



Article

Effects of Legume-Grass Ratio on C and Nutrients of Root and Soil in Common Vetch-Oat Mixture under Fertilization

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Abstract: Legume-grass mixture can greatly improve soil fertility to support the sustainable productivity. Root litter is an important source of soil organic matter, but its link with soil nutritional status in forage mixtures is not clear. This study was aimed to uncover whether the relationship of carbon (C) and nutrients between root and soil would change with mixing ratio. Changes in organic C, nitrogen (N), and phosphorus (P) of root and soil were studied in a 2-year experiment with sole common vetch (Vicia sativa), sole oat (Avena sativa), and their mixtures of different mixing ratios under N, P, and N + P fertilization. Root C, N, and P concentrations decreased with decreasing proportion of common vetch in the grasslands. Nitrogen fertilization significantly improved root N concentration (by 4.5–10.1%), while P fertilization decreased root N concentration (by 10.1–18.4%). The effect of mixing ratio on soil C and nutrients was stimulated by fertilization, although soil C, N, and P contents barely changed with mixing ratio. Mixing and fertilization significantly affected C, N, and P stoichiometric ratios of root and soil (besides soil C:N). Soil C, N, and P contents were strongly positively correlated with root C concentration. The results indicated that increasing legume proportion in the mixture may improve root C and nutrients, which can be stimulated by fertilization. Root quality is closely correlated to soil nutritional status in the mixture. This study further reveals the mechanism how the root is potentially involved in affecting soil fertility and provides a scientific basis on the extensive use of common vetch-oat mixture in the Loess Plateau of China.

Keywords: fertilization; legume–grass mixture; intercropping; mixing ratio; nutritional status; root–soil interaction

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1. Introduction

The root plays an important role in energy flow and material circulation of the terrestrial ecosystem. It absorbs nutrients and water from soils, consumes photosynthetic products through respiration and turnover, and returns organic matter into soils through decomposition [1]. The decomposition of root litter and the release of carbon (C) and nutrients into soils affect nutrient cycling and soil fertility [1]. The stoichiometry of C, nitrogen (N) and phosphorus (P) of root and/or soil has been explored in different terrestrial ecosystems, such as natural grassland and forest [2,3], but the relationship of C and nutrients between root and soil is far from known in diverse vegetation systems, for instance, the cultivated grassland.

As an efficient pattern of cultivated grassland, the mixture of multiple forages is dominant in changing soil nutrient characteristics. Compared with the monoculture, soil C and nutrient storages are stronger in the mixtures [4,5], which is partly attributed to stronger ability to return organic matter [6]. Plant species and the proportion of mixed components affect soil organic matter [7]. In temperate grasslands, the increase in legume

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proportion significantly enhances soil C storage, while legume proportion higher than 50–75% restricts soil N storage [8] due to the influence of intraspecific competition and interspecific interaction between legume and non-legume, which decreased N transfer and probably inhibited biological N₂ fixation (BNF) [9], while increasing the utilization of soil N by plant and restraining soil N accumulation. The unique BNF can not only provide an extra N source for the legume, but also help enhance the availability of soil nutrients [10]. Greater N concentration and faster decomposition in legume–grass mixtures result in greater litter N release than the monocultures [11]. In addition, increasing N fertilization leads to increased litter decomposition rate [12,13]. Root litter shows advantages to return organic matter in the mixtures, playing an important role in improving soil fertility and sustaining the productivity.

Root and soil share close coupling in nutrients. Due to the heterogeneity of soil available resources, root nutrient concentrations usually vary spatially [14]. The release of root exudates and the decomposition of root litter are important sources of soil organic matter [15]. Intercrops (including mixing crops) have greater root productivity, which can greatly help increase soil quality and C sequestration [16]. In addition, root chemistry seems to be one of the main factors controlling root litter decomposition [17]. The decomposition rate is significantly negatively correlated to root C:N in natural and seminatural ecosystems [18]. Therefore, it is very important to deeply understand the relationship of C and nutrients between root and soil; however, few studies have been carried out to uncover how mixing ratio affects root C and nutrients and consequently affects soil nutritional status.

In the Loess Plateau of China where the soil is infertile due to serious soil erosion and inappropriate farming, fertilization has long been a common management practice to increase the availability of soil nutrients [19]. However, unsuitable fertilizer application has led to serious issues such as high economic and labor inputs, environmental pollution etc. In contrast, inclusion of legume and grass into arable lands is an efficient measure to restore soil fertility in this area [20]. Common vetch (*Vicia sativa*)—oat (*Avena sativa*) mixture has shown great advantages in maintaining productivity and improving resource utilization [21,22]. Further clarifying relationships of C and nutrients between root and soil in common vetch—oat mixtures help some in the extensive use of such mixture in this area.

In this study, we hypothesized that the effect of fertilization on root and soil C and nutrients, and C:N:P would change with mixing ratio in the mixtures. The objectives were: (1) to find out how C and nutrients of root and soil changed with mixing ratios and fertilization rates; (2) and to uncover the relationship between root and soil nutritional status.

2. Materials and Methods

2.1. Experimental Site

The experiment was conducted in Qingyang Loess Plateau Pastoral Agriculture Station (107°52′ E, 35°39′ N, altitude 1297 m asl) of Lanzhou University. It is a typical semi-arid rainfed agricultural area with continental monsoon climate. In 2019 and 2020, the annual precipitation was 668 and 580 mm (Figure 1), respectively, greater than the long-term average of 559 mm (1970–2018). More than 70% of the annual total falls during July to September. The soil is locally Heilu soil, an Entisol in the classification of the Food and Agriculture Organization of the United Nations, which is a silty loam containing 70% silt, 23% clay, and 7% sand, representing the major cropping soil of this area.

Before oat (*A. sativa* cv. Galileo) and common vetch (*V. sativa* cv. Lanjian 2), sorghum (Sorghum bicolor) in 2018 or corn (Zea mays) in 2019 was sown in the experimental fields as preceding crop. The basic feature in 0–30 soil layer was shown in Table 1.

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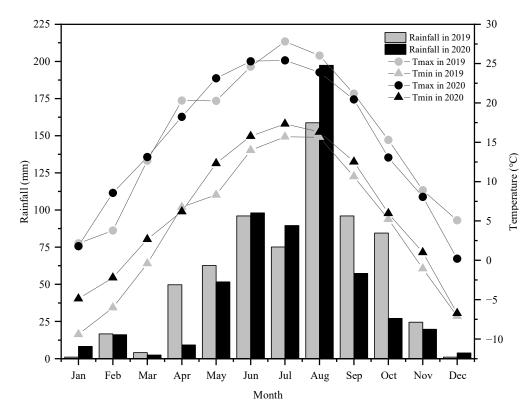


Figure 1. The monthly rainfall, maximum (Tmax) and minimum air temperatures (Tmin) in 2019 and 2020.

Table 1. Basic soil feature at the experimental site.

Year	Layer (cm)	рН	Organic C (g/kg)	Nitrate N (mg/kg)	Ammonium N (mg/kg)	Total N (g/kg)	Available P (mg/kg)	Total P (g/kg)
	0-10	8.22	9.73 ± 0.14	14.81 ± 3.83	1.12 ± 0.07	1.01 ± 0.01	18.85 ± 2.14	0.51 ± 0.02
2019	10-20	8.20	8.88 ± 0.08	13.03 ± 2.33	1.03 ± 0.17	0.97 ± 0.01	22.13 ± 3.17	0.53 ± 0.02
	20-30	8.11	9.32 ± 0.13	13.99 ± 0.79	0.94 ± 0.07	0.91 ± 0.01	17.28 ± 3.93	0.59 ± 0.03
2020	0-10	8.12	5.02 ± 0.19	11.13 ± 0.18	0.57 ± 0.03	0.61 ± 0.03	10.97 ± 0.26	0.39 ± 0.01
	10-20	8.11	3.82 ± 0.27	12.55 ± 0.44	0.77 ± 0.05	0.63 ± 0.01	11.10 ± 0.38	0.36 ± 0.02
	20-30	8.14	4.98 ± 0.27	13.95 ± 0.63	0.62 ± 0.05	0.56 ± 0.01	6.30 ± 0.73	0.36 ± 0.02

Values are presented as mean \pm S.E. (n = 3).

2.2. Experimental Design

The field treatments were arranged in a randomized complete block design with mixing and fertilization as two factors in 2019 and 2020, (Table 2). The ratio of common vetch and oat in the grasslands were set as 1:0 (V), 2:1 (VA21), 1:2 (VA12), and 0:1 (A). The sowing rates were common vetch 75 kg/ha (V), common vetch 50 kg/ha and oat 30 kg/ha (VA21), common vetch 25 kg/ha and oat 60 kg/ha (VA12), and oat 90 kg/ha (A), respectively. The seeds were sown in rows at 1–2 cm depth on 26 April 2019 in the N test and on 20 June 2020 in the N + P test. Fertilizers were applied prior to planting with N fertilization in the form of urea (N \geq 46%) and/or P fertilization in the form of calcium super phosphate (P2O5 \geq 16.0%). For the N test in 2019, four N fertilization rates were set including 0 (N0), 50 (N50), 100 (N100), and 150 kg/ha (N150) with 60 kg P2O5/ha as base fertilizer. For the N + P test in 2020, six fertilization rates were set including 0 (CK), 60 kg P2O5/ha (P1), 120 kg P2O5/ha (P2), 100 kg N/ha (N), 100 kg N/ha + 60 kg P2O5/ha (NP1), and 100 kg N/ha + 120 kg P2O5/ha (NP2). No other fertilization was carried out during the experimental period. Each treatment had three replicate plots and all plots were 4 m \times 3 m with 30 cm alley between plots. During the experimental duration, there was no

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irrigation and it was completely rainfed. Constant weed, pest, and disease controls were carried out as locally recommended. Both forages were harvested at the flowering stage of common vetch (26 June 2019, or 1 September 2020). In 2019, the duration of growth was 64 d and in 2020, it was 74 d due to contrasting rainfall and temperature, both of which led to a delayed sowing and slow growth.

Table 2. Experimental	design for fertilization	and mixing treatmer	nts in 2019 and 2020.

Treatment	N Test in 2019	N + P Test in 2020						
		No N and P fertilization (CK)						
	No N fertilization (N0)	60 kg P ₂ O ₅ /ha (P1)						
Contilization	50 kg N /ha (N50)	120 kg P ₂ O ₅ /ha (P2)						
Fertilization	100 kg N /ha (N100)	100 kg N /ha (N)						
	150 kg N /ha (N150)	100 kg N /ha + 60 kg P ₂ O ₅ /ha (NP1)						
		100 kg N /ha + 120 kg P ₂ O ₅ /ha (NP2)						
	Mixing ratios of common vetch and oat	were 1:0 (V, 100% common vetch), 2:1 (VA21, 62.5%						
Mixing	common vetch + 37.5% oat), 1:2 (VA12, 29.4% common vetch + 70.6% oat), and 0:1 (A, 100% oat).							
Mixing	Sowing rates were common vetch 75 kg /ha (V), common vetch 50 kg /ha and oat 30 kg /ha (VA21),							
	common vetch 25 kg /ha and oat 60 kg /	ha (VA12), and oat 90 kg /ha (A), respectively.						

2.3. Sampling, Measurement and Calculation

Immediately after harvesting (the flowering stage of common vetch) of both forages, root and soil samples were taken for further measurements. In each plot, a root drill (inner diameter 9 cm) was used to take soil cores at 0–10, 10–20, and 20–30 cm depth in between and within rows. Two soil cores from the same layer in each plot were combined into a single composite sample. Roots in the soil were collected with a mesh bag of 0.25 mm aperture, which was washed with tap water. According to the shape, color, and flexibility of the root, vital roots [23] were selected and then dried to constant weight at 65 °C to obtain root dry weight. The dried root sample was ground into fine powder to pass a 1.0 m sieve for further measurements of root C and nutrients. Soil sample was randomly taken using a soil drill (inner diameter 5 cm), referring to root sampling method, and airdried naturally in a cool place. The dried soil sample was sieved through 0.25 mm sieve for further measurements of soil C and nutrients.

Organic C was measured using the H_2SO_4 - $K_2Cr_2O_7$ oxidation and titration method. Total N was measured using the automatic Kjeldahl method with a Kjeldahl auto-analyzer (Kjeltech 8400, Foss, Denmark). Total P was determined using molybdenum antimony colorimetric method with a spectro-photometer (UV-2102 PCS, Metash, Shanghai, China). Root C (CR), N (NR), and P (PR) concentrations were expressed on a dry weight basis. Soil C (Cs), N (Ns), and P (Ps) content were calculated on a mass basis and expressed as soil nutrient density (SND).

$$SND(\text{mg/cm}^2) = \sum_{i=1}^{n} P_i \times C_i \times T_i$$

where i refers to soil layer; P_i refers to soil bulk density (g/cm³) of i soil layer; C_i refers to C or nutrient content (mg/g) in i soil layer; T_i refers to the thickness (cm) of i soil layer; and n refers to the total number of soil layers.

2.4. Statistical Analysis

The analysis was performed using SPSS 21.0. Before analysis, variables (root C, N, P concentrations, soil C, N, P contents, and stoichiometric ratios) were checked for normality of distribution and homogeneity using the Shapiro–Wilk test. Two-way ANOVA was used to analyze the effects of fertilization and mixing treatments on the variables. The differences of the variable among mixing ratios and fertilization rates were

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examined using Duncan's test at a significance level of p < 0.05. The correlations between soil and root were determined using the "correlation plot" package in Origin Pro 2021.

3. Results

3.1. Root C, N, P Concentrations and Stoichiometric Ratios

In 2019, C_R , N_R , and P_R concentrations were significantly affected by mixing and its interaction with fertilization (Table 3). The C_R concentration tended to increase with the proportion of common vetch and was significantly greater in common vetch monoculture than in the mixtures at all N fertilization rates (Table 4). The N fertilization increased N_R concentration in oat monoculture, while in the mixtures or common vetch monoculture, the effect of fertilization was weakened. (Table 4). The P_R concentration increased with the proportion of common vetch and tended to be stimulated by N fertilization. Under N0, N50, and N150 fertilization, P_R concentration was significantly greater in VA21 than common vetch monoculture and VA12 (Table 4).

In 2020, N_R and P_R concentrations were significantly affected by mixing and fertilization and their interaction (Table 3). The N_R concentration increased with the proportion of common vetch and was significantly greater in common vetch monoculture than all other grasslands under all fertilization treatments (Table 4). In VA12 and oat monoculture, N_R concentration under P1 fertilization was significantly lesser than under all N fertilization treatments, while it was significantly lesser under P2 fertilization than under all N fertilization treatments.

Table 3. Effects (*F* value) of mixing, fertilization, and their interaction on root C, N, and P concentrations and stoichiometric ratios.

Year	Treatment	Cr	Nr	Pr	C:Nr	C:P _R	N:Pr
2019	Mixing (M)	83.09 ***	212.69 ***	18.55 ***	104.66 ***	139.88 ***	28.68 ***
	Fertilization (F)	2.91	6.24 **	0.97	9.24 ***	22.59 ***	40.81 ***
	$M \times F$	6.78 ***	11.34 ***	5.04 ***	16.50 ***	45.65 ***	27.03 ***
2020	Mixing (M)	0.81	152.72 ***	33.21 ***	64.75 ***	25.06 ***	4.78 **
	Fertilization (F)	1.50	10.85 ***	2.66 *	8.73 ***	3.46 *	4.89 **
	$M \times F$	0.50	1.93 *	2.69 **	2.28 *	2.42 *	3.22 **

The C_R , N_R , and P_R represent root C, N, and P concentrations, respectively. The $C:N_R$, $C:P_R$, and $P:N_R$ represent root C:N, C:P, and P:N, respectively. The asterisks (*, ** and ***) show significant differences at p < 0.05, 0.01, and 0.001, respectively.

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Table 4. Root C, N, and P concentrations under different fertilization rates and mixing ratios in 2019 and 2020.

1/	F	Organic C (mg/g)					Total N	(mg/g)		Total P (mg/g)			
rear	Treatment -	V	VA21	VA12	A	V	VA21	VA12	A	V	VA21	VA12	A
2019	N0	550 ± 8 Ba	470 ± 4 Bb	$488 \pm 8 \text{ b}$	476 ± 5 Bb	19.9 ± 0.25 Ba	16.8 ± 0.33 Bb	14.4 ± 0.31 ABc	9.2 ± 0.14 Bd	1.62 ± 0.05 Ba	1.91 ± 0.14 a	1.48 ± 0.05 a	$1.00 \pm 0.02 \text{ Bb}$
	N50	551 ± 2 Ba	488 ± 8 ABb	$475 \pm 1 \text{ b}$	542 ± 1 Aa	$21.6 \pm 0.60 \text{ ABa}$	15.9 ± 0.31 Bb	13.2 ± 0.28 Bc	$12.3 \pm 0.09 \text{ Ac}$	$1.81 \pm 0.06 \text{ B}$	1.61 ± 0.15	1.31 ± 0.02	$1.37 \pm 0.06 \text{ A}$
	N100	588 ± 4 Aa	509 ± 6 Ab	$465 \pm 5 \text{ c}$	$470 \pm 4~\mathrm{Bc}$	22.4 ± 0.04 Aa	13.7 ± 0.13 Cbc	$14.8 \pm 0.11 \text{ Ab}$	$13.6 \pm 0.36 \text{ Ac}$	2.34 ± 0.12 Aa	$1.45 \pm 0.11 \text{ b}$	1.29 ± 0.08 b	$1.40 \pm 0.04 \text{ Ab}$
_	N150	568 ± 6 ABa	496 ± 2 ABb	$480 \pm 4 \text{ b}$	484 ± 3 Bb	$19.7 \pm 0.41 \; \text{Ba}$	$18.6 \pm 0.35 \text{ Aa}$	14.9 ± 0.23 Ab	$13.2 \pm 0.26 \text{ Ab}$	$1.43 \pm 0.10 \text{ Bb}$	1.99 ± 0.04 a	1.59 ± 0.05 b	$0.80 \pm 0.05 \; \text{Bc}$
	CK	442 ± 12	438 ± 8	437 ± 3	423 ± 24	21.8 ± 0.08 Aa	12.2 ± 1.00 ABb	13.5 ± 0.03 Ab	$9.0 \pm 0.57 \; \text{Bc}$	2.62 ± 0.04 a	1.63 ± 0.04 BCb	2.30 ± 0.11 Aa	$1.50 \pm 0.10 \text{ b}$
	P1	436 ± 4	453 ± 8	438 ± 2	443 ± 4	$20.5 \pm 0.60 \text{ Aa}$	$13.0 \pm 0.78 \text{ ABb}$	$9.2 \pm 0.49 \; \text{Bc}$	$8.1 \pm 0.36 \; \text{Bc}$	2.35 ± 0.02 a	1.27 ± 0.01 Cb	1.31 ± 0.06 Cb	$1.25 \pm 0.07 b$
2020	P2	437 ± 3	434 ± 5	442 ± 5	426 ± 2	$16.8 \pm 0.33 \mathrm{Ba}$	11.2 ± 0.12 Bb	$9.5 \pm 0.28 \; \text{Bc}$	$8.6 \pm 0.34 \; \text{Bc}$	2.28 ± 0.15 a	2.12 ± 0.17 ABab	1.43 ± 0.11 Cbc	1.27 ± 0.08 c
2020	N	457 ± 2	432 ± 9	440 ± 6	434 ± 5	20.1 ± 0.56 Aa	$13.5 \pm 0.90 \text{ ABb}$	$12.3 \pm 0.52 \text{ Ab}$	$11.8 \pm 0.49 \text{ Ab}$	2.62 ± 0.17 a	$1.61 \pm 0.07 \text{ BCb}$	1.40 ± 0.07 Cb	$1.37 \pm 0.04 \text{ b}$
	NP1	456 ± 5	445 ± 8	444 ± 6	439 ± 10	21.6 ± 0.11 Aa	$15.3 \pm 0.49 \text{ Ab}$	$12.7 \pm 0.64 \text{ Ac}$	$12.3 \pm 0.14 \text{ Ac}$	1.96 ± 0.20 ab	2.24 ± 0.09 Aa	2.08 ± 0.24 ABab	$1.35 \pm 0.10 \text{ b}$
	NP2	448 ± 2	454 ± 3	448 ± 6	455 ± 6	19.6 ± 0.73 Aa	12.9 ± 0.21 ABb	12.1 ± 0.31 Ab	12.4 ± 0.73 Ab	2.59 ± 0.22 a	1.58 ± 0.06 BCb	1.69 ± 0.04 BCb	1.33 ± 0.09 b

Values are presented as mean \pm S.E. (n = 3). Different capital letters show significant difference among fertilization rates under the same mixing ratio (p < 0.05). Different lowercase letters show significant difference among mixing ratios under the same fertilization rate (p < 0.05).

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Mixing, fertilization, and their interaction significantly affected C:N_R, C:P_R, and N:P_R in 2019 and 2020 (Table 3). In 2019, C:N_R increased with the decreasing proportion of common vetch under N0 and N50 fertilization (Figure 2a). In oat monoculture, C:N_R was significantly reduced by N fertilization. (Figure 2a). The N:P_R in oat monoculture was significantly greater than in other grasslands under N150 fertilization, while N:P_R in common vetch monoculture was significantly greater than in other grasslands under N0 fertilization (Figure 2c).

In 2020, compared with no fertilization (CK), C:N_R increased with decreasing proportion of common vetch under all fertilization treatments. The C:P_R in oat monoculture was highest under all fertilization treatments (Figure 2e). In the mixtures, C:P_R were stimulated by fertilization (Figure 2e). Compared with CK, N:P_R under P1 and P2 fertilization hardly changed in oat monocultures, but under NP1 and NP2 fertilization, N:P_R in oat monoculture was significantly higher.

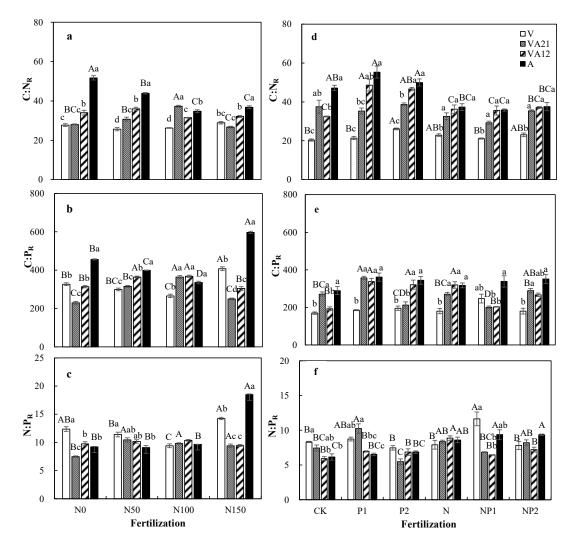


Figure 2. Root C, N, P stoichiometric ratios under different fertilization rates and mixing ratios in 2019 and 2020. (**a–c**) show 2019 data and (**d–f**) show 2020 data. Values are presented as mean \pm S.E. (n = 3). Different capital letters show significant difference among fertilization rates under the same mixing ratio (p < 0.05). Different lowercase letters show significant difference among mixing ratios under the same fertilization rate (p < 0.05).

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3.2. Soil C, N, P Contents and Stoichiometric Ratios

In 2019, Cs, Ns, and Ps contents were significantly affected by mixing and its interaction with fertilization (Table 5). The N fertilization significantly affected Ns content only in common vetch monoculture, and Ns content under N0 was significantly greater than N100 and N150 fertilization (Table 6). The Ps content was stimulated by fertilization in the mixtures, while it sharply decreased with N fertilization in common vetch monoculture.

In 2020, Cs, Ns, and Ps contents were significantly affected by mixing, fertilization, and their interaction (Table 5). The Ps content were significantly higher in the monocultures than in the mixtures without fertilization (Table 6). Under N fertilization, Cs, Ns, and Ps contents increased first and then decreased with the decreasing proportion of common vetch, and in VA12 it was greater than other grasslands. The P fertilization significantly decreased Cs content in common vetch monoculture. The Cs content was significantly greater under N + P fertilization (NP1 and NP2) than P fertilization without N (P1, P2) in common vetch monoculture.

Table 5. Effects (*F* value) of mixing, fertilization and their interaction on soil C, N, and P contents and stoichiometric ratios.

Year	Treatment	Cs	Ns	Ps	C:Ns	C:Ps	N:Ps
2019	Mixing (M)	6.70 **	4.34 *	28.69 ***	8.58 ***	20.21 ***	12.48 ***
	Fertilization (F)	1.48 0.45		14.15 ***	0.97	11.04 ***	12.31 ***
	$M \times F$	7.02 ***	2.43 *	4.38 **	9.18 ***	6.96 ***	1.11
2020	Mixing (M)	11.41 ***	3.29 *	13.05 ***	1.46	9.45 ***	6.07 **
	Fertilization (F)	23.32 ***	19.98 ***	64.14 ***	16.83 ***	28.68 ***	23.48 ***
	$M \times F$	22.81 ***	12.91 ***	76.81 ***	8.06 ***	22.51 ***	19.85 ***

The Cs, Ns, and Ps represent soil C, N, and P contents, respectively. The C:Ns, C:Ps, and P:Ns represent soil C:N, C:P, and P:N, respectively. The asterisks (*, ** and ***) show significant differences at p < 0.05, 0.01, and 0.001, respectively.

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Table 6. Soil C, N, and P content under different fertilization rates and mixing ratios in 2019 and 2020.

V	Treatment -	Organic C (mg/cm²)					Total N (mg/cm²)				Total P (mg/cm²)		
rear	Treatment	V	VA21	VA12	Α	V	VA21	VA12	A	V	VA21	VA12	Α
2010	N0	266 ± 9 Bb	$310 \pm 10 \text{ ab}$	261 ± 7 Bb	331 ± 10 Aa	33.8 ± 0.41 Aa	29.8 ± 0.31 b	32.2 ± 0.62 ab	31.1 ± 0.52 ab	28.6 ± 0.20 Aa	19.7 ± 0.22 ABc	21.1 ± 0.30 ABbc	22.4 ± 0.38 ABb
	N50	271 ± 4 Bb	$293 \pm 8 \text{ ab}$	$330 \pm 11 \text{ Aa}$	$279 \pm 10 \text{ Bb}$	$33.0 \pm 0.24 \text{ ABa}$	$28.2 \pm 0.38 \text{ b}$	32.3 ± 0.49 a	31.5 ± 0.56 a	$28.4 \pm 0.15 \text{ Aa}$	19.7 ± 0.67 ABc	21.2 ± 0.56 ABbc	$23.5 \pm 0.82 \text{ ABb}$
2019	N100	$313 \pm 10 \text{ ABa}$	$318 \pm 12 a$	$353 \pm 7 \text{ Aa}$	222 ± 4 Cb	30.1 ± 0.58 C	31.9 ± 0.57	32.9 ± 0.73	31.9 ± 0.45	23.3 ± 0.54 Bab	$21.2 \pm 0.38 \text{ Ab}$	23.9 ± 0.64 Aab	26.4 ± 0.86 Aa
	N150	346 ± 13 Aa	$299 \pm 6 \text{ ab}$	343 ± 11 Aa	261 ± 4 BCb	30.7 ± 0.56 BC	30.6 ± 1.06	32.5 ± 0.47	34.7 ± 1.00	21.8 ± 0.56 Ba	18.2 ± 0.24 Bb	$18.7 \pm 0.79 \; \text{Bab}$	20.5 ± 0.61 Bab
	CK	$276 \pm 4 \text{ Ba}$	269 ± 3 ABab	$251 \pm 5 \text{ Cb}$	$283 \pm 3 \text{ Aa}$	29.1 ± 0.44 Ba	$26.7 \pm 0.31 \text{ Bab}$	23.5 ± 0.91 Db	27.7 ± 0.62 ABCa	17.2 ± 0.05 Aa	15.3 ± 0.35 BCb	$14.7 \pm 0.01 \text{ Bb}$	17.9 ± 0.23 Ba
	P1	237 ± 6 CD	249 ± 4 BCD	264 ± 7 BC	255 ± 3 BC	24.7 ± 0.56 Cb	21.8 ± 0.16 Cc	27.8 ± 0.36 BCa	26.5 ± 0.32 BCab	$15.8 \pm 0.36 \mathrm{Ba}$	$15.8 \pm 0.27 \text{ BCa}$	$15.6 \pm 0.20 \text{ Ba}$	13.6 ± 0.09 Cb
2020	P2	$223 \pm 1 \text{ Db}$	$284 \pm 3 \text{ Aa}$	271 ± 4 BCa	$287 \pm 2 \text{ Aa}$	27.6 ± 0.33 Bbc	31.6 ± 0.64 Aa	25.7 ± 0.37 CDc	29.5 ± 0.19 Aab	$13.9 \pm 0.28 \text{Cc}$	28.7 ± 0.23 Aa	$15.2 \pm 0.15 \; Bc$	$21.5 \pm 0.30 \text{ Ab}$
2020	N	$251 \pm 3 \text{ Cb}$	243 ± 6 CDb	$278 \pm 0.25 \text{ Ba}$	$248 \pm 2 \text{ Cb}$	$28.9 \pm 0.04 \text{ Bb}$	30.5 ± 0.34 Aa	31.2 ± 0.42 Aa	$28.2 \pm 0.03 \text{ ABb}$	15.7 ± 0.08 Bb	16.4 ± 0.29 Bb	18.5 ± 0.38 Aa	$12.1 \pm 0.24 \mathrm{Dc}$
	NP1	$369 \pm 1 \text{ Aa}$	262 ± 4 BCc	$280 \pm 3 \text{ Bb}$	272 ± 3 ABbc	34.9 ± 0.53 Aa	27.3 ± 0.65 Bbc	$29.6 \pm 0.34 \text{ ABb}$	26.0 ± 0.46 Cc	17.3 ± 0.22 Aa	$12.6 \pm 0.08 \mathrm{Dc}$	15.9 ± 0.29 Bb	17.3 ± 0.18 Ba
	NP2	$290 \pm 2 \text{ Ba}$	$231 \pm 3 \text{ Db}$	$303 \pm 2 \text{ Aa}$	$240 \pm 5 \text{ Cb}$	$27.7 \pm 0.38 \text{ Bb}$	$27.4 \pm 0.39 \text{ Bb}$	32.1 ± 0.58 Aa	$28.4 \pm 0.35 \text{ ABb}$	$14.9 \pm 0.10 \text{ BCb}$	$14.8 \pm 0.22 \text{ Cb}$	$18.8 \pm 0.20 \text{ Aa}$	18.4 ± 0.49 Ba

Values are presented as mean \pm S.E. (n = 3). Different capital letters show significant difference among fertilization rates under the same mixing ratio (p < 0.05). Different lowercase letters show significant difference among mixing ratios under the same fertilization rate (p < 0.05).

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In 2019, mixing and its interaction with fertilization significantly affected C:Ns, while C:Ps and N:Ps were affected by mixing and fertilization, and C:Ps was also affected by their interaction (Table 5). The N fertilization increased C:Ns, C:Ps, and N:Ps in common vetch monoculture, while there was an opposite trend in oat monoculture (Figure 3a–c). The C:Ns and C:Ps in the mixtures were significantly greater than in common vetch monoculture under N50 fertilization, while greater than in oat monoculture under higher fertilization rates.

In 2020, mixing and fertilization and their interaction significantly affected C:Ps and N:Ps, while C:Ns was significantly affected by fertilization and its interaction with mixing (Table 5). The C:Ns in common vetch monoculture and VA21 significantly decreased with the increase in P fertilization rate (Figure 3d). Compared with CK, N fertilization decreased C:Ns significantly in all grasslands. The C:Ns and C:Ps (Figure 3e) in common vetch monoculture was increased by NP1 and NP2 fertilization and was significantly greater than other fertilization treatments.

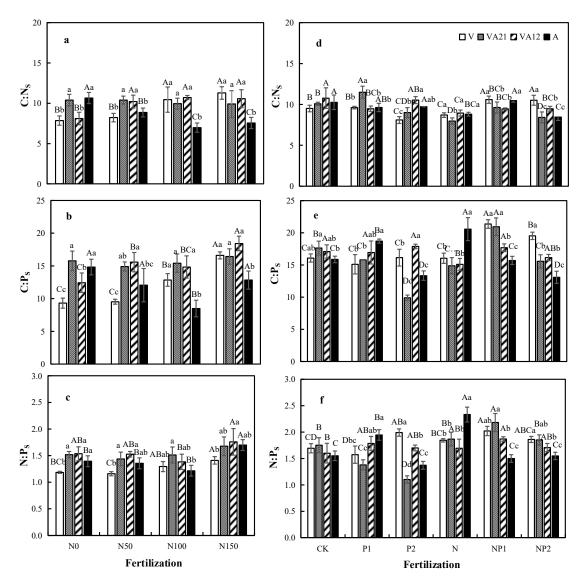


Figure 3. Soil C, N, and P stoichiometric ratios under different fertilization rates and mixing ratios in 2019 and 2020. (**a–c**) show 2019 data and (**d–f**) show 2020 data. Values are presented as mean \pm S.D. (n = 3). Different capital letters show significant difference among fertilization rates under the same mixing ratio (p < 0.05). Different lowercase letters show significant difference among mixing ratios under the same fertilization rate (p < 0.05).

3.3. Correlations of Nutritional Indexes between Root and Soil

The C_R concentration was significantly positively correlated with C_s, N_s, and P_s contents, while it was significantly negatively correlated with C:P_s and N:P_s (Figure 4). The N_R concentration was significantly positively correlated with N_s content. The C:P_R was significantly positively correlated with N_s and P_s contents, but it was significantly negatively correlated with C:P_s and N:P_s. The N:P_R was significantly positively correlated with C_s, N_s, and P_s contents.

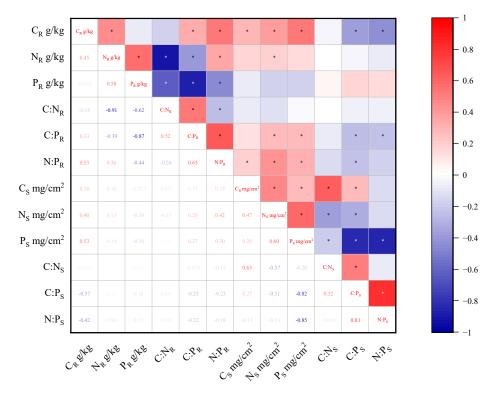


Figure 4. Correlations of nutritional indexes between root and soil. * Signifies significance. The value represents the correlation coefficient (r). The color column represents the range of correlation coefficients.

4. Discussion

4.1. Effect of Mixing and Fertilization on Root C and Nutrients

In this study, CR, NR, and PR concentrations were significantly affected by mixing and increased with increasing common vetch proportion in the mixtures. It is consistent with previous studies that legumes have higher nutrient concentrations in fine roots than nonlegume plants [24,25]. The high NR concentration may be partly due to legume BNF which provides a promising N source for the plant [26]. Moreover, legumes have greater root phosphatase activity than non-legumes [27,28], which leads to more available P in soils and more P uptake by the plant. Therefore, with the increase in common vetch proportion, nutrients accumulated in the bulk root of the whole mixing system. The N:PR showed no significant change with mixing ratio, while C:NR and C:PR decreased with the increase in legume proportion in the mixtures. This is because CR concentration increased but with a lower rate than NR and PR concentrations. Additionally, lower nutrient use efficiency also implies there is relatively adequate N and P availability in the mixtures. There is a significant negative correlation between root decomposition and CR concentration [18]. It is generally accepted that lower nutrient use efficiency, that is lower C:NR and C:PR, results in higher decomposition rate and soil nutrient cycling rate [29]. This may finally lead to higher levels of soil C accumulation due to rapid decomposition and return of organic matter. Extensive exploration is needed to address this point.

In this study, fertilization had a significant effect on NR concentration, but barely affected C_R and P_R concentrations. The C is mainly a structural substance and generally remains steady within a plant. In contrast, the absorption and utilization of N and P are more complex [30]. The N fertilization can hopefully promote soil P mobilization due to soil acidification [28] and P fertilization should directly increase soil P availability. Both ways would have led to increased uptake of soil available P. However, in this study PR concentration hardly changed in response to fertilization. It is assumed that the so called "dilution effect" due to accelerated growth under fertilization would have reduced plant P and P_R concentration, which is finally balanced by increased P uptake. In this study, N or N + P fertilization significantly promoted N_R concentration, as well as N:P_R. It is reasonable that N fertilization leads to increased soil mineral N content, which in turn increases plant N uptake and accumulation. A past study also showed that there was no effect of nitrate addition on N_R concentration in the wetland [31]. This may be attributed mainly to the antagonistic effect of N fertilizer on legume BNF, which finally affects N uptake and accumulation. Compared with no fertilization, P fertilization led to lower NR concentration. The NR concentration under P1 and P2 was 11.1% and 19.2% less than CK, respectively. The increased P availability due to P fertilization possibly leads to the relative N limitation to the growth in grasslands [17]. From another aspect, soil available P may promote BNF due to facilitated bacteria activity [32], which consequently leads to easier and more N uptake. This should balance a little NR concentration reduction but might be not strong enough. Therefore, NR concentration was lesser under P fertilization in this study.

4.2. Effects of Mixing and Fertilization on Soil C and Nutrients

In this study, Cs content barely changed with increasing legume proportion. This is consistent with general knowledge that soil C storage remains steady during a short term [33]. It also suggested that mixing common vetch and oat imposes no significant impact on Cs content in the experimental duration. From another viewpoint, during the growth, dead root may continuously decompose to return organic matter to the soil, which can potentially change Cs content [12]. The return of root litter with low C:N increases the energy requirement (e.g., in the form of C) of microorganisms, resulting in more C being processed and accumulated [34]. Therefore, the return of low C:N root may finally lead to more microbial C accumulation in soils and increased soil C storage. However, we failed to observe such C₅ content increase with increasing legume proportion. It is assumed that during the growth of these two annuals, fertilization (N fertilization) may accelerate the decomposition of root litter [35], and more C in the litter may be exhausted by microorganisms, which leads to less C return into the soil and less use of the original soil organic matter. So, the effect of increasing legume proportion on soil C storage was ameliorated. Generally, legumes tend to significantly increase N accumulation in soils [8]; however, in this study Ns content did not show an increasing trend with the increase in legume proportion. Under all fertilization treatments, Ns content in VA21 (common vetch proportion 62.5%) was lesser than that in VA12 (common vetch proportion 29.4%). When the proportion of legumes is higher than that of non-legumes, soil N storage is reduced in a temperate steppe grassland [8]. When the density of legume increases, the intraspecific competition is intensified, resulting in the weakness of interaction between non-legume and legume in N utilization and the decrease in N transfer from the legume [9]. Therefore, the utilization of soil N by both plants increases and the accumulation of soil N is largely inhibited. Additionally, this also led to NR concentration increase with increasing common vetch proportion. In contrast, change in Ps content with common vetch proportion was affected by fertilization. Under N or N + P fertilization, Ps content in VA12 was greater than in VA21, while it was opposite under only P fertilization. The N fertilization leads to soil acidification [28] and in turn release of fixed P, which contributes to increase Ps content. However, legumes usually have a higher P demand because of BNF [36]. Therefore, more common vetch individuals should use more soil P, lowering Ps content

more in VA21. The P supply benefits the growth of legume, resulting in more secretion of phosphatase which solubilizes more P in soils. Therefore, with a high proportion of common vetch there was more available P in the soil.

In this study, N or N + P fertilization tended to increase Ns and Ps contents. However, higher levels of N fertilization tended to decrease Ns and Ps contents. Compared with no fertilization, N150 led to decrease in Ns and Ps content by 12.1% and 13.5%, respectively. Excess N supply leads to a strong antagonistic effect on BNF [7] and very rapid growth. In this case Ns and Ps contents were reduced and their availability cannot catch up with the requirement. The N input significantly enhanced soil C storage [35]. Compared with no fertilization, N or N + P fertilization tended to decrease soil C:N (C:Ns). The C:Ns is an auxiliary index that can reflect soil fertility, which contains a close conversion relationship between the accumulation and consumption of C and N [37]. In this study, averaged C:Ns was 9.5, lesser than the global value (13.33) and the value (10~12) of China [38]. This is possibly because of decomposition of roots with lower C:N. A lower C:Ns is beneficial for N mineralization and inhibited soil C fixation. The C:Ps and N:Ps were significantly affected by mixing and fertilization. The fertilization tended to decrease C:Ps, suggesting that net mineralization rate of soil P increased [39]. The P fertilization decreased N:Ps, while under N or N + P fertilization, N:Ps was increased. All of these may be partly attributed to the increase in available N and/or P content in soils due to fertilization.

4.3. Correlations of C and Nutrients between Root and Soil

Previous studies have shown a strong relation between C, N, and P in plants and soils [40,41]. On one hand, plant nutrients are affected by the availability of soil nutrients [42,43]. Therefore, soil nutritional status in the habitat largely controls the survival, growth and production of plants. On the other hand, the stability of plant C:N:P stoichiometry affects soil C and nutrients [41], possibly through litter decomposition and root exudate [15]. Root associated C is one of the main contributors to soil C storage [44]. Returning organic matter through roots is closely related to soil nutrients [18]. In this study, NR concentration was significantly positively correlated with Ns content, showing the close and positive interaction between plant and soil; this is consistent with the study by Ma et al. (2015) [45]. However, Liu et al. (2019) found that legume N_R concentration shows no significant correlation with Ns content [25]. We are not sure if it is because of various sampling dates/stages. Moreover, the root and soil N:P was negatively correlated with C:P, which is inconsistent with previous studies in a semiarid grassland ecosystem [46] and in desert grasslands [47]. These differences may be attributed to root uptake and utilization of nutrients being related to soil N and P availability, not the soil N or P pool [25].

5. Conclusions

A higher proportion of common vetch in the grasslands promoted root C and nutrients. Root N concentration was promoted by N or N + P fertilization, but inhibited by P fertilization alone. Soil nutrients barely changed with mixing ratio, which was stimulated by fertilization. There was a close correlation in C and nutrients between root and soil, indicating the return of organic matter by roots into soils. This study will be helpful for further understanding of the coupling between root and soil, providing the scientific basis on the extensive use of common vetch—oat mixture in the Loess Plateau of China.

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Conflicts of Interest: We declare that we do not have any commercial or associative interest that represents a conflict of interest in connection with the work submitted.

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