



# Article Nitrogen Application and Dense Planting to Obtain High Yields from Maize

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Abstract: The rational application of nitrogen fertilizer and close planting are two important ways to obtain high yields and efficient growth from maize (Zea mays L.). This study utilized the maize varieties DengHai 618 and XianYu 335 as test materials from 2019 to 2020 and the maize variety XianYu 335 as the test material in 2021. The planting densities were  $7.5 \times 10^4$  plants ha<sup>-1</sup> and  $12.0 \times 10^4$  plants ha<sup>-1</sup>, respectively. Application rates of nitrogen within the range of 0–765 kg ha<sup>-1</sup> per 45 kg ha<sup>-1</sup> were considered the nitrogen application gradient. The results showed that as the nitrogen application rate increased, the yield of the maize increased at first and then tended to remain flat. Under conditions of  $7.5 \times 10^4$  plants ha<sup>-1</sup> density, the best yield was 17.6–20.2 t ha<sup>-1</sup>, and the required nitrogen application rate was 219–337 kg ha<sup>-1</sup>. Under conditions of  $12.0 \times 10^4$  plants ha<sup>-1</sup> density, the best yield was 18.7–21.9 t  $ha^{-1}$ , and the required nitrogen application rate was 243–378 kg  $ha^{-1}$ . With the increase in the nitrogen application rate, the dry matter weight showed a linear/platform relationship in each growth period. The best nitrogen application rate was obtained for dry matter accumulation in various stages by fitting the nitrogen application rate and dry matter accumulation in different stages. It is concluded that when the planting density was  $7.5 \times 10^4$  plants ha<sup>-1</sup>, the recommended nitrogen application rate was  $340 \text{ kg ha}^{-1}$ , and the distribution ratio of the nitrogen application rates before and after silking were 61.2% and 38.8%, respectively. When the planting density was  $12.0 \times 10^4$  plants ha<sup>-1</sup>, the recommended nitrogen application rate was 380 kg ha<sup>-1</sup>, and the distribution rates before and after flowering were 65.8% and 34.2%, respectively. In summary, increasing planting density can improve maize yield, and the amount of nitrogen applied should be increased before flowering.

**Keywords:** maize; close planting; dry matter; drip irrigation water fertilizer integration; nitrogen application system

## 1. Introduction

The rapid growth of the world population and climate change have increased the global demand for food [1]. Since 2019, COVID-19 has posed new challenges to food security. It is predicted that by 2050, the need to feed 9.3 billion people will necessitate an increase of 50% to 70% in the capacity to produce food [2]. Maize (*Zea mays* L.) is the largest food crop in the world. Its high and stable yield substantially enhances global food security. With the increase in population and the acceleration of urbanization, the area of cultivated land continues to decrease, and this decline is coupled with the continuous improvement in living standards. Only by continuously improving the per-unit yield of maize can the rigid increase in the growth of food consumption be met and ensure global food security.



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Increasing the planting density is an effective way to obtain high yields from maize [3–5]. Selecting varieties of maize that are tolerant to increased density and supporting scientific field management can effectively improve the yields of maize grain [6]. With the increase in planting density, the number of panicles per unit area increases, and the number of grains per panicle and the thousand-grain weight decrease, while the number of grains per unit area increase [4]. The main reason to increase the planting density and enhance the utilization of light and heat resources is to obtain higher grain yields [3,4,7,8]. A series of changes in the structure and function of the maize canopy occurs in densification, which affects the increase in the maize yield [9]. Moreover, the interaction between planting density and nitrogen fertilizer can synergize the yield and NUE [10,11]. Therefore, the synergistic improvements in maize yields with increased nitrogen use offer significant benefits by reducing the costs of growing maize and improving efficiency and sustainable development. In addition to planting density, approximately 48% of the world's population relies on chemical fertilizers to produce food, particularly nitrogen fertilizer, which contributes 30–50% to global food production [12]. China uses 9% of the world's cultivated land and consumes 35% of the global chemical fertilizer used. The average rate of utilization for nitrogen fertilizer in the production of maize is only 33% [10], which causes a significant waste of nutrient resources, thus increasing the cost to farmers. In addition, its environmental effects cannot be ignored. Studies have shown that without increasing the amount of nitrogen applied, significantly increasing the planting density improves the grain yield nitrogen use efficiency (NUE) and reduces greenhouse gas emissions owing to the production of maize [13]. Optimizing nitrogen management is an important measure to improve crop productivity and NUE [14,15]. An increase in nitrogen fertilizer application increases yields. However, the yields do not increase following excessive fertilization, and this practice wastes fertilizer, reduces economic benefits, and pollutes the environment [16]. Farmers often increase the yield of maize by increasing the application of nitrogen fertilizer. The excessive application of nitrogen fertilizer leads to a significant decline in the NUE and poses a potential threat to the ecological environment [17].

The fertilization regime has a significant effect on the growth of maize. Yang et al. [18] and others have concluded that topdressing can significantly improve maize yield when maize most needs nitrogen. Farmers, however, are used to "bombarding" with excessive applications of nitrogen, which does not increase maize yield and also reduces the NUE. Currently, the fractional application of nitrogen fertilizer is generally thought to improve maize yield [19–22]. Under different irrigation conditions, the dry matter accumulation and nutrient absorption of maize plants were found to be the highest under drip irrigation, followed by sprinkler irrigation, and the least effective under furrow irrigation [23]. Compared with traditional fertilization methods, when the amount of integrated water and nitrogen fertilizer applied is reduced by 20%, maize yields do not change significantly. However, partial productivity, agronomic efficiency, and NUE are significantly higher than the traditional fertilization methods [24]. The ability to absorb nitrogen also affects the dry matter accumulation of maize by affecting leaf development, green leaf area maintenance, photosynthetic efficiency, and grain yield [25,26]. Therefore, the optimal management of nitrogen fertilizer can improve grain yield by promoting dry matter accumulation and transport.

Maize yield formation is a process of dry matter accumulation. Within a certain range, dry matter accumulation is directly proportional to the yield of maize kernels [18,27–29]. Excessive nitrogen fertilizer inputs and low density are common problems in maize production in China. In 2020, the maize Cultivation and Physiology Innovation Team of the Chinese Academy of Agricultural Sciences (Beijing, China) set a record of 24,948.75 kg ha<sup>-1</sup> in Qitai, Xinjiang, for the highest yield of maize obtained in China by applying 528 kg ha<sup>-1</sup> of nitrogen [30]. The relationship between maize yield and nitrogen application under film drip irrigation and the nitrogen application scheme of maize under film drip irrigation remains unclear. In this study, nitrogen fertilizer was applied at different stages and times by drip irrigation under film with the following goals: (1) to clarify the relationship between

nitrogen application rate and yield of maize under different density conditions; (2) to clarify the response of dry matter accumulation in different growth stages to nitrogen application rates; and (3) to optimize the nitrogen application scheme during the whole growth period of the maize. The results provide theoretical guidance for applying nitrogen fertilizer in densely planted high-yield maize.

#### 2. Materials and Methods

## 2.1. Test Design

The positioning test was conducted at the Qitai Farm in Xinjiang (43°50′ N, 89°46′ E) from 2019 to 2021. The rainfall in the maize growing season (April to October) from 2019 to 2021 was 124–192.7 mm (Table 1). The daily average temperature was 18.4 °C. The solar radiation was 3207.9–3577.8 MJ m<sup>-2</sup>. The accumulated temperature  $\geq 10$  °C throughout the year was 3160–3499.5 °C. The frost-free period was 156–181 days. The monthly solar radiation, rainfall, and average temperature are shown in Table 1.

**Table 1.** Solar radiation, precipitation, and average temperature in the maize growing seasons from 2019 to 2021.

Month	Solar Radiation (MJ m <sup>-2</sup> )			Precipitation (mm)			Avg. Temperature (°C)		
	2019	2020	2021	2019	2020	2021	2019	2020	2021
Apr.	497.2	529.0	396.5	28.3	5.1	20.8	11.3	14.1	11.5
May	542.4	616.8	716.8	37.0	13.2	24.2	13.2	18.2	17.3
Jun.	584.1	599.6	670.9	28.1	25.8	20.5	19.2	20.0	19.9
July	586.8	613.3	685.0	5.8	104.1	16.8	22.8	21.6	25.3
Aug.	582.8	546.8	622.7	10.8	13.7	30.4	22.8	20.9	21.4
Sep.	414.6	397.8	486.0	32.8	30.8	11.3	17.9	14.7	18.3
Total/avg.	3207.9	3303.3	3577.8	142.8	192.7	124.0	17.9	18.3	18.9

Experiments were conducted in a split-plot experimental design that included planting density as the main plot factor and N level as the subplot factor. In this experiment, two maize genotypes with a strong tolerance for density were selected: DengHai 618 (DH618) with high-yield potential and XianYu 335 (XY335), the variety that has the second largest planting area in China [31,32]. The varieties tested from 2019 to 2020 were DH618 and XY335, and the variety tested in 2021 was XY335. Two planting densities were established each year, which included  $7.5 \times 10^4$  plants ha<sup>-1</sup> (farmers' plant density) and  $12.0 \times 10^4$  plants ha<sup>-1</sup> (high-yield' planting density) [31,33]. To meet the nitrogen demand of the maize in each growth stage, a total of 18 nitrogen application levels were established. The amounts used included 0 (N0), 45 (N45), 90 (N90), 135 (N135), 180 (N180), 225 (N225), 270 (N270), 315 (N315), 360 (N360), 405 (N405), 450 (N450), 495 (N495), 540 (N540), 585 (N585), 630 (N630), 675 (N675) 720 (N720), and 765 (N765) kg ha<sup>-1</sup>. The community area was 66  $m^2$ , and the experiment was conducted in triplicate. The maize was planted in wide and narrow rows with a row spacing of 70 cm + 40 cm. The irrigation and fertilization methods were drip irrigation under film, and a differential pressure fertilization pipe was used for fertilization.

A total of 36 kg ha<sup>-1</sup> N, 108 kg ha<sup>-1</sup> phosphorus pentoxide (P<sub>2</sub>O<sub>5</sub>), and 37.5 kg ha<sup>-1</sup> potassium oxide (K<sub>2</sub>O) were applied as seed fertilizer before sowing, and N was not applied during the whole growth period of N0. Phosphorus pentoxide (P<sub>2</sub>O<sub>5</sub>) and potassium oxide (K<sub>2</sub>O) were uniformly applied to the field mechanically in the early stage of maize growth, which fully met the growth needs. The remaining amounts of the other N application treatments were applied with water in equal proportion at the 9-leaf stage (V9), 12-leaf stage (V12), and silking stage (R1) at 10 d and 20 d after silking (Table 2). The irrigation quota during the whole growth period was 5400 m<sup>3</sup> ha<sup>-1</sup>. The soil texture of the experimental field was sandy loam. The soil nutrient status before the maize was sown in 2019 was as follows: organic matter, 13.3 g kg<sup>-1</sup>; N, 82.9 mg kg<sup>-1</sup>; P, 53.8 mg kg<sup>-1</sup>; K, 105.6 mg kg<sup>-1</sup>; and pH, 7.9. One day after sowing, 15 mm of water was applied to assure uniform, rapid

germination. To prevent late lodging and the hardening of seedlings, no irrigation was applied from sowing to 60 days after sowing. Chemical control (DA-6 Ethephon, China Agrotech, Shanxi, China) was applied at 600 mL ha<sup>-1</sup> in the V8–V10 period of maize growth. A 2,4-D butyl ester emulsion was used for the elimination of weeds before the seedlings were planted; phoxim granules were used to prevent and control maize borers; mancozeb wettable powders were used to control leaf-spot diseases; and pyridaben wettable powders were used to control maize aphids, leafhoppers, and red spiders. In addition, mechanical weeding was conducted three times during the prophase of the maize growth.

Table 2. Fertilization time from 2019 to 2021.

Year	Fertilization Date						
2019	6.26	7.4	7.15	7.23	8.1		
2020	6.16	6.26	7.4	7.16	7.27		
2021	6.16	7.4	7.11	7.17	7.26		

# 2.2. Determination Items and Methods

## 2.2.1. Dry Matter Determination

At the 6-leaf stage (V6), 9-leaf stage (V9), 12-leaf stage (V12), silking stage (R1), milkripening stage (R3), wax-ripening stage (R5), and mature stage (R6) five representative maize plants with stable growth were randomly selected from the third film and the fourth film in each plot. The aboveground parts of the plants were removed from the base of the plants and divided into stems, leaves, sheaths, male ears, and female ears. The bracts and other organs were packed in paper sampling bags, marked, placed in an oven, kilned at 105 °C for 30 min, dried to a constant weight at 65 °C, and weighed and recorded on a balance with an accuracy of 0.01.

#### 2.2.2. Grain Yield

At physiological maturity, 20 ears were collected from the middle two rows in each plot, and the number of kernels on each ear was counted. After removing the border plots, the final harvest was in a plot area of  $10 \text{ m}^2$  with three replicates. The ear number, grain moisture content, and grain yield were also determined for each plot. Grain yield and kernel weight were expressed at 14% moisture content.

#### 2.3. Data Processing and Analysis

Data analyses were conducted with SPSS 20.0 software (IBM, Inc., Armonk, NY, USA). Statistical analysis was preceded by tests for normality and homogeneity of variances. SPSS 20.0 was used for nonlinear regression analysis to determine the relationship between the nitrogen application rate, yield, and dry matter accumulation [34]. A total of 18 nitrogen application rates were adopted to ensure that the needs of dry matter growth in each stage could be met. The nitrogen application rate and dry matter growth were then fitted to obtain the inflection point value. The specific fitting method was performed as follows: analysis regression nonlinearity was clicked. Y was entered as the dependent variable, and  $(N < Joint) \times (a + b \times (N-joint)) + (N \ge joint)$  were entered in the model expression. The parameter was clicked so that a = 1; b = 1; joint = 1; and the range of the joint was constrained. Finally, the values of a, b, joint, and  $R^2$  were obtained. The linear platform model was used. The functional formula was  $Y = a + b \times (N-joint)$ , X < joint; Y = a,  $X \ge$  joint. In the formula, Y represents the crop yield or stage of dry matter accumulation (t ha<sup>-1</sup>); N was the nitrogen application rate (t ha<sup>-1</sup>), a and b were the equation coefficients, respectively, and the joint was the nitrogen application rate when the platform yield was reached. A Pearson correlation analysis was used to analyze the correlation between dry matter before and after silking and yield, kernel weight, and kernel number per ear. Origin 2022 (OriginLab, Northampton, MA, USA) was used to generate the plots and fit the linear + platform model function.

# 3. Results

## 3.1. Effect of Nitrogen Application Rate on Maize Yield and Yield Composition

Under the same nitrogen application rate, compared with  $7.5 \times 10^4$  plants ha<sup>-1</sup>, the yield of DH618 and XY335 under a density of  $12.0 \times 10^4$  plants ha<sup>-1</sup> increased by 1.68–8.39% and 0.94–12.09%, respectively (Figure 1). With the increase in nitrogen application rate, the maize yield rapidly increased at first and then tended to remain flat. The linear + platform was used to fit the nitrogen application rate and yield (Table 3). The results show that when the nitrogen application rate of maize variety DH618 was 246–291 kg ha<sup>-1</sup> and 347–365 kg ha<sup>-1</sup> under a density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> and  $12.0 \times 10^4$  plants ha<sup>-1</sup> in 2019 and 2020, respectively, the yield did not increase with the increase in the nitrogen application rate, and the corresponding yield was 17.61–19.12 t  $ha^{-1}$  and 18.74–20.34 t  $ha^{-1}$ , respectively. From 2019 to 2021, under a density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> and  $12.0 \times 10^4$  plants ha<sup>-1</sup>, the inflection points of nitrogen application and yield fitting equations were 219–337 kg ha<sup>-1</sup> and 243–378 kg ha<sup>-1</sup>, respectively, and the corresponding yields were 18.55–20.18 t ha<sup>-1</sup> and 19.13–21.94 t ha<sup>-1</sup>, respectively. Compared with  $7.5 \times 10^4$  plants ha<sup>-1</sup>, under a density of  $12.0 \times 10^4$  plants ha<sup>-1</sup>, the inflection point of the nitrogen application rate for DH618 to obtain the highest yield increased by 25.09-41.06%, and that of XY335 increased by 10.96–41.06%. This shows that a higher yield can be obtained by increasing the planting density, but the demand for nitrogen fertilizer also increased.



Figure 1. Effect of different nitrogen application rates on maize yield.

Year	Variety	Plant Density ( $ imes$ 10 $^4$ Plants ha $^{-1}$ )	Fitting Equation	Determination Coefficient R <sup>2</sup>
2019 —	DU/(10	7.5	$Y = 12.66 + 0.017 \times N, N < 291; Y = 17.61, N \ge 291$	0.985 **
	DH618	12.0	$Y = 11.81 + 0.019 \times N, N < 365; Y = 18.74, N \ge 365$	0.995 **
	V/V/225	7.5	$Y = 12.09 + 0.024 \times N, N < 269; Y = 18.55, N \ge 269$	0.988 **
	X 1335	12.0	$Y = 12.45 + 0.018 \times N, N < 371; Y = 19.13, N \ge 371$	0.991 **
2020 —	DU/(10	7.5	$Y = 18.14 + 0.04 \times N, N < 246; Y = 19.12, N \ge 246$	0.988 **
	DH618	12.0	$Y$ = 8.2 + 0.035 $\times$ N, N < 347; Y = 20.34, N $\geq$ 347	0.966 **
	V/V225	7.5	$Y = 10.98 + 0.042 \times N, N < 219; Y = 20.18, N \ge 219$	0.981 **
	X 1335	12.0	$Y$ = 9.76 + 0.05 $\times$ N, N < 243; Y = 21.94, N $\geq$ 243	0.993 **
2021	V/V225	7.5	$Y = 8.25 + 0.032 \times N, N < 337; Y = 18.92, N \ge 337$	0.988 **
	X1335	12.0	$Y = 9.18 + 0.03 \times N$ , $N < 378$ ; $Y = 20.52$ , $N \ge 378$	0.981 **

Table 3. Fitting equation of the relationship between nitrogen application and maize yield.

\*\* represent significance levels of p = 0.01.

With the increase in the nitrogen application rate, the maize kernel weight (Figure 2) and kernel number per ear (Figure 3) increased rapidly and then tended to remain flat. SPSS was used for nonlinear regression fitting of the linear plus platform model to obtain

the amount of nitrogen application required for kernel weight (Table S1) and kernel number per ear (Table S2) to reach the inflection point. Under the same nitrogen application rate, with the increase in planting density, the maize kernel weight and the number of grains per ear decreased.



Figure 2. Effects of different nitrogen application rates on maize kernel weight.



Figure 3. Effects of different nitrogen application rates on the kernel number per ear of maize.

#### 3.2. Effect of Dry Matter Accumulation on Yield Components

The correlation analysis between the number of grains per ear, kernel weight, dry matter accumulation, and yield in the increasing yield with nitrogen application (Figure 4) shows that the number of grains per ear and kernel weight significantly positively correlated with yield under the two density conditions. The correlation coefficient of kernel weight under the density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> was higher, and the correlation coefficient of kernel number per ear under the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup> was higher. Dry matter accumulation before silking positively correlated with the kernel number per ear but not kernel weight. The dry matter accumulation after silking significantly positively correlated with the kernel number per ear and kernel weight. The accumulation of dry matter before and after silking significantly positively correlated with yield, and the correlation coefficient of dry matter after silking was higher. The correlation coefficient between the pre-silking dry matter accumulation and yield under a density of  $12.0 \times 10^4$  plants ha<sup>-1</sup> was higher than that under a density of  $7.5 \times 10^4$  plants ha<sup>-1</sup>. Therefore, when the maize is densely planted and producing high yields, the accumulation of dry matter before and after silking should be the primary point of focus to improve the kernel weight, kernel number per ear, and yield.



**Figure 4.** Correlation between yield, kernel weight, kernel number per ear, and dry matter accumulation before and after silking under different densities. \*\* represent significant levels of and p = 0.01.

# 3.3. Effect of Nitrogen Application Rate on Dry Matter Accumulation

With the increase in nitrogen application rate, the dry matter weight of maize in each growth period increased first and then tended to remain stable (Figure 5). Under the same nitrogen application rate, the dry matter accumulation of the maize population increased with the increase in planting density. Under the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup> in two growing seasons, the average population dry matter weight of the two varieties increased by 53.32%, 32.76%, 24.73%, 30.5%, 16.17%, 12.7%, and 16.98%, respectively in the 6-leaf stage, 9-leaf stage, 12-leaf stage, silking stage, milk-ripening stage (26 d after silking), wax-ripening stage (56 d after silking), and the mature stage compared with 7.5 × 10<sup>4</sup> plants ha<sup>-1</sup>.



**Figure 5.** Effect of the nitrogen application rate on the dry matter accumulation in each period under different density conditions.

The dry matter weight in each growth stage increased first and then became stable with the increase in nitrogen application (Figure 6). From the V9 to the V12, from the V12 to the R1, from the R3 to the R5 and from the R5 to the R6, the average dry matter accumulation of  $12.0 \times 10^4$  plants ha<sup>-1</sup> increased by 13.9%, 36.5%, 5.3%, and 51.0%, respectively, compared with that of  $7.5 \times 10^4$  plants ha<sup>-1</sup>. The dry matter accumulation of  $12.0 \times 10^4$  plants ha<sup>-1</sup> was 2.4% lower than that of  $7.5 \times 10^4$  plants ha<sup>-1</sup> from the R1 to R5 stages.

The linear plus platform model was fitted by nonlinear regression using SPSS to obtain the inflection point of the average nitrogen demand for dry matter accumulation in each stage of the maize growth period over the two-year period (Table S3). The amount of



nitrogen applied at the inflection point of each stage represents the optimal amount of dry matter required in each stage (Table 4).

**Figure 6.** Effect of nitrogen application rate on dry matter accumulation at each growth stage under different density conditions.

**Table 4.** Optimal nitrogen application based on the dry matter accumulation during the maize growth stage.

Plant Density $(\times 10^4 \text{ Plants ha}^{-1})$	Optimal Theoretical Nitrogen Fertilization at the Growth Stages (kg $ha^{-1}$ )						
(× 10 Flants na <sup>-</sup> )	V9-V12	V12–R1	R1–R3	R3–R5	R5-R6		
7.5	57	172	238	304	153		
12.0	63	214	270	344	213		
$\Gamma_{1-2} = 0 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 +$	ta a a (1/10) a:11.:	(D1)	· ····································	(D2)	a stars (DE) and		

The 9-leaf stage (V9), 12-leaf stage (V12), silking stage (R1), milk ripening stage (R3), wax ripening stage (R5), and mature stage (R6).

## 3.4. Optimized Nitrogen Application during the Maize Growth Period

Based on the optimal nitrogen application rate of dry matter accumulation in the maize growth stage (Table 4), the nitrogen application rate of maize in each growth stage was optimized. The first fertilization was based on the best dry matter accumulation of the nitrogen application rate in the V9–V12 stage after the 9-leaf stage. The best nitrogen application rate in each stage was obtained by subtracting the best nitrogen application rate required in the previous growth stage from the later growth stage. Based on the dry matter accumulation in each stage, the optimal nitrogen application law under two densities was obtained (Figure 7). The total nitrogen application rate was 340 kg ha<sup>-1</sup> under the density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> and 380 kg ha<sup>-1</sup> under the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup>. Under the silking stage. Under the density of  $7.5 \times 10^4$  plants ha<sup>-1</sup>, the nitrogen application before and after silking accounted for 61.2% and 38.8% of the total nitrogen application, respectively. Under the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup>, the nitrogen application, respectively. Under the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup>, the nitrogen application before and after silking accounted for 61.2% of the total nitrogen application, respectively.

respectively. This indicated the importance of focusing on the amount of nitrogen applied after silking to increase the kernel weight at the density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> and also focus on the amount of nitrogen applied before silking to increase the number of grains per ear at the density of  $12.0 \times 10^4$  plants ha<sup>-1</sup>.



**Figure 7.** Fertilization amount during the maize growth period: the 9-leaf stage (V9), 12-leaf stage (V12), silking stage (R1), milk-ripening stage (R3), wax-ripening stage (R5), and mature stage (R6).

#### 4. Discussion

Close planting and proper fertilization are the primary cultivation measures to improve the yield of maize. Studies have shown a quadratic function relationship between density and yield, indicating that appropriately increasing the density is conducive to yield formation [35–38]. Lower density leads to lower yield because there are fewer production plants per unit area. The use of high density can improve productivity because of increased leaf area index (LAI) and photosynthetically effective radiation, improving dry matter and nitrogen accumulation [39,40]. The increasing potential of photosynthetic available radiation is the main factor in the high yield of the maize [5]. The yield of the maize depends on the transportation and distribution of photosynthetic products and assimilation in the plant. The basic way to obtain high yields is to improve the production capacity of the dry matter after flowering and the transfer capacity of the dry matter to the grains [28]. The response of the maize planting density to nitrogen fertilizer was different, with the planting density of  $7.5 \times 10^4$  plants ha<sup>-1</sup> obtaining the highest yield (18.55–20.18 t ha<sup>-1</sup>), and the amount of nitrogen fertilizer was 219–337 kg ha<sup>-1</sup>. The planting density of  $12.0 \times 10^4$  plants ha<sup>-1</sup> obtained the highest yield (19.13–21.94 t  $ha^{-1}$ ), and the amount of nitrogen fertilizer was 243-378 kg ha<sup>-1</sup>. There are some differences in the responses of different genotypic maize varieties to nitrogen. The effect of planting density on maize yield is higher than that of other factors, followed by nitrogen fertilizer. The results of this study showed that a higher yield could be obtained by increasing the nitrogen application rate after the planting density has been increased.

Dry matter is the basis of high yield. The law of dry matter accumulation and transport in maize has been shown to positively correlate with the increase in yield [41–45]. The yield of maize primarily depends on the dry matter accumulation from silking to maturity [46]. Increasing plant density can promote N absorption and LAI, increase N absorption and intercept effective radiation, and increase dry matter and yield at the same N rate [16]. Increasing planting density can significantly improve the dry matter accumulation of the population, but under the conditions of high density, the dry matter accumulation of a single plant decreases too much, which is an important reason to restrict the greater increase in dry matter accumulation in the population [36]. When the yield increases linearly with the nitrogen application rate, the effect of the dry matter accumulation after silking on the yield was greater than that before silking. Nitrogen application can increase the dry matter accumulation and grain transportation efficiency, which is the primary method to obtain a high yield of maize [47–50]. Water and nitrogen management measures significantly affect the dry matter accumulation process by the characteristics of the dry matter accumulation of the maize [51]. This study confirmed that the dry matter increased first and then became stable. Therefore, under water fertilizer integration and nitrogen fertilizer application, increasing the amount of nitrogen application primarily increased the dry matter accumulation after silking to improve the yield.

Affected by the basic soil condition of the experimental plot, the response law of crop yield to nitrogen application is different. Some studies showed that the yield of maize increased first and then decreased with the increase in nitrogen application [16,52,53]. The optimal nitrogen application rate was determined in previous experiments by increasing and decreasing the appropriate nitrogen application rate. In this experiment, 18 nitrogen application rates were used to fully meet the dry matter accumulation in each stage. The results showed that the dry matter of maize in each stage first showed an upward trend with the increase in nitrogen application rate, and the dry weight did not decrease after reaching a specific nitrogen application rate because of its stability. This is owing to the integration of water and fertilizer and multiple fertilization. Previous studies have shown that a one-time basic application of nitrogen fertilizer results in excessive nitrogen accumulation in the early stage of the maize, inhibits nitrogen absorption and transport in the later stage, is not conducive to grain filling, and leads to lower yields [54]. In addition, the previous one-time fertilization caused the premature senescence of maize leaves in the later stage, resulting in a reduction in yield. Multiple fertilizer applications can result in a more reasonable maize yield than one-time fertilization [24,55]. In this experiment, we adopted drip irrigation and the fractional fertilization mode, which can effectively promote the nutrient absorption of maize plants at all stages. Rational fertilization can reduce the decline rate of LAI in the later stage of maize growth, maintain a high LAI, delay the senescence of leaves, maintain the high value duration of the middle-leaf area index during the process of grain filling, and prolong the duration of grain dry matter accumulation [41].

There is a demand for nitrogen fertilizer at the different growth stages of the maize, and there must be sufficient nitrogen fertilizer supplied to ensure a high yield of maize [56-58]. During silking, higher amounts of dry matter are distributed to the leaves to maintain leaf function by increasing the leaf biomass and nitrogen content to increase nitrogen accumulation in the later stage during grain filling [37]. During grain filling, adequate nitrogen supplementation and plant absorption may lead to the highest yield of highdensity crops [57]. Wei et al. [10] studied how to reasonably increase the density and reduce the usage of nitrogen. The results showed that promoting crop growth rate in the V14-R3 and post-silking carbohydrate production can drive sufficient nitrogen accumulation and dry matter distribution and realize the coordinated improvement in yield and NUE. Zhao et al. [59] concluded that the sum of N, P and K nutrients in the two stages from 20 d to 45 d and from 58 d to 85 d after sowing accounts for 60–90% of the total accumulation, which is also the critical period of fertilization. In these two stages, the rational distribution of nitrogen fertilizer dosage is essential to yield formation. In this study, by fitting the actual nitrogen application rate at the different growth stages with the dry matter accumulation at various stages, the best nitrogen application rate to meet the dry matter accumulation at the different stages was obtained. This also enabled the identification of the best nitrogen application rate at each stage of the maize growth period and optimization of the fertilizer demand at different stages of the maize growth period. The results showed that under high density, the amount of nitrogen application from the 9-leaf stage to the silking stage increased by 24.42% compared with that under low density. The correlation between yield and kernel number per ear was more significant under high density, indicating that focusing on fertilization at this stage is conducive to ear differentiation and increasing yield. It is imperative to focus more closely during fertilization on the grain filling stage under the low nitrogen application rate at low density. There is a more substantial correlation between the yield and kernel weight at low density. Therefore, increasing the amount of fertilization at the grain filling stage will help to increase the kernel weight and yield.

# 5. Conclusions

With the nitrogen application rate increased, the yield of maize increased first and then tended to remain flat. Under conditions of  $7.5 \times 10^4$  plants ha<sup>-1</sup> density, the best yield was 17.6–20.2 t ha<sup>-1</sup>, and the required nitrogen application rate was 219–337 kg ha<sup>-1</sup>. Under conditions of  $12.0 \times 10^4$  plants ha<sup>-1</sup> density, the best yield was 18.7–21.9 t ha<sup>-1</sup>, and the required nitrogen application rate was 243–378 kg ha<sup>-1</sup>. The pre-silking dry matter accumulation affects the yield by affecting the number of grains per ear. Post-silking dry matter accumulation affects the yield by affecting the number of grains per ear and the kernel weight. Increasing planting density requires more nitrogen fertilizer to obtain a higher yield, which is primarily reflected in the need for the application of more nitrogen fertilizer, this study provides a theoretical basis for the increase in high yields that arises from integrating drip irrigation with water fertilizer integration. Future research will examine the internal mechanism of a lack of increase in yield after increasing nitrogen applications.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/agronomy12061308/s1; Table S1: Fitting equation of the relationship between nitrogen application and kernel weight; Table S2. Fitting equation of the relationship between nitrogen application and kernel number per ear; Table S3. Fitting equation of the relationship between nitrogen application and dry matter accumulation at each growth stage.

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