

Fluorescence Spectroscopic Investigation of Competitive Interactions between Quercetin and Aflatoxin B₁ for Binding to Human Serum Albumin

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Abstract: Aflatoxin B₁ (AFB₁) is a highly toxic mycotoxin found worldwide in cereals, food, and animal feeds. AFB₁ binds to human serum albumin (HSA) with high affinity. In previous experiments, it has been revealed that reducing the binding rate of AFB₁ with HSA could speed up the elimination rate of AFB₁. Therefore, we examined the ability of quercetin to compete with AFB₁ for binding HSA by fluorescence spectroscopy, synchronous spectroscopy, ultrafiltration studies, etc. It was shown that AFB₁ and quercetin bind to HSA in the same Sudlow site I (subdomain IIA), and the binding constant (K_a) of the quercetin-HSA complex is significantly stronger than the complex of AFB₁-HSA. Our data in this experiment showed that quercetin is able to remove the AFB₁ from HSA and reduce its bound fraction. This exploratory work may be of significance for studies in the future regarding decreasing its bound fraction and then increasing its elimination rate for detoxification. This exploratory study may initiate future epidemiological research designs to obtain further *in vivo* evidence of the long-term (potential protective) effects of competing substances on human patients.

Keywords: aflatoxin B₁; quercetin; human serum albumin; competitive interaction; fluorescence spectroscopy

Key Contribution: This is the first time evidence that the addition of quercetin can remove AFB₁ from HSA and reduce the bound fraction of AFB₁ has been illustrated.

1. Introduction

Aflatoxin B₁ (AFB₁), a kind of carcinogenic toxin, which had been classified as a group I carcinogen [1] by the International Agency for Research on Cancer, is often found in agricultural products, feed, and food such as grain and oil through various channels. According to the statistics, an estimated five billion people worldwide are exposed to high levels AFB₁, and human health is in serious dangers [2–5]. How to reduce or degrade the toxicity of AFB₁ in agricultural production is one of the key research directions in the food safety field. Many techniques for reducing toxicity or degrading the structure of AFB₁ have been researched and reported. For instance, the toxicity of AFB₁ can be reduced by vitamin E through lowering the activities of plasma aspartate aminotransferase, alanine aminotransferase, and alkyne phosphatase [6]. A macromolecular complex was formed by

β -D-glucan with AFB₁ *in vivo* to attenuate its toxicity [7]. The toxicity of AFB₁ could be decreased by papaya extract through decreasing the oxidative stress reaction [8]. Most detoxification in the reports was taken as the effects after the toxin reacted with the target organ [9–12]. However, there is still a very high risk of damaging the target organ by AFB₁. Therefore, it is of great significance to study the detoxification to AFB₁ during the transport process of AFB₁ *in vivo*.

Most xenobiotics will bind and be transported by serum albumin before they react with the target organ in the blood circulation *in vivo* [13]. AFB₁ follows a similar behavior as serum albumin *in vivo*, and many types of DNA damage can be induced by 8,9-epoxy AFB₁, which is produced in the metabolic process of AFB₁ through the catalytic action of the cytochrome P450 enzyme in the target organ (Figure 1) [14]. Recently, it has been reported that the time of the toxin molecules binding to serum albumin could affect the half-life of the toxin in the organism [15–17]. Koszegi et al. [18] reported that some flavonoids such as quercetin could compete with and displace ochratoxin A (OTA) from human serum albumin (HSA). After the competitive interaction between flavonoids and OTA to bind with HSA, it was found that the bound fraction of OTA was decreased, and then, its half-life was

decreased [18]. Hence, it is speculated that the toxicity of AFB₁ to target organs will be reduced and its elimination rate will be accelerated during the bio-transportation process due to the broken interaction, or its displacement, between AFB₁ and HSA. It has been reported that quercetin had high affinity to HSA in the pH 7.4 condition *in vitro*, and the primary binding site on albumin was the same as that of the AFB₁-HSA complex (subdomain IIA) [19–23]. It has been reported that quercetin is a highly-active flavonoid that regulates the uptake of toxins to reduce body damage [24]. Therefore, quercetin was thought to be a very effective competitor in the binding of AFB₁ to HSA.

In this proposal, the effect of quercetin on the AFB₁-HSA complex was studied by fluorescence spectroscopy, synchronous spectroscopy, ultrafiltration studies, etc. The aim is to explore the ability of quercetin to bind competitively to HSA with AFB₁. Our results showed that quercetin is able to remove the AFB₁ from HSA, and this is the first time this molecular displacement has been described as a new type of interaction of quercetin affecting the biological behavior of AFB₁.

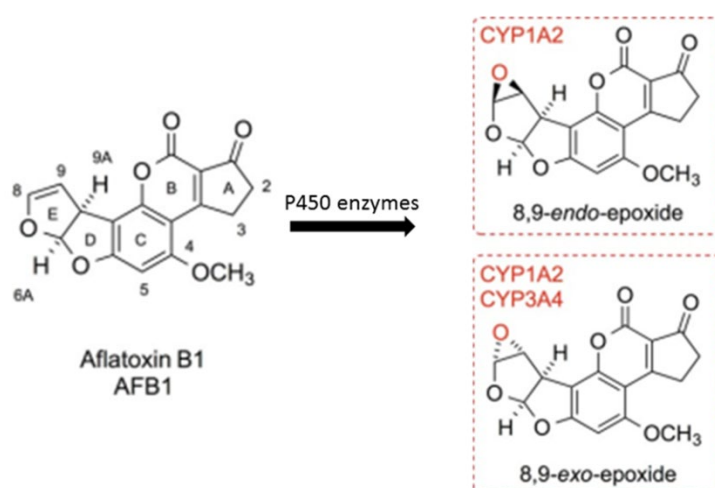


Figure 1. Structure of AFB₁ and its metabolites.

2. Results

2.1. Investigation of the Interaction between HSA with AFB₁ and Quercetin

To analyze the ability of quercetin to compete with AFB₁ for binding to HSA, we first studied the interaction mechanism of the AFB₁-HSA system and the quercetin-HSA system, respectively. In this study, fluorescence emission spectra of albumin were recorded in the presence of increasing AFB₁ and quercetin concentration (Figure 2). In order to exclude the inner-filter effect, emission intensities

were corrected by Eq. 1. In a concentration-dependent fashion, AFB₁ and quercetin induced the decrease of fluorescence at 340 nm (emission maximum of HSA), resulting from the quenching effects of AFB₁ and quercetin. Based on the fluorescence quenching (Figure 2), the K_{sv} , K_q , and K_a of the AFB₁-HSA complex and quercetin-HSA complex were calculated (Table 1) by Eq. 2 and Eq. 4. In practice, k_q cannot be larger than $2 \times 10^{10} \text{ L mol}^{-1} \text{ s}^{-1}$ for a collisional quenching process [25,26]. We found that the static quenching mechanism occurred for the AFB₁-HSA system ($K_q = 1.623 \times 10^{12}$) and the quercetin-HSA system ($K_q = 1.83 \times 10^{13}$), which corresponded to the results of previous studies such as [27,28] and [29]. Fluorescence quenching studies denoted the results of a static quenching mechanism for the AFB₁-HSA and quercetin-HSA system. The K_a of the quercetin-HSA complex was one order of magnitude larger than the AFB₁-HSA complex, indicating that the fluorescence quenching ability of quercetin to HSA is significantly stronger than AFB₁ in the same condition.

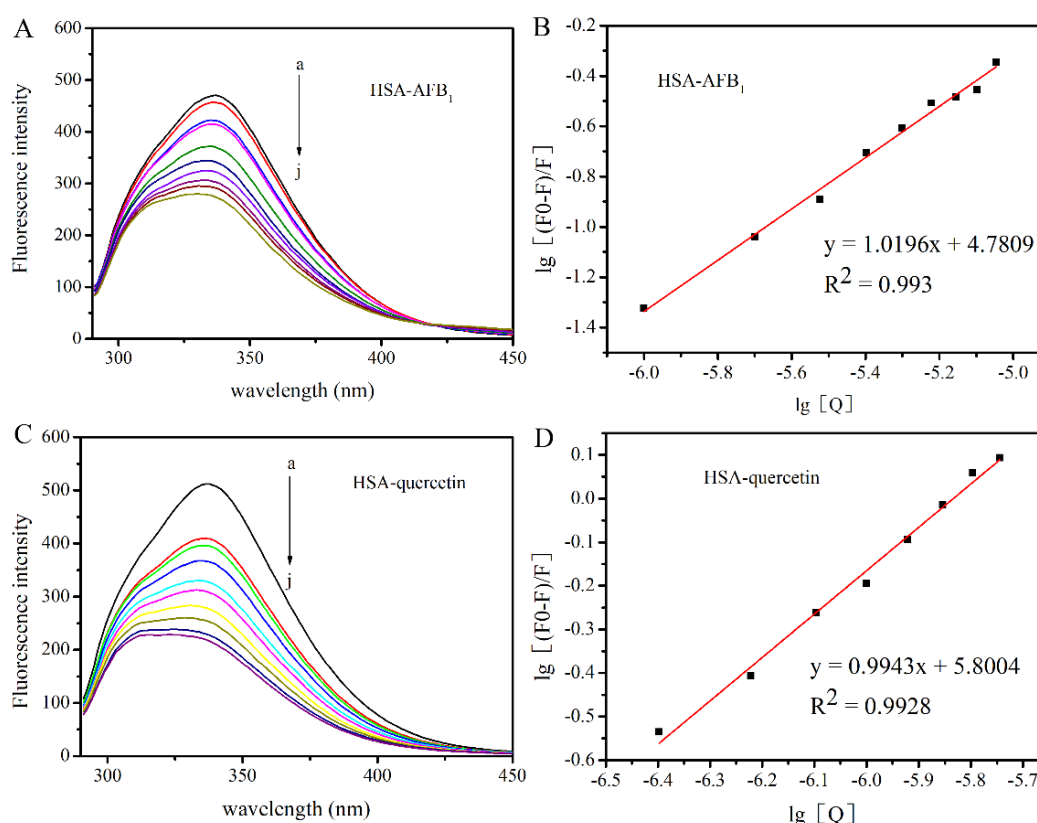


Figure 2. (A) Fluorescence emission spectra of HSA (5 μM) in the presence of increasing AFB₁ concentration. The concentration of AFB₁ was 0, 1, 2, 3, 4, 5, 6, 7, 8, 9 μM from a–j. (inset: the Stern–Volmer plot of the AFB₁-HSA system). Conditions: T = 25 °C, pH = 7.4, λ_{ex} = 280 nm. (B) Plots of $\lg[(F_0 - F)/F]$ versus $\lg[Q]$ for the interaction of HSA and AFB₁. (C) Fluorescence emission spectra of HSA (5 μM) in the presence of increasing quercetin concentration. The concentration of quercetin was 0.4, 0.8, 1.2, 1.6, 2.0, 2.4, 2.8, 3.2, 3.6, 4.0 μM from a–j. (inset: the Stern–Volmer plot of the quercetin-HSA system). Conditions: T = 25 °C, pH = 7.4, λ_{ex} = 280 nm. (D) Plots of $\lg[(F_0 - F)/F]$ versus $\lg[Q]$ for the interaction of HSA and quercetin.

Table 1. The values of K_{sv} , K_q , K_a , and the possible number of binding sites (n) for various systems are estimated.

System	$K_{sv} (\text{Lmol}^{-1})$	$K_q (\text{Lmol}^{-1}\text{s}^{-1})$	$K_a (\text{M}^{-1})$	n	R^2
AFB ₁ -HSA	1.62×10^4	1.62×10^{12}	6.02×10^4	1	0.993
Quercetin-HSA	1.83×10^5	1.83×10^{13}	6.31×10^5	1	0.992

To determine the binding site, site marker competitive experiments were carried out. Typically, ketoprofen and ibuprofen, as the most commonly-applied site markers of Sudlow's site I (located on subdomain IIA) and Sudlow's site II (located on subdomain IIIA) respectively, were applied in this

experiment. Complex formation of the ligand (AFB₁ or quercetin) with HSA resulted in the increased fluorescence signal of the ligand, and there was no fluorescence spectral interference of site markers (ketoprofen and ibuprofen as competitive probes) at the maximum emission wavelength of the ligand (AFB₁ or quercetin) [25,30]. Therefore, displacement of the ligand from HSA by site markers could lead to the decreased fluorescence signal at 440 nm (AFB₁) or 535 nm (quercetin) [25,30]. As we can see from Figure 3, In the AFB₁-HSA and quercetin-HSA system, ibuprofen, a specific ligand for Sudlow's site II, had little effect on the fluorescence intensity of HSA, indicating that ibuprofen could not substitute the AFB₁ and quercetin. With the addition of ketoprofen, as a specific ligand for Sudlow's site I, the fluorescence intensity of HSA in both complexes was greatly reduced, indicating that ketoprofen replaced AFB₁ and that quercetin bound to HSA. Based on the above studies, we can conclude that AFB₁ and quercetin bind to HSA in Sudlow's site I (subdomain IIA), which is in good agreement with the modeling studies previously reported [25,26].

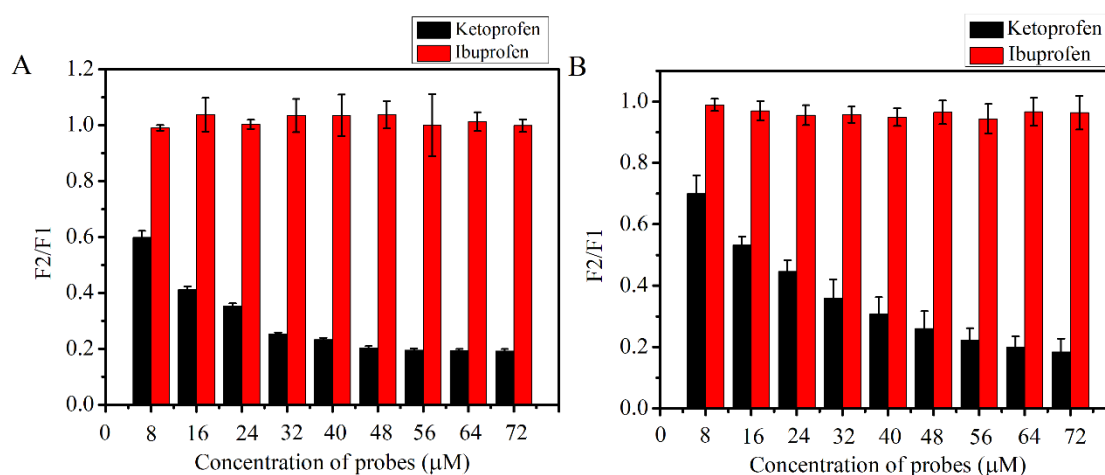


Figure 3. (A) Effects of probes on the fluorescence intensity of AFB₁ in the system of AFB₁-HSA. ($\lambda_{\text{ex}} = 365 \text{ nm}$, $\lambda_{\text{em}} = 440 \text{ nm}$). (B) Effects of probes on the fluorescence intensity of quercetin in the system of quercetin-HSA. ($\lambda_{\text{ex}} = 455 \text{ nm}$, $\lambda_{\text{em}} = 535 \text{ nm}$). F1: Fluorescence intensity of AFB₁ or quercetin in the absence of probes. F2: Fluorescence intensity of AFB₁ or quercetin in the presence of probes.

2.2. Investigation of the Competitive Interaction between Quercetin and AFB₁ for HSA

In order to explore the competitive interaction between quercetin and AFB₁ to bind with HSA, site marker experiments were carried out with fluorescence probes (ketoprofen and ibuprofen). Ibuprofen had no effect on the fluorescence spectra of AFB₁ (red columns in Figure 4A) or quercetin (red columns in Figure 4B) in the AFB₁-HSA-quercetin system, while the fluorescence signals of AFB₁ (black columns in Figure 4A) or quercetin (black columns in Figure 4B) were decreased by the ketoprofen probe. These results indicated that AFB₁ and quercetin could bind to HSA in the same Sudlow's site I.

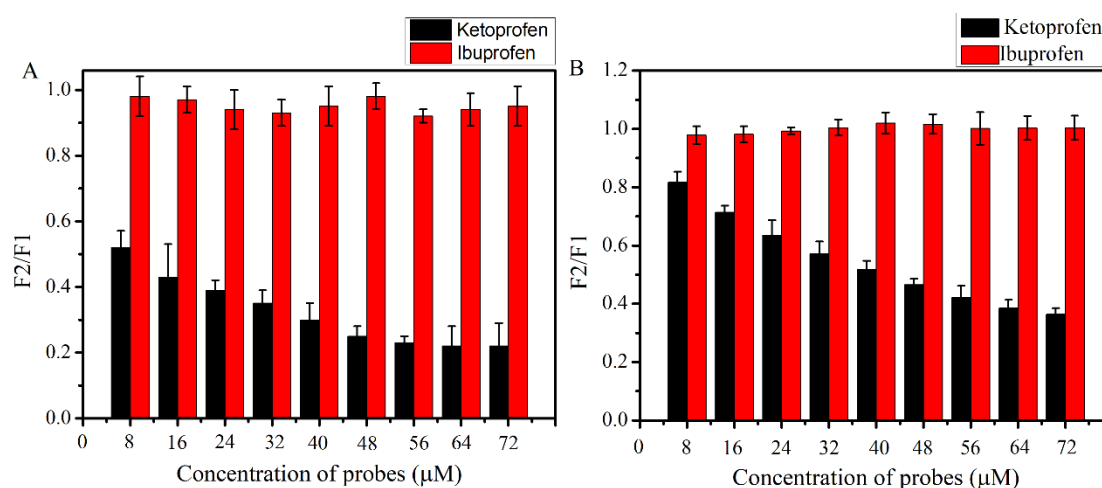


Figure 4. (A) Effects of the probes on the fluorescence intensity of AFB₁ in the system of AFB₁-HSA-quercetin ($\lambda_{\text{ex}} = 365 \text{ nm}$, $\lambda_{\text{em}} = 440 \text{ nm}$). (B) Effects of probes on the fluorescence intensity of quercetin in the system of AFB₁-HSA-quercetin ($\lambda_{\text{ex}} = 455 \text{ nm}$, $\lambda_{\text{em}} = 535 \text{ nm}$). F1: Fluorescence intensity of AFB₁ or quercetin in the absence of probes. F2: Fluorescence intensity of AFB₁ or quercetin in the presence of probes.

From the above experiments, both AFB₁ and quercetin could specifically bind to a known site on HSA in Sudlow's site I, and the K_a of the quercetin-HSA complex was much greater than that of the AFB₁-HSA complex; thus, we hypothesized that the affinity of quercetin with HSA was much greater than AFB₁ with HSA.

For the sake of verification of this hypothesis, competitive interaction studies between quercetin and AFB₁ for HSA were carried out. As shown in Figure 5, there was a significant difference between the system (HSA + AFB₁) and the system (HSA + quercetin) in the fluorescence intensity of HSA. It was confirmed that the fluorescence quenching ability of quercetin to HSA was significantly stronger than AFB₁, and quercetin had stronger binding ability to bind with HSA compared to AFB₁. Consequently, we further speculated that quercetin had the potential to compete for AFB₁ from HSA, thereby hindering the binding of AFB₁ to HSA.

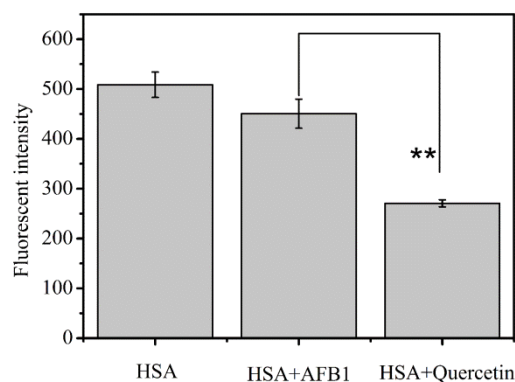


Figure 5. Fluorescence intensity of HSA in the absence or the presence of the AFB₁ and quercetin ($\lambda_{\text{ex}} = 280 \text{ nm}$, $C_{\text{AFB}_1} = C_{\text{quercetin}} = 4 \times 10^{-6} \text{ M}$, **: $p < 0.01$ between HSA-AFB₁ system and HSA-quercetin system).

2.3. Ultrafiltration Studies

Although quercetin and AFB₁ bound to HSA at the same binding site and the binding ability of the quercetin-HSA complex was stronger than the complex of AFB₁-HSA, it could not directly be proven that AFB₁ could be substituted by quercetin in the presence of AFB₁ and quercetin. Consequently, the investigation of competitive substitution by ultrafiltration studies was carried out,

which determined whether quercetin was able to block the binding of AFB₁ and HSA, decreasing the half-life of AFB₁.

As shown in Figure 6, the addition of quercetin significantly increased the AFB₁ concentration in the free state and decreased the AFB₁ concentration in the bound state, which signified that the addition of quercetin could replace AFB₁ in the AFB₁-HSA complex, and the AFB₁ was changed from the bound state to the free state.

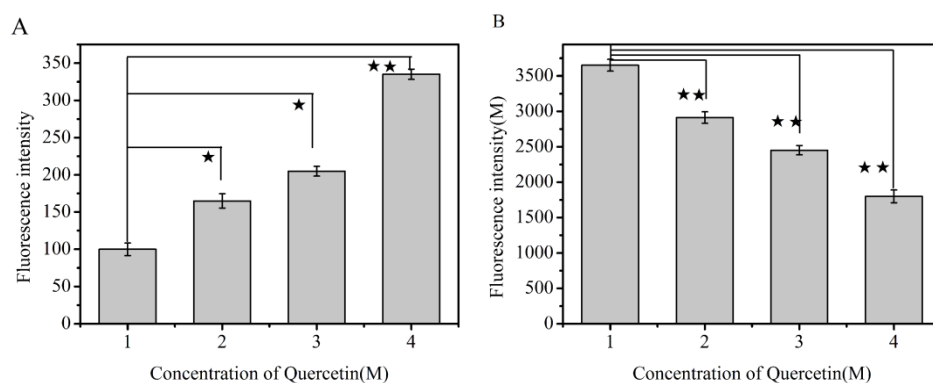


Figure 6. Fluorescent intensity of AFB₁ in different systems ($\lambda_{\text{ex}} = 365 \text{ nm}$, $\lambda_{\text{em}} = 440 \text{ nm}$, A: AFB₁ in the free state; B: AFB₁ in binding state; *: $p < 0.05$ compared to another quercetin concentration; **: $p < 0.01$ compared to another quercetin concentration).

2.4. Synchronous Fluorescence Studies

The information about the molecular environment near the chromophore molecules can be obtained by synchronous spectroscopy. The shift at maximum emission, corresponding to the changes of polarity around chromophores, is a useful way to evaluate the microenvironment of amino acid residues.

Figure 7, Figure 8, and Figure 9 present the peaks for the complex when $\Delta\lambda = 15 \text{ nm}$ and $\Delta\lambda = 60 \text{ nm}$. For the AFB₁-HSA system, the synchronous fluorescence presented a red shift of 1 nm at $\Delta\lambda = 15 \text{ nm}$ and 2 nm at $\Delta\lambda = 60 \text{ nm}$, which denoted that AFB₁ was able to increase polarity around Tyr, as well as around Trp. For the quercetin-HSA system, the synchronous fluorescence showed a small blue shift (0.5 nm) at $\Delta\lambda = 15 \text{ nm}$, which signified that hydrophobicity around the Tyr residue increased. However, the small red shift of 0.5 nm in the quercetin-HSA system at $\Delta\lambda = 60 \text{ nm}$ demonstrated that the hydrophobicity around the Trp residue decreased. For the AFB₁-quercetin-HSA system, where AFB₁ and quercetin were increasingly added and HSA was at constant concentration, a small red shift of 0.5 nm at $\Delta\lambda = 60 \text{ nm}$ was observed, but no shift when $\Delta\lambda = 15 \text{ nm}$. These results suggested that in ternary system, ligands bind near the Trp residue. It can be inferred from the above experimental phenomena that the presence of quercetin affected the hydrophobicity of the protein microenvironment and changed the interaction of AFB₁ with HSA.

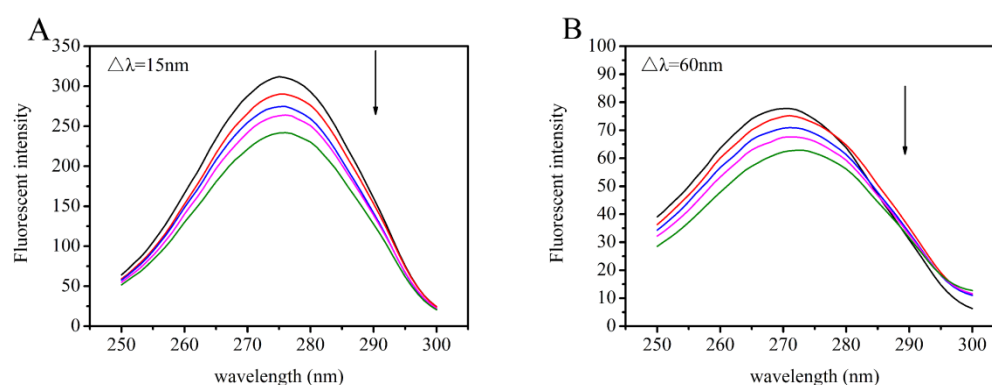


Figure 7. (A) Synchronous fluorescence spectra of the AFB₁-HSA system, $\Delta\lambda = 15$ nm; (B) synchronous fluorescence spectra of the AFB₁-HSA system, $\Delta\lambda = 60$ nm. The concentration of HSA was 4 μ M, and the concentrations of AFB₁ were 0, 2, 4, 8, 12 μ M from top to bottom.

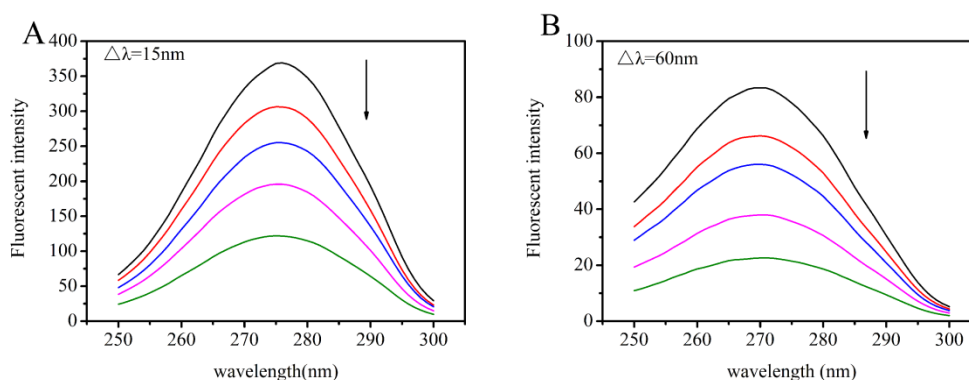


Figure 8. (A) Synchronous fluorescence spectra of the quercetin-HSA system, $\Delta\lambda = 15$ nm; synchronous fluorescence spectra of the quercetin-HSA system, $\Delta\lambda = 60$ nm. The concentration of HSA was 4 μ M, and the concentrations of quercetin were 0, 2, 4, 8, 12 μ M from top to bottom.

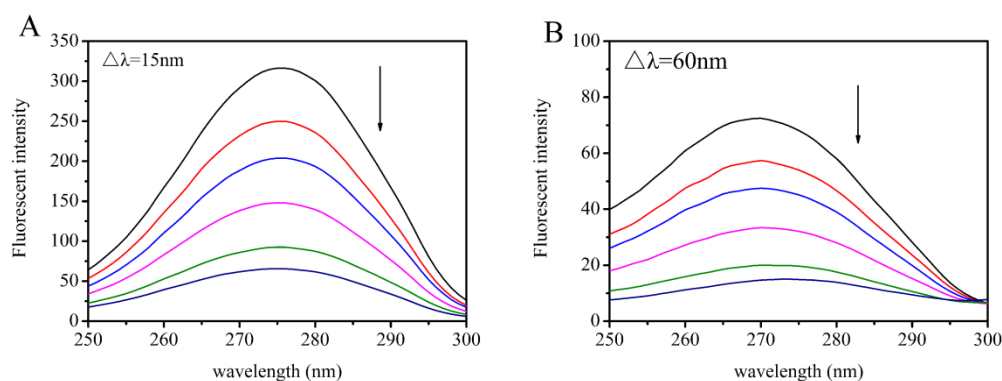


Figure 9. (A) Synchronous fluorescence spectra of the competitive interaction between quercetin and AFB₁ for HSA, $\Delta\lambda = 15$ nm. (B) Synchronous fluorescence spectra of the competitive interaction between quercetin and AFB₁ for HSA, $\Delta\lambda = 60$ nm. The concentration of HSA was 4 μ M. The concentrations of quercetin and AFB₁ were 0, 2, 4, 8, 12 μ M from top to bottom.

2.5. The Effect of the Ratio of Quercetin to HSA on the Competitive System

For the sake of estimating the effects of different ratios of AFB₁: quercetin on the competitive interaction between quercetin and AFB₁ to bind with HSA, the fluorescence intensity of HSA in different systems was examined (Table 2). Here, and in the tables below, the first column represents different system conditions. The other columns represent the value of the fluorescence intensity of HSA. As shown in the second and third lines in Table 3, the fluorescence intensity of HSA in the system (HSA + AFB₁ + quercetin) had a significant difference from the AFB₁-HSA system ($p < 0.05$), which indicated that the addition of quercetin significantly affected the fluorescence intensity of HSA in the AFB₁-HSA system. In the fourth and fifth lines in Table 3, the fluorescence intensity of HSA in the system (HSA + quercetin + AFB₁) had no significant difference from the HSA + quercetin system ($p < 0.05$), which indicated that the addition of AFB₁ had no influence in the HSA + quercetin system. These results indicated that quercetin is able to remove AFB₁ from HSA and that AFB₁ is not able to remove quercetin from HSA. In the system (HSA + (AFB₁ + quercetin)), the fluorescence intensity had a significant difference compared with the system (HSA + AFB₁), and the fluorescence intensity had no significant difference compared with the system (HSA + quercetin). It was revealed that HSA was prone to binding to quercetin and that quercetin could prevent the binding between AFB₁ and HSA when the molar concentration ratio of AFB₁:quercetin was 1:2.

Table 2. The fluorescence intensity of HSA in different systems when the molar concentration rate of AFB₁: quercetin is 1:2 ($\lambda_{\text{ex}} = 280 \text{ nm}$, $\lambda_{\text{em}} = 345 \text{ nm}$).

Systems	HSA:AFB ₁ :Quercetin	
	2:1:2	1:1:2
HSA	494.3 ± 41.6 ^a	498.7 ± 61.8 ^a
HSA + AFB ₁	424.7 ± 58.5 ^b	444.9 ± 19.4 ^b
HSA + AFB ₁ + Quercetin	251.4 ± 17.8 ^d	282.7 ± 37.9 ^c
HSA + Quercetin	292.6 ± 31.0 ^{b, c}	319.8 ± 31.3 ^b
HSA + Quercetin + AFB ₁	254.4 ± 22.9 ^c	265.4 ± 38.5 ^b
HSA + (AFB ₁ + Quercetin)	315.6 ± 20.7 ^c	281.8 ± 49.9 ^c

Note: The numbers marked by the same letters (“a”, “b”, “c”, and “d”) represent the existence of statistical significance ($p < 0.05$) in the same column.

As shown in Table 3, the same results were presented in 1:1 system as 1:2 system, indicating that quercetin can displace AFB₁ from HSA and that HSA was more prone to binding to quercetin, which prevented the binding of AFB₁ to HSA.

Table 3. The fluorescence intensity of HSA in different systems when the molar concentration rate of AFB₁: quercetin is 1:1 ($\lambda_{\text{ex}} = 280 \text{ nm}$, $\lambda_{\text{em}} = 345 \text{ nm}$).

Systems	HSA:AFB ₁ :Quercetin	
	2:1:1	1:1:1
HSA	512.8 ± 5.7 ^a	530.9 ± 57.8 ^a
HSA + AFB ₁	433.6 ± 15.2 ^b	497.1 ± 23.9 ^b
HSA + AFB ₁ + Quercetin	376.3 ± 14.3 ^c	375.7 ± 64.1 ^c
HSA + Quercetin	374.1 ± 16.7 ^b	407.3 ± 21.6 ^b
HSA + Quercetin + AFB ₁	360.5 ± 27.5 ^b	386.7 ± 64.2 ^b
HSA + (AFB ₁ + Quercetin)	398.6 ± 19.9 ^c	414.1 ± 23.4 ^c

Note: The numbers marked by the same letters (“a”, “b”, and “c”) represent the existence of statistical significance ($p < 0.05$) in the same column.

As shown in Table 4, the fluorescence intensity of HSA in the system (HSA + AFB₁ + quercetin) was significantly different from the system (HSA + AFB₁) ($p < 0.05$). The fluorescence intensity of HSA in the system (HSA + quercetin + AFB₁) was not significantly different from the system (HSA + quercetin). In the system (HSA + (AFB₁ + quercetin)), the fluorescence intensity had a significant difference compared with the system (HSA + AFB₁), and the fluorescence intensity had no significant difference compared with the system (HSA + quercetin). These results revealed that quercetin is still able to competitively bind to HSA with AFB₁ when the ratio of AFB₁:quercetin is 2:1.

Table 4. The fluorescence intensity of HSA in different systems when the molar concentration rate of AFB₁: quercetin is 2:1 ($\lambda_{\text{ex}} = 280 \text{ nm}$, $\lambda_{\text{em}} = 345 \text{ nm}$).

Systems	HSA:AFB ₁ :Quercetin	
	2:2:1	1:2:1
HSA	467.3 ± 40.9 ^a	501.8 ± 31.2 ^a

HSA + AFB ₁	405.7 ± 42.9 ^b	473.8 ± 2.7 ^b
HSA + AFB ₁ + Quercetin	315.9 ± 21.6 ^c	37.3 ± 19.4 ^c
HSA + Quercetin	328.0 ± 21.6 ^b	365.5 ± 7.6 ^b
HSA + Quercetin + AFB ₁	362.9 ± 30.4 ^b	72.0 ± 43.4 ^b
HSA + (AFB ₁ + Quercetin)	362.9 ± 30.4 ^b	72.0 ± 43.4 ^{b,c}

Note: The numbers marked by the same letters (“a”, “b”, and “c”) represent the existence of statistical significance ($p < 0.05$) in the same column.

3. Discussion

In previous experiments, several mycotoxins’ ligands (including AFB₁, OTA, citrinin (CIT), deoxynivalenol (DON), patulin, zearalenone (ZEN), etc. [27,31,32]) formed stable complexes with HSA. HSA forms non-covalent complexes with these ligands, which could significantly affect the distribution and elimination of these ligand molecules [27,31–34]. Especially, OTA binds primarily to albumin with high affinity ($K_a \sim 10^7$ L/mol) [18], which gives rise to its longer plasma elimination half-life (from a few days to one month) [22,35,36]. Sigrid et al. [36] studied the toxicokinetic profile of OTA (50 ng/g) after the oral or intravenous administration to fish, quail, mouse, rat, and monkey. It was found that the elimination of OTA can be completed through renal and hepatic clearance, both of which can be influenced by the toxin’s binding to plasma macromolecules. Irene et al. [37] assessed the toxicokinetic profile of OTA by one human volunteer. This half-life of OTA was approximately eight-times longer than that determined previously in rats, which accounted for the specific OTA binding plasma protein species and respective protein concentrations. Furthermore, Kumagai et al. [16] studied the changes of OTA in both albumin-deficient and normal rats. It was revealed that the concentration of OTA in plasma was reduced to <0.5 µg/mL within 10 min of the injection in albumin-deficient rats, while remaining >50 µg/mL for 90 mins in normal rats [16]. The concentrations of OTA in bile and urine, as well as the excretion rate of OTA in these fluids were 20–70-fold higher in albumin-deficient than in normal rats [16]. In summary, it was demonstrated that the primary effect of albumin binding on OTA is to retard its elimination by restricting the entry of OTA into the hepatic and renal cells [16].

It is well known that natural flavonoids can also bind to HSA at the same binding site as OTA does (site I, subdomain IIA). Miklós Poór et al. [18] studied the competitive interaction between flavonoids and OTA, which found that some flavonoid aglycones are able to remove the toxin from HSA and decrease the bound fraction of OTA. Baudrimonta et al. [17] had found that piroxicam also can bind strongly to plasma proteins and could stop OTA binding with HSA and transporting to target organs. Miklós Poór et al. [24] studied the competitive interactions between OTA and 13 drug molecules for binding to HSA, which demonstrated that some drugs show high competitive capacity. In addition, several extracorporeal dialysis procedures using albumin-containing dialysates have proven to be an effective tool for removing endogenous toxins or overdosed drugs from patients [38–40].

As we all know, AFB₁ can bind to HSA with high affinity ($K \sim 10^4$ L/mol). The high affinity between AFB₁ and HSA could affect its distribution and elimination [27]. It has not been studied at present whether AFB₁ is removed from HSA and then reduces the bound fraction by competitive interaction. Besides, flavonoids could bind to HSA with high affinity ($K \sim 10^5$ L/mol) at the same binding site as AFB₁ does (site I, subdomain IIA) [41,42]. Especially, quercetin is one of the most common flavonoids in nature and can bind with human albumin with high affinity [43]. Furthermore, quercetin was the most effective competitor of OTA in the competition experiment between OTA and polyphenols [18]. Therefore, quercetin was adopted to study the competitive interaction between AFB₁ and quercetin when binding with HSA.

However, no data were found for any trial using quercetin in competitive AFB₁-HSA models. In this experiment, fluorescence quenching studies denoted the results of a static quenching mechanism

for the AFB₁-HSA and quercetin-HSA (Figure 2) complex. The K_a of quercetin-HSA was one order of magnitude larger than AFB₁-HSA (Table 1), indicating that the fluorescence quenching ability of quercetin to HSA is significantly stronger than AFB₁ in the same condition. By the competitive probe experiment, we can conclude that Sudlow's site I is a high affinity binding site of the AFB₁-HSA and quercetin-HSA complex, which is in good agreement with modeling studies previously reported [25,26]. Quercetin and AFB₁ bind to HSA at the same binding site (Figure 3); thus, it is possible that quercetin and AFB₁ could competitively bind with HSA. For the sake of verification of the above hypothesis, research of the competitive interaction between quercetin and AFB₁ to bind with HSA was carried out (Figures 4 and 5). It was revealed that in the competition system, the binding sites of quercetin and AFB₁ on HSA were still on Sudlow's site I. The binding ability of quercetin with HSA was significantly stronger than that of AFB₁-HSA, which indicated that quercetin had the ability to replace HSA from AFB₁. By ultrafiltration studies (Figure 6), it was further confirmed that quercetin was able to remove AFB₁ from HSA and then decreased the bound fraction of AFB₁.

According to other published papers, it was found that quercetin could affect the AFB₁-induced negative changes. Choi et al. [44] found that quercetin does not directly protect against AFB₁-mediated liver damage *in vivo*, but plays a partial role in promoting antioxidative defense systems and inhibiting lipid peroxidation. Additionally, El-Nekeety et al. [45] found that quercetin has potential antioxidant activity and could regulate the alteration of genes expression induced by AFB₁. However, in this experiment, based on the competitive interaction between quercetin and AFB₁ binding to HSA, respectively, we can conclude that quercetin is able to remove AFB₁ from HSA and decrease the bound fraction of AFB₁. The effect of quercetin on AFB₁-induced negative changes was studied in this experiment from different aspects compared with the above [9–11,44,45] studies.

4. Conclusion

Competitive interaction between quercetin and HSA was investigated by fluorescence spectroscopy, synchronous spectroscopy, ultrafiltration studies, etc. This is the first time evidence that the addition of quercetin can remove AFB₁ from HSA and decrease the bound fraction of AFB₁ has been illustrated. Furthermore, experiments *in vivo* are necessary in the future to explore the toxicological outcome of the competitive interaction between AFB₁ and quercetin with HSA.

5. Materials and Methods

5.1. Reagents

Aflatoxin B₁ (AFB₁, from Sigma), human serum albumin (HSA, from Sigma), quercetin (from Aladdin), ketoprofen (from Shanghai chemical Technology Co., Ltd), and ibuprofen (Beijing Bailingwei Technology Co., Ltd) were used as received. Tris solution was obtained from Amersco. Other chemicals were of analytical grade.

5.2. Fluorescence Spectroscopic Measurements

Fluorescence measurements were carried out employing an F-2500 fluorescence spectrophotometer (Shimadzu, Japan) at room temperature (25 °C), with a 1-cm path length quartz cell, using an excitation wavelength of 280 nm. In the AFB₁-HSA system, the concentration of HSA was fixed at 5 µM, whereas the AFB₁ concentration was varied from 0 to 9 µM. In the quercetin-HSA system, the concentration of HSA was fixed at 5 µM, whereas the quercetin concentration was varied from 0 to 4 µM. In competitive interaction between AFB₁ and quercetin with HSA, the concentration of HSA was fixed at 5 µM, whereas the concentration of AFB₁ and quercetin was varied as above. In competitive interaction studies, the construction methods of different systems were as follows: The system (HSA + AFB₁) was constructed by the addition of AFB₁ to the HSA solution. The system (HSA + quercetin) was constructed by the addition of quercetin to the HSA solution. For the system (HSA + AFB₁ + quercetin), AFB₁ was added to the HSA solution firstly, and quercetin was then added to the solution. For the system (HSA + quercetin + AFB₁), quercetin was added to the HSA solution firstly,

followed by the addition of AFB₁. For the HSA + (AFB₁ + quercetin) system, AFB₁ and quercetin were added to the Tris solution firstly, followed by the addition of HSA.

For the sake of eliminating the inner-filter effects, the fluorescence intensities were corrected applying the following equation [26,46]:

$$F_{\text{cor}} = F_{\text{obs}} \times e^{\frac{A_{\text{ex}} + A_{\text{em}}}{2}} \quad (1)$$

where F_{cor} and F_{obs} represent the corrected and observed fluorescence intensities, respectively; whereas A_{ex} and A_{em} denote the absorbance values at excitation and emission wavelength, respectively. The corrected fluorescence data were used for further analysis, related to HSA fluorescence quenching.

The fluorescence quenching data are usually evaluated via the Stern–Volmer equation [16,17]:

$$\frac{F_0}{F} = 1 + K_q \tau_0 [Q] = 1 + K_{\text{sv}} [Q] \quad (2)$$

where F_0 and F are the fluorescence emission intensity without and with the addition of a known concentration $[Q]$, respectively. K_{sv} is the Stern–Volmer constant; K_q is the quenching rate of the biomolecule; τ_0 is the average fluorescence lifetime of HSA without quencher.

For static quenching, the modified Stern–Volmer equation analyzes the data [47–49]:

$$\frac{F_0}{\Delta F} = \frac{F_0}{F_0 - F} = \frac{1}{f_a K_a [Q]} + \frac{1}{f_a} \quad (3)$$

where $\Delta F = F_0 - F$ is the difference in fluorescence intensity before and after the addition of the quencher at concentration $[Q]$, f_a represents the fraction of accessible fluorescence, and K_a denotes the effective quenching constant for the accessible fluorophores [50,51].

The binding constant (K_a) and the number of binding sites (n) can be evaluated using the following equation [52,53]:

$$\log \left(\frac{F_0 - F}{F} \right) = \log K_a + n \log [Q] \quad (4)$$

where K_a is the binding constant of the interaction between the quencher and HSA and n is the number of binding sites. Based on a plot of $\log[(F_0 - F)/F]$ versus $\log[Q]$, the n equal to the slope and K_a can be obtained.

5.3. Synchronous Fluorescence

The synchronous fluorescence spectra were collected by simultaneous scanning of the excitation and emission monochromators on an F-2500 fluorescence spectrophotometer (Shimadzu, Japan). The experimental condition was that the wavelength interval ($\Delta\lambda$) of Thr and Trp were 15 nm and 60 nm, respectively [54,55], at 25 °C. The concentration of HSA was 4×10^{-6} M. The concentrations of AFB₁ and quercetin both were $0-8 \times 10^{-6}$ M.

5.4. Site Marker Competitive Experiments

Site marker competitive experiments were performed with ketoprofen (as the site I marker) and ibuprofen (as the site II marker) [56,57]. First, 1.0 mL of the 4×10^{-6} M HSA solution was added to a 1-cm fluorescence cuvette, with the addition of 4×10^{-4} M quercetin and 4×10^{-4} M AFB₁ solution to make the ratio of HSA to ligand concentration 1:1. Then, 4×10^{-3} M ketoprofen or ibuprofen were added the above solution, and the concentrations of ibuprofen and ketoprofen were 8.0, 16.0, 24.0, 32.0, 40.0, 48.0, 56.0, 64, and 72.0×10^{-6} M.

5.5. Ultrafiltration

Quercetin, AFB₁, and HSA solution was prepared at a concentration ratio of 1:1:1 and reacted at room temperature for 30 min. After the reaction, the solution was centrifuged at 4 °C at 10,000 rpm for 15 min and washed 3 times on the filter with Tris-HCL buffer, collecting the filtrated solution for further analysis of the next term. Methanol/water (50:50; v/v) was added to the filter, and the blended

mixture was left standing for 30 min. Then, it was centrifuged at 4 °C at 10,000 rpm for 15 min. Here, the centrifugation operation should be repeated 3 times. Furthermore, the elution solution was collected for the fluorescence measurements. The fluorescence emission spectra in the range of 400–500 nm of free solution and the elution were scanned at an excitation of 365 nm.

5.6. Statistical Analyses

All of the data were statistically analyzed [53,58] by the one-way ANOVA test (IBM SPSS Statistics 20), with the level of significance at a minimum of $p < 0.05$ and a maximum of $p < 0.01$.

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