

Supplementary Materials

Table S1. Descriptive statistics of FMT<sub>day</sub> and FMT<sub>dinner</sub>.

Variables	Tertiles	<i>M</i>	<i>SD</i>	<i>Min</i>	<i>Max</i>
FMT <sub>day</sub>	1 (Low)	360.37	189.07	30.41	691.45
	2 (Middle)	1097.70	287.45	696.22	1699.48
	3 (High)	4269.33	3259.45	1708.87	23058.22
FMT <sub>dinner</sub>	1 (Low)	50.26	29.26	1.32	103.62
	2 (Middle)	237.90	88.58	106.08	427.29
	3 (High)	1741.15	2295.27	428.72	20184.06