

## Article

# The Effect of Neutral Salt and Alkaline Stress with the Same Na<sup>+</sup> Concentration on Root Growth of Soybean (*Glycine max* (L.) Merr.) Seedlings

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**Abstract:** Salt stress is a common abiotic stress that negatively affects crop growth and yield. However, there have been significant differences found on the effect degree and management mechanism in plants under neutral salt stress and alkaline stress. In this study, two soybean cultivars, Heihe 49 (HH49, saline-alkali stress tolerant) and Henong 95 (HN95, saline-alkali stress sensitive), were hydroponically cultured and treated with salt solutions of 25, 50, and 75 mM Na<sup>+</sup> in the form of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. Plants treated with alkaline stress (NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub>) showed a greater decrease in root growth and root activity of both soybean cultivar seedlings than that under neutral salt stresses (NaCl and Na<sub>2</sub>SO<sub>4</sub>) with 25–75 mM Na<sup>+</sup> concentration. Alkaline stress (25–50 mM Na<sup>+</sup> content) activated a higher ability of antioxidant defense (by enhancing the activities of superoxide dismutase (SOD), peroxidase (POD), and ascorbate peroxidase (APX)) and increased the content of soluble sugars to a higher level than that under neutral salt stresses. However, 75 mM Na<sup>+</sup> content salt treatments reduced antioxidant enzyme activities and osmotic regulating substance content. Furthermore, alkaline salt and neutral salt stress was able to induce DNA damage and cell cycle arrest in HH49 and HN95 seedling roots. Treatment with Na<sub>2</sub>CO<sub>3</sub> induced the least random amplification polymorphic DNA (RAPD) polymorphism in soybean seedling roots among all salt treatments, which could have been related to the early cell cycle arrest.

**Keywords:** neutral salt stress; alkaline salt stress; antioxidant defense; osmotic regulation; DNA damage; cell cycle arrest



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## 1. Introduction

Affected by natural and human factors, soil salinization has become an increasingly serious ecological and environmental problem in the world [1]. According to statistics from the Food and Agriculture Organization of the United Nations (FAO), approximately 20% of irrigated soils worldwide are salinized [2]. Soil salinization seriously affects plant growth and yield, reduces soil utilization efficiency, and causes other ecological and environmental problems [3]. Most land salinization is mixed by different types of salt (including neutral salt and alkaline salt [4]). However, neutral salt and alkaline salt have different effects on plant growth and must be managed differently [5]. Therefore, exploring the mechanisms by which different types of salt stress affect plant growth is beneficial to breed salt tolerant crop cultivars and develop salt tolerant cultivation strategies.

Neutral salt (such as NaCl and Na<sub>2</sub>SO<sub>4</sub>) stress can inhibit plant growth through primary and secondary salt damage. Primary salt damage refers to the direct damage of salt ions to plants [6]. A large amount of Na<sup>+</sup> and Cl<sup>-</sup> ions in plant root environment can produce osmotic stress and ion toxicity on plants [7]. Excessive accumulation of ions can

lead to degeneration and inactivation of some enzymes in plant cells, affecting the normal physiological functions and metabolic activities of plants [8]. Salt stress can also cause the accumulation of reactive oxygen species (ROS) in plants, which can further lead to plasma membrane damage [9]. Plasma membrane injury further affects cell metabolism, causing different degrees of damage to the physiological function of cells [6]. ROS can also cause oxidative damage to biological macromolecules such as proteins and nucleic acids, destroying the balance of metabolism, impacting genome stability, and inhibiting normal plant growth [10]. Salt-stress-induced secondary damage includes osmotic, water, and nutrient stress in plants caused by the indirect effects of salt ions. Excessive salinity in the soil decreases the osmotic potential of the soil solution in the root environment, resulting in decreased plant root water absorption and physiologic drought [11]. A salt content of approximately 0.2%~0.5% (*w/w*) in the soil environment can induce difficulty in plant water absorption when the salt content exceeds 0.4%, wherein the water in the plant will extravasate, and the growth rate will decrease significantly, or death will occur [12]. Plants transport external nutrients into the body through ion channels [13]. When plants absorb too much of a certain salt, they will reject the absorption of other nutrient elements, resulting in the imbalance of nutrient absorption and single salt toxicity and nutrient deficiency stress [14]. For example, when plants absorb too much  $\text{Na}^+$ , the absorption of  $\text{K}^+$ ,  $\text{PO}_4^{3-}$ , and  $\text{Ca}^{2+}$  was suppressed.  $\text{Cl}^-$  inhibits the uptake of  $\text{NO}_3^-$  and  $\text{H}_2\text{PO}_4^-$  by plants [15]. Alkaline salt (such as  $\text{NaHCO}_3$  and  $\text{Na}_2\text{CO}_3$ ) stress can induce similar damage to plants as neutral salt stress. Alkaline stress can also cause high pH in the soil environment, which can further impact plants [16]. High pH in the soil environment also lead to the deposition of some divalent metal cations, such as  $\text{Fe}^{2+}$ ,  $\text{Mg}^{2+}$ , and  $\text{Ca}^{2+}$ , accompanied by the decrease in inorganic anions, causing serious nutrient stress to plants [17].

Plants maintain ionic and osmotic homeostasis through a variety of complex regulatory pathways [18]. The root is the first plant organ to cope with salt and alkali stress, and metabolic regulation in the root is the main way for plants to alleviate salt and alkali stress [19]. The effects of salt and alkali stress on plant growth can be effectively reduced by regulating the content of osmotic regulatory substances, improving the ability of antioxidant enzymes, selectively absorbing ions, and adjusting the allocation of biomass in plant roots [20,21]. Organic solutes synthesized in cells (such as proline, betaine, choline, and organic acids) and some metabolic intermediates (such as sugars and their derivatives) play an important role in plant osmotic regulation and resistance under salt stress [18,22]. As an energy store, proline in its free state plays an important role in stabilizing the structure of biological macromolecules, removing ammonia toxicity and regulating the redox potential of plants under salt stress [23]. Previous studies have shown that foliar spraying with proline can stimulate plant root growth and contribute to an improved dry/fresh weight, photosynthetic rate, and antioxidant enzyme activities in chili (*Capsicum annum* L.) under salt stress [24]. Soluble sugar is not only the material basis and energy of organic matter synthesis but also an important material in maintaining the osmotic balance of plants under abiotic stress conditions [18]. The exogenous addition of sucrose can effectively alleviate salt stressed induced reproductive obstacles and enhance salt tolerance of chickpea (*Cicer arietinum* L.) [25]. Abiotic stress induces excessive ROS in plant cells, which causes peroxidation of the cytoplasmic membrane, resulting in the irreparable loss of membrane metabolic function and even cell death. Excessive ROS in plants can be removed by antioxidant enzyme, such as superoxide dismutase (SOD, EC 1.15.1.1), peroxidase (POD, EC 1.11.1.7), catalase (CAT, EC 1.11.1.6), and ascorbate peroxidase (APX, EC 1.11.1.11) [26]. Previous studies have shown that there is a significant positive correlation between the tolerance ability of plants to abiotic stress conditions, including salt, alkali, drought, cold, pesticides, and heavy metals and the regulatory ability of antioxidant enzymes in plants [27,28].

Soybean is an important source of vegetable protein and oil worldwide, and is also an important forage crop [29]. Soybean yield and grain quality are impacted by salt and saline-alkali stress [30]. Although a large number of studies have revealed the mechanism

of response of soybean to salt stress (especially NaCl) or alkali stress (mixed saline–alkali stress) [31–33], few studies have been conducted on the difference of soybean response mechanism under different types of salt stress [34].

In this study, two soybean cultivars with significant differences in saline–alkali tolerance, HH49 (saline-alkali tolerance) and HN95 (saline-alkali sensitive), were treated with neutral and alkaline salts with same Na<sup>+</sup> content to analyze the effect of different type salt stress on (1) soybean seedling roots growth, (2) osmotic adjustment, (3) antioxidant defense, and (4) DNA damage and cell cycle arrest. The results of this study can lay a theoretical foundation for the breeding of salt tolerant soybean cultivars.

## 2. Materials and Methods

### 2.1. Materials, Growth, and Treatment Conditions

Soybean (*Glycine max* (L.) Merr.) seeds Heihe 49 (HH49, saline–alkali stress-tolerant) and Henong 95 (HN95, saline–alkali stress-sensitive) were provided by the Germplasm Resources Innovation team of the College of Agronomy, Heilongjiang Bayi Agricultural University, Heilongjiang, PR China. Average-sized soybean seeds without disease and insect spots were selected, then sterilized using 5% (*v/v*) sodium hypochlorite for 10 min. The sterilized seeds were sown in a polypropylene pot (length × width × height = 10 cm × 10 cm × 15 cm) filled with mixed soil (made by mixing peat-soil and vermiculite at a volume ratio of 3:1, pH = 6.8). Each pot cultivated 9 soybean seeds was and put in a controlled environment chamber with a light regime of 16 h/8 h (light/dark) and relative humidity of 50–55% at 28 ± 2 °C until cotyledons were unearthed.

The uniformly grown soybean seedlings were selected and transferred into a 250 mL conical flask filled with a salt treatment solution (Na<sup>+</sup> concentrations were set as 25 mM, 50 mM, and 75 mM). The salt treatment solution was prepared by dissolving NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub> into distilled water, separately. The pH values of the different solutions are shown in Table S1. Each conical flask contained 10 soybean seedlings. Distilled water treatment was used as the control treatment. Soybean seedlings were incubated for 3 days at 28 ± 1 °C with a light regime of 16 h light/8 h dark. The treatment solution was changed every day. All experiments were repeated 6 times—3 replicates were used for biomass and morphological measurement, and the other 3 replicates were used for physiological and molecular analyses.

### 2.2. Biomass and Morphological Measurement

The morphological indicators of soybean seedlings were measured using a WinRHIZO Pro 2012b root scanning image analysis system (Regent Instruments, Inc., Quebec, QC, Canada). Fresh weights of samples were measured using one ten-thousandth balance and then oven-dried to constant weight using an oven (Jinghong, China) at 105 °C for 30 min, followed by 85 °C for 3 h. The dry weight of samples was measured using one ten-thousandth balance. Root length inhibition rate (%) was calculated as follows: (Root length of the control – Root length of the treatment)/Root length of the control × 100%. All experiments were repeated three times.

### 2.3. Measurement of Root Activity and Relative Electrical Conductivity

Fresh samples of soybean seedling roots were used to measure root activities and relative electrical conductivity. The root activities were determined using the triphenyl-tetrazolium chloride (TTC) reduction method as described by Du et al. [35]. Fresh root sample (0.1 g) was washed with distilled water 3 times, then surface-dried using filter paper. The sample was transferred into a 10 mL centrifuge tube full of deionized water, and then soaked for 12 h at room temperature. The extract conductance (R1) was measured using a conductance meter (Leici DDS-307A). The sample was then heated in a boiling water bath for 30 min, followed by a second measuring of the extract conductance (R2) after the solution was cooled to room temperature and blended. Relative conductivity was calculated as follows: R1/R2 × 100%.

#### 2.4. Measurement of Antioxidant Enzyme Activities and ROS Content

Soybean roots frozen at  $-80\text{ }^{\circ}\text{C}$  were used to measure antioxidant enzyme activities and ROS content. The activities of the antioxidant enzymes SOD, POD, and CAT were determined as described by Du et al. [35]. APX activity was measured using the ascorbic acid method as described by Asada [36]. The superoxide radical ( $\text{O}_2^-$ ) content was determined using the hydroxylamine oxidation method as described by Elstner and Heupel [37]. The hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) content was determined using the trichloroacetic acid (TCA) method described by Velikova et al. [38]. Malondialdehyde (MDA) content was determined using the thiobarbituric acid (TBA) method described by Ji et al. [39].

#### 2.5. Measurement of Osmotic Regulator Content

Soybean roots frozen at  $-80\text{ }^{\circ}\text{C}$  were used to measure the contents of soluble sugars, soluble protein, and proline. The contents of soluble sugars was determined as described by Du et al. [35]. The contents of soluble protein was measured using the Coomassie brilliant blue G-250 method as described by Zhang et al. [40]. The content of proline was determined using sulfosalicylic acid method as described by Yuan et al. [41].

#### 2.6. DNA Extraction and RAPD Analysis

Fresh soybean roots (100 mg) frozen at  $-80\text{ }^{\circ}\text{C}$  were used for total genomic DNA extraction using the plant Genomic DNA Isolation Kit (Tiangen, Beijing, China). Quantity and integrity of the extracted DNA was assessed using the NanoDrop 2000 (Thermo Fisher Scientific, MA, USA), and then diluted to  $1\text{ }\mu\text{g}\cdot\mu\text{L}^{-1}$  using sterilized ddH<sub>2</sub>O water.

Random amplification polymorphic DNA (RAPD) reaction solution was prepared by mixing  $1\text{ }\mu\text{L}$  of diluted total genomic DNA ( $100\text{ ng}\cdot\mu\text{L}^{-1}$ ),  $1\text{ }\mu\text{L}$  of random primer (10 mM),  $10\text{ }\mu\text{L}$  of  $2\times$  Taq PCR mix (CWBIO, Beijing, China), and  $8\text{ }\mu\text{L}$  of dH<sub>2</sub>O. The information on random primers used for RAPD analysis is listed in Table S2. The PCR amplification conditions were as follows: initial denaturation at  $93\text{ }^{\circ}\text{C}$  for 2 min; 45 cycles of denaturation at  $93\text{ }^{\circ}\text{C}$  for 1 min, annealing at  $36\text{ }^{\circ}\text{C}$ , and primer extension at  $72\text{ }^{\circ}\text{C}$  for 1.5 min; final extension at  $72\text{ }^{\circ}\text{C}$  for 5 min; and maintained at  $4\text{ }^{\circ}\text{C}$ . The polymorphism frequency of RAPDs was assessed using 3% (*w/v*) agarose gel electrophoresis and calculated as described by Wang et al. [42]. To assess RAPD, if the control and salt-treated PCR amplification products displayed different electrophoretic motilities (RAPD polymorphisms appeared or disappeared), and the case was scored as positive for RAPD. The genome template stability (GTS) was calculated as described by Zhao et al. [43].

#### 2.7. RNA Extraction, First-Strand cDNA Synthesis, and qRT-PCR Analysis

Fresh soybean roots (100 mg) frozen at  $-80\text{ }^{\circ}\text{C}$  were used for total RNA extracting using the miniBEST Plant RNA Extraction Kit (TaKaRa, Maebashi, Japan). NanoDrop 2000 was used to assess RNA quantity and integrity. Total RNA ( $1\text{ }\mu\text{g}$ ) was used to synthesize  $20\text{ }\mu\text{L}$  of first-strand cDNA reaction mixture using a TransScript All-in-One First-Strand cDNA Synthesis Super Mix (TransScript, Beijing, China) according to the manufacturer's manual.

qRT-PCR amplification was performed on a real-time qPCR (CFX-96, Bio-rad, Hercules, CA, USA) via a TransScript<sup>®</sup> Top Green qPCR SuperMix (TransScript, Beijing, China). The reaction solution was prepared by mixing  $1\text{ }\mu\text{L}$  of cDNA reaction mixture,  $0.5\text{ }\mu\text{L}$  of forward primer (10  $\mu\text{M}$ ),  $0.5\text{ }\mu\text{L}$  of reverse primer (10  $\mu\text{M}$ ),  $10\text{ }\mu\text{L}$  of  $2\times$  TransStartR Green qPCR SuperMix, and  $8\text{ }\mu\text{L}$  of dH<sub>2</sub>O. qRT-PCR amplification conditions were performed as follows: holding at  $94\text{ }^{\circ}\text{C}$  for 30 s, then performed for 40 cycles with the following cycle profile: a 5 s denaturation step at  $94\text{ }^{\circ}\text{C}$ , a 15 s annealing step at  $60\text{ }^{\circ}\text{C}$ , and a 15 s extension step at  $72\text{ }^{\circ}\text{C}$ . After a final elongation step (5 min at  $72\text{ }^{\circ}\text{C}$ ), the amplified product was maintained at  $4\text{ }^{\circ}\text{C}$ . The information on random primers used for qRT-PCR analysis is listed in Table S2. Relative gene expression levels of soybean seedlings between different treatments were calculated using the operational formula  $2^{-\Delta\Delta\text{Ct}}$  [44]. The qRT-

PCR experiments were conducted with three biological replicates. Each biological replicate had three technical replicates.

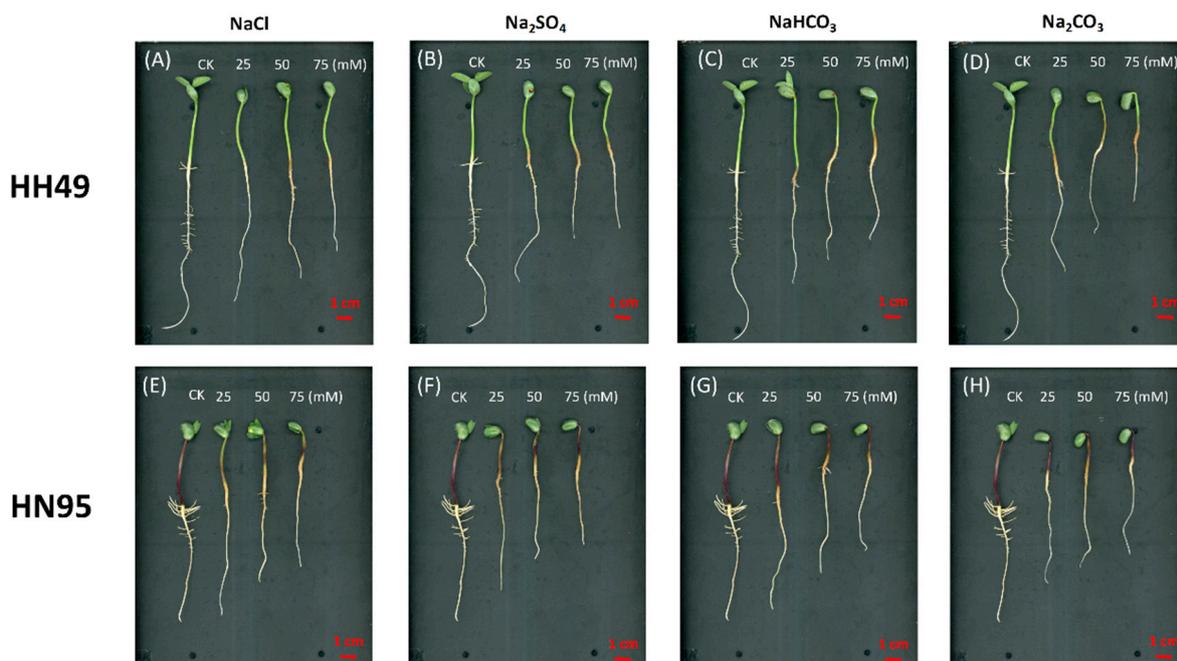
### 2.8. Statistical Analysis

SPSS (version 23.0) was used for all statistical analyses. Results are expressed as the means  $\pm$  standard deviation (SD) of three independent experiments. One-way ANOVA was used to evaluate the differences between the same cultivar among the treatments ( $p < 0.05$ ).

## 3. Results

### 3.1. Effects of Different Salt Stress Treatments on the Root Growth of Soybean Seedlings

The morphological characteristics and biomass accumulation of HH49 and HN95 seedling roots were determined to evaluate the effects of different salt stress treatments on soybean seedling roots growth treated with 25, 50, and 75 mM  $\text{Na}^+$  concentrations solution in the formula of  $\text{NaCl}$ ,  $\text{Na}_2\text{SO}_4$ ,  $\text{NaHCO}_3$ , and  $\text{Na}_2\text{CO}_3$  for 3 days, separately. Compared with the control, all salt treatments significantly inhibited the root growth of HH49 and HN95 seedlings, and a dose-dependent decrease in root length was observed with increasing  $\text{Na}^+$  concentrations (Figure 1, Table 1). All salt treatments significantly decreased the fresh and dry weight of HH49 and HN95 roots compared with the control, with the exception that 25 mM  $\text{NaCl}$  treatment had no significant effect on the fresh and dry weight of HH49 seedlings. When  $\text{Na}^+$  concentrations reached 75 mM,  $\text{NaCl}$ ,  $\text{Na}_2\text{SO}_4$ ,  $\text{NaHCO}_3$ , and  $\text{Na}_2\text{CO}_3$  treatments significantly decreased the superficial area and volume of HH49 and HN95 seedling roots. Exposure to the same salt treatment for 3 days induced a higher inhibition of HN95 root growth than that of HH49. It is worth noting that the effects of different salt treatments with the same  $\text{Na}^+$  concentration on root growth of HH49 and HN95 soybean seedlings were significantly different.  $\text{NaHCO}_3$  and  $\text{Na}_2\text{CO}_3$  treatments had similar effects on root growth of the HH49 seedling, both of which were more severe than  $\text{Na}_2\text{SO}_4$  and  $\text{NaCl}$  treatments.  $\text{NaHCO}_3$  treatments had the most significant inhibitory effect on the root growth of the HN95 seedling, followed by  $\text{Na}_2\text{CO}_3$ ,  $\text{Na}_2\text{SO}_4$ , and  $\text{NaCl}$ .



**Figure 1.** The phenotypes of HH49 and HN95 seedling roots treated with different salt treatments for 3 days. (A–H)  $\text{Na}^+$  concentrations of the treatments solutions were set as 0, 25, 50, and 75 mM in formulas of  $\text{NaCl}$ ,  $\text{Na}_2\text{SO}_4$ ,  $\text{NaHCO}_3$ , and  $\text{Na}_2\text{CO}_3$ , separately, and Bar = 1 cm.

**Table 1.** Effects of different salt treatments on root growth of HH49 and HN95 seedlings.

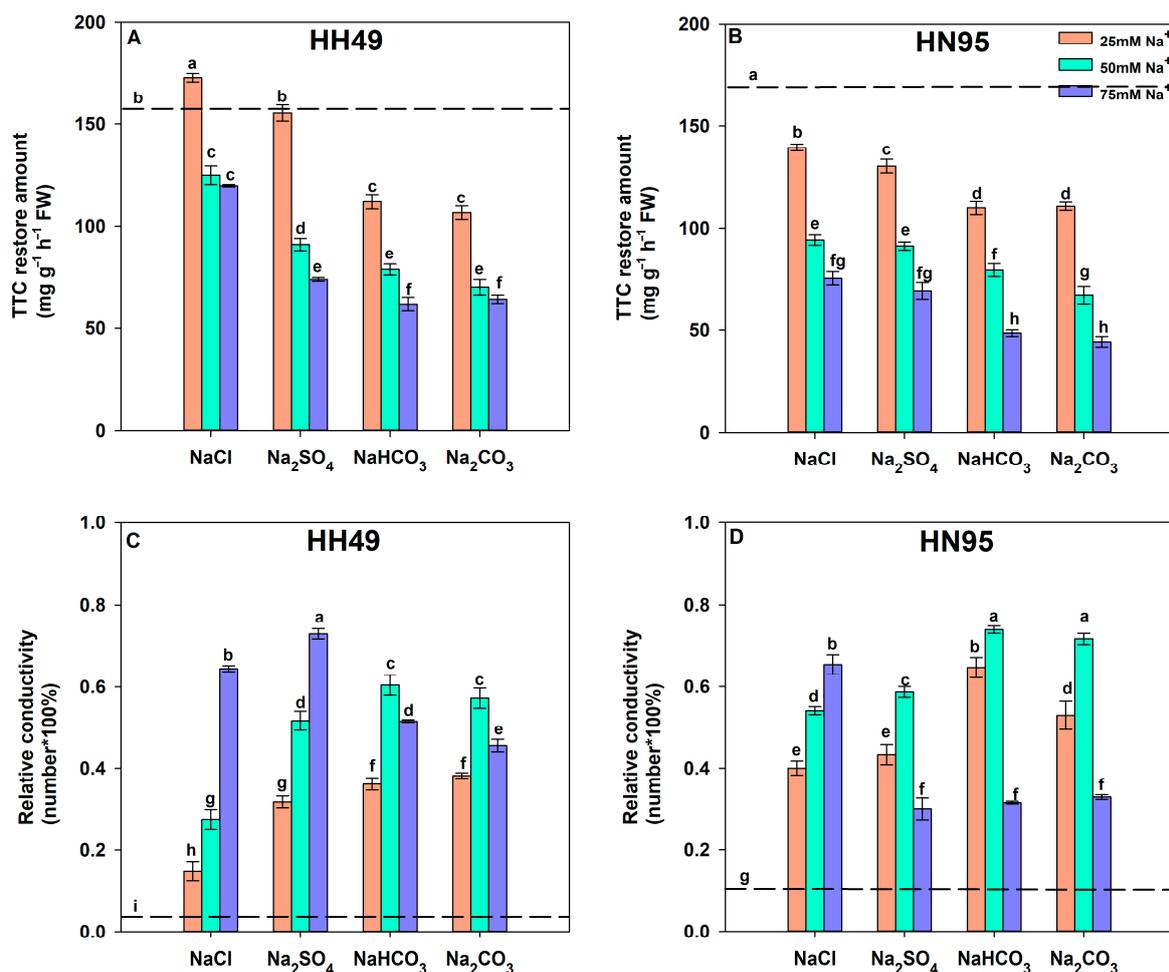
Cultivars	Treatments	Na <sup>+</sup> Concentration (mM)	Fresh Weight (g)	Dry Weight (g)	Length (cm)	Superficial Area (cm <sup>2</sup> )	Volume (cm <sup>3</sup> )	Length Inhibition Rate (%)		
HH49	CK	0	1.34 ± 0.01 a	92.41 ± 0.42 a	37.97 ± 1.97 a	73.71 ± 8.66 a	16.25 ± 0.52 a	0 h		
		25	1.29 ± 0.01 ab	89.2 ± 0.69 ab	30.95 ± 1.61 b	55.54 ± 6.21 ab	14.04 ± 1.32 abcd	18.48 ± 0.01 g		
		50	1.20 ± 0.01 cd	88.25 ± 0.67 b	24.17 ± 1.14 b	59.11 ± 5.2 ab	11.19 ± 1.3 de	36.34 ± 0.17 de		
	NaCl	75	1.14 ± 0.01 de	86.62 ± 0.43 b	20.99 ± 1.06 b	38.15 ± 7.51 b	5.22 ± 0.34 f	44.72 ± 0.04 ab		
		25	1.24 ± 0.02 bc	85.84 ± 0.64 b	26.86 ± 0.72 b	56.41 ± 5.31 ab	13.18 ± 1.53 abcd	29.26 ± 1.03 f		
		50	1.19 ± 0.02 cde	85.84 ± 0.23 b	24.29 ± 0.89 b	39.52 ± 3.84 b	5.25 ± 0.87 f	36.03 ± 0.56 e		
	Na <sub>2</sub> SO <sub>4</sub>	75	1.13 ± 0.01 e	79.66 ± 0.61 c	22.87 ± 1.84 b	34.61 ± 7.79 b	3.62 ± 0.94 f	39.77 ± 1.00 cd		
		25	1.21 ± 0.01 c	88.63 ± 0.23 b	26.49 ± 0.56 b	60.98 ± 3.17 ab	10.55 ± 0.76 de	30.23 ± 1.24 f		
		50	1.01 ± 0.02 f	85.61 ± 0.67 b	22.60 ± 0.77 b	51.30 ± 3.47 ab	7.75 ± 0.50 ef	40.48 ± 0.61 c		
	NaHCO <sub>3</sub>	75	0.84 ± 0.01 g	78.64 ± 1.21 c	20.62 ± 0.71 b	33.53 ± 1.56 b	4.45 ± 0.48 f	45.69 ± 0.55 a		
		25	1.25 ± 0.01 bc	79.43 ± 0.62 c	26.20 ± 0.62 b	54.46 ± 6.7 ab	11.89 ± 0.71 bcde	31.00 ± 1.13 f		
		50	0.97 ± 0.01 f	74.84 ± 0.87 d	22.19 ± 1.34 b	48.06 ± 4.89 ab	6.35 ± 0.56 f	41.56 ± 0.29 bc		
	Na <sub>2</sub> CO <sub>3</sub>	75	0.88 ± 0.02 g	66.85 ± 1.23 e	20.55 ± 0.59 b	37.66 ± 3.42 b	3.19 ± 0.26 f	45.88 ± 0.73 a		
		HN95	CK	0	1.45 ± 0.01 a	89.21 ± 0.88 a	38.38 ± 2.64 a	87.95 ± 7.98 a	13.35 ± 2.64 a	0 i
				25	1.18 ± 0.02 c	77.20 ± 1.21 bc	28.65 ± 1.29 b	72.90 ± 8.01 a	12.01 ± 3.07 abc	25.35 ± 1.03 h
50	1.11 ± 0.02 cd			75.40 ± 0.83 cd	21.21 ± 0.63 bc	35.55 ± 5.69 bc	5.16 ± 1.59 abcd	44.74 ± 1.25 fg		
NaCl	75		0.97 ± 0.01 e	63.43 ± 1.23 fg	16.25 ± 1.50 cd	27.08 ± 5.15 bc	3.77 ± 1.18 bcd	57.66 ± 0.58 bc		
	25		1.07 ± 0.01 d	75.20 ± 1.22 cd	22.73 ± 1.07 bc	46.53 ± 1.48 b	5.46 ± 1.33 abcd	40.78 ± 0.75 g		
	50		0.96 ± 0.02 e	70.40 ± 1.26 de	20.43 ± 1.22 bcd	24.90 ± 2.00 bc	3.49 ± 0.94 cd	46.77 ± 0.28 f		
Na <sub>2</sub> SO <sub>4</sub>	75		0.72 ± 0.02 g	55.10 ± 1.01 hi	18.53 ± 0.77 cd	22.39 ± 2.31 bc	3.21 ± 1.00 d	51.72 ± 0.76 de		
	25		1.27 ± 0.01 b	82.86 ± 0.83 b	19.73 ± 0.94 bcd	37.40 ± 3.87 bc	5.87 ± 1.18 abcd	48.59 ± 0.63 ef		
	50		0.89 ± 0.01 f	65.61 ± 1.81 ef	16.85 ± 1.65 cd	25.47 ± 2.45 bc	3.93 ± 0.72 bcd	56.10 ± 0.74 bc		
NaHCO <sub>3</sub>	75		0.76 ± 0.01 g	58.70 ± 1.66 gh	12.54 ± 1.09 d	17.86 ± 2.07 c	2.18 ± 0.53 d	67.33 ± 0.34 a		
	25		0.86 ± 0.01 f	65.46 ± 0.81 ef	21.25 ± 1.04 bc	38.23 ± 4.78 bc	7.40 ± 1.87 abcd	44.63 ± 0.64 fg		
	50		0.72 ± 0.01 g	55.00 ± 1.41 hi	17.76 ± 2.29 cd	27.35 ± 3.23 bc	3.56 ± 0.52 cd	53.73 ± 1.62 cd		
Na <sub>2</sub> CO <sub>3</sub>	75		0.6 ± 0.02 h	50.4 ± 1.28 i	15.89 ± 1.23 cd	16.03 ± 4.4 c	2.34 ± 0.66 d	58.60 ± 0.21 b		

Data are expressed as means ± SD of three independent experiments. For the same cultivar, different letters indicate statistically significant differences ( $p < 0.05$ ) among treatments.

### 3.2. Effects of Different Salt Stress Treatments on the Root Activity and Relative Conductivity of Soybean Seedling Roots

The TTC restorations of the amount and relative conductivity of HH49 and HN95 seedling roots were determined to evaluate the effect of different salt stress treatments on root activity. Exposure to 25–75 mM Na<sup>+</sup> stress (NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>) for 3 days significantly reduced the TTC restoration amount of HH49 and HN95 seedling roots compared with the control, with the exception that 25 mM Na<sup>+</sup> stress in the formula of NaCl treatment significantly increased the TTC restoration amount of HH49 seedlings (Figure 2A,B), while 25 mM Na<sup>+</sup> stress in the formula of Na<sub>2</sub>SO<sub>4</sub> had no significant effect on the TTC restoration amount of HH49 seedlings compared with the control. Furthermore, a dose-dependent decrease in TTC restoration amount was observed with increasing Na<sup>+</sup> concentrations. When exposed to the same Na<sup>+</sup> concentration of salt for 3 days, NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> treatments had a higher reduction in the TTC restoration amount of HH49 and HN95 seedlings than that of Na<sub>2</sub>SO<sub>4</sub> and NaCl treatments. The same type and concentration of Na<sup>+</sup> treatment reduced the TTC restoration amount of HH49 seedling roots less than that of HN95.

Compared with the control, all salt treatments significantly increased the relative conductivity of HH49 and HN95 seedling roots (Figure 2C,D). The relative conductivity in HH49 seedling roots was dose-dependently increased with the increasing Na<sup>+</sup> concentration treatments in the formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub>. In contrast, HH49 seedling roots showed higher relative conductivity under 50 mM Na<sup>+</sup> treatment than that of 75 mM Na<sup>+</sup> treatment when exposed to Na<sub>2</sub>CO<sub>3</sub> and NaHCO<sub>3</sub> treatments. The relative conductivity of HN95 seedling roots increased with increasing Na<sup>+</sup> concentrations when exposed to NaCl treatment. However, the relative conductivity of HH95 roots under 75 mM Na<sup>+</sup> treatment in the formulas of Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub> was the lowest among all salt treatments.

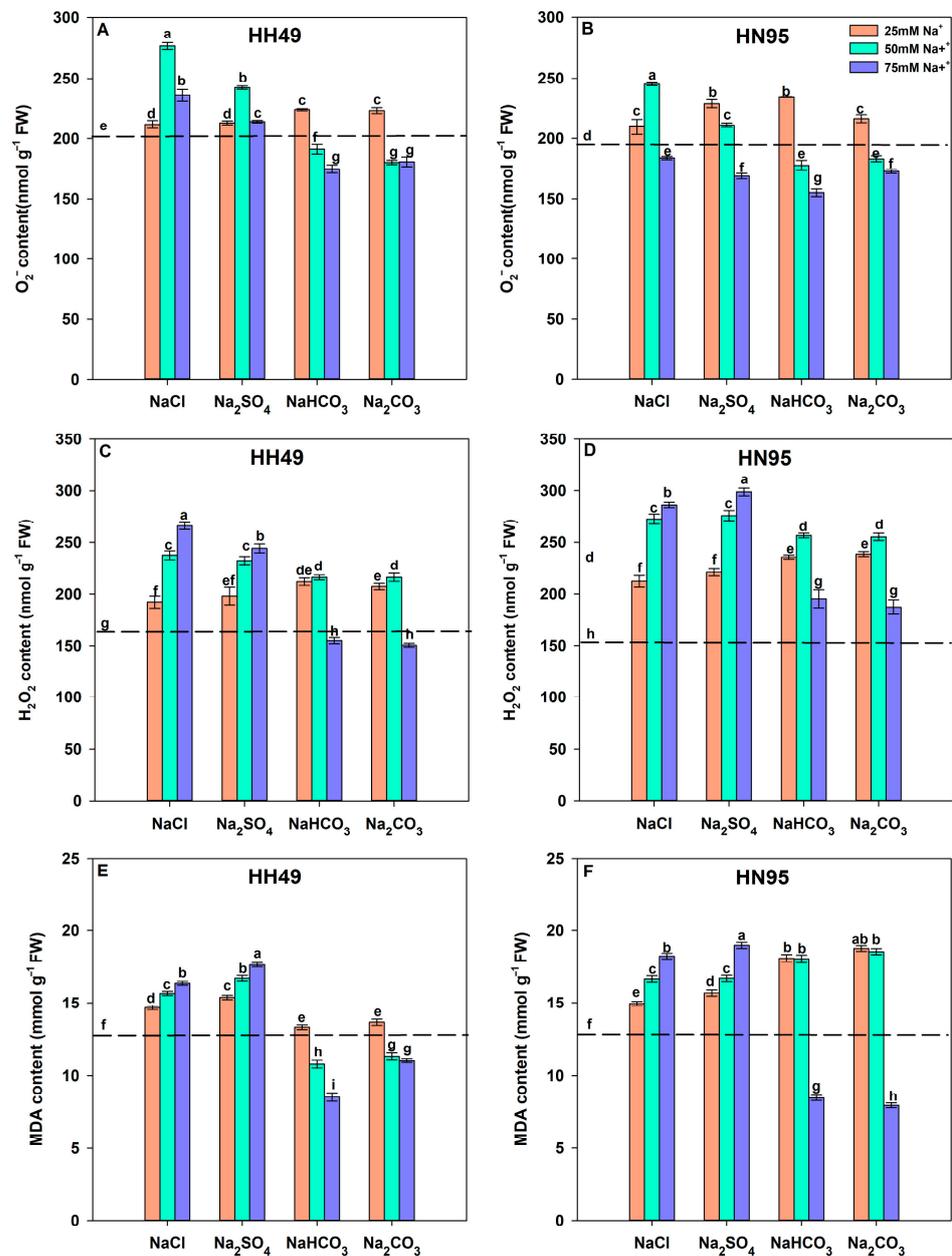


**Figure 2.** Root activity and relative conductivity of soybean seedling roots treated with different salt stress for 3 days. The TTC restoration amount of HH49 (A) and HN95 (B) seedling roots treated with different Na<sup>+</sup> concentration solutions in the formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. The relative conductivity of HH49 (C) and HN95 (D) seedling roots treated with different Na<sup>+</sup> concentration solutions in the formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. Dashed lines in (A–D) indicate TTC restoration amount and relative conductivity of HH49 and HN95 seedling roots under the control conditions. Data are expressed as means ± SD of three independent experiments. Different letters indicate statistically significant differences ( $p < 0.05$ ) among treatments.

### 3.3. Effects of Different Salt Stress Treatments on ROS Accumulation in Soybean Seedling Roots

The contents of O<sub>2</sub><sup>-</sup>, H<sub>2</sub>O<sub>2</sub>, and MDA in HH49 and HN59 roots were determined to evaluate the effect of different salt-stress-treatment-induced oxidative stress on soybean seedlings. Exposed to 25–75 mM Na<sup>+</sup> concentration treatments in a formula of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly increased O<sub>2</sub><sup>-</sup> content in HH49 and HN95 seedling roots, with the exception that 75 mM Na<sup>+</sup> concentration treatments significantly decreased O<sub>2</sub><sup>-</sup> content in HN95 seedling roots compared with the control (Figure 3A,B). Furthermore, 50 mM Na<sup>+</sup> concentration salt treatments induced higher O<sub>2</sub><sup>-</sup> content in HH49 seedling roots than that under 25 and 75 mM Na<sup>+</sup> concentration salt treatments. Meanwhile, O<sub>2</sub><sup>-</sup> content in HN95 seedling roots was decreased in a dose-dependent manner with increasing Na<sup>+</sup> concentrations in the formula of Na<sub>2</sub>SO<sub>4</sub> treatments. Exposure to 25 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> treatments for 3 days significantly increased the O<sub>2</sub><sup>-</sup> content in HH49 and HN95 seedling roots compared with the control. Conversely, 50–75 mM Na<sup>+</sup> concentration treatments in the formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> treatments significantly decreased the O<sub>2</sub><sup>-</sup> content in HH49 and HN95 seedling

roots compared with the control, and a dose-dependent decrease in  $O_2^-$  content was observed with increasing  $Na^+$  concentrations.



**Figure 3.** The ROS and MDA accumulation of soybean seedling roots treated with different types of salt stress for 3 days. The content of  $O_2^-$  (A),  $H_2O_2$  (C), and MDA (E) in HH49 seedling roots treated with different  $Na^+$  concentration solutions in formulas of NaCl,  $Na_2SO_4$ ,  $NaHCO_3$ , and  $Na_2CO_3$ . The content of  $O_2^-$  (B),  $H_2O_2$  (D), and MDA (F) in HN95 seedling roots treated with different  $Na^+$  concentration solutions in formulas of NaCl,  $Na_2SO_4$ ,  $NaHCO_3$ , and  $Na_2CO_3$ . Dashed lines in (A–F) indicate  $O_2^-$ ,  $H_2O_2$ , and MDA content of HH49 and HN95 seedling roots under the control conditions. Data are expressed as means  $\pm$  SD of three independent experiments. Different letters indicate statistically significant differences ( $p < 0.05$ ) among treatments.

Exposure to 25–75 mM  $Na^+$  concentration solutions in formula of NaCl and  $Na_2SO_4$  for 3 days significantly increased the  $H_2O_2$  and MDA content in HH49 and HN95 seedling roots compared with the control, and a dose-dependent increase in  $H_2O_2$  and MDA content was observed with increasing  $Na^+$  concentrations (Figure 3C,F). Conversely, exposure to

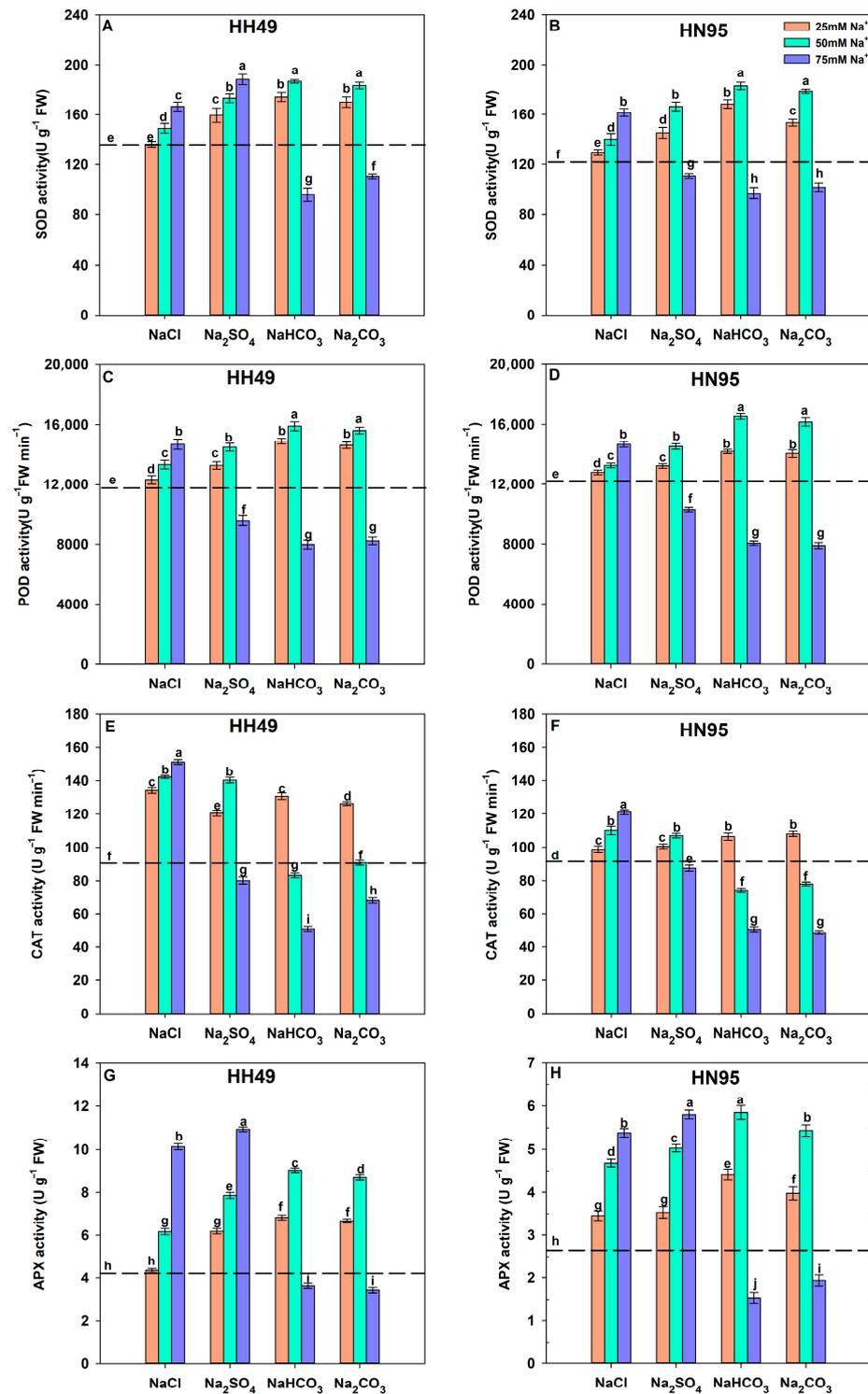
25–50 mM Na<sup>+</sup> concentration solutions in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>4</sub> for 3 days increased H<sub>2</sub>O<sub>2</sub> and MDA content in HH49 and HN95 seedling roots compared with the control, with the exception that 50 mM Na<sup>+</sup> concentration solutions in the formula of NaHCO<sub>3</sub> decreased the MDA content in HH49 seedling roots compared with the control. Exposure to 75 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>4</sub> for 3 days decreased the H<sub>2</sub>O<sub>2</sub> and MDA content in HH49 seedling roots compared with the control. Meanwhile, 75 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>4</sub> increased H<sub>2</sub>O<sub>2</sub> content but decreased MDA content in HN95 seedling roots compared with the control.

#### 3.4. Effects of Different Salt Stress Treatments on Antioxidant Enzyme Activity in Soybean Seedling Roots

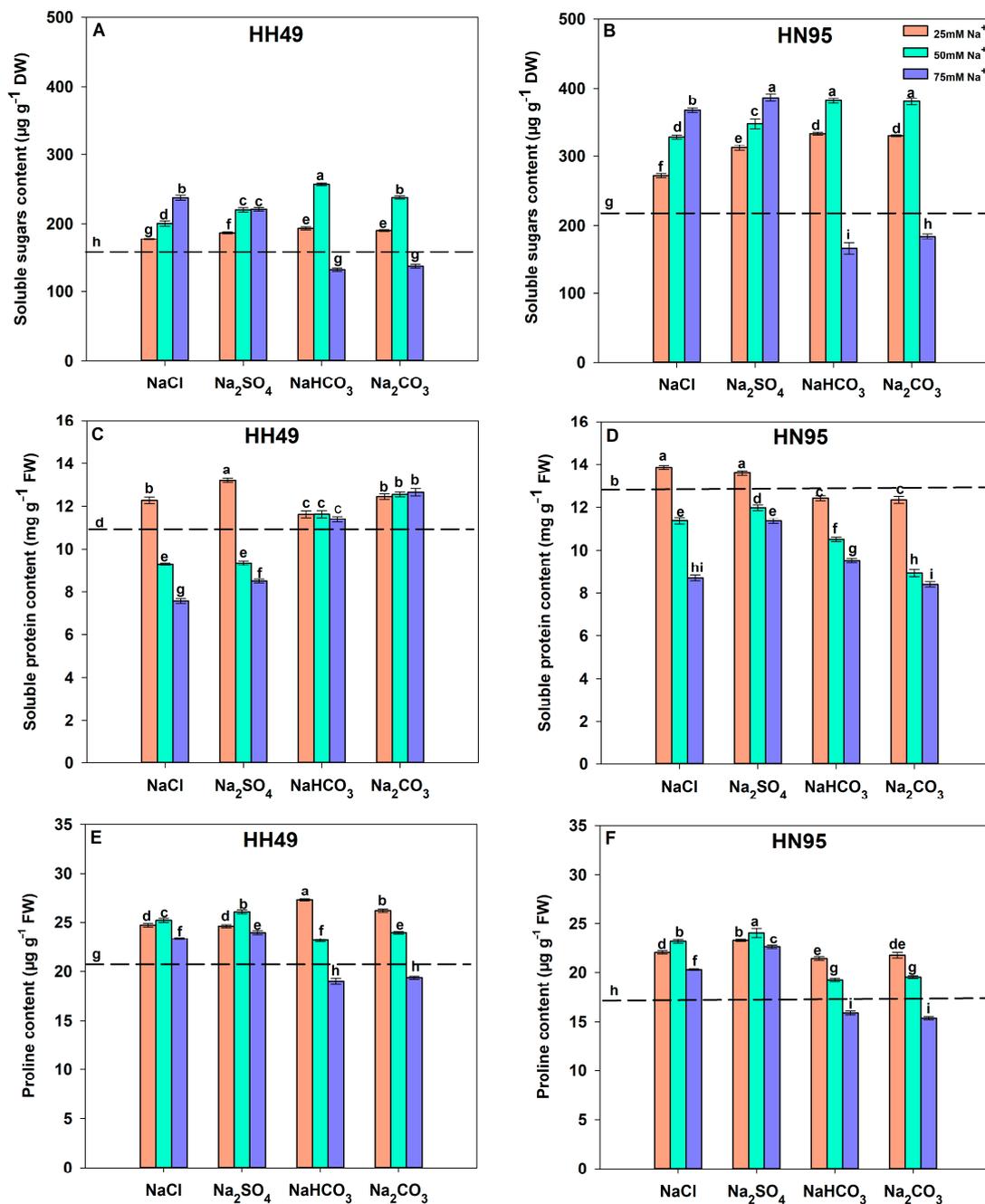
The activities of SOD, POD, CAT, and APX in HH49 and HN59 roots were determined to evaluate the effect of different salts stress treatments on the antioxidant defense of soybean seedlings. Exposed to 25–50 mM Na<sup>+</sup> concentration treatments in formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly increased the activities of SOD, POD, CAT, and APX in HH49 and HN95 seedling roots compared with the control (Figure 4), with an exception that 25 mM Na<sup>+</sup> concentration treatments in the formula of NaCl had no significant effects on SOD and APX activities in HH49 seedling roots compared with the control. Furthermore, a dose-dependent increase in SOD, POD, CAT, and APX activities was observed with increasing Na<sup>+</sup> concentrations. Conversely, 25–50 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly increased the activities of SOD, POD, and APX in HH49 and HN95 seedling roots compared with the control. The activity of these antioxidant defense enzymes in HH49 and HN95 seedling roots under 50 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> was higher than that under 25 mM Na<sup>+</sup> concentration treatments. Meanwhile, exposure to 25 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly decreased the activities of CAT in HH49 and HN95 seedling roots compared with the control. When Na<sup>+</sup> concentrations of salt treatment was 75 mM, NaCl treatment significantly increased the activities of SOD, POD, CAT, and APX in HH49 and HN95 seedling roots compared with the control. Exposure to 75 mM Na<sup>+</sup> concentration treatments in formulas of Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub> decreased the activities of SOD, POD, CAT, and APX in HH49 and HN95 seedling roots, with the exception that 75 mM Na<sup>+</sup> concentrations in formula of Na<sub>2</sub>SO<sub>4</sub> treatments significantly increased the activities of SOD and APX in HH49 seedling roots and the activity of APX in HN95 seedling roots compared with the control.

#### 3.5. Effects of Different Salt Stress Treatments on Osmotic Regulator Content of Soybean Seedling Roots

The content of soluble sugars, soluble protein, and proline in HH49 and HN59 roots were determined to evaluate the effect of different salt stress treatments on osmotic regulation of soybean seedlings. Exposure to 25–75 mM Na<sup>+</sup> concentration treatments in formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly increased the content of soluble sugars and proline in HH49 and HN95 seedling roots compared with the control (Figure 5), and a dose-dependent increase in soluble sugars and proline content was observed with increasing Na<sup>+</sup> concentrations. Conversely, 25 mM Na<sup>+</sup> concentration treatments in the formula of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly increased soluble protein content in HH49 and HN95 seedling roots compared with the control. In contrast, exposure to 50–75 mM Na<sup>+</sup> concentration treatments in formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly decreased soluble protein content in HH49 and HN95 seedling roots compared with the control. Furthermore, a dose-dependent decrease in soluble protein content was observed with increasing Na<sup>+</sup> concentrations.



**Figure 4.** The antioxidant enzyme activity of soybean seedling roots treated with different salt stresses for 3 days. The activities of SOD (A), POD (C), CAT (E), and APX (G) in HH49 seedling roots treated with different Na<sup>+</sup> concentration solutions in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. The activities of SOD (B), POD (D), CAT (F), and APX (H) in HN95 seedling roots treated with different Na<sup>+</sup> concentrations solutions in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. Dashed lines in (A–H) indicate SOD, POD, CAT, and APX activities of HH49 and HN95 seedling roots under the control conditions. Data are expressed as means ± SD of three independent experiments. Different letters indicate statistically significant differences (*p* < 0.05) among treatments.



**Figure 5.** The osmotic regulation of soybean seedling roots treated with different salt stresses for 3 days. The content of soluble sugars (A), soluble protein (C), and proline (E) in HH49 seedling roots treated with different Na<sup>+</sup> concentration solutions in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. The content of soluble sugars (B), soluble protein (D), and proline (F) in HN95 seedling roots treated with different Na<sup>+</sup> concentration solutions in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. Dashed lines in (A–F) indicate the content of soluble sugars, soluble protein, and proline in HH49 and HN95 seedling roots under the control conditions. Data are expressed as means ± SD of three independent experiments. Different letters indicate statistically significant differences ( $p < 0.05$ ) among treatments.

Compared with the control, exposure to 25–50 mM Na<sup>+</sup> concentration treatments in the formula of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly increased the content of soluble sugars and proline in HH49 and HN95 seedling roots. In addition, exposure to 50 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> induced higher soluble

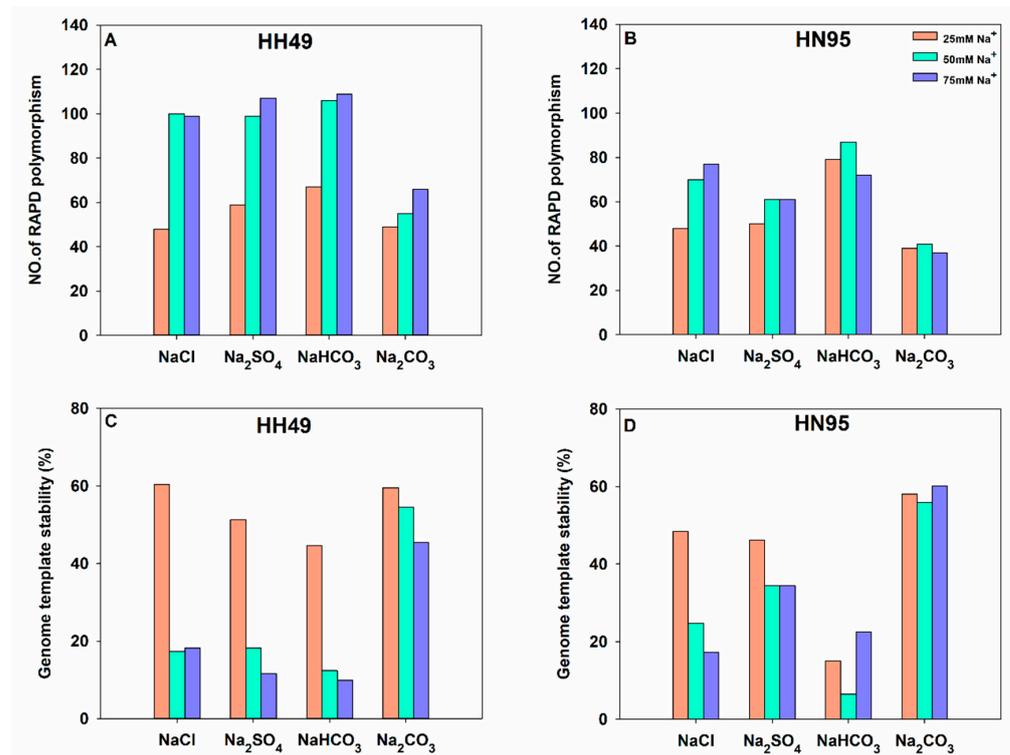
sugars and proline content in HH49 and HN95 seedling roots than that under 25 mM Na<sup>+</sup> concentration treatments. Conversely, 75 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly decreased the content of soluble sugars and proline in HH49 and HN95 seedling roots compared with the control. A dose-dependent decrease in proline content was observed with increasing Na<sup>+</sup> concentrations. Soybean seedlings exposed to 25–75 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly increased soluble protein content in HH49 seedling roots compared with the control. Conversely, exposure to 25–75 mM Na<sup>+</sup> concentration treatments in the formula of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly decreased soluble protein content in HN95 seedling roots when compared with the control, and a dose-dependent decrease in soluble protein content was observed with increasing Na<sup>+</sup> concentrations.

### 3.6. Effects of Different Salt Stress Treatments on DNA Oxidative Damage of Soybean Seedling Roots

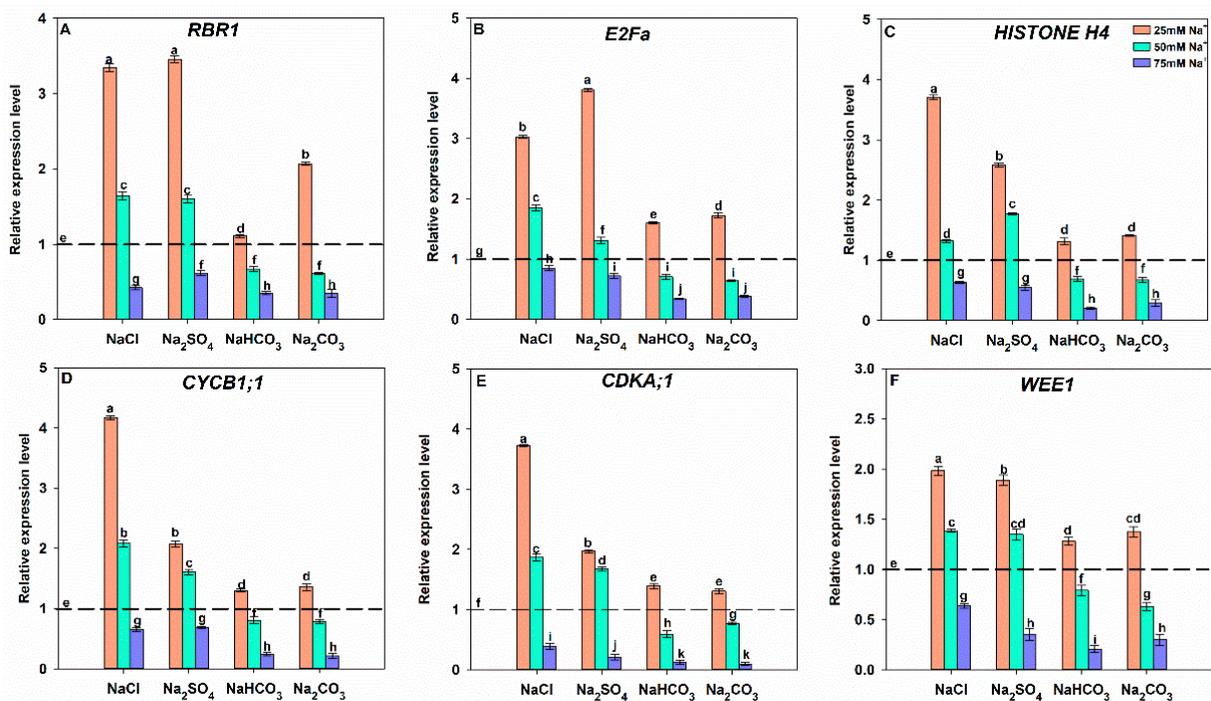
RAPD analysis was used to evaluate the effect of different salt stress treatment on the DNA damage of HH49 and HN95 seedling roots. Compared with the control, all salt treatments could significantly increase the frequency of RAPD polymorphism and decrease the genome template stability (GTS) in both HH49 and HN95 seedling roots (Figure 6, Figures S1 and S2). Notably, a dose-dependent increase in RAPD polymorphism frequency was observed with the increasing Na<sup>+</sup> concentrations (including NaCl, Na<sub>2</sub>SO<sub>4</sub>, and Na<sub>2</sub>CO<sub>3</sub> treatments) in HH49 seedling roots. The RAPD polymorphism frequency in HN95 seedling roots was increased in a dose-dependent manner with the increasing Na<sup>+</sup> concentration treatment in formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub>. However, the frequency of RAPD polymorphism in HN95 seedling roots under 75 mM Na<sup>+</sup> concentration in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> was less than that of under 50 mM Na<sup>+</sup> concentration treatment. When exposed to the same Na<sup>+</sup> concentration of salt for 3 days, NaHCO<sub>3</sub> treatments induced the highest frequency of RAPD polymorphisms and the smallest GST in both HH49 and HN95 seedling roots among all salt treatments, with the exception that 75 mM Na<sup>+</sup> treatment in the formula of NaCl induced the highest frequency of RAPD polymorphisms and the smallest GST than that of 75 mM Na<sup>+</sup> treatment in the formula of NaHCO<sub>3</sub> in HN95 seedling roots. Expose to the same type and concentration of Na<sup>+</sup> treatment induced more RAPD polymorphism frequency and lower GST in HH49 than that of HN95.

### 3.7. Effects of Different Salt Stress Treatments on Cell Cycle Progression of Soybean Seedling Roots

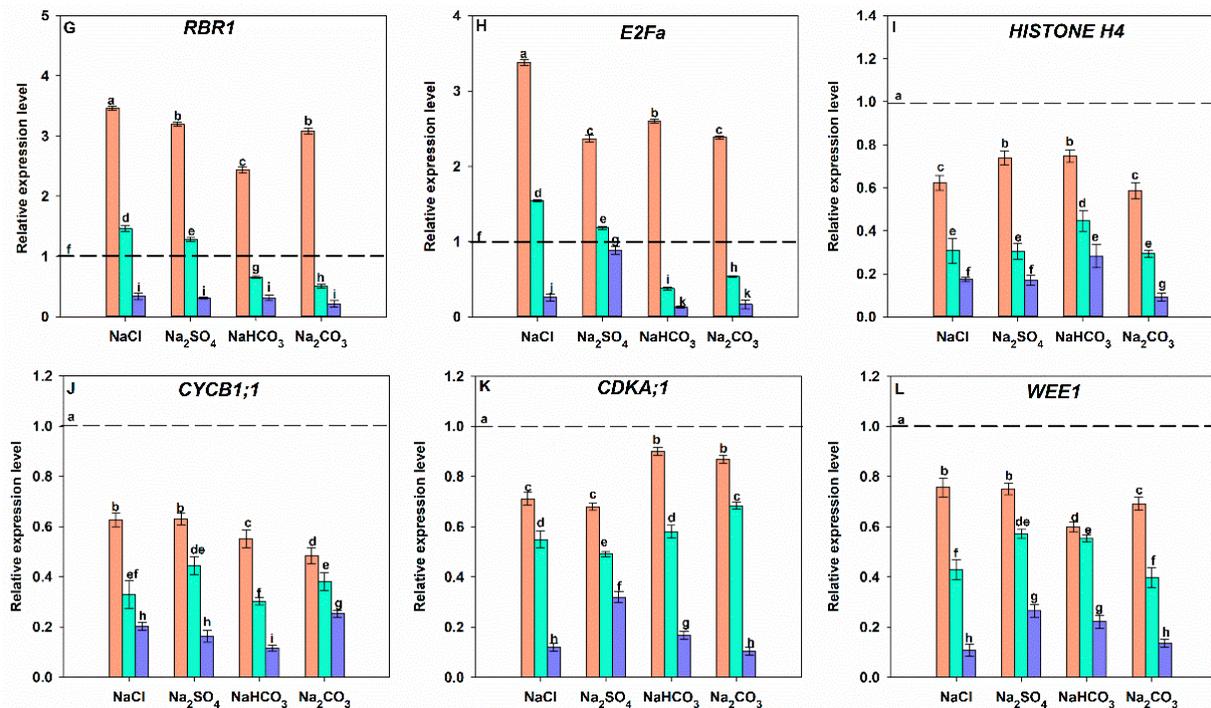
In order to study the effects of different salt stress treatments on cell cycle of soybean seedling roots, the expression levels of *RBR1*, *E2Fa*, *HISTONE H4* (G1/S phase transition regulation/marker genes), *CYCB1;1*, *CDKA;1*, and *WEE1* (G2/M phase transition regulation/marker genes) were studied via qRT-PCR analysis (Figure 7). Compared with the control, 25 mM Na<sup>+</sup> concentration treatments in formula of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub> and 50 mM Na<sup>+</sup> concentration treatments in formulas of NaCl and Na<sub>2</sub>SO<sub>4</sub> significantly upregulated the expression levels of *RBR1*, *E2Fa*, *HISTONE H4*, *CYCB1;1*, *CDKA;1*, and *WEE1* in HH49 seedling roots, and the expression levels of *RBR1* and *E2Fa* in HN95 seedling roots. Conversely, 50 mM Na<sup>+</sup> concentration treatments in formulas of NaHCO<sub>3</sub> and Na<sub>2</sub>CO<sub>3</sub> significantly downregulated the expression levels of *RBR1*, *E2Fa*, *HISTONE H4*, *CYCB1;1*, *CDKA;1*, and *WEE1* in HH49 seedling roots, whereas the expression levels of *RBR1* and *E2Fa* were significantly downregulated in HN95 seedling roots. Furthermore, 75 mM Na<sup>+</sup> concentration treatments in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub> significantly downregulated the expression levels of G1/S and G2/M phase transition regulation/marker genes in both HH49 and HN95 seedling roots compared with the control. The expression levels of *HISTONE H4*, *CYCB1;1*, *CDKA;1*, and *WEE1* in HN95 seedlings were downregulated by all salt stress treatments compared with the control.



**Figure 6.** DNA damage of soybean seedling roots treated with different salt stresses for 3 days. The RAPD polymorphism of HH49 (A) and HN95 (B) seedling roots were amplified using random primers. The genome template stability of HH49 (C) and HN95 (D) seedling roots. To assess RAPD, if the control and salt-treated PCR amplification products displayed different electrophoretic motilities (RAPD polymorphisms appeared or disappeared), the case was scored as positive for RAPD. For all treatments, bands were considered reproducible and were used for polymorphism analysis when simultaneously detected in at least two experimental replicates.



**Figure 7. Cont.**



**Figure 7.** Relative expression levels of cell phase transition regulation/marker genes in soybean seedling roots treated with different salt stress conditions for 3 days. Relative expression levels of G1/S phase transition regulation/marker genes *RBR1*, *E2Fa*, and *HISTONE H4*; G2/M phase transition regulation/marker genes *CYCB1;1*, *CDKA;1*, and *WEE1* in HH49 (A–F) and HN95 (G–L) seedling roots treated with different Na<sup>+</sup> concentrations solutions in formulas of NaCl, Na<sub>2</sub>SO<sub>4</sub>, NaHCO<sub>3</sub>, and Na<sub>2</sub>CO<sub>3</sub>. Gene expression levels of HH49 in (A–F) and HN95 in (G–L) seedling roots under normal conditions were set to 1 as the normalization for qRT-PCR analysis using the operational formula  $2^{-\Delta\Delta C_t}$  and are indicated as dashed lines. Data are expressed as means  $\pm$  SD. Different letters indicate statistically significant differences ( $p < 0.05$ ) among treatments.

#### 4. Discussion

Salt stress in the environment is a long-term stress that runs throughout the whole life cycle of the plant. Generally, with the prolongation of stress time, plants undergo two stress response stages. The first stage is the response of plants to short-term stress (caused by water or osmotic stress) [45]. The second stage is the response of plants to long-term salt stress exposure (caused by ion toxicity) [46,47]. An important adaptive function of plant survival under salt stress conditions is to slow down the growth rate, which provides extra energy and biomass for plants to cope with salt stress via various strategies [48]. When exposed to salt stress, a series of physiological and biochemical reactions occur in plants to prevent, reduce, or compensate for the damage induced by salt stress. Several studies have shown that different types of salt stress have significant differences in the degree of stress and mechanism by which plants respond to stress [49,50]. The damage to plants caused by neutral salt stress is usually caused by the accumulation of Na<sup>+</sup> [45]. Alkaline stress can also create a high pH environment, resulting in more serious growth inhibition of plants [46]. Consistent with previous studies [51], when soybean cultivars HH49 and HN95 seedlings were exposed to different types of salt stress with the same Na<sup>+</sup> concentration, alkaline stress showed a higher degree of inhibition on root growth than plants grown under neutral salt stress (Figure 1, Table 1).

Salt stress conditions have significant effects on plant growth through primary salt damage (including ion extravasation caused by plasma membrane damages, metabolic block caused by enzyme passivation and osmotic stress) and secondary salt damage (oxidative damage, etc.) [52]. Plasma membrane damage and osmotic stress can destroy the water potential relationship and the equilibrium state of ion distribution between plant

and environment [53]. Cell membrane is a necessary barrier for cells to maintain a stable intracellular metabolic environment, and its selective permeability can regulate and select the entry and exit of substances. Osmotic stress and ion toxicity induced by salt stress will affect cytoplasmic membrane components, permeability, transport, and ion flow rate, affecting normal membrane function as well as the metabolic activities and physiological functions of cells [54]. For example, a high concentration of  $\text{Na}^+$  can displace  $\text{Ca}^{2+}$  bound by the plasma membrane and inner membrane system, resulting in an increase in  $\text{Na}^+/\text{Ca}^{2+}$  ratio in membrane-bound ions, damaging membrane structural integrity and resulting in extravasation of intracellular electrolytes,  $\text{K}^+$ ,  $\text{P}^+$ , and organic solutes [55,56]. In addition, previous results have shown that in addition to  $\text{Na}^+$  accumulation, the content of  $\text{Cl}^-$  and  $\text{SO}_4^{2-}$  ions increased in plants under neutral salt stress, while alkaline stress limited the accumulation of anions in plant cells due to the high pH [57]. This difference in ion accumulation and homeostasis may also be responsible for the stronger inhibitory effect of alkaline stress on plant growth than neutral salt stress. In this study, salt stress could lead to the destruction of the cell membrane and electrolyte leakage in the roots of the two soybean cultivars, which was illustrated by the increased relative electrical conductivity in the seedling roots of both soybean cultivars as well as the inhibition of root activities (Figure 2). In addition, under the same  $\text{Na}^+$  treatment (25, 50 mM), the amount of electrolyte infiltration in the two soybean roots under alkaline salt treatment was higher than that under neutral salt stress treatment, while the root activity under alkaline stress treatment was lower than that under neutral salt stress treatment. It is worth noting that when the  $\text{Na}^+$  ion concentration reached 75 mM, the relative electrical conductivity of the roots of the two soybean cultivars under alkaline stress was lower than that under the 50 mM  $\text{Na}^+$  treatment, which may have been due to serious damage to the cell membrane in the 75 mM alkaline stress, resulting in the leakage of intracellular electrolytes into the salt treatment solution. Interestingly, when the two soybean cultivars were exposed to the same concentration of  $\text{Na}^+$  concentration (same type of salt), the salt-tolerant cultivar HH49 had a lower decrease in root activity and a lower increase in relative conductivity than the salt-sensitive cultivar HN95. These results indicated that alkaline stress caused a greater degree of cell membrane damage to soybean seedling roots than neutral salt stress at the same  $\text{Na}^+$  concentration. The degree of electrolyte exosmosis and the reduced degree of root activity in different soybean cultivars may be related to the salt tolerance of soybean cultivars.

Among the secondary salt damage to plant cells caused by salt stress, oxidative stress response caused by ROS accumulation is more common than other stress [58]. The accumulation of ROS in plant cells can produce oxidative effects on macromolecules, such as cell membranes, nucleic acids, and biological enzymes, thus disrupting normal physiological processes [59]. In this study, salt stress significantly impacted the  $\text{H}_2\text{O}_2$ ,  $\text{O}_2^-$ , and MDA contents in plant cells (Figure 3).  $\text{H}_2\text{O}_2$  can form the more chemically active and aggressive ROS-OH with  $\text{O}_2^-$  by the Haber–Weiss reaction. Therefore, timely removal of  $\text{H}_2\text{O}_2$  is crucial to prevent free radical poisoning. To eliminate or mitigate oxidative stress damage caused by ROS accumulation, plants activate enzymatic systems (e.g., SOD/POD/CAT/APX) and non-enzymatic systems (e.g., ascorbate pathway, ASA, glutathione, GSH). Superoxide anions react with hydrogen ions in plants under the action of SOD to formulas of hydrogen peroxide and oxygen, reducing the damage of  $\text{O}_2^-$  to the cell membrane. The high concentration of  $\text{H}_2\text{O}_2$  in plant tissues is mainly scavenged by CAT and APX, while a lower concentration of  $\text{H}_2\text{O}_2$  is mainly decomposed by POD [60,61]. Furthermore, APX is widely distributed in all cellular compartments and high affinity to  $\text{H}_2\text{O}_2$ , suggesting that APX plays a crucial role in controlling the ROS level in plants [60]. In this study, salt stress significantly changed the activities of SOD/POD/CAT and APX enzymes in the two soybean varieties, which contributed to the elimination of ROS accumulation (Figures 3 and 4). However, when the production rate of intracellular ROS exceeded the scavenging capacity, oxidative stress response will be generated, resulting in the decline of antioxidant enzyme activity [62]. In this study, higher concentrations of alkaline stress

could lead to the decrease in SOD/POD/CAT/APX activities in the two soybean cultivars, while higher concentrations of neutral salt stress could lead to the decrease in POD and CAT enzyme activities in the two soybean varieties (Figure 4). High concentrations of alkaline stress can induce the decrease in  $H_2O_2$ ,  $O_2^-$ , and MDA contents in HH49 and HN95 seedling roots, while high concentrations of neutral salt stress can increase them. This may be due to the alkaline stress inducing a higher level of cell membrane damage than neutral salt stress, releasing more cytochrome into the treatment solution. In addition, the increase in membrane damage can also lead to the decrease in antioxidant enzyme activity. It is worth noting that when exposed to the same salt stress treatment, the activity of antioxidant enzymes in the salt-stress-tolerant cultivar HH49 was higher than that in the salt-sensitive cultivar, indicating a higher scavenging capacity of ROS and resulting in a lower accumulation of ROS. Previous studies have also shown that the scavenging capacity of ROS has a significant positive correlation with the tolerance of plants to abiotic stress [63].

Regardless of whether plants are exposed to neutral salt or alkaline stress, plants often accumulate a large number of inorganic ions in vacuoles to increase cell osmotic potential and reduce cell water potential [64]. Although it takes far less energy for plants to absorb and accumulate inorganic ions than it does to synthesize organic materials [65], excessive ion intake can cause ion toxicity in cells. Therefore, plants often synthesize organic matter, such as proline, betaine, choline, or organic acids, to regulate the osmotic potential inside and outside the cell [46]. In addition, some metabolic intermediates, such as sugars and their derivatives, also play an important role in plant resistance to osmotic stress caused by salt stress [57]. In this study, salt stress significantly affected the soluble sugar and proline content in the two soybean cultivars, which was consistent with previous studies (Figure 5). In the 75 mM  $Na^+$  alkaline salt treatment, the soluble sugar and proline content in the two soybean cultivars was significantly lower than that in the control. This may have been due to the membrane rupture of a large number of cells in soybean roots under the high concentration of alkaline salt treatment, resulting in the leakage of cytoplasmic substances. Several studies have shown that soluble proteins are important osmotic regulators and nutrients [57,66]. However, it should not be ignored that both ion toxicity and ROS stress response can lead to changes in some protein configurations and degradation, resulting in changes in soluble protein content [67]. Previous studies also showed that the content of soluble protein in maize seedlings showed a pattern of decrease with the increase in salt treatment concentration [66]. In this study, soluble protein content in HH49 and HN95 seedling roots under low concentrations of salt stress was higher than that under the control and other salt treatments, which may be an effective mechanism of soybean salt response to osmotic stress. However, the content of soluble protein in HH49 and HN95 seedling roots under neutral salt stress was dose-decreased with increasing salt concentration, which may have been due to a high concentration of neutral salt stress destroying the osmotic regulatory mechanism involved in soluble proteins. The degradation or configuration change of some proteins caused by abiotic stress can result in the increase in soluble protein content, which was the result of protein damage [67]. This may also have been the result of a higher soluble protein in HH49 under alkaline stress than that in the control. Conversely, the decrease in soluble protein content in HN95 roots under alkaline salt stress may have been the result of osmotic regulation mechanism destruction and membrane destruction.

DNA is one of the most common targets of oxidative stress in organisms [68]. Oxidative stress can destroy the DNA carbohydrate composition, purine, pyrimidine, and phosphodiester bonds, resulting in various types of DNA damage, including chromosome breaks, inter-strand and intra-strand cross-linking, and single base mutations [69,70]. DNA damage will lead to the increase in genomic instability, resulting in cytotoxicity and genotoxicity to the organism, thus affecting the normal physiological activities of the organism [43]. Studies have shown that persistent oxidative damage to DNA can induce programmed cell death, plant growth inhibition or death, and accelerated aging, as well as significantly promoting the occurrence of some common diseases in mammals, such as colon cancer,

breast cancer, rectal cancer, prostate cancer, and Alzheimer's disease [71,72]. In this study, compared with the control group, salt stress led to significant DNA oxidative damage in the roots of the two soybean cultivars (Figure 6). Under the same  $\text{Na}^+$  concentration treatment, RAPD polymorphisms in soybean roots under the  $\text{NaHCO}_3$  treatment were the highest and the GS was the lowest, indicating that DNA damage was the greatest in the  $\text{NaHCO}_3$  treatment, which may have been caused by the high pH value of  $\text{NaHCO}_3$ . The degree of DNA damage in salt-tolerant cultivars was higher than that in salt-sensitive soybean cultivars when they were exposed to the same salt stress. This may have been due to the DDT mechanism, which allows more tolerant plants to carry on with slightly damaged DNA. The DTT mechanism allows plants to use slightly damaged DNA as a template for DNA replication, maintaining cell division and tissue growth, but resulting in the increase in DNA damage levels [43]. Previous studies have shown that the generation of DNA damage leads to cell cycle arrest [43,73]. In this study, a low concentration of alkaline stress and a low medium concentration of neutral salt stress significantly upregulated the expression levels of G1/S and G2/M phase management genes in the salt-tolerant soybean cultivar HH49, indicating that cell division was promoted. A moderate concentration of alkaline stress and a high concentration of all salt stress could significantly inhibit the cell cycle. However, in the salt-sensitive soybean cultivar HN95, even a low concentration of salt stress could lead to the decrease in the expression levels of G1/S management gene HISTONE H4 and G2/M phase management and marker genes, indicating that a low concentration of salt stress could lead to the arrest of the root cell cycle in the G1/S phase of HN95 seedlings. These results suggest that the degree of DNA damage and the period of cell cycle arrest might be related to the salt stress tolerance of soybean cultivars.

## 5. Conclusions

In this study, the different effects of neutral salt stress and alkaline salt stress on the growth of soybean seedlings under the same  $\text{Na}^+$  concentration were analyzed from the perspectives of electrolyte penetration, ROS accumulation and removal, osmoregulation, DNA damage, and cell cycle arrest. The results showed that alkaline stress caused more severe growth inhibition in plants under the same  $\text{Na}^+$  concentration, which was characterized by higher membrane damage, ROS accumulation, DNA damage, earlier cell cycle arrest, and lower root activity because alkaline stress could cause compounded high pH stress. At the same time, the differences in these regulatory mechanisms and abilities may also be responsible for the differences in salt tolerance of different soybean cultivars.

**Supplementary Materials:** The following supporting information can be downloaded at <https://www.mdpi.com/article/10.3390/agronomy12112708/s1>, Figure S1: RAPD polymorphism of HH49 seedling roots treated with different salt stress under SA stress were amplified using random primer. Figure S2: RAPD polymorphisms of HN95 seedling roots treated with different salt stresses under SA stress were amplified using random primer. Table S1: The pH values of different salt solutions. Table S2: Primer list.

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