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Abstract: In this study, novel carbon nanotube-supported Mo (Mo/CNT) catalysts were prepared with the sodium borohydride reduction method for the detection of L-cysteine (L-Cys, L-C). Mo/CNT catalysts were characterized with scanning electron microscopy with elemental dispersion X-ray (EDX-SEM), X-ray diffraction (XRD), UV-vis diffuse reflectance spectrometry (UV-vis), temperature-programmed reduction (TPR), temperature programmed oxidation (TPO), and temperature-programmed desorption (TPD) techniques. The results of these advanced surface characterization techniques revealed that the catalysts were prepared successfully. Electrochemical measurements were employed to construct a voltammetric L-C sensor based on Mo/CNT catalyst by voltammetric techniques such as cyclic voltammetry (CV) and differential pulse voltammetry (DPV). Further measurements were carried out with electrochemical impedance spectroscopy (EIS). Mo/CNT/GCE exhibited excellent performance for L-C detection with a linear response in the range of $0-150 \mu$ M, with a current sensitivity of 200 mA/ μ M cm² (0.0142 μ A/ μ M), the lowest detection limit of 0.25 μ M, and signal-to-noise ratio (S/N = 3). Interference studies showed that the Mo/CNT/GCE electrode was not affected by D-glucose, uric acid, L-tyrosine, and L-trytophane, commonly interfering organic structures. Natural sample analysis was also accomplished with acetyl L-C. Mo/CNT catalyst is a promising material as a sensor for L-C detection.

Keywords: L-C; molybdenum; electrochemical; sensor; carbon nanotube

1. Introduction

L-cysteine (L-Cys, L-C), a semi-essential and proteinogenic amino acid, contains a sulfur-containing thiol group in its side chain. L-C is known by the codes of E910 L-C, E920 L-C hydrochloride, and E921 L-C hydrochloride monohydrate. The human body can synthesize L-C under normal physiological conditions. It exists naturally in many foods such as wheat, broccoli, eggs, chicken, duck, asparagus, garlic, onions, carob, beef, yogurt, cheese, oats, and even red pepper at various amounts. Daily consumption of these high protein-content foods provides a sufficient amount of L-C for the human body [1–7].

L-C deficiency can reduce the ability of the immune system against free radicals and cause damage. Vegetarians consume insufficient amounts of methionine, vitamins B6 and B12, folic acid, s-adenosyl methionine, and could have L-C deficiency. The employment of L-C is vital for treating growth delay, loss of hair, formation of edema, liver damage, muscle and fat regression, lethargy, skin lesions, and fatigue. Medical materials, biological structures, food sources, and industrial products contain L-C at required amounts for the human body. The detection of L-C is significant for determining the deficiency and treat-



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ment of L-C. L-C levels could be sensed with spectrometric-chromatographic separation, colorimetric, and electrochemical methods [8,9].

Electrochemical methods have significant advantages such as (i) electrochemical measurements are often specific for an oxidation or reduction step of an element, (ii) the reaction rate can be controlled, (iii) electrochemical methods give information about the activity of chemical species, (iv) devices used in electrochemical methods are cheaper than others, (v) electrochemical reactions can be carried out under mild conditions, (vi) electrochemical methods are environmentally friendly. For electrochemical L-C determination, there are several studies and their sensitivity, linear range, and limit of detection (LOD) values were tabulated in Table 1. According to the studies carried out on $CuFe_2O_4/rGO-Au$ [10], copperelectrodeposited screen-printed gold electrode [11], AgNPs/GQDs/GCE [12], Ru(III) Schiff Base Complex [13], and MnO₂-CNTs [14] electrodes, one can note that the linear range changes between 0.05 and 1800 μ M with good (LOD) values. It is evident that to develop and commercialize the L-C sensor, a broad linear range and low LOD values are required. This could be achieved with the synthesis of novel nano-sized electrodes.

Carbon is an ideal electrode material due to its features such as providing a large anodic potential range, low electrical resistance, low residual current, reproducible surface structure and in aqueous media a wide range in the reduction and oxidation region. Thus, carbon-based or carbon-supported metal electrodes are widely used for the electrochemical determination of glucose [15–19], hydrogen peroxide [20–28], and amino acids [29,30]. In our previous studies, carbon nanotube-supported Pd, Pt, and Ru catalysts were employed as L-C sensors [29]. We reported that a Ru/CNT modified L-C sensor showed good performance with 0–200 μ M linear response and 0.3058 μ A/ μ M current sensitivity, and with 0.353 µM as the lowest detection limit [29]. In our another study, CNT-supported Ru-Mo-Pd catalyst-modified electrodes were examined for the L-C sensing and we observed that Ru-Mo-Pd/CNT modified sensor had 5–200 μ M linear range with high current sensitivity of $0.136 \,\mu\text{A}/\mu\text{M}$ and $0.1 \,\mu\text{M}$ as the lowest detection limit [30]. The present study showed that the Mo and Pd addition to Ru led to reach the lowest LOD value. Thus, Mo/CNT/GCEs for sensing L-C should be investigated to understand the role Mo addition for L-C detection. In this context, the CNT-supported Mo catalyst is evidently a promising nanocatalyst as an electrode material for the electrochemical detection of L-C. Moreover, before the present study, Mo modified or Mo/CNT/GCEs have not been studied previously.

Sensor	Sensitivity	Linear Range	(LOD)	Ref.
CuFe ₂ O ₄ /rGO-Au	4.73 μA/mM	0.05–0.2 μM	0.383 μM	[10]
copper-electrodeposited screen-printed gold electrode	0.028 µA/mM	400–1800 μM	0.21 µM	[11]
AgNPs/GQDs/GCE	-	0.1–200 μM	0.01 µM	[12]
Ru(III) Schiff Base Complex	-	411–4111 μM	0.9 µM	[13]
MnO ₂ -CNTs	-	0.5–680 μM		[14]
Ru/CNT	305.8 µA/mM	0–200 μM	0.353 μM	[29]
Ru-Mo-Pd/CNT	136 µA/mM	5–200 µM	0.1 µM	[30]

Table 1. Electrode materials employed in electrochemical determination of L-cysteine (L-C).

At present, sodium borohydride reduction method was employed for the synthesis of Mo/CNT catalyst. Mo/CNT was characterized by SEM-EDX, XRD, UV-Vis, TPR, TPO, and TPD to determine the surface properties of Mo/CNT catalyst by using Mo/CNT catalyst and an electrode constructed on a glassy carbon electrode (GCE). Electrochemical measurements to determine sensitivity, limit of detection, limit quantification CV and DPV measurements were performed. EIS measurements were performed to understand the charge transfer properties of this Mo/CNT-modified GCE electrode.

2. Results and Discussion

2.1. Physical Characterization

SEM-EDX mapping analysis was carried out to examine the surface morphology of the Mo/CNT catalyst. Figure 1a–g illustrates the SEM-EDX and mapping analysis results of the Mo/CNT catalyst. As shown in Figure 1a–c, it was observed that CNT networks were formed. Mo particles were homogeneously distributed in these networks. According to the mapping and EDX analysis of the Mo/CNT catalyst, CNT turquoise and Mo atoms purple color were presented in Figure 1e,f, respectively. The weight percentage and atomic ratios of Mo atoms from EDX results of CNT and Mo were shown in Figure 1g, the weight percentages of CNT and Mo were 89.81% and 10.19%, respectively. One Note that nominal atomic percentage values of CNT were 98.60% and 1.40% for Mo. The weight percentage value of Mo/CNT catalyst was close to the nominal percentage of 10% Mo. This result showed that Mo/CNT catalyst was successfully prepared. The results of SEM-EDX and mapping analysis demonstrated that the desired structure was obtained, The carbon nanotube structures were clearly observed from Figure 1a–d. On the other hand, as can be seen from Figure 1b,c, more bright points were observed that are located inside the tubes. These points can be ascribed to the existence of Mo particles in CNT.





Figure 1. Cont.



Figure 1. Scanning electron microscopy energy-dispersive X-ray spectroscopy (SEM-EDX) (**a**–**c**,**g**) and mapping images (mapping (**d**), C (**e**), Mo (**f**)) of %10 Mo/CNT catalyst.

The XRD pattern of 10% Mo/CNT catalyst is given in Figure 2. The characteristic peaks of the CNTs appear at 20 values of 25.00° and 43.5°. The existence of strong and sharp diffraction peaks at 20 = 25.70 was indexed to the (002) reflection of graphite. Furthermore, the peak observed at 43.5° was indexed to C (100) crystal plane. Other broad peaks at 36.8° and 53.7° were assigned to the MoO₂ (211) and MoO₂ (312) facets of typical monoclinic MoO₂ (JCPDS card 32-0671). Only two broad and weak diffraction peaks located at about at 36.8° and 53.7° indicated a good dispersion of MoO₂ nanoparticles on the CNTs [31–34].



Figure 2. X-ray diffraction (XRD) pattern of 10% Mo/CNT catalyst.

The electronic structure and the surface coordination geometry of the Mo species formed during synthesis were determined by diffuse reflectance UV-Vis spectroscopy. The relationships between UV-Vis spectral features and the molybdenum surface state have been widely debated in the literature. We can note that the Mo^{6+/}CNT system at 218 nm from the analysis of the spectra reported in Figure 3 [35–37].



Figure 3. Ultraviolet–visible (UV-Vis) diffuse reflectance spectroscopy for 10% Mo/CNT catalyst.

The H₂-TPR (a), O₂-TPO (b), and NH₃-TPD (c) profiles of the 10% Mo/CNT catalyst were illustrated in Figure 4a-c. H₂-TPR analysis was employed to investigate the behavior of the samples during the reduction with hydrogen between 25 °C and 830 °C. For Mo/CNT, two reduction peak formed during H2-TPR analysis up to 830 °C. Figure 4a illustrates these reduction peaks located at 372 °C and 574 °C. The first peak at 372 °C could be possibly attributable to the metal-support interaction reduction of MoO_3 [38,39]. The second peak that was around 574 $^{\circ}$ C was ascribed to the reduction of the MoO₂ [40]. The O₂-TPO analysis of the Mo/CNT catalyst is given in Figure 4b. The TPO measurement is the process of heating a material at a certain temperature by passing an oxidizing gas mixture containing oxygen. As given in Figure 4b, the Mo/CNT catalyst showed a sharp-peaked TPO profile at about 692 °C. This peak could be attributed to the formation of MoO₂ and MoO_3 forms of Mo [41]. Wang and their coworkers studied the oxidation mechanism and kinetics of MoO_2 to MoO_3 in the atmosphere at 476–628 °C. It was reported that temperature had significant effects on the oxidation process and MoO₃ formation at 628 °C. MoO_3 formed at 476 °C had rough and disordered surfaces. Furthermore, Mo_4O_{11} as an intermediate product was formed at above 810 K. According to this study, the oxidation reaction (one-step reaction, from MoO_2 to MoO_3 directly) was controlled by the diffusion model [41]. NH₃-TPD was utilized to determine the adsorption sites on the sample [42]. Figure 4c indicates the NH₃-TPD curve of the Mo/CNT catalyst. On the surface, weak acid, medium acid, and strong acid sites could be observed and could be detected from NH₃-TPD peaks. However, Mo/CNT catalyst had a broad NH₃ desorption peak at 50–250 $^{\circ}$ C, showing the presence of weak acid regions in the catalyst [43].



Figure 4. H₂-TPR (a), O₂-TPO (b), and NH₃-TPD (c) profiles of Mo/CNT catalyst.

CV measurements were conducted to detect the electrooxidation of L-C on Mo/CNTmodified GCE electrode at three different pH values with CV in 0.1 M pH 7.2 phosphate buffer solution. These measurements were presented in Figure 5. According to the results of these studies, it was observed that current densities of Mo/CNT catalysts at different pHs were close to each other. Thus, we decided to conduct the L-C electrooxidation activities at pH = 7.2, resembling the body fluid pHs.



Figure 5. Cyclic voltammetry (CV) curves obtained with 3 different pH in Mo/CNT studies.

CV measurements were conducted to observe the effect of the L-C concentration on its electrooxidation at four different L-C concentrations of 0, 5, 10 and 20 mM. Additionally, those measurements were carried out to examine the L-C electrooxidation activity on Mo/CNT/GCEs. The measurements are given in Figure 6. It was observed that the increase in concentration led to the increase in the current density [13,44].



Figure 6. Electrochemical measurements for Mo/CNT at four different molarities.

The effect of scan rate (sr) through the L-C electrooxidation activity was also examined by CV at varying sr of 10, 30, 50, 100, 120, 150, 180, 200, 230, 250 300, 320, 350, 380, 400, 420, 450, 480, 500 mV·s⁻¹ in 5 mM L-C solution on Mo/CNT/GCE. The obtained results are given in Figure 7. As the sr increased, the electrochemical oxidation current of L-C increased and showed a positive linear relationship. This behavior can be attributed to the fact that a diffusion-controlled formation took place.



Figure 7. CV of Mo/CNT/GCE under different srs (10, 30, 50, 100, 120, 150, 180, 200, 230, 250 300, 320, 350, 380, 400, 420, 450, 480, 500 mV·s⁻¹) in 5 mM L-C.

DPV measurements were carried out on Mo/CNT/GCE at varying concentrations (0–1000 μ M L-C) in 0.1M PBS to determine the selectivity of the catalyst. Results are presented in Figure 8a. According to the DPV measurements, the current density increased up to 0.135 mA/cm² when 5 μ M of L-C concentration was reached. It was observed that current density increased by increasing L-C concentration. Maximum current densities versus L-C concentration were plotted and are presented in Figure 8b. The slope of this line gives the sensitivity value of this Mo/CNT/GCE electrode as 0.0002 mA/ μ M cm² (200 mA/ μ M cm²; 0.0142 μ A/ μ M). DPV current densities versus L-C concentration plot exhibited a linear relationship within the range of 5–150 μ M.

Following, sensitivity measurements by DPV, limit of blank (LOB), the lowest detection limit (LOD) and limit of quantification (LOQ) were determined for the Mo/CNT/GCE L-C electrochemical sensor. First of all, LOB was determined by measuring the blank electrode's response and standard deviation of 10 blank electrode responses. LOD was found as 0.25 μ M and LOQ was also found as 0.75 μ M with S/N = 3 signal to noise ratio.

The EIS method is the most widely used method in order to determine diffusion properties, electrode capacitance, and charge transfer kinetics. EIS graphs were taken for Mo/CNT/GCE obtained at different electrode potentials in 0.1 M PBS + 5 mM. These EIS measurements are presented in Figure 9. Altering potentials, it was observed that the semicircular diameter of electron transfer resistance (Rct) changes and the lowest arc diameter were obtained at 0.6 V. As has been mentioned above, a small arc radius is explained to



have the lowest electron charge transfer resistance and faster L-C electrooxidation kinetics. Thus, one could note that faster kinetics was obtained at 0.6 V, clearly observed in Figure 9.

Figure 8. (a) Differential pulse voltammetry (DPV) measurements conducted on Mo/CNT/GCE at varying concentrations (0–1000 μM L-C) in 0.1M PBS; (b) calibration plot obtained from maximum current density vs. L-C concentration.



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Figure 9. Electrochemical impedance spectra (EIS) on Mo/CNT/GCE at different potentials in 0.1 M PBS (pH 7.2) + 5 mM L-C. The frequency range (0.02–100,000 Hz), signal amplitude (10 mV).

In interference studies, the effects of some species such as ascorbic acid, D-glucose, uric acid, L-tyrosine, L-tryptophane, and dopamine, commonly found in blood, were examined in the presence of the L-C to determine the interference of these species.

Interference measurements were examined by EIS and the results are presented in Figure 10. The EIS results revealed that L-C had the lowest charge transfer and the lowest arc diameter, showing that these species did not interfere with L-C (Figure 10). In this regard, it is clear that the current and impedance responses of the interfering species are small indicating that the Mo/CNT/GCE has very good selectivity for L-C determination.



Figure 10. EIS results for interfering species of 0.1 mM uric acid, 0.1 mM ascorbic acid, 0.1 mM L-tyrptophane, 0.1 mM L-tyrosine, 0.1 mM L-C, 0.1 mM dopamine at -0.2 V on Mo/CNT/GCE at the frequency range (0.02–100,000 Hz), signal amplitude (10 mV).

For the real sample measurements, acetylcysteine tablets purchased from the pharmacy were employed. We pulverized 600 mg samples of these acetylcysteine tablets and used them in powder form. From these powder samples, a stock solution was prepared by taking 1 mg of acetylcysteine into a 50 mL measuring flask containing 0.1 M PBS solution at pH = 7.2. This stock solution was diluted to obtain 1.5 mM acetylcysteine solution. For this real sample solution at 1.5 mM acetylcysteine concentration, Mo/CNT/GCE sensor response was taken and recorded. Following this, recovery values were calculated and presented in Table 2. A similar procedure was also applied for 3 mM and 6 mM additions. It was clear that recovery values were acceptable and the relative standard deviation of the sample for 10 consecutive determinations was less than 3%. This result showed that the Mo/CNT/GCE performed well for the real sample.

Sample	Added (mM)	Found (mM)	Recovery (%)
1	1.5	1.5	98.0
2	3.0	2.9	97.3
3	6.0	5.9	98.5

Table 2. L-C analysis data in acetylcysteine drug sample.

3. Experimental

We prepared 10% Mo/CNT catalysts by the NaBH₄ reduction method and characterized them by SEM-EDX, XRD and UV-Vis spectroscopy, H₂-TPR, O₂-TPO, and NH₃-TPD methods. Details of the synthesis and characterization methods are presented in Supplementary Files S1–S4. Electrochemical studies were performed on Mo/CNT/GCE electrode by CV, DPV, and EIS techniques. Details of electrochemical measurements are given in S4.

4. Conclusions

In the present study, 10% Mo/CNT catalysts were prepared by the NaBH₄ reduction method. The surface and chemical properties of this catalyst were determined by SEM-EDX, XRD, UV-Vis, H2-TPR, O2-TPO, and NH3-TPD methods. SEM-EDX results revealed that the weight percentage of Mo/CNT catalyst was close to the nominal percentage of 10% Mo. One could note that Mo/CNT catalyst was successfully prepared. SEM-EDX results revealed that Mo particles were located inside the tubes. XRD and UV-Vis results revealed that Mo was formed in oxide phase, which was in agreement with the chemisorption studies. The surface chemical properties were characterized with H2-TPR, O2-TPO, and NH₃-TPD methods. H₂-TPR and O₂-TPO results showed that reduction and oxidation of Mo were realized at high temperatures. On the other hand, NH₃-TPD analysis helped us to investigate the adsorption sites on the sample. Mo/CNT catalyst exhibited a broad NH_3 desorption peak starting from about 50 °C to about 250 °C, which was attributed to the presence of weak acid regions in the catalyst. Electrochemical measurements such as CV, DPV, and EIS were also conducted on Mo/CNT catalyst. Mo/CNT showed good electrocatalytic responses to L-C with high sensitivity, stability and selectivity, which was ascribed to the existence of weak acid sites on Mo catalyst enhancing the L-C electrooxidation. Interference studies of D-glucose, uric acid, L-tyrosine, L-trytophane, dopamine, and ascorbic acid revealed that this Mo/CNT catalyst effectively resisted interfering substances. As a result, Mo/CNT catalyst is a promising catalyst with weak acid sites on its surfaces enhancing the L-C electrooxidation.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10 .3390/catal11121561/s1, Supplementary S1: Materials; Supplementary S2: Preparation of nanocatalysts; Supplementary S3: Characterization of nanocatalyst; Supplementary S4: Electrochemical measurements. Author Contributions: Conceptualization, H.K. and N.A.; methodology, H.K. and N.A.; validation, K.S., H.K. and N.A.; formal analysis, K.S., H.K. and N.A. investigation, K.S.; resources, K.S., data curation, K.S., H.K. and N.A.; writing—original draft preparation, H.K.; writing—review and editing, H.K. and N.A.; visualization, K.S., H.K. and N.A.; supervision, N.A.; funding acquisition, N.A. All authors have read and agreed to the published version of the manuscript.

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