Article

Climate Change Adaptation Measures in the Irrigation of a Super-Intensive Olive Orchard in the South of Portugal

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Abstract: The south of Portugal is one of the regions that will be most affected by the impacts of climate change (CC), with an expected increase in water scarcity. Irrigated super-intensive olive orchards occupy a large area of the used agricultural surface in the Alentejo region, south of Portugal, making it necessary to adapt this crop to the effects of CC. This study assessed the impacts of CC and defined adaptation measures concerning irrigation management of the super-intensive olive orchard. To compute the crop irrigation requirement (CIR), the soil water balance model ISAREG was combined with climate data relative to the reference period 1971–2000 and to the representative concentration pathways RCP4.5 and RCP8.5 for the periods 2011–2040, 2041–2070, and 2071–2100. The growing degree-days (GDD) approach was used to estimate olive phenology for these CC scenarios. Unchanged irrigation management with an average CIR increase up to 16% in RCP4.5 and 31% in RCP8.5 is expected. By adopting higher levels of water deficit, water savings of up to 22% can be realized. The results showed that the anticipated CIR increase for the CC scenarios can be mitigated through regulated deficit irrigation strategies.

Keywords: climate change scenarios; olive; deficit irrigation; soil water balance; drip irrigation; phenology

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1. Introduction

The Mediterranean region is an area that will be most affected by climate change [1,2]. In Portugal, for example, the climate has already warmed by 0.85 °C in relation to the pre-industrial period [3], precipitation has fallen by 20–25 mm/decade [4], and intensified heat waves and droughts have aggravated water scarcity [3–6].

The problem is particularly relevant in the Alentejo region, south of Portugal, where olive orchards are one of the most important crops, having undergone an enormous expansion in recent years, with an area of 178,679 ha in 2018 [7]. The olive is a traditional crop, but orchard management changed sharply in the last decade as planting density was intensified and irrigation was adopted. In fact, olives are the irrigated crop that occupy the largest area in the Alqueva irrigation project in Alentejo (68,346 ha in 2020) [7]. Since water in this region is expected to decrease [6] as crop water requirements increase [8,9], it is necessary to define CC adaptation measures to ensure crop sustainability.

Assessing the impacts of CC on agriculture is usually performed using crop production or soil water balance models associated with climatic data produced by regional climate models (RCM) [8–17]. In the case of olive orchards, several studies based on the soil water balance approach have been carried out [8,10–12]. Tanasijevic et al. [11] applied a simplified water balance computed as the difference between crop evapotranspiration and effective precipitation to estimate CC impacts on the olive crop irrigation requirements (CIR) for the entire Mediterranean basin. The increase was estimated at 18.5% (70 ± 28 mm season^{−1}). In this study, the phenological cycle of the olive trees was adjusted, taking into account

the growing degree-days (GDD) accumulated since 1 February following the methodology proposed in Melo-Abreu et al. [18]. Another example of the use of soil water balance models to assess the CC impacts on the olive orchard was developed by Paulo and Pinto [8] using the ISAREG model to evaluate CC impacts on the rainfed olive groves in the Alentejo region and projected a significant increase in regional crop water requirements.

The soil water balance model ISAREG [19] is widely used to estimate crop irrigation requirements and has been validated for many crops and regions [20–25]. It has also been widely used in studies to assess the impacts of climate change on the CIR, such as the work developed by Popova [26] for maize in Bulgaria, the study conducted by Valverde et al. [12] for several crops, including olive orchards, in the Alentejo region, and a study applied to forages in central Portugal developed by Soares et al. [16]. Another example of the use of a soil water balance model to estimate the olive orchards CIR was carried out by [27] using the SIMDualKc model.

To assess the CC impacts on agriculture, climate change scenarios data are used. These climatic data are usually produced by RCM (dynamic downscaling) for different emission scenarios [3,28]. Those currently used are the Representative Concentration Pathways (RCPs), which are greenhouse gas concentration scenarios defined by the IPCC [29]: RCP2.6, RCP4.5, RCP6.0, and RCP8.5. These scenarios are defined for a given level of radiative forcing with the RCP4.5 (4.5 W m^{-2}), an intermediate stabilization emissions scenario, and RCP8.5 (8.5 W m^{-2}), a high emissions scenario, being the most used.

In the assessment of CC impacts on the CIR, it is necessary to take into account the uncertainties arising from the approaches adopted, namely, simplifications used in the soil water balance model, crop cycle adjustments according to the GDD, and a lack of knowledge on the effects of higher CO_2 concentrations on crop evapotranspiration [8,10,11,30]. The climatic data produced by the RCM models introduce another layer of uncertainty in the CIR estimation due to the uncertainty in climate modeling, the downscaling method, and the evolution of future emission scenarios [3,6,29,31].

Given the expected negative effects of CC, it is necessary to develop adaptation measures, and the main ones, according to the literature, entail converting rainfed olive groves to irrigated intensive olive orchards, migrating this crop northward, adopting early flowering cultivars to reduce water stress during the critical flowering period, increasing irrigation efficiency, and establishing regulated deficit irrigation [8,11,14,32,33].

The present study assessed the impact of climate change on the super-intensive olive orchard irrigation requirements in the Alentejo region throughout the 21st century, and it also defined and evaluated adaptation measures based on regulated deficit irrigation, while allowing for the efficient and sustainable use of water.

2. Materials and Methods

2.1. Study Area

This study was performed in a super-intensive olive orchard ($37^\circ 54' 27'' \text{ N}$; $7^\circ 56' 53'' \text{ W}$) in the municipality of Beja, Alentejo region, southern Portugal (Figure 1). The orchard comprises 285 hectares and two olive varieties, Arbequina and Arbosana, which are two of the most common used in super-high density olive orchards in the region. In this study, only the Arbosana variety was considered. The planting of the Arbosana sector was performed in 2015 with a very high density of $3.75 \text{ m} \times 1.35 \text{ m}$ corresponding to $1975 \text{ trees ha}^{-1}$. The olive orchard was irrigated using a drip irrigation system with one lateral per crop row equipped with emitters having a nominal flow rate of 2.3 L h^{-1} spaced 75 cm apart. In the most demanding period, irrigation was applied daily.

Figure 1. Location of the study area in the Beja municipality in the south of Portugal.

2.2. Soil

According to the World Reference Base [34] classification system, the most representative soils in the studied sector are Luvisols with a loam to clay loam texture. The field capacity (FC) and permanent wilting point (WP), for each soil layer, obtained from Cardoso [35], are presented in Table 1.

Table 1. Main characteristics of Luvisols [35].

Layer	Layer Depth (m)	θ_{FC} (cm ³ cm ⁻³)	θ_{WP} (cm ³ cm ⁻³)
Ap	0.25	20.9	6.84
B1	0.47	23.2	7.62
B2	0.8	30.7	13.2
C	1.15	26.7	11.05

θ_{FC} —soil water content at field capacity; θ_{WP} —soil water content at permanent wilting point.

2.3. Climate

The climate in the Beja region according to the Köppen–Geiger classification system is Csa: temperate climate with hot dry summers and rainy winters [36,37]. The climate normals, for the period between 1971 and 2000 (reference scenario), from the Portuguese Institute for Sea and Atmosphere (IPMA) and registered at the Beja weather station (38°1' N; 7°52' W; 246 m a.s.l.) are shown in Figure 2. The average annual rainfall is 571.8 mm, which is mainly concentrated in the autumn and winter, with December and January the months with the highest precipitation: 100.6 mm and 73.7 mm, respectively. The monthly average temperatures range from a minimum of 9.6 °C in January to a maximum of 24.3 °C in August [37].

Figure 2. Climate normals relative to the 1971–2000 period at the Beja weather station for precipitation and maximum, average, and minimum air temperatures.

Climate Data Sets

Observed meteorological and climate change scenarios data were used to simulate the CC impacts on CIR. Daily climatic data relative to the reference period (1971–2000) came from the Beja weather station, which was the closest station. The climate variables were the maximum and minimum air temperature (Tmax and Tmin) and precipitation (P). Since all the meteorological variables required to compute reference evapotranspiration (ET_o) with the FAO Penman–Monteith equation [38] were not available, the Hargreaves–Samani method (based on air temperature and on the extraterrestrial radiation) was used [39]:

$$ET_o = 0.0023 \times (T_m + 17.8) \times (T_{max} - T_{min})^{0.5} \times R_a \quad (1)$$

where ET_o is the reference evapotranspiration (mm day^{−1}); T_m is the average daily temperature (°C); T_{max} and T_{min} are, respectively, the maximum and minimum daily temperature (°C); and R_a is extraterrestrial radiation (mm day^{−1}). This equation presented good results in the estimation of ET_o with reduced climatic parameters [40] and was applied in the Alentejo region by Teixeira et al. [41], demonstrating a good regional estimate of ET_o.

Data for 2018 and 2019 from weather station *Quinta da Saúde* in Beja, belonging to the SAGRA (*Sistema Agrometeorológico para a Gestão da Rega no Alentejo*) network of COTR (*Centro Operativo e de Tecnologia de Regadio*), were used to parameterize the ISAREG model and to calculate the thermal time required for the olive phenological stages, namely, full flowering. This period corresponded to the available data relative to the farm irrigation scheduling (2018) and crop phenology (2018 and 2019).

For climate change scenarios until the end of the century, RCP4.5 and RCP8.5, corresponding to a radiative forcing of 4.5 and 8.5 W m^{−2}, respectively, were considered [29,42]. RCP4.5, a controlled emissions scenario, and RCP8.5, a more pessimistic scenario, provided a range of possible impacts, considering the uncertainty in emissions scenarios evolution.

For these scenarios, we used climate data produced by RCM models under the EURO-CORDEX Project [28] and made available through the Climate Portal of IPMA [43]. The data of the *Baixo Alentejo* region were selected, consisting of an ensemble of models provided by the portal corresponding to the best scenario projection accordingly to IPMA [43]. In the portal [43], the monthly climatic anomalies for the RCP4.5 and RCP8.5 scenarios for all three projection periods available (2011–2040, 2041–2070, and 2071–2100) were considered. All three periods were used because the more distant scenario, 2071–2100, allowed for a clearer sign of the changes expected in olive orchard CIR until the end of the century, while the near future period, 2011–2040, provided information about which adaptation measures to take now to mitigate the impact of climate change.

The climatic anomalies were used to disturb the reference period (1971–2000) data of minimum and maximum temperature (°C) and precipitation (mm) recorded at the Beja weather station with the purpose of correcting bias in the future climate scenarios. These corrections were made using the delta change method [6,9,44–46], which assumed the following expression for air temperature:

$$T_{\text{scenario}} = T_{\text{historical}} + T_{\text{anomaly}} \quad (2)$$

where T_{scenario} is the corrected temperature for the climate change scenario (°C); $T_{\text{historical}}$ is the temperature observed in the reference period (1971–2000) (°C); and T_{anomaly} corresponds to the difference between the air temperature simulated by the RCM for climate change scenarios (RCP4.5 and RCP8.5) and the temperature simulated by the RCM for the reference period (1971–2000) (°C).

For the precipitation variable, the delta change method is given by the following equation:

$$P_{\text{scenario}} = P_{\text{historical}} \times \frac{P_{\text{RCMscenario}}}{P_{\text{RCMreference}}} \quad (3)$$

where P_{scenario} is the corrected precipitation regarding the climate change scenario (mm); $P_{\text{historical}}$ is the precipitation observed in the reference period (1971–2000) (mm); $P_{\text{RCMscenario}}$ is the average monthly precipitation simulated by the RCM for the climate change scenario (mm); and $P_{\text{RCMreference}}$ is the average monthly precipitation simulated by the RCM for the reference period (1971–2000) (mm).

2.4. Crop

To simulate the soil water balance, the crop coefficient (K_c) values defined in Pastor [47] were considered. These values, shown in Table 2, were defined for Córdoba for an olive orchard having 60% ground cover. These values ranged from 0.45 to 0.65, with the highest values corresponding to the periods more sensitive to water stress. A root depth of 0.6 m and a depletion fraction of 0.4 were considered [38].

Table 2. Crop coefficients for an olive orchard with 60% of ground cover [47].

Month	January	February	March	April	May	June	July	August	September	October	November	December
K_c	0.50	0.50	0.65	0.60	0.55	0.50	0.45	0.45	0.55	0.60	0.65	0.50

The olive crop cycle was adjusted to the different climate change scenarios according to the methodology described by Melo-Abreu et al. [18], which was also followed by Tanasijevic et al. [11] as detailed in the next section. After determining the olive crop phenology for each climate scenario, the K_c curves were constructed.

2.5. Phenology

To characterize the olive orchard growth cycle, the main phenological stages of olive trees described by Sanz-Cortés, et al. [48] were used. These stages were separated into A—the beginning of the cycle, B—the last phase of blossom, C—full flowering, D—the first phase of the fruit development, E—fruit set, F—the peak of oil accumulation, G—the end of the peak of oil accumulation, H—the end of pit hardening, and I—fruit ripening/harvest.

The three periods when the olive crop is more sensitive to water stress, as described by Fernández et al. [49], are from cycle beginning until full blossom (stages A until C), from the end of the first phase of fruit development until the fruit set (stages D until E), and from peak of oil accumulation until the end of pit hardening (stages F until H) when a marked increase in oil accumulation occurs. Consequently, the periods when irrigation depths can be reduced are from the end of full flowering until the beginning of fruit development (stages C until D), and mainly from fruit set until the beginning of oil accumulation (stages E until F). Although fruit size can be affected by a reduction in water supply in this period,

the olive tree is highly resistant to drought during the summer dormancy period and can easily recover with a reduced impact on crop yield [49].

The olive phenology was adjusted to the CC scenarios using the methodology described by Melo-Abreu et al. [18], as mentioned before. To estimate the full flowering date, only the forcing phase was considered, with the thermal time accumulated from 1 February as in Tanasijevic et al. [11]. The thermal units required for Arbosana full flowering were estimated based on the phenological data registered for 2018 and 2019. Based on these values, full flowering dates were estimated for the future CC scenarios. To calculate the thermal time, expressed in GDD, the method described by McMaster and Wilhelm [50] was used:

$$GDD = \sum \left(\frac{T_{max} + T_{min}}{2} - T_b \right) \quad (4)$$

where T_{max} is the daily maximum air temperature (°C); T_{min} is the daily minimum air temperature (°C); and T_b is the base temperature (°C) corresponding to the temperature below which the accumulation of thermal time does not occur. Was used a T_b of 8.5 °C as recommended by Melo-Abreu et al. [18] to accumulate the GDD until the full flowering for 2018 and 2019, and based on the GDD values, the full flowering dates for the future CC scenarios were predicted. The dates of the following phenological stages were also estimated for the CC scenarios using the GDD obtained for 2018 and 2019. These data were complemented by information obtained from Sanz-Cortés et al. [48] and Fernández [51].

2.6. Adaptation Measures

Olive orchard adaptation to the climate change in the Mediterranean will involve several adaptation measures [11,33]. One of the most suitable is deficit irrigation to adjust the expected increase in climate demand (ET_o) to the reduction in water availability. In this study, two adaptation measures to CC corresponding to different irrigation management strategies were evaluated.

2.6.1. Current Irrigation Management (CIM)

This adaptation measure considered present base conditions and current irrigation management in a scenario of water availability for irrigation in which current olive production is maintained. It corresponded to the upper limit of the impacts on the CIR in future CC scenarios.

2.6.2. Deficit Irrigation Management (DIM)

This adaptation measure presumed a water shortage scenario because of climate change, with considerable impacts on water availability for irrigation, so a regulated deficit irrigation management strategy was adopted. In this adaptation measure, water deficit levels were increased in crop periods that were less sensitive. The main period when irrigation can be reduced is from fruit set to the beginning of oil accumulation.

2.7. Crop Irrigation Requirements Modeling—Climate Change Impacts and Adaptation Measures Evaluation

To assess the impact of CC on the CIR of the super-intensive olive orchard, the soil water balance simulation was performed using the ISAREG model [19], which is based on the single K_c approach and uses daily or monthly meteorological data [38]. This model allows the determination of the CIR, the definition and evaluation of irrigation scheduling, and the calculation of the irrigation system design parameters, seasonal irrigation requirements, and design flow rate. This model simulated the soil water balance according to the following equation [19]:

$$\Delta S = P - ET_c + I_r - R_o + CR - DP \quad (5)$$

where ΔS is the variation of the soil water storage (mm); P is precipitation (mm); ET_c is crop evapotranspiration (mm); I_r is irrigation depth (mm); R_o is surface runoff (mm); CR is the capillary rise (mm); and DP is deep percolation (mm).

2.7.1. Model Parameterization

The ISAREG model was parameterized for olive orchard field conditions prior to simulating the CIR for the different climate scenarios and projection periods. The irrigation depths applied by the farmer in 2018 were used as inputs in the soil water balance to produce a daily time series of simulated soil water content (SWC) values to be compared with the SWC measured by one capacitive soil probe installed in the irrigation sector. The fraction of surface wetted by irrigation (f_w), as defined by Allen et al. [38], was the adjustment parameter that was used to adjust the irrigation depths to the fraction of the wetted soil surface. This parameter (f_w) was estimated iteratively until the SWC values simulated by the model were in agreement with the values observed by the probe. The capacitive soil probe was installed in the wet bulb area, in the trees row, located between two olive trees and between two drippers. The probe uses the Frequency Domain Reflectometry (FDR) method and had three soil moisture sensors at 0.10, 0.30, and 0.60 m.

2.7.2. Irrigation Requirements Modeling

The impact of climate change on the CIR of a super-high density olive orchard in Beja was simulated considering three different climate scenarios, the reference scenario (1971–2000), and the CC scenarios RCP4.5 and RCP8.5 for the three projection periods 2011–2040, 2041–2070, and 2071–2100. For each RCP scenario, the phenology of the olive orchard was adjusted according to the thermal time. Additionally, for the climate change scenarios, two adaptation measures, CIM and DIM, corresponding to two different irrigations management strategies, were applied. In DIM, a regulated deficit irrigation strategy was simulated, since there were several studies that indicated that this strategy seemed to produce the best balance between water saving and yield loss. In addition to water saving, it also constituted a way to control the vegetative development that tends to be excessive in the super-intensive olive production system and to improve the quality of the olive oil [51,52].

In all, 14 simulations were performed: two involved the reference scenario (1971–2000) and the two adaptation measures (CIM and DIM); the other 12 corresponded to combinations of the two climate scenarios (RCP4.5 and RCP8.5), the three projection periods (2011–2040; 2041–2070; 2071–2100), and the two adaptation measures (CIM and DIM).

In the CIM adaptation measure, full irrigation was provided considering the K_c values proposed by Pastor [47]. In the second adaptation measure (DIM), water stress was increased as a way to reduce irrigation water consumption. Table 3 presents the percentages of irrigation requirements supplied during each crop period in the DIM adaptation measure. These values were based on the definition of the most sensitive water stress periods by Fernández et al. [49], which correspond to those where irrigation requirements must be fulfilled at 100%: up to full blossom (A–C) and from the peak of oil accumulation to the end of pit hardening (F–H). In the first phase of fruit development until the fruit set (D–E), an excess of water stress can decrease the fruit size [53]; therefore, the CIR was provided at 80% as recommended by Fernández et al. [49]. Compared to the values proposed by Fernández et al. [49], the CIR was reduced by 40% instead of 20% in some periods to avoid high yield losses corresponding to a more moderate deficit strategy.

Table 3. Percentage of irrigation requirements adopted in the deficit irrigation management (DIM).

Crop Periods	A–B	B–C	C–D	D–E	E–F	F–G	G–H	H–I
Irrigation requirements (%)	100%		40%	80%	40%	100%	100%	40%

The crop periods correspond to the time interval between the occurrence of the following crop growth stages: A—the beginning of the cycle, B—the last phase of blossom, C—full flowering, D—the first phase of the fruit development, E—fruit set, F—the peak of oil accumulation, G—the end of the peak of oil accumulation, H—the end of pit hardening, and I—fruit ripening/harvest.

3. Discussion and Results

3.1. Climatic Data (Climate Change Scenarios)

As a consequence of CC, increases in average air temperature and reference evapotranspiration (ET_o) associated with a decrease in annual precipitation are expected by the end of the century for the Alentejo region. The expected anomalies for the two scenarios in the three periods considered are shown in Table 4.

Table 4. Annual average anomalies of air temperature (T), precipitation (P), and reference evapotranspiration (ET_o) for the climate change scenarios compared to the reference period (1971–2000).

Climate Anomalies					
RCP4.5			RCP8.5		
2011–2040	2041–2070	2071–2100	2011–2040	2041–2070	2071–2100
T (°C)					
+0.8	+1.5	+1.9	+1.0	+2.2	+3.8
P (mm)					
−25.4	−45.1	−47.2	−48.7	−90.7	−128.3
−4.5%	−7.9%	−8.3%	−8.5%	−15.9%	−22.4%
ET _o (mm)					
+36.1	+71.7	+83.4	+47.2	+98.2	+171.9
+2.8%	+5.6%	+6.6%	+3.7%	+7.7%	+13.5%

Compared to the reference period, average temperature increases of 0.8–1.9 °C are expected for the RCP4.5 scenario and increases of 1.0–3.8 °C are expected for RCP8.5 (Table 4). These anomalies are within the range of the IPCC [42] and Miranda et al. [3] toward the end of the 21st century (2071–2100), in which temperature increases will be 1.1–1.6 °C for the RCP4.5 scenario and 2.6–4.8 °C for RCP8.5.

In the RCP4.5 scenario, by 2100, the average annual precipitation is expected to fall by 8.3%, while in the RCP8.5 scenario, a reduction of 22.4% is predicted. The annual decreases for Beja between the reference period and the CC scenarios fall within the range of values described by Pires et al. [4]: 5–10% (25 to 60 mm) for RCP4.5 and 10–30% (up to 170 mm) for RCP8.5. As Figure 3a shows, the precipitation reduction for the CC scenarios is not uniform throughout the year, with an very expressive reduction in the spring (April and May) and autumn (October and November), but an increase in the winter, especially in RCP4.5. Thus, an increase in the length of the dry season with irrigation starting earlier can be anticipated. Increases from the reference evapotranspiration (ET_o) for 2071–2100 will vary between 6.6% for RCP4.5 and 13.5% for RCP8.5 (Table 4) with the greater increases observed in the summer, especially for RCP8.5 (Figure 3b).

Figure 3. Average monthly anomalies of (a) precipitation and (b) reference evapotranspiration (ETo), for the Beja weather station for the climate change scenarios RCP4.5 and RCP8.5 (2011–2040; 2041–2070; 2071–2100).

3.2. Phenology

The dates of the phenological stages were estimated for the reference period and the CC scenarios using the average sum of the GDD observed in the field in 2018 and 2019. To reach full flowering, it was necessary to accumulate, on average, 540 °C.

The estimation of the full flowering date for the different climate scenarios is presented in Table 5, where an earlier onset of up to 29 days is obtained in the most severe scenario. These results are in line with those described in the bibliography, which projected an earlier full flowering date in the Mediterranean region due to warmer air temperature of up to 34 days in the most unfavorable scenario (RCP8.5) [11,54–58].

It is important to note that until full flowering, a stage that is highly sensitive to water stress, irrigation requirements must be fully met. In the CC scenarios, the full flowering date can be up to 1 month early, which means that the Alentejo region can expect olive full flowering to occur on average more frequently in early May (Table 5). Since a significant decrease in precipitation is projected for April and May for both RCP scenarios (Figure 3a), this will translate into an earlier start to the irrigation season.

Table 5. Full flowering dates observed in 2018 and 2019 and estimated for the climate scenarios.

Climate Scenarios	Full Flowering
Observed in the field (2018)	28 May
Observed in the field (2019)	10 May
Reference scenario (1971–2000)	23 May
RCP4.5 (2011–2040)	15 May
RCP4.5 (2041–2070)	12 May
RCP4.5 (2071–2100)	7 May
RCP8.5 (2011–2040)	15 May
RCP8.5 (2041–2070)	5 May
RCP8.5 (2071–2100)	24 April

3.3. Model Parametrization

The soil water balance simulation model ISAREG was parameterized for the conditions of the olive orchard, and the result for the 2018 irrigation season is presented in Figure 4. There was good agreement between the observed SWC data measured by the capacitive probe (red dots) and the SWC simulation of the ISAREG model (blue line) based on the irrigation depths applied by the farmer. The root mean square error (RMSE) between the simulated and observed values was 1.00% (volumetric fraction) and the mean relative absolute error (MRAE) was 0.03, which confirmed the good agreement between the two datasets. Hence, the suitability of the ISAREG model to perform the calculation of the CIR for the studied olive orchard was confirmed. The reduction factor $f_w = 0.55$ was used to adjust the CIR simulated by the model to the total field area.

Figure 4. Soil water content (expressed in volumetric fraction) simulated by the ISAREG model (blue line) vs. soil water content data observed by the capacitive probe (red dots) for the 2018 irrigation season (FC—field capacity, WP—permanent wilting point, $RAW_{Threshold}$ —threshold for the readily available water).

3.4. Crop Irrigation Requirements Simulation

3.4.1. Current Irrigation Management (CIM)

The results for the CC scenarios showed that irrigation requirements will increase, compared to the reference scenario if the current irrigation management is maintained (Figure 5). On average, the annual net irrigation requirements in the reference period (1971–2000) was 199.9 mm, and for 2071–2100, it will be 232.1 mm in the RCP4.5 scenario and 262.7 mm in the RCP8.5. It was found through an ANOVA one-way analysis (not shown) that in the case of the CIM, all the scenarios presented significant differences compared to the reference scenario at a significance level of $p = 0.05$.

Figure 5. Box plots of crop irrigation requirements (mm) for the climate scenarios assuming current irrigation management (CIM). a–d letters indicate significant statistical differences at $p = 0.05$.

If current irrigation management (CIM) is maintained, irrigation requirements will increase from 9.6% to 17.7% in the RCP4.5 scenario and from 12.8% to 31.4% in RCP8.5. The highest CIR values occur in the last period (2071–2100) of the RCP8.5 scenario (Figure 5), which is a result of higher temperatures that will lead to higher ETo values and the highest reduction in projected precipitation (Table 4), with RCP4.5 presenting a reduction of -8.3% and RCP8.5 presenting more than double -22.4% .

The results were in accordance with the study conducted by Tanasijevic et al. [11] where an average increase in the CIR of 18.5% was projected for the Mediterranean for the period 2036–2065, which corresponds to an average increase of 70 ± 28 mm. Paulo and Pinto [8] reported increases in the CIR, for 2071–2100 of more than 40% for the olive crop in the Alentejo region, which can be explained by the higher precipitation reduction in the climate scenarios data (A2 and B2). Tanasijevic et al. [11] and Paulo and Pinto [8] stated that the CIR increases projected for the CC scenarios are mainly due to the increase in ETo and reduction in precipitation, which are results that the present study confirmed.

3.4.2. Deficit Irrigation Management (DIM)

The second irrigation management adaptation measure (DIM) assumed that CC would affect water availability, and as such, irrigation would have to be performed with water stress. The K_c values used to simulate this adaptation were adjusted iteratively for each climatic scenario and crop growth period until the water stress levels corresponding to the percentage of irrigation requirements presented in Table 3 were obtained. The adjusted K_c values are shown in Table 6.

Table 6. Adjusted K_c values, for the different crop growth periods as a function of imposed water stress in the deficit irrigation management (DIM).

Climate Scenarios	K_c adjusted							
	Crop Periods							
	A–B	B–C	C–D	D–E	E–F	F–G	G–H	H–I
Ref. (1971–2000)	0.60	0.50	0.45	0.38	0.35	0.50	0.48	0.30
RCP4.5 (2011–2040)	0.60	0.50	0.43	0.43	0.25	0.45	0.58	0.40
RCP4.5 (2041–2070)	0.60	0.55	0.45	0.35	0.23	0.43	0.53	0.35
RCP4.5 (2071–2100)	0.60	0.55	0.50	0.48	0.25	0.45	0.43	0.25

Table 6. Cont.

Climate Scenarios	K_c adjusted							
	Crop Periods							
	A–B	B–C	C–D	D–E	E–F	F–G	G–H	H–I
RCP8.5 (2011–2040)	0.60	0.55	0.48	0.40	0.25	0.40	0.55	0.38
RCP8.5 (2041–2070)	0.60	0.55	0.48	0.45	0.28	0.48	0.50	0.33
RCP8.5 (2071–2100)	0.60	0.55	0.48	0.40	0.33	0.48	0.55	0.38

Crop growth stages: A—the beginning of the cycle, B—the last phase of blossom, C—full flowering, D—the first phase of the fruit development, E—fruit set, F—the peak of oil accumulation, G—the end of the peak of oil accumulation, H—the end of pit hardening and I—fruit ripening/harvest.

The highest values of adjusted K_c occurred until the full flowering stage and again in periods F–G and G–H, which correspond from the peak of oil accumulation until the end of pit hardening, which is a period when the olive grove is very sensitive to water shortage. On the other hand, the lowest adjusted K_c values corresponded to period E–F, when summer dormancy occurs and the olive tree is highly resistant to water stress [49,59–63]. The CIR projected to the CC scenarios considering the DIM adaption measure is shown in Figure 6.

Figure 6. Box plots of crop irrigation requirements (mm), for the climate scenarios under deficit irrigation management (DIM). a–d letters indicate significant statistical differences at $p = 0.05$.

Figure 6 shows that the CIR increased in the CC scenarios within the DIM option. The average annual net irrigation requirements for the DIM adaptation measure were 154.9 mm for the reference period (1971–2000), and 178.9 mm for RCP4.5 and 193.2 mm for RCP8.5 for the period 2071–2100 (Table 7). After comparing these CIR values to those obtained for the reference period (1971–2000) for the CIM adaptation measure (199.9 mm), regulated deficit irrigation proved to be effective at reducing the CC impacts on CIR. The ANOVA one-way analysis showed for the DIM option that CIR were significantly different for all scenarios compared to the reference scenario, with the exception of RCP4.5 (2011–2040) and RCP4.5 (2041–2070), at a significance level of 0.05. In the water scarcity scenario (DIM), the applied irrigation volume was reduced, especially between July and August, before maturation in period E–F. According to several authors [49,59–62], reductions in the applied irrigation depths at this stage did not significantly reduce fruit production and may even have contributed to improved olive oil quality. The water saved by adopting DIM represented on average about 53.2 mm in scenario RCP4.5 and 69.5 mm in RCP8.5 (2071–2100) compared to CIM.

Table 7. Average seasonal crop irrigation requirements and respective variations, relative to the reference period considering the current irrigation strategy, for each CC scenario and adaptation measure.

Climate Scenarios						
Reference 1971–2000	2011–2040	RCP4.5 2041–2070	2071–2100	2011–2040	RCP8.5 2041–2070	2071–2100
Adaptation Measure—CIM						
CIR (mm)	199.9	219.2	235.4	225.4	244.2	262.7
ΔCIR (%)	–	9.6%	17.7%	12.8%	22.1%	31.4%
Adaptation Measure—DIM						
CIR (mm)	154.9	156.8	163.6	174.1	190.9	193.2
ΔCIR (%)	–23%	–22%	–18%	–13%	–5%	–3%

The CC impacts on the CIR, expressed as a percentage of variation between the reference scenario (present conditions) and future CC scenarios under the two adaptation measures (CIM and DIM) are summarized in Table 7. It shows that DIM can reduce irrigation water consumption by –22 to –11% in RCP4.5 and –13 to –3% in RCP8.5.

Contrary to what is projected for annual crops where an increase in net irrigation requirements is expected, when the current crop growing season is maintained [9], for the olive crop, being a permanent crop well adapted to the Mediterranean region [52], with the capacity to tolerate water stress, the CIR can be reduced by adopting regulated deficit irrigation strategies even if the irrigation season is lengthened because the phenological stages start earlier. In fact, the CC impacts simulations showed that there is a considerable margin to adjust irrigation water consumption to the expected reduction in water availability, thereby maintaining crop production in this region in the future. Therefore, it is verified that the CC impacts on super-intensive olive production will depend to a large extent on the farmers' capacity to adapt.

4. Conclusions

In this study, an assessment of climate change impacts on the irrigation requirements of a super-high-density olive orchard in the Alentejo region was performed, and an adaptation measure based on regulated deficit irrigation was proposed and evaluated.

The climate change scenarios data projected an average temperature increase for the Alentejo region until 2100 of 1.9 °C in the RCP4.5 scenario and 3.8 °C in the RCP8.5 compared to the reference scenario (1971–2000). Due to a predicted increase in average air temperature, an average increase in reference evapotranspiration of 6.6% in the RCP4.5 scenario and 13.5% in RCP8.5 was projected. A reduction in average annual precipitation was also projected at the end of the century: –8.3% for the RCP4.5 scenario and –22.4% for RCP8.5. These climate changes point to an increase in the crop irrigation requirements associated with less water availability.

The results projected that until 2100, the full flowering date will be earlier between 16 days on average for RCP4.5 and 29 days for RCP8.5, which means that olive trees blooms in the Alentejo region will occur more frequently in early May. For the CC scenarios, the earlier full flowering combined with the marked reduction in precipitation in April and May will lead to an earlier start of the irrigation season. Regarding this earlier bloom date and the more rapid accumulation of thermal time, it would seem important to study in the future the impacts on super-intensive olive orchards regarding cold accumulation.

The projected CC will lead to an increase in the CIR; however olive orchards, unlike other crops, can withstand pronounced deficit irrigation strategies. Maintaining current irrigation management practices will lead to an average increase in the CIR of 16% (RCP4.5) to 31% (RCP8.5) until the end of the century. Adopting higher levels of water deficit, in less sensitive periods, water savings between –11% (RCP4.5) and –3% (RCP8.5) can be achieved in 2071–2100 when compared to the reference period. The results obtained show that the CIR increase due to CC can be mitigated through regulated deficit irrigation strate-

gies, making it possible to reduce CIR when compared to the reference scenario; therefore, there exists some margin for the farmers to adjust the irrigation water consumption to the expected reduction in water availability.

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