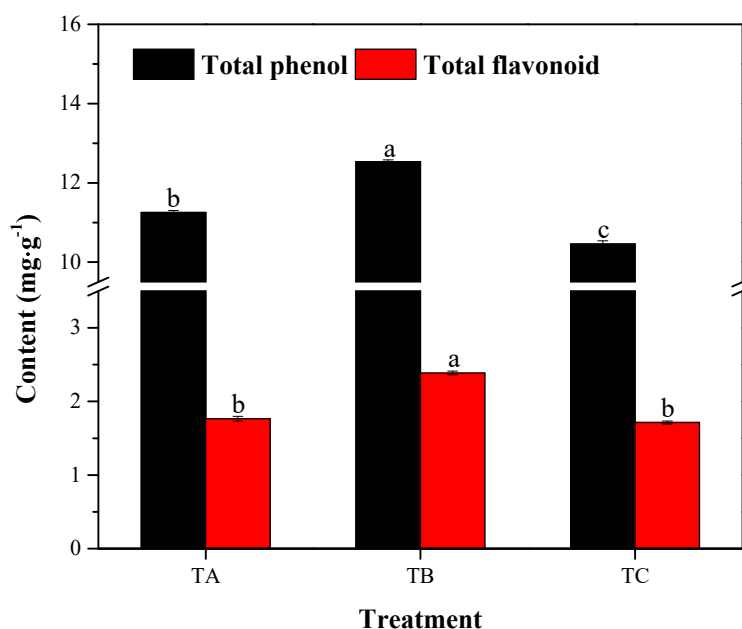


Figure 2. Contents of total phenol and flavonoid accumulated in leaves of *A. triphylla* (Thunb.) A.DC. seedlings grown under different temperature regimes after six weeks of cultivation. TA, 20/20 °C (day/night); TB, 25/15 °C; TC, 20/15 °C. Data is presented as the mean \pm standard error ($n = 3$). The different letters (a, b, and c) indicate significant differences ($p < 0.05$) among treatments.

On the other hand, the obtained results showed the highest content of total flavonoid was in seedlings under TB ($2.4 \pm 0.0 \text{ mg}\cdot\text{g}^{-1}$) (Figure 2), 33% higher than that for seedlings under TA ($1.8 \pm 0.0 \text{ mg}\cdot\text{g}^{-1}$) and 41% higher than that for seedlings in TC ($1.7 \pm 0.0 \text{ mg}\cdot\text{g}^{-1}$). The feature of total flavonoids among those three treatment are similar with total phenols (Figure 2). The reason for this is that elevated temperatures contribute to increases in secondary metabolites such as phenol and flavonoid in the plant tissues [40]. Contents of total flavonoid in our research are slightly higher than previous results ($1.17 \text{ mg}\cdot\text{g}^{-1}$) [2]. As one of medicinal compounds which play a role in curing many kinds of diseases, flavonoids in plants are also capable of scavenging ROS and maintaining a healthy status of seedlings [2], which benefit the growth of seedlings in TB (Figure 1). Therefore, TB can be the optimum temperature regime to increase the growth of seedlings and medicinal value of *A. triphylla*.

In the future, further attentions should be paid to the accumulation of total phenol and flavonoid over a long term, since it fluctuates with the season and the age of individuals [71,72]. Because our experiment only operated for 6 weeks, effects over the long term will be trialed in the near future, in order to confirm the optimal cultivation cycles and harvest period.

3.4. Physiological Responses of Seedlings under Various Temperature Conditions

Under adverse ambient temperatures, including heat or chilling, ROS is rapidly accumulated, resulting in oxidative stresses and causes damages to cell structure and disorders in plant physiology [27,73,74]. Thus, the level of ROS in plants implies the degree of ROS-induced oxidative stresses. As a major ROS, H_2O_2 serves as an indicator of stress [75]. In our research, content of H_2O_2 in seedlings under TB was $5.11 \pm 0.06 \mu\text{mol}\cdot\text{g}^{-1} \text{ FW}$ (fresh weight), significantly lower than for seedlings in TA ($6.02 \pm 0.06 \mu\text{mol}\cdot\text{g}^{-1} \text{ FW}$) or TC ($11.34 \pm 0.05 \mu\text{mol}\cdot\text{g}^{-1} \text{ FW}$) (Figure 3). A lower H_2O_2 content in seedlings under TB implied that seedlings had less stresses and grew better than seedlings in the other treatments.

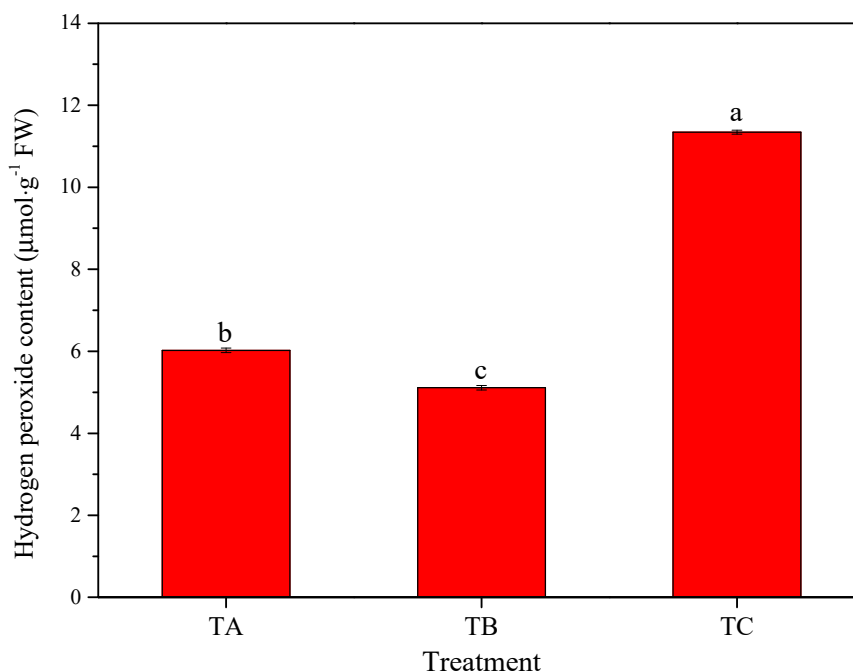


Figure 3. Hydrogen peroxide content in leaves of *A. triphylla* (Thunb.) A.DC. seedlings grown under different temperature regimes after six weeks of cultivation. TA, 20/20 °C (day/night); TB, 25/15 °C; TC, 20/15 °C. Data is presented as the mean \pm standard error ($n = 3$). The different letters (a, b, and c) indicate significant differences ($p < 0.05$) among treatments.

To reduce the excessive ROS, plants have developed multiple strategies to scavenge ROS, including the antioxidant enzyme system [28,76]. In our study, the activities of antioxidant enzymes in leaves, such as SOD, APX, and GPX, were consistent with the level of H_2O_2 (Figure 4). The activity of SOD for seedlings in TC was $5.37 \pm 0.33 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$, significantly higher than that for seedlings in TA ($1.60 \pm 0.14 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$) and TB ($1.34 \pm 0.35 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$). Because the function of SOD is to dismutase the superoxide radical into H_2O_2 , an increase in the activity of SOD for seedlings in TC promotes the production and accumulation of H_2O_2 in cells (Figure 3). The endogenous H_2O_2 generated by SOD will be detoxified into H_2O and O_2 by CAT, or into only H_2O by GPX or APX. Because of the low H_2O_2 content in seedlings under TB, the activities of CAT ($10.93 \pm 0.58 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$), APX ($0.14 \pm 0.08 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$), and GPX ($2.31 \pm 0.35 \text{ U} \cdot \text{mg}^{-1} \text{ protein}$) in seedlings under TB showed the lowest values when compared with seedlings in the other treatments (Figure 4), indicating less stresses and a better growth status. Similarly, Boo et al. [29] found that at low temperatures, lettuce leaves possess a high level of antioxidant and enzymatic status. Although antioxidant enzymes in seedlings under TA or TC showed high activities, seedlings consumed more energy to resist stresses from unsuitable temperatures, which does not benefit the growth and the accumulation of secondary metabolites. Therefore, growth and secondary metabolites for seedlings in TB were better than that for those in TA and TC (Figures 1 and 2).

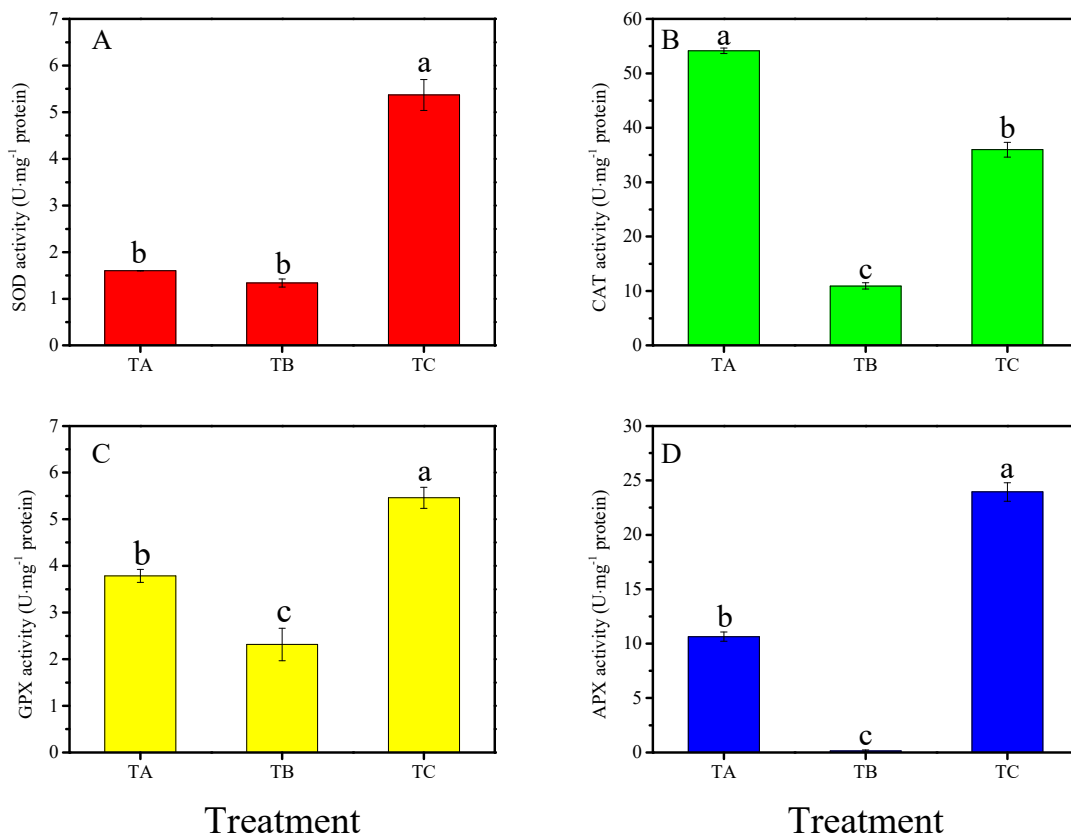


Figure 4. Activities of superoxide dismutase (A), catalase (B), glutathione reductase (GPX) (C), and ascorbate peroxidase (D) in leaves of *A. triphylla* (Thunb.) A.DC. seedlings grown under different temperature regimes after six weeks of cultivation. TA, 20/20 °C (day/night); TB, 25/15 °C; TC, 20/15 °C. SOD, superoxide dismutase; CAT, catalase; GPX, glutathione reductase; and APX, ascorbate peroxidase. Data is presented as the mean \pm standard error ($n = 3$). The different letters (a, b, and c) indicate significant differences ($p < 0.05$) among treatments.

Isozymes are enzymes that differ in amino acid sequence but catalyze the same chemical reaction with different kinetic parameters [49,77]. The existence of isozymes is of great importance in plant cells since these isozymes ensure a fine-tuning of metabolic regulation to control plant growth, development, and defense responses. Thus research into the expression of antioxidant isozymes would be helpful in revealing the physiological response of antioxidant enzymes and mechanisms of ROS scavenging under different temperature regimes. As a signaling molecule, endogenous H_2O_2 at a low level ($nmol \cdot g^{-1}$) plays a role in seedling growth and development and in mediating tolerance by inducing antioxidant enzymes [78,79]. However, high concentration of H_2O_2 has a negative impact and induces an excessive expression of antioxidant isozymes. As shown in Figure 5A, four bands of SOD isozymes were identified in all three treatments. However, the intensity was quite different among treatments (Figure 5E). The intensity of almost all SOD isozymes was the lowest in TB, supporting the result of SOD activity above (Figure 4A). However, the intensity of SOD2 was the lowest in TA and the highest in TC. Tian et al. [37] also showed a difference expression of four SOD isozymes under 42/32 °C and 28/18 °C with or without spermidine foliar spraying. Differences in expressions of SOD isozymes results in a difference in the production of H_2O_2 (Figure 3), which can be then decomposed by CAT, GPX, or APX subsequently. In our research, there was only one form of CAT enzyme found in all three treatments. Relative activity of CAT in TB and TC decreased about 73.2% and 27.0%, respectively, compared with that in TA (Figure 5F), which is in accordance with the results from Figure 4B. Previous research confirmed six isozymes of CAT in *Arabidopsis thaliana* (L.) Heynh leaves, coded by three homologous genes [80]. Only one isozyme in our study may be due to a high turnover rate in plant organ and a much lower affinity with H_2O_2 compared with APX and GPX [81]. Another reason probably is that moderate temperature regime reduced expression of CAT isozymes [82]. Meanwhile, three forms of GPX isozymes were separated in all three treatment (Figure 5C). The intensity of GPX3 in TC was greatly increased, and about 2.41-fold or 2.42-fold higher than that in TA or TB (Figure 5G). Besides, a decrease in GPX1 or GPX2 intensities was found in TB than that in TA or TC, respectively. A similar result reported by Kang et al. [78] was that activities of GPX isozymes in foliar application of H_2O_2 was lower than those under heat treatment. In addition, two forms of APX isozymes were identified to directly detoxify H_2O_2 in our study (Figure 5D). The expression of APX1 was largely higher in TA than that in TB (1.59-fold) and TC (1.67-fold). Slightly differently from APX1, the activity of APX2 was dramatically decreased in TB than TA and TC. It was about 24% of that in TA or 18% of that in TC. As a high-efficient antioxidant enzyme, APX possesses a powerful ability in scavenging H_2O_2 to maintain homeostasis in plant cells [81]. Our data imply that multiple isozymes of APX come into play in this process. For example, Jaiswal et al. [82] showed a different expression of APX isozymes between healthy and infected pumpkin leaves by native PAGE. Ahn et al. [83] found a diverse expression of APX isozymes among cultivars of apple. Overall, relative lower activities of antioxidant isozymes were maintained in TB than that of TA and TC, even though there are some variations among the expression patterns of different antioxidant isozymes (Figure 5), which was also in line with H_2O_2 level and antioxidant enzymes activities (Figures 3 and 4).

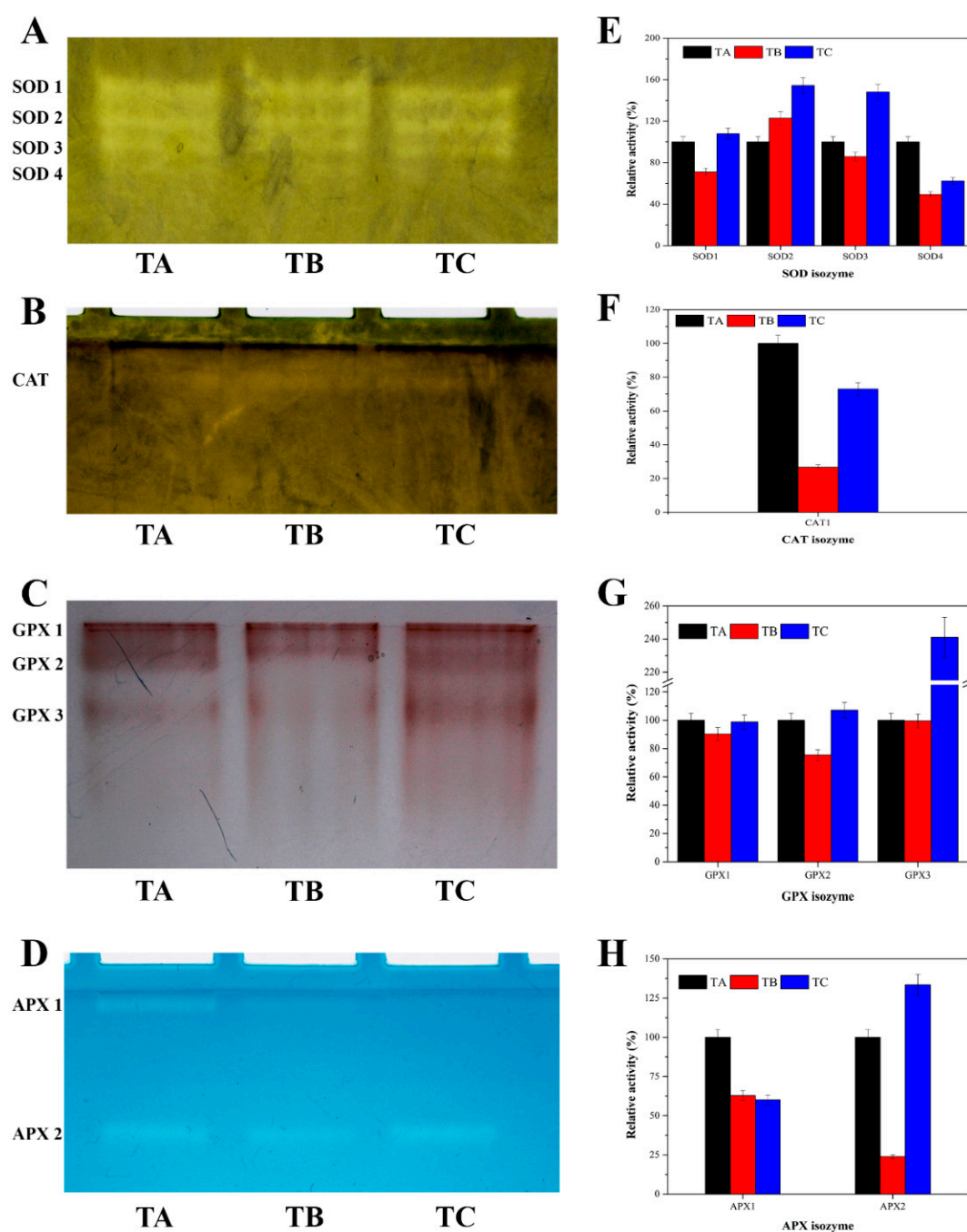


Figure 5. Native-PAGE (polyacrylamide gel electrophoresis) analysis of antioxidant isozymes expressions (A–D) and relative activities (E–H) in leaves of *A. triphylla* (Thunb.) A.DC. seedlings grown under different temperature regimes (TA, 20/20 °C (day/night); TB, 25/15 °C; and TC, 20/15 °C) after six weeks of cultivation. SOD, superoxide dismutase; CAT, catalase; GPX, glutathione reductase; and APX, ascorbate peroxidase.

4. Conclusions

In conclusion, our results demonstrated that *A. triphylla* seedlings grown under 25/15 °C (TB) showed the largest growth parameters, such as root number, stem diameter, and biomass. Besides, this temperature regime promoted primary and secondary metabolism of seedlings, including synthesizing more contents of soluble sugar, soluble protein, total protein, and total flavonoid. Moreover, both H₂O₂ content and antioxidant enzyme activities such as SOD, CAT, GPX, and

APX, were also the lowest in seedlings under TB, suggesting less oxidative stresses. Native PAGE analysis further confirmed low activities of antioxidant isozymes in TB treatment. Therefore, our research strongly proved that 25/15 °C (day/night) is an ideal temperature regime for the growth and physiological development of *A. triphylla* seedlings.

Since *A. triphylla* is of great importance, with high medicinal, edible, and ornamental values, more studies should be carried out in the future. First of all, cultivation conditions such as light, water, and nutrition solution, should be optimized in order to obtain high quality of seedlings. Second, application of elicitors should be considered to improve secondary metabolites including phenols and flavonoids. Importantly, the reasons why those elicitors work should be clarified at a gene and protein level. Last but not least, the micropropagation technique should be attempted for the purpose of obtaining more material in a very short time.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4395/8/9/173/s1>, Table S1: Shoot and root length, no. of leaves, and water content in *A. triphylla* seedlings under different treatment regimes.

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