

Review

# Regeneration Approaches for Dental Pulp and Periapical Tissues with Growth Factors, Biomaterials, and Laser Irradiation

Chiaki Kitamura <sup>1,\*</sup>, Tatsuji Nishihara <sup>2</sup>, Masamichi Terashita <sup>3</sup>, Yasuhiko Tabata <sup>4</sup>, Eijiro Jimi <sup>5</sup>, Ayako Washio <sup>1</sup> and Shizu Hirata <sup>1</sup>

- Division of Pulp Biology, Operative Dentistry, and Endodontics, Department of Cariology and Periodontology, Kyushu Dental College, Manazuru 2-6-1, Kokurakita, Kitakyushu 803-8580, Japan; E-Mails: ayacchi@kyu-dent.ac.jp (A.W.); r07hirata@fa.kyu-dent.ac.jp (S.H.)
- Division of Infections and Molecular Biology, Department of Health Promotion, Kyushu Dental College, Manazuru 2-6-1, Kokurakita, Kitakyushu 803-8580, Japan; E-Mail: tatsujin@kyu-dent.ac.jp (T.N.)
- Division of Comprehensive Dentistry, Department of Clinical Communication and Practice, Kyushu Dental College, Manazuru 2-6-1, Kokurakita, Kitakyushu 803-8580, Japan; E-Mail: tera-m@kyu-dent.ac.jp (M.T.)
- Department of Biomaterials, Institute for Frontier Medical Sciences, Kyoto University, 53 Kawara-cho, Shogoin, Sakyo-ku, Kyoto 606-8507, Japan; E-Mail: yasuhiko@frontier.kyoto-u.ac.jp (Y.T.)
- Division of Molecular Signaling and Biochemistry, Department of Biosciences, Kyushu Dental College, Manazuru 2-6-1, Kokurakita, Kitakyushu 803-8580, Japan; E-Mail: ejimi@kyu-dent.ac.jp (E.J.)
- \* Author to whom correspondence should be addressed; E-Mail: chi-aki-k@kyu-dent.ac.jp; Tel.: +81-93-582-1131; Fax: +81-93-581-5399.

Received: 4 August 2011; in revised form: 26 September 2011 / Accepted: 11 October 2011 / Published: 12 October 2011

**Abstract:** In current dental practice, restorative and endodontic procedures have been developed in an attempt to preserve the vitality of dental pulp after exposure to external stimuli such as caries infection. When damage to dental pulp is reversible, pulp wound healing can proceed, whereas irreversible damage induces pathological changes in dental pulp, eventually requiring its removal. Furthermore, dentists sometimes extract non-vital teeth because of severe caries progression, critical size of periapical lesion, and tooth fracture. To overcome the limitations of presently available therapies, it is important to

develop regeneration therapy for dental pulp and periapical tissues. In this review, we focus on the regeneration of dental pulp and periapical tissues by application of exogenous growth factors and scaffolds, as well as low-intensity laser irradiation as an auxiliary therapy for regeneration therapy.

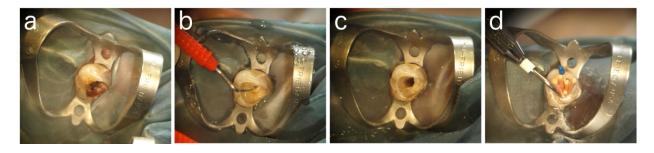
**Keywords:** dental pulp regeneration; regeneration of bone defects; FGF2; gelatin hydrogels; laser irradiation

#### 1. Introduction

One of the universal facts for dentists is that preservation and maintenance of dental pulp viability are essential to avoid tooth loss. Dental pulp is sometimes affected by external stimuli such as caries infection or traumatic injury. In current dental practice, when dentists find a deep dental caries with vital and reversible dental pulp, they remove infected enamel and dentin, and carry out restorative procedures with pulp capping or pulpotomy. Pulp capping and pulpotomy with biomaterials such as calcium hydroxide are accepted as effective procedures to induce pulp wound healing, including some processes such as apoptosis of odontoblasts and dental pulp cells in the initial phase, followed by reactionary and reparative dentinogenesis in the late phase [1-5]. Reactionary dentin is formed by surviving odontoblasts, and reparative dentin is formed by odontoblast-like cells differentiated from dental pulp stem cells or residual dental pulp [6-8].

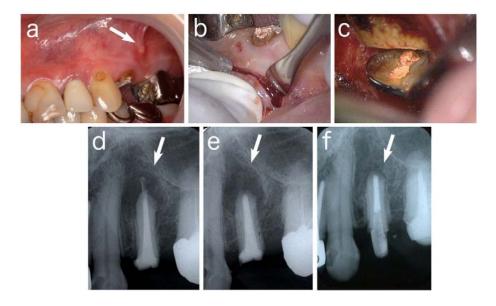
When dentists find a severe defect with a critical size of the resultant exposure of dental pulp, there are no effective treatments to preserve the viability of dental pulp from the irreversible damage, and dentists carry out endodontic procedures including complete removal of dental pulp (pulpectomy), irrigation of the root canal mechanically and chemically to regulate inflammatory responses of apical area of the periodontal ligament, and fill the root canal with biomaterials such as a gutta-percha to prevent re-infection by bacteria (Figure 1).

**Figure 1.** (a) Before pulpectomy of left maxillary canine; (b) Dental pulp exposure after removal of infected dentin; (c) Root canal after preparation and irrigation; (d) Root canal filling.



Furthermore, persistent periapical lesion at a treated tooth sometimes occurs because of its complicated anatomical structure or inadequate treatment by dentists. Dentists carry out endodontic surgery such as apicectomy to induce wound healing and regeneration of periapical tissues (Figure 2).

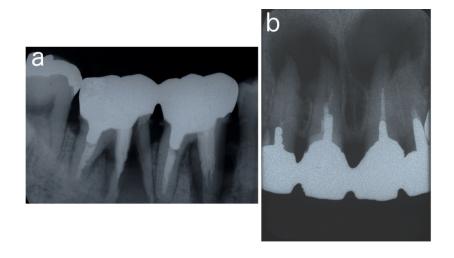
**Figure 2.** (a) Fistula formed at buccal site of left maxillary first premolar; (b) Incision for apicectomy; (c) After removal of root apex and infected granulation tissue; (d) Radiophotograph of (a). Periapical lesion (arrow) was observed; (e) After apicectomy. Bone defect (arrow) was observed; (f) Three months after surgery. Bone formation (arrow) was observed.



However, a tooth without vital dental pulp has lost its defensive ability, which is often followed by severe damage such as progression of deep radicular caries or tooth facture, resulting in the extraction of the tooth to preserve further expansion of the uncontrollable infection (Figure 3). It is reported that the success rate of endodontic retreatment is lower than that of initial treatment [9-12].

To overcome these limitations in the available therapy to preserve a functional tooth in the present dentistry, it is important to develop regeneration therapy for dental pulp and periapical tissues.

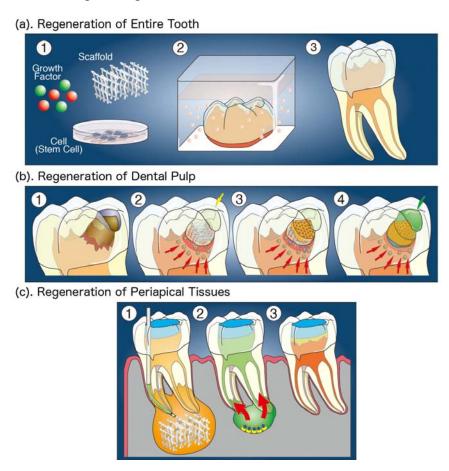
Figure 3. (a) Root fracture of right mandibular second molar; (b) Critical size of periapical lesion of maxillary incisors.



### 2. Strategies for Local Regeneration of Dental Pulp and Periapical Tissues

It is well known that essential three factors to achieve tissue engineering are stem cells, growth factors, and scaffolds [13]. Stem cells, which are supplied from tissues around or outside of the target area, differentiate into specific cells to regenerate tissue defects. Growth factors such as bone morphogenetic proteins (BMPs) and fibroblast growth factors (FGFs), which are mainly supplied from outside of the target, induce proliferation and differentiation of stem cells. Scaffolds with properties of extracellular matrix temporally support structures for cell growth, differentiation, and tissue formation. In research for tissue regeneration of dental pulp and periapical tissues, these three factors are appropriately combined and applied to the target area.

**Figure 4.** Schemes of strategies for the regeneration therapy of dental pulp and periapical tissues. (a) Regeneration of the entire tooth. In the strategy, a tooth germ is regenerated by growth factors, scaffolds, and stem cells in organ culture; (b) Regeneration of dental pulp and dentin. This strategy is further classified into two ways. One is the regeneration by the combination of supplied tissue engineering factors including growth factors, scaffolds, and stem cells. The other is the regeneration by supplied growth factors and scaffolds, and stem or progenitor cells are induced from residual tissues; (c) Regeneration of periapical tissues by the combination of tissue engineering factors with external stimulation such as laser irradiation.



Strategies to develop the regeneration therapy of dental pulp and periapical tissues are usually classified into two types. One is the regeneration of the entire tooth, and the other is the local

regeneration of dental pulp and periapical tissues from residual tissues around defect area. Furthermore, the local regeneration is classified into three types as follows (Figure 4); (1) Regeneration in which three factors are supplied from outside; (2) Regeneration in which growth factors and scaffolds are supplied from outside, while stem or progenitor cells are induced from the residual tissues; and (3) Regeneration by outside stimulation such as laser irradiation.

## 2.1. Strategy 1: Regeneration of Entire Tooth

Organ replacement therapy to a defective body part is one of important research area in medicine. Organ Technologies plans to develop many basic technologies that will create three-dimensional organs for the future organ replacement regenerative medicine. There are many research challenges such as how cells should be manipulated for three-dimensional reconstruction, what types of cells should be used, and how the organ size should be controlled.

Regeneration of the entire tooth is accepted as a model of organ replacement and regeneration therapy. Recently, it was reported that tooth germs can be bioengineered using a three-dimensional organ-germ culture method, in which dental epithelial and mesenchymal cells isolated from tooth germs were cultured in three-dimensional scaffolds for the replacement therapy. Scaffolds used in the research are synthetic polymers such as poly(lactide-co-glycolide) (PLGA) and bioceramics such as hydroxyapatite, tricalcium phosphate and calcium carbonate hydroxyapatite [14-21]. It was also reported that bioengineered teeth were generated from three-dimensionally arranged dental epithelial and mesenchymal cells in collagen gels by *in vitro* cell aggregate and manipulation methods, and that the bioengineered tooth germs generated a structurally correct tooth showing penetration of blood vessels and nerve fibers were transplanted into mouse maxilla, resulting in a successful fully functioning tooth replacement [22-25]. These bioengineered teeth, however, were reconstructed from dental epithelial and mesenchymal cells. Further research will be needed to regenerate the entire tooth from other cell sources such as induced pluripotent stem cells.

## 2.2. Strategy 2: Local Regeneration of Dental Pulp from Residual Tissue

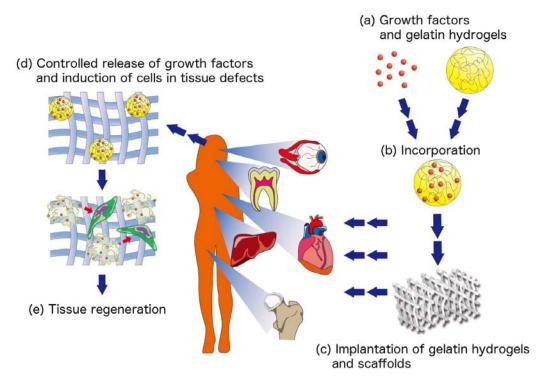
Regeneration of dental pulp from residual dental pulp has mainly been challenged by researchers who are engaged in clinical practice. Several lines of studies have reported the use of applications of bioactive molecules such as BMPs and recombinant fusion ameloblastin to exposed dental pulp [26-28]. However, the application of bioactive molecules without scaffolds onto the exposure site of dental pulp only induces reparative dentin formation toward residual dental pulp underneath the defect area. The results of the challenge are the same as those provided by conventional therapy such as pulp capping.

Induction of dental pulp proliferation and newly regenerated dentin in a defect is essential for local regeneration of a tooth. Many researchers are trying to induce the formation of new dentin by odontoblast-like cells that are differentiated from newly proliferating dental pulp. Several papers have demonstrated the local regeneration of dental pulp and dentin by different methods. It was reported that the combination of BMP4 with dentin powder induced dentinogenesis in a cavity with pulp exposure [29], and that ultrasound-mediated gene delivery of growth factors such as growth/differentiation factor 11 (GDF11)/BMP11 into dental pulp stem cells by *in vivo* sonoporation

induced reparative dentinogenesis [30-32]. In this research, stem or progenitor cells were induced from residual pulp through the exposure site at the bottom of the cavity. It was also indicated that the *ex vivo* gene therapy by the transplantation of pulp stem/progenitor cells transfected with some growth factors such as GDF11/BMP11 stimulated reparative dentinogenesis [33-36].

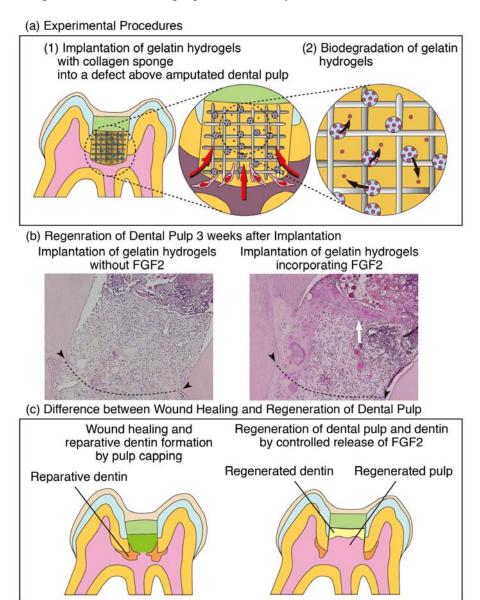
Recently, FGF2 has been applied with gelatin hydrogels and collagen sponge to develop the regeneration therapy of dental pulp. FGF2 is known to play a role in both physiological and pathological conditions [37-39]. Gelatin hydrogels were used as a carrier of FGF2. It was previously demonstrated that biologically active FGF2 was gradually released into target are of a tissue defect by *in vivo* biodegradation of gelatin hydrogels that incorporated FGF2 [40-43] (Figure 5).

**Figure 5.** Scheme for controlled release of growth factors from gelatin hydrogels. (**a,b**) Preparation of gelatin hydrogels incorporating growth factors. Growth factors are impregnated into gelatin hydrogels through immersion of gelatin hydrogels into solution of growth factors; (**c**) Implantation of gelatin hydrogels incorporating growth factors with scaffolds such as collagen sponge into a tissue defect area; (**d,e**) In the defect area, growth factors are gradually released from gelatin hydrogels through the biodegradation of gelatin hydrogels by collagenase or gelatinase. This controlled release of growth factors induces stem or progenitor cells into the scaffold, resulting in the regeneration of tissue into target area.



We implanted free FGF2 or gelatin hydrogels incorporating FGF2 with collagen sponge into dentin defects above amputated pulp, and found that a non-controlled release of free FGF2 only accelerated reparative dentin formation in the residual dental pulp, whereas a controlled release of an appropriate dosage of FGF2 from gelatin hydrogels induced the formation of the dentinal bridge-like osteodentin on the surface of the regenerated dental pulp in the defect (Figure 6). These results suggest that our method is different from the conventional therapy that induces reparative dentinogenesis toward the residual pulp [44,45], and show the possibility of local regeneration of dental pulp.

**Figure 6.** (a) Experimental procedures; (b) Regeneration of dental pulp and dentin by controlled release of FGF2 from gelatin hydrogels. Regenerative Dentin (arrow) on the surface of regenerated pulp was observed. Arrowhead and dotted line; amputated line of dental pulp; (c) Difference between wound healing and reparative dentin formation by pulp capping and regeneration of dental pulp and dentin by controlled release of FGF2.



Periapical tissues are also the source for stem or progenitor cells when root formation is not completed. It was demonstrated that stem cells exist in the apical areas of developing teeth in which root formation is not complete. Moreover, in studies on the local regeneration of dental pulp from periapical tissues, the induction of tissue regeneration from these stem cells has been attempted. It is suggested that the existence of a new population of mesenchymal stem cells residing in the apical papilla (SCAPs) of incompletely developed teeth, and these cells have the ability to differentiate into odontoblast-like cells [46-48]. SCAPs play important roles in continued root formation, and have been suggested to participate in pulp wound healing and regeneration. It is also known that bone marrow-derived mesenchymal stem cells (BMMSCs) have multipotent abilities to differentiate into

several cell types and undergo osteogenic differentiation. Periapical tissues include periodontal ligament, and bone marrow, which is the source of BMMSCs [49-54]. Localization of SCAPs and BMMSCs in the apical area indicate the possibility of the induction of these stem cells for local regeneration of dental pulp.

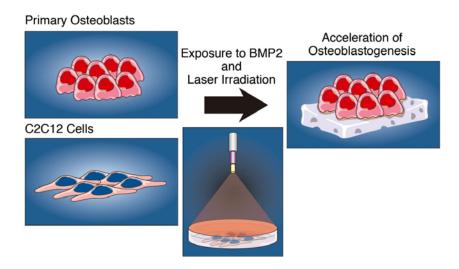
## 2.3. Strategy 3: Regeneration by Laser Irradiation

Effects of laser irradiation on tissue and organs are widely investigated. In dentistry, a variety of lasers such as helium-neon laser, erbium-doped: yttrium, aluminum, and garnet laser, gallium-aluminum-arsenium (Ga-Al-As) laser, and carbon dioxide laser, are used in clinic and research. Many researchers in dentistry are interested in clarifying effects of low intensity laser therapy (LILT) on wound healing or regeneration of defects occurring in tissues such as bone, dental pulp, and mucosa. It has been shown that LILT offers numerous benefits in clinical practice, including pain relief [55], regeneration of severed nerves [56,57], anti-inflammation [58,59], and wound healing [60,61]. Tissue change occurred in the defect area by LILT is called 'wound healing,' 'tissue repair', or 'regeneration'. Terms 'wound healing' or 'tissue repair' are used when LILT is singly applied, while a term 'regeneration' is used when LILT is applied with tissue engineering factors such as growth factors or scaffolds.

Several lines of studies reported effects of LILT on wound healing of dental pulp [62-65]. They analyzed histological change of exposed dental pulp, and indicated that LILT accelerated wound healing of dental pulp and the induction of reparative dentin. Reparative dentin is formed in residual dental pulp, not in the dentin defect area. At the time of writing, no report has yet been made about dental pulp regeneration by LILT.

The application of LILT on bone regeneration has been well studied. Effects of LILT on bone wound healing remain inconclusive [66-70]. In contrast, several lines of studies reported that the combination of LILT with growth factors or biomaterials accelerates osteoblast differentiation and bone regeneration. It has been indicated that the combination of LILT with graft of autologous bone or inorganic bovine bone [71-74], enamel matrix derivative [75], and BMPs [76-78] accelerated bone regeneration, compared with LILT alone or biomaterials alone. Recently, we examined effects of LILT by Ga-Al-As laser on BMP2 induced osteoblastogenesis [79], and found that low intensity laser irradiation accelerated BMP2-induced transcription factors such as Id1, Osterix, and Runx2, expressions of type I collagen, osteonectin, and osteocalcin mRNA, markers of osteoblasts, and activation of Smad1/5/8 as well as alkaline phosphatase, in C2C12 myoblast cells that differentiate into osteoblasts by exposure to BMP2. Furthermore, this enhancement of BMP2-induced ALP activity and Smad phosphorylation by laser irradiation was also observed in primary osteoblasts, suggesting that low intensity laser irradiation accelerates the BMP2-induced differentiation of osteoblasts by stimulating the BMP/Smad signaling pathway (Figure 7). Taken together, LILT may be useful as an auxiliary therapy for regeneration of dental pulp and periapical tissues.

**Figure 7.** Effects of low intensity laser therapy (LILT) on BMP2-induced osteoblastogenesis. Low intensity irradiation of garnet laser, gallium-aluminum-arsenium (Ga-Al-As) laser accelerated osteoblastogenesis of BMP2-exposed C2C12 cells and primary osteoblasts.



### 3. Hyaluronic Acid Sponge, a Biomaterial as a Scaffold for Regeneration of Dental Pulp

## 3.1. Biomaterials as Scaffolds for Regeneration of Dental Pulp and Bone

For successful tissue regeneration, the selection of appropriate scaffolds is an important step. It is well known that essential properties of scaffolds are mechanical properties such as porous three-dimension structure and mechanical strength, as well as biological properties such as biocompatibility and biodegradation [80]. The following biomaterials are utilized for present research of tissue regeneration therapy; polyethylene terephthalate, poly(L-lactide-*co*-D, L lactide), polylactic acid, polyglycolic acid, PLGA, polyvinyl alcohol, collagen, hyaluronic acid, hydroxyapatite, tricalcium phosphate, silk fibroin, bioactive glasses, and ceramic materials [81]. One of the naturally derived scaffolds, collagen sponge, has been found to be well suited to the regeneration of bone defects [82-84].

In our research about local regeneration of dental pulp by controlled release of FGF2, we used collagen sponge as a scaffold. However, *in vivo* and *in vitro* comparisons of suitable three-dimensional scaffold for the regeneration of dental pulp have only been investigated in the subcutaneous implantation of dental pulp stem cell line-seeding sponges in nude mice, not in dental pulp.

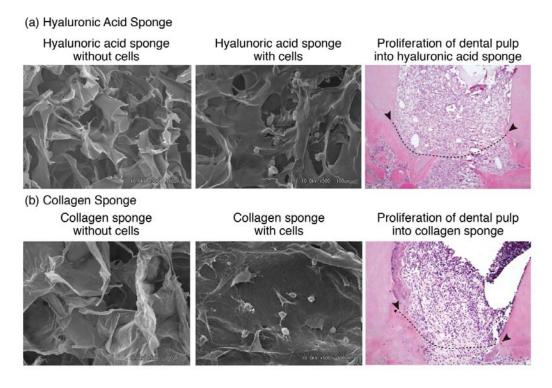
## 3.2. Hyaluronic Acid Sponge for Dental Pulp

Hyaluronic acid (HA) is one of glycosaminoglycans in extracellular matrix and plays important roles in maintaining morphologic organization by preserving extracellular spaces, and has been reported to have excellent potential for tissue engineering [85-89]. It was reported that HA shows important roles in some biological processes, including inhibition of inflammation and pain, and differentiation of osteoblastic and osteoclastic cells [90-92]. In addition, some researchers have reported that intra-articular HA treatment for patients with osteoarthritic knees reduced painful symptoms and improved joint mobility [93,94]. Dental pulp is a type of connective tissue, and contains

large amounts of glycosaminoglycans [95,96]. Previously, the contribution of HA to the initial development of dentin matrix and dental pulp [97], *in vivo* application of HA gels on the wound healing processes of dental pulp, and the application of gelatin-chondroitin-hyaluronan tri-copolymer scaffold to dental bud cells were reported [98,99].

Recently, we examined the *in vitro* and *in vivo* compatibility of HA sponge for regeneration of dental pulp by comparison of HA sponge with collagen sponge. We used KN-3 cells, which were established from rat dental pulp, have odontoblastic properties such as high alkaline phosphatase activity and calcification ability [100]. *In vitro* results showed that KN-3 cells adhered to HA sponge, as seen in collagen sponge. *In vivo* results, following implantation of both sponges in dentin defect areas, showed that dental pulp proliferation and invasion of vessels into both sponges were well induced from amputated dental pulp, suggesting that HA sponge has an ability to sustain dental pulp tissue regenerated from residual amputated dental pulp. Furthermore, we found that the inflammatory responses of KN-3 cells and the amputated dental pulp to HA sponge were lower than those against collagen sponge, suggesting that HA sponge has biocompatibility and biodegradation characteristics as well as an appropriate structure to make it suitable for dental pulp regeneration [101] (Figure 8).

**Figure 8.** (a) Effects of hyaluronic acid sponge on KN-3 cells and amputated dental pulp; (b) Effects of collagen sponge on KN-3 cells and amputated dental pulp. Arrowheads and dotted line; amputated line of dental pulp.



We also examined the effects of HA gel on neuronal differentiation of PC12 pheochromocytoma cells, which respond to nerve growth factor (NGF) by extending neurites and exhibit a variety of properties of adrenal medullary chromaffin cells. We found the inhibition of NGF-induced neuronal differentiation of PC12 cells by HA via inhibition of ERK and p38 MAPK activation, caused by the interaction of hyaluronic acid to its receptor, RHAMM [102].

Our results indicated that HA sponge is useful for local regeneration of dental pulp, whereas HA gel inhibits the differentiation or neurite outgrowth of neurons. *In vivo*, our results showed that HA sponge is gradually biodegraded during the regeneration processes, leaving soluble HA in the regenerated dental pulp. The biological and physiological behaviors of HA throughout regeneration of dental pulp should be clarified.

#### 4. Conclusion

Throughout this review, we discussed local regeneration therapy of dental pulp with dentin and periapical tissues. Except for some studies, growth factors and scaffolds are exogenously supplied as biomaterials, while the sources of stem or progenitor cells are dependent on the residual tissues. For these local regeneration therapies of dental pulp and periapical tissues, controls of infection and inflammatory responses are critical points to preserve the vitality of residual tissues. To achieve complete infection control, the development of anti-microbial dental materials with an ability to seal the defect area is important. The resin bonding system with composite resin is commonly used as one of materials showing favorable adhesion to enamel and dentin, and there are some reports about anti-microbial composite resin [103-105], which may inhibit further bacterial invasion after tissue regeneration of dental pulp and periapical tissues. Regarding the control of inflammatory responses, it has been reported that the available clinical data supporting the efficacy of BMP2 in clinical trial are not all robust [82,106,107], and inflammation at the target site may be one of the inhibitors against BMP2 induced tissue regeneration. It is important to develop exogenous supplementation of anti-inflammatory molecules, as well as an accurate method for assessing the vitality of the residual dental pulp.

#### Acknowledgements

This review was supported by Grants in Aid for Scientific Research (C.K., T.N., E.J.) from The Ministry of Education, Science, and Culture of Japan, Tokyo, Japan.

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