

**Table S4: DISCERN score for websites and videos.**

Health information source	A. Websites		B. Videos
Overall unique websites/videos, n (%)	86 (100)		61 (100)
Assessable, n (%)	84 (97.8)		61 (100)
Not assessable, n (%)	2 (2.3)		0 (0.0)
<b>Section 1: Is the publication reliable? (item 1-8), median (range)</b>			
Explicit aims	2 (1-4)		2 (1-4)
Aims achieved	2 (2-5)		3 (1-4)
Relevance to patients	3 (2-5)		3 (2-4)
Sources of information	2 (1-5)		1 (1-4)
Currency (date) of information	2 (1-5)		1 (1-4)
Bias and balance	2 (1-5)		1 (1-4)
Additional sources of information	1 (1-4)		1 (1-2)
Reference to areas of uncertainty	1 (1-3)		1 (1-3)
Overall section 1	14 (8-27)		14 (8-22)
<b>Section 2: How good is the quality of information on treatment/follow-up choices? (item 9-15), median (range)</b>			
Significance of MGUS diagnosis	2 (1-4)		2 (1-4)
Benefits of follow-up	1 (1-4)		1 (1-3)
Disadvantages of follow-up	1 (1-1)		1 (1-2)
Risks of no follow-up	1 (1-2)		1 (1-2)
Uncertainty associated with follow-ups	1 (1-5)		1 (1-4)
Variation of follow-up intervals	1 (1-2)		1 (1-3)
Shared decision making	1 (1-5)		1 (1-2)
Overall section 2	9 (7-16)		9 (7-14)
<b>Section 3: Overall rating of the publication (item 16), median (range)</b>			
Overall quality	3 (1-4)		2 (1-3)

The categorial item scoring of the DISCERN score ranges between 1 (not addressed/fulfilled) and 5 (fully addressed/fulfilled). MGUS, monoclonal gammopathy of undetermined significance.