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# Morphologically Tunable MnO<sub>2</sub> Nanoparticles Fabrication, Modelling and Their Influences on Electrochemical Sensing Performance toward Dopamine

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Abstract: The morphology or shape of nanomaterials plays an important role in functional applications, especially in the electrochemical sensing performance of nanocomposites modified electrodes. Herein, the morphology-dependent electrochemical sensing properties of MnO<sub>2</sub>-reduced graphene oxide/glass carbon electrode (MnO<sub>2</sub>-RGO/GCE) toward dopamine detection were investigated. Firstly, various morphologies of nanoscale MnO<sub>2</sub>, including MnO<sub>2</sub> nanowires (MnO<sub>2</sub> NWs), MnO<sub>2</sub> nanorods (MnO<sub>2</sub> NRs), and MnO<sub>2</sub> nanotubes (MnO<sub>2</sub> NTs), were synthesized under different hydrothermal conditions. Then the corresponding MnO<sub>2</sub>-RGO/GCEs were fabricated via drop-casting and the subsequent electrochemical reduction method. The oxidation peak currents increase with the electrochemical activity area following the order of MnO<sub>2</sub> NWs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE, and MnO<sub>2</sub> NRs-RGO/GCE. The spatial models for MnO<sub>2</sub> NWs, MnO<sub>2</sub> NTs, and  $MnO_2$  NRs are established and accordingly compared by their specific surface area, explaining well the evident difference in electrochemical responses. Therefore, the MnO<sub>2</sub> NWs-RGO/GCE is selected for dopamine detection due to its better electrochemical sensing performance. The response peak current is found to be linear with dopamine concentration in the range of  $8.0 \times 10^{-8}$ mol/L-1.0  $\times$  10<sup>-6</sup> mol/L and 1.0  $\times$  10<sup>-6</sup> mol/L-8.0  $\times$  10<sup>-5</sup> mol/L with a lower detection limit of  $1 \times 10^{-9}$  mol/L (S/N = 3). Finally, MnO<sub>2</sub> NWs-RGO/GCE is successfully used for the determination of dopamine injection samples, with a recovery of 99.6–103%. These findings are of great significance for understanding the relationship between unlimited nanoparticle structure manipulation and performance improvement.

**Keywords:** MnO<sub>2</sub> nanomaterials; morphology-dependence; reduced graphene oxide; dopamine; electrochemical sensor

## 1. Introduction

Dopamine is an important neurotransmitter that plays a vital role in the regulation of cognitive and neuroendocrine functions, as well as emotions and sleep [1]. An abnormal level of dopamine may cause several central nervous system diseases such as depression, anxiety, schizophrenia, and



Parkinson's disease [2–5]. Therefore, it is of great significance to detect dopamine accurately at a physiological level in the earlier prevention and clinical diagnosis of these neurological diseases. To date, various techniques have been developed to detect dopamine, including but not limited to high performance liquid chromatography [6], mass spectrometry, fluorescent spectrometry [7], capillary electrophoresis [8,9], and electrochemiluminescence [10,11]. Despite being reliable and precise, these methods often suffer from drawbacks such as expensive instruments, complex and time-consuming analytical procedures, and the requirement of experienced technical staff. Recently, electrochemical methods have been widely applied to detect biomolecules, contaminants, and food additives, due to overwhelming advantages including cost- and time- effectiveness, rapidness and simplicity, as well as good selectivity and sensitivity. The key issue to electroanalytical chemistry lies in the development of ultrasensitive modified electrodes. Precious metal nanoparticles and nanoalloys modified electrodes have exhibited superior sensing performances (i.e., wide linear ranges, low detection limit, good stability and selectivity) [12–14], but their scarcity and cost has limited

practical applications. To solve this problem, various transition metals or metal oxides modified

electrodes have become ideal alternative modification materials [15–18].  $MnO_2$ , an important transition metal oxide, has been extensively used in rechargeable batteries [19], supercapacitors [20,21], electrocatalysis [22,23], and sensors [24–28], owing to its prominent advantages such as cheapness, low toxicity, and excellent electrocatalytic performances. Moreover, the electrochemical performance can be tailored by tuning the morphologies of nano-MnO<sub>2</sub> [25]. However, the poor electrical conductivity has hindered its broad applications in electrochemical sensors, due to the semiconductor property of itself [26]. Hence, much effort has been devoted to composite or hybrid nano-MnO<sub>2</sub> with conductive components, aiming to enhance electrical conductivity, decrease charge transfer resistance, and eventually improve sensing performances [20,21,29]. Graphene, an emerging 2D carbon nanomaterial, has become one of the most preferred electrode modification materials due to its large surface area, high electrical conductivity, and rapid heterogeneous electron transfer rate [27,30,31]. In recent years, MnO<sub>2</sub>-graphene nanocomposite modified electrodes have been widespread in electrochemical sensors. For example, Wu and co-workers developed a non-enzymatically catalyzed  $H_2O_2$  sensor based on a  $MnO_2$ /reduced graphene oxide nanoribbons composite modified electrode, which exhibits excellent electrochemical performance and high precision, as well as good selectivity, reproducibility, and stability [26]. Mahmoudian et al. constructed a H<sub>2</sub>O<sub>2</sub> sensor based on MnO<sub>2</sub> nanotubes/reduced graphene oxide nanocomposite modified glassy carbon electrode, and the charge transfer resistance reduced significantly [24].  $\alpha$ -MnO<sub>2</sub> nanorods/reduced graphene oxide modified glassy carbon electrodes have been used to detect uric acid with satisfactory results, even in the presence of large amounts of ascorbic acid [32]. In addition, MnO<sub>2</sub> nanowire/chitosan modified gold electrodes [28] and Pt nanodendrites/graphene/MnO<sub>2</sub> nanoflower modified electrodes [33] have also been successfully used for the detection of dopamine, but precious metal (i.e., Au, Pt) components are very expensive. To our best knowledge, MnO2-graphene binary composite modified electrodes for dopamine detection is rarely reported.

The morphology or shape of nanomaterials play a vital role in the electrochemical sensing performance of modified electrodes. For example, the surface adsorption is tuned via controlled preparation of various shapes of hematite  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> (shuttle-like, pseudo-shuttle-like, polyhedron-like, and drum-like  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub>), and shuttle-like Fe<sub>2</sub>O<sub>3</sub> exhibits better electrochemical detection ability than other shapes of Fe<sub>2</sub>O<sub>3</sub> nanoparticles [34]. Various morphologies of manganese dioxide (MnO<sub>2</sub>) electrocatalysts, including nanoflowers, nanorods, nanotubes, nanoplates, nanowires, and microspheres were prepared via facile hydrothermal synthesis and precipitation methods, and their electrochemical properties were found to be strongly dependent on the morphology [35]. Among these various morphologies, the nanoflowers-like MnO<sub>2</sub>, coupled with GO, exhibited relatively high sensitivity toward the simultaneous determination of guaiacol and vanillin [35]. However, the effect

of different morphologies of nano-MnO<sub>2</sub> on the dopamine detection is not yet clear. Thus, it is well worth further investigation.

Herein, three different morphologies of nano-MnO<sub>2</sub>, including nanowires (MnO<sub>2</sub> NWs), MnO<sub>2</sub> nanorods (MnO<sub>2</sub> NRs), and MnO<sub>2</sub> nanotubes (MnO<sub>2</sub> NTs), were prepared by hydrothermal method firstly, then composited with graphene oxide (GO) to obtain nano- $MnO_2$  counterparts. The MnO<sub>2</sub>-reduced graphene oxide modified glass carbon electrode (MnO<sub>2</sub>-RGO/GCE) was prepared by drop-casting MnO<sub>2</sub>-GO dispersion on the surface of GCE and subsequently an electrochemical reduction process [36–38]. The response peak currents were measured by second-order derivative linear sweep voltammetry in dopamine solution. The corresponding peak current densities were estimated by dividing by their electrochemical active area, which was obtained from the cyclic voltammograms using  $[Fe(CN)_6]^{3-/4-}$  as redox probe. The response peak currents and peak current densities among three various morphologies of MnO<sub>2</sub>-RGO/GCE have been compared to find out the main factors on the enhancement of electrochemical response. The response peak current is supposed to be proportional to the surface area of the modified electrode, because of the presence of an adsorption-controlled process during electrochemical oxidation of dopamine [34,37–41]. Based on the hypothesis, spatial models for three various morphologies of nano-MnO<sub>2</sub> were established to compare their specific surface area, and find the main factors on the specific surface area. Finally, the MnO<sub>2</sub>-RGO/GCE with the largest response peak current was chosen to detect dopamine in real samples.

#### 2. Results

## 2.1. Materials Characterization

The surface morphologies of MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, MnO<sub>2</sub> NWs and their corresponding MnO<sub>2</sub>-RGO nanocomposites were characterized by scanning electron microscopy (SEM, Hitachi S-3000N, Tokyo, Japan). The SEM images of MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NWs are shown in Figure 1A–C, respectively. MnO<sub>2</sub> NTs show distinct hollow tubular structures with uniform diameters (Figure 1B). MnO<sub>2</sub> NWs show obvious line-like structures, and the diameter is uniform (Figure 1C). It can been seen clearly that thin sheets are attached to the surface of MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NWs (Figure 1D–F) when they were composited with RGO.

The MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NWs were further characterized by X-ray diffractometer (XRD, PANalytical, Almelo, Holland), operating at 40 kV and 40 mA with Cu K $\alpha$  radiation ( $\lambda$  = 0.1542 nm). The XRD patterns of MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NWs are presented in Figure 2. All of the nano-MnO<sub>2</sub> appears with obvious diffraction peaks. These diffraction peaks are located at 2 $\theta$  of 12.78°, 17.68°, 28.28°, 37.48°, 42.36°, 49.94°, 56.34°, 60.16°, and 69.08°, indexing into (110), (200), (310), (211), (301), (411), (600), (521), and (541) facets (JSPDS44-0141), indicating that tetrahedral crystalline  $\alpha$ -MnO<sub>2</sub> was synthesized.



**Figure 1.** The scanning electron microscopy (SEM) images of MnO<sub>2</sub> nanomaterials and corresponding MnO<sub>2</sub>-reduced graphene oxide (RGO) nanocomposites. (**A**): MnO<sub>2</sub> nanorods (NRs); (**B**): MnO<sub>2</sub> nanotubes (NTs); (**C**): MnO<sub>2</sub> nanowires (NWs); (**D**): MnO<sub>2</sub> NRs/RGO; (**E**): MnO<sub>2</sub> NTs/RGO; (**F**): MnO<sub>2</sub> NWs/RGO.



Figure 2. X-ray diffraction (XRD) patterns of MnO<sub>2</sub> NWs, MnO<sub>2</sub> NRs, and MnO<sub>2</sub> NTs.

#### 2.2. Voltammetric Responses of Dopamine on the MnO<sub>2</sub>-RGO/GCEs

The second-order derivative linear sweep voltammetric (SDLSV) response of  $1 \times 10^{-5}$  mol/L dopamine on the bare GCE, RGO/GCE, MnO<sub>2</sub> NRs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE, and MnO<sub>2</sub> NWs were summarized in Table 1, respectively. The oxidation peak of dopamine on the bare GCE is very weak, and the response current is 1.396  $\mu$ A. The response peak of dopamine on the RGO/GCE is obvious and the oxidation peak current increases to 22.56  $\mu$ A, which is an order of magnitude greater than that of the bare GCE. The significant increase in the oxidation peak current is highly related to excellent electrical conductivity and large specific surface area of RGO. The electrical conductivity of RGO is enhanced greatly due to the restoration of the conductive carbon-conjugate networks, which will decrease the electron transfer resistance and accelerate the electron transfer rate. The adsorption capacity also increase due to the large specific surface area of RGO. Besides, the presence of residual oxygen containing functional groups will also promote the dopamine adsorption with the help of  $\pi$ - $\pi$  interaction. The response peak current of MnO<sub>2</sub>-RGO/GCE further increases, which is mainly due to the synergistic enhancement effect between nano-MnO<sub>2</sub> and RGO. The extra increase mainly arises from the excellent electrocatalytic performance of nano-MnO<sub>2</sub>. Among three different morphologies of nano-MnO<sub>2</sub> composited with RGO, the largest oxidation peak current is obtained at MnO<sub>2</sub> NWs-RGO/GCE, the second one on the MnO<sub>2</sub>-NTs-RGO, and the smallest one on the MnO<sub>2</sub> NRs-RGO/GCE. The variation among different morphologies depends on electrochemical active area and electrocatalytic activity per unit area.

**Table 1.** The second-order derivative linear sweep voltammetric (SDLSV) response of dopamine on the different electrodes <sup>a</sup>.

Electrodes	E <sub>pa</sub> /mV <sup>b</sup>	I <sub>pa</sub> /μA <sup>c</sup>	J <sub>pac</sub> /(µA/cm <sup>2</sup> ) <sup>d</sup>
Bare GCE	392	1.396	
RGO/GCE	444	22.56	
MnO <sub>2</sub> NRs-RGO/GCE	452	25.74	272.13
MnO <sub>2</sub> NTs-RGO/GCE	452	27.86	265.33
MnO <sub>2</sub> NWs-RGO/GCE	440	30.26	232.77

<sup>a</sup> The second-order derivative linear sweep voltammetry for the bare GCE, RGO/GCE, MnO<sub>2</sub> NRs-RGO/GCE, MnO<sub>2</sub> NRs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE and MnO<sub>2</sub> NWs were recorded in the 0.1 mol/L PBS containing  $1 \times 10^{-5}$  mol/L dopamine at 100 mV/s. <sup>b</sup>  $E_{pa}$  denotes oxidation peak current. <sup>c</sup>  $I_{pa}$  denotes oxidation peak current. <sup>d</sup>  $J_{pa}$  denotes oxidation peak current density.

#### 2.3. Electrochemical Active Area of MnO<sub>2</sub>-RGO/GCEs

In order to compare the electrochemical active area of different electrodes, the cyclic voltammograms of the MnO<sub>2</sub> NRs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE, and MnO<sub>2</sub> NWs-RGO/GCE were investigated in the 0.1 mol/L PBS solution containing  $1 \times 10^{-3}$  mol/L [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> (Figure 3). Their reduction peak currents ( $i_{pc}$ ) are 2.158 × 10<sup>-5</sup> A, 1.738 × 10<sup>-5</sup> A, and 1.375 × 10<sup>-5</sup> A, respectively. According to *Randles-Sevcik* Equation [42]

$$i_{\rm DC} = (2.69 \times 10^5) n^{3/2} D^{1/2} v^{1/2} AC \tag{1}$$

where  $i_{pc}$  is the reduction peak current of K<sub>3</sub>[Fe(CN)<sub>6</sub>] (A); *n* is the electron transfer number during the redox process; *A* is the electrochemical active area (cm<sup>2</sup>); D is diffusion coefficient of K<sub>3</sub>[Fe(CN)<sub>6</sub>] (D = 7.6 × 10<sup>-6</sup> cm<sup>2</sup>·s<sup>-1</sup> [43]); C is the concentration of K<sub>3</sub>[Fe(CN)<sub>6</sub>] (mol·cm<sup>-3</sup>); *v* is the scanning rate (V·s<sup>-1</sup>). Therefore, the electrochemical active areas of MnO<sub>2</sub> NWs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE and MnO<sub>2</sub> NRs-RGO/GCE were 0.130 cm<sup>2</sup>, 0.105 cm<sup>2</sup> and 0.0829 cm<sup>2</sup>, respectively, which are much larger than those of bare GCE ( $\Phi$ 3.0 mm, 0.0710 cm<sup>2</sup>). It means that the MnO<sub>2</sub>-RGO composite film increases the specific surface area. The electrochemical active area follows the order of MnO<sub>2</sub> NWs-RGO/GCE > MnO<sub>2</sub> NTs-RGO/GCE > MnO<sub>2</sub> NRs-RGO/GCE. The order of electrochemical active area is consistent with that of their corresponding peak current  $i_{pa}$ , confirming that the response peak current ( $i_{pa}$ ) is closely related to the electrochemical active area. The large electrochemical active area not only facilitates the accumulation of dopamine on the electrode surface, but also increases the catalytic sites on the surface of the modified electrodes.



**Figure 3.** Cyclic voltammograms of MnO<sub>2</sub> NWs-RGO/ glass carbon electrode (GCE), MnO<sub>2</sub> NRs-RGO/GCE, and MnO<sub>2</sub> NTs-RGO/GCE in  $1.0 \times 10^{-3}$  mol/L [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> probe solution (scan rate:  $0.05 \text{ V} \cdot \text{s}^{-1}$ ; supporting electrolytes: 0.1 mol/L pH 3.0 PBS).

In order to explore the effect of electrocatalytic activity on the response peak current, the peak current densities are estimated by dividing by their electrochemical area, aiming to exclude the influence of the electrochemical active area. The peak current densities ( $J_a$ ) of MnO<sub>2</sub> NWs-RGO/GCE, MnO<sub>2</sub> NRs-RGO/GCE, and MnO<sub>2</sub> NTs-RGO/GCE are listed in the fourth column in Table 1. Interestingly, the order of peak current densities is the reverse of that of the electrochemical active area, namely MnO<sub>2</sub> NRs-RGO/GCE > MnO<sub>2</sub> NTs-RGO/GCE > MnO<sub>2</sub> NWs-RGO/GCE. It implies that the response peak current is also highly related to the electrocatalytic activity. The peak current density on the MnO<sub>2</sub> NWs-RGO/GCE is smallest while the peak current is largest, suggesting the electrochemical active area plays a major role in enhancing the electrochemical response towards dopamine.

Why does there exist such an evident disparity between different morphological  $MnO_2$  nanomaterials? What is the driving force to differentiate electrochemical performances between these three types of morphology? We are trying to simulate their spatial models to deeply reveal the secrets behind them.

#### 2.4. Spatial Models for Various Morphologies of Nano-MnO<sub>2</sub>

It has been reported that MnO<sub>2</sub> is the reaction active site for the oxidation of electrochemically active species [44]. As is well known, electrocatalytic oxidation of dopamine on the surface of modified electrodes is mainly controlled by the adsorption process [34,37–41]. Hence, the response peak current can be calculated according to the *Laviron Equation* [45]:

$$i_{\rm p} = \frac{n^2 F^2 \Gamma}{4RT} A v \tag{2}$$

where  $\Gamma$  denotes surface coverage, *n* denotes the electron transfer number, *A* denotes the surface area of the electrode, *v* denotes the scan rate, and *T* denotes the Kelvin temperature. The surface coverage ( $\Gamma$ ) can be considered as a constant due to the same bulk dopamine concentration for three morphologies of MnO<sub>2</sub>.

Nanorods and nanowires are generally distinguished by their length-to-diameter (l/d) ratio [46,47]. Nanomaterials with l/d ratio of 1–10, diameter (d) less than 100 nm, and length (l) less than 1000 nm

are often defined as nanorods. Nanomaterials with l/d ratio greater than 10, d less than 100 nm, and l greater than 1000 nm are often referred as nanowires. Nanorods with a hollow structure and l/d ratio of about 1–10 are often called nanotubes. In order to investigate the specific surface area among different morphologies of nano-MnO<sub>2</sub>, cylinder models were proposed to simulate the MnO<sub>2</sub> NWs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NRs (Figure 4).



Figure 4. Spatial models for MnO<sub>2</sub> NWs (A), MnO<sub>2</sub> NTs (B), and MnO<sub>2</sub> NRs (C).

The surface area (*S*), volume (*V*) and specific surface area of cylinder (S/V) are calculated according to Equations (3)–(5):

$$S = \pi dl + \frac{\pi d^2}{2} \tag{3}$$

$$V = \frac{\pi d^2 l}{4} \tag{4}$$

$$\frac{S}{V} = \frac{\pi dl + \frac{\pi d^2}{2}}{\frac{\pi d^2 l}{4}} = \frac{4l + 2d}{dl}$$
(5)

Assuming that the MnO<sub>2</sub> NWs, MnO<sub>2</sub> NRs, and MnO<sub>2</sub> NTs are of equal volume, only their surface areas need to be compared.  $d_1$  and  $d_2$  denotes the diameter of the MnO<sub>2</sub> NWs and MnO<sub>2</sub> NRs.  $d_3$  and  $d_4$  denote the outer and inner diameter of MnO<sub>2</sub> NTs.  $l_1$ ,  $l_2$ , and  $l_3$  represents the length of MnO<sub>2</sub> NWs, MnO<sub>2</sub> NRs, and MnO<sub>2</sub> NTs, respectively.

The surface areas of  $MnO_2$  NWs ( $S_1$ ),  $MnO_2$  NRs ( $S_2$ ), and  $MnO_2$  NTs ( $S_3$ ) are calculated according to Equations (6)–(8):

$$S_1 = \pi d_1 l_1 + \frac{\pi d_1^2}{2} \tag{6}$$

$$S_2 = \pi d_2 l_2 + \frac{\pi d_2^2}{2} \tag{7}$$

$$S_3 = \pi d_3 l_3 + \frac{\pi (d_3^2 - d_4^2)}{2} + \pi d_4 l_4 \tag{8}$$

The volume (*V*) are assumed to be the same for  $MnO_2$  NWs,  $MnO_2$  NRs, and  $MnO_2$  NTs, and the volumes (*V*) are calculated as follows:

$$V = \frac{\pi d_1^2 l_1}{4} = \frac{\pi d_2^2 l_2}{4} = \frac{\pi d_3^2 l_3}{4}$$
(9)

The difference on surface areas between MnO<sub>2</sub> NWs and MnO<sub>2</sub> NRs:

$$S_1 - S_2 = \pi d_1 l_1 + \frac{\pi d_1^2}{2} - \pi d_2 l_2 - \frac{\pi d_2^2}{2}$$
(10)

According to Equation (9), the  $d_2$  can be expressed as Equation (11):

$$d_2 = \sqrt{\frac{d_1^2 l_1}{l^2}}$$
(11)

 $d_2$  in the Equation (10) is replaced with Equation (11) and Equation (10) was simplified to Equation (12).

$$S_1 - S_2 = \pi d_1 (l_1 - \sqrt{l_1 l_2}) + \frac{\pi d_1^2}{2} (1 - \frac{l_1}{l_2})$$
(12)

Obviously,  $l_2$  for nanorods is less than  $l_1$  for nanowires, we can conclude that

$$\pi d_1(l_1 - \sqrt{l_1 l_2}) > 0, \frac{\pi d_1^2}{2}(1 - \frac{l_1}{l_2}) < 0$$
 (13)

To further compare the first part and second part of Equation (12), the first part was divided by the negative of the second part,

$$\frac{\pi d_1(l_1 - \sqrt{l_1 l_2})}{-\frac{\pi d_1^2}{2}(1 - \frac{l_1}{l_2})} = \frac{2l_2(l_1 - \sqrt{l_1 l_2})}{d_1(l_1 - l_2)} = \frac{2l_2}{d_1} \cdot \frac{l_1 - \sqrt{l_1 l_2}}{l_1 - l_2}$$
(14)

From the definitions of nanorods, nanowires and nanotubes, the boundary conditions are as follows:

$$\begin{array}{l} 1 \mathrm{nm} < d_{\mathrm{i}=1,2,3} < 100 \mathrm{nm} \\ 0 \mathrm{nm} < d_4 < d_3 \\ l_1 > 1000 \mathrm{nm}; l_{i=2,3} < 1000 \mathrm{nm} \\ \frac{l_1}{d_1} > 10 > \frac{l_2}{d_2} > 1 \end{array}$$

According to Equation (9), we can infer that  $d_1 < d_2$ . Combining with the boundary conditions, we can conclude that

$$\frac{2l_2}{d_1} > \frac{2l_2}{d_2} > 2(d_2 > d_1, 1 < \frac{l_2}{d_2} < 10), \frac{l_1 - \sqrt{l_1 l_2}}{l_1 - l_2} > \frac{1}{2}(when \frac{l_1}{l_2} > 1)$$
(15)

Hence,  $\frac{\pi d_1(l_1 - \sqrt{l_1 l_2})}{-\frac{\pi d_1^2}{2}(1 - \frac{l_1}{l_2})} > 1$ , namely

$$S_1 - S_2 = \pi d_1 (l_1 - \sqrt{l_1 l_2}) + \frac{\pi d_1^2}{2} (1 - \frac{l_1}{l_2}) = \pi d_1 (l_1 - \sqrt{l_1 l_2}) - \left[-\frac{\pi d_1^2}{2} (1 - \frac{l_1}{l_2})\right] > 0$$
(16)

Hence,  $S_1 - S_2 > 0$ , meaning that the surface area of MnO<sub>2</sub> NWs ( $S_1$ ) is larger than that of MnO<sub>2</sub> NRs ( $S_2$ ) when they have the same volume. Considering that  $l_1$  and  $l_2$  is in the microscale and nanoscale,  $d_1$  and  $d_2$  are in the same order of magnitude, the influence of the length on the surface area is more significant. In other words, the difference in surface area between the MnO<sub>2</sub> NWs and the MnO<sub>2</sub> NRs mainly arise from the lateral area rather than basal areas. The surface area of MnO<sub>2</sub> NTs ( $S_3$ ) is relatively larger than that of MnO<sub>2</sub> NRs ( $S_2$ ) when they have the same volumes, due to the presence of inner surfaces in MnO<sub>2</sub> NTs. Similarly, the surface area of the MnO<sub>2</sub> NWs ( $S_1$ ) can be roughly regarded to be larger than that of the MnO<sub>2</sub> NTs ( $S_3$ ), due to  $l_1$  (microscale) being much longer than  $l_3$  (nanoscale). In summary, the specific surface area follows the sequence of MnO<sub>2</sub> NWs > MnO<sub>2</sub> NTs > MnO<sub>2</sub> NRs. Correspondingly, the order of surface areas of MnO<sub>2</sub>-RGO nanocomposites increases in

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the following order: MnO<sub>2</sub> NWs-RGO, MnO<sub>2</sub> NTs-RGO and MnO<sub>2</sub> NRs-RGO, which is consistent with the result of CV in the  $[Fe(CN)_6]^{3-/4-}$  system. According to the Laviron equation, the response peak current ( $i_{pa}$ ) is proportional to the surface area. As a result, the largest response current ( $i_{pa}$ ) is obtained on the MnO<sub>2</sub> NWs-RGO/GCE, and the smallest one on the MnO<sub>2</sub> NRs-RGO/GCE.

The diameter and length of nano-MnO<sub>2</sub> with different morphologies can be acquired from the SEM images, and their average specific surface areas were also estimated according to Equation (5) (Figure 4). The specific surface areas of MnO<sub>2</sub> NWs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NRs are 0.133 nm<sup>-1</sup>, 0.116 nm<sup>-1</sup>, and 0.0940 nm<sup>-1</sup>, respectively. It can also be inferred that the specific surface area of nano-MnO<sub>2</sub> follows the order of MnO<sub>2</sub> NWs > MnO<sub>2</sub> NTs > MnO<sub>2</sub> NRs, which is consistent with the result from the proposed spatial models. To conclude, the variation on the peak current among MnO<sub>2</sub>-RGO nanocomposites with different morphologies mainly comes from the specific surface area, dominating by lateral area. Therefore, MnO<sub>2</sub> NWs-RGO/GCE was employed to detect dopamine in subsequent experiments.

## 2.5. Electrochemical Kinetics of Dopamine on MnO<sub>2</sub> NWs-RGO/GCE

Cyclic voltammograms of  $1 \times 10^{-5}$  mol/L dopamine on the MnO<sub>2</sub> NWs-RGO/GCE were recorded at various scanning rates, and the results are shown in Figure 5A. It is observed that a pair of redox peaks appear on the MnO<sub>2</sub> NWs-RGO/GCE. With the increasing of scanning rates, the oxide peak currents shift toward a positive direction while the reduction peak currents shift negatively. In other words, the peak separation increases with the scanning speed, suggesting the electrochemical oxidation of dopamine on the MnO<sub>2</sub> NWs-RGO/GCE is a quasi-reversible process. As presented in Figure 5B, the oxidation peak currents ( $i_{pa}$ ) increase linearly with scanning rate (v), suggesting the electrochemical oxidation of dopamine is an adsorption-controlled process. This result is consistent with previous reports [34,37–41], and also favors our assumption for model simulation.



**Figure 5.** (**A**) The cyclic voltammograms of dopamine on the  $MnO_2$  NWs-RGO/GCE at different scanning rates; (**B**) Relationship between oxidation peak current ( $i_{pa}$ ) and scanning rate (v).

#### 2.6. Electrochemical Sensing Perfomances of MnO<sub>2</sub> NWs-RGO/GCE

The pH of supporting electrolytes plays an important role in the electrochemical oxidation of dopamine, so the pH dependence of the dopamine response was also investigated. As shown in Figure 6, the maximum response peak current was obtained at pH 3.0. Hence, pH 3.0 is selected for quantitative analysis. Since dopamine oxidation is an adsorption-controlled process, accumulation was often used to improve the sensitivity. The electrochemical sensing performances of MnO<sub>2</sub> NWs-RGO/GCE were investigated using second-order derivative linear sweep voltammetry, and the results have been published in *Chinese Journal of Analytic Chemistry* [48]. The MnO<sub>2</sub> NWs-RGO/GCE exhibits two linear response ranges ( $6 \times 10^{-8}$  mol/L $-1 \times 10^{-6}$  mol/L and  $1 \times 10^{-6}$  mol/L $-8 \times 10^{-5}$  mol/L) and a low detection limit (S/N = 3,  $1.0 \times 10^{-9}$  mol/L) towards dopamine detection.

A comparison of the electrochemical sensing performance between the  $MnO_2$  NWs-RGO/GCE and previous reports is summarized in Table 2. Remarkably, the detection performance of the  $MnO_2$ NWs-RGO/GCE is comparably even better than previous reports [16,28,33,49–53]. Last but not least, the linear response ranges basically overlap with the physiological level of dopamine (generally  $10^{-6}$  mol/L to  $10^{-8}$  mol/L [54]), indicating that  $MnO_2$  NWs-RGO/GCE shows great prospects for dopamine detection in various real samples such as brain fluids, blood serum, and urine. The  $MnO_2$ NWs-RGO/GCEs were successfully applied to detect dopamine in dopamine hydrochloride injection samples with a recovery rate of 99.6%~103%. Together with low cost, rapidness, and simplicity, the  $MnO_2$  NWs-RGO/GCEs are expected to detect dopamine in various real samples.



**Figure 6.** Effect of pH on the response peak current of  $1 \times 10^{-5}$  mol/L dopamine on the MnO<sub>2</sub> NWs-RGO/GCE.

**Table 2.** Comparison of the electrochemical sensing performances between the MnO<sub>2</sub> NWs-RGO/GCE and previous reports.

Electrodes	Method	Linear Range (µM)	Detection Limit (µM)	Ref.
MnO <sub>2</sub> nanowires/chitosan-modifed gold electrode	CA <sup>a</sup>	0.10-12.0	0.04	[28]
ZnO-modified carbon paste electrode	DPV <sup>b</sup>	0.1-20	0.03	[51]
Cu <sub>2</sub> O/graphene-modified glassy carbon electrode	CV <sup>c</sup>	0.3–1.4; 2–20	0.055	[16]
CuO-modified carbon paste electrode	DPV <sup>b</sup>	0.1-10	0.01	[49]
Mn <sub>3</sub> O <sub>4</sub> -modified graphite electrode	DPV <sup>b</sup>	10-70	0.1	[52]
SWCNT/Fe <sub>2</sub> O <sub>3</sub> -modified graphite electrode	SWV <sup>d</sup>	3.2-31.8	0.36	[53]
rGO-Mn <sub>3</sub> O <sub>4</sub> /Nafion film supporting Au nanoparticles modified gold electrode	CA <sup>a</sup>	1.0-1450	0.25	[50]
Pt nanodendrites/reduce graphene oxide/MnO <sub>2</sub> nanoflowers modified glassy carbon electrode	DPV <sup>b</sup>	1.5-215.56	0.1	[33]
MnO <sub>2</sub> NWs-ErGO/GCE	SDLSV e	0.06–1.0 1.0–80	0.001	This work

<sup>a</sup> CA: chronoamperometry. <sup>b</sup> DPV: differential pulse voltammetry. <sup>c</sup> CV: cyclic voltammetry. <sup>d</sup> SWV: square wave voltammetry. <sup>e</sup> SDLSV: second-order derivative linear sweep voltammetry.

## 3. Materials and Methods

## 3.1. Materials and Chemicals

Graphite powder, potassium permanganate (KMnO<sub>4</sub>), manganese sulfate monohydrate (MnSO<sub>4</sub>·H<sub>2</sub>O), ammonium persulfate ((NH<sub>4</sub>)<sub>2</sub>S<sub>2</sub>O<sub>8</sub>), concentrated sulfuric acid (H<sub>2</sub>SO<sub>4</sub>), concentrated hydrochloric acid (HCl), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), potassium ferricyanide (K<sub>3</sub>[Fe(CN)<sub>6</sub>]), potassium ferrocyanide (K<sub>4</sub>[Fe(CN)<sub>6</sub>]), sodium dihydrogen phosphate (NaH<sub>2</sub>PO<sub>4</sub>), disodium hydrogen phosphate (Na<sub>2</sub>HPO<sub>4</sub>), sodium hydroxide (NaOH), and ethyl alcohol were analytical grade and purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Dopamine was purchased

from Sigma-Aldrich Co (St. Louis, CA, USA). All these reagents were used as received without further purification, and deionized water was used throughout the experiments.

#### 3.2. Preparation of Nano-MnO<sub>2</sub> with Various Morphologies

#### 3.2.1. Preparation of MnO<sub>2</sub> NRs

To begin, 0.1 mol MnSO<sub>4</sub>·H<sub>2</sub>O and 0.1 mol KMnO<sub>4</sub> were dissolved in 30 mL of deionized water. Then, 1 mL of 60% H<sub>2</sub>SO<sub>4</sub> was added into the above mixture solution and stirred for 30 min, afterwards the mixture solution was transferred to a Teflon-lined stainless-steel autoclave and reacted at 150 °C for 30 min. The resulting product was centrifuged at 8000 rpm for 30 min, washed alternately by deionized water and ethanol three times, and vacuum-dried at 60 °C to obtain MnO<sub>2</sub> NRs. Finally, MnO<sub>2</sub> NRs were dispersed into deionized water to form 1 mg/mL dispersion solution.

#### 3.2.2. Preparation of MnO<sub>2</sub> NTs

Firstly, 0.45 g KMnO<sub>4</sub> and 1 mL of concentrated hydrochloric acid was added into 40 mL of deionized water, then the mixture solution was stirred for 20 min. Afterwards the reaction solution was transferred into a Teflon-lined stainless-steel autoclave and autoclaved at 80 °C for 10 h. The resulting product was centrifuged at 8000 rpm for 30 min, washed repeatedly three times with deionized water and ethanol, and dried under vacuum at 60 °C to obtain MnO<sub>2</sub> NTs. Finally, MnO<sub>2</sub> NTs were dispersed into deionized water to form 1 mg/mL dispersion solution.

#### 3.2.3. Preparation of MnO<sub>2</sub> NWs

Briefly, 0.008 mol MnSO<sub>4</sub>·H<sub>2</sub>O and 0.015 mol (NH<sub>4</sub>)<sub>2</sub>S<sub>2</sub>O<sub>8</sub> were dissolved into 35 mL of deionized water, and the mixture was sealed into to a Teflon-lined stainless-steel autoclave and reacted at 120 °C for 10 h. The as-obtained product was centrifuged at 8000 rpm for 30 min, washed repeatedly three times with deionized water and ethanol, and vacuum-dried at 60 °C to obtain MnO<sub>2</sub> NWs. Finally, MnO<sub>2</sub> NWs were dispersed into deionized water to obtain 1 mg/mL dispersion solution.

## 3.3. Preparation of MnO<sub>2</sub>-GO Nanocomposite Dispersion

GO was prepared from cheap graphite powder by modified Hummers method referred to our previous reports [36–38]. The resulting GO was dispersed in 100 mL of deionized water under ultrasonication for 2 h, centrifuged twice at 6000 rpm to remove trace precipitates, and the supernatant was taken out to obtain a gold GO solution with approximately 1 mg/mL. Then, 1 mL of MnO<sub>2</sub> NRs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NWs dispersion (1 mg/mL) was added into 20 mL GO dispersion (1 mg/mL) and ultrasonicated for 2 h to obtain the corresponding nano-MnO<sub>2</sub>-GO dispersion.

## 3.4. Fabrication of MnO<sub>2</sub>-RGO Modified Electrodes

Prior to electrode modification, the bare glassy carbon electrodes (GCEs) were polished to form mirror-like surfaces with 0.05  $\mu$ m Al<sub>2</sub>O<sub>3</sub> fine particles. Then the polished GCEs were subjected to ultrasonication in deionized water and absolute ethanol (each for 1 min), and dried by pure N<sub>2</sub> gas. 5  $\mu$ L of nano-MnO<sub>2</sub>-GO dispersions were dropped on the surface of the GCEs, and dried with an infrared lamp to obtain nano MnO<sub>2</sub>-GO modified glass carbon electrodes (i.e., MnO<sub>2</sub> NRs-GO/GCEs, MnO<sub>2</sub> NRs-GO/GCEs, and MnO<sub>2</sub> NRs-GO/GCEs). Afterwards the MnO<sub>2</sub>-GO/GCEs were electrochemically reduced into MnO<sub>2</sub>-RGO/GCEs by the potentiostatic method. Specifically, the nano-GO/GCEs was immersed into 0.1mol/L PBS solution (pH 7.0), and then electrochemically reduced at a fixed potential of -1.5 V for 120 s. For comparison, RGO modified glass carbon electrodes (RGO/GCE) were fabricated by similar method.

## 3.5. Electrochemical Measurements

All the electrochemical experiments were carried out with standard three-electrode setup, consisting of bare GCEs, RGO/GCEs, or MnO<sub>2</sub>-RGO/GCEs as working electrode, a saturated calomel electrode (SCE) as reference electrode, and platinum wire electrode acted as auxiliary electrode. The electrochemical responses of 10  $\mu$ M dopamine on the different electrodes were evaluated by second-order derivative linear sweep voltammetry. The electrochemical active areas of MnO<sub>2</sub> NWs-RGO/GCEs, MnO<sub>2</sub> NTs-RGO/GCEs, and MnO<sub>2</sub> NRs-RGO/GCEs were estimated by recording cyclic voltammograms in 1 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> probe solution.

# 4. Conclusions

In this study, three different morphologies of MnO<sub>2</sub> nanomaterials (MnO<sub>2</sub> NWs, MnO<sub>2</sub> NTs, and MnO<sub>2</sub> NRs) were prepared and then composited with GO to obtain MnO<sub>2</sub>-RGO counterparts. MnO<sub>2</sub>-RGO/GCE were fabricated by drop-casting MnO<sub>2</sub>-RGO dispersion on the surface of polished GCE and subsequent electrochemical reduction method. Both the response peak currents and electrochemical active areas increase in the following order of MnO<sub>2</sub> NWs-RGO/GCE, MnO<sub>2</sub> NTs-RGO/GCE, and MnO<sub>2</sub> NRs-RGO/ GCE, while the response peak current densities increase in the reverse order. Morphology-dependent electrochemical sensing properties toward dopamine were well explained by establishing spatial models for  $MnO_2$  NWs,  $MnO_2$  NTs, and  $MnO_2$ NRs. By comparing the specific surface areas of these three morphologies of MnO<sub>2</sub> nanomaterials, the enhancement of response peak currents mainly arises from the specific surface area, dominating by length to diameter ratio. The higher length to diameter ratio favors the electrochemical sensing toward dopamine, which provides valuable technical guidance for the development of novel electrode modification materials. The MnO<sub>2</sub> NWs/GCE was chosen for detection of dopamine due to having the largest response peak current. The MnO<sub>2</sub> NWs/GCEs exhibit wide linear dynamic ranges  $(6.0 \times 10^{-8} \text{ mol/L} \sim 1.0 \times 10^{-6} \text{ mol/L} \text{ and } 1.0 \times 10^{-6} \text{ mol/L} \sim 8.0 \times 10^{-5} \text{ mol/L})$  and a low detection limit ( $1 \times 10^{-9}$  mol/L). Finally, MnO<sub>2</sub> NWs-RGO/GCEs were successfully used for the determination of dopamine injection samples with satisfactory results.

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